

TOWN and AROUND

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First word



The nights are drawing in and we are officially in Autumn. British Summer Time ends at 2am on 27th so at bedtime on 26th it's time to put you clocks back and enjoy an extra hour in bed in the morning.

On page 6 you'll find the story of the oldest bell in Norfolk being replaced by the new Coronation Bell. I attended the two days of events at Heacham Church and they were both exciting and very interesting. Ian Burt took some super photos with his regular

cameras and a drone.

Talking of Ian's photos, do you recognise the Dame on the cover? This year marks Mervyn's 55th Panto season and he'll be driving the electric car pictured, which is being sponsored by one of our advertisers, Thurlow Nunn. Turn to page 31 for details of the competition to win tickets to the pantomime - just by spotting the car and sending us a photo of it!

My thanks as always to everyone who has supplied information, articles and photos for this edition and our advertisers, the income from whom pays for the pages we print.

I had so much to fit in this issue that there wasn't space for everything, but those items will be published on our website along with the full events diary for October - an abbreviated 'Editor's pick' appears on page 58.

Elaine

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Call to revoke the Environmental permit for the Wisbech Incinerator

The incinerator will be metres from Norfolk, and the prevailing wind is over West Norfolk's largest conurbation. In this article Michael de Whalley expresses serious doubts over safety and need.

The Wisbech waste incinerator now has the planning permission that it needs to be built and the permit it needs to be switched on once it is built. You can thank the Planning Inspectorate and the Tory Minister for Energy and Net Zero for the planning approval and the Environment Agency for the permit. So, we are all set for 600,000 tons of waste to be burnt each year for 40 years in a site in Cambridgeshire so close to the West Norfolk border that the emissions will only start to touch the ground inside our territory.

"Ah," I hear you say, "we have to do something with the waste we can't recycle, we must not landfill it, so let's burn it and make some useful electricity while we are about it. As for pollution, if it was dangerous then the Planning Inspectorate, Minister of State and the Environment Agency would not allow such a thing." Well, you would be wrong on all these points and maybe some others as well. Let's have a look at a couple of them.

An incinerator's primary function is as a waste disposal facility, this is accepted to be the case technically and in law. The Governments own analysis by DEFRA show that much of what is being burnt in incinerators is in fact recyclable. All UK Governments are committed to trying to maximise the amount of recycling that we can achieve, and demanding targets have been set that are on the way to being well and truly missed. Further analysis shows that Councils that have contracts to feed incinerators have far worse recycling rates than those who do not. Most disturbing of all is that in 2019 the UK incinerator capacity started to exceed the total available non-recyclable waste. So what are they burning to make up the shortfall? Yes you, guessed it, recyclable waste! Even so, we are building, planning and gaining consent for even more and larger incinerators. Well not everyone is, Scotland and Wales will not allow additional incinerator capacity. The EU are pulling financial support and encouragement for incineration. Is it a surprise that the earlier (failed) attempt to place an incinerator in King's Lynn was in

partnership with a US company and that the Wisbech incinerator parent company is German, both these countries have turned their backs on incineration; so hey let's play overseas. Let's burn recyclable materials in an area at or below sea level, producing vast amounts of CO2 to warm the atmosphere and raise sea levels. What could possibly go wrong?

Now here is a thought. What is going to fuel the fires in the Wisbech incinerator or as some have described it the 'bonfire in a building?' It can't just be non-recyclable waste as there is not enough of it to go around. The Environment Agency will clearly state the general types of material that it will be allowed to burn and, in some cases, even the specific items. However, who is to know? Waste is put into black bins which are collected without inspection, compressed in a truck, transferred into larger vehicles, again without inspection, and delivered in bulk to the incinerator. At the gate the weight and a residual (non-recyclable) waste ticket is handed over by the driver and the waste is dumped into a storage hopper. There are no inspection facilities and indeed the only person who may glimpse part of the waste is the crane hoist grab operator who loads it into the furnace. So, every day for 40 years, over 1,500 tons of waste will go up in flames and up the chimney in Wisbech and there could be almost anything in it. Make no mistake, there may be sufficient, stupid and or criminal persons in our fair County who may put things in their bins that are well outside the



Michael de Whalley

Environment Agency permitted materials list. The odd body may not give rise to significant pollution but many chemicals (expensive to get rid of properly), electronic components etc. may well add to the interesting chemical fallout across West Norfolk. Maybe that's why the Environment Agency want the Wisbech incinerator operator to test the soil after 10 years. Do they know something about this 'safe' incinerator we don't, despite having given it a permit? Remember, that permit is only issued if the Agency is convinced that the incinerator is going to be safe!

Anyway, just remember the operators of the Wisbech incinerator have repeatedly said they are 'going to be good neighbours.' So that's all right then, breathe easy.

In the meantime, please write to your MP asking them to push for the permit to be revoked.

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Ancient bell tolls for last time before the new Coronation bell is installed

Ten years in the planning and eight months in the execution, the church and community project makes history

A church bell that has called people to worship for almost nine centuries was lowered to the ground at St Mary the Virgin Heacham at 10.17 on 10th September.



A large crowd had gathered from just before 10am to witness the historic event and the children from Heacham Infant and Junior schools whooped with delight as the oldest bell in Norfolk appeared on the scaffolding and was attached to the hoist.



Before the 85kg bell was lowered to the ground it was rung three times by one of the team from Matthew Higby & Company, the specialist bell hangers from Somerset.



Revd. Veronica Wilson with the old bell and Isla and Delilah from Heacham Infant School's Year 1 Kingfishers Class

Lay Minister Penny Sutton said that this was the first time the bell had been heard for some forty years. The bell was taken into the church will be on permanent display. Its replacement, the new Heacham Coronation Bell (commemorating the Coronation of King Charles III), was delivered soon after the bell had been lowered.

The Norfolk Trefoils supplied refreshments for everyone. Mary Harpley said: "We come every month to do the coffee mornings and when we heard about the new bell we wanted to be involved."



From left: Robert Pritchard, Neil Thomas, Rev'd Veronica Wilson, Chris Wright & Terry Clay

The two bells were put on display together in the church for the day and a thanksgiving service and blessing of the bell and cupola by the Rt Rev'd Dr Jane Steed, Bishop of Lynn, took place at 5pm.



The new Coronation Bell, cast in bronze using traditional techniques in Italy at the Allancoini Foundry in Bolzone (about 50k south-east of Milan), was lifted up the tower and placed in the specially restored cupola which is a replica of the old one with improvements in the oak and stainless-steel structure on a wild and windy 11th September.



It is tuned to the note of A (old concert pitch A = 435 Hz) and will be sounded by an electromagnetic hammer mounted inside the bell controlled by a box mounted in the vestry.

It is believed that the Heacham Coronation Bell is one of four bells cast to commemorate

the Coronation, two are hung in Oxfordshire and the fourth bell is to be hung in a church in Wiltshire.



The project was funded by donations from the local community.

The Vicar of Heacham, Revd. Veronica Wilson, said: "They say it takes a village to raise a child – it takes a community to complete a project like this; so many people have been involved and the church and community has come together to achieve something historic and very special."

With thanks to our photographer Ian Burt who also climbed the tower to capture these images.





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Hunstanton couple celebrate momentous milestone

75 years together!

A play performed on Friday 14th December 1945, that had been one of the biggest West End and Broadway hits of the 1920s, was a turning point for two young people.

James Skinner had just come off stage, having played the male lead in Sutton Vane's *Outward Bound*, when he spotted his friend Colin who was accompanied by his cousin Joy. A Christmas Party had been arranged and Colin thought Joy would be the perfect date for James. He was right!

Joy worked in London as a manicurist where she was apprenticed to her Uncle Fred, the proprietor of a hairdressing salon at the Piccadilly Hotel. She met many of her uncle's celebrity clients including film stars of the day, radio and music hall stars, and people in government including Arthur Greenwood, former Deputy Leader of the Labour Party.

She recalls rushing to catch her train home from Paddington one evening and taking an empty seat in the compartment. The man next to her offered her his paper and turning towards him she found herself staring at the very handsome film star David Niven in his Army Major's uniform.

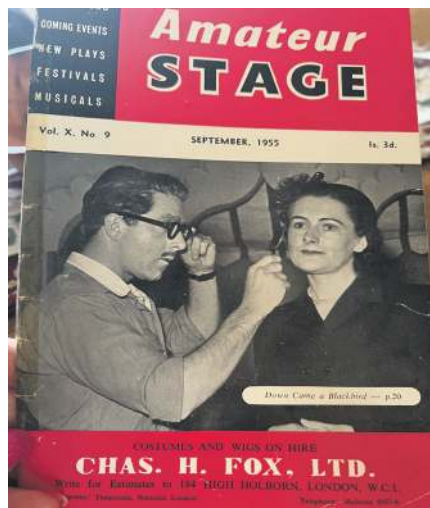
Called up on his 18th Birthday in 1946, James was a pay clerk in the RAF looking after the pay from Warrant Officer downwards.

James and Joy were married on Joy's twenty-first birthday, 17th September 1949, at Our Lady of Lourdes and St Michael's Church in Uxbridge. Joy's dress came from Oxford Street, and she carried a beautiful bouquet of red carnations. James' sister Diana was bridesmaid, and his friend Derek Fitzgibbon was best man. Children followed with Sue in 1957 and Lisa completing the family in 1961. They now have a granddaughter and two great grandchildren.

There are two great loves in James' life, Joy and theatre. He has written numerous articles for the *Best of British* magazine, published nine books, and appeared on the cover of 'Amateur Stage' magazine in 1955. He has performed in and directed ninety-three amateur productions spanning over sixty



James and Joy Skinner



years. Joy has joined James on stage three times but says it wasn't really for her.

Amongst James' professional credits are working as an extra in the *Great Gatsby*, *The Innocent Sleep*, several advertising and industrial films, a Midland Bank commercial and stage production of *The Caine Mutiny Court Martial*.

The couple moved to Hunstanton in 2005, and James joined the Princess Theatre Club appearing in *Cash on Delivery* in 2007 and directing *There Goes the Bride* in 2008.

David Young is providing the music for their party on 20th September when the couple celebrate with friends and family. And a card from the King and Queen will be on display!

Asked what their secret was for seventy-five years of marriage, Joy replied: "It could be that we love each other."



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The Leasehold and Freehold Reform Act 2024: Good news for Leaseholders

By John Perry, Solicitor, Hayes + Storr

Recent legislation in the form of the Leasehold and Freehold Reform Act 2024 (the Act) became law on 24th May 2024, having received Royal Assent. The new legislation is set to significantly improve the position for homeowners in England and Wales and aims to address the perceived imbalance and unfairness in the relationship between leaseholders and their landlords.

While certain provisions in the Act relating to building safety take effect from 24th July 2024, those relating to leases are to be rolled out later through secondary legislation. As the Act introduces changes across a vast area of property law, this article summarises the changes affecting long residential leases.

First, a brief explanation on land ownership. Freehold tenure is the outright ownership of land for unlimited time and all immovable structures attached to such land. Leasehold tenure is the holding of land from the freehold owner for a fixed number of years (the term) on payment of rent. A freeholder owner of land who has leased land is known as the landlord.

When the lease term expires, the lease comes to an end and the property returns to the landlord. As the lease term reduces, value in the property diminishes for the leaseholder and increases for the landlord. Previous legislation has made it possible for a

leaseholder to extend the term by submitting to the landlord a claim for a new lease. The right to claim a new lease is subject to the leaseholder having owned the property for a minimum of two years. The leaseholder must compensate the landlord for their loss by paying a premium and is obliged to pay the landlord's legal and surveyor's costs (in addition to their own).

The Act abolishes the previous two years ownership requirement and increases the length of time by which a lease can be extended from the current 50 years (for houses), and 90 years (for flats), to 990 years. In essence, this transfers the value in the property from the landlord to the leaseholder. In calculating the premium payable by the leaseholder to the landlord, the Act removes what is termed 'marriage value' thus making the process significantly cheaper for the leaseholder. A new costs regime will mean each party bears their own costs.

It is the practice of some developers to grant leases for houses, where the tenure could well have been freehold. The Act introduces a ban on new leasehold houses and the right for existing leasehold house owners to reduce their ground rent to a peppercorn (nominal sum). This will bring houses into line with flats, where lease extensions must be at a peppercorn rent.



The Act is subject to certain exceptions (e.g. shared ownership leases) but does much to enhance the rights of homeowners when dealing with landlords (to include their management companies). While commencement dates to implement the Act are awaited, leaseholders can take comfort from the King's Speech of 17th July which sets out the intention of the Government to implement the provisions.

If you would like more information, contact John Perry in our residential property team on 01328 863231 or email john.perry@hayes-storr.com.

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Lord Taverners Christmas Lunch

Tuesday 3 December at Briarfields

The Lord's Taverners (North Norfolk region) will be hosting their annual fun filled day of Christmas shopping and a festive lunch at Briarfields Hotel, Titchwell on Tuesday 3 December 2024

There will be an array of stalls from local businesses. Shop till you drop, then relax over lunch!

Tickets £45 include a welcome glass of fizz on arrival, two-course Christmas Lunch, coffee or tea & festive treats. The day starts at 11.00am with shopping, lunch is at 1pm (during which the shops will be closed) and carriages will be at 4.30pm.

The Lord's Taverners is a charity which offers a range of opportunities for disabled children to engage in sport and recreational activities in their local communities.

For more information and to book your tickets, please contact Kathy Chalk on 07875 186954 or kchalk1@gmail.com.

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Win a delicious afternoon tea for two (worth £19.95 pp, total £39.90) courtesy of Berni Beans.

QUESTION: When the World Snooker Rankings were introduced in 1976/77, Ray Reardon was the first player to be ranked number one. Which player de-throned him?

ANSWERS TO: editor@townandaround.net or by post to:

The Editor, Town & Around, 18 Tapping Close, Snettisham PE31 7FF Please note we do not accept entries by any social media channels or text message. CLOSING DATE 15.10.2024.

The answer to last month's question was Howard Wilkinson (Leeds United, 1992) and Sharon Hayden from King's Lynn was the lucky winner.

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TOP 5 SELF ASSESSMENT MYTHS - DEBUNKED

By Kathryn Gigg Chartered Accountants, Hunstanton

HMRC regularly publish documents which are intended to be helpful to the taxpayer, and in late August one was issued entitled "Need to register for Self-Assessment? Top 5 myths – debunked". The myths are:

"HMRC hasn't been in touch, so I don't need to file a tax return."

"I have to pay the tax at the same time as filing my return."

"I don't owe any tax, so I don't need to file a return."

"HMRC will take me out of Self-Assessment if I no longer need to file a return".

"HMRC has launched a crackdown on people selling their possessions online and now I will have to file a Self-Assessment return and pay tax on the items I sold after clearing out the attic."

The help sheet then goes on to clarify that the taxpayer is primarily responsible for advising HMRC when self-employment starts and ends, when there is untaxed income over £2500 and when income exceeds £50,000 and the High Income Child Benefit becomes due. Tax is payable on 31 January following the end of the tax year (and also 31 July if payments on accounts are due) irrespective of when a return is filed. Once a taxpayer is within Self-Assessment (SA), returns will continue to be required until such time as HMRC advise (either at the taxpayer's request or of their own volition) that the taxpayer has been removed from SA.

So far so good. Sadly, the position is not always as straightforward as it sounds, HMRC are indeed actively trying to reduce the number of taxpayers within SA and have recently removed those who earn under £150,000 but have little other income. The rationale behind this is, presumably, that HMRC will have received details of most sources of untaxed income direct from the payers and such income will be picked up and taxed via the PAYE coding system. However, the new



policy seems to open up huge possibilities for over or underpayment, in several different ways:

- the higher rate relief on gift aid and private pension contributions will still need to be claimed
- even if UK bank interest is accurately supplied to HMRC and matched to the individual taxpayer, HMRC will not know about private or offshore interest which will still need to be declared
- with the reduction in the tax-free dividend allowance announced in the 2022 budget many more individuals will need to declare and pay tax on dividends from listed shares. Even if such information could be supplied to HMRC by listed companies and investment managers/brokers (and is accurately matched) establishing a mechanism for HMRC to pick up private company dividends would also have to be considered.

Finally, there is the matter of the last myth: HMRC are indeed receiving increasing amounts of data on sales via the likes of eBay and Facebook. Those who are actively "trading" (buying and selling with a view to profit) on these marketplaces do need to keep proper records and register for SA if turnover exceeds £1000 a year – however, where the arrangements are purely domestic "decluttering", there is no tax liability.

In recent months we have seen a number of cases where taxpayers have been removed for SA despite having other sources of income which require declaration, but HMRC have refused to reinstate them on the basis that such income will be picked up and collected by coding notices. They seem to find it hard to understand that levels of untaxed income will vary from year to year, often quite considerably as interest rates change and accounts are opened and closed.

In conclusion, it must always be worth instructing a suitably qualified professional to have matters checked, even if to you, on a first look, a Return is apparently not needed. This will avoid accidental under or over payments and will also give the opportunity to discuss personal tax matters generally, including the looming burden of Inheritance Tax which is likely to affect growing numbers in the next few years.

If you require any tax advice, whether personal or business, please contact us at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk.

N.B. Article written in August 2024

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Hunstanton Lifeboat Station

You don't often see three lifeboats and a hovercraft exercising off Hunstanton. Our own fast inshore lifeboat Spirit of West Norfolk and RNLI relief hovercraft Samburgh were joined on Sunday, September 8 by vessels from our two flanking stations.

Shannon Class lifeboats Duke of Edinburgh from Wells and Joel and April Grunnill from Skegness lined up alongside us for manoeuvres.

We all took part in a familiarisation exercise, where crews find out more about each other's vessels and their capabilities by getting on board their colleagues' craft as they are put through their paces.



They made for an impressive sight as they set off along the Prom, before returning for a display off Old Hunstanton, showcasing some of the RNLI's assets which help keep people safe around The Wash and parts of the Norfolk and Lincolnshire coastline.

It was part of a special Emergency Services day organised by our visits team, which was attended by the police, ambulance service, HM Coastguard, National Coastwatch Institution and British Divers Marine Life Rescue - along with the amazing Peterborough Volunteer Fire Brigade, the only one of its kind in the country.

We've had our share of launches in recent weeks, with "shouts" ranging from rescuing paddleboarders in difficulty and people cut off by the tide, to taking part in multi-agency operations where we were tasked to assist.

We're ready to launch 24/7, 365 days a year whenever our pagers sound, with our lifeboat and hovercraft kept at constant readiness to help anyone in danger, backed up by all those who help to keep our busy station ship-shape.

Helm Jon Butler swapped our lifeboat and hovercraft to skipper a 74ft yacht called Donald Searle, operated by charity the Rona Sailing Project in August.

Jon's crew were one of 13 which raced from Guernsey to Poole, where the RNLI is based, to celebrate the 200th anniversary.

More than 160 young people took part, with Jon's boat coming home in second place.

Jon has been involved with Rona since he was 17. He said any young people who would like experience in offshore sailing can contact him via the lifeboat station.

We couldn't have ended our summer on a higher note than the RNLI 200 Fest hosted by our friends at the Golden Lion.



It's been a special year for us in so many ways - along with the charity that saves lives at sea, which we all volunteer for, in its bicentenary.

Seeing so many friends and supporters enjoying themselves in the sunshine was definitely one of the highlights.

Thanks to everyone who helped make it such a memorable event, from management and staff at the Golden Lion to the bands and singers who entertained us. Then there were our crew members who not only organised the event, but also sang a couple of numbers they'd penned themselves to rapturous applause. And last, but not least thanks to everyone who came along to support us. We couldn't do what we do without people like you.

Summer might be over, but we'll be training every Sunday morning through the autumn and winter.

If you'd like to find out more about our work and how you could join us, pop along and see us or e-mail hunstanton@rnli.org.uk.

Stay Safe, Respect the Sea, Hunstanton RNLI

Images: RNLI/Chris Bishop





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Wild in Westminster and West Norfolk

A few weeks ago, I was enjoying a walk on Old Hunstanton beach before watching the kite surfers displaying their skills. Now as the summer ends and autumn is upon us it is disappointing to have to express my extreme disappointment at the new Labour government's decision to scrap Winter Fuel Payments for anyone not in receipt of Pension credit or means-tested benefits.

That will mean 22,000 people living in North West Norfolk will need much needed support to help heat their homes – 89.5 per cent of people who currently receive the payments. This move comes with no notice.

My advice is that one way to keep the payment is to apply for Pension Credit and around 1,500 people locally are entitled but do not claim it. So please do encourage anyone you think may qualify for Pension Credit to apply as soon as possible at gov.uk/pension-credit or freephone 0800 99 1234. AgeUK can also provide advice on any other potential support or help that may be available.

There's an argument that can be made that



the payments should be more limited and not go to every pensioners whatever their income.

Sadly the government has not taken that approach and instead is simply taking it from 10 million pensioners. However, AgeUK has said that around 2.5 million pensioners who badly need the money to stay warm in the winter will not receive it.

Even worse is that the government is doing this at a time when energy bills are going up

by 10 per cent on average - £150. That is only for electricity and gas prices that are capped, unlike heating oil for example. This is a terrible double whammy. While it is welcome the government is continuing the Triple Lock that money will come after the winter so doesn't help now.

At the time of writing, the government shows no sign of changing course or putting in place support for people with an income just over the Pension Credit threshold of around £13,000. Along with other MPs I will continue to push them to change this unfair policy and do the decent thing.

I have to say the speed of this decision contrasts with the dither and delay on the new hospitals programme review Labour launched two months ago. A review of the programme despite them pledging at the election to build a new QEH.

The Prime Minister has said RAAC hospitals like QEH were a priority and I will hold him and his government to the promise they made and commit to a new QEH by 2030.

Docking Playing Field new facilities - Grand Opening Day 8th September 2024

Simon Walton

On Sunday 8th September the Docking Playing Field Management Committee (DPFMC) invited the community of Docking to celebrate the opening of their refurbished pavilion and new MUGA (multi use games area) / tennis court on Bradmere Lane.

Blessed with some amazing weather, the community turned out in their hundreds to enjoy food, fun, music, good company and fresh air galore.

The renovations to the Docking playing field pavilion and the development of an upgraded MUGA / tennis court was made possible through the support of a range of local funds, charities and donations. Thanks go to Kings Lynn and North West Norfolk Borough Council who through their S106 funds helped us get our pavilion project started, followed by the Norfolk Community Foundation Grant Fund which helped bring the MUGA into reality. Lots of thanks also go to Chiplow Wind Farm Fund, Love Norfolk Grant Fund, Sports England, Freebridge Community Housing Funds and to our loyal and generous sponsors; Jacks Lane Wind Farm and Lugden Hill charity, without whom the community of Docking would not be able to enjoy these fabulous new facilities. The DPFMC also wished to thank all the local members of the community who 'sponsored a plank' and attended our fund raising event - 'Race Night', in the village hall. Without all of this fabulous support we would have never have made it to our 'grand opening'!

But celebrate we did! It was an excellent afternoon full of community spirit and enjoyment for all those who came along.

The proceedings were kindly opened and ribbon cut by Cllr Simon Ring, Deputy Leader of Kings Lynn and West Norfolk Borough Council. Other sponsors were invited to attend, in order to be personally thanked by the committee. The MUGA was open to use, a bouncy castle kept the youngsters busy, there were burgers from Crafty Burgers, the Railway Inn – Docking's local pub, provided a bar for all, This was complemented with some great music from the Castaway Crew - a local sea shanty singing group. A friendly rounders match got both adults and youngsters busy, whilst many just enjoyed the fabulous sunshine on a glorious, sunny Norfolk afternoon. There were two raffles with grand prizes of a helicopter flight along the North Norfolk coast, a food voucher for the Nest Farmhouse in Docking, and many, many more.

The Docking Playing Field Management Committee would like to thank everyone who attended the opening day celebrations and the many, many people who have supported their work in creating these excellent

facilities for the community of Docking and beyond. It is hoped to further develop the Docking playing field facilities in the years ahead, and the committee look forward to new projects and ideas in the months and years ahead.



Sunshine and fun as the village community enjoyed the opening day alongside the newly renovated pavilion.



The Docking Playing Field Management Committee with Councillor Simon Ring (third from left) after the ribbon cutting.



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Bespoke Jeweller sparkles in Hunstanton

Angus Law had a career in stockbroking before he moved to the Birmingham Mint where he progressed from coins to cufflinks and ended up making jewellery for Bond Street companies.

With his wife Emma, who also works in the Radiology Department at the QEH, and their two children, they moved to Hunstanton in May and opened their shop in the seaside town this summer.



Their shop is different from other jewellers in that they make everything they sell in addition to repairing and re-purposing pieces. Their prices start at £15 and go as high as you want!

Angus has always been creative, and he loves making bespoke pieces. "Each stone and each job is different," he says.

"For new bespoke items we start by asking the client what they like, look at sketches, images and different stones then make a drawing of what the finished piece will look



like; we also have a 3D printer and can make up something for them to try on before committing to the final design."

The workshop can be viewed from the shop through the glass partition, and it is here that Angus completes all the processes to create the bespoke item.

Angus continued: "Repairing and re-purposing sentimental pieces is a rewarding occupation, something that is unsuitable or partially damaged can be taken apart and made into one or more new pieces, and it is even more special when the item has been

passed down through the family."

Emma does all the design and drawing for the silver necklaces and earrings, and she says, "if we haven't got what you want, we can make it for you."

Since the shop opened they have completed over a hundred repairs to broken jewellery and found the demand for larger, easier clasps for necklaces so high they have ensured there's plenty of stock.

The shop is open Monday to Saturday from 10am-4pm and can be found at 46b Westgate, Hunstanton.

A blooming marvellous result for West Norfolk

The public open space teams at the borough council are celebrating with several trophies and certificates. Six counties across East Anglia took part in the campaign, over 100 people attended the awards ceremony that took place in Carnegie Hall, Theford, on Friday 6th September.

This year King's Lynn was judged virtually, with no in-person visits from the judges, and picked up a trophy and gold award for Best Public Park for The Walks and a special award to celebrate 60 years of Britain in Bloom for the fountain flower display. Mintlyn won the category for Best Crematorium and Cemetery, and the Minster and the Wenss Chop and Ale House won silver gilt awards.

Elsewhere in King's Lynn, Goodwins Hall scooped a gold award and category winner for nursing or care home category, Gaywood Valley Conservation Group were celebrating a silver certificate for Nature Conservation Area.

The public open space team also celebrated with a trophy for the best coastal award in Hunstanton. Downham Market won a gold in the town category too.

The full list of west Norfolk results:

Full Face-to-face Judging

Coastal - Hunstanton - Gold and CATEGORY

WINNER

Town - Downham Market - Gold

Kings Lynn Virtual Entries

Public Park - The Walks - Gold and CATEGORY WINNER

Public Park - Tower Gardens - Silver Gilt

Special 60th Anniversary Feature for Britain in Bloom - The Walk Fountain awarded Gold and JOINT CATEGORY WINNER with Huntingdon

Care Home/ Nursing Home - Goodwins Hall - Gold and CATEGORY WINNER

Cemeteries/Crematoria/graveyards and burial grounds - Mintlyn Crem - Silver and CATEGORY WINNER

Churchyards - The Minster - Silver Gilt

Pub/Restaurant/Hotel - The Wenss - Silver Gilt

Nature Conservation Area - Salters Sanctuary (Gaywood Valley Conservation Group) - Silver

South Wootton in Bloom Virtual Entry

Public Park - Wootton Park - Gold

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Hunstanton Eyecare

Perhaps it's the weather, but just recently we have had several folks suffering from minor eyelid conditions, most commonly, styes. This prompted me to say a few words about the importance of eyelid health, and what remedies we have available in the practice.

The front surface of our eyes, the cornea, is kept clean and moist by the tear film. Although you may think tears are just salty water, the "tear-film" is actually a multi-layered oily structure to prevent evaporation of the tears, it's job is to protect and nourish the cornea and subsequently maintain good vision. With every blink fresh tears are washed over the cornea to provide essential nutrients and remove unwanted particles, so yes we need to keep those windows clean! When the tear-film is compromised problems such as dry eye gives rise to discomfort, irritation, red sore eyes and ultimately poorer vision. The oily substance is produced by the meibomian glands on the edge of the eyelid, and these tiny glands can often become blocked, especially if we have been rather over enthusiastic with the mascara or applied some false eyelashes with a dollop of glue. Therefore, the oil is not released, tears evaporate, the eye becomes irritated so over-produces more tears that run down your face. So Dry Eye often equals wet face! Blocked glands can harbour bacteria that builds up into the infection we know as a stye or Chalazion to give it the proper name. Blepharitis is a common condition of the lid margin which becomes inflamed, red and itchy, debris is often found on the lids and even tiny bugs, a condition known as Demodex, so we certainly want to evict those little creatures.

A daily eyecare regime is required to keep eyelids healthy. I have heard recommendation of a warm flannel and baby shampoo, but let's face it, that is really old hat and rather messy. Think of Heat, Cleanse and Hydrate. First the heat, a Heat Mask is popped in the microwave for just 25 seconds, the beads in the mask hold the heat for several minutes, time for your relaxation excuse with your Heat Mask on closed eyes for at least 10 minutes each day. Then Cleanse, with an Eyelid Cleansing Gel or Tea Tree Oil lid wipes. Then finally, Hydrate, we have a range of drops depending on the severity of the problem and also gels which are more effective at night-time. Dry eye is never really cured and has to be managed so it doesn't become too big a problem. If you are a regular client at Hunstanton Eyecare we will give you a 10% discount on all products.

Just a reminder that our Multi-pairs offer is still running but will end at the end of November. Any second pair of lenses to the same prescription will be 50% off!

We look forward to seeing you soon.

Annette



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Borough Council news

Terry Parish

Borough Councillor Heacham Ward which includes Sedgeford and Fring

Locally, not a lot has happened, Fenway, Heacham remains a nonsense and there are several more applications to fill in garden spaces with houses which I generally deplore as the village gets crowded and the environment suffers. There are also more applications to amend planning conditions which I discussed about last week.

The Cheney Hill housing development should be at planning committee on the 7th of October. Anyone with an interest should try and attend at the Kings Lynn town hall from 10am. The day and date for final comments and notice to attend the meeting has changed and it will be Wednesday 2nd October by 5pm. The Wednesday prior to committee will be the rule for subsequent planning committees.

I am awaiting written confirmation of the agenda for planning committee so please check the Borough website prior to attending etc – notice is given a week in advance - or email me and I can tell you Cllr.terry.parish@west-norfolk.gov.uk.

I remain particularly interested that measures to mitigate noise from business activities close to the Cheney Hill development site are in place. I do not want future residents moaning about long established businesses. There should be a site visit immediately before committee starts. Committee members should arrive from about 9.30am, maybe a little later, so will be able to see the position of nearby potentially affected houses and businesses. Members of the committee are not allowed to engage with residents or others on site.

County Highways are playing silly games. Junction work at the Lavender lights, closing access to and from the A149, was announced without any consultation with the Parish Council. Both they and I have written to the County Cllr and the other Borough Cllr (also a County Cllr) to ask for temporary lights at the Lamsey Lane Junction to facilitate safe egress from the village towards Lynn. To date, 12th September, no replies have been received. Neither did NCC Highways consult the Borough Council about the closure, for several weeks, of the principal HGV and commuter road between Knights Hill and Lynn (past the ASDA), to enable road changes for housing developments. That caused a significant adverse response.

The imminent loss of the Post Office in Heacham is of concern to everyone but there is no action which any Council can take to intervene. Many Post Offices now only exist within another business; the one in King's Lynn is inside Smiths. I don't know if any shops in Heacham, current or new, have the capacity or interest to do the same. Neither do I know if the Post Office would be interested. Many people, including me, use the current Post Office to withdraw money and pay cheques in. Bank closures were offset with the message that post offices could be used

instead but, no more, it seems.

The nature of the development of the disused school site in Sedgeford should be clear by the time you read this. Fring has a planning application or, at least, an application to amend one regarding the reception to the holiday complex but it appears not to be a significant change.

The Government's intentions towards planning have become clear with their consultation which ended on the 24th September.

Look at: planningclaritylegal.co.uk where you will find information. On balance, I conclude that their proposed changes to the National Planning Policy Framework are dire and will harm West Norfolk and other areas. We currently have a revised Local Plan which provides for all the houses we need into the late 30's and 1,912 more for 'just in case'. The government wants us to increase house numbers by around 88%, an extra 400 every year, around 10,000 over the plan period on top of the 12,000 planned for. This is daft for several reasons: land must be found; builders recruited and that is hard now; building materials allocated – very difficult, costly and import dependent; infrastructure must be created - roads, schools, medical facilities, and jobs found for the estimated extra, additional, 30,000 people. You may wonder where they will all come from? It won't be West Norfolk as its current residents and predicted future needs are very well catered for in the current plan and the West Winch development will likely cater for Cambridge overspill too. London has to build less houses in these new government policy proposals so, perhaps, there will be migration from there or elsewhere. If you feel like moving to Yorkshire, Northumberland and areas approaching Scotland then there will be plenty of houses as they have to almost treble their current allocations as the additional housing is being dispersed across the country without, it seems, any thought given to whether the local population needs it.

Moreover, Local Planning Authorities will be punished with unfettered development if they don't deliver the bulk of their housing allocation, that is, build them out. The Borough has no control over how quickly developers build. Typically, developers build some houses, sell them, build some more. If buying is slow, so is building. Speed of completion also depends on the workforce and the availability and price of materials.

Internal Drainage Boards were a significant concern last year and remain so. They do an essential job well but they will cost West Norfolk council taxpayers around £3.6 million this year. Last year the Borough joined with other councils to petition the then government for change and I had a few minutes on Countryfile to talk about it. Liz Truss helped with a presentation at the Houses of Parliament. Things were being considered and then the General Election got in the way. The



matter has been raised again and it is being considered again. Government has released some money for token support, about £330K or 10% of the bill. This was promised under the last parliament.

News released today is that the Norfolk devolution plan has been scrapped by this government. I was involved with other District leaders in finally, if a little reluctantly, agreeing to this deal last year. We wanted more money and surety that the £20m / year for 30 years would be fairly distributed to districts. It has been cancelled because it doesn't have a directly elected Mayor which this government wants. The last thing that Norfolk leaders, councillors and the public wanted was a mayor. The loss of this money will have serious consequences on projects in train. It was due to start flowing next year and allocations to such projects and new ones were expected. There is no other money pot to go to with the County currently looking for cuts to services to address a deficit and the Borough's capital funds likely running down in 3 to 4 years. Cancelling devolution is another mess which did not need to happen. Councils need proper long term financial support not political tinkering.

A Borough medley: Much of the vehicle fleet may become greener next year after options have been considered. Housing completions are currently low though the Borough has no control of this (see above). The number of Neighbourhood Plans continues to increase and I advise all areas to consider one and those with one to revise it; seek advice from the Council. A reminder has been given that flying rings on the beach were banned in 2022 as they can kill seals; challenge any retailers still selling them. Food waste recycling will be promoted again and there may be free caddy liners. Letters will soon be going to second homeowners that their council tax will double from next April (f there is such a housing crisis perhaps government should intervene to prevent any new homes becoming second homes). Pay and display machines are being updated to take cards and apps, Hunstanton has begun the change. The West Norfolk Rural Business Grant Scheme is still open. Grants of £10K to £100K available to find 50% of any costs; go to the Borough website for information. The Borough's house building programme is doing well with, for example, work on Florence Fields and Lynnsport 1 progressing. Whether the hospital will receive its new build funding should be revealed in the autumn budget.

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Campaigns update

Councillor Alexandra Kemp

Food in the School Holiday Events in South Lynn

No child should go hungry in the school holidays. A big thank you to Lisa and Neil, Rev June and all the Team pictured here, dishing out free breakfast brunches for children and parents.



I funded the 6 holiday food events as a South Lynn Councillor, which ran every Thursday in the school holidays, in Wisbech Road Baptist Church community cafe. There were South Lynn families, families from Clenchwarton and further afield. Healthy eating was very much on the agenda, with plenty of fresh fruit, porridge, wholemeal bread, yoghurts and cooked breakfasts on offer. A way to end isolation in the school holidays and bring people together.

A big thank you to Sainsburys on the Hardwick, who sent a delegation with trays of cereals and donated a hot-plate. The Baptist Church is planning more free breakfast events in the October half-term.

Dental Campaign Goes to Clenchwarton Primary School

The Dental Crisis is still far from over. Here is Head Teacher Jo Borley and teaching staff, on my recent visit to Clenchwarton Primary

School, with a toothbrush and tube of toothpaste for every pupil. Enough NHS dentists for residents means training dental staff locally. A Dental School in King's Lynn is a must and I have written to the Integrated Care Board that runs the NHS again.



Going through the motions

Michael de Whalley

Consider air, water and food. You cannot live without them and yet, even when you have them, you may not be safe. Similarly, air can be harmful when contaminated with toxic gases, asbestos and dust. Even food may present danger when loaded with naturally occurring or artificial toxins and harmful bacteria.

While the effects may be slow or fast, mild, serious, or even fatal, most are recognised and guarded against—with food and air quality standards being monitored and enforceable under the law.

But should we feel happy and secure in this country of ours with these three life essentials? Well, not necessarily. So, let's dip into water to see how things really look.

Every day we drink, cook and wash using tap water, trusting that it is safe.

I don't know about you, but when I travel abroad, especially to developing countries, I have been concerned about the quality of the drinking water. After all, water remains the mostly likely route for a wide range of toxins, diseases and parasites to get into humans.

Areas of poor sanitation, ineffective water treatment and low levels of immunisation are often marked by outbreaks of Cholera, Typhoid, Hepatitis A, Dysentery and Polio.

Those of you thinking Polio has almost been eliminated worldwide due to vaccination would be right. However, an individual travelling from one of the few countries which still harbour the virus can, by the miracle of modern transportation, deposit it in another country within hours.

And while it usually spreads person-to-person, it can also be transmitted in contaminated water—having been found in sewage within countries where the disease had been eradicated.

In 2022, the virus was detected in London's sewage, despite the UK supposedly having been Polio free for years. However, if you have been

vaccinated against it you will be immune for life. You did get vaccinated, didn't you? And what about your children?

With good sanitation, water treatment, monitoring and immunisation, the risks of getting Polio, Typhoid, Cholera and other waterborne horrors here in West Norfolk are miniscule. Well, for the moment. Clearly, if the sewage system fails and untreated sewage flows free, then the potential for contamination of rivers, beaches or drinking water sources can potentially provide a route for diseases to breakout.

We are fortunate that in the UK, the mostly overseas-owned companies that take such good care of our sewage treatment and supply us with high-quality drinking water have invested, not quite, but nearly as much in these services as they have paid in dividends and bonuses to their investors and bosses over the years.

Raw sewage discharges into the environment should only happen under exceptional circumstances, usually intense rainfall.

Luckily for us these occasional, unpredictable, unmanageable events only occur thousands of times a year. So, should we worry about the chances of these diseases 'escaping' or just take a dip in the sea before relaxing with a glass of cool, clear water and ice?

If I have failed to give you reassurance over the water issue you could always consider changing your water company. But therein lies the problem with monopoly suppliers. So, when Margaret Thatcher stood up all those years ago and told us privatisation was the way forward, she was wrong. Competition drives efficient and effective business as we now know to our detriment.

Editor's note: On August 21st, Feargal Sharkey and River Action launched the March for Clean Water to demand urgent action from our new government to protect Britain's waters.

The March for Clean Water to Westminster takes place on 26th October. The campaign is supported by over 60 organisations including: The National Trust, World Wildlife Fund (WWF), British Rowing, Greenpeace, The Royal Society for the Protection of Birds (RSPB) and The Women's Institute (WI) with more adding their support daily. You can see more (and sign up) at:

<https://marchforcleanwater.org/> #FloodTheStreets

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Nature notes with Carrie Carey

With the sweltering days of summer (the few we had) behind us and the frost of winter ahead, Autumn brings a transition of change. September gently tiptoes through the door and we may barely notice those cooler temperatures and dark skies ebbing into the day. October, however, charges in; a spirited force of nature unwilling to be tamed. Blustering winds and cold nights make us reach for winter woollies and heavier duvets. The early morning nip of chilly air may persuade us to stay in bed just a little longer and the threat of rain squalls has us searching for wellington boots and umbrellas.

This is also the season when nature puts on a spectacular show. A drop in temperature and shorter daylight hours triggers a chemical reaction within the leaves of some trees. Their transition into dormancy causes chlorophyll to break down, showing off the vibrant shades underneath. Freed from their maternal branches, leaves fall to the ground in a kaleidoscope of colour. Take a walk outside in October and the landscape ignites with rich burgundies, purples and burnt oranges. Each tree has its own rich palette, and from the fiery reds of Maples to the golden hues of birches, they all combine to create a wonderful tapestry of colour.

The earthy scent of wet leaves, their rustling sound underfoot and sunlight filtering through the changing trees, showcase October as a month of change. But it is also a time of new beginnings. As the chill of late Autumn rolls in and most wildlife is bundling up, there's one quirky crew that's throwing a party – Fungi! These organisms love damp, cool weather and from dainty lichens to dazzling toadstools, the forest floor becomes their stage. Meander along the woodland trails at



Marsh harrier Geoff Fitt

RSPB Titchwell Marsh and keep an eye out for Scarlet Elf Caps peeking out from fallen twigs, Bracket Fungus clinging to tree stumps and clusters of Ink Caps hiding in the understorey. Fungi come in all shapes, sizes and colours and are one of nature's richest accessories in her seasonal wardrobe.

As October unfolds, the nights grow longer and chillier so wildlife, like us, must adapt. Since its recovery, the Marsh Harrier has adjusted its behaviour by overwintering and breeding on farmland as well as traditional reedbed habitats such as Titchwell Marsh. Feeding primarily on small birds, mammals and reptiles, these raptors might be seen as somewhat lazy hunters, opting for easily accessible prey on the ground. Having said this, the sight of a Marsh Harrier quartering over the reedbeds on a still morning is quite a spectacular sight. The ideal time to watch Harriers in action though is at dusk when large numbers can be seen gathering and circling overhead before descending to their communal roost. Other birds of prey perch high in trees scanning the forest floor for small mammals too busy collecting their winter hoard to notice hungry stalkers nearby.

October is also a good time to look out for Kingfishers on the hunt, they need to stock up in preparation for long spells of frozen water over the coming months. Elsewhere on the reserve the sky fills with the sound of Geese and other wildfowl returning to their wetland refuge. Flashes of colour from Hawthorn bushes, suggest that Fieldfares and Redwings are filling hungry bellies with juicy berries, ready for winter. And in the quiet, you might catch the sound of small animals as they scurry past, frantically preparing for the colder months ahead.

Fresh air, vibrant Autumn leaves and the sounds of geese flying overhead make the perfect backdrop for a visit to Titchwell Marsh reserve this month. So, dust off your winter coat, grab your scarf and mark the calendar for a trip to one of Norfolk's nature hotspots. Take a brisk march to the beach with energetic little ones or a gentle ramble with friends, you choose! Level paths with lots of passing places make life easy for wheelchair users and families with buggies. There are lots of stop off points along the way to rest and enjoy the views. If you're a first timer or just need a little refresher, hop on one of our fabulous guided walks. There's no need to plan your route; we've got your back and will take you to all the must-see gems along the way. Don't forget to round off your day with a warming hot cuppa or coffee...and it tastes all the better after some physical exercise and a mile case of windburn.

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SNETTISHAM GARDENING CLUB

At our meeting on Wednesday 30th October we will welcome Mr. Jim Paine who will give us a 'Grand Tour of Botanical Gardens'. You are welcome to join us.

We will be holding our annual Hog Roast on 27th November which has to be booked and paid for prior to the event. This is our last meeting in the hall for 2024. Meetings start at 7.30 pm in the Memorial Hall, Old Church Road Snettisham.

Any further information about our club can be obtained from Gail on 01485 541279 or Addie on 01485 544754.

Gardens to visit in October

October is a beautiful time in the garden and a busy time for gardeners too. Two very special gardens open for the National Garden Scheme this month, which end the season of garden visiting and should not be missed. Over on the east side of the county is the well-known garden at East Ruston which recently appeared on Gardener's World, and opening just south of Norwich for the very first time is East Carleton Manor where pre-booking is essential.

Sunday 19th October: EAST CARLETON OLD VICARAGE, NORWICH NR12 9HN (12.00-5.30) Adm £13, Chd £2. Light Refreshments.

Rare and unusual plants abound in this 32 acre, all year-round garden, providing a variety of different and interesting types of areas which include walled, rose, fruit, vegetable and cutting, as well as topiary and box parterres. Mediterranean and exotic, wonderful water features and

spectacularly planted containers. Wheelchair access. No dogs.

Sunday 26th October: EAST CARLETON MANOR, RECTORY ROAD, EAST CARLETON, NORWICH, NR14 8JY 10-4, adm £10.00, chd free. Pre-booking essential. Home-made teas and refreshments in aid of Priscilla Bacon Hospice. No dogs.

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Wendy Warners plant of the month - Hypericum

Hypericum is a genus of plants including annual, perennials and shrubs and most have bright yellow, open cup-shaped flowers with prominent stamens throughout the summer above dark green foliage. The hardy, shrubby varieties have added interest in the Autumn as they also develop very attractive berries and are generally semi-evergreen.

Known by various common names including Rose of Sharon and St. John's Wort, Hypericum are reasonably low-maintenance and grow best in moist but well-drained soil in full sun to partial shade. They don't tend to suffer from pests or diseases either. If shrubby types become untidy, they should be pruned in spring, and if they've out-grown their space they can be cut back hard. Apply a feed of bonemeal or fish, blood and bone in the Spring and Autumn to strengthen the plant.

Hypericum can be used in various styles of garden including cottage gardens with perennials or mixed shrubs borders. Larger varieties can be used as hedging or towards the back of borders and they are rabbit resistant, and they will also withstand exposed coastal conditions. Smaller varieties can be kept in shape and would work well in pots or containers in a contemporary or formal setting.

The pollen rich flowers are attractive to

bees and butterflies, the dense structure is a great shelter for birds and they will also eat the berries, so they are ideal for wildlife gardens. Please be aware these berries are toxic to cats and dogs though.



Hypericum 'Hidcote'

Hypericum 'Hidcote' is probably the most popular and largest variety and will reach up to 1.5m in height and spread, and the golden yellow blooms will flower from July to October, but doesn't produce berries.

The Miracle series include Hypericum 'Miracle Blossom' which will reach 1m tall, has ovate dark green leaves and shallow, cup-shaped, rich golden-yellow flowers with prominent central yellow stamens, from early summer into autumn and a profusion of peachy-pink fruits follow. Hypericum 'Miracle Grandeur' is upright and bushy with

a height of 80cm and spread of 60cm. From June to September, it has bright yellow flowers and is then followed in autumn by clusters of oval, red fruit atop a green calyx. Hypericum 'Miracle Night' has much darker green leaves strongly flushed with dark purple and the bright yellow flowers are followed by oval, rich mahogany-purple berries.



Hypericum 'Miracle Night'

There are many other varieties to look out for including the variegated 'Tricolor' which is a small spreading deciduous shrub with arching red stems, variegated mid-green, cream and pink leaves with the customary yellow flowers and the more unusual 'Miracle Blizz' where yellow flowers are followed by creamy-white berries.

If you are looking to add some autumn colour to the garden you can't go wrong with Hypericums!



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Mudpies & Butterflies

with Louise Barby, Balanis

October in the UK is a wonderful time for gardeners to embrace the changing season. While many think of autumn as the time when gardens begin to wind down, there's still plenty to do to keep your outdoor space looking vibrant and welcoming to wildlife. Whether you're looking to add a splash of colour or start a wildlife project, here's a guide to help you make the most of your garden. Bring colour into your garden; although summer blooms are fading, there are plenty of plants that can bring warmth and brightness to your garden as the days shorten. Here's how you can keep your garden colourful: Plant Autumn Flowers

- Pansies: Pansies are tough, colourful, and can survive the colder months. Plant them now for colour that lasts through winter.
- Cyclamen: These delicate flowers with heart-shaped leaves are perfect for brightening up your borders or containers.
- Sedum (Stonecrop): Sedums bloom from late summer into autumn, offering clusters of pink flowers that attract pollinators.
- Asters: Also known as Michaelmas daisies, asters bring vivid blues and purples to your garden, even in October.

Ornamental Grasses and Foliage

- Miscanthus and Panicum grasses add texture and movement, with feathery plumes that look stunning in autumn sunlight.
- Heuchera and Euphorbia provide colourful foliage in shades of copper, burgundy, and lime green, making them great for adding year-round interest.

Add Autumn Bulbs - October is the perfect time to plant bulbs that will bloom in the spring. Consider daffodils, tulips, and crocuses. They'll lie dormant through winter and burst into life in early spring, bringing the promise of warmer days.

Wildlife Projects for Autumn - Gardening in harmony with wildlife not only helps the environment but also makes your garden a haven for birds, insects, and mammals during the colder months. Here are some wildlife-friendly projects to start in October:

Create a Wildlife Pond- Autumn is a great time to dig a pond as the ground is usually still soft enough to work with. A pond provides a vital habitat for frogs, toads, dragonflies, and a wide variety of other species. Make sure to add shallow areas for wildlife to access and consider planting pond-friendly plants like water lilies and marsh marigolds.

Build a Bug Hotel - Bug hotels offer a home for beneficial insects like ladybirds, bees, and butterflies, which can help pollinate your garden and control pests. Stack natural materials such as bamboo canes, wood logs, and dried leaves in a sheltered corner of your garden. This creates a perfect nesting site for solitary bees and other insects.

Feed the Birds - As food becomes scarce in the colder months, birds will increasingly rely on gardens for sustenance. Hang bird feeders filled with sunflower hearts, suet balls, and peanuts, and keep a bird bath filled with fresh water. You can also plant trees and shrubs like rowan and cotoneaster that produce berries for birds to feast on.

Create a Leaf Pile for Hedgehogs - Hedgehogs are one of the UK's most beloved mammals, but they need shelter to hibernate through winter. Creating a leaf pile in a quiet corner of your garden will provide them with a safe spot to rest. You can also build a purpose-made hedgehog house using wood or buy one from a garden centre.

Prepare Your Garden for Winter - October is also the time to start preparing your garden for the colder months ahead, ensuring that your plants and wildlife thrive even through frost and snow.

Mulch Beds and Borders - Adding a thick layer of organic mulch to your beds and borders helps protect plant roots from frost, suppresses weeds, and improves soil structure over time. You can use compost, leaf mould, or well-rotted manure.

Tidy Perennials and Borders - Cut back any dead or fading growth on herbaceous perennials, such as lavender and rudbeckia, to tidy up the garden. However, consider leaving some seed heads like echinacea and alliums, as they can provide food for birds and add winter interest to the garden.

Collect and Save Seeds - Collecting seeds from your garden's summer flowers is a great way to save money and ensure a vibrant display next year. Gather seeds from plants like sunflowers, poppies, and foxgloves, dry them thoroughly, and store them in a cool, dry place over winter. Celebrate the Season with Seasonal Decorations - Incorporating natural autumnal elements into your garden décor can enhance the cosy, rustic



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feel of the season. Create a display of pumpkins, gourds, and autumn leaves on your patio or near the front door. You can also make wreaths from twigs, berries, and pinecones for a seasonal touch that celebrates the harvest.

Conclusion

Gardening in October is all about balancing preparation for winter with enjoying the last of autumn's beauty. Whether you're adding vibrant new plants, creating wildlife habitats, or prepping your beds for next year, there's plenty to do. Embrace the changing season and enjoy your autumn garden in all its colourful, wildlife-friendly glory.

News From The Woottons with Richard Coates

Two Legs Good, Tail Feathers Better!

South Wootton Parish Council received many complaints and comments from the residents of the Oak Avenue estate about the presence of wild peacocks (and peahens) in the area. Although many people liked the traditional tail feather displays put on by the peacocks for the peahens and fed these wild birds to attract them to their gardens, there were complaints from others about the mess they left behind and the noise they made. In the end, the parish council conducted an informal referendum by delivered a letter to over 200 residents in the area affected by these peafowl, asking for the opinion of affected residents. The results were considered by the parish council's assets committee (perhaps suggesting that the parish council sees the peacocks as a parish asset!). There were 109 responses received with two thirds of those residents wanting the peafowl rehoming elsewhere and just one third of residents wanting the peafowl to remain. But, because they were told that currently there seemed to be less peafowl about, the Assets Committee decided to take no further action but will monitor the situation closely.

At its September meeting, after some public discussion, the South Wootton Parish Council, confirmed the Assets Committee's approach whilst at the same time supporting the local landowner's efforts to capture and rehome the peafowl.

Perhaps the peafowl were tipped off about the referendum and decided to lay low for a time. Or perhaps the autumn is not the mating season so the peacocks haven't been displaying their tail feathers to potential mates and have been able to return to their more natural habitat in the nearby woodland. Or perhaps the peafowl have been able to waft some peafowl loving drug to the parish meeting room to lull the Parish Councillors into taking no action against them. Indeed, I think I may have heard some distant chanting of "two legs bad, tail feathers good" on the balmy autumn breezes!

County Council By-Election

The Freebridge Division of the County Council went to the polls to elect a new county councillor in September. Why am I talking about "Freebridge" in my News from The Woottons column? It's because 75% of Freebridge is The Woottons ward with the villages of Pott Row, Roydon and Grimston added for the other 25%.

In the past this seat has been held by the Conservatives but was taken by the Lib/Dems in a by-election a year ago. Vacant again this year, the Lib/Dems didn't contest the seat this time but that wasn't the only strange thing about this election. For at least the last four elections for this seat, Borough Councillor Michael de Whalley has stood and flown the flag for the Green Party but not this time! Instead, he's clearly done some kind of deal with Independent Borough Councillor Simon Ring because not only did they both sign the form calling for the County Council by-election to be held but de Whalley then went on to be Ring's formal Proposer and then act as his election agent.

The other two candidates were Jason Law for the Conservatives who

had previously held this Freebridge Division for the Conservatives from 2013 - 2017 and Wilf Lambert who has stood here for Labour previously.

The result was a victory for Simon Ring with 723 votes followed by Jason Law with 454 votes and Wilf Lambert with 167 votes. This leaves Simon Ring as a councillor at both Borough and County level but not at parish level as he lost out in the May 2023 parish council elections.

*On 17th September it was reported that Mr Ring had joined the Liberal Democrat group at the County Council as an aligned member.



New Roundabout on Grimston Road

This has been in the local news with a lot of hot air initiated after errors were made at County Hall. The contractors building the roundabout say they need to close Grimston Road to construct the link between the new roundabout and the existing main road. Someone at County Hall looked at the Borough Council's planning files but looked at the wrong one. They then found some hours listed which they thought were construction hours but were, in fact, hours of use for that other planning permission for that other property. The County Council must have told the contractor that they could only work during normal working hours and the contractor must then have said in that case it would take many weeks to complete the work. So the County Council drew up a road closure programme and told the bus companies which issued new timetables. The County Council told no-one else and it was only when the new bus timetables were issued to passengers that the news broke to the public. Closing the HGV route to King's Lynn docks for weeks at a time wasn't good thinking by the County Council, indeed, it wasn't really thinking at all, effectively closing down the docks.

It was all supposed to be so easy. The plans called for the roundabout to be built off the line of Grimston Road so that it could be constructed entirely without affecting local traffic. We've watched it take shape in the field as we've driven past. All that needs building then are the link roads between the new roundabout and the existing Grimston Road. That was done with the minimum of fuss on Edward Benefer Way but it's a bit more complicated with Grimston Road as part of it needs to be rebuilt and that will require some short road closure. But most of the work will now be done using a system of one way traffic controlled by traffic lights. These will be manually controlled in the daytime rather than automatic so that the person controlling them can respond to actual traffic flows rather than fixed times each way. It'll have started by the time you read this and continue for three months by which time it's expected the roundabout and all the work will have been completed.

Free money

Last year I told you about some free money that was available, courtesy of the Borough Council, that I could dish out to certain local groups. I was surprised I didn't have a queue of people at my front door holding out their hands but they must all be richer than I thought. Nevertheless, The Council has filled my bucket up again and I've got another £1,000 to give away to any local group that's got a worthy project that needs funding. Last year I supported the Picnic on the Park event, along with one or two other local groups. Already in other parishes there's been grants given to such as local tennis clubs, luncheon clubs, supporting boy scouts and girl guides, even hosting a Christmas carol event with tree, lights and refreshments. Now, does any of that spark any ideas for a local club to contact me for a grant?

To contact me about The Woottons, email me at: cllr.richard.coates@west-norfolk.gov.uk.

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Autumn colours

There is something magical about changing seasons, especially autumn, the time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale.

Autumn is predictable, on good days the mornings are crisp and bright, the air smells sweet, and there's nothing better than heading out for a walk and enjoying the changing colours. The warm and spicy hues of the leaves and the glow of the autumn sun are both comforting and energising.

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"Take a look at this pretty abstract animal blouse in jade by Pomodoro, which would also look great with the same black trousers, it is 100% viscose with long sleeves and a v neckline."

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Pantomime fun with Snow White and the Seven Dwarfs at the Princess Theatre

Mirror, mirror on the wall... What's the fairest pantomime of them all? Snow White & the Seven Dwarfs at The Princess Theatre, Hunstanton of course!

Pantomime presents a tale of good and evil, where hope triumphs over adversity after danger and virtual despair. With a brand new script by Tom Rolfe this most wonderful of stories will be told with a very magic mirror, original songs, amazing dance routines, some panto innuendo (never intended to offend) and special effects as Snow White and her friends battle against the Evil Queen. The moral of Snow White's story is "Vanity will not take you far, but kindness will".

The 2024 Pantomime Launch took place on 12th September and cast members and the Diamond Army (Dwarfs) posed for pictures on the Green with Dame Dotty's EV car. She's gone green you know with the sponsorship of Thurlow Nunn in King's Lynn! You can see her on the cover of this issue.

Playing Dame Dotty is Mervyn Francis in his 55th Christmas Pantomime Season! An amazing feat - I wonder if it is a record?

He is joined by an impressive cast including: Laura Roberts as Snow White, Josh Rettie as Prince Henry of Heacham, Emma Elizabeth as Queen Horibella, Samuel Littlewood as Muddles and Jessica Broadbent as Fairy Thorn. They are joined by the professional dancers Evie Corby and Hannah Futter, and the Junior Dance Team from Rollason Stage School. Oh yes, and look out for the wolf!

Two competitions!

The Princess Theatre staff are busy inviting local schools to enter their VIP (very important pupils) Panto Competition.

They have created a Competition Pack for Classes, who are attending this years 'Snow White' with some ideas for discussion, and a letter from Snow White to the Class asking the children to come up with new names for the Seven Dwarfs.

The winning school will receive x 10 free tickets to the 2025 Panto for their school and get a special mention when they come to see the Pantomime this year.

As you can see from the cover, Dame Dotty's MG EV4 car features the Snow White Panto - there's even a QR code that takes you to the website where you can buy tickets!

Over the coming weeks the car will be used as a demonstrator by Thurlow Nunn all around the area, and this is where the second competition comes in and it is open to everyone.

When you see the car, parked or driving around, just take a photo of it and send it to richard@townandaround.net The best photo will win a family ticket to Snow White. The closing date is 15th November 2024.

So Heigh-Ho... Heigh-Ho... it's off to the Princess Theatre we go from Saturday 7th December to Sunday 5th January 2025.

See you there, oh yes we will!



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The Barking Bugle

A doggy ghost story for Halloween

Has anyone out there heard of the grisly legend of the Black Dog of East Anglia? If not, I feel I should tell you more!

Late one night Clara, my sister, was barking some ghost stories to me and my other sister, Miss Zsa Zsa, which left us shivering with fear in our baskets! Now I do admit that just before this we both stole Clara's favourite bones which was the reason why she was telling us these dreadful tales - this was pawback time in no uncertain terms! One of the stories she told us was the grisly legend of the Black Shuck of East Anglia.

The 'Shuck' is the name given to a ghostly black dog which is said to have roamed

the coastline and countryside of East Anglia for centuries, in particular graveyards, side roads, bodies of water and dark forests.

Opinions differ as to the origin of the word 'Shuck'. It may derive from the Old English word 'scucca' meaning 'demon' or possibly from the local dialect

word 'shucky' meaning 'shaggy' or 'hairy'.

There have been various accounts of the animal's appearance: some have stated that the beast has only one red eye in the middle of its forehead! It varies in size and stature from being simply a large dog, to being the size of a calf or even a horse! It has also been seen headless and at other times floating on a carpet of mist. His howl is supposed to make one's blood run cold! If you meet him, legend has it that your death will occur before the end of the year!

Its infamous appearance on August 4th 1577 in Bungay and Blythburgh has been well documented and images of the sinister black dog have become synonymous with the area ever since! He is said to have run up the nave at Holy Trinity Church in Blythburgh past the sizeable congregation, killing a man and a boy and causing the church steeple to collapse through the roof. As the dog ran off he left scorch marks on the north door



which can still be seen at the church today.

The Black Shuck is also supposed to have been seen on the same day at St. Mary's Church in Bungay. There was a terrifying thunderstorm - such darkness, rain, hail, thunder and lightning, the like of which has never been seen before! During the storm the beast is said to have set upon the congregation killing at least two people.

For those of you out there who believe these are the ramblings of men who lived so long ago and whose tales are impossible to confirm accurately, think again. There have been far more recent accounts of the Black Shuck rearing its beastly head and tormenting the inhabitants of East Anglia!

During the 1920s and 1930s there were reports from the fishermen of Sheringham hearing a hound howling on the cliff tops during stormy nights. As recently as 1970 a sighting of the Black Shuck in Great Yarmouth made the headlines. In 1980 a young woman claimed to have met the hound whilst walking with her young son near Wisbech.

In the village of Overstrand to this day there is still a road called Shuck's Lane, named after the Norfolk hell hound. Another of the hound tracks runs through what today is Mill Lane and into the grounds of Cromer Hall. It is said that this particular locality was the inspiration behind Sir Arthur Conan Doyle's 'Hound of the Baskervilles'. He had visited the area on a golfing holiday and although the original film is set in Dartmoor, there are scenes in the film which one can quite imagine as having some semblance to the area within Cromer Hall.

Beware though my canine friends for 'Shuck' is not the only black dog who has been seen prowling when darkness falls. A

dog-like creature stalks the ruins of Burgh Castle: some believe it is a werewolf whilst others say it is the devil in disguise! Eeek! The beast is called 'Old Scarfe' after Baron Rudolf Scarfe, a notorious, depraved and evil knight of the 13th Century. So bad were his deeds of wickedness that upon his death some say the devil changed him into a dog, laden him with chains and sent him back to earth. 'Old Scarfe' has also been seen at Gorleston and Great Yarmouth rattling his chains and howling into the night!

If this isn't enough to have you quivering with fright in your basket then listen up! Close to Cromer Pier a black dog has been spotted near the shoreline looking out to sea! But when approached the hound vanishes into thin air! It is believed he is waiting for his human who will never return!

Now I don't want to distress you further with any more stories of a hideous, ghoulish and demonic nature but my fellow repawters on the Barking Bugle thought that those of you living in Norfolk ought to beware and be VERY VERY careful going out after dark! I can assure you, however, that although I am a black dog and do howl a lot myself, I am NOT one of the beasts I have woofed about! I also get very scared about going out late at night!

Beware though of any sinister, large black dogs in the area - you never know, if you spot one you may just be the first dog in the 21st Century to have spotted the infamous Black Shuck. If you do, avert your gaze or your life may soon be over. You have all been warned!

Woofs Ziggy Bear - Cavalier King Charles Spaniel & K9 repawter at The Barking Bugle

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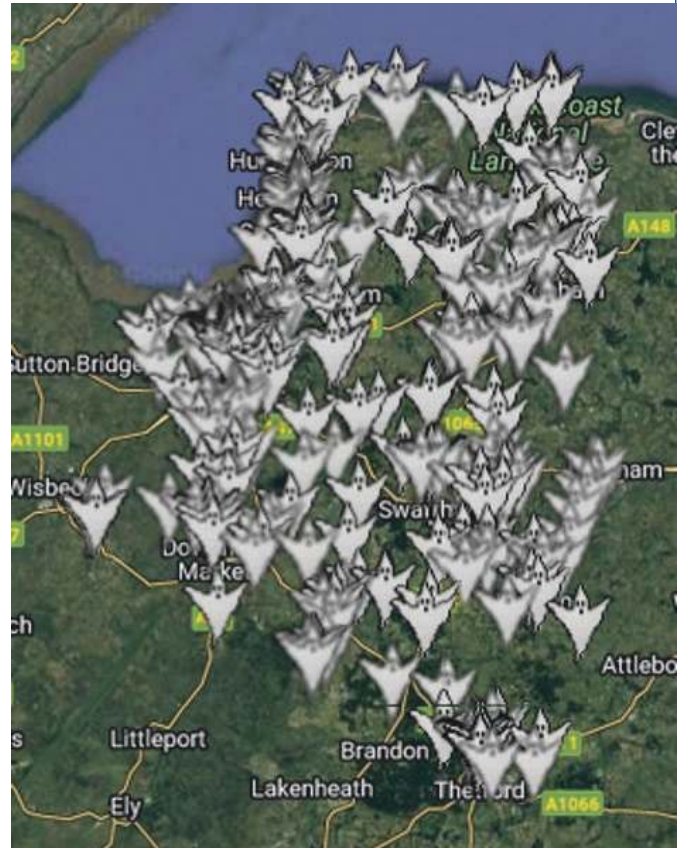
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Ghosts of West Norfolk

To coincide with Halloween, nearly 400 ghost stories from the West Norfolk region have been summarised on a clickable map which can be found at <http://www.paullee.com/KL>.

While most are new, some of these tales are probably well known to those in the region.

For instance, we have the carpet obsessed wraith of Armine le Strange at Hunstanton Old Hall, who threatened to haunt the hall and its occupants if a prized rug was ever disposed of. This came to pass but sightings persisted even after its retrieval.



Another spectrally infested location is the Construction Industry Training Board facility at Bircham Newton, once the home of an RAF base and it is from this era that many of the phantoms hail. Most of the sightings refer to airmen at the old squash court or nearby hotel, but there have been a plethora of other reports too. Several of the old military homes have had their share of ghostly tales too.

The old rectory at Syderstone is another famous location, and the ghost bedevilled the occupants with bizarre sounds (and perhaps very rare appearances?) for decades - if not centuries. It is now a quiet family home.

The antics of the ghosts at Sandringham resemble typical poltergeist pranks and seem to reach a crescendo at Christmastime, including a claimed phantom nun. Members of the Royal family have, it is claimed, have their brushes with the uncanny.

The "Brown Lady" of Raynham Hall (identified as Dorothy Walpole) is another famous spectre, but she has also been seen at Holkham Hall and has been known to take forays into the surrounding countryside, and occasional visits to East Rudham too.

Apart from these, there are dozens of other lesser-known spooks; a haunted home in Heacham that plagued the family for well over a decade after they moved in in 1971; ghost cat "Smokey" seen briefly after passing away at the Heacham's Church House; a succession of phenomena at the Feathers in Dersingham, blamed on ghostly children; the Rose and Crown in Snettisham where "Old Norman" has been seen relaxing by the fire in the attic room, wearing his dungarees; and the Ship Hotel in Brancaster, home to a grey silhouette which some identify as Lord Nelson's nanny who once lived here!



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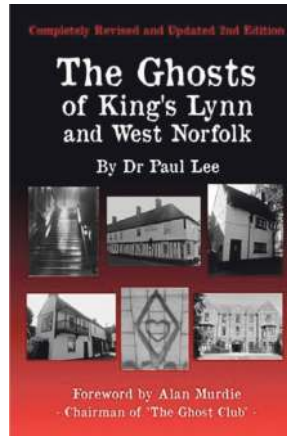
✉ chrispalmer333@gmail.com



The creator of the map, Paul Lee, is interested in hearing of your own experiences and can be reached at paul@paullee.com

Paul said: "Welcome to the ghosts of West Norfolk, a geographic mapping project displaying many haunted places in this area of the UK.

"On the interactive map you can zoom in and out, drag the view and also click on the ghostly icons to display a brief summary about the alleged spectral behaviour associated with the location, and complete descriptions of the hauntings can be found in my book."



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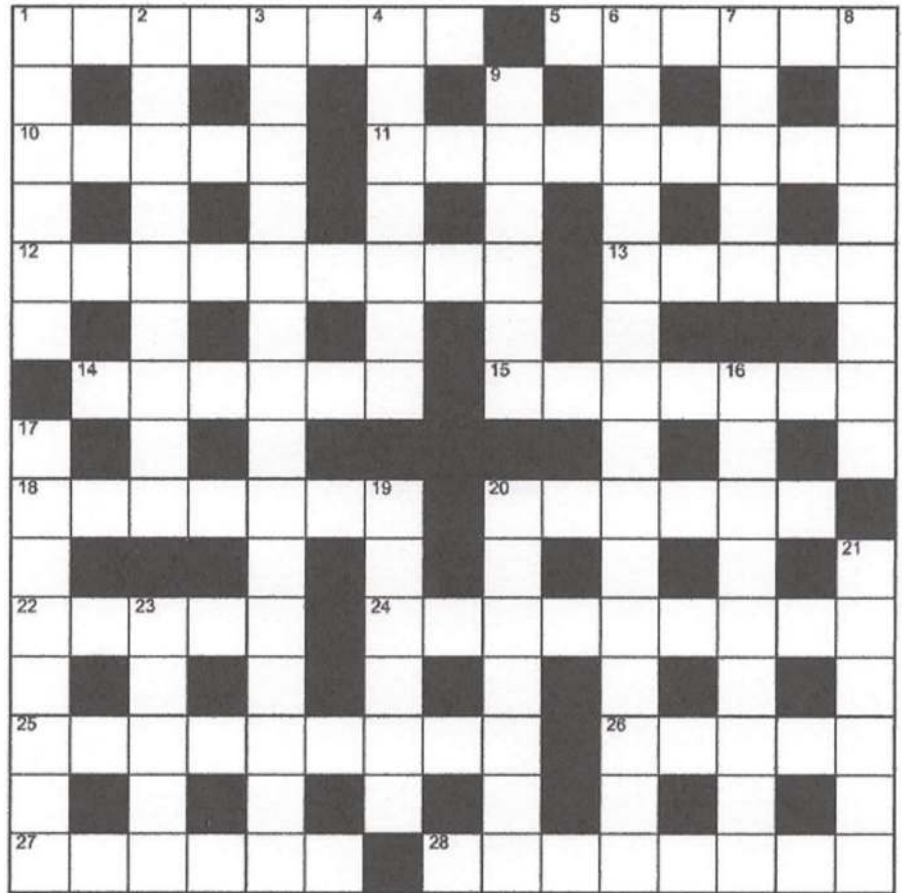
David Elsey's cryptic crossword

Across

1. Leave humour at home, by design (8)
5. Totter, leading up to fall (6)
10. Big cat in rather small part of pound (5)
11. Created sports body – one operating in Slough (9)
12. Reckon when on the ball it's worth a shot (9)
13. Joy expressed when painting is returned by the French (3-2)
14. Fish is a whopper, look! (6)
15. Dismissed three contractors, all French (4,3)
18. Oriental festival at the beginning of November (7)
20. Relaxes on slopes after cold (6)
22. What cockney did to stop woman falling from tree? (5)
24. Intended pre-match celebration with the lads (4,5)
25. Will meant to be changed without challenge (9)
26. Alter dress at some other time (5)
27. Nodding (words fail at end of day) (6)
28. Penny, reportedly ill in bed, was troublesome (6,2)

Down

1. Grievances have grown out of hand, leading to onset of strikes (6)
2. Woman aims to impress with skin-treatment facilities (9)
3. Practices using first gear (5,10)
4. Warm to a female legend (7)
6. Ten in unit, on manoeuvres, encountering comrade by accident (15)
7. Chap on main road reversed – madness! (5)
8. Militant goes over lots of plans again (8)
9. Items of value, like TVs and radios (6)
16. Forced to tie old bag in this way (9)
17. Checked out once more, stony-faced (8)
19. Having eaten, moved slowly around hotel (6)
20. Talk over phone, briefly, regarding some property (7)
21. Way one sport has power to excite (4,2)
23. Dance music is cool at first, Rob admits (5)



THE CROSSWORD SOLUTION
IS ON PAGE 43

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Hunstanton Society

Additions to our displays include the medals donated to us recently, awarded posthumously to Peter John Warren. These can be found in the display cabinet in the main room along with a press cutting and a bit about the World War 2 medals. In addition we have been given a silver trophy by a Grandson of T D Guy awarded to the winner of the Coursing Meeting at Hunstanton on 29th February 1912 – not exactly politically correct these days but of historical interest nonetheless. Also provided photos of TD Guy, his dogs and the Adlington Hotel near the Golf Course.



Now on display at the Heritage Centre is a recent donation: A cutlery set engraved "Simpson's Hunstanton" kindly donated by John Wallis. Simpson's hotel and restaurant once occupied the building that now houses the Princess Theatre. The building was called Cosgrove Lodge, which is part of Cliff End Terrace. This was extensively remodelled before reopening as the Capitol Cinema in 1932.



Above: Cliff End Terrace from "The Royal Cabinet Album" – also on display in the Heritage Centre. Cosgrove Lodge is on the Left.

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Writing? For business?

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Writing's never as easy as you expect it to be. Especially when you're writing for business - be it advertising, direct mail, a brochure or even a speech. And when you get bogged down, it's always easier to put it off until the muse comes to you... or until it's screamingly urgent.

A better idea might be to turn to someone who's written for a living. Rich Stoney is just such a person. He's worked as an advertising copywriter since the '90s, so he's used to facing the blank page.

Rich reckons the first thing to do is to write in your own voice. He says: "When people start writing, they affect a strange 'writerly' style. They use words they wouldn't utter in everyday conversation. And they end up with long, convoluted sentences full of jargon that their audience will lose track of halfway through."

His career as an advertising copywriter has taken in almost an alphabet's worth of agency acronyms from BETC and GGT to VCCP, as well as more familiar names like Saatchi & Saatchi. But each project at each agency has always started the same way: with a blank page. "When you start, it's often easiest just to write down anything and everything that comes to mind, even if it's nonsense. Then chip away at the lines and phrases that have some potential. No-one writes everything perfectly in the first draft, not even Shakespeare. I imagine Romeo and Juliet was called Lionel and Tina until the first of many rewrites."

These principles have guided Rich's writing on practically every campaign he's written. "It's easier to list the kinds of clients and products I haven't worked with rather than the ones I have" he says, "but I'm always looking for interesting ideas to help my clients communicate." So, if you're facing a blank page and its stubborn emptiness is starting to become stressful, give him a call. After all, if you're lost for words, it could be worth hiring someone who never is.

Town Commemorates VJ Day and the End of the Second World War



The RAF Association Event Organiser, Maj (Ret'd) Gary Walker said "although those serving in the Far East were generally forgotten by society as a whole, given the large number of troops from the local area who were involved on our behalf in fighting the most brutal of enemies, we are particularly determined to ensure their sacrifice will never now be forgotten."

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The Dark Skies of West Norfolk

Terry Parish

Put the clocks back at bedtime on 26th October as British Summer Time ends at 2am on the 27th. Use the extra hour to get outside and look at the sky but run back in if it is raining or overcast.



Internet

C/2023 A3 Tsuchinshan – ATLAS. Not a secret code to a spy in the Borough but the full reference to a comet which may appear in the sky from around the 13th. Don't get too excited or it will vanish as it was anticipated to do as it approached the Sun. At the time of writing, 11th September, this hasn't happened but it might. The comet was first discovered in January 2023 by Chinese astronomers at their Purple Mountain observatory and, independently, discovered by the Asteroid Terrestrial-Impact Last Alert System a month later. So, that explains the name but what can we expect to see?

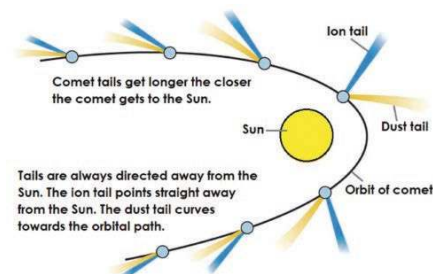
Probably, not a lot is the honest answer but a comet's appearance is largely unpredictable until it appears. Now it is all but invisible, even to telescopes, as it close to the horizon in the southern hemisphere. It was closest to the Sun on August 27th. In the second half of this month, it will be above the western horizon and could be a tad brighter than Jupiter. If so, a telescope might reveal its tail.



Tsuchinshan – ATLAS photo taken when it was far, far away by Virtual Telescope Project. Internet

For irregular readers of this column, a comet is a large ball of ices, dust and lumps of rock. There are likely untold thousands of them out beyond the orbit of Neptune and some fall inwards towards the Sun. Periodic comets are those which regularly appear in our skies after elliptical journeys of many years. Halley's comet is an example of this type, appearing every 76 years. Other comets appear for the first time, are a surprise, and

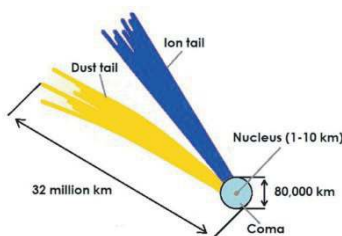
there is much speculation about how bright they might become – if they don't smack into Jupiter, the Sun, hopefully not us; or gravitational forces don't break them up as they swing around the Sun on their way back to whence they came. Some comets have a hyperbolic orbit, not an elliptical, so are seen once only. This comet is weakly hyperbolic so it may never be seen again depending upon any changes to its orbit that may occur. It originated in the Oort cloud beyond Pluto.



Star Garden Internet

What can make comets spectacular is their tail, or two tails. When they are far from the Sun, gases and volatiles are frozen and the comet reflects little light. As it approaches the Sun, the body warms, the comet becomes fuzzy as a coma, thin atmosphere, develops and further warming releases more gas which disturbs the dust which was bound in the frozen body. The solar wind, a high-speed stream of charged particles moving away from the Sun drags the gas and dust behind the body of the comet. This forms a bright, glowing, tail of ionised comet gases and a fainter dust tail which shines because it is reflecting the Sun's light. Solar magnetic field lines and their interaction with ions in the coma affect the gas tail but it always points directly away from the Sun. The dust tail is affected by the motion of the comet. From Earth, this difference can appear to make the tails point in opposite directions and the dust tail is then called the antitail. Comas can be bigger than the Sun and gas tails can be several hundred million miles long.

So, it may be a dot but find it and train binoculars and telescopes on it to find the tails. Give it a wave as you won't see it again.



Star Garden, Internet

The debris that forms a comet's dusty tail is left strewn across the Solar System essentially maintaining the position, relative to the Sun, where it was laid down. If this trail intersects the Earth's orbit, then we will pass through it

and gravity will cause dust particles to fall through the atmosphere. Friction makes all but the largest particles burn up and we see 'a falling star', a meteor trail. Anything that hits the ground is a meteorite. The dusty trail varies in particle density depending on how much outgassing from the comet occurred, so some displays are more resplendent than others. To avoid missing the best ones you must watch them all.

Between around the 18th and 25th we pass through debris left by Halley's Comet and the Orionid meteor shower is the result. The nominal peak is on 21st -2nd. The Moon is waxing from the start of this window so the sky will be darker before the peak than afterwards.

Other showers are the Southern Taurids on the 10th-11th and, from around the 20th, the Northern Taurids begin to show. Both are the result of Comet Enke. Another shower, the Draconids, begins on the 6th and peaks on the 8th-9th. This shower can vary a lot, from a weak one to the displays of 1933 and 1946 when there were thousands of meteors visible. Comet 21P/Giacobini-Zinner made it and returns every 6.52 years.

Planets: We are back to seeing them at night rather than in the early hours. Venus is a brilliant magnitude – 4 and sets at 7pm. However, it is in the west and against the bright twilight of the Sun just below the horizon, so you may need binoculars to spot it. Do not use optical aids before the Sun has set. On the 5th, the Crescent Moon is just below the Evening Star (Venus).

Both gas giants, Saturn and Jupiter, are well up before bedtime. Saturn rises about 7.30pm and Jupiter follows it across the ecliptic at 8.30pm. Look SE early on and further S as the night progresses, SW in the early hours. It might be easier for you to find bright Jupiter (magnitude -2.6) and then move right several handspans to locate much dimmer (magnitude +0.7) Saturn – a yellowish, ethereal, dot unlike a star. Use good binoculars or better for the Galilean Moons of Jupiter, a telescope for the rings of Saturn.

On the 14th, in the SE, the Moon passes just under and very close to Saturn at around 8pm. On the 20th and 21st, Jupiter is below the Moon but this is at around 2am so you have to be a bit more dedicated to see that.

Mars rises at around 11pm and a half Moon is just to the left of it at 11.30pm on the 23rd. Once seen, the red dot is easily found.

Let's not forget the Moon. On the 17th it is a supermoon, the biggest and brightest of the year. It will be 222,058 miles away, around 17000 miles closer than average. Distance does make a difference, albeit slight.

The Andromeda Galaxy, Messier 31, is almost overhead, near the Zenith. Find the Square of Pegasus, top left corner, move 450 further left and higher, look for a fuzzy ghost. Young, good eyes can see it against a dark sky. The rest of us need good binoculars or a telescope. It is 2.5 million light years away so the light entering your eyes started out in the

early Pleistocene when our ancestors got started and there were dramatic climate changes. We have those now so maybe evolution has another surprise.

Andromeda is part of our local group of galaxies and, with 400 billion stars is a tad larger than our own Milky Way. We pass through each other in the distant future.

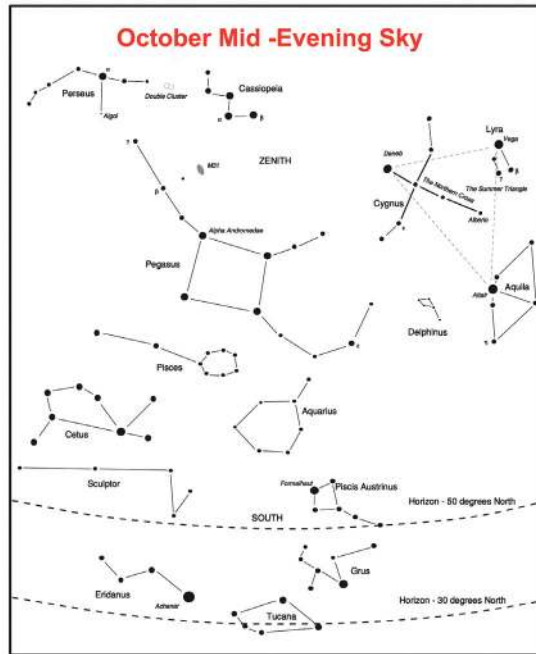
Whilst straining your neck to spot our sister galaxy go a little higher and to the left to find a dim star, Almach. You will need a telescope, small will do, to reveal that is a double star, a yellow supergiant with a faint blue attendant. That blue is a triple star but you won't see those components.

To the left of Almach is Algol, the demon star, so named by Arabic astronomers as it winks every three days. This dimming, we now know, is because the brilliant main star has a dimmer companion which, from our position, passes in front of it.

Look to the east to see Orion climbing higher in the sky as the month progresses and winter approaches.

What comes first, the comet or the meteor? That's a tail I would like to see.

Find somewhere dark (outside) and look up.



CROSSWORD SOLUTION

: 1. Withdraw, 5. Summer, 10. Ounce, 11. Fashioned,
12. Guessable, 13. Tra-la, 14. Bigeye, 15. Sent out, 18. Eastern,
20. Chills, 22. Elder, 24. Stag night, 25. Testament, 26. Later,
27. Drowsy, 28. Played up
Down: 1. Wrongs, 2. Tanneries, 3. Dress rehearsals, 4. Affable,
6. Unintentionally, 7. Mania, 8. Redrafts, 9. Assets, 16. Obligated,
17. Revetted, 19. Noshed, 20. Chattel, 21. Stir up, 23. Disco

Thas a Rummun'

Sedgeford Village Hall 'Thas a Rummun' is a brand new play based on real-life interviews conducted across the East Anglian coastline. The production aims to chill and scare audiences with the rich, complex history and folklore of our coastal communities. At the Devil's hour, in a small hut somewhere deep within the Norfolk countryside, a tape recorder starts to play by itself.... 7.00pm for 7.30pm on Saturday 26th October. Tickets are £12.00 and can be paid for online: Barclays Acc.No. - 40519138 - Sort Code - 20/46/65 (account name 'Sedgeford Village'). Alternatively, you can pay by cheque made payable to: Sedgeford Village Hall - and send to: D. Carter, 17 Mill View, Sedgeford, PE36 5NR.

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by the book

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Hospice retail shops boost valuable support for Tapping House

As the only independent hospice in our region, Tapping House plays a crucial role in delivering compassionate, proactive end-of-life care. Hospice Care Week is taking place, from the 7th to the 13th of October, providing a time to reflect, celebrate and raise awareness of the vital work hospices do across the UK.

At Tapping House, we are dedicated to providing exceptional care for those with life-limiting illnesses, ensuring that our patients live life to the fullest, right up to the end.



Our unique and exceptional services extend beyond our inpatient unit, with a dedicated outpatient unit (Tulip Centre) providing wonderful activities and individual support from Creative Arts, Wellbeing in Nature to the Men's Woodwork groups. Equally the hospice therapy team have a wide programme of symptom management groups such as breathlessness, fatigue management, energise fitness groups and so much more. Helping patients to live well and cope with any life limiting conditions. Our brilliant Hospice at Home service allows patients to receive care in the comfort of their own homes. We also offer comprehensive support to families, including bereavement care, helping them navigate the challenges of losing a loved one.

A significant portion of funding that allows us to continue providing this high level of care comes from our retail operations. Our network of nine shops, including our new location in Burnham Market, contributes a valuable source of income that supports the day-to-day running of the hospice. So this Hospice Care week, if you find yourself passing one of our Charity Shops, do pop in and support us through treating yourself to a special find. Not forgetting we have an online

shop where supporters can purchase a wide selection of merchandise, with all proceeds directly benefiting Tapping House.

As we approach the holiday season, we are excited to introduce our 2024 Christmas range. This year, we have nine beautiful card designs that feature a mix of local scenes and festive imagery, perfect for spreading holiday cheer. (See the Sandringham and There goes Santa designs above). New to our collection this year is a ceramic bauble and a vanilla-scented candle, both featuring our "Light up a Life" campaign branding. We also have our Norfolk Monopoly sets and Tulip merchandise available. These items make wonderful gifts and serve as meaningful contributions to our hospice's ongoing efforts.

Purchasing from our Christmas range, or from one of our retail shops, is more than just buying a card or a gift; it's a direct way to support the care we provide. For example, buying a pack of our Christmas cards funds nearly half an hour of care from one of our Palliative Nursing Assistants, while purchasing a candle helps cover half a day's running costs for our Hospice at Home fleet.

You can order these items via our website www.norfolkhospice.org.uk or visit any of our shops to make your Christmas card purchase. Every sale helps us continue our mission of providing the highest quality care to those who need it most. This Hospice Care Week, we invite you to support Tapping House by shopping with us, knowing that every purchase makes a difference in the lives of our patients and their families.

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Voices raised at Songs of Praise

Jean Hornbuckle



On Sunday August 18th a Songs of Praise event organised by the Hunstanton Churches Together group was held on the Green. The hymns and songs were chosen by the different churches and accompanied by the Snettisham Salvation Army Band. The weather was lovely and many holiday makers joined local people to sing along with well-known hymns, interspersed with brief readings from the Bible, prayers and a short talk, all led by members from each of the 5 churches in Hunstanton. It was a very pleasant and well attended afternoon.

The group has started joint Faith lunches which take place once every 3 months in one of the churches. The last one was at the Union Church and this month the Methodist Church will host one on the 11th October. Other joint events for Christmas are being planned to which all are welcome.

Details of all the churches services and activities can be found on the Council notice board (just up from the Town Hall) and on the websites of each church.

A recipe from the Prudent Pensioner

As there are nice parsnips and red cabbage in the shops, I thought this recipe a nice one to share. Friends who have already enjoyed it said it has a nice flavour, quite sweet, filling and is a pretty Lavender colour

Parsnip Red Cabbage & Chick Pea soup

Makes approx. 700ml

1 med. Onion

Butter

1 Dessert spoon Rolled Oats

Chick Peas 100g/4oz ready cooked

Red cabbage approx. 160g/6oz

Parsnips approx. 150g/5oz

1 large or 2 medium sticks of celery

Stock cube (I used Chicken) dissolved in 500ml hot water.

Salt and Pepper to taste.

Slice cabbage finely and soak in lightly salted water.

Peel Parsnips and cut them into small pieces.

Peel onion and slice thinly

Clean celery and slice fairly thinly.

Strain cabbage slices and rinse in cold water.

Place butter in a saucepan over a medium heat, add onion slices stir and cook gently for 1 minute. Add stock, parsnips, celery, chick Peas, rolled oats and sliced cabbage increase heat and bring to boiling point. Reduce heat and leave, covered, simmering gently, stirring occasionally, until vegetables are quite soft (approximately 15-20 minutes). Strain off most of the liquid into a jug, put aside while you either put vegetables into liquidiser or use a hand blender and whizz until well blended. Carefully return liquid, to pureed vegetables in a saucepan, stirring gently to mix well. Add salt and pepper if required. When all liquid mixed in, reheat to boiling point stirring gently. Turn off heat, serve and enjoy.

See lots more recipes on The Prudent Pensioner Facebook page



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Birthday celebrations for Independent Mortgage Brokers

The people at Mortgage Synergy have a total of twenty years mortgage expertise between them, and this month they celebrate a hugely successful first year at their King's Lynn office.

With the aim of helping clients achieve mortgage-free status as swiftly as possible, the team of Ryan Bensley, Dale Farnham, Kay Gayton and Tatiana Dring, supported by administrator Laura Murray, make the mortgage process straightforward and stressless by putting their clients needs first and delivering high-quality professional services.

"We really are service and client focused; we are always available for a client anytime day or night", says Ryan, founder of Mortgage Synergy, "we have built a strong client base in West Norfolk but we cover the whole of the UK.

"Our King's Lynn team are all landlords, so have personal experience in challenges facing landlords when it comes to finance, and this is a strong area of expertise for us.



From left: Kay Gayton, Dale Farnham, Tatiana Dring and Ryan Bensley
credit: Valeria Majara-Howe/N-Lite Photography

A year in numbers

Mortgages arranged - 458

Clients serviced - 632

Completed cases - 291

Different lenders used - 41

Lending arranged - £91,602,736.00

"We are also fee-free which can save clients hundreds of pounds when using our services"

Whether you're a first-time buyer, remortgaging, taking on a self-build or development project, or looking to expand your small business, the team at Mortgage Synergy are dedicated to helping you find the best deal for the right price. They are also whole of market on life insurance, critical illness cover and income protection.

What really stands out about Mortgage Synergy is that an impressive 90% of their business is from client referrals.

"Property, in all its forms, is a huge investment, so if you're seeking the best mortgage deal money can buy and the very best service, we're here to help." Ryan added.

Call the Mortgage Synergy team on: 01553 773011
info@mortgagesynergy.co.uk
2 Regis Place
North Lynn Industrial Estate
King's Lynn, PE30 2JN

NEWS FROM BRANCASTER VILLAGE HALL (BVH)

Geoff Wingrove

It has been a very successful summer for BVH, and our thanks go out to all our dedicated volunteers and to the staff of Bar 71 who have worked very hard during such a busy period. It is pleasing to announce that the refurbishment fund has now reached its target and that the work on flooring and decoration was able to be completed in September. Many thanks to those who have given so generously.

Of special note: the Brancaster Baby and Toddler Group has had a very lively summer, with lots of activities organised by Annie; the group would like to thank the Parish News for a generous donation to replace furniture and toys. New parents and carers will always be assured of a warm welcome.

FORTHCOMING EVENTS

Mega Quiz: 28th September from 7.00pm - which will include food and will be great fun.
Halloween Party: October 26th favourite.
BVH Race Night: 2nd November

REGULAR GROUPS

These will continue as usual. Bar 71 has a full programme of quiz nights, skittles and darts, including Norfolk Super League Darts. Do come along: you'll be made most welcome and will be able to sample the new beer of the month - "Scoundrel" by Moongazer.

Brancaster Village Stores/Post Office is celebrating its first anniversary: Mark and his team want to thank customers for making this year as enjoyable as it has been successful.

Full details of events and regular groups can be found on our website at www.brancastervillagehall.communitybookings.co.uk or on Facebook and Instagram. For enquiries, please contact us at bvhsetup@gmail.com

FROM THE BRANCASTER VILLAGE HALL ARCHIVE: THE SANDRINGHAM COMPANY MYSTERY PART 2: THE WAR YEARS

As tensions accelerated following the assassination of Archduke Ferdinand in Serbia, countries across the European continent began to think that war may be inevitable: few people in Britain thought that events hundreds of miles away were going to end in this country going to war. Britain was not formally a member of any treaty organisation, although there was an informal understanding with France regarding cooperation in the event of conflict (the "Entente Cordiale"). The invasion of Belgium by Germany changed this, and Britain felt duty-bound by treaty with this country to declare war on Germany, following its refusal to leave Belgium.

Following the outbreak of war on 4th August 1914, members of the 5th Battalion Norfolk Regiment, including the Sandringham Company, were ordered to assemble at Dereham. The 1/5th Battalion was part of the 163rd Brigade, which also included 1/4th Battalion of the Norfolk Regiment, 1/5th Battalion of the Suffolk and 1/8th Battalion of the Hants Regiments. The 163rd Brigade was, in turn, part of the 54th Division: all the units

were Territorials. After a period of extended training, the 54th Division was earmarked to be sent to join the campaign being waged on the Gallipoli Peninsular in Turkey in July 1915.

The Gallipoli campaign was basically the brainwave of Winston Churchill, who was in charge of the Admiralty at this time. His idea was to break the trench deadlock on the Western Front by attacking Germany/Austro-Hungary from its vulnerable underbelly through Turkey. Churchill's original idea was to force his way through the Dardanelle Narrows, using battleships to pound the Turkish forts and coastal batteries, and then to take Constantinople, so forcing Turkey - an ally of Germany - out of the war and putting pressure on Germany/Austro-Hungary by linking up with Russia - the third power at war with Germany. Unfortunately, Churchill's naval force suffered damaging losses, and it was decided to land an army on the Gallipoli Peninsular to attack the forts and coastal batteries from the landward side.

Unfortunately, the army high command was not enthusiastic about the Gallipoli campaign and initially sent too few troops. This, combined with delays and rather inept generals put in charge, meant that the Turkish army was allowed to send substantial reinforcements to the Peninsular. When British reinforcements were sent out, again there were delays and the troops that were used were mainly Australian, New Zealand, and territorials. There was insufficient artillery support and incompetent generals in charge: this was the situation into which the 54th Division, including the Sandringham Company, arrived at Suva Bay on 11th August 1915.

The Division was immediately ordered to move forward and take some important hills just inland, as it was felt that Turkish defences were sparse. The 163rd Brigade was pushed forward on the right of the Division: 1/5th Battalion on the right of the Brigade became increasingly isolated. This was a poorly planned operation, carried out without proper reconnaissance or artillery support. The Turkish army had plenty of time to reinforce the area, so the 1/5th Battalion was walking into a position heavily outnumbered by forces that were well dug in and with substantial firepower; it was no surprise that the advance failed and there were extremely heavy casualties, particularly among the 163rd Brigade. However, the attention of the media was quickly fixated on the disappearance of large sections of the 1/5th Battalion - 16 officers and 250 men - and nearly all of the Sandringham Company.

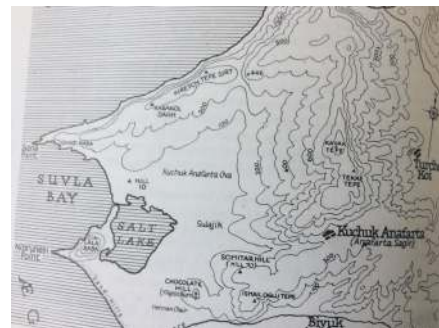
This incident was unexplained and there was no news about the fate of the men: were they dead, injured or prisoners of war? The rest of the Division had been forced to retreat, and therefore the mystery deepened. The King, understanding the terrible position in which families were left, enquired of the commanding general what had happened. The general could only say that there was no

information other than reports about the advance into the Turkish territory, and that there had been fierce resistance. In the absence of information, the media focussed on the mystery: indeed, this became the subject of a recent drama, "All the King's Men". The American ambassador to Turkey was approached to try to find out what had happened but was only able to report that there were no prisoners of war from 1/5th Battalion being held by the Turkish army.

In the end there really was no mystery, but the answer to the disappearance was not found until after the end of the war. Gallipoli was evacuated after the failure of the campaign and therefore there was no opportunity to examine the area of the 1/5th Battalion's advance until 1919. The Graves Registration Unit toured the area and discovered 180 bodies, of which 122 were from the 1/5th Battalion. They were identified from their shoulder badges, as all except two of the identity discs had been scavenged, along with all personal effects, by the local Turkish people. The local farmer had also collected bodies and dumped them in a ravine so that he could work his land; all the bodies were eventually buried in the Uzuck cemetery at Shold.

The advance by the 1/5th Battalion had been met with overwhelming fire: the Battalion was effectively surrounded in a wooded area and suffered very high casualties, including the colonel of the Battalion. None of the bodies were buried, and many of the injured must have died as the Turkish army moved to stem the attacking British forces. Medical care in the Turkish army was rudimentary and they seldom buried their own dead, particularly when in heavily contested areas.

At home the Government eventually agreed to treat the missing soldiers as being dead and pensions were paid to wives and families. The Queen Mother, Alexandra, took a very close interest in the families of the Sandringham Company, making numerous visits to provide comfort and ensure that there was no unnecessary hardship. A memorial was erected on the Sandringham estate to commemorate the sacrifice of the close to 100 men from the house and estate who had died at Gallipoli (and later in Palestine), which can be seen by visitors today.



Map indicating the location on the Gallipoli Peninsula of Kuchuk Anafarta Ova.

NATIONAL COASTWATCH INSTITUTION (NCI) BRANCASTER

It has been a very busy time on Brancaster coast and beach with all the summer visitors; there have been two major incidents since the last report. An elderly person was reported swept away by the very strong current flowing into the channel by Scolt Head Island; the emergency services were called out and deployed a lifeboat, hovercraft and helicopter. The person was recovered in Brancaster Staithe harbour but had, very sadly, not survived. Our thoughts go out to the family facing this tragedy.

The other incident involved someone stranded by the incoming tide on a sandbank near Titchwell; once again emergency services responded but, fortunately, the individual involved was able to wade to safety. Both these incidents highlight the potential dangers of currents and tides off the beaches, and the vital importance of swift action by Brancaster Coastwatch when emergencies arise.

On a lighter and very positive note, the Hunstanton Tennis Week raised £1400 for NCI Brancaster, and we thank the organisers for their most generous support. Further, the NCI took part in the Emergency Services day at Hunstanton and the Brancaster Staithe Sea Shanty Festival in September.



Our congratulations go to John A, NCI Brancaster Station Manager (pictured above), who has received his five-year award for loyal service.

The other pictures show the 30-year commemoration flag for the NCI displayed by team members at NCI Brancaster, and its handover in the Wash by the RNLI Hunstanton to RNLI Skegness, so that the NCI Skegness could in turn fly the flag as it makes its way around all the stations in the country to mark this anniversary year.

For further information about NCI Brancaster, please contact Richard Burrows, Deputy Station

Manager and Watchkeeper on 07535 612777. You can also find us on Facebook, if you search NCI Brancaster.





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Sporting corner with Tim Keogh

BATES ACHIEVES HIS BEST FINISH IN GOLF'S CLUTCH PRO TOUR



Local professional golfer, Warren Bates, achieved his best ever finish in the latest Clutch Pro Tour event held at Luton Hoo Golf Club. With over 100 players participating, Bates tied the leadership, but was agonisingly beaten in a play off to finish second. The 24 year old Heacham Manor based player will, however, be spurred on by this performance and take added confidence into the next event at Royal Norwich Golf Club at the end of September. The Clutch Pro Tour is a feeder into the Challenge and DP World Tour.

All three local clubs held their Golf Championships recently. At Hunstanton Golf Club, Simon Butts won the Men's Championship with a 76 in the morning and afternoon, whilst Harriet Allsebrook won the Ladies event with the same score.



Simon Butts and Harriet Allsebrook



Tony Thacker with Charles Bryan

Heacham Manor GC's Men's event was won by Tony Thacker (82 and 82), whilst Sophie de Winton won the Ladies event with a gross score of 87.

The Men's Club Championships at Searles Golf Club was won by Stanley Lee with a gross score of 82.



Sophie de Winton with Charles Bryan



From left: Assistant Manager at Searles GC Tom Coventry, Stan Lee and General Manager, Heacham Manor GC Charles Bryan

The eagerly anticipated Ryder Cup between Searles GC and Heacham Manor GC takes place on Saturday, 5th October, with the latter presently holding the bragging rights.

Tea & Cake Party Raises over £500 for Breast Cancer Now



A recent afternoon event in Hunstanton raised over £500 for Breast Cancer Now, the research and support charity for Breast Cancer.

Organised by Alison Witting of Andrews Place, donations towards the cake stall and a raffle made the occasion a success. Ex Hunstanton Mayor, Adrian Winnington, and his wife, Catherine, were on hand to organise the raffle. This is the second time Alison has laid on the fundraiser and she is now hoping to make it a regular annual affair on the calendar, with funds raised now totalling over £1k.

Over 30 people attended throughout the afternoon of Wednesday, 28th August. Alison is passionate about this charity, particularly as she has had friends who have had breast cancer and has worked on a female surgical ward.

Like any cancer, spotting it early is key and the purpose of the afternoon was not only to

raise much needed funds but also to increase awareness of checking any concerns or warning signs out early, not just with breast cancer but all cancers. Early prognosis of any cancer increases your chances of survival dramatically and reduces the chances of secondary cancer, so if you have a concern get it checked out.

More information can be found at www.breastcancer.org www.cancerresearchuk.org

Bowls Coronation

Janet Kendal

Hunstanton ladies, Sue Pheasant, Lyn Humphreys and Debra Wright were the winners in the Norfolk Ladies Coronation Triples competition and were presented with the trophy by Norfolk Ladies President, Edna Mayhew.



Debra was also presented with the trophy for Senior Singles. Winning this took Debra on to Leamington All England Finals, where she got through to the quarter-finals.



This rounded off a very successful season for the Cromer Road Ladies.

parkruns in the area

Hunstanton Promenade parkrun is every Saturday at 9am. The start is by the Salad Bowl Café at 9am.

Sandringham parkrun is in Sandringham Royal Park on Saturdays at 9:00 am. Start and finish on the vista near children's play area. Car parking for parkrun is free until 11:00 am. To volunteer or for further information contact: sandringham@parkrun.com

King's Lynn parkrun takes place in The Walks at 9 am each Saturday. Anyone wishing to take part should simply register by visiting: <http://www.parkrun.org.uk/> and then just turn up at The Walks Café at 8.45 am on any Saturday ready for the 9 am start.



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Sporting corner with Tim Keogh

Over 100 years of Wimbledon-on-Sea at Sunny Hunny

There was a feeling of poignancy at this year's Hunstanton Lawn Tennis Tournament, as John Barrell, who was a familiar figure at the tournament for many years and President since 1990, died in March. Organiser, Chris Holt said, "when it came to 'set up week' this year there was an empty void where my main man and his valuable help and practical abilities were missed. We owe him so much and will miss him greatly". Sir Marcus Setchell will take over the presidency from John.

On the courts, over 1,000 players participated across the Open, Junior and Veteran categories throughout the week across 39 courts, bigger than Wimbledon! The tournament first took place in the early 1920's and is still well attended by players, new and old, experienced and novice, from across the country. Most famously, Ann Jones, who participated in the 60's, went on to win the Ladies' Singles title at Wimbledon in 1969.

A number of boutique stalls, food stands and a beer tent kept the many spectators well nourished and entertained as they enjoyed the high quality of tennis on offer. The Hoste Arms of Burnham Market sponsored the event. Chris Holt and his many volunteers managed to ensure everything ran to schedule. Well almost. The finals were brought forward to "Finals Friday" due to the weekend weather forecast.

In the main Open events, number three seed, Seth Briggs-Williams from Wisbech, won the Node Building Consultancy Gentleman's Singles



Trophy, beating sixth seed, William Cheer from Boston, 6-0, 6-3 in the final. Last year's winner, Boston based player and number one seed, Alice Gamman, beat the unseeded local girl, Daisy Waddison, in straight sets to win the Ladies' title.

The chosen tournament charity this year were the National Coastwatch Institution (Brancaster) who were presented with a cheque (for £630 by tournament Chairman, Andrew Creighton. (Photo p. 49)

Organiser Chris Holt, now in his 49th year of organising this famous tournament said, "we are really appreciative of the support from the Borough Council of King's Lynn and West Norfolk, Alive West Norfolk and to the ground staff, headed up by Johnny Ives, for keeping the courts in a first class condition. Hope to see you all again next year".

Bircham Cricket Club 1st XI seal title in final weekend drama

The cricket season reached a pulsating climax on Saturday, 31st August with all local teams involved in promotion or title deciding matches on the final day of the season. In Division Two of the Norfolk Cricket Alliance, Bircham were crowned Champions with a seven wicket win over Mattishall 1st XI. Some tight bowling and four wickets for Thomas Hill allowed the local side to chase down their target of 98 with ease. It meant that results for second placed Horsford and third place Dereham were irrelevant. Bircham will feel justice prevailed in the end as they were unfairly penalised in a cancelled and an abandoned game earlier on in the season. Vice-Chairman, John King, said, "for such a small village to gain promotion into a Division containing major Norfolk towns shows just how far we have come and is testament to our youth development in recent years. It has been a team effort, not just from the players but all the back room staff too, that has made Bircham Cricket Club a special place to be. You don't choose Bircham, Bircham chooses you".

A very impressive eight wicket win for Sandringham 1sts over champions Norwich 2nds meant they secured second spot and with it promotion to Division Two. A superb century from Darren Bunn seeing them home. Captain, Lloyd Richmond said, "promotion was our aim from the start of the season and we achieved it. The effort from the players had been outstanding with individuals stepping up to the mark when required. We will be aiming for the same next season".

The other big winners were Thornham 1st XI, who secured a potential promotion spot by beating Beeston away. Thornham posted a relatively modest 185 in a tense affair. However, excellent bowling restricted the home side as they fell 38 runs short. Tom Wallace and Thomas Chudley bagged hat-tricks. In one of the most topsy turvy divisions, the result meant Thornham secured second spot in Division One

of the Norfolk Cricket League. However, due to complicated play off permutations, they have an anxious wait to see if they have secured promotion to the Norfolk Cricket Alliance League.

Despite a fantastic season, Snettisham 1st XI just missed out on promotion in Division Four of the Norfolk Cricket Alliance. Any slim chance was ended with an agonising four run defeat at home to Rocklands CC. The result was irrelevant in the end as second placed Swaffham won, although Snettisham will be eagerly awaiting a decision to see if Swaffham meet the criteria for promotion.

Elsewhere, Bircham 2nd XI capped a fine season for the club as they finished runners up in Division Four of the Norfolk Cricket League. Thornham 2nds finished sixth in the same Division. Sandringham 2nds finished third in Division Two. Snettisham 2nd XI finished a respectable sixth in Division One of the same League, whilst their Sunday team finished third in the Mid Norfolk Sunday Cricket League.

Thornham Over 40's won the Veterans League whilst their Sunday side won the Sunday League.

Snettisham Ladies also made it a good season all round locally, as they came second in the Shell UK Norfolk Women's Outdoor Cricket League. The relatively new and young set up proving the girls and ladies game is in good hands for the 2025 season.



Bircham CC First XI



Sandringham CC First XI



Snettisham CC First XI



Thornham CC First XI



Snettisham CC Ladies

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Hunstanton & District Inner Wheel

Coral Campbell

On the 4th September we held our first meeting of our new IW year. The meeting, as usual, took place at the Le Strange Arms Hotel. We had a lovely, relaxed evening sharing friendship and catching up with one another after the summer break. Our guest speaker was our District Chairman Heather Hewson. Coming to Hunstanton was Heather's first Club visit since she took on her role in July. We all enjoyed her talk which was her life story and what a full life she has had. The talk was very interesting and humorous. Heather introduced us to her charity for the year which is Hearing Dogs for Deaf People. Heather herself is partially deaf and understands how the disability of not being able to hear properly impacts on life. These trained dogs are such an asset to a deaf person. They give confidence and help deaf people to leave loneliness behind. President Coral presented District Chairman Heather with a plant as a token of appreciation on behalf of the members for her visit and we wished her a happy year as District Chairman.



On 6th September our President and Treasurer represented our Club at Great Yarmouth's 90th Celebration Lunch. The Club of Great Yarmouth were celebrating their 90th Charter Anniversary. Their birthday – the Club is 90 years old! They are very proud of the fact that their Charter was signed by Margarette Golding. Margarette Golding is the lady who founded the IW organisation 100 years ago. Clubs up and down the country and abroad have been celebrating our centenary all year. It was well worth the journey – the celebration was excellent. Wonderful decorations in keeping with IW and a fabulous cake with the IW emblem on it. It looked amazing and tasted delicious as it was our pudding! The proceedings ended with fantastic entertainment provided by a young group of girls from Ormiston Victory Academy – a local academy. They performed SIX – six young women gave us the modern musical depicting the six wives of Henry VIII. They each had lovely singing voices, and it was uplifting to see such young entertainers performing so professionally and

enjoying what they were doing. It was fantastic and a fitting end to a great day of celebration.

On 10th September we hosted our annual Macmillan Coffee Morning. It was well supported by our members, Rotarian friends and our personal friends. A good sum was raised for this very worthy cause.

Our next event is Peace Day - 24th September. We will observe Peace Day by getting together over coffee and reflecting on peace and share what peace means to each of us.

Fairstead Families trip to Skegness

King's Lynn's Priory Rotary club are pleased to be supporting the Fairstead Community Shop, with a donation of £700 towards the cost of their annual summer coach trip.

The shop, run by Emma Brock, does a tremendous job helping the local community, and the coach trip is a highlight for local children and their families. This year, they set off early on August 21st for a fun day out at sunny Skegness.

Thanking Priory Rotary, Emma said: "The kids have been eagerly looking forward to this day out. It is a great opportunity for the families, especially those that have no transport. The Rotary contribution has made a significant difference, reducing the cost of the trip and enabling more families to go on this adventure. Our next challenge will be helping elderly residents this winter, when we aim to supply packages to offset the new Government's decision to scrap the winter fuel allowance."



Open the Doors to The Old Dairy – We Certainly Will!

Firstly, we'd like to say a huge Thank You to everybody who signed the petition. Of course, the more support we can get the better the chances are that our vision to save The Old Dairy for the community will become a reality.

Our Crowdfunder is now up and running at <https://www.crowdfunder.co.uk/p/the-old-dairy-heacham-for-the-community>. Visit the link to donate. Our project offers rewards in return for your donations. You can also donate skills and services. Meanwhile, classes are still taking place at Studio @ 55 in the High Street, Heacham. Visit <https://www.studioat55.com> to find out more.

Esther is featuring at Bayfield Hall Sculpture Trail (NR25 6JN, near Holt) along with 44 other artists. The trail is open until 20 October, Wednesday to Sunday from 10am to 5pm.

Read the full story: <https://townandaround.net/news/open-the-doors-to-the-old-dairy-we-certainly-will>

MAGPIE CENTRE NEWS

Caroline Dudley

Highlight of summer activities at the Magpie Centre, home of West Norfolk Riding for the Disabled Association was a hugely successful Open Day on Saturday August 17.

More than 200 visitors attended the event, which included a Musical Ride performed by a group of RDA riders and a demonstration of Equine Assisted Learning Therapy, a programme which encourages interaction between horses and people to promote mental wellbeing.

But star of the show was Colin Perriss, past West Norfolk RDA Chairman, riding Ava, in a demonstration of Horseback Archery. This segment was introduced by Troy Shaw of New Leaf Triangle Horseback Archery, Melton Mowbray, who gave a rundown of the history of horseback archery, followed by an explanation of how to train a horse to accept a rider guiding it with their torso and legs only and shooting while mounted.

Colin has been training with Troy for the past four years and the display culminated in his cantering round the arena and gaining good scores for hitting the target.

Visitors had a very happy day, with one saying: 'We've had a lovely day out. There was something to interest everyone, adults and children alike and the atmosphere was so friendly. We're looking forward to next year's Open Day already,' she added.

The event raised almost £3,000 for the Magpie Centre.

Moving into autumn, now that the trees are beginning to turn and the evenings shorten, please make a note in your diary to attend the Quiz Night with Hog Roast supper (plus Veggie option), at Stowbridge Village Hall, Downham Road, Stowbridge PE34 3PW, Saturday November 16. Doors open 7.00 pm for a 7.30pm start. Bring your own drinks.

Teams of 4 – 8 people are usual, but singles and couples are welcome. To book tickets @ £12.50 each, call 07715467866 or email magpiecentrewnrda@hotmail.co.uk. For those new to the Magpie Quizzes this includes the Hog Roast or Vegetarian option, plus a vast array of salads and home-made desserts, not to mention a great night out with your friends. All profits to the Magpie Centre.



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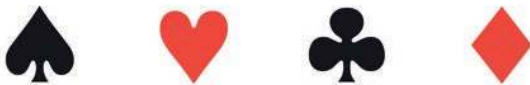
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Sporting corner with Tim Keogh

Bowls President's Cup and Local Round Up

As is customary, Heacham Bowls Club hold the President's Cup when a president stands down. That was the case this season when President, Ken Chapman, stepped down from the role this Summer, having been involved with the club for over 25 years.

At 95, the popular Ken felt the time was right to end his tenure, now deciding to apply his talents with Indoor Bowls at the Alive Oasis in Hunstanton. And who should question him, as Ken said, "carpet bowls takes less out of the old knees".

Twenty four people participated in the event on Sunday, 1st September. As well as a bowls tournament, the day included a BBQ, raffle and celebratory drinks in recognition of Ken and as a thanks to him and wife, Shirley, for their services to the club.



Ken Chapman



Above: Presidents Cup – all the players

Below: The winning team from left are Phil Grainger, Ian Cain, Bob Hutchinson (with Ken Chapman 2nd from right)



On the local bowls scene, all leagues reached a conclusion recently. Searles BC were the big local winners in the Albert Victor League, topping Division Two and securing promotion. Wooton Park BC won the Division One title. In the North West Norfolk Bowls League, Burnham Coronation won Division One, whilst Hunstanton BC won Division Two. In the Norfolk EBA League, Cliff Parade BC and Hunstanton both achieved mid table finishes.

In the Eddie Hipkin Memorial Trophy, Ingoldisthorpe BC defeated Snettisham Excelsior, whilst Burnham Coronation capped off a fine season by defeating South Creak BC in the Ridley Cup Final. Flitcham BC beat Bircham Railway BC in the Subsidiary Cup Final.



Honorary Member of Heacham Bowls Club, Ken Chapman, 94, is the outgoing president of the local club. Both he and his wife, Shirley, are still involved in Indoor Bowls at the Alive Oasis in Hunstanton. Ken has enjoyed playing bowls for many years locally and is well known in the local leagues and a respected and popular member of Heacham Sports & Social Club.

Full Name: Kenneth John Chapman

Age: 94

Star Sign: Cancer

Where born: Trumpington, Cambridge

Where live: Heacham

Occupation: I did my National Service then became a Fireman for 32 years in Cambridge, loved every minute of it.

Family: John is the second eldest of ten children. Wife, Shirley (married 57 years). Two boys, Paul & Duncan.

A Cats or dogs person: Neither

Sports Team Support: Tottenham Hotspur

Worst injury: A knee injury playing football. I was sent home from A&E with a bandage, turned out it was a broken leg. Different days then. To be fair, I have been lucky health wise, although a stroke last year did put me back slightly but I'm okay.

Biggest Break: Definitely joining the Fire Brigade.

Funniest memory: A teacher once tried to teach my friend, Alan, and I mathematics and fractions by cutting up an apple into halves, quarters, etc. Whilst the teacher's back was turned Alan ate a piece of the apple and the teacher lost his will. Alan, unfortunately, died last year, a dear friend.

Hero: Ian Botham

Hobbies/interests: Cribbage, football, cricket, bowls and now indoor bowls. I still play Bridge at Old Hunstanton.

Best memory: Marrying Shirley in 1967 in Cambridge. It was on a Friday, because we all played football on a Saturday. And the honeymoon in Jersey.

Favourite international meal/cuisine: A traditional English Roast, although I am partial to the occasional vindaloo.

Favourite drink: Greene King IPA

Favourite band/singer: Frank Sinatra. I am also a huge fan of classical music and have a large collection of CD's bought by my sons over the years.

Favourite film: Abbott and Costello

Favourite holiday destination: Seefeld, Austria, Scotland and, more recently, Hopton-on-Sea.

Three items for a desert island: A pack of cards, a radio and a book of sudoku (keeps the brain ticking along).

An interesting fact about yourself nobody knows: Hanging a colleague's pristine work boots off the top of the fire station tower. The sergeant wasn't best pleased. First time I've admitted it. Think I'm in the clear now though.

Worst habit: He conveniently turns on the odd deaf ear (Shirley).

Pet hate in others: Rowdiness and loudness - although that might be an age thing.

Biggest achievement in life: Reaching 94 and counting, and still being active.

Best advice ever given: Like my dad said, work hard and keep out of trouble, or don't get caught !

Like to live forever: No, but I wouldn't mind getting a telegram from the King. May I say, though, I have enjoyed every moment and meeting nice people throughout my life.



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News from Brancaster School

by Thrift Class

We are all excited to be back and see our friends. Some of us found going into a new year group a bit scary but it has turned out to be really good!

We are learning about Ourselves this term, and Harvest ready for our Harvest Festival on 7th October in the Church. Afterwards we will be sharing harvest food.

We are now doing "Literacy Tree" in English. Our first book is called "And Tango Makes Three" which is about a penguin family, because we are doing families as part of our topic. We are having fun with the penguins! Thank you to the PFA for buying all the books for our lessons.

And our home corner has turned into a nursery with lots of babies because we are learning about growing up.

Years 3 and 4 are doing "Leon and The Place between" for their book, which Mrs Bocking says is about a boy and a magic show. So they are also doing lots about the circus and trying out some circus skills. They are also learning about themselves in science and they have a skeleton in their classroom.

Year 5 and 6 are learning about evolution in science and their topic is "how we map the world". Their Literacy books are all about migration.



We are having "Meet the Teacher" this week so our parents can come in and see what we are doing and what is happening in class. We already have some things to show off!

We are about to vote for school council and sports council so we will let you know who won next time.

In the holidays the PFA paid for us to have new playground markings so everything looks all new and bright and we can see all the numbers on our caterpillar again!

Half Term starts on 24th October and we return on 4th November.

GLEBE HOUSE SCHOOL & NURSERY UPDATE

August means two things for us, holidays and planning!! Whilst our school and term-time nursery children enjoyed a sunny break, our Nursery continued to provide their outstanding childcare for the many children that attend all year round. They were able to not only make use of their own fabulous facility, but also extend out onto the school playing field and the Pre-Prep playground. Always an adventure for our youngest pupils.

And whilst many enjoyed their time right away from the School, there was so much work going on ready for the start of a very exciting new year, our 150th anniversary year!

The work which had been going on throughout last year continued, with the ground level of our main building being painted, a new boat-themed feature in the playground being installed, the redecorating of the Dining Hall being completed, and the expanded and enriched curriculum being shared with our families.

The summer holidays also brought round the first anniversary of our new Head Adrian Stewart taking over leadership of the school and nursery, and the delivery of our annual yearbook, The Aquilian: a celebration of the year gone and a means to set expectations for another exceptional year ahead.

And so, we look forward. We look forward to welcoming both our new Reception families and the other families joining us further up the school. We look forward to expanding our children's reach with the introduction of Computer Design, Dance and Drama into their weekly curriculums. We look forward to watching the new Year 3s embrace the opportunity of competing in weekly fixtures against other schools in rugby, hockey and netball. And we look forward to celebrating 150 years of Glebe House School in Hunstanton and continuing to grow our reach into the local community.

Our next Open House is on Friday 11th October from 8.30am-11.30am, and we would love that opportunity to meet anyone interested in learning more about our school and nursery.

Open House
Friday 11th Oct

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Editor's pick of this month's events - Full listing at <https://townandaround.net/whats-on/october>

Thursday 10th

Holme-next-the-Sea History Group presents a talk by Dr Sarah Spooner of UEA: 'Roads, Paths and Rights of Way' at 2.30pm Holme Village Hall, Kirkgate PE36 6LH. Free Entry. Donations welcome.

Wolf Folk Music Club at Flitcham Social Club. 8pm. Free entry. Singaround of a wide range of acoustic music. Everyone welcome. More info on Facebook: The Wolf Folk Club

Friday 11th

Kings Lynn U3A Open Morning at Gaywood Community Centre. Come and see what our U3A can offer. We also have a monthly meeting with a speaker, giving members an opportunity to all come together. Doors open 9.30. Refreshments.

Tuesday 15th

Brancaster Camera Club 7pm in Brancaster Staithe Village Hall. The topic for the evening will be 'Light & Shade'. If you are visiting the area, or have an

interest in photography generally, please feel free to come along. Visitors are most welcome. Entrance is £3 to include refreshments. Contact Sue Till on 01485 210 013 or Wendy Calow on 01553 674725

Friday 18th

Massingham Historical Society Massingham village Hall 7.30pm an illustrated talk by Adrian O'dell: The Historic Landscape Around Us. Photographic Display Views. Members Free, Guests £3. Bar open.

Saturday 26th

Murder Mystery Evening at Old Hunstanton Village Hall. 'The Gathering Dark' Following the popular event earlier this year, the team from 'by the book, Hunstanton' return to present us with a gothic murderous mystery to solve. The evening includes Chilli followed by dessert. Costumes are encouraged! Tickets are £25. Please contact Gail Doherty on 07536 022176

**There are lots of articles in this issue that refer to events too!



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Hunstanton Croquet Club

Caroline Harper

August began with a new competition for us as we held a Men v Women tournament. Expertly run by player/manager Gary, the men ran out comfortable winners whilst the women were awarded the wooden spoons. No 'kitchen' jokes please! Only 10 members entered this year, but it was such fun we hope to repeat it next year with more entrants and a different result!

Our second annual 'Bright Shirts Day' was attended by over 30 members who had raided their wardrobes to don the most colourful garb they could find. Pam Reynolds chose the winner, Bev Runchman whose top could be seen by the jets circling overhead!



On a more serious note, Hunstanton hosted the final round of the Ascot Cup qualifying series. Only 11 of the 16 places available were filled, but of the 11 no fewer than 3 were England players. One of them, Mark Avery, pictured below, won and has qualified for the Ascot Cup final with our own David Thirtle-Watts winning the Plate.

August bank holiday saw the annual 4 day AC competition. Again entry numbers were a little low, but how marvellous that this competition has been run since 1912 with only two World Wars and COVID interrupting it.

The month's events concluded with the Club Doubles. 8 pairs competed in perfect conditions. Colin Spencer and Maria Crompton defeated David T-W and Steve Runchman in the final to take the silverware, whilst Gren Perry and Zena Penty took home the wine after a fiercely fought golden hoop with Gary Lewis and Steve Runchman.



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The Privilege of Looking

Lesley Nadel, The Arts Society North West Norfolk

On Monday, 14th October 2024 at 2:00pm, The Arts Society (North West Norfolk's) accredited guest speaker will be Lydia Baumann telling us about NG200 – Celebrating 200 years of the National Gallery. A guide and lecturer at the National Gallery for thirty-five years, Lydia will share some of its headline-grabbing stories against the backdrop of its most exquisite paintings.

Now is a good time to join us as an annual member at the start of our 2024/2025 season. Come and enjoy a range of benefits - nine monthly talks which cover a wide range of subjects, trips and tours in the UK and abroad, interesting study days, regular newsletters and magazines, and a warm welcome from a very friendly society. The Society's motto is 'More Art for More People' – the arts should never be 'elitist'.

'Art Galleries stand as cultural sanctuaries, preserving and showcasing the beauty of human creativity through the ages'. An art gallery is a place to display and do business with art. We get to see the real thing in all the glory that reproduction somehow loses. Since the 1700s the public have been able to view many of the world's amazing masterpieces, commissioned by the Church, aristocracy or wealthy patrons, and previously only available to the privileged classes. The Museo Capitolini in Rome is credited with being the first art museum when Pope Sixtus IV donated six bronze statues of great symbolic value to the people of Rome. However, public access was not granted until 1734. A public art gallery is there to collect, conserve, exhibit and interpret for the benefit of anyone who wants to visit. By the eighteenth century in England public exhibitions were getting enough support whereby the Royal Society of Arts established and began organizing annual shows. This then led to the opening of public galleries.

Galleries and museums have long relied on generous donations and bequests from private collections and philanthropists during their lifetime, upon death or through some established foundations. Major gifts and endowments from wealthy collectors have helped galleries and museums acquire other works of art, as well as supporting their financial security.

The roots of art collecting began with the ancient civilisations primarily in Egypt, Babylonia, China and India. But it was with the rise of the Roman Empire that art collecting really came to the fore. From 27 BCE to 138 AD, from Augustus to Hadrian, an art market was created. The Italian Renaissance is perceived as the origin of the modern-day museum and one of the most important collectors of that time were the Medicis of Florence. The many princely Italian collectors were followed by members of royalty and the aristocracy. In the seventeenth century and during the eighteenth and nineteenth centuries many of them began to donate their huge collections to museums for the viewing public to see. Continuous collecting has evolved alongside fashion and is essentially linked to the development of the world's most famous art museums and private collections.

".... the true collector's only home is his own museum." (Orhan Pamuk.) Great collectors can be very secretive about their artworks, but many have a desire to share, like Francois Pinault, the French billionaire, who is quoted saying "the desire to possess – born at the moment I first came into contact with art – has been transformed into a profound need to share."

Galleries and museums have been major beneficiaries of some of the world's prestigious art collections. The fabulously wealthy Penny Guggenheim was ahead of her time by discovering and nurturing a whole new generation of artists producing a new kind of art. She then, along with her Uncle Solomon, founded The Guggenheim Museum in



Have you always wanted to learn more about the arts?

Then start now with our next talk at Sedgeford Village Hall at 2:00pm on Monday 14th October 2024

Celebrating 200 years of the National Gallery
Expert Lecturer: Lydia Baumann

A guide and lecturer at the National Gallery for 35 years, Lydia shares headline-grabbing stories, against a backdrop of its exquisite paintings.

We aim to make art mean more to more people

There's never been a better time to join!
There are many benefits apart from our interesting and varied talks:

- * Trips and tours in the UK and abroad
- * Special in depth Interest Days
- * A social event with a warm welcome
- * Regular newsletters and magazines
- * A social event with a warm welcome

For more information and how to join, visit www.theartsocietynwnorfolk.org.uk
Registered Charity Number 1105490

New York and changed the face of twentieth-century art. Now the public access is over one million a year and many millions of digital followers.

Recently contemporary artworks have been bought in such large quantities by super-rich billionaires who have built new privately-owned museums. Rather than just leave their extensive collections in locked vaults they are choosing to share them with the public in these new 'ego-seums'.

Public engagement with the arts enriches not only the cultural and educational landscape but also the preservation of our artistic heritage for future generations. What would it have been like never to see the Mona Lisa, the Warhol, the Farnese Collections etc? All too often the art world is one where money talks and wealth whispers. We are grateful to those collectors and benefactors who wanted to share so that art for everyone can live on in public galleries and museums. The privilege of looking will continue.

New members are welcome to join our Society, and details are on our website www.theartsocietynwnorfolk.org.uk

The Arts Society King's Lynn

The Arts Society King's Lynn continues the 2024-2025 season on Thursday 10 October when they welcome Julia Musgrave to speak about Tintoretto "Il Furioso: Painter for the People."

In sixteenth-century Venice, Tintoretto, helped by his studio assistants, produced work so quickly that he was nicknamed 'Il Furioso' ("The Furious") by his contemporaries. He had received almost no formal training. Without the benefit of an apprenticeship in the studio of a major artist he had to find work the hard way: by under-cutting prices and delivering faster than his competitors (who included Titian and Veronese). The scourge of the Venetian art market, Tintoretto would obtain commissions by either working for no fee or charging only for the cost of materials. His work, characterised by muscular figures, dramatic gestures and movement takes the art of the Mannerist period into the excitement of the Baroque. By the end of his life, he was working for the wealthiest in Venice and for international patrons. Yet he never forgot his roots and the poorer churches which had supported him in his early days.



Julia Musgrave has a Graduate Diploma in the History of Art and an MLitt in "Art, Style and Design: Renaissance to Modernism, circa 1450 – 1930". She gained her PhD at the University of York for her research into the involvement of Roger Fry and the Bloomsbury Group and the social networks of the British art world in the development of the Contemporary Art Society from 1920 to 1939. She teaches Art History at the City Literary Institute and is Co-Director of the London Art Salon.

The lecture will take place in West Winch Village Hall where there is ample free parking available and starts at 2pm. TASKL meets once a month on the second Thursday from September to May and anyone is welcome to become a member. The annual subscription is just £55 or you can go along to individual talks as a guest for £10.

Anyone interested in finding out more about TASKL can visit their website at www.theartsocietykingslynn.org.uk or to join the Society contact the membership secretary on 01366 328648 or via email at info@theartsocietykingslynn.org.uk.

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Behind the scenes

Welcome back to the next edition of Behind the Scenes. Can you believe that we are well and truly into the autumn season now? The summer has seemed to of flown by, but as we look forward to the cosy months to come, we also have another great month of shows here this October!

Firstly, on Tuesday the 15th of October, we have Riverdance 25th Anniversary Show, which will be a CinemaLive screening of the 25th anniversary production. Watch and celebrate the brilliant energy of Irish and international dance. Linking to CinemaLive, throughout 2024/25 we will also be screening their second season of 'The World's Greatest Stage Musicals', which began in late September with the screening of Miss Saigon (25th Anniversary Show). The next to follow in the series will be at the start of November, with The Phantom of the Opera at the Royal Albert Hall. A classic amongst theatre, Andrew Lloyd Webber's Phantom has had great success, this production presented by Cameron Mackintosh, was to celebrate its 25th anniversary year, and was staged in the beautiful Royal Albert Hall. So, calling all musical theatre fans, look out for these screenings across our website, you don't want to miss them!



'CinemaLive: The Phantom of the Opera at the Royal Albert Hall'



Gemma

We also have some great shows here this month. One of which is Derek Ryan Live In Concert, who has performed here many times in the past. This year Derek Ryan returns with a brand-new show, performing his much-loved classic hits. This award-winning artiste is one not to miss, especially if you're a fan of fantastic Irish Country music. Get your tickets before they're gone, performing Thursday the 17th of October.

Continuing, on the 18th of October Nearly Elton is here, the ultimate tribute to Elton John. This production stars Lee Brady as Elton, who will also be joined by an amazing live band! Featuring hits from Elton's five decades of music, such as Rocket Man, Your Song, I'm Standing, Candle In The Wind, and more.

Also, towards the end of October, come along and watch tributes to two female powerhouses, with Cher – Strong Enough on the 19th, and Celine- My Heart Will Go On, on the 20th. Both performances will create an unforgettable experience, celebrating two amazing icons of music. Cher – Strong Enough features fabulous costumes, glitter, dancers, and a live band! Celine – My Heat Will Go On, stars Alexandra Darby performing as Celine, joined too by a live band, so singalong to the sensational power-ballads you know and love. Get ready for a fantastic weekend of music coming your way with these two amazing shows!

Please note that tickets for the Hunstanton & District Round Table Annual Bonfire & Firework Display are now on-sale. This year's display is taking place on the 2nd of November, and tickets are available from the Princess Theatre Box Office now! Visit and enjoy a firework and laser display alongside music, located towards Hunstanton cliff's car park. Please see our website for further information on how to purchase tickets, and more event details.

That brings this edition to a close. Thank you for your continued support. As we head into autumn, please remember to check our website for further details on this year's Pantomime! Also, take a look at the back 'What's On' page for the full list of shows performing this month. We hope to see you again soon, but until next time, break a leg!



The 2024 Summer season for King's Lynn Cinema Club draws to a close in October with two screenings. Firstly, on Thursday 10th October there is a change to their published programme due to licencing issues and they will now be screening British comedy Swede Caroline. In this Mockumentary, the competitive giant vegetable growing world is rocked by scandal when up-and-coming prospect Caroline has her prized marrow plants stolen.

Then on Thursday 24th October the final film of the season will be French drama comedy Driving Madeleine. Madeleine takes a taxi from her old house to a nursing home on the other side of Paris. On the way she asks Charles, her driver, to go via all the places in the capital which have counted in her life. Both films will start at 7.30pm and will be shown in the historic St George's Guildhall.

Anyone wishing to become a member of KLCCC will be able to see eight film screenings each season for the bargain membership fee of £17 - that works out at just £2.13 a film. This will be the fourteenth year the cinema club has been running and membership is open to anyone over 18. The club screens a wide variety of films usually including classics, international films, films not on general release, as well as some more mainstream titles and always plenty of award winners. In addition, the club organises numerous social events including pre and post film meals, informal film related talks, quizzes and a Summer trip. To join the club you can find all details on the website www.klccc.uk, the Facebook page or by emailing communitycinemaclub@googlemail.com. If you don't want to sign up for the whole season you are still very welcome to come along to any film as a day member for £5 cash on the door.



In October, Music in the Burnhams brings two contrasting musical events to the area. One of the oldest musical relationships Music in the Burnhams has is with the Karl Jenkins Classical Music Award violinist Joo Yeon Sir and her Russian-born colleague, Irina Andrievsky and they are giving a recital at St Mary's Church Brancaster on Saturday October 5 at 7.30pm

Highlights for Joo Yeon include the Deutsche Grammophon CD award and world premiere of Sir Karl Jenkins' "Cantata Memoria – For the Children.

Their programme on October 5th includes works by Clara Schumann, Grieg and Fritz Kreisler.

In complete contrast in musical terms will be the recital by Hymn on Friday October 11th at Burnham Market School at 7pm.

Hymn is a group that features Chris Dowding's breathy trumpet playing and looping, George McKay's deep and dark double bass playing, and electronics improviser David Ross playing percussion processed through analog electronics. On this occasion they will be joined by the duo Happy Couple and the evening's programme will begin with the gentle, folk melodies of The Happy Couple, presenting a programme of their instrumentals around seascape and their relationship to the coast.

George McKay is known to audiences too from his writings and his position as Professor of Media Studies at UEA

Tickets for both concerts are £20 each and may be booked on musicintheburnhams.com or ring 07989 177079



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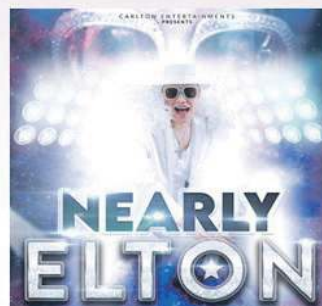
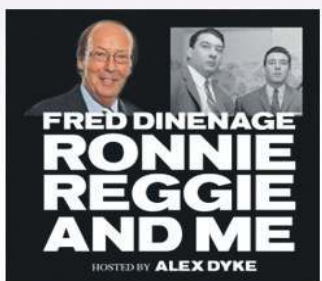


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Tuesday 8th

Friday 11th



Saturday 12th

Sunday 13th

Thursday 17th

Friday 18th



Saturday 19th

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