

TOWN and AROUND



ISSUE 167 SEPTEMBER 2019
PRICELESS!

NEWS FROM
NW NORFOLK
FREE

EVENTS & ACTIVITIES: Your calendar for the month ahead
THE GREAT OUTDOORS: Sport, gardening, farming, nature and wildlife
LOCAL NEWS: Business, jobs, schools, clubs, council, civic and churches
FEATURES: A Page from the Sage, Lifeboats, Money Matters and more...

First word



It's back to school this month and the first day at a new school for many - good luck everyone.

The summer holidays may be over but our cover picture is a nice reminder of fun days on the beach. It was taken by Ian Burt on 12th August and is of Noah Staton at the Family Fossil Hunt. You can read more about the morning's activities on page 15.

Staying with a coastal theme, Dick Melton reminded us that we

are expecting high tides between 31st August to 3rd September and 28th September to 2nd October. In the interests of public safety we contacted the County and Borough Councils to ask about the resilience plans for the area. Each authority responded that they have teams in place should a flood alert or warning be issued, and their procedures are tested annually. The Borough Council also said: "Whilst we welcome any publicity relating to flooding and how to be better prepared, we would not want to mislead the public in thinking there is an elevated risk when one does not exist." If you are worried about flooding, the Floodline telephone number is 0345 988 1188.

As we move towards autumn, people are starting to think about Christmas (yes, I've said it in the middle of August and as I write this there's just 131 days to go....) and local hostellers are advertising their special events. You'll find a few as you go through these pages.

It is a full issue again; thank you to everyone who has contributed articles, information and pictures and advertised with us. Thanks also to our delivery team and distribution outlets, you are all truly appreciated.

Until next month.

Best wishes

Elaine

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OPEN EVENING



Thursday 10th October 2019

6pm - Springwood Students

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Community Choir hits all the right notes for local charities

Local choir presents four charities with money raised at their concerts throughout the year

There was an end of term buzz at Hunstanton Town Hall on 30th July for the annual presentation of cheques to charities that were chosen by the choir members. £200 each was given to the King's Lynn Greyhound Trust, the Magpie Centre for Riding for the Disabled and St Nicholas' Church, Dersingham. The King's Lynn Night Shelter received £300.

From the Magpie Centre Jan told members that their £200 would pay of 50 bales of hay and representing the King's Lynn Greyhound Trust Debbie Albins with rescue greyhound Kylie showed choir members one of the three beds that had been purchased with the money that had been donated. She explained that greyhounds loved to lie on a bed raised off the ground and the special fabric was quick drying making it excellent for outdoor use.

Alan Polaine is the Tower Captain at Dersingham Church where the six bells need new bell ropes; the total cost of the works needed is likely to top £1000 and he said that the choir's donation was much appreciated. The choir sings at the church regularly and Secretary Hazel Denslow said: "We love singing there."

Two of the choir members, Mr and Mrs Godfrey, volunteer at the King's Lynn Night Shelter that is open seven days a week during the winter. Sally Godfrey explained that it costs £15 per guest per night to run the shelter and it took one member of staff plus three volunteers to run each of the three daily shifts.



Foreground from left: Debbie Albins, Chairman of the Community Choir Steve Davis, Alan Polaine, Jan from the Magpie Centre, Musical Director Simon Bower and Sally Godfrey. Members of the choir stand behind this group.

She appealed for people to volunteer at the shelter so it can continue its vital work. The choir's donation will provide accommodation for 20 guest nights.

The choir's next concert will be at St Edmund's Church on 16th November. Hazel Denslow said: "We are a happy friendly choir,

there are no auditions and you don't have to be able to read music – just have a love of singing.

"We sing a huge variety of music under the direction of our Musical Director Simon Bower and are very lucky to have a fantastic pianist, Matthew Preston, to accompany us."

Pick a rose to help children with cancer

Hunstanton schoolgirl Hannah Burton continues to blossom with her 'Hannah's Roses' initiative that raises money for Children with Cancer UK.

11-year-old Hannah visited the Queen Elizabeth Hospital on Monday 29th July to sell her handmade paper flowers and made a whopping £60 in a couple of hours.



Hannah has been making and selling the paper flowers for three years. Grandmother Monica Burton said: "Following the great success last year raising £2,500 she is hoping to beat that amount this year. We are all so proud of her."



From left: QEH Trust Chairman Professor Steve Barnett, West Norfolk Mayor and Mayoress Geoff and Rose Hhiperson, and hospital chief executive Caroline Shaw and Hannah and her flowers

HUNSTANTON GARDENERS' ASSOCIATION 2019 FRONT GARDEN COMPETITION AWARDS



Competition Winners & Guests - Dennis Fretwell is holding the Anneka Rice Challenge Cup and has two smaller cups at his feet.

Hosted by the sponsors of the 2019 Hunstanton Front Garden Competition, Thaxters Garden Centre of Dersingham gave a warm welcome to the successful gardeners in this year's contest.

The reception was held in Thaxters Coffee Shop and Restaurant, which provided a perfect setting for the event, on what turned out to be the hottest day of the year.

Organized as usual by the Hunstanton Gardeners' Association, this ever popular event attracted a record number of entries. The competition provides opportunities for Guest Houses as well as Front Gardens and Single Floral Displays.

With 15 prize awards to be won from 4 different entry classes the judges were given a difficult task. The winners and their guests enjoyed the refreshments provided and James Thaxter presented the successful gardeners with their cups and prizes.

The Anneka Rice Challenge Cup, given to Hunstanton In Bloom by Anneka in 2011, was this year won by Dennis Fretwell for the best overall garden. Dennis also won first prize in the Large Front Garden class and will now hold the cup for 1 year, together with a replica to keep.

A big thank you to all those who entered our competition. We really do appreciate your entries and we enjoy looking at your gardens, so please join us again next year.



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Successful year for Sedgeford archaeology dig

Established in 1996 as a long-term, multi-period, multi-disciplinary research project, The Sedgeford Historical and Archaeological Research Project (SHARP) have entered their final excavation week in their 24th season, with 2019 proving another successful year for the project.

A registered charity, SHARP pride themselves on being a research dig and not a commercial one or belonging to an institution: it is a dig for anyone from any walk of life with an interest in archaeology and history. They offer courses during their dig season throughout the summer on topics on basic excavation, environmental archaeology and recording techniques, to name a few.

The current campsite that is used during the six-week period is above an Anglo-Saxon cemetery, with a skeleton last year being discovered right beside the portaloos that they, rather aptly, named Lou. Currently, with help from a Heritage Lottery grant, they are going through and recording disarticulated remains.

A site of paramount importance is the Sedgeford Maltings, the earliest known maltings site in England. The three main elements of a traditional malthouse have been uncovered – a steeping tank, a germination floor and a drying kiln. Other malthouses within the complex are currently under excavation with evidence for extra drying kilns being uncovered.

Director of Non-Invasive Archaeology David Wood sat down with Town and Around to discuss the work they've undertaken thus far, big discoveries and what the future may hold for the project.

Why is Sedgeford in particular so richly steeped in history?

"Sedgeford is a very special area. Up on the ridge-line there has been water coming out of the hillside for thousands of years; since not just the last Ice Age but the one before that. The kind of deposits that are left by the Ice Age recedes. It's a bit like looking at the beach: if you've got a steep gradient in the sand you get the wavelets when the tide goes out. If it's very shallow you get all the polygons. We've got all of that left as deposits since the Ice Age. Because it's packed with different things, different plants grow. When you add that to the water from the hillside is why it's such a special area."

"It was very important for us to get that phasing right of what structures were happening and when. There was a lot going on around here, particularly in what they call the long eighth century."

What have been the highlights over the years?

"The Sedgeford Hoarde: over 30 gold staters that were found in the thigh bone of a cow from 68 BC. They were probably made in what is now part of Belgium. It is likely it's from mercenaries from there that were paid



and when they returned here there was no monetary system in that era so they gave it back to mother earth. These are now on display at King's Lynn Museum."

"We found a golden torc that was found in two bits over 70 years. A farmer discarded it thinking it was wire and he went back and found it a while later thinking it was special. SHARP found one of the terminuses that fitted exactly. This is now on display at the British Museum. The workmanship is absolutely extraordinary. Norfolk has the highest concentration of golden torcs found in the world."

Any exciting discoveries recently that will inform any future digs?

"We've done a huge amount of geophysics in the last three years and have just finished fifty acres of a field and have identified areas that will keep us going for six weeks a year for probably the next sixty years! There's so much archaeology there across thousands of

years—people have been working in this landscape for that length of time. An awful lot will probably never be dug because there's so much of it."

So, for anyone who wishes to get involved in any way, what should they do?

"Come and visit us. As soon as anyone pitches up onsite and asks just one question then you probably won't shut people up! They're so enthusiastic about what we've got, what it means to them and what it means to be doing research rather than commercial side of getting things done as soon as possible to build something on top of it. Here we take our time and it's like meditation."

The excavation season for 2019 ran from 30th June to 9th August, with Hugh Lupton rounding off the season on the final day with an evening of stories, poems and songs exploring the life and times of John Clare.

Photos: Ian Burt



Lights burning bright for Sean with community support

Sophie Hooker

A Heacham man who was left paralysed from the waist down after an accident at work last October has defied the odds of survival and has opened a shop on Lynn Road in Hunstanton.

Sean Garrett, who has worked as an electrical contractor for thirty years, has opened up a shopfront for his business Lighthouse Contract Ltd., already a fifteen-year-old established business in its own right.

Lighthouse Contract Ltd. is a national business with around forty personnel working all over the country and is based in Hunstanton. They supply to the general public and to traders and sell goods such as traditional and LED bulbs, sockets, plumbing supplies, electrical appliances and more. His daughter Chelsea maintains the day-to-day running of the shop.

Sean said: "We're doing something like 3,000 to 4,000 orders a week through the internet systems. We had all the stock and the opportunity came up to open a shop. The position we're in is ideal with the passing traffic and we've only been open 6-8 weeks and it's already booming."

On October 2nd 2018 Sean fell from a step ladder whilst working on a new build and fell through an open floor fourteen feet down onto concrete. He suffered catastrophic injuries: he needed four screws inserted into his back and he suffered a massive skull fracture that damaged the front of his brain.

He also damaged his internal organs and suffered fractured ribs. He was comatose for four weeks and then transferred to a specialist spinal rehabilitation centre in December and was released home on February 13th of this year. He has no memory of the first six weeks after his accident and his family was told during this time that he only had a 10% chance of survival.

Despite this adversity, Sean maintains a keep calm and carry on mentality: "I'm working harder now than I did before. I'm still running the business, I'm still doing electrical work, I'm still carrying on with everything."

"My frustration is that when we done the work I couldn't even put a screw in. I can be there and oversee but I can't do much. I've always worked very hard—14 and 16-hour days 7 days a week. But I play hard as well, and I'm going to carry on living that life."

With help from MP Henry Bellingham, Sean recently managed to get the kerb dropped at the end of his road so that he can access the roads with his wheelchair. He is hoping that eventually there will be more dropped kerbs throughout Heacham to make the village more accessible for other wheelchair users.

Sean's daughters Chelsea and Danielle set up a JustGiving page after the accident and a fundraising football match in April added £4,400 to the pot which enabled him to buy a wheelchair.

Sean emphasises how the support that he and his family have received over the last couple of months has been invaluable: "The support we had was pretty incredible. We had, I think, over 300 people go in my shop in Hunstanton to ask to help my family. The Islamic Centre in King's Lynn have been absolutely incredible."

"I've had people all over the country check up on me. People donated to my crowdfunding who I don't even know. It's not really about me, it's about the amount that people have done for me and my family."

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Fighting against beach waste in Old Hunstanton

Sophie Hooker

Around 40 volunteers came to Old Hunstanton on a sweltering evening on Tuesday 23rd July to join Kiko Matthews for a beach clean, a woman on a mission to bring communities together and raise awareness of the devastation caused by beach waste and plastic pollution.

Starting her journey on 5th May in Margate and finishing on 28th July in London Kiko has been cycling 4,500 miles of the UK coastline, which roughly translates to 60 miles a day as part of her Kik-Plastic campaign. To add to the 3 tonnes of beach waste Kiko has amassed thus far, 29kg of litter was collected from Old Hunstanton alone.

She has worked with organisations such as Keep Britain Tidy, the Royal National Lifeboat Institution (RNLI), Marine Conservation Society and British Kitesurfing Association. She was also aided by King's Lynn based environmentalist Erna Gotyar in organising the clean at Old Hunstanton.

Kiko said: "I'm actually on the start of leg 12 and I've done 11 weeks so far, traipsing around the coast of the whole UK collecting



beach waste. We've had about 80 different organisations and around 1,600 volunteers on the way get involved and have amassed 3 tonnes of waste."

"I've done 6400km of cycling and about the equivalent of 6.4 climbs of Mount Everest in terms of hill-climbing. So if anyone who's not a cyclist, you can do it because I wasn't a cyclist before so it's definitely possible."

"This is very much about education and awareness and bringing communities together."

"Last year I became the fastest woman to solo row across the

Atlantic and I raised £100,000 for the Kings College Hospital. That was very much about me and I wanted this to be more about people coming and working together and having a nice time."

According to Surfers Against Sewage (SAS), every day approximately 8 million pieces of plastic pollution find their way into our oceans and approx. 5,000 items of marine plastic pollution have been found per mile of beach in the UK. Strikingly, 100,000 marine mammals and turtles and 1 million sea birds are killed by marine plastic pollution annually.

Two-thirds of plastic comes from land-based sources such as litter on the beach, litter washed down rivers and drains and litter dropped in more urban areas. Industry spills, badly managed landfill sites and bins near the coast and rubbish flushed down the loo all contribute to this figure. The remainder are items lost at sea such as containers and lost fishing gear.

Follow the remainder of Kiko's journey via the website www.kikomattthews.com/kik-plast... or on social media @kikomattthews on Facebook and @kikplastic on Twitter.

Bonjour, Great Bircham

A blustery weekend didn't dampen the French spirit that permeated throughout Great Bircham on Saturday 10th August as St Mary's Church hosted their ninth annual French fair.

The church and its grounds were transformed into a quintessential French market with stalls selling pastries, local preserves, a BBQ, crafts, health and beauty products, and more.

Despite the wind proving a nemesis to the gazebos and tents, the lively spirit of those taking part remained undeterred.

Inside the church was a book sale, a buffet and more refreshment stalls for visitors to purchase.

Around £6,100 was raised in total with roughly 1,100 visitors descending upon the church, a number slightly lower than normal likely due to the poor weather.

Organiser Malcom Sargent said: "We need a new floor in the church after taking it up because of dry rot and we would like to build some toilets and have some heating to make the church more of a community space, so we aim to raise money for this today."

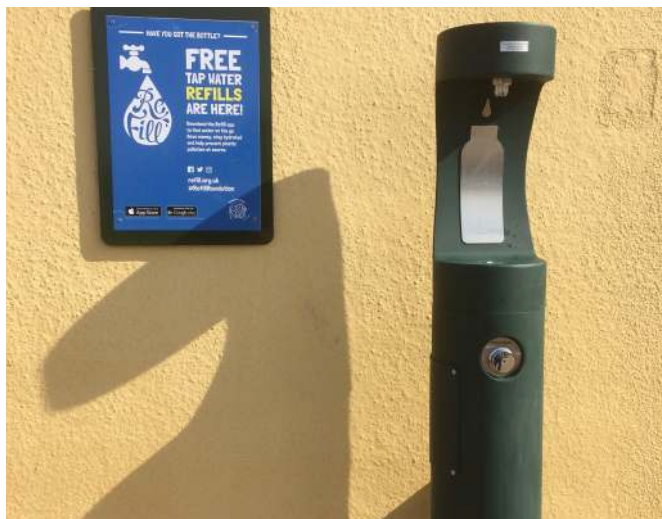


Christine Barrass, Malcom Sargent, Diana Hall, Rev. Peter Cook, Annie Bagworth

"The French fair is about bringing the community together and having a bit of fun. We have more stalls than ever this year. We wanted more of a French theme and to keep that going."

Hunstanton has its first Refill Water Fountain

To help tackle single use plastic pollution you can now fill up your water bottle for free at the Refill Water Fountain by the public toilets on Hunstanton Promenade.



Local Refill volunteer and co-ordinator, Amanda Knight, stated, "The team at Refill are absolutely delighted. We now have 37 businesses in the town that will refill your water bottle for free, and now with easy access to the water fountain we hope to see a great reduction on the amount of single use plastic bottles polluting our beaches."

Public drinking fountains, made popular by the Victorians to give access to safe clean drinking water, are now seeing an exciting revival. In the last 15 years, consumption of bottled water has doubled. Along with an increase in consumption of other soft drinks, this means 13 billion plastic bottles are now used in the UK every year. These bottles don't just go away once they have been used: plastic bottles make up one third of all plastic pollution in the sea, and there are now over 159 plastic bottles for every mile of beach in the UK.

Encouraging people to carry and refill a reusable bottle, and making it easy for them to do so – for example by providing drinking water fountains - is one of the most effective ways to reduce plastic pollution at source. Every time someone refills instead of buying a bottle of water, it saves precious resources used to produce bottles and also CO2 emissions from transporting heavy bottles of water.

Another factor in the growth of interest in water fountains has been the need to provide a healthier alternative to sugary drinks. On top of the container waste from bottles, sugary drinks have been singled out as a major contributor to excess sugar in our diets, a large and avoidable contributor to diet-related disease, and links with child obesity, early onset diabetes and tooth decay.

With public drinking fountains potentially providing both environmental and health advantages, support for these has spread across the UK's cities and beyond. Tap water supplied in the UK is amongst the very best in the world and water companies continue to invest to make sure it stays that way. The latest Drinking Water Inspectorate report shows 99.96% UK compliance with EU drinking water standards from hundreds of samples taken across the water network. According to research by Keep Britain Tidy and BRITA, 78% of people say they would like to see greater availability of free tap water in public spaces. Water fountains provide an accessible and convenient way for people to refill bottles and drink tap water on the go.

If you would like to find out more about the Refill scheme or about installing a water fountain please contact Amanda at refillhunstanton@gmail.com

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Mick gives St Edmund's wolf a new lease of life

The wolf from the garden at St Edmund's ruins on Hunstanton Clifftop was removed recently for repairs that are being undertaken by Mick Smith.

Mick first noticed the damage to base and legs of the wolf when he was tending the gardens at the Chapel as part of In Bloom alongside Margi and Anne from the Civic Society. Having gained permission from the council, it took four people to lift the statue, that had been carved from a solid piece of oak, and take it not too far from its lair to Mick's home at the other end of Hunstanton.

A builder for 45 years, the septuagenarian started by dowelling and gluing the legs and fixing reinforcing plates to the base. Mick said: "This is a beautiful piece that needs looking after; I am planning to give it a few good coats of preservative once I've finished the repairs and it should be back in its place by the end of August, then I'll treat it each year to keep it in good condition."

The wolf sculpture, carved by artist Jean Mulligan was installed in the St Edmund's Chapel ruins in 2011 and it is the final point of the Hunstanton wolf trail conceived by John Smith and Hunstanton Civic Society. The trail starts at the entrance to the Esplanade Gardens and there are six 'Wolf Trail' way markers that lead to the site of the Chapel, the surrounding gardens and home of the Wolf statue.

In 855 A 14 year old Saxon called Edmund, son of the King of Saxony, landed on the Norfolk coast at a place that is now called St Edmund's Point. He was crowned King of East Anglia in 856, and in 870 he led a small army alongside King Alfred of Wessex against the pagan Viking and Norse invaders (the Great Heathen Army) when his forces were defeated and Edmund was captured by the Vikings. He was ordered to renounce his faith and share power with the pagan Vikings, but he refused.

Historian Ellen Castelow takes up the story:

According to the 10th century account of the saint's life by Abbo of Fleury, who quotes St Dunstan as his source, Edmund was then bound to a tree, shot through by arrows and beheaded. The date was 20th November. His decapitated head is said to have been reunited with its body with the help of a talking wolf who protected the head and then called out "Hic, Hic, Hic" ("Here, Here, Here") to alert Edmund's followers.

In 902 his remains were moved to Bedricsworth (modern Bury St. Edmunds) where King Athelstan founded a religious community to care for his shrine which became a place of national pilgrimage. King Canute built a stone abbey on the site in 1020 to house the shrine. For centuries Edmund's



Mick Smith with the wolf - "It's almost as big as me!" he said. Credit Chris Bishop

resting place was patronised by the kings of England and the abbey became increasingly wealthy as the cult of St Edmund grew.

Such was the influence of St Edmund that on St Edmund's Day in 1214 rebel English barons held a secret meeting here before going to confront King John with the Charter of Liberties, the forerunner to Magna Carta which he signed a year later. This event is reflected in the motto of Bury St Edmunds: 'Shrine of a King, Cradle of the Law'.

You may be surprised to learn that St George was not the first patron saint of England. That honour was originally held by St Edmund but his influence began to fade when, during the Third Crusade in 1199, King Richard I visited the tomb of St. George in Lydda on the eve of battle. The next day he won a great victory. Following this triumph, Richard adopted St. George as his personal patron and protector of the army.

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Recycled fashion show at Heacham Junior School

At Heacham Junior School the children have been learning about protecting our planet through Forest School.

Their enthusiasm within the sessions led to a climate change protest (reported in July's T&A) and now the children have chosen to take a step further by deciding to do a recycled fashion show.

The idea evolved from two girls in year 6 who inspired the whole school to take part, encouraging each class to research an environmental issue and design and make an outfit using recycled materials to represent it.

The children paid for their tickets in litter, chose meaningful music to play, and spoke passionately about our planet as their models walked down the catwalk.

Forest School teacher Emily Riddington said: "the children are so passionate about the environment and feel so empowered to make a difference. I am incredibly proud of them all."

The children at Heacham Junior have already received an eco-award but want to keep doing more to help protect our planet.



Vibrant Heacham Carnival is a roaring success

Sophie Hooker

Sunday 4th August saw the return of the Heacham Carnival Parade and Fete for an afternoon of entertainment, games and strong community spirit.

Hundreds gathered at Heacham Social Club to welcome the truly spectacular parade as they returned from their tour of the village.

The event was sponsored by Heacham Manor and represented by Paul Searle. Heacham Parish Council organised the procession and floats and Heacham Social Club organised the fete.

Local businesses such as AE Wallis and Bushel and Strike in support of the East Anglian Air Ambulance all got involved and were joined by local community groups as they made their way through the village.

There was fierce competition in the float stakes as the winners of best floats were announced. Carnival Queen Tegan Frary, 11, and the Carnival Princesses were on hand with Paul Searle to present prizes to the winners: Best Family Float: Amy Loose with NASA Moon Landing 50 years on 1969-2019. Best Group Float: Heacham Judo Club. Best Adult Entry: Paul Simpkins with Hawaiian Theme (Heacham Judo). Best Junior Entry: James Loose as Astronaut (NASA Moon Landing). Best Overall Winner Float: Martin Hall with East Anglian Air Ambulance.

Spectators were treated to a sheepdog trial, dancers from Rollason Stage School, a judo and boxing display and a chainsaw artist. There were also various craft stalls, car boot sales and refreshments for visitors to purchase from.



Pictured: Winners of Best Overall Float Martin Hall with East Anglian Air Ambulance.



Pictured: Winners of Best Adult Entry Paul Simpkins and Heacham Judo.

A Page from the Sage

Well, here we are again with a Page from the Sage for the month of September 2019. It has been a good summer but too hot for some, one thing there has been a lot of good sanfar about. There have been many versions of this story that I am going to tell, but this one I have not come across before.

In April of 1943 H.M. Coastguard station on Hunstanton cliffs received some important visitors. The event was cloaked in the strictest war time secrecy, both before and after the event. Even those manning the station at the time knew very little about it, all they knew was that a detachment of the brigade of guards were to carry out some secret firing tests on top of the cliffs beside the station and that some VIPs were to attend.

A lady who was there at the time, however, and whose father-in-law was the officer in charge of the Coastguard station, relates the story in the light of nostalgia after a while: "all we knew in advance," she says, was that "there was to be a firing exercise, then my father-in-law said you must behave yourself on Saturday, we have some very important people coming."

Of course, we all knew it was going to be Mr. Churchill. When the official cars arrived on the top of the cliffs however, out stepped not Mr. Churchill but King George VI and Her Majesty Queen Elizabeth and the two princesses, Elizabeth and Margaret. We were absolutely astonished. They bobbed in the door and said good morning, H.M. King George VI waved his aide away and said they were all right, the Royal party then stayed with us for a long time and chatted in a friendly way.

H.M. Queen Elizabeth wanted to know everything: where we shopped, what vegetables we grew in our garden. My husband was there on leave from the Royal Air Force; he was in uniform and wearing a big bandage around his neck. The Queen wanted to know if it was a war wound. "No Ma'am," my husband said, "it is a carbuncle," and we all had a good laugh.

The Royal party stayed on the cliff top at Hunstanton for half an hour, chatting away with others in the Coastguard station. They then watched the rifle firing exercise, which was laid on for their benefit, and then the Royal party said goodbye, and finally drove away back to Appleton House on the Sandringham Estate where they stayed during the war when they came down to Norfolk, as the big house, Sandringham House was closed down for the duration of the war. Before the Royal party departed they all signed the Coastguard log book.

On the 6th of July RNLI lifeguards started patrols on most of Norfolk's main beaches, from Great Yarmouth to Holkham. They do this seven days a week from 10am to 6pm till



by
Dick Melton
01485 535658

the 8th of September. But none of the main beaches in West Norfolk like Hunstanton, Old Hunstanton, Heacham and Brancaster are patrolled, as the King's Lynn and West Norfolk Borough Council say they are all safe beaches so there is no need for lifeguards. There is no such a thing as a safe beach. 536,000 people visited RNLI patrolled beaches in Norfolk last year, and a lot of organisations like the Girl Guides and the Boy Scouts advise their members to swim only on beaches that are patrolled by RNLI lifeguards and always swim between the flags. Maybe the Council will have another discussion about having RNLI lifeguards on our beaches next year during the summer. If they do it will mean more people will use the beaches in West Norfolk. It could only be a good thing: more people and more money.

Now I am going to the other side of Norfolk to Great Yarmouth. If like me you have walked along Yarmouth promenade and looked out to sea you can see a large sand bank called Scobey Sands. Seals have basked upon it, and occasionally holiday makers visit its soft sandy surface. It has been the nesting place of terns and other sea birds, and once stranded men lived there for a month on their stranded ship, they experienced some of the fiercest wintry weather while on Scobey. What were their thoughts, these men on that eerie isle, as they gazed out over the swirling ocean?

Day after day they hoped to get off, saying one to the other "today, tomorrow." Especially when another ship went to their rescue with hawsers that strained and shifted their position but only slightly, and as each high tide washed around them fresh hopes were born that soon they might heave out of the trap and sail away.

Ancient history of 1818 tells us the story of this place being near to the village of Scratch, then called Scoresby, it was spoken of as Scrotby Sands. It emerged from the sea around the year 1578, becoming higher and higher, till it became entirely dry land, grass grew there, and sea birds built their nests. It became an altogether pleasant spot, so pleasant that Yarmouth's inhabitants used it as

a playground.

However, on August 2nd 1580 bailiffs consisting of mariners and burgesses went out and took formal possession of the island. They then decided to name it Yarmouth Island, dining upon its shores they passed the day in festivities. Sir Howard Clere who at that time was Squire of Scrotby, thought that as the island was close to the village and already bore the name Scrotby, he should rightly become its owner. He had a frame of timber made and erected there, proclaiming him to be the rightful owner of Scrotby Sands.

It was said among the villages that claiming to be the owner was merely so that by right he could claim anything that was washed ashore on the island, for often valuable cargo came in from wrecked vessels. In 1582 parcels of silk were washed up but these were carried to Yarmouth in spite of Sir Howard's claim. However, while the people of Yarmouth and Scrotby were quarrelling as to the goods confiscated, a freak sea came and settled the question. Great waves were lashing the shores and all too soon nothing was left of Yarmouth Island or Scrotby Sands.

It was not till 1922 that the people of Yarmouth once more saw the sands peeping out from beneath the waves, and even the bad shipwreck year of 1927 failed to submerge it. What causes this heap of desolate sand to pile up? Could it be that a sinister heap of wreckage lies buried there anchoring those shifting sands? It is in times of fog and freak winds that seamen most fear this spot along our coast.

Twice the island has been littered with jettisoned oranges, the last time when a ship ran aground further north in 1948 much of its cargo floated with the tide to Scrobey. Dare we prophesies what is in store for this strange place? In years to come will it become so solid that it may be built upon, or will the sea as in the past arise and claim that which it gave? Only time will tell with shifting sands, the unreliable sands.

Myself like many other people like eating cockles, especially when they are gathered straight from the beach. This little story is about the cockle gathers from Stiffkey, a small village on the north coast of Norfolk. The cockles at Stiffkey were called "stewkey blues" because of their blue tinted shell, and we are told they are the best cockles in Norfolk. A few years back in the early twentieth century huge loads of cockles were brought ashore and dispatched over vast distances to byers all over the country. That being so it seems slightly ironic that it was Stiffkey's prize product which earned for the people of the village a somewhat unenviable reputation. To be more precise it was the menfolk who were the cause of the trouble, for they took no part in the cockle gathering and stood accused of living on the hard-won

earnings of their wives and daughters. Each day when the tide ebbed, as many as fifty of the womenfolk would leave their male counterparts to their smoking and gossiping and make their way over the muddy coastal flats there with their skirts hoisted up and their bare legs exposed to the biting winds. They would collect their loads of cockles in baskets which became so heavy that they could hardly carry them, and furthermore they brooked no interference for they were like a hardy bunch of Amazons.

Indeed, a writer of the period described how he attempted to question the women concerning their strange lifestyle and how he was forced to retreat in confusion when threatened with physical violence, to those sturdy females there was nothing strange about their activities as they had never known anything different.

In the August Town and Around I put a bit in about people swimming across The Wash. Since then I have been told that a man who worked at the Oasis between 1984 and 1990 swam The Wash but I have no other details. If anyone knows about this or even the person's name would they please let me know.

Well that's your lot for now. It will soon be Christmas, just keep a troshin,
The Boy Dick Sunny Hunny.

Letter from Lee Calderbank

Hi there I recently read through the Town and Around as several of my family had alerted me the newest piece from Dick Melton. His story was about a swimmer going across the Wash and that he wondered if anyone else had done so.

My friend and I (along with a safety boat and a kayaker) swam from Hunstanton across the wash to Boston side in August 2012. The story was published at the time by the Lynn News with a head line of 'Dib Bob Bob' as we had raised £1000 toward Sandringham Explorer Scout group where I was the unit scout leader at the time. My brother in law is also on the lifeboat crew at Hunstanton and says that people swim across the Wash as regular as maybe 1 or 2 since we did so in 2012.

If you have a question for Dick, you can call him on:
01485 535658

or write to him at:
26 Butterfield Rise
Hunstanton
PE36 5PU

Family fossil fun

Sophie Hooker



Providing a morning of fun learning during the summer holidays was Hunstanton Civic Society in partnership with the Borough Council of King's Lynn and West Norfolk's Family Fossil Hunt on Monday 12th of August.

Taking place under the striped cliffs and on the rock beds on Hunstanton beach, one of the top geological sites in the UK, families strapped on their goggles and hammered away to try and uncover some hidden natural treasures.

Hunstanton Civic Society member Andrew Murray said: "The Hunstanton Civic Society has organised fossil hunts for families for the last ten years or so."

"One year a family from Hertfordshire

found an ammonite that was approximately three foot in diameter. These were sea creatures that existed one hundred million years ago."

The children were delighted to find belemnites, bivalves and quartz glistening inside of rocks.

The Borough Council of King's Lynn and West Norfolk donated twenty goggles and hammers for the event. Finds from previous years are on display at Hunstanton Heritage Centre located in the town centre.

Photos: Ian Burt.

*Above Kitty Payne (8), Isla Staton (8), Megan Dolbear (8) and Sofia Fergusson (8)
Below: Fossil hunters gather on the cliff top*



Hunstanton fire station open day is a blast

Sophie Hooker

Saturday 10th August saw the Norfolk Fire and Rescue crew host their annual open day at Hunstanton fire station to inform the public about just what it means to be saving lives every day.

Prospective crew and families were treated to displays such as car accident roleplay and using the firehose on a tall building to demonstrate the vast scenarios that the crew deal with on a daily basis.

Hunstanton RNLi were also on hand to give a talk on being safe around water. Other organisations supporting the open day were NARS (Norfolk Accident and Rescue), East Anglian Air Ambulance (EAAA), Hunstanton Coastguard and Careline from the King's Lynn and West Norfolk Borough Council.

They raised a total of £700 for the national Firefighters charity during the course of the day.

Hunstanton-based firefighter David Cleland said: "Today we had an open day to invite people into the station to let them know what we do, introduce them to the fire service, showcase our cadets and we organised some displays."

"We're doing a recruitment drive to let people know we're still looking for retained firefighters and we're recruiting for our cadets and raising money for the Firefighters Charity, a national charity which helps firefighters inside and outside of work."

"We go to rescues, we assist other agencies, we deal with road traffic collisions, fires, and particularly in Hunstanton we go to flooding where we have tidal and flash floods. We go to such a variety of jobs and you never know what you're going to."

"Being a firefighter involves being on call during the day and their employers allowing them to leave if their pager goes off. For me, it's about helping your community, helping people in need and it's actually rewarding."

If you are interested in joining the Norfolk Fire and Rescue crew or cadets and you missed the open day you can pop into the station on Monday evenings for an informal chat.



Dave Cleland far right with some of the Hunstanton team

Monkeying around for outdoor theatre



There was a real treat for both the Jungle Book and outdoor theatre fans alike as the Strange Fascination Theatre performed the beloved story at St Edmund's Church Ruins at Hunstanton on August 3rd.

An original adaptation of Rudyard Kipling's classic tale, the group performed animatedly and engaged the children and parents with audience participation and skilful puppetry. The sunny day paired with the stunning backdrop of the Lighthouse and the beach accentuated the experience of watching theatre outside.

Activities Coordinator for the Hunstanton Heritage Gardens Roger Partridge said: "The idea came about through the Heritage Gardens project because one of the aims was outdoor cinema and outdoor theatre."

"The Strange Fascination Theatre were people that we knew and they deliver outdoor theatre, so here we are! As always, we want to provide things that will attract the locals and visitors to Hunstanton."



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The reality is that for people who have approximately £23,500 or below in savings (excluding property) you are able to request an assessment from social services. There are usually 2 options available to you but very often all that is offered is a "personal care" option which is effectively a washing and dressing package, but there is an alternative and more useful package available. There are usually benefits that people who require care may be entitled to so it's important you enquire about these benefits, in relation to your condition. For those who are lonely, depressed and suffer anxiety or other mental health issues there are many options. Sadly most charity based organisations are downsizing or stopping their services due to lack of funding but look for private organisations who can help or who can signpost you to the most suited service for your needs. For people who are paying care home fees and fear losing property, investments and savings again there are financial services that can reduce or eliminate the risks and are legal and regulated to safeguard people. The final piece of the jigsaw when a person needs care or support is to ensure their safeguarding requirements are met and their decisions and choices can be carried out by a trusted person in the event they are unable to make decisions for themselves, this can be achieved by applying for a Lasting Power of Attorney for health and financials. This is very important to have at any age as none of us know how long we have or how our quality of life will be affected. Most people make wills which is great when you have passed on but the most crucial decisions are often when we are alive and decisions need to be made.

To look after anyone is a very demanding and challenging time. Many people end up feeling more like a carer than a loved one so asking for help and getting valuable outside support is crucial but finding the right people and companies is always a worry. In the event you look for outside help always check the individuals DBS check, references and speak to any of their existing clients to hear for yourself how these clients get on with the company or individuals. Also make sure the person needing help gets the feel of support they need and not accept what is given or offered. Finally decide if you are happy to allow a number of individuals to walk through the door every day or would you prefer just one or two so you get to know and trust them.

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Floral department store for Old Hunstanton Flower Festival

Sophie Hooker

A rather drizzly weekend of 26th to 28th July did not hamper the liveliness at St. Mary's Church in Old Hunstanton as they held their annual Flower Festival and Fete.

Staying diligently faithful to the theme of "The St. Mary Department Store," the church was transformed into a flower and faux retail paradise inspired by the traditional department store, with sections dedicated to fashion, toy shop, cosmetics, wines and spirits and much more.

The vibrancy and the undercurrent of excitement associated with a department store was exquisitely captured by the creative and inspired flower arrangements and props to both compliment and to perfect the theme of each section.

Despite going slightly over their £2,000 budget for flowers this year, the three-day festival was nothing short of breath-taking and was truly money and effort well spent.

Flower Festival Co-ordinator Gary Bocking said: "I'm thrilled to bits with the overall look of the Flower Festival. Arrangers worked in very difficult conditions yesterday and keeping the flowers in good condition was challenging."

"It has been really rewarding to see the visitors' smiling faces and hearing and hearing their comments today."

"The Flower Festival is a living example of the generosity and joy of people working together. The festival is well into its fifth decade and seems to attract more visitors every year."

Marie Jarvis, member of the play church team at St. Mary's, said: "Our beautiful display is called 'Fun in the Sun' (Toy Shop) It's been a team effort and it's a wonderful thing to be part of the Flower Festival."

Outside visitors were treated to a variety of stalls, refreshments and the Barking Bugle hosted a Fun Dog Show on the Sunday to ensure fun for every member of the family, with Freddie and Ebony winning Best in Show.

Funds raised from the weekend will go towards maintaining the church and also making contributions to village projects.



Photo: Eden Hewitt



Flower Festival Co-Ordinator Gary Bocking T&A



Panoramic view T&A



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The Garage, Clay Hill Tittleshall

On the turf with Charles Joyce

"Before I turn 67 next March I want to have lots of sex with a man I like. If you want to talk first, Trollope works for me." Not the words you'd normally expect to hear from an English teacher born, in 1933, at the depth of the Great Depression, before Franklin D Roosevelt's alphabet agencies had pulled America back on its feet by injecting huge amounts of public money into building infrastructure giving people employment and a sense of pride in themselves and their country. 30 years in school, 5 years in college and another 5 years in prison teaching was the background of divorced mother of one son, Jane Juska, who did place the advertisement in her favourite magazine the New York Book Review. She got several replies, later writing a book, "A Round Heeled Woman" about her experiences. Sharon Gless of Cagney and Lacey played the lead role in the play about Jane Juska's exploits. I'll leave everyone to google the Victorian origins of the term round heeled woman, but suffice to say Mrs Juska will have enjoyed much of her later life before she died in late 2017. Jane Juska had her critics, but she harmed no one in enjoying her later life. It is the same with punters who stay within the golden rule, and don't drift into the dangerous area of gambling. The difference between a punter and a gambler is very simple. Both will take risks, but a punter will try to reduce the risk of losing the wager through research, experience and evaluating the odds of the bet winning, thereby increasing his chances of winning, only betting on an outcome when the odds justify the risk that cannot be eliminated. A punter will have money set aside for betting and will never, under any circumstances, risk the rent or the kid's dinner money. If there is no set aside money to bet, then there is no bet. A gambler will bet without making little, or any, attempt at reducing the risk of losing, often because there is no way to reduce the risk of losing. Gambling can too quickly become a problem, and not just for the gambler.

For those who do bet here is a very simple example from true life to test the understanding of odds. On a game show the contestant has to choose between 3 boxes, Box A; Box B; Box C: Contained in each of 2 of the boxes is something that is not considered to be of great monetary value, in the third box is something much desired and of high monetary value such as the keys to a new top of the range Mercedes car. The contestant picks Box A. The game show host opens Box B revealing an item of little value. The game show host now asks the contestant does he want to stick with Box A or does he wish to switch to Box C. To give himself the best chance of winning, which box should the contestant now pick? . Whichever you believe the contestant should pick you need to determine why he should stick or switch. Before deciding what the contestant should do keep in mind there are no guarantees of success, but use all the information available before determining whether he sticks with Box A or switches to Box C to give the highest chance of winning the Mercedes car. It's a question that baffled several professors of mathematics, but to the punter who understands odds the answer is straight forward. I'll explain next time.

August did teach us that nothing should ever be taken for granted in sport. No sooner had the Lionesses put themselves at the head of the pack, for Sports Personality of the Year team trophy, then Eoin Morgan led England to victory in the cricket World Cup. My sister has a strict "no sport on my television" policy, but such was the excitement of the match even she watched the final stages. Town and Around won again in August, this time with Siskin winning the Phoenix Stakes at the Curragh. Not the price hoped for mainly due to Arizona not showing up. August was also the month that Deep Impact died. Following surgery for a neck injury x-rays showed he had a fracture in his cervical spine and the decision was taken to euthanise the champion racehorse and stallion. During his racing career Deep Impact was considered the best Japanese bred horse of all time who won 12 of his 14 races including 7 Group 1s. When, in 2005, he ran in the Prix De L'Arc De Triomphe it became a race the punter could not lose in – a very rare event. The darling of Japan he was 5/1 in the morning of the race with UK and Ireland based bookmakers, but like every nation the Japanese

support their own champion, and such was the number of people from Japan who had travelled to Paris to cheer on their champion, Deep Impact was backed on the Pari Mutuel (French tote) down to odds on. This meant that if Deep Impact had been bet in the morning with traditional bookmakers, and all the other 7 runners in the field had been bet on the PMU the punter would win. In the end Rail Link trained by Andre Fabre won at 8/1, but paid €24.60 win on the PMU with the place (usually around 1/5th of the win payout) only €2.20. Later Deep Impact was found to have traces of ipratropium in his sample which, I am told, is an inhaled medication that aids breathing. Deep Impact was as a consequence disqualified from 3rd place. This year at Goodwood Deirdre won the Group 1 Nassau Stakes. I'm not sure if she was named after the Weatherfield One, but trained in Japan Deirdre became only the second winner of a UK Group 1 trained in Japan. - Agnes World winning the July Cup on the Newmarket July course in 2000 was the first UK Group 1 winner trained in Japan.

The big race in September is the St Leger run at Doncaster. The oldest classic, it was first won by Allabuculia in 1776, the year George Washington led America to independence. Aidan O'Brien does not have the same level of dominance in the race that he has in other races, but in recent years he has begun to target the race. This year he dominates the ante-post betting with several at the front of the market. The one I like is Japan, especially at 11/2. My concern is that after winning the Grand Prix De Paris (another for Town and Around) the trainer has stated his aim is the Prix De L'Arc De Triomphe 3 weeks later in Paris. If he shows up at Doncaster he'll be hard to beat, especially if he is again the pick of Ryan Moore, but before putting money down I'd want to be sure he turns up. For a good time Broome, who was 3rd in the Derby, was considered a St Leger horse. However, Constantinople is a brother of Bondi Beach who was 2nd in the St Leger, won the race in the stewards' room losing it again on appeal from connections of Simple Verse. There are several others to choose from, but whichever one of the Ballydoyle battalions Ryan Moore rides, is likely to have a big chance. John Gosden may run Logician, and Mark Johnston's Nayef Road is likely to give a good account of himself, but the one that catches my eye is Spanish Mission trained by Dave Simcock. He won the Bahrain Trophy at Newmarket, and was blocked when trying to make a run in the Gordon Stakes at Goodwood behind Nayef Road, and Aidan O'Brien's Constantinople.

Finally as always remember the golden rule of punting. Pay the bills first and under no circumstances bet if you cannot afford to lose, because even the best professional punters lose more often than they win.

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Thaxters plant of the month - Alliums

You may be wondering why Alliums are being featured in September – the reason is, now is the time to plant them in bulb form, and they will produce flowers the following late Spring or early Summer. This is by far the most successful (and economical) way to introduce them to your garden.

They are a member of the onion family, known commonly as ornamental onions, recognisable with their distinct spherical flower heads. They mainly flower in May or June and both stem height and flower-head size can vary dramatically. Flowers can be purple, mauve, pink, white, blue and even yellow. They are loved by bees and other pollinators but disliked by aphids. For this reason, they are often grown amongst roses.

Alliums grow well in borders and dependent on their heights can be positioned at the back, middle or front. They are best grown in groups of at least five or six to give an impact and are very adaptable, fitting equally well in cottage gardens, gravel gardens or wildlife garden planting schemes. They give structural interest and if they don't die off, their dried flower heads can be left through the autumn and winter. (Or they can be taken off and dried to use indoors.) Plant them amongst other leafy plants as their own leaves turn yellow and die down at flowering time so other plants will hide this. Taller varieties will benefit from a relatively sheltered site to avoid flower spikes getting blown over and damaged. It is advisable not to plant them in areas which are regularly cultivated as there is risk of damage to the bulbs if digging when there is nothing visible above the surface of the soil.

Bulbs should be planted early to mid-autumn and most require a sunny location in free-draining soil. Although hardy, waterlogging can cause bulbs to rot. If you have heavy soil, work some compost into the planting hole and add a layer of sand or grit at the bottom of the hole. Bulbs should be planted roughly two to three times the height of the bulb. They can be planted in pots or containers in a multipurpose compost but remember the

dying leaf problem mentioned above when positioning them.

One of the most popular and widely recognised is Allium "Purple Sensation" (pictured below) growing 60-80cm tall with 5-10cm globe flowers and seen in abundance at Chelsea Flower Show. "Graceful Beauty" grows to 30cm having small white flowers with purple anthers. Allium cristophii has huge heads measuring about 20cm made up of up to 80 small star-shaped flowers on 50cm stems. Alliums "Mount Everest" (white) and Summer Drummer (purple) will reach heights of 120-150cm.

Why not add a few Alliums to your garden this autumn.



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A natural spectacle right on our doorstep

Lucy Ferrer

Other than the new speed cameras on the A149 outside Snettisham village, there is a brown tourist sign which points left to Snettisham Beach (if you're coming from King's Lynn). On that sign is an array of symbols, including a group of stick men with their hands in the air, a caravan and an RSPB logo for the Snettisham Nature Reserve. As well as managing Titchwell Marsh, the same group of people also look after the reserve at Snettisham as well, ensuring that resident and visiting wildlife have somewhere safe to stay with plenty to eat.

Working for the RSPB, I speak to many people who visit Norfolk for its wildlife, beaches and natural scenery, but few have followed that sign and driven down Beach Road to discover the fantastic spectacular natural phenomena which occur there at this time of the year. Snettisham Beach is particularly special because it's tucked right in the corner of The Wash and is protected from some of the fiercer waves up at Hunstanton. This makes it a treasure trove of marine life and attracts thousands upon thousands of little wading birds called knot each year after they have finished breeding in the Arctic. When the tide goes out, they rush onto the mudflats to feast on the crabs, worms and shellfish, but on the highest tides (over 6.8m) they are 'pushed' off the mud, causing them to whirl together and provide onlookers with an astonishing silvery spectacle. They then fly over spectators' heads to find refuge in the pits on the other side of the bank. If you time this to coincide with a sunset, it's a photographer's dream.

Another familiar autumnal sight and sound to us in Norfolk are the pink-footed geese, which also call Snettisham their home at this time of year. They spend the night on the mudflats, taking off together as the sun rises to scour the county for the sugar beet harvests. If you are at the viewing point at that time, they flock over your head making a distinctive 'winking' sound. To experience this occurrence, you don't



need to adhere to the tide times, just head there for sunrise from late autumn through to late winter to watch them start their day.

For those that have been to one of these events, they'll say that it's a memory they'll never forget and we love to hear the stories and see pictures and videos from those that have been: Have you got any stories or pictures of RSPB Snettisham? We'd love to hear them, either face to face where we're based at Titchwell Marsh, on Twitter @RSPBNorfolkLinc #RSPBSnettisham or Facebook @RSPBNorfolk. For more details of when these events occur, pop into Titchwell Marsh for a Tide Table, or visit rspb.org.uk/snettisham.

Photo above: Knot



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National Trust Brancaster Activity Centre

Lynsey Skeates, Learning and Engagement Officer



At National Trust Brancaster Activity Centre we have had lots of changes in staff. Kath is back as our centre manager after maternity leave, Tracey who was Kath's maternity cover has secured a position at our Blakeney office as the new Facilities and Support Services Manager. Learning and Engagement Officer Tom, has started his Geography Teacher Training and we have welcomed Jack to our team as a full time volunteer. We have two new members of the team Kyra and Jenny who have started this month.

Our Ranger Keith has been busy over the summer at Brancaster Beach and has enabled several Girlguiding and Scouting groups to participate in beach cleans increasing awareness of marine conservation within the younger generation.

We have recently refurbished our front garden and removed our well used lawn to accommodate a more hard wearing gravel and seating for groups staying at our centre to enjoy. If you would like more information about our activity centre at Brancaster Staithe including hiring the centre and arranging day visits please visit our website or contact us via email.



The West Norfolk Members' Group invites you to:-
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Hunstanton being judged for Britain in Bloom



On Tuesday 30 July the Britain in Bloom judges were walking around the gardens, green spaces and streets of Hunstanton. Judges from the UK's longest running gardening competition were in town being given a tour by borough councillor Carol Bower and Chris Durham, operations manager of public open space at the council.

The Hunstanton Heritage Garden Friends and adopt a bedders joined the judges in Esplanade Gardens. They were also taken to Moss Bakery on the High Street to see the impressive creations made by them.

Applying for the Coastal category, Hunstanton should find out in October if the town has won.

Photos by Ian Burt. Above Kate Dunbar chats to the judges. Below Graham Wells looking at one of the displays and the Heritage Gardens.

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Here we hoe again....

by Old Muck from Northfields Allotments

Eugene and Shayla Green showed everyone the way home, winning Best Allotment for the second year running. It's believed to be the first time anyone's ever walked off with the accolade twice - let alone two years on the trot.

Judge Pat Richardson said while things were tight as the season got under way, there was only going to be one winner with the Greens storming ahead as summer arrived.

If you saw their allotment on open day, you'll have seen why. Their productive plot was bursting with produce, with barely an inch of ground wasted.

While plenty already will have their sights set on next year, the Greens will be a tough act to beat and are doubtless already planning their campaign to make it three on the bounce.

Awards aside, open day was a success despite the weather. This comes down to the team spirit we foster on the site despite the inevitable leg-pulling, the occasional practical joke and yet more banter.

There's a fun side to having an allotment, along with real community spirit in this social media age. Real people have a few laughs and also help each other thanks both to club stalwarts like our plot manager Derek, the Williams clan who run the produce stall and the Micks who man the burger stall.

Down at the club house, there was an impressive spread of home-made cakes to try, with many visitors lingering for just another slice or two (or



Photo Chris Bishop

three...).

Best of all, we signed up one or two new plot-holders - including a couple who have just moved to Hunny, who fell in love with a weed-strewn plot and signed up on the spot.

Allotments are hard to come by in London, where they lived before moving up here. We look forward to welcoming them to the fold.

On your marks, get set, grow!

Northfields Allotments opened up their plots to the public on Sunday 28th July for their open day and announcement of the winners of the Best Allotment awards.

Visitors flocked to Cromer Road at the drizzly weekend to enjoy produce stalls, tea and cake, a BBQ, books, plant sales and crafts, such as allotment owner and carpenter Allen Rowe's stall of handcrafted wooden boxes.

First prize went to Eugene and Shayla Green with their stunning rustic plot, with judge Pat Richardson noting that their consistency was the key to their success: "They've got lots of different vegetables, lots of different crops and when they harvest one crop they replace it with another."

"I was very happy to judge again this year; I've been visiting the allotments once a week for the past ten weeks and have recorded the progress of each allotment in order to decide the awards."

Runners Up were Peter and Pam Robinson who also won first in Gold, Best Newcomer to Fred and Ann King and the Green Welly Award to Jeremy and Teresa Plummer.

Pat continues: "The living hedge on Teresa and Jeremy Plummer's allotment looks smart and is a great example of an environmentally friendly boundary - and they won the Green Welly award for it to go alongside their Silver award."

"The standard at Northfields is improving all the time with plot holders



Dave Nice shows off his spuds



Jeremy and Teresa Plummer

achieving a good variety of fruit vegetables and flowers; separating Gold from Silver when judging I look for a variety of cropping, overall tidiness and a good crop rotation."

Hunstanton Mayor Cllr Amanda Bosworth said: "Every time I visit I'm inspired to get an allotment and presenting the awards with Pat and the Allotments Chairman Paul Emerson today was a delight."

Northfields Allotments in Cromer Road was originally laid out during 1935. Since 2004 as whole plots become vacant they are divided into smaller plots to satisfy the ever increasing waiting list. This has resulted in plot sizes increasing to currently 76 individual plots.

Bringing the Harvest Home..

By Robin Limb - independent agricultural consultant

In days of yore harvest was known as the 'Coronation of the Year'. It brought the whole community together to reap the benefits of 12 months of hard work. Today harvest is a less sentimental event with huge mobile leviathans devouring everything in its way. In just 100 years we have moved from the hand-held scythe and the horse-drawn binder to today's monster machines.

Although the typical British 'barbeque' summer has become the norm, one of the worst in recent years was 2008, with its ceaseless torrents and endless downpours. Harvest is always a tricky time for the farmer. To add insult to injury, during a wet harvest, the additional fuel cost of drying damp grain may coincide with falling prices for wheat and barley, forcing farmers to store grain longer in the hope of higher prices.

Frequently, harvest may often turn out to be an exercise in cost recovery rather than margin gain, and despite the romantic image that city-dwellers may attach to 'reaping and gathering', it remains an unforgiving commercial enterprise, driven purely by market forces and harsh economics. Once upon a time the UK cereal market was a safe haven, sheltered from world market vagaries and underpinned by EU guaranteed prices. When we leave the EU there will be no market protection and discounted wheat from the Baltic States and Ukraine represents a big dampener of the economic kind on UK farmers' prices.

Harvest 2019 rapidly starts to look more like the scorching summer of 1976. June was the driest on record, and the prospect of any significant rainfall looks remote in the near future. The currently tinder-dry countryside is looking increasingly brown, and already standing cereal crops have been devastated by wildfires.

Harvesting technology has progressed from the sickle and scythe stage, through horse-drawn binder and steam powered threshing drums. A binder would cut and tie into sheaves the



standing wheat, to then be 'stooked' in the field to dry. Teams would then load the sheaves onto carts and stack them in the farmyard to await the arrival of the threshing team. You knew you'd done a day's work when forking sheaves.

The weather was always the greatest threat to progress, followed closely by mechanical breakdowns or even fire. It is not feasible to combine cereals at a moisture content of much more than 25%: the threshing drum becomes blocked and grain separation is impaired. So little wonder then that a wet harvest can spell disaster if crops cannot be cut before the seed is shed, or worse still begins to chit (grow) in the ear.

Early combine harvesters were hugely unreliable when compared to modern machines, and rarely did a day go by without some minor (or major) breakdown halting progress. It was also common for combines to catch fire, due to the fatal combination of overheating engines, dust accumulation and oil leaks.

Pioneering North-West Norfolk farmer, Bill Newcome-Baker, was one of the first to import a true combine harvester in 1930, which was soon put to work on his farm at Sedgeford. The combine harvester is so called because it 'combines' what was the previously two separate operations of cutting and threshing – in essence a giant leap forward. Despite representing a harvesting revolution, the capacity of the early combines compared to their modern day counterparts was modest to say the least.

These were tractor-drawn machines cutting a swath of no

more than six to eight feet, with the grain having to be 'bagged-off' into giant 14 stone (88kg) sacks, to then be man-handled back to the barn (incidentally, health and safety regulations now only permit a man to carry 25kgs).

In the 1950's, self-propelled combines began to appear, still mainly imported from the USA, where the necessity to cover the vast prairies of the Mid-West had driven invention faster than in Europe. American manufacturers such as John Deere and Massey Ferguson dominated the market and their names have become as generic in the farming world as Hoover or Kleenex. Over time the output of the combine increased such that by the 1970's farmers could boast of harvesting 100 acres a day, or around 200 tonnes of grain.

In the long wet harvest of 2008, while many UK farmers were still struggling to get their harvest in at all, a new world wheat harvesting record of 532 tonnes - equivalent to about 1,000,000



loaves of bread harvested in eight hours - was set on Tuesday 16 September by a rubber-tracked Claas Lexion 580TT combine working in Lincolnshire. The new record beat the previous one of 451 tonnes, set earlier that same summer by a New Holland CR9090, which was passed after just 6 hours and 43 minutes. Equipped with a 10.5 metre cutting head, the Lexion achieved an average throughput of 66 tonnes per hour over the eight-hour duration, with a recorded peak of 91 tonnes per hour at one point.

It is now possible to harvest in one hour what would have taken a full 10-hour day in 1960; just one example of how agricultural productivity has increased in sixty years. Unfortunately, the scary thing is that we have to continually keep on innovating simply to stand still, and this implies using all the technological tools in our toolbox: to do otherwise will simply result in global food supplies falling further behind demand. The United Nations forecasts world population will grow from six to nine billion by 2050; in reality it won't if we can't feed all those mouths...



Claas Lexion 8900: 12 metre cutting head; throughput approaching 100 tonnes/hour; 16.2 litre MAN diesel engine developing 790 BHP; grain tank capacity 18 tonnes. GPS and laser guided; telematics delivering real-time data back to the farm office computer; on line diagnostics linked to an engineer in Germany. Cost: £400K - you could have a nice house for that....

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NEWS FROM THE HERITAGE GARDENS

In Bloom

The judging days have taken place for both Anglia and Britain in Bloom and the Gardens were looking glorious for each one, a real credit to all those who have a hand in looking after them. We now await the judges' verdicts which will be announced in early September. The feeling is that the judges were impressed; not only with the Gardens but also with how the town pulls together and has such pride in how everywhere looks and also with some of the associated activities that have been taking place. Fingers are crossed for a good award.

Summer Activities

The programme has started with mixed success owing to variable weather. The biggest disappointment was Bohemian Rhapsody. The Open Air cinema presentation should have taken place on the Green on 27th July but as the day progressed it became more apparent that it would be too wet and windy to proceed. At the time of writing everyone is hoping that Mama Mia on 17th August will be luckier with the weather. One Ceramic Tile Workshop has gone very well whilst another has fallen foul of 45mph wind and gust speeds! The summer weather has certainly been mixed so far.



Our first adventure into Outdoor Theatre went well with the Strange Fascination Theatre staging their presentation of Jungle Book. Two performances were well attended by families, all thoroughly enjoying themselves. St Edmund's Ruins proved a fine setting for the occasion.

Hunstanton Music Festival

The Hunstanton & District Festival of Arts are well ahead with arrangements for a feast of music on the Green on Saturday 7th September. Supported by SJP Solicitors, the event will see a wide variety of musical acts plus the King's Morris. The Sheringham Shantymen men top the bill plus the Fried Pirates, the Springwood Big Band, the Melodybeats, Hilarity Jen, Martin Day, Steve Smith and Ian Wells. Bring your blankets and chairs for a great day of free entertainment!

Searles Soap Box Derby

This classic kart race returns to the streets of Hunstanton on Sunday 22nd September with a new and faster course! The start will be at the zebra crossing on Greevegate by the High Street and the finish will be on Beach Terrace Road level with the bandstand. The 45 Club is running a Gin Tent again on The Green and music and stalls will be available on The Green. The entry is high with some karts travelling from as far away as Wellingborough to take part. We have a real spectacle of an event for all to enjoy. Come and cheer the riders on their way down the course! More details at the website below.

Dates for Your Diaries

Saturday 12th October.....A Sun is Born!
Join King's Lynn Astronomy Society for an evening combining a presentation on the birth of the stars and the universe followed by telescopes on The Green. 7pm at the Golden Lion.

Thursday 31st October..... Frankenstanton!
An Immersive Murder Mystery Evening at the Golden Lion.

Roger Partridge

Activities Coordinator-Hunstanton Heritage Gardens
Borough Council of King's Lynn & West Norfolk
c/o Alive Oasis, Central Promenade, Hunstanton PE36 5BD
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Hazardous waste event at King's Lynn

19 and 20 October 9am-4pm

For the sixteenth year running, Norfolk's residents can get rid of unwanted household chemicals, safely and securely, at a series of household hazardous waste events at seven of Norfolk County Council's recycling centres this September and October.

Waste is hazardous if it can cause harm to humans or the environment. This type of waste is not normally accepted at recycling centres as it needs to be dealt with by specialist waste disposal contractors. The annual events give people an opportunity to safely dispose of their hazardous waste such as wood preservatives, insecticides, weed killers, paint, thinners, varnishes and special cleaning products.

To help with this identification and sorting people are urged to:

- Keep containers clearly labelled where possible
- Keep all products in their original containers and not mix them together
- Make sure that the products are properly sealed to avoid leakage

To find out more about the events including what can and can't be taken along, visit: www.norfolk.gov.uk/hazardouswaste

The King's Lynn Recycling Centre's address is: Willows Business Park, Saddlebow, King's Lynn PE34 3RD

Heacham History Group

Local historian Philip West spoke to the History Group in July on "The History of Farming in Norfolk". Michael and I were very sorry to miss his talk having spent all our working lives in agriculture but we received a lot of very good feedback from his audience. Philip's talk was well received and people found it particularly interesting that he actually remembers many of the old farming practices. Philip grew up in the farming community in Hindringham, near Fakenham during the 1950s and 60s and drew on his own experiences to talk about the farming year in days gone by. He combined anecdotal evidence with photographs.

HEACHAM HERITAGE EXHIBITION



Heacham Public Hall
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On September 30th we welcome back Neil Story, always a popular and entertaining speaker. This time Neil is going to talk to us about "The Lost Coast of Norfolk". Many changes in our Norfolk Coast have been caused by the sea, not just the lap of the waves eroding our coastline but by the silting up of sea channels and the formation of sandbars. Natural forces are not the only reason for change. Tourism, the coming and going of the railways, and improvement of the roads have all led to the loss of ways of life, trades, local identity and places. Neil will relate some of the events, disasters, heroes and villains which are interwoven with our coastal past.

As usual the venue is the Old Friends Hall, Sunnyside Close, Heacham, PE31 7DU. 7.30pm. Everyone is welcome. Admission £3 (Members £2). Linda Nudds Tel: 01485 571794

Message from the Mayor @ Hunstanton Town Council

Tel: 01485 534007

After the flurry of activity around the local elections in May, I was honoured to be elected to serve a second term as Mayor and Chair, with Tony Bishopp as Deputy once again; details of all 17 Councillors may be found on our website: www.hunstantontowncouncil.gov.uk

In addition to routine business matters, current activities include:

- Review of Council structure and policies
- Environment Working Party
- Five-Year Plan (annual update)
- Neighbourhood Plan
- Community Centre Business Plan
- Town Hall refurbishment programme

We are also working on improvements to the way in which we promote our activities, so please watch this space!

In the meantime, I would just like to highlight one major project that is being delivered this year with the help of a small band of volunteers – "Festival of Christmas 2019".

Everything is currently on track to deliver a great day of activities on December 1st and we will be organising another open meeting in September to recruit more willing volunteers to help out on the day itself.

Save the date ... Christmas comes early to Hunstanton in 2019!

We may still be enjoying the summer season but the Town Council, along with a team of local volunteers – and in conjunction with the Princess Theatre - has been busy planning this year's Christmas celebrations.

Hunstanton's Festival of Christmas will kick off with a Festive Funday on December 1st 2019 and this year we are introducing a new attraction to the events - your chance to step into our very own Winter Wonderland - a



giant inflatable Snow Globe!

Have your photograph taken with the family against a backdrop of a snowy Christmas scene and don't worry - you won't need an overcoat against the snow - just your favourite Christmas jumper.

The fun starts at midday with a packed programme of events for mums, dads, children, families, friends and visitors to enjoy. Food and drink stalls, Santa's grotto, live music, a reindeer treasure hunt, rescue donkeys - as well as a Christmas Craft fair and the Christmas Lights Switch On at the end of the day - are just some of what's on offer.

So make sure you save the date and come and join in the festive fun on Sunday, December 1st 2019, 12-5pm.

You can contact the Mayor at: cllr.bosworth@hunstantontowncouncil.gov.uk

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Hunstanton & District Civic Society

Heritage Open Days

Guided tours of the grounds and courtyard of Hunstanton Hall will take place on Thursdays 12 and 19 September. Participants should meet at 10.00 or 12.00 outside St Mary's Church, Old Hunstanton PE36 6JS. The church will be open for coffee and cakes from 10.30 to 12.30.

On Friday 13 September, there will be guided tours of Hunstanton Lighthouse dungeon and tower PE36 6EL at half hour intervals from 11.00 to 14.00.

On Monday 16 September, there will be guided tours around part of the former Infant School, James Street PE36 5HE at half hourly intervals from 10.00 to 13.00.

The tours of both the Lighthouse and the former Infant School must be booked in advance by telephoning Andrew Murray on 01485 532376 or by e-mail at andrew.murray1942@gmail.com.

Talks Programme

The new season of talks starts in September and runs through to May 2020. They are held on the third Wednesday of the month commencing at 19.30 in the Hunstanton Town Hall. There is an exception in December when the AGM starts at 18.30 on the second Wednesday. Admission is £1 for members and £4 for visitors including refreshments.

The first meeting is on Wednesday 18 September when the film 'A Plastic Ocean' is to be shown in partnership with Refill Hunstanton. This is a new award-winning feature length documentary brought to you by a group of dedicated scientists, film-makers, social entrepreneurs, scholars, environmentalists and journalists. It explores the fragile state of our oceans and uncovers alarming truths about the consequences of our disposable lifestyle.

Visits

A visit to Oxburgh Hall is planned for September but the date has not yet been confirmed. The Hall was built as a family home during the War of the Roses and has been lived in by the Bedingfeld family for over 500 years. It has been through turbulent times mainly on account of their devout catholic faith. The furnishings display the tastes of the family from

Tudor times with embroideries done by Mary Queen of Scots and wallpapers by leading designers. The 70 acre grounds extend to the banks of the River Wissey. For details please see our web-site hunstantoncivicsociety.org.uk

Membership

The Chairman's letter, the full programme of talks and invitations to renew membership will be delivered in early September. The membership fee is £15 or £25 for two adults at the same address.

In Bloom

As the summer heads towards its decline, you will notice that the gardens are changing and looking for a bit of refurbishment. At this time of year our little team will be tidying and sorting at St Edmund's Chapel garden, the Signpost garden, the Railway bed and the area outside the Heritage Centre.

We will also be planning how to improve things in readiness for next year. This particularly refers to hard landscaping around the Heritage Centre. This year we have made it bright and colourful with planters full of petunias. But we are aware that there is the potential to use the area differently. The Centre stands in a fairly central position in the town and if we could put some fairly innovative gardening ideas in place, I am sure it would greatly enhance this end of the High Street. So if you are someone ready to launch their ideas on the world and would like to be involved in a new project, then please contact Margi on 01485 532223.

Heritage Centre

The Centre is open from 13.00 to 17.00 on Wednesdays, Saturdays, Sundays and Bank Holiday Mondays but can be opened by prior arrangement for schools and other groups at other times.

If you might wish to join our happy band of volunteers who man the Centre, please contact Terry Ashworth on 01485 535292.

One of the first schools to visit the new centre was Catmose College from Oakham in Rutland. Their teachers have kindly provided us with a copy of their very comprehensive information pack, some of which we hope to be able to use as an exemplar for other school teachers who are intending to bring children on school geography study days.

Borough Council News Heacham, Sedgeford and Fring

Congratulations to the Sedgeford Neighbourhood Plan team as their Plan passed the examination stage and is going to a referendum on the 5th.

In Heacham, there has been a meeting between the Parish Council and Cheney Hill development site owner and his architects. What is proposed is significantly different to the normal offer. The master plan will, I was told, soon come forward for public consultation. It is worth looking at it with an open mind as it is interesting. If necessary, I will call a meeting after consultation and before the plans go to the reserved matters stage at the planning committee.

There should soon be a consultation about a Traffic Regulation Order on South Beach Road, Heacham. This will put double yellow lines down both sides between the sea defence bund and the beach. The reason is partly due to road safety issues – bad parking causes significant problems – but also to support a proposed privately-owned public car park (cars will not be able to park for free anymore). In consequence of the loss of some free parking and the fact that public money will fund about half the cost of the TRO, I am currently opposed to yellow lines on both sides. I want written

assurances that some free spaces will be left available for local residents – preferably in the new car park – before agreeing to the whole proposal. (Note, it is proposed to leave some, assumed, free spaces for vehicles with disabled badges).

At a licensing panel, I was reminded of the care and diligence applied to taxi licence applications, a quiet function of the BC. I attended the last night of the Kings Lynn Festival at the Corn Exchange. It was packed out and the performances were well appreciated. Closer to home, Heacham Carnival was also very well attended. Congratulations to all the entrants. The group with plastics as its theme caught my attention and I would like them to get in touch. And there was a stall hosted by Extinction Rebellion (climate emergency) which drew interest.

The Borough's Local Plan Task Group has asked a consultancy called Climate Concern to speak to them. I will report on anything useful that comes out of this next month.

There was an odd event at planning committee last month. An application received a clear vote for a refusal but no reason to refuse it could be secured. 'Daft' is not a planning criterion though it would do nicely for a



significant minority of cases.

Lorry loads of cockleshells and/or other materials were reported as being dumped in Long Wood, Hunstanton road, last month. Interested parties have been informed.

The KLIC enquiry, I believe, will get underway now that August is over. As a result of the KLIC affair a Major Projects Board has been proposed which, in future, will monitor – major projects. All Councils should ensure, when borrowing large amounts of money, that the project is needed, provides value for money, and can be paid for through an income stream that is acceptable to electors.

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Labour of love for Wolferton's Royal Station

Sophie Hooker

Nestled five miles from the hustle and bustle of King's Lynn is the quaint and tranquil village of Wolferton, located on the royal estate though a few miles from Sandringham House. Naturally, the small village is steeped in royal history: the 20,000-acre estate was purchased by Queen Victoria in 1862 and has remained a residence for the royal family ever since.

The railway line running through Wolferton in fact already existed before the purchase, but the Great Eastern Railway Company saw great potential for expansion following this, implementing a dual line in the 1880s to the village for both the safety of the royals and to cope with the added tourism that followed.

Before the establishment of Sandringham as a royal residence, this quiet corner of Norfolk was one of the poorest rural areas in the country. The local economy was rejuvenated by the employment that arose from the royal household and thus the need for an attractive and fully functional transportation link arose.

Standing on the serene and quiet platform it is hard to imagine the sounds and sights that would have accompanied the station in its heyday. In 1890 the station welcomed the King and Queen of Denmark, the King of Portugal, and the German Emperor and Empress, to name but a few. Allegedly, even Rasputin alighted at Wolferton to visit the king, though he was promptly turned away.

The royals ceased using the railway line in 1966. The last train departed in 1969 which marked the end of an era for rail travel in North West Norfolk altogether. Though it would be false to say the station fell into disrepair over the years, the magic certainly diminished over time until the station was a shell of its former glory. This is where Yorkshire businessman Richard Brown came in.



Richard, a businessman working in the motor and trucking industry, purchased the station in 2001 after his interest was piqued after hearing of its sale. Over the last two decades Richard has made it his mission to revitalise and restore the station to the picture-perfect railway that previously only existed through photographs.

"We've spent a lot of money on it, money



we'll probably never get back. It's the last thing on my line—I'm at the tail end of my life and I want to do things I enjoy," Richard says. "It is special. And it wants to be made special. Lots of people come in and say it looks better than any time in their lifetime."

You could say the railway runs deep in Richard's blood: "I come from a family of railway people, my dad and his brothers all worked on the railways, and his father and his father before him. And now one of my three daughters work on the railway," he says.

“When you've got something like this, it's nice to share it.”

Richard and his team of workmen work throughout the year to keep the station in tip-top condition, with upkeep proving both costly and time-consuming. Truly a labour of love, Richard states that: "the first ten years were labour intensive as there was so much to do. But the last seven or eight have just been keeping jobs up. To keep the standards high, which I'm determined to do, is a continuous job."

Passion for the railway and its rich history is the driving force behind the restoration of the station according to Richard: "You need that railway passion to put it back into shape and make it feel right. I've redone a lot of things—re-laid the platform, rehashed the canopy, the Royal gates and rebuilt the Royal driveway. It had lost its way completely before."

He continues: "I've spent the last fifteen to sixteen years trying to buy back things that were connected to the station, and I've done alright. We've got various royal lamps back, gate lamps, things for the signal box. We're still missing a lot but that's part of the entertainment of being here that we're still finding things. I love bringing out all the things that were in the past."

Despite this year marking the 50th anniversary of the last train to depart from the station, Richard reiterates that it still remains a very special place in the history of the area

and with nostalgia keeping its memory alive.

"Our website absolutely does so well and gets tens of thousands of hits a month. It's the rail and royal connection," he says, noting that he gets many visitors from former royal household staff and railway workers. In fact, during our interview a visitor arrived from London that works as an engineer on the Eurostar, marvelling at how well Richard has preserved the integrity of the station. "I like meeting people and hearing what they've got to say," he adds.

Richard opened the station up to the public around eight years ago when he noticed that there was a prevailing interest among locals and visitors to visit the site. It is a popular scene for wedding photographs, fashion shoots and classic car meetings are often held in the royal driveway.

"We're limited to what we can do really—we're just a family sharing their private place with people. People keep coming and seem to enjoy it and I enjoy them coming. There's no reward wanted or benefit from it, it's just a nice thing to do really. When you've got something like this, it's nice to share it," Richard says.

Echoing his extremely charitable nature, Richard keeps collection points dotted around the station for visitors to donate to if they wish, raising vast amounts for the village and for Park House Hotel, which as of June of this year has raised over £11,000 for in total.

Looking toward the future, Richard is looking to keep maintaining the station despite the costs that he incurs in doing so, adding: "keeping it in good order is no mean task—it's quite costly to keep standards high. People say to me when I'm spending a big chunk on buying postcards that I just give them away, but I say, "It's like my cruise or my holiday, but I get pleasure from it all year round!"





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On the A149 and Children's Services with Norfolk County Councillor Andrew Jamieson

Sophie Hooker

Of course, many of you have likely noticed the numerous speed cameras that have been erected along the A149 from Knights' Hill roundabout to Snettisham roundabout in recent weeks. The current 60mph speed limit, which has been a rather contentious issue bubbling under the surface for many years, was finally pushed into the limelight in January of this year when the Duke of Edinburgh suffered an unfortunate accident on this stretch of road. It was also announced in May of this year that Norfolk County Council are looking to cut the budget for children's and adult services by an extra £40m in 2020/21. To clarify and uncover more information regarding these two pertinent issues, Town and Around reached out to Andrew Jamieson, cabinet member for finance at Norfolk County Council.

Andrew came into office in May 2017. A local businessman, he entered politics for the purposes of helping his community. Andrew was recognised as a great advisor and policy maker at County Hall in a recent shuffle of the re-established cabinet system and became the cabinet member for finance; a great honour and privilege after such a short time, reflecting his status and gravitas in the private business world of finance that he is still involved with.

Changes to the A149

Though at the moment there appears to be a rather blanket plan of implementing a blanket 50mph speed limit from Knights' Hill to Snettisham which will be enforced with average speed cameras, Andrew revealed to us a more targeted approach:

"Station Road (at Snettisham) is going to be reconfigured but not closed. There will be either traffic lights or reduced speed. Common Road East is under review and may be reconfigured. Babingley and the Castle Rising T-junction are going to be reconfigured. We're in a quasi-urban environment and people shouldn't be going more than 40mph. A 50mph limit will be established but we're going to have 40mph limits where we think there should be, namely

Station Road."

On the announcement from the Chief Constable earlier this year of the implementation of the blanket speed limit and speed cameras, Andrew said: "We local councillors were surprised that we had not been informed before and no account taken of the numerous attempts by parish councils along the route to have a specific and more targeted approach to the problems that we have in terms of accidents. It didn't include the most dangerous of the lot, Lamsey Lane in Heacham. So, we made a fuss and as a result we are now going to have a reconfigured Lamsey Lane."

Andrew is also keen to make the route more bus friendly: "(At Lamsey Lane) I'd like to have traffic lights where buses will be able to get out easily... (On the A149) What I'm trying to do is have a bus lane. The only real answer to all of this is a bus lane and I'm negotiating with the head of Highways to put that in place."

Cuts to Children's Services

Though Norfolk County Council's gross budget is £1.4b per annum, the net budget after schools and highways is only £450m. The amount of funding that will go into Children's Services in 2019/20 is estimated at nearly £212m. There are 243,000 children and young people in Norfolk and around 1200 in care and collectively they cost the Council around one third of its total children's budget, and it can cost up to £10,000 a week per child. 2900 children are currently under child protection plans. There are also 3000 children who require special education facilities and a further 20,000 with more generalised special educational needs.

Andrew says: "I'm extremely glad to be able to say that I live in a country that is sufficiently caring of its people in need that we do spend these sorts of sums. However, it does mean that we need to be extremely effective and targeted in the way in which we utilise our money."

On the closure of children's centres throughout more rural areas of Norfolk, he adds: "The service that has been provided is



perhaps not specifically targeted and perhaps those mums that are more sharp-elbowed push to the front and those less able to cope are not so good about coming forward to local children's centres."

"Only 39% of the total money we were utilising through these children's services were going on frontline services, the rest is going on the buildings, etc. So, we've decided on a new targeted approach. We will work with the maternity services right from the very beginning before birth. The police and community volunteers can give us an idea through the hubs operating where the more vulnerable families and children are. We can then go out and visit them (those in rural communities). We think that would be a much more effective way, and indeed we think that money that we spend will go up from 39% that we spend on frontline services to over two thirds or 65%."

Overall, Andrew looks to the future of utilising artificial intelligence (AI) to provide many of their services, which will be time efficient, accurate and cost-effective. On the budgetary restraints of the County Council as a whole, he elaborates: "(There is the) assumption that each of the financial years (20/21 and 21/22) we will have a gap of £35m and £70m in all that we as a Council will have to find... (Through) a combination of hitting the government, being cleverer and transformation this will help, and we're going to have to look to our frontline services to save us money. And this is really being done by being targeted and where possible, preventing the problem in the first instance."

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Round the bend with Dean Baker

Remote control or this may not be your cup of tea...

September - it's here. I always find this the most sombre month of the year. The 'littles' return to school, the longed for summer holiday far, far away and the evenings are drawing in apace ...

Onwards- this month the subject is remote thermostats. Its already become a subject for debate in the Baker house. In order to use this you will need access and to be familiar with the internet, own a smart phone, tablet or a virtual assistant such as Alexa and thirdly you will need to buy a remote thermostat. The cheapest is the best part of £100. The age of your boiler should be irrelevant as your remote thermostat can talk to almost any model, however before forking out for equipment I strongly advise an email or a call to double check with the manufacturer that your boiler is compatible. So that's the nitty gritty of remote thermostats.

Now for the plus points. I think that this tech could save serious money for holiday home owners. Recently, I was called out to cottage in Old Hunstanton to sort out a problem with the toilet. In the midst of the August heat wave the guests had the heating on full blast and the windows wide open! I contacted the owner who was on

holiday in Greece, he was able to remotely turn the heating off, via his App, without leaving his seat at the cocktail bar.

On the home front, some systems can track who's out using the GPS on your smartphone. When no-one's in, it turns the heating off to save energy. And when it detects someone's heading home, it'll make sure the house is the right temperature when they get back and switch the lights on. Other systems have a movement sensor to detect when people are in. This means the heating is only on when people are in the house. Some smart thermostats learn your regular schedule as you use them. Over time they claim to adjust your heating intuitively. Your remote can change the temperature in your home based on the weather forecast. So say you're away and there's unexpected frost, it'll keep your pipes warm to avoid bursts.

It's also possible to separate your home into zones and heat these zones individually. My favourite element is that some systems offer a service to remotely check your boiler. They'll alert you if they spot fault and avert a potential boiler breakdown.

These are only some of the features different remote heating

controls offer. Clearly they are very clever but for some they are rarely necessary and a waste of money. Many of the things they do, for example, keeping one room warm, can be done with thermostats on the radiator.

Mrs B has advised me to ask if there are any topics the readers of the T and A would like me to cover and its prudent to follow her lead. So for the October and November issues please contact the editor: editor@townandaround with your plumbing questions

I look forward to hearing from you

Last but by no means least, as the Autumn chill creeps in don't forget to service your boiler, it's



an annual thing!

All the best

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CBD OIL... the new elixir or a powerful health supplement....?

Holger Levey

Never a day goes by, it seems, without something in the media about Hemp cbd oil or more controversially medical cannabis. The 2 plants are in the same 'family' but cannabis is seen by many as the 'black sheep' as it's the one with TCH and therefore gives the user a high but properly distilled and used in the correct environment both have some very effective benefits.

Hemp has been around and used in various forms for thousands of years but its particularly the health benefits that should be considered by anyone looking for an organic supplement that can help rebuild your immune system and provide a calming and controlling affect in areas such as anxiety, pain, menopause, stress, insomnia etcit has even seen benefits in the more serious areas of Parkinson's, Diabetes and even Cancer. Increasingly its being considered by pet owners also for help in areas of anxiety, insecurity, motion sickness in cars etc etc.

It should never be seen as a 'cure all' and definitely requires some research, maybe even a discussion with your GP and then a trial to see if it is of benefit for your specific area of concern. Why not visit our Hemporium shop in Hunstanton High Street where we always have the time to provide some advice ... much of which comes from

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experience of using Milagro cbd oil ourselves as well as seeing the results that our customers have experienced.

Lavender Lacemakers

Lynn Hallifax

The Lavender Lacemakers held their third Lace Day recently in Hunstanton's community Centre. The event was well supported by crafts people from all over the area, not only lacemakers, but other crafters too.

We had a lot of traders all selling different things and there was a wool stand, haberdashery, bags, lace, cards, beads and much more.

We always support a charity and the one we've supported over the past 12 months is for Brain Tumour Research. We raised £1465.48 which was presented to two of the Charity's representatives on the day.

The atmosphere all day was really good with plenty of chat and laughter, in all a brilliant day.

Thank you Lavender Lacemakers for all your support and also everyone who bought things from us or donated.



Volunteers needed to care for rare lowland heath

The Snettisham Common Conservation Volunteers are a small dedicated group that meet once a month to care for a beautiful piece of remnant lowland heath at the heart of Snettisham common and their work, plus that of the Parish Council, has been recognised with an award as reported in last month's magazine.

On Wednesday 25th September in the Methodist Church in Snettisham, at 7pm. There will be a presentation of information about the Common. The Norfolk Wildlife Trust have just completed a new management plan for the area, and Helen Baczkowska from NWT will be introducing this. The RSPB will also be presenting information about their work, including their new hide at their reserve in the Village. Entrance is free, and includes refreshments.

Leader of the Conservation group Diane Westwood said: "Preventing the encroachment of trees on to the common is our priority because lowland heath is a rare habitat. More volunteers are needed so please come along."

The copy date for the October issue of Town and Around is 12th September. Please send all items for inclusion to editor@townandaround.net

Sedgeford's Summer Shindig

Local band The Fried Pirates headlined at Sedgeford's Summer Shindig in the Village Hill on Friday 2nd August.

Visitors were treated to a delicious buffet as they enjoyed the shanty-inspired acoustic music.

Made up of members Katy, Adrian and Roger, the trio describe themselves as "purveyors of fine traditional and acoustic songs & music." The Fried Pirates are a staple headline act at local music festivals around West Norfolk.





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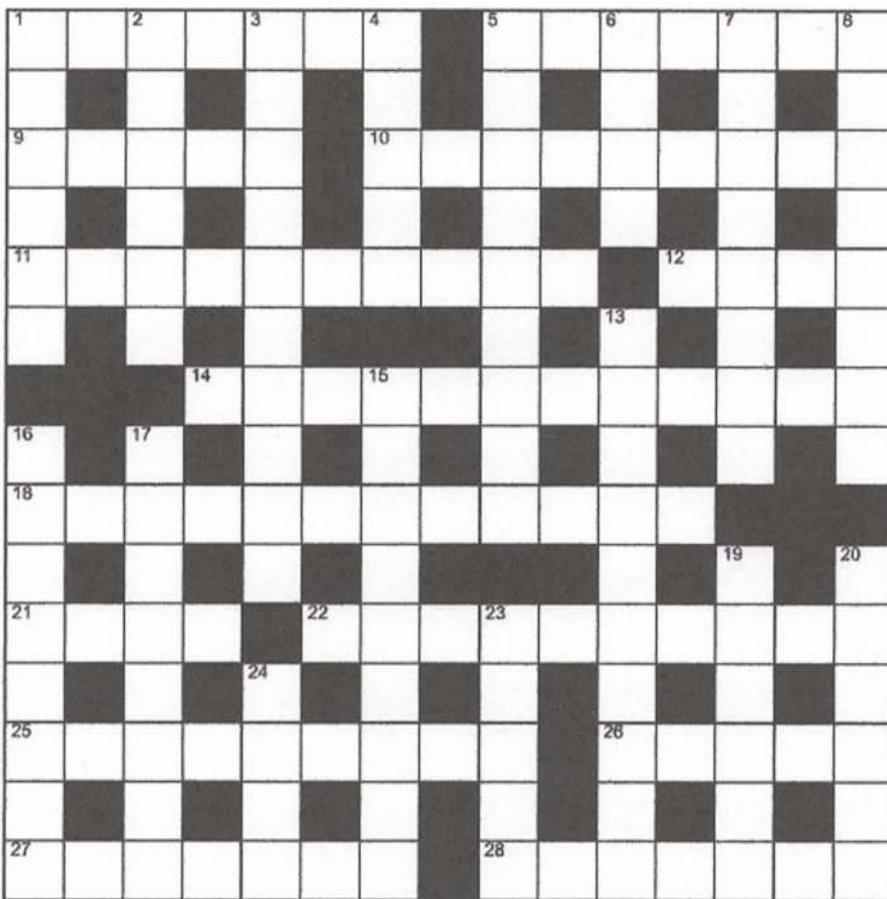
Crossword Clues Across

1. Making similar trip, i.e. commute, is common sense (7)
5. Like Norfolk base for carrier (7)
9. Fiddle in case starts working - to a point (5)
10. Spill from drink is less than expected (9)
11. See bad? Simply listen carefully (4,2,4)
12. Clubber gets in some ice (4)
14. Kind of uninteresting people have time for flattery (12)
18. Expired notice left in old boat by seaman is washing away (12)
21. It can be short or long and often played in the round (4)
22. Begin motion to take charge at court number two and dismiss briefs (2,8)
25. Country I'm loftily entering is a republic (9)
26. Handle most of stock (5)
27. Sister radically limits space for small children (7)
28. Jade flies around Louisiana – zoom! (7)

Crossword Clues Down

1. Wine about crumbs put on file (6)
2. Hardy, perhaps, but not Laurel (6)
3. Wanting salary to include parking permit (10)
4. German flower some show off at length (5)
5. Pay and run off, having made an impression (9)
6. Voice nearly everyone takes to (4)
7. Couple agree to join band.... (8)
8.and pass on agent (8)
13. Help one man rent something awesome (10)
15. Love runs out after day concludes in uneasy fashion (9)
16. South American friend is most cross and missing daughter (8)
17. Back structure of outdated system (3,5)
19. Sound sleeper? (6)
20. Cycle comes to a full stop in declining years (6)
23. Ring (toll) – with sound off? (5)
24. Keen to fall over after first bender (4)

David Elsey's Cryptic Crossword



Crossword solution on page 75

Ray Butchers Su Doku

Easy first...

...then the more challenging

				6	3	2	4	
2	5	3						8
			1				5	
			7	5		4		
		7	8		1	9		
		1		2	6			
	7				5			
8						1	9	5
	6	5	9	1				

3	6					5	4	
	5						6	
			4		6			
		6	7					
	3		5				1	
		4			3			6
	1	3						
				7				9
				4	8	2		7



Time to nip slow broadband in the bud

A year after the government pledged that all of the UK should have access to full-fibre by 2033, Heacham-based company Rural Broadband is part of the driving force to connect struggling businesses and homes throughout rural and coastal Norfolk to the world wide web

We are now in a time where banking, shopping, communication, work and entertainment are now, for a large majority, primarily internet-based. So, what are homes and businesses that are unable to access acceptable internet speed to do?

"It's a pervasive issue for some folks in areas of Norfolk. When you're relying on an average download speed of 1.2Mbps it can take up to 12 hours to download one film. Some customers can hardly even manage to send off an email," says Richard Dix of Rural Broadband.

Completing over 150 installations throughout Norfolk



in the last six months alone, Rural Broadband are currently working with the government-subsidised Better Broadband Scheme who are aiming to deliver efficient and affordable connectivity for homes and

businesses who cannot access more than 2Mbps.

Richard adds: "We're required to provide those eligible with at least 10Mbps, but we surpass that with an average of 22Mbps - which is funded by the

government."

The company has recently provided off-site broadband and WIFI services for outdoor events such as the Sandringham Flower Show and the Royal Norfolk Show, enabling stallholders to take card payments, a crucial element as we evolve toward a cashless society. On top of this, they have installed tracking systems on coastal reed-cutters, keep safe boats on the Norfolk Broads and have linked remote offices.

Tailored to specific needs and any location, Rural Broadband is on a mission to keep Norfolk connected to the rest of the world with lightning speeds and super-efficient service.

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CHANGES TO CAPITAL GAINS TAX ON RESIDENTIAL PROPERTY – ALL CHANGE APRIL 2020!

By Kathryn Gigg Chartered Accountants, Hunstanton

Further to the Chancellor's 2018 Budget, draft legislation published in July sets out a number of changes due to come in next April which are designed specifically to raise additional Capital Gains Tax (CGT) on the disposal of residential property; additionally, another provision, already legislated for, will ensure that the Revenue are able to collect that tax significantly more quickly, within 30 days of the sale.

Reduction of the deemed occupation period allowable under Private Residence Relief (PPR)

Currently, there is no CGT if you sell a property that has been your main residence throughout the full period of your ownership (i.e. you receive 100% PPR relief). Alternatively, where you have lived in the property at some point, but not for the full duration of your ownership, the last 18 months are currently considered to be automatically exempt, in addition to your actual periods of occupation as a PPR.

From 6 April 2020, if the draft legislation goes through, the relief will be reduced to 9 months only.

In a sluggish market, this will mean that the pressure will be on, for example, when buying a new home before the old one is sold, and may lead to exposure to a CGT bill that would never previously have had to be considered.

(N.B. Those who are disabled or have had to move into residential care will, however, retain a full 36 months' worth of relief.)

The abolition, in practical terms, of Lettings Relief

Another proposed change will have a greater impact on those property owners who rent out a previous PPR before they decide to sell. From 6 April 2020 the current, very valuable, Lettings Relief will only apply where the owner has actually been in shared occupancy with a tenant. This relief was introduced c.40 years ago to allow people to let spare rooms without losing the benefit of PPR relief. This change has arisen as the Revenue have noted that the relief is being used beyond the original intention by those who let out a whole house, by turning a previous main residence into an investment property.

This proposed reform is effectively abolishing Lettings Relief for the Buy-to-Let market. The impact will be to increase any chargeable gain arising on such a property by up to £40,000 per owner. For example, with a jointly owned property, assuming a material gain, a husband & wife could lose relief on up to £80,000 at 28% max., equivalent to £22,400 additional CGT to pay.

Clearly the above-mentioned changes are significant and many people will be affected – for example:



- those who have become “accidental landlords” because they wanted/had to move but couldn't easily sell their old house, so let it out, and still do so
- those who have moved into an inherited house and to date have let out their old main residence
- second homeowners who have downsized to their holiday home in retirement and now let out their old home
- couples who each had a house before moving in together but, for whatever reason, decided against selling one of those properties and continue to let it out instead

The new legislation is due to take effect from 6 April next year, so there is still a window of opportunity from a tax planning perspective. If the intention is to sell sooner or later, now might be a good time to do so. Alternatively, if the second property is to be gifted down the family this might also be the right moment, balancing a possible CGT charge now against a potential inheritance tax charge later. Advice should be taken.

N.B. Landlords who have never lived in property that they rent out will not be affected by either of the changes mentioned above.

30 Day Payment Window

Finally, with effect from 6 April 2020, CGT on residential property gains (other than those relating to main residences eligible for 100% PPR) will need to be paid within 30 days of sale, rather than as part of the annual self assessment liability – so it will be important for transactions of this nature to be dealt with under a very tight timescale. Again, care should be taken ahead of, and around, the 2019/20 tax year end if such a sale is imminent. A sale on 5 April 2020 would mean tax payable 31 January 2021. A sale completed on 6 April 2020 would mean tax due on 6 May 2020!

This change essentially strips out the initial computation of gain from the self assessment system and makes it a standalone report and payment (although self assessment taxpayers will continue to also report the gain on their Tax Return).

If, therefore, you are fortunate enough to be in the position of owning a second property, are currently thinking of selling ‘in the short term’; and anticipate that you may be materially impacted upon by the changes outlined above and require further advice please contact myself or my assistant Nicola Tarry FCA at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk as swiftly as possible ahead of any planned disposal, as from a practical point of view, as will readily be appreciated due to the new 30 Day Payment Window, the challenge for both legal and tax/accounting professionals in getting such transactions reported within such tight timescales, and for taxpayers to pay the tax on time, is going to be considerable.

Mrs K H Gigg FCA

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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Here at Hunstanton Bridge Club we are a friendly group of people always looking to welcome new members, whether you are a complete beginner, have been playing for only a few months, or for several years.

We meet at the Hunstanton Conservative Club just off the High St on Monday evenings for Duplicate, and on Friday afternoons we offer Bridge lessons to people who want to start playing, to people wanting to progress a bit further and for those who prefer to play in the afternoon. If you don't have a Bridge partner we can help you to find one.

Banish the fear. Don't be apprehensive about going to a club thinking that everyone will know more than you. All levels can play together and have success and fun. If you would like to know more please contact Robert Smith 01328 822120

End plays

Sometimes an extra trick can be developed by giving the lead to an opponent to lead into your hand. This is known as an end-play. On this hand Declarer can make the end-play on the first trick.

S K 6 3
H A J 4 3
D J 4 3 2
C K 2

S A J 5
H 2
D A Q
C A J 10 9 8 7 6

South gets to 5 Clubs and West led HK. There are potential losers in spades, diamonds and clubs if the finesses fail. With the lead of the King it promises the queen so Declarer can end-play West by playing low! Whatever West now leads gives either a free finesse in spades, diamonds or clubs and the other loser can be discarded on the heart Ace once trumps have been drawn. If West continues hearts Declarer can play the Jack to discard a diamond or spade loser. After drawing trumps the contract will be made irrespective of the position of the key cards.

Brancaster Line Dance Group

We are a small, friendly group who started in 1996 – and are still going!! We meet at Brancaster Village Hall every Wednesday at 7.15pm for a 7.30pm start, finishing at 8.45pm. We restart after the summer break on Wednesday September 4th.

£3 per session but your first class is free as a "taster".

Line dance is good exercise and you can do as much or as little as you like. You don't need special equipment or clothing. Just wear comfortable clothes and shoes and bring a drink.

You don't need a partner and it is suitable for all ages (adults).

It is a very social activity and great fun, with good music.

Newcomers and beginners are always welcome, as are holiday makers.

Contact Sarah and Gary Bocking on 01485 210408 or bocking554@btinternet.com

Or Maureen Kimber on 01485 210265 or kimbermaureen99@gmail.com

Docking's Eighth Hare Fair

Rev Peter Cook

On September 21st this year between 10am and 4pm the village of Docking will be buzzing with visitors to its eighth annual Hare Fair.

Based in Saint Mary's Church in the heart of the village, the Docking Hare Fair is a real showcase for some very gifted local craftspeople and artists.

Our church aisles will be converted into a market for the day with stalls selling fabrics, jewellery, metalwork, wooden goods and foodstuffs.

You can also find some beautiful paintings produced by some of our very talented local artists.

The fun atmosphere is added to by the addition of some fine musical accompaniment and the delicious homemade lunches that are always on sale.

If it isn't lunch you want then there are other refreshments available, teas and cakes and a barbecue serving burgers and hot dogs.

We hope to be joined again by wildlife photographer Martin Hayward Smith with the decoy hare that he used in the making of his book "My Year With Hares".

Some extra fun and games will be added by the Docking (Hare's Own) Cub pack and Scout troop and the school PTA will be there too.

On top of that the church will be running a book stall and selling off some locally grown plants as well.

Entry is free and if all of the craft stalls, the games and the refreshments are not enough you can always enter our raffle and have the chance to win some fantastic prizes.

If you walk through the countryside around Docking it won't be long before you see some of the magnificent hares that grace our fields and if you look around the church it won't take you long to see plaques in memory of members of the local Hare family who have played such an important part in the life of both the church and our village for over four hundred years.

All in all the Docking Hare Fair is a great trip out for all the family to enjoy.



Owning a holiday home

So, you have a second home already or you have money to spare and decided to invest in property which will most probably increase in value over the years. You also want something which will give you a return weekly/monthly or annually. Decision is made. Letting is the option – holidays or long term. What decision do you make? Pros and cons and other things to consider. The top question is "How much income will the property bring in with holiday lets in comparison to long term?" There are no guarantees with holiday lets.

I have broached this subject before and for those who are reading who have their own private holiday home why not share it with other families to pay its annual running costs. Once these have been met, the surplus is yours....or is it? I will be honest.....how much is left after all the expenditure/

Let's do the 'down' side first - Besides the obvious bills which we all have to pay related to owning a home, there will be the housekeeping, gardening, maintenance, annual Gas Landlord Safety Certificate, annual quality inspection, maybe chimney sweep cost and Public Liability Insurance on top of your normal household contents and building insurance. Although an electrical check is not yet compulsory, it is wise to carry out an annual check on all your appliances, cables and sockets etc, for peace of mind where safety is concerned.

Then there are the agent's fees for taking bookings and other services they may provide. Norfolk Holiday Homes offer an Easy or Full Management and can be flexible to suit the owner if necessary.

An annual Fire Risk Assessment is also compulsory. It can be carried out by the Fire Service for a fee if required but not a necessity if the agent has a procedure in place.

Once you have added up all the expenditure and taken this away from the rental income things may not look so bright and exiting in offering your lovely second home out to the public in order to rake in the pounds.

Now the 'up' side – there are certain aspects which need to be taken into consideration before letting apart from the legalities mentioned above. How the property is furnished and equipped. Accessibility. Situation. Sleeping arrangements. Pets. Wifi (wo betide anyone without this nowadays – bookings will not exist!). Parking. Garden. Sea views. Amenities. Rental charges. Flexibility. Tax. I could go into more detail. Or if you are thinking of buying – what sort of property lets best?

Long term lets also have pros and cons and are easier to organise We can deal with these too.

Getting the right balance is the key and Norfolk Holiday Homes will be honest about this if anyone is considering letting their second home. There are a multitude of questions which need answering if you are a 'newby' to holiday letting and we can help you in our comprehensive and simple guide available from our office. So call in or ring for a chat. It may seem daunting at the beginning but with our experience and advice we can support and reassure you that it can work efficiently and successfully if owner and agent work closely together with the agent taking the brunt of all the work.

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Heacham and Hunstanton at Night

Terry Parish

Autumn is coming and it is the Autumnal Equinox on September 23rd. At 8.50am, the length of the day becomes the same as the duration of the night. From the 24th the nights draw in and astronomy, assuming some clear nights, becomes more interesting.

I am writing this on the morning of the 13th August. I stayed up until 1am to look for Perseid meteors and glimpsed 9 over a two-hour period. I would have remained at post for another couple of hours but clouds were pretty extensive and I only had one good patch of sky to look at. Perversely, the sky was clearer towards the moon which, being almost full, washed the sky clean. The meteors I did see were very bright which enabled their light to penetrate thin cloud. However, except for one, they were short lived. Several owls were about and very close; the grunt of a hedgehog was heard but the maker not seen.

On the 12th I was at the North Norfolk Astronomy Society's Perseid barbecue. The hiss as rain hit the hot grill was a novelty and we didn't see any meteors but there was an excellent rainbow, towards the coast, which looked like two vertical pillars enveloped in a red mist. A very long, horizontal, bolt of lightning added to the effect if somewhat briefly. The food was good and eaten, at one point, with rain hoods up. Owls hooted their appreciation of this sight of humans devouring their prey whilst the little dog wagged and the farm cat smacked it.

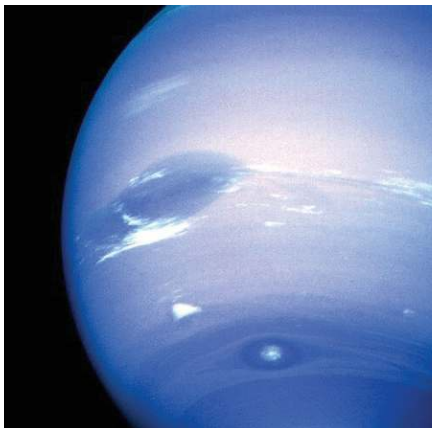
This month there is the small Aurigid shower which runs to the 5th, peaking on about the 1st. Look between west and north-west as late as you can. The Moon is out of the way. This shower has a second peak on the 15th.

There is also a chance of seeing the small September Perseids shower between the 5th and 21st, peaking on the 9th /10th. This is only a handful of meteors/hour but better some than none. Midnight is a good time to look and they are reputed to have long trails so there is a reasonable chance of glimpsing one. Look between north-east and east.

For the last few months I have been telling you to look at Jupiter and Saturn. You will still find them up there, Jupiter in the SW but setting now by 10.30pm. Saturn is towards the South, setting just after midnight. During the last month, I have relied just on my eyes to spot these two planets. There is something about viewing distant planets without any aids. I know what they look like in detail but the dim glow of Saturn, in particular, seems satisfying enough.

This month, an ice giant, Neptune, reaches opposition on the 10th. It will be a mere 4,328 million km away (about 2.7 billion miles). It is the most distant planet

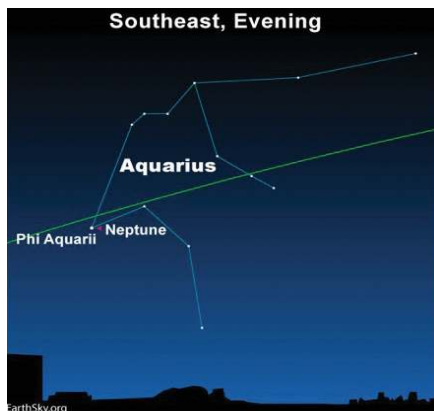
and you will need very steady binoculars to pick up the dim greeny-blue spot in the sky. You also need to know exactly where to look. The general direction is a little east of south, almost due south from about 11pm and at a point about a third of the way up the sky. You really need to look at Stellarium (the free software available to download) or use a different smart phone app.



Voyager.NASA

Between the 3rd and the 9th, Neptune is very close to an unremarkable star, phi Aquarii. This star, despite being 220 light years away, is much brighter than the planet. It is a binary system with the main component being a red giant. On the 6th September, this red star appears to touch green Neptune. A telescope should separate them into what looks like a 'double star'. (See diagram below).

On the 13th, the almost Full Moon is below Neptune by a couple of moon widths. On the 17th, the Gibbous Moon is similarly below Uranus, another bluey ice giant somewhat brighter than Neptune.



Internet

If you have a decent telescope then turn it on Neptune and see if you can spot a spark close to it. This might well be its largest moon, Triton. You need to check over several nights at about the same time. If the

spark has moved it will be Triton – it takes about 6 days to completely orbit Neptune. Unusually, its motion is retrograde – opposite to the planet's rotation- and Triton is likely a captured dwarf planet similar to Pluto. Triton is volcanically active, though ice replaces lava and geysers spew forth nitrogen.

Neptune has 14 moons but Triton is the only one you have a chance of glimpsing. The planet also has faint, dusty, rings which were glimpsed by Voyager 2 back in 1989 – the only craft to have passed close to this world. This ice giant has the fastest storms in the Solar system driven by a core which is at 5000oC. though its upper atmosphere is at -218oC. The image from NASA shows a storm on Neptune. The image below is one displayed at least once per year by me - Neptune from Heacham.



Parish. Neptune from Heacham.

As the skies darken earlier it is worth using any clear night to take in the Milky Way. This is a broad band of misty light running roughly from NNE to SSW and currently high in the sky above your heads. The misty light is, in fact, light from millions of individual stars. Look into it and you are looking towards the centre of our galaxy which contains several hundred billion stars arranged as a flattened spiral – something like a Catherine wheel with a bulging centre. Our sun is about half way in and there are far more stars between us and the centre than between us and the edge. Many stars are obscured by interstellar gas.



Internet, artist's impression. Latest news:

Following recent measurements of distances to bright stars the, supposed, flat wheel shape of the Milky way is, possibly, warped like the brim on a large hat.

Very dark sky sites allow people to see the complexity of the Milky Way structure. Most people in England never get a glimpse of it as light pollution from roads and buildings wash it out. So, value the opportunity a clear night presents you with. Go and have a look. Sweep a pair of binoculars along the Milky Way and get shocked by the countless stars you see. Some parts of the country, through general tourism, education and astronomy breaks have cashed in on this sight – North Devon, Galloway, Kielder in Northumberland, and even North Norfolk, to a limited extent, at Kelling Heath and other dark sky sites.

September provides opportunities to observe from dark sky locations along the Norfolk coast beyond Hunstanton:

Friday 6th September, 6-8pm, Dark Skies Festival Launch, Norfolk Wildlife Trust, Cley Visitor Centre. Includes an opportunity for some star gazing weather permitting.

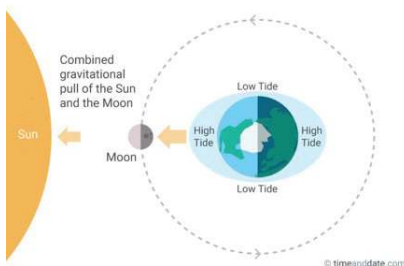
Saturday 7th September Stargazing at Kelling Heath Dark Sky Discovery Site from 8.00pm. Book on 01263588181, weather dependent.

Wednesday 18th September. Splendours of the Dark Skies of the Norfolk Coast. Barrow Common, Brancaster Staithe 7.30pm. Book on 01945 701038. Weather dependent.

Friday 20th September, 3-6pm, Dark Skies Forum, Oddfellows Hall, Sheringham. Talk and Q&A about light pollution and how to reduce it.

Sunday 22nd September, 6-8pm, Dark Skies Festival celebration, Binham Village Hall, talk and viewing, weather permitting.

NOTE. All the above without 'phone numbers are still bookable. Email aonb@Norfolk.gov.uk or phone 01328 850530.



Internet

There will be some information about high tides in this month's issue. The Moon is the driver of tides with, around New Moon and Full Moon, the Sun joining in significantly. If air pressure is particularly low, then the tides will be higher and if there is a strong wind blowing onshore the sea will come in further. So, if you are standing on the beach looking out to sea and the wind is in your face, the Moon, Earth and Sun are lined up and the BBC says there is a low pressure area off the North Sea Coast, it might be a wise move to step back a bit.

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Doggy 'Temps' ease Remote Workers' Loneliness

Local dog sitting service provider, Barking Mad is offering a solution to the potential loneliness and inability to switch off that can result from remote working. For those who work from home or are retired, and are spending large chunks of time alone, caring for a waggy-tailed companion on a temporary basis could really help to overcome feelings of isolation.

Tania Stowe of Barking Mad (North West Norfolk) said,

"It's like Bring Your Dog to Work Day in reverse! If you work from home, we can bring you a lovely, friendly dog to care for whilst their owner is away on holiday, subject to you meeting our host criteria. We take care of everything, included chauffeuring the dog to your home with all their essentials and providing 24/7 support. Caring for a friendly dog not only provides canine cuddles (far better than any virtual hug) but also the motivation to step away from your emails and go and take a walk at lunchtime."

Sarah Spendlove, an artist who works from home and hosts for Barking Mad, said:

"As a host, the process has been really straight forward and well organised. I've enjoyed the companionship, exercise and everything else that comes with dog sitting. I'd definitely recommend Barking Mad to others, as it's brought bundles of furry joy into my home, and I always want to give them the best holiday full of walks and playtime!"

'The State of Remote Work', Buffer's 2019 annual report which surveyed 2,471 workers, concludes:

"Remote work isn't always as Instagram-worthy as it may seem. In fact, many remote workers struggle with unplugging from their work, loneliness and communicating."

CEO of fully remote company Doist, Amir



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Salihendic, also recognises the problem and said: "We need to acknowledge that isolation, anxiety and depression are significant problems when working remotely and we must figure out ways and systems to resolve these complex issues."

The community of Barking Mad host families consists of active retired people and those who either work from home or have extended periods away from work. It offers the opportunity to care for dogs in your own home, while their owners are away on holiday. Hosts experience all the benefits of dog companionship without any of the emotional or financial responsibilities of full-time pet ownership.

To find out more about becoming a Barking Mad host, you can call Tania Stowe on 01485 205715 or visit <https://www.barkingmad.uk.com/local/norfolk/west-norfolk/>.

Digital Assets and the 21st Century Estate

By Kieran Athow, Trainee Solicitor, Hayes + Storr

With such a large part of our lives being consumed by technology and the internet nowadays, most people are likely to leave behind a significant digital footprint. From digital photographs and videos, to the use of social media platforms like Facebook, the majority of us will own digital assets. These should be considered when you make your Will, and included as part of your estate planning.

What are 'Digital Assets'?

A digital asset refers to all content and accounts created and stored online, on your computer, laptop or smartphone. These can either be financial or sentimental, but they are all intangible and exist merely in digital form. Financial digital assets include your online bank accounts, domain names, your Paypal/Ebay balance and even the credit on your Tesco Club Card. Sentimental digital assets include your Facebook and social media accounts, family videos or photos and information held on Ancestry.com for example.

Can I really leave digital assets in my Will?

Most people have family photos or memories stored digitally. If you don't take these into account when you make a Will, these precious memories could be lost.

The issue of whether certain assets can be left in your Will depends on the ownership and terms and conditions of the specific asset provider. Whilst it's possible to leave photos and videos, and even an online bank account to a loved one, if you have an iTunes account – you do not own the music you purchase, but rather, you are granted a licence to listen to the music. Whether the licence can be transferred is down to the specific service provider's terms and conditions. Facebook terms and conditions prohibit the account transferring to another person on death. However, they do offer to memorialise accounts as a way of remembering those who've passed away.

What do I need to do?

The question is often not whether the specific digital asset passes under your Will, but whether your executor(s) is aware of the assets and, if so, how do they obtain control of them after your death?

It is possible to appoint a specific 'digital executor' in your Will to deal with your digital assets separately. You may wish to do this if your existing executor(s) is/are not technologically savvy or if you do not wish them to have access to your digital assets and other personal information.

To ensure that your executors are aware of what digital assets you own, it is a good idea to keep a list of these assets together with passwords, which can be accessed by an

appointed executor on your death. However, it is imperative that you take legal advice to incorporate your digital assets into your estate correctly. Under the Computer Misuse Act 1990, it could be considered fraudulent for executor(s) to access your digital accounts after your death without authorisation or in the proper manner.

If you don't incorporate your digital assets into your estate planning, potentially valuable and sentimental assets will be lost from your estate or be forgotten about. The law on digital assets in the UK is still loitering in the past. Don't let your Will do the same.

This article aims to supply general information, but it is not intended to constitute advice. Every effort is made to ensure that the law referred to is correct at the date of publication and to avoid any statement which may mislead. However no duty of care is assumed to any person and no liability is accepted for any omission or inaccuracy. Always seek our specific advice.



If you would like further advice on this matter please contact Kieran on 01328 863231. If you require advice on any other legal matter call 01485 524166 or email law@hayes-storr.com.

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Hunstanton Lifeboat Station news

Geoff Needham, LPO Hunstanton RNLI

Saturday 13th July at 7.15 p.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to report of Kite surfer in difficulty off Old Hunstanton beach, Hunstanton volunteer RNLI crew launched on service, and quickly had the surfer, a 26 years old male safely on board the lifeboat, and landed him and his gear at the station, no medical assistance was required. High Water. Saturday 4.46 p.m. Wind. S.W.2 Sea state slight. Vis. Good.

Tuesday 23rd July at 6.15 p.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to go to the aid of a power boat, that had broken down in the Freeman Channel. The power-boat was on passage from Wells to Fosdyke, when he developed fuel problem, one person on board. Hunstanton volunteer RNLI crew located vessel and towed it into Fosdyke, and left him in the care of the local coastguard response team. Lifeboat was released and returned to station at 9.45 p.m.

Thursday 1st August at 4.00 p.m. UK Coastguard requested launch of Hunstanton RNLI Hovercraft to reports of persons cut off by tide on the wreck sands, at Brancaster. This was the most serious incident of the holiday season to date. Hunstanton RNLI Hovercraft launched on service to Brancaster, to report of people cut off by rising tide at Brancaster wreck sands, on arrival at Brancaster nine people were on the wreck sands, four adults and five children. They told the crew had not realised the state of the tide, which was filling the channel between them and the safety of the beach, they were taken aboard the hovercraft and transferred to the beach, into the care of the local coastguard response team, it took two journeys to evacuate them from the sands. H.W 7.45 p.m. Wind NE. 3 Weather Cloudy Vis. Good Sea state Slight.

Saturday 3rd August at 5.54 p.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to reports of 2 persons cut off by tide at Scolt Head Island. Brancaster. Hunstanton Lifeboat proceeded to Brancaster and located the casualties. They were taken on board the lifeboat and landed on to the beach into the care of the local coastguard response team. The lifeboat was then released to return to station. H.W. 9.19. p.m. Wind. N E 3 Weather Sunshine Vis. Good Sea state slight.

In addition, we had three false alarms with good intent, these are when a member of the public contacts the coastguard, and reports that someone is thought to be trouble. The 26th July a report of swimmers



The wreck at Brancaster, scene of many of our shouts

thought to be trouble off Old Hunstanton, the lifeboat was requested and launched, the crew spoke to the swimmers, and confirmed all was Ok. The 29th July Hunstanton hovercraft was launched to report of people in trouble on Snettisham beach, as hovercraft was proceeding to area, the local coastguard response team had made contact with the people, who turned out to be two fishermen gathering cockles, hovercraft was stood down to return to station. On the 30th July a report of an inflatable dinghy drifting out to sea off Holme, as the lifeboat was about to launch, it was confirmed that a swimmer had swam out to them and brought it back to shore. Our advice to parents is do not allow your children to take any inflatable on tidal waters unsupervised, and an adult should hold on to a line attached, so that they cannot drift out to sea with the tide and wind, better still leave them at home.

Respect the water campaign and advice to Holiday makers, tidal waters have strong tidal currents, especially the approaches to the harbours. General coastal safety tips. 1. Check the Weather and tide times. 2. Read signs. Be aware of local hazards, ie; sandbanks. Channels have Strong tidal currents. 3. Carry means of calling for help. 4. If you see someone in danger dial 999 or 112 and ask for the Coastguard who will page us.

Letters to the Editor

Family Tree

I'm trying to fill gaps in the family tree. I believe one of the family had a shop in Hunstanton.

The name was Honeyball, probably a T. Honeyball, as they all seem to be a T.!!

If anyone recalls a shop or even better if there's a photo and anything else they remember, I'd be most grateful. I can be contacted at: ptsh98@gmail.com.

Pete Stafford-Honeyball

Model railway exhibition

With reference to the item in the August edition of Town and Around about the model railway exhibition in Sheringham, I should like to point out that it is not the first such exhibition in the town as stated.

I organised a model railway exhibition in the now demolished church hall in the early 1990s when I ran a model railway shop in the town. The proceeds from it were donated to the North Norfolk Railway. Further to that, in the early 1970s there was a 'permanent' model railway exhibition in the Oddfellows' Hall at the bottom of Gun Street, which was there for some years.

My wife and I enjoy reading Town and Around.

Roger Bemrose

Vision for the future?

I would be interested to know what progress has been made on the Wayne Hemingway/West Norfolk Council "vision for the future" of Hunstanton's southern seafront. This was promoted widely a year ago, and a survey published, but I have heard nothing further.

Beth Winsor

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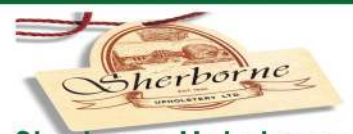
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THE VIEW JUST OFF THE HIGH STREET

Mark Kacary

WHAT'S AN ONLINE REVIEW WORTH? Part 2

"One man's great wine, is another man's vinegar" a commonly used saying the perfect start to part 2 on my thoughts on review sites like TripAdvisor, Google, Facebook etc.

The principle applies for nearly everything we eat, listen to or look at. What Prince Charles saw as a carbuncle in London many years ago I saw as a great piece of modern architecture bringing together the old with the new. The point is that no business, no restaurant, deli, baker, cafe or even portion of chips is to everyone's liking. And that's good isn't it? Otherwise we'd wear the same clothes, listening to the same music and watch the same TV channel. Hasn't that been tried in places like communist China & Russia.

We have plenty of options available to us. Nobody is forced to visit a establishment which makes one wonder why it is necessary for people to spew their venom when they dislike something about somewhere, they've been to! Unfortunately, whilst you can buy a bespoke suit measured and cut to fit every bump and wrinkle making you feel great, it simply isn't possible to create a bespoke shopping or eating experience. Going back to the "one man's wine" metaphor if somebody where offended by the wine they were drinking would they seek out a review site to make their issues with the wine known to the whole of the world?

The chances are that they wouldn't. They'd throw away the contents and vow never to buy that wine again. So why do people feel it necessary to give their "EXPERT" opinion on businesses or attractions they've visited and which possibly didn't live up to their standards? Or what is it that makes somebody so upset by their experience that they use words like "never going back", or "steer clear" Were they verbally or physically abused?

Sites like TripAdvisor realised from the start that the best way of gaining instant appeal was through the gamification of their site. Register your details and write a few reviews for a few hotels you've stayed at and instantly you're awarded a level 1 hotel expert. It doesn't mean you know anything about hotels, it doesn't mean you know how to run one, how to employ staff, how to manage rotas, cleaning staff etc. How to second guess the number of staff you'll need for unexpected busy periods. It also doesn't

mean you know what it's like to work 18-hour days for weeks on end. All it means is that you've stayed possibly stayed a few Travelodge's or eaten at a few McDonalds to have warranted a restaurant expert badge.

The ultimate prize offered by TripAdvisor is a level 6 badge for each of the numerous categories you can send in reviews. However, does it mean you're the equivalent of "The Hotel Inspector" or can you expect to be invited onto Masterchef to judge the food of one of the finalists? Think that and you're deluded to say the least. Speak to those in the hotel, restaurant/hospitality trade about TripAdvisor and it's very much a love hate relationship. One you love to start with because apart from our business dreams we all have egos and love to have our them stroked which they are when somebody makes the effort to write something nice. But this love soon evaporates when we remember some of the totally undeserved bad ones which have been written in a vindictive vicious way.

The number of reviews we've read this summer when somebody decides to verbally attack a business because they have young "inexperienced" staff without any thought given to the difficulty's businesses may have to employ people with oodles of experience. "The staff need better training" is one of the classics. It's a fact that many restaurants, cafes, fast food outlets would love to close and provide full blown staff training, but that at times it's simply not practical and only leads to some embittered review such as "I went to xyz for a meal only to find that it was closed due to staff training!!!! Why don't they train people at a time which doesn't inconvenience the public?" Don't believe me? Take a look at some of the reviews written for Hunstanton Beach. One of my personal favourites was the one-star review which complains that the sea is too far away (at low tide). Seriously North Sea/The wash pull yourself together!

Ultimately every business and very business owner, be it a café, hotel, restaurant or even an attraction will setup that business in the way they want it to be. What's guaranteed is their portion sizes might be totally different to expectations, (remember it's all cooked/prepared the way the chef intends it to be made), dishes, sandwiches etc are all costed. The number of times we've

read reviews where a reviewer warns off others for what on the face of is a trivial issue makes one wonder whether what they really want to see is the business fail?

There is a right to reply but it's very much a case of damned if you do, damned if you don't. Good customer service dictates that owners should always thank the reviewer with copious amounts of "mea culpa" pleading for a second chance. Try to respond with anything else and you're considered to be rude. But hold on a second somebody you don't know has just decided to write a "review". They don't know you, but they appear to think they know everything about your business and how it should be run. They can be very personal and at times very rude. All we are supposed to do turn the other cheek. There are many situations in life where the accused will have a right to a defence and a right to know who's made the accusations. The same rules do not apparently apply to review sites. "Sorry we can't tell you who "cuddlybear" is due to data protection!

In the world of online reviews, it appears to be perfectly acceptable to write something online which if written in a newspaper would be considered slanderous. Buts here's the thing once it's online it's effectively published and as with anything published is open to be challenged in court.

Of course, the business at the receiving end of an experts views would have to demonstrate financial loss as a result of a review which is why businesses are left having to accept what's been written and where unfair just accept it and hope that the threat to never darken their doors ever again is not a false promise.

In conclusion, everything in life is a matter of opinion. Nothing in life is going to suit everybody. Not everything in life will be 100% all the time. There are some things which are totally out of the control of those seeking to provide a service. So have a little more patience and think whether a review is necessary. What are you looking to achieve? Is it a case of just wanting to get your own back? Or is it because you're desperate to reach the next reviewer level? It might be a game for you as a reviewer, the issue though is that it's not a game for the business you're reviewing.

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News from Brancaster CE VA Primary School – Goodbye from Eden and Evelina

We had a very good end of the term, the whole school were invited up to School Farm to have a picnic in memory of Noel Linge who was the tenant there and lots of us knew him as he did so much for the Parish. We found out all about the owls that live in the barn and had a talk about what goes on at the farm which was really interesting. The Trust arranged a Noel Linge Outdoor Learning Trophy that Connor Broomfield was presented with.

The Year 5 and 6 children had a special treat as we joined with Sedgeford and Docking children and went to Pleasurewood Hills for the day, this was great fun and we loved going on all the rides, both of us really enjoyed spending time with our friends here.

Thrift class joined Sedgeford class 1 and went to the Henry Blogg museum at Cromer and loved finding out about the life of Henry and his dog Monty, they looked at the lifeboat and how much it had changed since Henry's day to the lifeboats we have now.

We held our sports day which was fun and we both won some of our races. Houghton won the event this year.

On the last day we had a visit from the ice cream van which we all really look forward too, we got to choose first this year!

We had our leaver's service and our parents got sad looking at a video of our journey through school so far, we both won prizes and got some lovely leaving gifts too.

Before the leaving service we said goodbye to Mrs Golding and a sort of goodbye to Mrs Tidd who is going to retire but is still coming back to teach Thrift on a Friday for next term (which we are all really pleased about).

FROM MRS GOLDING

For many years I have had the privilege of working with the children to type up their news, this has been one of my favourite things each month as it is such a lovely experience for the children to see their



work in print, we have some lovely comments from readers and I enjoy my monthly emails to Elaine.

It has been a very difficult decision for me to leave the fantastic place that is Brancaster School but have been given an opportunity to advance my career in Special Educational Needs which is an area I am passionate about. So as Eden, Evelina, Mrs Tidd and I take another step along our path of life we all wish the school every success for the future and know that like everyone who has left before us we will always be part of the special family that is Brancaster CE VA Primary School.



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Owning a Property Jointly – What do I need to Know?

Carla Tirrell, Associate Licenced Conveyancer

With the cost of property rising at a faster rate than incomes, many people are choosing to buy a house together in order to help them on to the property ladder. When two or more people co-own property they can either be joint tenants or tenants in common. These terms are a little old-fashioned because they come from an act that was passed nearly 100 years ago.

Although a lot has changed since The Law of Property Act 1925, the concept of establishing different ways of owning a home is still very useful today, perhaps even more so than it was then. So what are the differences?

Joint Tenancy

If nobody requests the alternative, a joint tenancy is the legal default position. Under a joint tenancy, the property can't be divided up and all owners have equal rights to the property. If one party wants out, the other owners have no choice to agree and must either sell the property or buy the co-owner out. If one owner dies, the other owners will retain equal ownership of the entire property. If there were two joint tenants, the other will become the sole owner. A married or cohabiting couple are likely to be joint tenants of a property.

Tenancy in Common

Here each owner has a separate share of the property and can do with it as they wish. By default, ownership is split equally but if the parties have agreed a different ratio, that will apply. As with a joint tenancy, if one party wants out, the others must allow them to sell their share or buy them out themselves. If one owner dies, their share is distributed as set out in their Will (or according to intestacy rules if they have not made a Will). Friends or business partners buying a property as an investment will very likely be tenants in common.

Changing Types of Ownership

It is possible to change from joint tenants to tenants in common or vice versa by applying to the Land Registry. It is also possible to change from sole ownership to either joint tenancy or tenancy in common, this is called transferring ownership.

How Many People Can Own a Property?

No more than four people can be legal owners of a property. However through use of a Trust, it is possible to have any number of owners. In this circumstance, the legal owners hold the property as trustees on behalf of the additional owners who are beneficiaries of the Trust. In this circumstance it is possible for both



trustees and beneficiaries to be true owners of the property. A Trust would be necessary in the case of inheritance, where more than 4 people stand to inherit a share of the property. If you would like any more information on joint ownership of a property or on any other legal matter, please get in touch with Fraser Dawbarns.





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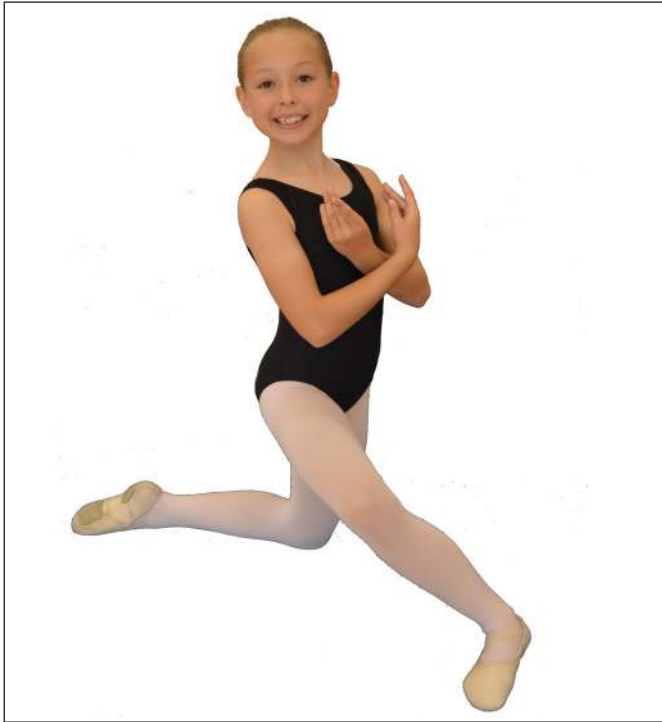
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En pointe for Royal Ballet

Huge congratulations to Rollason Stage School student Euphemia Bazeley-Smith who has been short listed on the waiting list to start training on the junior associates programme at the renowned Royal Ballet School in Covent Garden, London.



Review

The Great British Seaside Special at the Princess Theatre

Following on from its success in previous years, Hunstanton's 'End of the Pier Show' - if only it had one - had even better singers and dancers than before. A quartet of professional West End singers, accompanied by well-rehearsed dancing girls, started the show with music from 'The Greatest Showman'. This exuberant opening set the pace for the rest of the performance, culminating with several foot-tapping songs from the repertoire of the ever popular Abba.



While the vocalists and dancers took a breather the audience was entertained by ventriloquist Andy Greaves and comedian Steve Barclay. Children from the Rollason Stage School made a fantastic contribution to the show, whether performing on their own or with the professional dancers and singers. The routines from 'Annie' showcase the Rollason stars of tomorrow, and eleven-year-old Eden gave a truly amazing performance in the role of Annie.

After the show, Joanne Porritt and her daughter Jodie, aged 14 and with stage training herself, were full of praise for Michelle Rollason's choreography for all the dance routines. They both endorsed my praise for Eden's polished performance as Annie. They said they would definitely return next year, when on holiday from their home in Doncaster, ever optimistic that the show at the Princess Theatre will be every bit as good as it has been in the past.

John Maiden





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Music Festival

The HDFA's Music Festival has moved outdoors for 2019 to Hunstanton's famous Green, which sweeps gently down to the sea front. It will take place on Saturday, September 7, and for the first time the Festival will embrace music from all genres from Folk to Rock, singer songwriters to recording artists. It will have all that is good in live music!

There will be marquees and food stalls to support the raised platform stage and entry will be free. Playing Live this year will be -

Steve Smith
The Kings Morris Men
Jenny Beake as "Hilarity Jen", the award winning musical comedienne
The Melody Beats
Martin Day
Springwood School Big Band
The Sheringham Shantymen
The Fabulous Fried Pirates

And Mr Ian Wells, who will also compere the show.

The show starts at Midday and will run till 7.00pm. Please, bring suitable seating and weather protection.

Further information from Ian Wells on 07766561993

STROKEart exhibition

Our exhibition will be held at Thornham Village Hall on Friday 20th to Sunday 22nd September....opening daily 10am to 5pm.

This will be our fourth year when art and craft completed during the by Stroke Survivors is displayed and for sale to the public. Also included are paintings by local accomplished artists that are also for sale. The exhibition is organised by volunteers of Hunstanton Coastal Stroke Support and Carers Group.

Concert at St Mary's Snettisham



AMALTHEA and its intimate combination of flute and harp enchants the audiences with the distinct programmes and ability to create a beautiful atmosphere and a unique blend of sounds.

Their program 'Journeys' will present works for both solo and duo combinations, unveiling the unique sound qualities of each instrument. Classical works by Bach, Vivaldi, Bizet and Mozart carefully entwine with newer compositions, like Ravi Shankar's enchanting Raga, Salzedo's and Grandjany's captivating harp solos, thus creating an enthralling world of colours.

Klio and Siobhan, both Classical Music Rock artists, have been enjoying working together since 2016 performing in festivals and concert series around the country.

The Amalthea Duo concert is at St Mary's Snettisham Parish Church on Friday 13th September at 7pm. This is a joint promotion by Friends of St Mary's and Classical Music Rocks.

NEW SEASON, NEW FEEL-GOOD HOBBY?

It is now widely recognised that singing is good for one's sense of well-being. If you enjoy singing or have sung in the past and can follow a music score, why not spend a few hours (2 hrs 30 mins max) with like-minded folk having a musical work out guided by Music Director Tom Appleton and assisted by Ben Horden, Assistant Music Director?

KING'S LYNN FESTIVAL CHORUS is recognised as one of the most accomplished mainstream, mixed choral groups in East Anglia. Repertoire that have been performed include Messiah, St. John Passion, Verdi's Requiem and Carmina Burana. An exciting programme is planned for the new Season that will include performances of Bach's mighty masterpiece St. Matthew Passion, and Mozart's Requiem

NEW MEMBERS are always welcome to experience singing in a large group performing with orchestras and guided weekly by highly accomplished, professional musicians. Intending members are invited to attend a few rehearsals before taking an informal (and friendly) voice test and assessment.

ALTERNATIVELY, attend an OPEN WORKSHOP on Saturday 7th September in St Nicholas' Chapel.

For more information, please contact the Secretary at secretary@kingslynnfestivalchorus.co.uk or through Facebook or twitter @kl_festchorus, or on the contact page of website www.kingslynnfestivalchorus.co.uk

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The West Norfolk Singers

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The West Norfolk Singers have a new Musical Director, Jean Hornbuckle, who is keen to attract new, returning and even younger members.

She also has a desire to add newer, more modern material to our repertoire. She is very keen that we enjoy what we sing.

Do come and try us out.

NO AUDITIONS

We rehearse at Heacham Methodist Church on Wednesdays, 7.15pm to 9.15pm (new times)

Please see our website at : www.westnorfolksingers.org.uk or call our chair - Anne Davis on 01485 571315

Hunstanton & District Rotary Club News

John Crofts, President

We are now into a new Rotary year and I have taken over from Hilary Farrell as President and I thank her for a year in which much was achieved and in which we were able to donate nearly £25,000 to a range of charities, projects and local groups.

One of the first things that happened before the schools broke up was our pleasure at the end of the last academic year to visit all the local primary schools to present Young Citizen awards of a certificate and gift voucher to the value of £25 each to two children from every school, who their teachers believe showed qualities of care for others.

Our commitment to local schools is considerable and over the first term of the new school year we look forward to : presenting dictionaries to all year 5 pupils in the area, judging our Young Chef competition at Smithdon and encouraging the two winners as they move forward to the next round at the College of West Anglia, conducting mock interviews for year 11 pupils at Smithdon and engaging with teachers and youth leaders about mental health.

At the end of July we were pleased to hold our annual fund raising event at Norton Hill thanks to the support of Mr & Mrs Schumann. The weather wasn't always perfect, but we were pleased with the attendance and you can learn more from the article on the event below.

As the September edition of Town & Around appears on the website we have next big event on Sunday 18th August when we hold the Kite Festival and Classic Car Rally at Smithdon School from 11am. Hopefully the sunshine will have brought out many to enjoy the day.

I am very much looking forward to that which the year ahead has to offer, working with other service groups including Inner Wheel and Round Table as well as other local Rotary Clubs and potentially clubs across the world to continue to support groups such as The Norfolk Hospice Tapping House, the WNRA Magpie Centre, WN Mind, the Stroke Association, the Purfleet Trust, Mollie Patterson (International Table Tennis player) and the schools of this area amongst other organisations.

As President I will have two personal projects : firstly working with Nicki Williamson from The Wellbeing People to support mental health. As Nicki says on her website 'Positive mental health is not always easy to achieve but it is essential to allow us to lead an enjoyable, fulfilling and productive life. When mental health issues take over, such as depression, anxiety and overwhelm, it can be crippling but there is a solution.' To that end I am inviting schools and other youth organisations to join us for a

day's workshop in October led by Nicki to help us to identify those suffering, to show how educators can help and to signpost them to more specialist services. More information can be obtained by emailing me : johnpcrofts@gmail.com or phoning me 07950 067028.

My second project is to support a very special school in Kolkata, India. The Mathieson Music School is breaking the mould in India, where status and wealth are normally the keys to unlocking educational and creative opportunities for children. Situated on the outskirts of Kolkata, the school is in one of the poorest and most deprived areas of the country.

At the age of six a boy named Anup Kumar Biswas went to a mission school in Calcutta where his musical talent was recognised and encouraged by Reverend Theodore Mathieson. He started playing the cello at the age of ten, and at sixteen made his concerto debut and recorded for All-India Radio and Television.

Reverend Mathieson provided the inspiration and instigation for Anup to go to England in 1974 and study at the Royal Academy of Music in London, which resulted in his becoming a cellist and composer of international stature, giving concerts throughout Great Britain, and around the world performing with well known orchestras as soloist and as a recitalist. He has even played in the Town Hall in Hunstanton!

On his deathbed, in 1994, Father Mathieson expressed his concern to Anup about the future of a Western musical tradition in Calcutta and Anup promised him that it would be continued. This brought about the founding of the Mathieson Music School, and The Mathieson Trust, the charitable organisation formed to provide the funding for the school. In this way, his name lives on and his good works are perpetuated.

The school seeks to offer educational places to children whatever their background. Children who had previously been begging on the streets are welcomed into the school and given lessons in Bengali cultural studies alongside English, mathematics, and science. In addition to the regular timetable the children have Tabla lessons, Tagore singing lessons and learn Indian and Western classical music, mostly on stringed instruments donated from a variety of sources in the UK and America.

School leavers with this breadth of education have the possibility of employment in the Indian film industry, military establishments, and the tourist industry.

The school is a beacon of hope for its children, who display the most amazing support for one another and pride in their collective achievements.

Full steam ahead at Norton Hill Light Railway

Solidifying its status as a staple in the summer holiday calendar was the return of the Norton Hill Light Railway weekend in partnership with Hunstanton Rotary to raise money for local charities.

Despite the rain there was a steady flow of visitors to the site where families enjoyed rides, games, refreshments and of course, the quintessential mini-railway. Children were also treated to a surprise appearance from Mickey and Minnie Mouse.

The weekend was organised by Hunstanton Rotary and Inner Wheel and is their main event of the year. President John Crofts said: "It was very kind of Mr. and Mrs. Schumann to allow us to take over their fields and to make the railway available to us once again. Mr Schumann's hand operated merry-go-round was a hit with younger children."

"It was our pleasure to bring together the Hunstanton Rotary and Inner Wheel clubs with many excellent charities including: The Norfolk Hospice Tapping House, West Norfolk Mind, Coastal Stroke, the Hunstanton Day Centre with local scouts and schools for a 'Traditional English Village Fair.'"

"Well done to the organiser Stephen Thompson, who spent much of the afternoons driving around in an Olsmobile with a smile on his face."

"Despite the weather many people turned up for what is clearly a

fixture in their calendar. Anticipated income will be in excess of £6,000 - a bit down in view of the weather, but still very welcomed by the charities."



Bake off with Rotary

Marking the fifth Wednesday in the month, Hunstanton Rotary Club decided to branch out a little bit on Wednesday 31st July and try their hand at baking, courtesy of fellow Rotarians father and daughter Peter and Sophie Gohegan at Mr Bun the Baker.

This was a new experience for the Rotarians and with the help of Peter they masterfully baked an assortment of breads. The experience also helped give them ideas for the 'Young Chef' competition that they're involved in with Smithdon High School students for later this year.



Hunstanton and District Inner Wheel

Sue Trewin, Club Correspondent

'The runaway train came down the track and she blew
The runaway train came down the track
Her whistle wide and her throttle back
And she blew blew blew blew.''

The Norton Light Railway event, always a popular family occasion, brought together a number of old and new stalls, providing a veritable feast for the public. Inner Wheel offered refreshments throughout the two days, and were rewarded with a ride on the railway emerging with the characteristic black smut on the nose after going through the tunnels.

Staying with the subject of railways, as part of our social programme, a group of us took a trip on the Poppy Line which runs from Holt to Sheringham. As you will see from the picture below, our soon to be President decided to stoke the engine!

September will bring the start of our new programme of events so watch this space.



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Snettisham Fete



The day started well with clear skies and volunteers were busy getting ready from early morning on 20th July for the fete, classic cars and dog show.

The wind started to blow and Alison Kirby said: "We spent much of our time hanging onto the gazebo and running after our merchandise!!! Even so it didn't rain (until the last half an hour when it chucked it down!) and it was great to see so many people out enjoying the day. Thanks to everyone who helped in any way with our stall today and thank you to the organisers of the fete."

Stuart Dark at Scotty's Little Soldiers reported: "Brilliant afternoon at Snetty Fete (until the storm!) with 3 generations of Dark's staffing the charity's stall. Scotty had a great time making and meeting friends... Thanks to the organisers and all who bought, donated and said kind words... we can do what we do because of you."

The Scouts did well raising around £400 with bacon butties, and games

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according to Rob Shears who would also like to remind folk that the Scouts are still looking for more volunteers to help with the group.

The Kingswingers entertained the crowd with some great music led by George King on Saxophone while Sam Denton was busy with the forty or so cars that competed in the Classic Car show. Winners this year were David Ottoway and David Large with a Ford Escort Mark II rally car.



From left, Organiser Sam, David Ottoway and David Large

With a record number of entries, sponsored by Coastal Vets, and judged by Jan Roomes, the Fun Dog show results were:

- Prettiest Girl - Fiz and Fletcher
- Most Handsome Boy - Buddha and Joanne
- Waggiest Tail - Clover and Angie/Andy
- Best Rescue - Ziggy and Robert/Pauline
- Veteran - Rafferty (aged 18.5) and Craig/Jenny
- Best Long Coat - Lilly and Kathy
- Best Short Coat - Teddy and Jane
- Pretties Eyes - Feodore and Susan
- Best in Show - Ziggy and Robert/Pauline - photo below
- Reserve Best In Show = Buddha and Joanne
- Snettisham K9 Princess - Clover and Angie/Andy
- Snettisham K9 Prince - Teddy and Jane

Judge's Choice and Winner of the Pet Paw Print - Rafferty and Craig/Jenny

Pupstar from the Barking Bugle woofed: "A bit woofy thank you to everyone who came along to the Barking Bugle fun dog show at Snettisham Fete. We hope you all enjoyed yourselves as much as we did. Our thanks to Jan Roomes who had the difficult task of judging today and I'm sure you will all agree did a pawesome job. Our thanks also to our pals at Coastal Veterinary Group for sponsoring the rosettes, Naturediet Pet Foods for donating goodie bags and Silver Pet Prints Cambridge who donated a voucher for a personalised paw print necklace. I hope you had a great day and remember whatever the outcome your pawrents went home with the best dog there - You!"



The Fete is organised by the Parish Council's Rachael Edwards and Simon Bower with the help of village volunteers.

BARKING BUGLE OHFF FUN DOG SHOW

We absolutely love organising the annual Fun Dog Show at the Old Hunstanton Flower Festival as our furry mates and their humans are always so friendly - this year was no exception!

There were six classes and it was lovely to see the appreciative audience applaud each time a rosette was awarded. For the record Freddy was crowned as our champion winning the Best In Show with her human, Ebony. Jolly well done and thoroughly deserved! Our thanks go to everyone who attended the show and in particular to our judge, Alex, who did such a tremendous job.

As we always say here at the Bugle it doesn't matter if you win a rosette or not because you all go home with the best dog in any case! We look forward to hosting next year's event.

Woofs Pupstar, The Barking Bugle




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Forgotten Cold War Base opens

A man who has always had an interest in military history has realised his dream and opened a museum at the decommissioned Ministry of Defence RAF Sculthorpe base where he was based in military quarters.

The base is an important part of Cold War history and was the main deterrent for the Americans against the Soviet Union in the 1950s.

Ian Brown, formerly an Infantryman at 2nd Armoured Europe would wander around the abandoned buildings and wonder about the base, and he said: "Before I had moved to the area I'd never heard of Sculthorpe but learning about the base I felt compelled to do something to bring its rich history alive.

"In February this year I got the use of a room at the Green Park Centre and the ball started to roll, and the journey to the opening has been interesting!

"The centre has a rich collection of RAF Sculthorpe items and displays including wreckage from RB-66 plane which took off from Sculthorpe in 1958 and crashed near Norwich... luckily with no fatalities; the wreckage is the only parts of this type of aircraft in the UK.

"We have done our best to present a part of RAF Scunthorpe's rich history and can't thank all the people that have helped in making this possible enough.

"We had local author Jim Baldwin open the centre, who was the catalyst to construct the centre and we also had Peter Gunn a local author who also has



written about the airbase attend" he added.

The open day on 11th August attracted over a thousand visitors who were treated to a fantastic day that included 30 classic and military vehicles, the three living history groups, Norfolk model air force and live swing dance singers.

Ian continued : "Something

that is mentioned a lot about RAF Sculthorpe was the social life at the base, including the infamous NCO club dances so we were very pleased that Mr Richard Tree provided live 40s/50s tunes and Mr Andy Garner with his partner, demonstrated some of the dances of the period.

"Sadly the booked Battle of Britain memorial flight Dakota

did not attend due to engine problems. But it didn't seem to bother anyone!"

Since the opening the Heritage Team has had lots of messages about opening times. As the centre is run on a voluntary basis by a small group it is not possible to open every day however they have earmarked a Sunday once a month to open, more than likely for an afternoon and the dates will be released shortly.

Private tours for groups can also be organised in advance. The contact number is 07766 715548.



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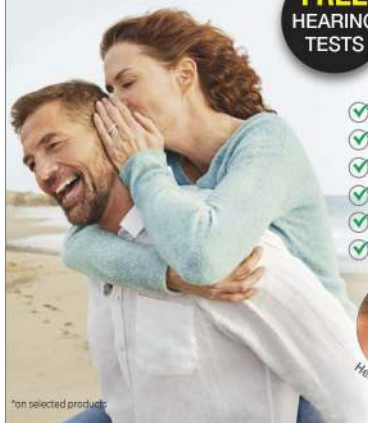
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Hunstanton Eyecare blog

Watery Eyes or Dry eyes? It could be the same thing!

It sounds daft doesn't it, you complain about your eyes watering and they tell you it's a "Dry Eye" condition. Let me explain.

It is estimated that 1 in 5 people in the UK may suffer from Dry Eye, and modern management of this condition means understanding not just the symptoms, but the triggers and associated conditions, including eyelid health. There are a number of different causes of Dry Eye but these can broadly be split into environmental and physiological, these include excessive air conditioning and computer screen use, certain prescription drugs, ageing (that's always in there isn't it!) and hormonal influences.

We need to BLINK! Blinking is fundamental to eye health, it keeps the front surface of the eye moist, removes dust and debris, and encourages the distribution and drainage of tears. By refreshing the eye with a smooth layer of tears every few seconds the optical quality of vision is enhanced too. If someone is suffering from Dry Eye, the tears, or as it is known the "tear film" is compromised. The outer oily, waterproof layer of the tear film becomes deficient and essential moisture can evaporate too quickly. It is important to note that Dry Eye is not an infection, however the condition does have some key symptoms to look out for. As well as itchy, gritty and tired eyes, people with Dry Eye experience watery eyes as the tears production goes into overdrive to compensate. Symptoms are often worse in air conditioning and on windy days. The eye needs appropriate lubrication, commonly known as artificial tears, to maintain the smooth surface of the cornea, and thus prevent discomfort, abrasion and resist infection.

At Hunstanton Eyecare we are now stocking a new range of products from Thea Pharmaceuticals and there are features we like about this range. ****Avoids preservatives** – many experts agree that long-term use of preservatives can damage the surface of the eye, so all Thea products are preservative free. A bottle will last a couple of months once opened, and if you are using it regularly it will not go to waste. Many older, traditional eyedrops still contain preservatives. ****Contains sodium hyaluronate** – this is a molecule that is very moisturising for the surface of the eye as well as long-lasting. It behaves in a similar way to natural tears in the way it spreads across the surface of the eye with each blink. ****Contains protective ingredients in the formulation, such as Trehalose, these molecules help protect the surface cells of the eye.** ****Comes in a squidgey, (that is not a technical term) bottle that is soft and easy to handle, the neck of the bottle is also shaped so you can place it on the bridge of your nose and squeeze the drops into your eye and not down your cheek. All these products are also suitable for contact lens wearers.**

Good eyelid hygiene is another important consideration. Blepharitis is the name given to inflammation of the eyelid margin, the lids look sore with a red margin and there may be a dandruff-like appearance around the lashes. The tiny glands in the eyelid margin are often blocked or do not function well. This can then lead to Dry Eye and loss of eyelashes. Thea have a range of products to sort this out too. So, if you feel as though you suffer with dry eye, come and talk to us and don't suffer in silence with a dry watery eye!

Annette

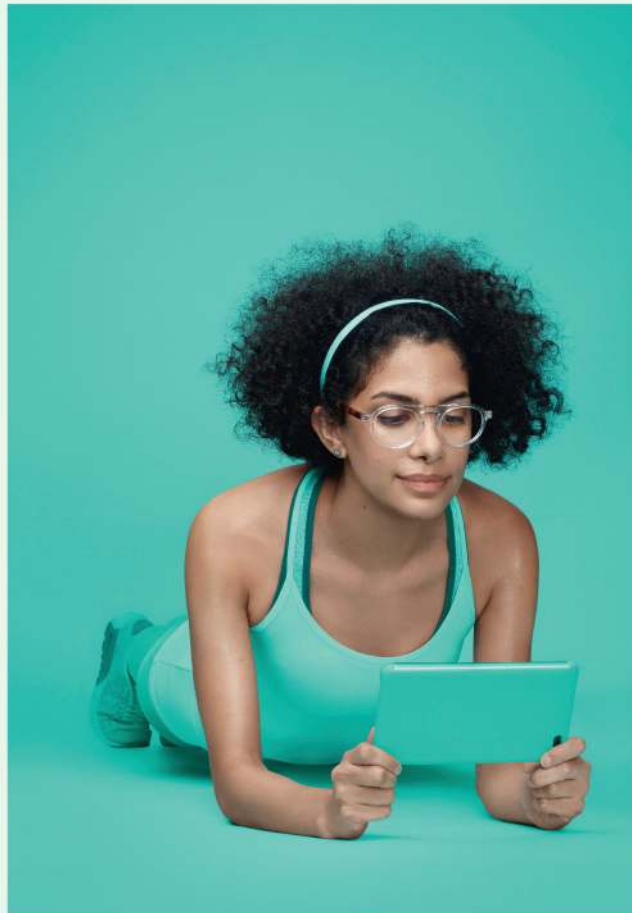


It may surprise you that any of these symptoms may mean you have Chronic Dry Eye (CDE) disease

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THORNHAM VILLAGE NEWS

Thornham Village Cinema and Live by Satellite

Wednesday 18th September: Fisherman's Friends

Ten fisherman from Cornwall are signed by Universal Records and achieve a top ten hit in 2010 with their debut album of sea shanties. A wonderful 'feel good film' from the team that produced "Finding your Feet" Starring Tuppence Middleton, James Purefoy and Daniel Mays

Book your tickets now – Call 0781 802 8687

Tickets £5.00 Bar opens 7PM Film starts 7.30pm

Broadcast Live by Satellite from The Royal Opera House Covent Garden

Our Live by Satellite season begins on Thursday 24th October with Don Pasquale. All details of the new season performances is on our website. Book online at www.thornhamvillagehall.co.uk

Sunday 1st September

Antique & Vintage Fair. A selection of stalls selling antiques, vintage items and homeware 10am–4pm £1 admission charge, under 16s Free

Friday 6th September – Sunday 8th September

Art Exhibition An exhibition of art by local artists 10am – 4pm

Sunday 15th September

The Norfolk Coast AONB Dark Skies Festival

A talk by Simon Gillings from the British Trust for Ornithology on

'Nocmig' – the science of recording migrating birds at night. The Norfolk Coast Dark Skies Festival runs from 6 – 22 September to celebrate the incredibly dark skies of the Norfolk Coast Area of Outstanding Natural Beauty. Time 7.00pm – 9pm Booking is essential – aonb@norfolk.gov.uk or call 01328 850530

20th-22nd September

The Stroke Association Art Exhibition

Showcasing the art work of those who have survived a stroke and who have attended art therapy workshops, and other local artists who are supporters of the charity. There will also be a dog show from 12 noon on Sunday 22nd

Friday 27th September

Swapping is the New Shopping

Would you like to have fun, clear your wardrobe of unwanted items and go home with something new (to you) and gorgeous? then join us for a 'Swishing' event! 5.00 – 8.00pm Entry: £10, to include a glass of prosecco. After this shopping is free!

Soup and Sandwich

The new Soup and Sandwich season begins on Tuesday 1st October. Booking is essential. To book call Carolyn Barrett on 01485 512033

Visit our website www.thornhamvillagehall.co.uk for details of the regular classes at the hall, and information on forthcoming events.

Thornham Cricket Club

We move into late summer full of confidence as our little club grows from strength to strength. Firstly, I would like to thank everyone who has contributed both on and off the pitch with both the juniors and the seniors.

It has been great to see the junior section competing in the softball U9/11 matches, we have grown in strength throughout the summer, with lots of children improving week on week. We have had an influx of juniors at the club since the summer holidays have started as well. So, we are now getting between 20-25 children week in week out, small steps lead to the greatest of journeys.

We are going through to the start of September so if you would like to come and give cricket a go contact Jim Clarke on 07885995414 or thornccinthecommunity@gmail.com.

If you wish to join the seniors, please contact Ron Williamson on 07789276365 or fendt939@sky.com

Seniors

First XI - With 4 games to go we stand in 7th 26 points ahead of the drop zone.

Second XI - With 3 games left we stand 6th with a good solid season with all to play for.

The Sunday team brief summary

On the 21st we hosted Terrington losing the toss and batting we produced our best performance against them reaching 155/9 off 40 overs with contributions all through the card.

In reply we fought bravely bowling and fielding well but despite this the opposition knocked it off with 5 balls remaining.

On the 4th August we travelled to 3rd place Downham bowling first some devastating bowling from Benji Richardson (3-12) and Will Symington 2-16 took the heart out of the Downham line up as they reached 114 all out in the 32nd over

In reply after struggling early doors some good batting from the middle order took us past the finishing line in the 36th over 5 down. With 4 games left we stand 5th with all to play for.

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Action Medical Research for Children the real winners of Heacham Manor Captains Day

Heacham Manor Annual Captains Day took place on 3rd August and raised money for Action Medical Research for Children.

The day was perfect with glorious summer weather and the course in excellent condition. 42 golfers competed in an enjoyable social day.

The main event format was a combined team competition with the best 3 scores out of 4 on each hole counting. An individual stableford was also held in conjunction with the team event.

11 teams competed with the Captains Nick Searle (Mens Captain), Sophie De Winton (Ladies Captain), Steve Eadie (Seniors Captain) teeing off first & hitting pressured drives in-front of the spectating members.

The eventual team winners were Tim King, Georgia Dicks, Stuart Allsop and John Shackcloth with a superb 137 points. The runners up, on countback also on 137 were Tony Thacker, Christine Hughes, Darran Rich and Richard Asker.

The men's individual tournament was won by Chris Watson with an incredible 49 stableford points and Darran Rich took the runners up place on 47 points. Junior member Georgia Dicks won the ladies competition with an excellent 44 points, past Captain Rachel Hodgkinson came 2nd on 38 points.

A raffle with a superb prize table along with golfing fines, purchased mulligans, entry fees and charity Auction, helped raise a total of £1,000 Action Medical Research for Children.



Captains Drive in: Left to right, Steve Eadie, Sophie De Winton, Nick Searle



Winners: Nick Searle, Rachel Hodgkinson, John Shackcloth, Sophie De Winton, Tim King, Georgia Dicks, Stuart Allsop, Darran Rich, Stevie Eadie



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Little sailors take to water for Cadet Week

Sophie Hooker



Snettisham Beach Sailing Club kickstarted their annual Cadet Week on Monday 5th August where children aged between seven to sixteen got to experience all things sailing.

By day the children were playing games and learning how to sail, and by night they took part in quizzes and games, enjoyed a BBQ and disco and the week culminated with an awards presentation, buffet and mud rugby on the Saturday.

Instructor Matt said: "I started a novice and I've gone all the way



up to instructing the race group. We try to improve their sailing and to have a good time with lots of games."

Fellow instructor Connie added: "They're making friends and getting on with each other and a lot are getting over their fears. One of them was terrified of the water, he capsized, and he loved it!"

Snettisham Beach Sailing Club are a RYA Recognised Training Centre with RYA British Youth Sailing Recognised Club status and offer lessons in sailing and power-boating for all ages and abilities.

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The Way Art Cafe

If you have an art or craft that you like to do in company, why not bring it along to The Way Art Cafe, which is currently open on Tuesdays 2-4pm. There are people with painting, knitting, and crochet skills to talk with, and there is always a jigsaw puzzle to help with.

We serve fresh coffee and teas plus scones or biscuits. We don't charge for this but we do accept donations.

A Journey

By Gill Tanner a member of The Way C F Leadership team

Come with me on a journey to the most amazing place, the wellspring of hope for the world. The most graphic example of love without limits. The most perfect demonstration of who God is. Jesus said

"If you have seen me, you have seen the Father". John 14.9

In the book of Hebrews 1.2-3 in the bible we read

"In these last days He has spoken to us by His Son, whom He appointed heir of all things, and through whom he made the universe. The Son is the radiance of God's glory and the exact representation of His being, sustaining all things by His powerful word".

So the one who set the laws of the universe in place, who created this diverse and beautiful earth, who holds the planets on their courses, and designed our DNA, is the Son of God. The bible also says that all things were made by him and for him, and that includes you and me.

Now come to the roman cross at Calvary outside the city wall of Jerusalem. Here we see a man tortured; Isaiah writes that he was more disfigured than any man. He had been flogged, beaten around the head with rods while wearing a mocking crown of thorns, and nailed with large wedge shaped nails to a wooden cross, naked before a jeering crowd, who hurl insults at him as his life is ebbing away.

This ugly scene is actually the greatest demonstration of the love of God. Here the creator, innocent of wrongdoing of any kind, gives his life willingly. He offers himself to be punished in your place and mine, so that we can be forgiven and accepted by God his Father: his death is given in exchange for ours, so we can have eternal life. If we believe in Him and ask God to exchange our guilt for his innocence our soul and spirit will never die, and after our bodies die here we will live with the one who loves us and gave himself for us – forever.

Death could not hold him because death is the wages for sin, and he was totally innocent. He therefore came back to life, opening the way for all who accept him to follow him to eternal life.

This is the good news of the gospel. God did not send Jesus to condemn us, but to save us, because God loves us. The offer is free to all men everywhere. If you want to know more or have someone to pray with there are Christians in all the local churches who would love to help you.



When someone mentions The Salvation Army what is the first thing that pops into your head? There is a certain generation for whom it means a welcome cup of tea when they were in the forces during the war. For others it may be hearing the Army band playing Christmas carols in the snow and for others it may be the 'War Cry' being sold in pubs.

The social work of The Salvation Army is well known, we are the second largest provider of social care in this country after the government and provide drug rehabilitation centres, residential homes for the elderly and accommodation for the homeless amongst other things but all this work stems from our Christian faith.

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by love for God. Its mission is to preach the gospel of Jesus Christ and meet human needs in his name without discrimination.

Your local Salvation Army Corps (church) is in Alma Road, Snettisham. Everyone is welcome at The Salvation Army and you do not need to be a member or wear uniform to join us for Sunday worship or for any of our weekday activities.

On Mondays at 10.30 we have our Cameo Club - we enjoy a range of activities including quizzes, speakers and outings.

On Tuesdays at 10am we have our prayer group and on the last Tuesday of the month this is followed by our Discipleship / Bible study group. Every Tuesday evening at 7pm we hold our Band Practice and if you play a brass instrument you would be most welcome to join us.

Wednesdays at 2pm is our Friendship group - a time to get together over tea and biscuits and enjoy a discussion around everyday things that have a spiritual application.

On the third Wednesday of every month at 7.30 is the Men's Fellowship. There is a different speaker each month or a visit to a place of interest.

Thursdays between 10am and 12 noon is our ever popular coffee morning. Come along and enjoy our homemade cakes, scones, sausage rolls and of course tea and coffee.

Every third Thursday of the month we have a Craft Club between 1pm and 3pm when you can bring your own projects to do whilst enjoying some company and light refreshments.

After a busy week we come together on Sundays at 11am for our Meeting when we spend time in worship. Our meetings are informal, joyful times of praise and worship and our singing is accompanied by our band. The Meeting is followed by tea, coffee and biscuits. You are most welcome to share in worship with us.

On 7th September we have a Piano Half Marathon. John Harris will play the piano for six hours between 10am and 4pm. During this time we will be serving refreshments and there will be competitions based on the tunes John is playing. Come along and stay for as long as you like!

We also have our Community Shop at 60 Westgate Hunstanton. Here we sell a wide range of donated items - clothes, shoes, accessories, books, bric-a-brac, furniture and much more. Pop in and see if you can pick up a bargain!

For more information about Snettisham Salvation Army visit our website www.salvationarmy.org.uk/snettisham.

You can contact us on 01485 579079 or email alison.kirby@salvationarmy.org.uk

Follow us on Facebook 'Snettisham Salvation Army'

I look forward to seeing you at The Salvation Army soon!

Alison Kirby, Corps Leader, Snettisham Salvation Army

What happens at a Christian Science Church Sunday Service?

You may well have passed by a Christian Science church building and not realised that it was actually a church. Our churches come in all shapes and sizes, but the Sunday services are the same format in all our churches throughout the world and comprise of hymns, readings from The Bible, Science and Health with Key to the Scriptures, by Mary Baker Eddy, and the Lord's Prayer. Many of our hymns are universal ones, sung by many Christian denominations, with others written specifically for our hymnal and seven poems by Mary Baker Eddy, set to music. We do not have ordained clergy, but two Readers, who are usually members of the church and are elected by the members to conduct the service. When Mary Baker Eddy formed the Church of Christ Scientist, she eventually settled on 26 subjects for the Bible Sermons, repeated twice a year and are the core part of the service. If you visit a church service in Australia you will hear the same sermon as in a church in France, India or the USA, which brings a unity across our church community. Our services are designed to bring out the healing aspect of the Bible

and especially the teachings of Christ Jesus. To find out more, everyone is welcome to join us on Sunday mornings, but you can also follow a live-streamed service from one of our UK churches at the website below.

Our church services are every Sunday at 11am at Christian Science Society, 10 Queens Drive, Hunstanton, pictured here. We also hold a service on the first Wednesday of each month at noon (Oct-Mar) and 7pm (Apr-Sep) and everyone is most welcome. Free magazines are available from the box outside the church and for more information on Christian Science visit www.spirituality4.me or follow us on Facebook.



sunday 1 september

Theme:

GROWING CHURCH

sunday 8 September

HOLY COMMUNION with

Rev Robert Roberts

sunday 15 september

ALL AGE WORSHIP

with

Barbara Foster

sunday 22 September

10.30 a.m.

Theme:

CARE for CREATION

sunday 29 September

CELEBRATING HARVEST

at 10.30a.m. and 3.00p.m.

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CALLING ALL WALKERS

The coffee and cakes at St. Mary's Church Old Hunstanton will close after 26th September and open again on 16th APRIL 2020.

The team thank everyone for their support this year and look forward to seeing old and new friends again next year.

Julia Mackinder

PLAYCHURCH

St Mary's Church Old Hunstanton 9.30-11.00 Monday (Term times)

Playchurch welcomes children, their families and carers. We offer a gentle way to God through play, music, prayer and refreshments.

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Crossword solution: Across: 1. Realism, 5. Flabed, 9. Conic, 10. Shortfall, 11. Read my lips, 12. Berg, 14. Blandishment, 18. Obfliterating, 21. Iron, 22. Go commando, 25. Indonesia, 26. Norma, 27. Nursery, 28. Enlarge Down: 1. Record, 2. Annual, 3. Incomplete, 4. Mose, 5. Footprint, 6. Alto, 7. Bracelet, 8. Delegate, 13. Phenomenal, 15. Nervously, 16. Bolivian, 17. Old order, 19. Snorer, 20. Dotage, 23. Orate, 24. Kne

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Fun in Sunny Hunny

On Wednesday 7th August we held a Deanery Fun Afternoon around St. Edmund's Church in the middle of Hunstanton. Now, if you're not associated with the Church of England (and even if you are), you may well wonder what an earth a Deanery is. Well, the Church, like a lot of bureaucratic institutions, loves layers of administration – and the Deanery is one of those layers.

Our Deanery is made up of twenty-five parishes and covers a large area. Starting at Hunstanton travel through the parishes along the coast to Burnham Deepdale, where you turn right down through Stanhoe and Bircham to Flitcham and Hillington. There, you turn right again across to Castle Rising before travelling up through Dersingham, Snettisham and Heacham back to Hunstanton. Everything on that line and inside is in our Deanery.

As a group of parishes we are trying to work a bit more closely together to help our churches make their presence felt. We also want to work with other churches in our area and we thought that our Fun Day might be a good opportunity for that. We are very lucky here to have so many dedicated people in our churches who are already doing a lot of different things to help the community, but with our Fun Day we wanted the occasion to be just that – Fun.

It was quite a small event this year. We had a barbecue outside the church on the green. There were fairground games there too and a bookstall and inside the church we had teas and homemade cakes and tables full of craft activities for young people to get on with and enjoy. There was even a Treasure Hunt inside the church that helped people learn a bit more about St. Edmund and win a prize while they did.

But the best thing about the whole day was that everything was free for everyone who came



Photo credit: Bernard Birch

along and took part. The hot dogs – the teas – the games – the craft – everything was free and so, we were pleased to have quite a few youngsters come along with their mums and dads to join us and take part.

Then, at one o'clock we were joined by Crazy Bananas, a local clown who, with Bernard her large rubber duck, entertained the youngsters with some balloon twisting – shaping dogs, spiders and penguins out of balloons for the children to take away. It was a lovely day. The sun shone and the people who came along – both visitors and helpers – had a great time.

We were very lucky to have helpers from Hunstanton and the Saxon Shore parishes along the coast, helpers from Dersingham and the parishes of the Docking Benefice – and it was particularly good to have Sam Abramian and people from the Union Church with us too, so that the day was more than just a St. Edmund's Church day. It was a day for everybody to take part in and enjoy. And after all of the positive things that we heard from all those who visited or helped, we think that we could do with more

Fun Days and so, we'd like to have another one next Summer. So, watch this space and come along – who knows, you may even enjoy yourself.

Mervyn J Futter and Maria

Merv and Maria, Norfolk's Premier Country Duo, are a Father and Daughter duo, who come from a tiny village just outside King's Lynn in Norfolk. Between them they have many years of experience and a real love for entertaining. They present a lively good time show of popular Country, Irish and Sixties music.

Merv or Mervyn J Futter, as he is probably better known, has been a familiar face on the country music scene for many years.

Involved in music nearly all his life, Mervyn joined a Rock and Blues Band in the early 1970s. Then he moved into the Folk Clubs, before joining Spring Fever, a function band, in the late 1970s.

Having opted to follow his love for Country Music, it was in the early 1980s that he decided to go it alone. That was when 'Mervyn J Futter' was launched as a solo act.

Since then he has never looked back and has worked at clubs and festivals all over the UK. His recording of 'You Are No Angel' became a national dance floor favourite.

Mervyn J Futter has written and recorded some beautiful songs. Having built his own recording studio 'The Oasis', he has recorded many albums for busy touring acts.

As a popular compere and stage manager he has been involved in several large music festivals.

Equally popular is his daughter, Maria. Having grown up around the country music scene, she has been involved in country music from an early age. As a singer and bass guitar player she has been working full-time alongside her father since the age of twenty-one.

Having gained a large following, Merv and Maria are Norfolk's Premier Country Music Duo, entertaining and delighting their audiences with relaxing country, Irish and sixties music.

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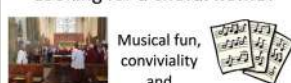
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September diary

- | | | | |
|----|---|-------|---|
| 1 | Docking Walking Group 11am Holkham Park. Meet at village Car Park., Food Fair. * | 19 | Hunstanton Conservative Club Coach trip to Great Yarmouth Races. Leaving the Club at 9.30am |
| 3 | Merchant Navy Fly the Red Ensign at Hunstanton War Memorial, Heritage Gardens 10am | 19 | Guided tours of the grounds and courtyard of Hunstanton Hall. meet at 10.00 or 12.00 outside St Mary's Church, Old Hunstanton PE36 6JS. The church will be open for coffee and cakes from 10.30 to 12.30 Hunstanton Civic Society |
| 3 | Dersingham Village Centre 1pm Friendship Lunch. £5 for a two course lunch, tea and coffee. Booking essential call 01485 540644 | 20 | Docking Walking Group 11am Sandringham meet at Visitor car park* |
| 5 | Stanhoe & Barwick WI. 2pm: Please join us to hear Heather Flint will talk about the traditional craft of smocking. The Reading Room, Cross Lane, Stanhoe PE31 8PS. Pamela (01485 518033) or Valerie (01485 576261) | 20 | Anmer Village Social Club Film Night 8. 00 p.m. FISHERMAN'S FRIENDS – . Anmer Village Social Club Admission by ticket £3 at the door Doors 7.30 p.m. |
| 6 | Docking Walking Group 11am Leziate Lakes meet at Leziate Village Hall PE32 1EN * | 20-22 | STROKEart exhibition at Thornham Village Hall 10am-5pm |
| 7 | Piano Half Marathon at The Salvation Army, Alma Road, Snettisham 10am-4pm. Free entry. Donations for the work of The Salvation Army. Refreshments available all day. | 21 | Heacham Heritage Exhibition, Heacham Public Hall 10am-4pm Free |
| 7 | Hunstanton Music Festival 12 noon-7pm The Green, Hunstanton. Free. | 21 | Hare Fair at St Mary's Church Docking 10am-4pm |
| 7 | Hunstanton Conservative Club entertainment: Music with Rick Roberts from 8.30pm | 21 | 7.00pm Organ Recital with William Moss. A variety of classical and lighter pieces. To be held at St Mary's Church, Old Hunstanton £7.50 including interval refreshment. |
| 10 | Docking Walking Group 5pm Courtyard Farm & Ringstead meet 1km east of village on Burnham Road * | 21 | Live Music with Felix Simpson at The Lodge, Old Hunstanton. Back by popular demand, acoustic singer & songwriter Felix Simpson will be playing live at The Lodge from 8pm. Why not start the evening off with a meal? Grab a Pizza and a Pint** or if you prefer Pasta and a glass of Pinot Grigio for only £12.50. Available from 6pm-8pm only. Book a table to avoid disappointment on 01485 532896 or email info@thelodgehunstanton.co.uk **Select from Carling, Aspell or Lodge IPA |
| 10 | Dersingham Village Centre: Village Voice Monthly Talk 7.30pm £5 includes refreshments | 21 | Hunstanton Conservative Club entertainment: Music with Mike Fox from 8.30pm |
| 12 | Guided tours of the grounds and courtyard of Hunstanton Hall. meet at 10.00 or 12.00 outside St Mary's Church, Old Hunstanton PE36 6JS. The church will be open for coffee and cakes from 10.30 to 12.30 Hunstanton Civic Society Heritage Open Day | 22 | Harvest Fun at St Mary's Old Hunstanton 3.30pm |
| 12 | An Evening With Pen Farthing founder of Nowzad at Hunstanton Town Hall 7.30pm Tickets £10 - Hunstanton Tourist Information Centre or T: 07970 939607. | 24 | Docking Walking Group 5pm Holme & Peddars Way meet at White Horse PH * |
| 13 | Guided tours of Hunstanton Lighthouse dungeon and tower PE36 6EL at half hour intervals from 11.00 to 14.00. Hunstanton Civic Society Heritage Open Day. Booking essential 01485 532376 or by e-mail at andrew.murray1942@gmail.com | 24 | Dersingham Village Cinema 7:30pm at Dersingham Village Centre showing Stan & Ollie; pre film supper available at 6pm; booking essential, call 01485 540644; £10 including supper, £5 for film, tea/coffee. Licensed Bar available. |
| 13 | Amalthea Duo concert at St Mary's Snettisham Parish Church at 7pm. This is a joint promotion by Friends of St Mary's and Classical Music Rocks. | 25 | Snettisham Common presentation at Snettisham Methodist Church 7pm with Norfolk Wildlife Trust and the RSPB. Entrance Free includes refreshments. |
| 14 | Concert at St Edmund's Hunstanton: Mervyn J Futter and Maria Country singers 7pm £5 incl refreshments. Proceeds for church restoration. | 26 | NWT talk Looking for the Goshawk – the Lost Raptor 7.30pm Methodist Church Hall Austin St, Hunstanton. £2.50 members £3 visitors |
| 14 | Hunstanton Conservative Club entertainment: Dancing to Steve Perry from 8.30pm | 27 | Dersingham Village Centre: Social Tea Dance 2:30- 4:30pm; £5 includes tea & cake; for information call 07707 832295 |
| 15 | Docking Walking Group 11am Castle Acre and Nar Valley Way meet at Castle car park Pye's Lane PE32 2XB* | 27 | 6.00pm Harvest Social in the St Mary's Church, Old Hunstanton. |
| 15 | An evening of Country Music with Paul Wright (Fool's Gold) at Snettisham Memorial Hall 7pm £7 BYO refreshments. | 28 | Syderstone Village Cinema with the support of Creative Arts East presents FISHERMAN'S FRIENDS. Amy Robsart Village Hall Syderstone PE31 8SD 7.30pm £3.50 Tel. 01485 578171 or 01485 578244 |
| 16 | Guided tours around part of the former Infant School, James Street PE36 5HE at half hourly intervals from 10.00 to 13.00 Hunstanton Civic Society Heritage Open Day. Booking essential 01485 532376 or by e-mail at andrew.murray1942@gmail.com | 29 | RAF Bircham Newton Open Day 10am-4pm The Heritage Centre at Bircham Newton |
| 16 | U3A meeting 2.00 pm Hunstanton Community Centre - speaker Bernard Lockett on The Social and Political comments of Gilbert & Sullivan | 29 | Docking Walking Group 11am Brancaster Staithe – Barrow Common & coast path meet at The Jolly Sailor PH* |
| 17 | Dersingham Village Centre 1pm Friendship Lunch. £5 for a two course lunch, tea and coffee. Booking essential call 01485 540644 | 29 | An evening of Country Music with Ryan Pailling at Snettisham Memorial Hall 7pm £7 BYO refreshments. |
| 18 | Hunstanton Civic Society film: 'A Plastic Ocean' is to be shown in partnership with Refill Hunstanton. 7.30pm £1 members £4 visitors | 29 | Dersingham Evening WI Autumn Fair St. Cecelia's Church Hall, Mountbatten Road, Dersingham, 10.0 a.m. – 2.0 p.m. |
| 18 | Thornham Village Cinema Fisherman's Friends. 7.30 £5 Thornham village Hall bar opens at 7pm | 30 | Heacham History Group, Old Friends Hall, Sunnyside Close, Heacham, PE31 7DU. 7.30pm. "The Lost Coast of Norfolk" Speaker Neil Storey. Admission £3 (Members £2) including refreshments. Everyone is Welcome. |

* Phone numbers for the Docking Walking Group are: Helena Aldis 07769 850965 and Mike Rogers 07765 571313

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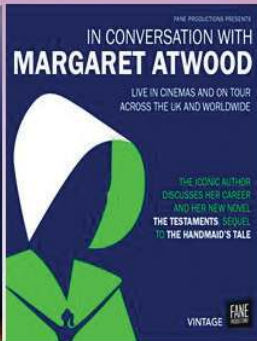
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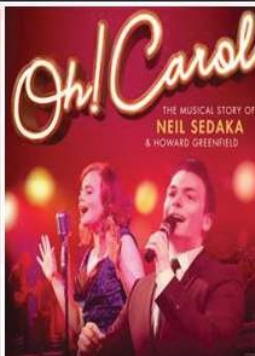
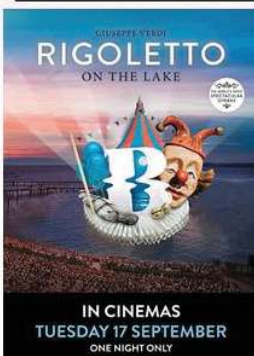
Tuesday 3rd

Thursday 5th

Tuesday 10th

Thursday 12th

Saturday 14th



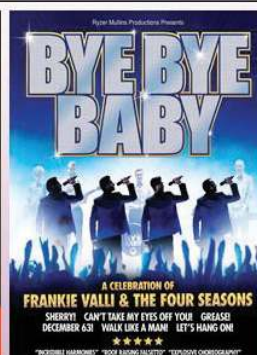
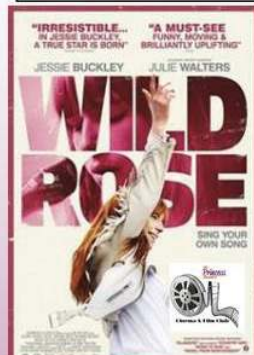
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