

TOWN and AROUND

ISSUE 241 NOVEMBER 2025

PRICELESS!

Local News • Events • Great Outdoors • Features
14,000 copies distributed in West Norfolk
Celebrating 20 years 2005-2025

First word



Hello and welcome to the November issue of Town and Around. The days may be getting shorter but there's no shortage, or variety, of things to do as you'll see if you turn to the What's On listing on pages 74-75.

The dark nights are perfect for star gazing and Terry Parish writes about what you might see as you look skywards this month. If you are unsure about how to identify the planets and constellations Terry suggests you go along to the

Golden Lion in Hunstanton on Thursday 23rd at 7pm and get help from the King's Lynn and District Astronomy Society. It is a free event and there is no need to book - just turn up.

The future of local governance in Norfolk is to be decided by the Government and different proposals have been put forward by the County Council and a group of Districts including the Borough. We shall have to wait until the spring to find out which it will be, but you can read the different opinions on pages 13,14 and 45.

There's plenty to be smiling about in this edition with the news of Dersingham's new post office counter opening, and the celebratory postbox topper created by the local knit and natter group. There's also an inspiring piece about the link-up between Springwood and Rolls-Royce.

Theatre and the Arts are alive and well with a wide variety of shows at the Princess Theatre before the panto season begins on 6th December, while the Arts Societies continue with talks about subjects as diverse as Nordic arts and the art and history of coffee drinking.

Producing a magazine that you want to read is our prime objective, and I hope you will find the content in this issue both interesting and stimulating. If there is something you'd like us to cover, do get in touch.

My thanks as always to everyone who provides articles and information for the magazine and our advertisers, the income from whom pays for these pages. There are new advertisers this month, please support them if you are able.

Lastly, as part of our expansion programme T&A will now be covering a wider geographical area including Wells and Fakenham where magazines are available through supermarkets. Please contact me with news and advertising.

With all best wishes for November,

Elaine

Elaine Bird, Editor,
Town and Around

The Perches, 18 Tapping Close, Snettisham PE31 7FF
T: 01485 540620 M: 07533 088196

E: editor@townandaround.net

Town and Around is published by Elaine Bird and printed by Mortons of Horncastle

Follow the latest stories at www.townandaround.net
www.facebook.com/pages/TownandAroundNorfolk

Our pick-up points include supermarkets in Hunstanton, Heacham, Dersingham, King's Lynn, Downham Market, Wells and Fakenham.

ADVERT SIZES

1/16 page: 42mm wide x 60mm high OR 88mm wide x 28mm high.
1/8 page: 88mm wide x 60mm high OR 180mm wide x 29mm high
1/4 page 88mm wide x 122 high (portrait) OR 180mm wide x 60mm high (landscape)
1/2 page 180 mm wide x 122mm high (landscape) OR 88mm wide x 246mm high (portrait)
Full page 180mm wide x 246mm high
Centre DPS: 380mm wide x 246mm high

ADVERT PRICES

Size	1 issue	6 issues
1/16	32.40	27.00
1/8	62.64	52.20
1/4	103.68	86.40
1/2	194.18	161.82
Page	356.64	297.00
DPS	684.00	570.00

All prices are per issue, exclusive of VAT. Phone for more details.

The copy date is 12th of the month preceding publication.

No part of the magazine may be reproduced, stored in a retrieval system, or transmitted in any other form, or by any other means without written prior permission. Copyright © 2025 All Rights Reserved. This magazine reflects the views of its contributors; not necessarily those of its editor or advertisers.

PRINT IS KING!

Advertise your business here to your local community. We have published every month since 2005 with affordable advertising rates for ads that get results. Call 01485 540620



Safe Professional Earwax Removal...

for your appointment at The Drift Complementary Health Clinic,
Station Rd, Heacham PE31 7DT
T: 01485 205085 or 07966 403517 E: bex.hearcare@gmail.com



Dental Implants
General Dentistry
Cosmetic Dentistry
Teeth Whitening
Flexi Dentures
Partial to Full Dentures
(acrylic or chrome)
Emergency Dental Care
Sedation available for nervous patients



**Quality, affordable
dentistry for
all the family**

**CALL US NOW
FOR A FREE
CONSULTATION**



Accepting new Private Patients Call 01485 541875

THE GRANGE DENTAL PRACTICE

40b Lynn Road, Snettisham PE31 7QB

T:01485 541875

E: reception@thegrangedentalsurgery.co.uk

Open Monday - Friday 9am - 5pm



'Needle-less' to say another great creation by local knit group!

Dani Crawshaw

To celebrate the local post office counter opening, Dersingham's 'knit and natter' create Postman Pat postbox topper.

I meet the knit and natter group at Dersingham library - and there they are - knitting and nattering.



Kathy

Kathy's been coming for around 16 years, "I couldn't knit when I came, I hadn't knitted since I was a young teenager - and I came here and learnt. I've made some lovely friends and also made lots of lovely garments."

You may have seen their most recent creation on top of the postbox along Hunstanton Road - Postman Pat and friends.

"It was Maureen, who's not here, it was her idea, because the new post office counter was going to open, so we thought it'd be a great idea to do Postman Pat," Kathy explains, "So we all chipped in and put it on the night before it opened, so they didn't know we were doing it - and on it went."

"Everybody's loved it, we've had some lovely comments, when we did the first one in the summer - that was going to be a one-off, but then we had so many lovely comments - we did another one and they do get addictive!"



The women are now working on their fourth for November - to mark Remembrance Sunday, and already knitting's started on a Christmas one. Judy's made a choir boy, "Hopefully put 3 in a row as if they're singing in a choir," she says.

Judy goes on to tell me she loves the group, "It's a way of me getting out because I live on my own, I started with the group and I've



made some lovely friends. Every Thursday I look forward to it."



Judy with her knitted choirboy

I ask Sally, who's busy sewing poppies onto a chain, what it's like when they put the knits up. "Oh yes it's lovely to see what we've finished, and people come and take photographs of what we've done - and when it gets into the paper it makes you feel really chuffed - that you were part of doing it."

Before I leave I ask if more chatting goes on then knitting, "Probably more natter than knitting," and they all laugh. Kathy adds, "Well you take it home, what you've been working on, and realise you've done it all wrong!"

Off I go to take a look at Postman Pat. Nigel's posting a letter and says he thinks it's brilliant, "All of them have been, I look forward to the next."



Sally

I ask Mike Rivers, the new postmaster, what he thinks. "Absolutely fantastic - it's absolutely brilliant and I think they've done a tremendous job and they keep changing it, I'm totally surprised - I don't know what I'll be met with! It's really a very good gesture from them."

I forgot to mention the group asked if I'd like to join - if they'd ever seen any of my attempts at knitting - they most likely wouldn't have!

Looking forward to seeing their next creations though (without my help), and I wonder what's in store for next year?

Knit and Natter meets every Thursday from 10 til midday at Dersingham Library



Postmaster Mike Rivers



Hunstanton
EyeCare | Audiology



**Merry
Christmas**

FROM ALL AT HUNSTANTON EYECARE & AUDIOLOGY

44 Church St, PE36 5HD | 01485 532326 | info@hunstantoneyecare.co.uk

Transformation of Snettisham's Memorial Pavilion begins

Dani Crawshaw

It's been 4 years since fundraising began to restore the Memorial Pavilion, and finally work's begun - the roof has been taken off to be replaced. And what a poignant time of the year for it to happen, with Remembrance Day this month.

Steve Sharp, who's the architectural designer, says it's brilliant to see, "It's been a long time coming getting to this stage, we're now starting to put the new roof on - a big thanks to every one who's donated."

The much loved building has been central to village life for over 70 years. Work started on it in 1949, to honour the 15 men from Snettisham that didn't come back from World War Two.



The Pavilion being built

David Bocking was a teenager at the time and says some of the German soldiers helped with the build, "A few prisoners of war were involved, and us young lads we all carted the materials to the builders."

He says when it opened it was a 'godsend', "As children you had nowhere to play because there weren't any grass fields anywhere as they'd all been ploughed up to grow food for the war. It was like Christmas had come in the middle of summer."



David Bocking with childhood friends John Hooks and Peter Jarred at this year's VJ Day 80th anniversary service at the Pavilion

Since being built, there hasn't been any significant investment in it, the fundraising committee say apart from it no longer being fit for purpose there were asbestos tiles on the inner roof.

Peter Bradshaw, who's part of the committee, says "We've all worked really hard to get to this point. It's been quite a long haul so far, we're in our fourth year now in fundraising - and it's really lovely to see work's started."

I ask when it may be completed. "We're not setting an end goal, we have broken it



Photo credit: Richard Gibbs

down into 3 phases," Peter adds, "So this is phase one, which we're hoping will be finished by the end of February. It's very much watch this space."

And what an effort for a small village to be making - so far around 450 thousand pounds has been raised - that's around 10 thousand a month. Impressive. In total 550 thousand is needed, one of the latest donations has been from Chris and Clare Tansley, who own Coastal Vets in the village.



David Bocking accepting a cheque from Clare and Chris Tansley, with their son Max

Chris says, "It's been a valuable amenity to the local community ever since it was built, my own children have used it, even I've used it, and being able to provide a space for ongoing generations I think is just such a fabulous thing to be able to do, and to be able to help put that into place, we're really happy

to do it."

The new building will have more space, additional toilets, showers, better disabled access and more changing rooms. It'll also be more environmentally friendly with plans for solar heating, ground-source heat pumps, LED lights and a low-use water system. The existing tiles will be re-used on the new roof and the most of the existing Carstone walls will be retained.

And - let's not forget the reason the Pavilion was built in the first place to honour the 15 men. There are plans for a permanent exhibition, so the memory of them and their sacrifices live on.

Those involved in the project hope they are 'building the future and honouring the past'. Making sure people can enjoy the Pavilion, and all it adds to and enhances village life, for decades to come.

I have asked David before what a new lease of life for the pavilion would mean to him. Holding back tears he answered, "I can't put that into words because that's in there," putting his hand over his heart, "Very emotional. To me this place, the Pavilion, is a remembrance of those boys we lost. We've got to not forget them."

Work will stop on the 11th of November for Remembrance Day.

For more information about the project or how to donate:

[https://www.snettisham.org.uk/...](https://www.snettisham.org.uk/)



EQUITY RELEASE MADE SIMPLE



James Batchelor, Principal of Evergreen Equity Release Solutions, based on the historic Tuesday Market Place in King's Lynn, on making Equity Release simple.

When my business partner, Nigel Barrett and I first formed Barrett Batchelor Mortgage Services LLP, the aim was to not only be professional and efficient, but also to ensure that the service offered was personal and friendly. We firmly believed that this was required to make our company successful and is also what the people of Norfolk required. We were, and remain, determined to treat our clients with the respect they deserve and to ensure that they don't feel as if they are just a number, as can be the case when dealing directly with the big banks.

When we made the decision to extend our range of services a number of years ago by forming Evergreen Equity Release Services, it soon became apparent to us that this personal approach was probably even more important when dealing with people who were considering Equity Release.

For many, it could be a case of having the majority of your wealth locked up in your home. Where some will look to downsize their property to release some money (not a cheap option in itself when you take into account the fees from estate agents, solicitors, potential stamp duty on the new purchase etc), more and more people are looking at the option of staying in their current property, and raising funds via Equity Release to enable them to do so.

One thing I am very keen to do is to explain to people how the Equity Release market has evolved over the last 25 years. You no longer have to sell your property to the bank, so you still retain ownership of the property. Another important point is the "No negative equity guarantee", which ensures that the amount you borrow will never exceed the debt on your property.

There are of course numerous other reasons you may be looking to raise money, and the importance of fully discussing such matters with a fully Qualified Equity Release Adviser cannot be stressed enough.

A big concern I have is that many people decide that Equity Release is not an option for them, without being in possession of the full facts. They could be missing out on a great opportunity due to this, and this is why I offer a completely free consultation, without any obligation. I'd even suggest that you bring a family member or a trusted friend with you to the meeting.

If you are fast approaching retirement (Equity Release is available to over 55's only), or indeed you have already reached this milestone in your life and would like to explore the options available to you, I'm here to offer a helping and guiding hand. To understand the features and risks, please ask for a personalised illustration.

If our service is of any interest to you, I'll be only too pleased to visit you in the comfort of your own home if you would prefer me to do so.



Having said that, more and more people are recognising the benefits of raising money this way, and that it can be a very efficient way of doing so.

Many of you will still be very active in retirement, and still have plenty of plans ahead of you. If you no longer have a wage coming in, and maybe your private pension has not performed as you had hoped for, the question that could be asked is how you can fund your future plans?

Examples of how I have assisted people with their Equity Release requirements are:

- raising funds to boost their income in retirement
- clearing an outstanding mortgage on their property
- property improvements
- assisting family members financially
- funding a new or existing hobby, such as caravanning



Evergreen Equity Release Solutions
27-28 Tuesday Market Place, King's Lynn, PE30 1JJ
01553 692800
www.evergreenequity.co.uk
info@evergreenequity.co.uk

Evergreen Equity Release Solutions is a trading style of Barrett Batchelor Mortgage Services LLP, and is a Limited Liability Partnership. Registered in England and Wales number: OC367701. Authorised and Regulated by the Financial Conduct Authority.

Dersingham Primary School Harvest Festival

Pupils/parents/carers and staff from Dersingham Primary and Nursery School have once again shown the true spirit of the season by donating their harvest festival collections to the Hunstanton Food Bank.



After only a few days of gathering tins, packets, and non-perishables, the pupils proudly handed over their generous donations to a volunteer from the food bank this week. The collection will help provide meals and essential supplies to families in need across the local area.

The representative, Mark Fuchter from the Hunstanton Food Bank expressed his gratitude for the schools' continued support. "It's a lovely display and lots here, the donations will make a real difference for those who are struggling, especially as we head into the colder months."



Mrs Warren, the Headteacher said, "The harvest celebrations were not only about giving thanks for the food we enjoy, but also about learning the importance of kindness, sharing, and community spirit."

The food bank will now distribute the donations to local households, ensuring that the generosity of the school helps bring comfort and nourishment to many this autumn.

Tree-rific planting in King's Lynn



New trees have been planted in The Walks in King's Lynn by volunteers from the Gaywood Valley Conservation Group along with borough council staff on Monday 6 October.

Cllr Michael de Whalley, Cabinet member for Climate Change and Biodiversity, said: "It's great to see trees being planted in our main park in King's Lynn, along with a clear-up of the space between the two Rivulets in the Walks by the Gaywood Valley Conservation Group. They are passionate about the natural environment and give a lot of their time to look after the area."

"Around 20 volunteers have helped plant these new trees with the borough council public open space team. Nine young Indian Chestnut trees have been planted."

John Hayes, Secretary of the Gaywood Valley Conservation Group who helped plant the trees and cleared some foliage, said: "The Walks is a fantastic asset for the people of King's Lynn. It has been noted that some of the very old trees are developing problems, having been planted in Victorian times, so succession planting is the way forward as the older trees fail."

The Rotary Club of Downham Market

Tony Firrell, one of the longest-serving members of Downham Market Rotary, has been awarded the Paul Harris Fellowship award.

Over the years he has led many projects and been a real support to Downham Market Rotary in its efforts to support the people of the town. Tony ran the scheme in Downham for recycling paper which generated over £30,000 for the club's charity trust and enabled it to help fund such well-deserving causes as the town's Food Bank, for example. Unfortunately, the County Council took the hard decision to end the recycling scheme as people now have their own recycling bins and that factor, combined with the falling readership of newspapers and thus waste newsprint, rendered the scheme unviable.

Tony was nominated for his Paul Harris Award (his third!) for his outstanding efforts running the recycling scheme.

The Paul Harris award is a recognition given for outstanding service and commitment to Rotary's ideals. It is named after Rotary's founder, Paul Harris. The recognition is awarded by a Rotary Club and includes a certificate and a pin, in Tony's case with three jewels mounted, in recognition of it being his third.

Tony Firrell (right) receives his Paul Harris Award from Downham Market Rotary President Howard Phillips



Sofas
Chairs
Recliners
Dining
Beds
Mattresses
Carpets
Flooring
Rugs
Curtains
Blinds
Furniture
Homewares
Cookware
Café
Quality brands
Great value
Local
Friendly service
Family Run...



20 reasons to visit Reeds Homestore in Downham Market.
We could go on, but we'll let you find more on your next visit.

Since 2005, we've been helping you create spaces that feel uniquely yours.
Whether it's the sofa you've curled up on for movie nights or the dining table
that's hosted family feasts, your home is at the heart of everything we do.

On your next visit, pop into our café and enjoy delicious freshly made food and drink.



REEDS Furniture, Flooring, Bed Centre & Homestore, Downham Market PE38 9DS T: 01366 382213
Open Mon – Sat 9am to 5pm

REEDS Furniture, Flooring & Bed Centre, Ely CB6 3NX T: 01353 669754
Open Mon – Sat 9am to 5pm & Sunday 10am to 4pm

or online at reedshomestore.co.uk

Making a Will - careful planning needed with estranged relatives

By Edward Harris, Solicitor, Hayes + Storr

Family estrangements are more common than many realise, and they can have serious consequences when it comes to making or updating your Will.

It is a common misconception that you can leave your estate to whoever you choose, without consequences. While English law does support testamentary freedom, that freedom is not absolute. If a close relative is excluded or left with little provision, they may be able to bring a claim against your estate.

Why estrangement matters

A will that excludes, or provides only minimal provision for, a close relative, can be challenged under the Inheritance (Provision for Family and Dependents) Act 1975.

This law allows certain individuals, including spouses, civil partners, cohabiting partners, children (including adult children), and those financially dependent on you to apply to the court for reasonable financial provision from your estate. In the case of *Ilott v Mitson*, a disinherited daughter succeeded in her claim for provision despite a decades-long estrangement, highlighting just how complex such claims can be.

Recording your wishes

If you intend to exclude someone, or limit what they are to receive, it is important to record your reasoning.

A supporting letter of wishes is not legally

binding but can be used to explain the nature of your relationship, any history of estrangement, the reasons for excluding or limiting provision, details of any financial support, and confirmation that you have considered their circumstances and believe your decision to be appropriate.

The letter should be signed and dated, ideally with legal advice. It can be a crucial piece of evidence if your Will is ever contested, helping your executors or the court understand your wishes and the rationale behind them.

Lifetime planning

Planning while you are alive, by making lifetime gifts, setting up lifetime trusts, placing a life insurance policy into trust, or restructuring property ownership can reduce the size of your estate.

The court, however, has the power to treat certain lifetime transfers or trusts as part of the estate when assessing a claim. This means that even assets given away or settled during your lifetime could, be brought back into account. Each situation is unique and requires tailored legal advice.

Minimising risk

No will is completely immune from challenge, but there are practical steps that can reduce the risks. Obtaining legal advice at the outset, ensuring your capacity is documented,

appointing impartial executors, and regularly reviewing your will as circumstances change, all help towards protecting your wishes.

How we can help

Planning a will in the context of family estrangement requires care and sensitivity. Our Private Client team can guide you through the process, helping you create a will and supporting documents that reflect your wishes while minimising risk of conflict.



For advice, contact Edward Harris on 01328 863231 or email at edward.harris@hayes-storr.com.

This article is for general information only and does not constitute legal or professional advice. Please note that the law may have changed since this article was published.

Your legal matters in safe hands for generations

Hayes + Storr Solicitors handle a whole range of family, property and business legal matters with care and professionalism.



Call us today **01328 863231**
www.hayesandstorr.co.uk

- Property Sales and Purchases
- Lasting Powers of Attorney, Wills and Probate
- Children and Family Law
- Business and Company Law

Fakenham | Swaffham | King's Lynn | Holt | Sheringham

HS
HAYES + STORR
SOLICITORS

Wild in Westminster and West Norfolk

I'm just back from Conservative Party Conference in Manchester and I have to say I still miss the traditional seaside venue such as Bournemouth or Blackpool. I'm biased but I prefer being on the coast if possible!

Anyway, while the conference was not as busy as when we were in government (not a surprise!) it was full of interesting policy ideas and setting out a conservative approach to the challenges facing the country.

Kemi Badenoch levelled with the public about the challenges we face so our plans are centred on the need to live within our means. We can't continue with ever higher taxes, higher spending, and higher borrowing. She set out serious plans to deliver a stronger economy and stronger borders including making savings of £47 billion in spending with half of that from welfare reform.

Welfare spending is unsustainable which is unfair for taxpayers and unfair for people being written off and excluded from the jobs market. By reforming welfare support and limiting it to British people we can help get the costs under control and boost our economy.

By contrast the government is getting ready to increase taxes again and Reform want to spend more on benefits and don't have proper answers on the economy.

One of the most important announcements was our plan to scrap stamp duty on homes which is one of the worst taxes around as it



prevents people moving, pensioners downsizing, families who need more space being able to upsize, or enabling people moving for work. It would save thousands of pounds on a house purchase and it is coupled with a new promise of £5,000 for people in their first job which can be used as part of the deposit on a home or for other purposes. This is about aspiration and rewarding work.

Pubs, shops, restaurants and other hospitality businesses are facing significant cost pressures with a near doubling of business rates under this Government which has led to over 100,000 jobs lost in the sector. As part of our focus on a stronger economy, we committed to take the radical step to scrap business rates for retail, leisure, and hospitality businesses. This would help revitalise our high streets and support sectors

employing thousands of people in North West Norfolk. Let's hope the government takes up our suggestion.

There were also measures for stronger borders to ensure we can determine who comes into our country without constant legal challenges. In addition, we set out plans for cheaper energy, honesty in sentencing, more police, higher educational standards, and much more.

At the last election too many people were not sure what the Conservative Party stood for. So it was encouraging to have an approach being developed based on core conservative values. A government that takes less of your money and doesn't interfere in your life and where the state does less but does it better. Where those who create wealth are welcomed with open arms, and reward matches effort. Where we talk about responsibilities as well as rights. Where personal, fiscal, and civic responsibility are key.

Fundamentally, it is a positive vision of being on the side of people who work hard and do the right thing, living within our means, backing businesses with a strong economy, and protecting our borders.

Along with fringe meetings, debate, media appearances, and meeting charities and businesses to talk about local issues, I also joined the first conference park run along the canal – not quite as windy as a coastal run I suppose!

Have I got your attention?

If you are a business owner and you'd like to advertise, we have space for you in Town and Around.

This monthly magazine is distributed to the major supermarkets in King's Lynn, Hunstanton, Dersingham, Wells, Downham Market and Fakenham, plus smaller outlets in the villages.

Sizes and prices are on page 2

Call 01485 540620 to book your space or email editor@townandaround.net



Being Loud

Jo Rust

There's a special kind of silence that follows you when you speak up. It's not the silence of reflection — it's the space where conversations used to be. The neighbour who doesn't wave anymore. The colleague who avoids your eye. The Facebook friend who quietly "unfriends".

When you write or speak about women's rights, trans rights, or racism in a rural, coastal, market area like ours, you quickly learn that being "loud" doesn't mean shouting. It means refusing to whisper. It means saying what others think, but what they often don't dare to voice. I've written enough articles that have caused me to pause and consider if it's worth it. It also sometimes means, sitting alone at a table that used to be full.

People have told me that they "admire my courage." It's meant in a positive way, I know, and I always appreciate the feedback. But admiration from a distance can be a lonely kind of compliment. What they really mean is: I'm glad you said it, so I don't have to. And I totally understand — it's safer to cheer quietly than to stand beside someone who has become the target of the week. Courage, I've learned, isn't the absence of fear; it's the decision to speak anyway, knowing the price may be isolation. There's a saying — Speak up even when your voice shakes.

There's a strange paradox in how we talk about freedom these days. We celebrate "free speech," but only when it's comfortable, or clever, or wrapped in humour. When someone uses it to challenge misogyny, racism or transphobia, suddenly we're accused of being

"divisive," "angry," or "woke." But speaking about injustice doesn't create division — it exposes it. Pretending not to see the cracks doesn't make the wall any stronger, like the Labi Siffri song Emily Blake sang at Pride — Something Inside so Strong — The higher you build your barriers, the taller I become.

Social media has made this worse and, strangely, better at the same time. Worse, because it amplifies cruelty — people say things online that they'd never say in person. And better, because it reveals what's always been there. You see the quiet prejudices dressed up as politeness: "I'm not racist, but..." "I support women, but..." The words after the but are where truth begins to show. Chumba Wumba wrote a song called The Day the Nazi Died. It's worth listening to the lyrics.

Sometimes I think people mistake volume for aggression. Especially when it comes from a woman. If we speak assertively, we're accused of being bossy. If we stay calm, we're accused of being cold. If we express emotion, we're "too emotional." And even asked if we're on our periods!! It's exhausting — the constant calibration of how to exist in a world that keeps trying to shrink you down.

There are nights when the silence does get heavy. When I reread something I've written and the social media comments that the article attracts, I wonder if the people commenting have actually read the whole article or just the headline. And sometimes I wonder if I should have softened the edges. But then I remember that silence serves only those who are already comfortable. The rest of us earn our peace by breaking it.

The truth is that every movement for justice began with someone who felt alone. The first woman who demanded the vote. The first person who refused to sit at the back of the bus.



The first teenager brave enough to come out in a place that wasn't ready. History remembers their bravery, but rarely their isolation. We like the idea of courage; we don't like watching it happen in real time.

Yet for all its loneliness, being loud also brings unexpected gifts. A message from someone who says, "Thank you — I thought I was the only one." A stranger who smiles a little longer than usual. A young person who finds the confidence to speak up next time. Those small ripples matter more than applause. They're proof that the noise you made reached someone who needed to hear it.

So, I've stopped waiting for the echo of approval. Instead, I listen for the quieter sound — the sigh of relief when someone realises that they're not alone. That's the real reward for being loud: turning isolation into solidarity.

Because in the end, the loudest voice isn't always the angriest one. It's the one that refuses to disappear. And, after well over a decade of campaigning, you can be reassured — I'm not going anywhere!!

"Stopping advertising to save money is like stopping your watch to save time."

Henry Ford

Polling by YouGov found that 54% of people in the UK still prefer to read magazines in print while about 70% of those 55 and over – often the key decision makers – are still in favour of print.

You can advertise your business in these pages and reach the decision makers.

editor@townandaround.net 07533 088 196

SEMBA TRADING CO LTD

Timber, Building & Landscaping Merchants
Public & Trade welcome

SANDSTONE, LIMESTONE & PORCELAIN PAVING
STANDARD DECORATIVE SLABS
CONCRETE POSTS

Decorative Walling•Fencing Posts•Sleepers•Decking•Bricks•Blocks
Sand•Shingle•Premix•Topsoil•Cement•Roofing Felt•PVC Sheets
Insulation•Guttering•Underground Pipe•Ply•Timber

STATION YARD, STATION ROAD, DERSINGHAM

TEL: 01485 541394



Professional, Eco-Friendly Deep Oven Cleaning

Ovens, Cookers, Hobs, Extractors
Ranges, Agas & Everhots
Fully Insured

OvenGleamers (Kings Lynn & West Norfolk)

Peter Edge-Partington
YOUR LOCAL CHAP
Call 07946 455 645

*More 5 Star Reviews on Yell and Google
than anyone else in Norfolk!*

Borough Council news

Cllr Terry Parish, Heacham Ward which includes Sedgeford and Fring

A few days after I had written last month's article, and weeks before it was published, the Borough Council suddenly made a new offer to beach hut owners. Essentially a one-year extension to their lease which takes them to spring 2027. This was not the recommendation to Cabinet made by the Regeneration and Development panel which was to provide another 10-year lease. However, that item was pulled from the Cabinet agenda so the recommendation was never considered.

The sale of land is still a likely outcome as revealed in the answer to a question I put at Council. Hut owners and objectors need make a substantial case against it. I will talk to owners about future actions. This may likely include broader public involvement.

Heacham beach car parks: I had to resort to another question at Full Council in an attempt to find out if the cabinet member responsible for car parks was ever going to meet with Heacham

Parish Council to discuss the issues; the fees, the loss of the winter season with no fees, and the small concession agreed with a Heacham resident on behalf of all residents which, months later, has still not been enacted. The cabinet member failed to provide any answer regarding the meeting.

As regards the small concession, 30 minutes free parking for residents, software issues were quoted as reasons for the delay. I have suggested a very simple solution involving the display of a 'cardboard' clockface in the residents' vehicles. I await dismissal of that.

Styleman flats in Hunstanton are being marketed by the Borough again. I believe you can buy the lot for around £7 million and, as they cost about £9 million to build, it must be a bargain, for the buyer. Note that each flat is expected to be sold individually.

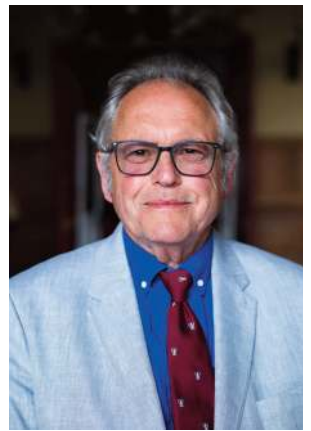
All political groups in the Council and, as far as I am aware, all councillors now think a Town Council for King's Lynn is a necessity. I put it in the corporate

plan in summer 2023 but it met with rejection by the Conservative Group and even some Labour members when the requirement for a precept was mentioned (King's Lynn is unparished so there is no parish precept). The wheels of Local Government Reorganisation, LGR, have trundled through the arguments and a new committee will be working up how to create the new town council.

I understand that there have been some complaints about the roadworks associated with the Lamsey Lane junction. I think they have been managed well with minimum disruption to the A149. Improvements have been waited for, for years and it has never been a safe junction to use, particularly turning right onto the A149. When work is complete, we will have two safe exits from Heacham and perhaps the queues exiting the village at the Lavender lights, during the summer, will reduce. I mention this item because it indicates County can get some things right, so thank you County.

Unfortunately, the same cannot be said about the saga of the school site in Sedgeford. There is still an impasse with County refusing to provide the 'affordable' homes expected on that development site. I will be interested to see what planning committee makes of the application when it finally arrives on its agenda.

'Playing Pitch and Sports Facility Strategy Adoption', may mean something to some of you. It concerns changes, some would say improvements, to public



sports facilities in the Borough. The strategy was due to be adopted by Council in October but was pulled from the agenda at the last minute. Users of bowling facilities at Lynnsport are not happy with proposals and there have been questions asked about the loss of St James swimming pool in King's Lynn which is intended to be replaced by new pool(s) at Lynnsport. Councillors and Parish Councils have been sent the draft strategy for review though that had to be completed by the 20th of last month.

The white heat of determining the response of the Borough to LGR has cooled a little and now the white smoke from government is awaited – which model will they support a single unitary council across all of Norfolk, three unitaries, or, possibly, two.

The best solution would be three with our unitary essentially being West Norfolk combined with Breckland. I ask you to support the three unitary proposal on the basis that it will enable all the necessary work to be done whilst ensuring people and communities are not too far removed from the mechanism which does it.



Follow us on Facebook
@FountainSportsBar





Norfolk Restaurant Week
Mon 3rd - Fri 7th & Mon 10th - Fri 14th November 2025
The Fountain Sports Bar & Restaurant is proud to be taking part in Norfolk Restaurant Week, serving up a special menu that celebrates seasonal dishes and excellent value.
2 Courses £20 | 3 Courses £25

SN HANDYMAN

Services for all your general home and garden maintenance.

Painting & Decorating (interior/exterior)
Garden Maintenance
Gutters Cleared & Repaired | Pressure Washing Patios etc
Tiling & Sealant Replacement | DIY and Improvements
No job too small

References available upon request.

Please call Steven Newton 07713 859712
or email: newton73@hotmail.co.uk
Sedgeford, Norfolk



To book please call 01485 536010
or visit our website for more details

Searles Country Park, South Beach Road, Hunstanton, Norfolk PE36 5BB



CAMPAIGNS

County Councillor Alexandra Kemp, Clenchwarton and King's Lynn South Division including West Lynn.
Borough Council, South and West Lynn Ward

West Lynn Riverbank Footpath Transformation



Following the re-opening of West Lynn Ferry in August, we celebrated the long-awaited start of the Surfacing of the King Charles III Riverbank Footpath from West Lynn's Football Field to the Freebridge on 12 September. Residents and I fought for £287,000 funding from the Borough's Community Infrastructure Levy Fund last year for this momentous green infrastructure project. Norse were ready to start work in July. But there was a delay, due to the new national Flood Permitting System at the Environment Agency. The consequent need to repeat all the detailed information, sent to the local and regional offices over a year ago that was subsequently "lost" in an online hole. So Summer was spent in a sustained spurt of activity, accelerating the Flood Permit from Environment Agency's Sheffield Office. Which now take over 6 months to issue what used to take 2 months. The moral of this. Do not reorganise government functions up a level or make them more

remote. You end up with serious delays, duplication and frustration. In short, you will risk a mess.

Is this Democracy? The Elected Mayor for Norfolk and Suffolk

This week, County Councillors will be voting on whether to introduce a new tier of local Government with an Elected Mayor and a new Mayoral Authority. The Government is very keen on its scheme to place Elected Mayors over the country. But important decisions about local services are set to be made further from local communities they affect. The Government claims that the new Elected Mayor and Combined Authority for Norfolk and Suffolk due next May, will bring decision-making closer and empower communities. This is far from the truth for the following reasons. 1. Firstly, it will be the Elected Mayor, instead of Councils in Norfolk, who will draw up the Local Transport Plan, decide on bus franchising and partnerships, concessionary fares and even set up a Key Route Road Network. But transport planning is crucial to our rural areas and should be kept as local as possible. This radical change is literally the wrong direction of travel. And there is nothing to stop the Mayor being more focused on Suffolk or oblivious to what we need in West Norfolk.

2. The Elected Mayor will have powers of compulsory purchase, the ability to set up a Mayoral Development Corporation and even make his own "Mayoral Development Orders" instead of obtaining Planning Permission in the usual way. This is all in aid of driving through housing targets and involves the loss of local control.

3. The Elected Mayor will chair a new Council called a Combined Authority with only 4 other members, two appointed by Suffolk County Council, two by Norfolk County Council. The Elected Mayor can then appoint 7 Commissioners, one of whom will take over the Police and Crime Commissioner powers, as the Secretary of State will redraw the boundaries of the police area to include Norfolk and Suffolk.

Since when did we have Councils with only 5 Members? With the voting members unelected to that Authority, except for one?

The whole set-up is extremely undemocratic and without the proper checks and balances we have now. Any Council leader can be unseated if voted out by their political group or by the Council, but an Elected Mayor is there for 4 years and cannot be removed from office.

4. Nobody asked for this. In the public consultation this year, the response from Norfolk and Suffolk was 65% did NOT want an Elected Mayor. Thought it too remote and not good value for money. So, what did the Government do? It said the statutory tests have been met and Norfolk and Suffolk will have an Elected Mayor.

Yet the stated aim is to increase public trust.

Ten years ago, I voted No at the County Council to an Elected Mayor and Mayoral Authority for Norfolk, on the grounds it would take away Council powers over transport and housing. But now it's back. This time, unlike 2016, the Government will not even let Councillors read the Statutory Instrument, that will create the Elected Mayor and its Authority, before the vote on it takes place. How can such a decision be legal?

5. It's about more tax too, this extra tier of local government. The Elected Mayor can raise a Mayoral Precept on the Council Tax, a new Transport Levy, a new Mayoral Levy on the new Community Infrastructure Levy. This is bad news. It will diminish the current ability of local Councils to spend CIL on local projects. Squeezing out local control.

The taxpayer will bankroll the new authority.

It is likely that the Government's fund will not cover the costs of set-up for the new Mayoral Authority premises and staff, so the County Council will have to fork out, when we cannot meet the costs of meeting the needs of children with SEND.

The Elected Mayor and Mayoral Authority, as a new tier of local government, is not to be confused with imminent Local Government Reorganisation, the whittling down of the current two-tier system of County Council and District Council to one, two or three Unitary Council(s) in Norfolk. The Government is also very keen on this and says it will lead to a simple one-tier system. Forgetting the Mayoral Authority will make the system two-tier anyway. And more remote.

I do not hold with the great man theory of local government. Keeping Councils, the more local they can be, better, is the right way forward.

RCCLEAN
Delivering what we promise

WINDOW CLEANING SERVICES
● PROFESSIONAL ● RELIABLE ● REGULAR ● FRIENDLY

- EXTERNAL & INTERNAL WINDOWS
- FASCIAS
- SOFFITS
- GUTTERS
- CONSERVATORIES
- PATIO CLEANING

CALL FOR A FREE QUOTE
01485 493038
EMAIL: RCCLEAN101@GMAIL.COM

PEELINGS Coaches**2026
HOLIDAY BROCHURE
OUT NOW**

**PLEASE RING ON
01328 701531
FOR YOURS OR VISIT
info@peelingscoaches.co.uk**



Bookings 01328 701531
For terms and conditions please ring or check our website:
www.peelingscoaches.co.uk



HOTEL · RESTAURANT · GOLF
**HEACHAM
MANOR**

*Christmas***PARTY NIGHTS**

Fri 5th, ~~SOLD OUT~~ & Fri 19th
December - DJ
Fri 12th & Sat 13th December -
Live Music from "2nd Sunset"
6.30PM - MIDNIGHT

Join us for a night of
celebration and revelry!

TICKETS INCLUDE:
3 Course Festive Meal,
Tea & Coffee, Entertainment.

PRICES FROM **£50PP**

To book call us on 01485 536030 or for
more info E: info@heacham-manor.co.uk.

T's & C's: £10.00PP deposit required when booking. Balance due 4
weeks prior to event. Subject to availability. Standard T's & C's apply.



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

**CHARLEY'S**
Cleaning

- Weekly
- Fortnightly
- Monthly Cleans
- One-off
- End of tenancy cleans

Because your time is precious!

Whether its regular help or a one-off deep clean, Charley's Cleaning
delivers spotless results with care and professionalism

Less Stress More Sparkle

Contact me today for your **FREE Consultation**
07961 937 740

Charleyreed.98@gmail.com @charleys_cleaning



West Norfolk Glass
WINDOWS • DOORS • CONSERVATORIES

A trusted family business since 1967

**Save heat,
save money
with energy
efficient glazing**

★★★★★
"We were very impressed
with the professionalism,
attention to detail and
customer care."

Call **01553 763164** or visit
westnorfolkglass.co.uk

Hereford Way,
Hardwick Narrows,
King's Lynn,
Norfolk PE30 4JD

Which?
Trusted Trader
Endorsed for
over 5 years

**INDEPENDENT
NETWORK
AWARDS**
WINNERS 2025

**Trusted
Experts For
Over 40 Years**



G W KEIR
Flat Roofing Specialist
Est. 1976

- ✓ All Aspects of Flat Roofing in Norfolk
- ✓ Residential & Commercial Roofing
- ✓ New Builds, Extensions, Garages etc..
- ✓ EPDM Rubber, Fibreglass & Felt Roofing
- ✓ Roof Replacement & Repairs
- ✓ Roof Maintenance & Cleaning
- ✓ Gutter and Fascia Cleaning & Repairs
- ✓ Fully Qualified & Insured



Free No Obligation Visit and Quotation

01485 571105

www.gwkeirroofing.co.uk

07544 172133

info@gwkeirroofing.co.uk



Fab-brew-lous! New cafe opens at village store

Dani Crawshaw

Homemade food and cakes - the new cafe in Ringstead delights locals and those beyond.

Walking into the village shop in Ringstead I'm met by owners Nathan and Leah Gee. They are charming and I feel immediately welcome, and think what a perfect pair to be running a cafe.



"It's four weeks since it opened," says Nathan, "It's in an area that was part of the shop, so things have moved around a bit. All the food's fresh and we've got quite an extensive menu - handmade sausage rolls, tartlets, paninis, sandwiches and a breakfast menu."

He smiles when I ask if he has a favourite item, "The cheese scone - and it's our best seller too." He goes on to say he thinks they've created a warm and cosy space, "And as you can hear there are already people here this morning enjoying it."

In the cafe, which is delightfully decorated, a table of four are busy with hot drinks and appetising looking dishes. Luckily Rob, Sue, Fran and Jo don't mind me interrupting to ask how it all is. "It's perfect, we'll be here again," says Fran.

The compliments continue, "The coffee is absolutely excellent, the service is second to none and the food is lovely - what more could you want. And I think what they've done with this room is amazing," adds Sue.

As I go to leave Jo says, "I really hope word gets around because it deserves to be busy, just look at the selection of cakes you get - spoil for choice." The table agree it'll take a few more visits to try them all out.

I go in search of these cakes, which are on display by the counter. I'm tempted by all of them, but Leah's on hand to help.



"We have an amazing selection of handmade cakes, some homemade here by ourselves, others by local companies, a variation of sweet and savoury - we have gluten free and vegan. Lots of fruit cakes, we like to

think of that as one of your five a day," she laughs. "The ultimate brownie is delicious though - I mean they're all good - but I do like a bit of chocolate." I'm sold.

The couple are determined not just to serve delicious food and drinks - but also create a community space. Leah explains, "We don't have any local transport routes through the village, so especially throughout the winter months it can be quite isolating for a lot of people. We'd like to be a safe space - a warm space for people to come, sit and meet up with others."

I ask how the workload is running a shop and a cafe. "There's a lot that goes on from the crack of dawn til the evening," Nathan tells me, "From selling newspapers, to selling freshly baked bread, baking cakes, serving in the cafe. But we are now able to hire 5 part time members of staff - which is great for the community too."

And the response so far? "It's been great," he says, "People in Weymouth have even heard about us and told their friends in King's Lynn to come and see us!"

And most importantly the pair are enjoying it - and you can tell. "It's incredible talking to people, having a chat when you give them their food," says Leah, "I was chatting to a lady the other day, she'd literally cycled the world - you hear so many incredible stories so we're really fortunate that we get to incorporate that into our day. We just hope it continues."



It's open from Tuesday to Sunday - and Nathan is already thinking it would be a great space to hold things like book clubs, adding, "We're really excited about where it's going to go in the future." I feel if anyone can make it a long term success, it's this pair.

Not just a cafe then, but the makings of a wonderful community hub (with the added bonus of a mouth watering selection of cakes). Oh - and it's dog friendly, what's not to like?!

Anita's Salon

Open Monday to Saturday
from 9am to 4pm
or at other times by appointment
66 Westgate, Hunstanton
Tel: 01485 533736





RES
RESKIL ELECTRICAL SERVICES

01553 920715
INFO@RESKIL.CO.UK
WWW.RESKIL.CO.UK

Your Local Electrician

- All domestic & commercial electrical work covered • EV charger installations • Consumer unit upgrades & rewires • Lighting, sockets & outdoor electrics
- 24/7 emergency call-out service • Fully insured & certified work •

5 ★★★★★ On Google Free Quotes – No Obligation

Call Jack On: 01553 920718

info@reskl.co.uk www.reskl.co.uk 07415828922

Registered Competent Person
Electrical NAPIT

Looking for a Decorator?
Talk to us about our professional touch to your home or business.

PAINTING SPRAYING
DECORATING WALLPAPERING
DOMESTIC COMMERCIAL
FURNITURE RESTORATION

07495 704151
www.norfolkdecorltd.co.uk

NDL
NORFOLK DECOR LTD
decorating norfolk since 2007

Healthy feet with Lauren
Qualified foot health practitioner offering nail trimming, treatments of thick nails, fungal nails, corns, callus, hard skin removal.
I am mobile in Hunstanton and surrounding villages.
£25 per appointment.
Phone: 07557 509858

Children's giveaway at Hunstanton Charity shop

Angela Green

Once again, we would like to ask children from 4 to 13 to help us decorate our shop for Christmas by bringing along your Christmas coloured pictures to Hunstanton Charity Shop, Westgate Hunstanton from December 6th to Friday the 12th and in exchange for your lovely pictures we will give you a bag of Cadbury's chocolate Christmas coins.

We would like to take this opportunity to thank everyone who has purchased items from our shop and donated this year, so far, we have been able to donate to 14 local organisations a total of £13,500.

We are also looking for volunteers to work within the shop so if you feel you have a few hours to spare each week and would like to come and join us please pop in and chat to one of the staff.

Our only criteria is you must enjoy drinking tea, having a laugh, making new friends and becoming part of our shop family, we look forward to seeing you if you feel you can help in the new year, and of course we will love seeing you with your donations as without your donations the shop would not be able to continue.

We would like to Take this opportunity to wish you all a very Merry Christmas and a Happy New Year, and to thank you all for all your support to our little shop in 2025.



PHILL COOK
HUNSTANTON

CARPENTER & JOINER

Built-in furniture and kitchen fitting services

07393 897 219
phill.cook451@gmail.com
pjcookjoinery.com

M&D Construction & Property Maintenance

We are a professional Construction & Property Maintenance Company based in King's Lynn with a commitment to the same high quality standards as you!

What we do:

- House Extensions
- Building Projects
- Open Plans
- Plumbing
- Plastering
- Boarding
- Ground Work
- Kitchen Installations
- Bathroom Installations
- Electrical
- Flooring (any kind)
- Patios
- Gardens
- Painting & Decorating

AND MUCH MORE!

Call Mario on **07709 776 353** today
mdconstructionkingslynn@gmail.com
mdpaintanddec.co.uk

5* REVIEWS



Follow Us
Instagram Facebook

BORDOLI PIZZAS

MON: RIPPER HALL DOCKING
TUES: INGOLDISTHORPE LAY-BY
WEDS: HEACHAM SOCIAL CLUB
FRI: OLD HUNSTANTON SOCIAL CLUB

From 5pm

T: 07565 754812 E: bordoli99@gmail.com

Air Ambulance news

Trevor Dane, East Anglian Air Ambulance Volunteer

September 2026 has been a very busy month for King's Lynn fundraising group, and we would like to thank everyone who has supported us.



At the Phil Wood Golf Day cheque presentation at Downham Market and Clackclose Conservative Club a fantastic £2010 was raised. We will be supporting them with their fundraising next year.

The Morris Minors Owners Club West Norfolk Branch fundraising and awareness car display on The Green at Hunstanton raised a fantastic £355.85. KLFG raised £174.43 bringing the total to £530.28.



During Air Ambulance Week 2025 The Corn Exchange in King's Lynn lit up with red and yellow lights, EAAA colours, the national event is to raise awareness and funds for the lifesaving work of the UK's 21 air ambulance charities.



At the Phoenix Ladies group at Burnham Market and Norton Village Hall £50 was kindly donated from club funds and a further £125.36 raised from EAAA Christmas cards, diaries and calendars to raise a total of £175.36.

And at the Indoor Market at Hunstanton Town Hall more than £200 was donated, thank you to everyone who supported EAAA during both days!

Where you can find KLFG in November and December

23/11/2025: Reffley Christmas Craft Fair, Reffley Community Hall, Reffley Lane, King's Lynn, PE30 3EQ/ 10.00am to 2pm TBC

29/11/2025: The Bushel and Strike Christmas Fair, Heacham, 10am - 4pm.

6/12/2025: Middleton Village Hall Christmas Fair, School Road, King's Lynn, 9am-1pm.

Here's how your support made a lifesaving impact this September:

232 taskings by air and road

163 patients treated

1,468 people taught CPR

120 new Aftercare contacts made

KLFG can be contacted by emailing myself or my colleague Terri:

trevordane104@gmail.com

tfaye.100@gmail.com

EAAA enquiries: 0345 669 999



LEEMAC

CONSTRUCTION LTD

Block Paving | Landscaping | Patios | Roofing & Repairs | Flat Roofs | UPVC Roofline | Renovations

Extensions & Conservatories | Resin Driveways, Patios & Pathways



Proud members of



Where reputation matters






CALL JOE: 07555 730 857 - OFFICE 01485 558 582

www.leemacconstruction.co.uk

leemac ltd@gmail.com

52 Poplars Avenue, Heacham, Norfolk PE31 7EA

Ambitious plan for Volunteer Marsh Restoration

Carrie Carey

Along the windswept North Norfolk coast, a quiet transformation is underway. At RSPB Titchwell Marsh, a bold and visionary project is reimagining the future of a fragile landscape—one that's not only vital for wildlife, but also beneficial for local residents and visitors. In recent years, Volunteer Marsh has become an area of untapped potential. But now it is the focus of an ambitious restoration effort that will turn it into a thriving saline lagoon alive with birds, fish and invertebrates.

Titchwell Marsh is a landscape that has been shaped by water over many millions of years. The area that makes up the RSPB reserve was purchased in the 1970s and since then, work to protect its freshwater habitats from encroaching seas has been ongoing. With rising sea levels and increasingly powerful storm surges, the need for a resilient approach became more urgent. In 2010, a managed realignment project breached part of the eastern sea wall creating a belt of intertidal saltmarsh. This area, nestled between Parrinder Bank and the coastal dunes, was renamed Volunteer Marsh in honour of the volunteers who tirelessly gave their time and energy to this project. While successful in many ways, this breach has unintentionally channelled high-energy water into the marsh. As a result, sediment is being lost, creeks are widening as their banks erode, and most worrying of all, the

sea wall protecting vital freshwater habitats is under threat. If no action is taken, we risk losing this haven for species like Avocets, Bearded Tits, and Marsh Harriers.



Marsh Harrier NB

With support from the WWF Wholescape Grant and other funders, the RSPB is taking action. By partially closing the breach and introducing a Regulated Tidal Exchange, the team will reduce tidal energy, retain water, and encourage sediment to settle—laying the groundwork for a new saltmarsh to flourish. A carefully designed spillway will allow water to flow in during high tides, balancing salinity and protecting vulnerable sea walls. This will create a mosaic of open water, mudflats, and salt-tolerant vegetation, not only perfect for wildlife but more resilient to climate change. Species like Spoonbill, Avocet, Curlew, and Redshank will benefit from the rich feeding

grounds, while newly created islands will offer safe breeding spaces for Common Terns, Oystercatchers, and Ringed Plovers. There's even hope that rarer species such as Little Tern and Black-winged Stilts may one day call it home.

This project isn't just about habitat restoration. It's about creating a place that inspires and excites. Where visitors enjoy richer wildlife viewing opportunities and forge deeper connections with nature. North Parrinder Hide overlooking Volunteer Marsh has long been a desolate and uninspiring viewpoint for visitors. But as the landscape transforms, it will become a vibrant, dynamic space. And the hide itself will evolve into a hub for storytelling — sharing powerful messages about climate resilience, biodiversity, and the impact of managed habitat restoration.

We Need Your Help

This work is urgent—and it's not without challenges. As the project has progressed, rising construction costs and the need for more robust materials have created a funding gap. But with your support, we can close that gap and bring this vision to life. Your donation will help protect the freshwater homes of Bitterns, Bearded Tits, Marsh Harriers, and Avocets and ensure that Titchwell Marsh remains a sanctuary for wildlife and people for generations to come.



Restore Volunteer Marsh

Titchwell Marsh is under threat from increasing coastal erosion.

To save it, and the wildlife it protects, we urgently need to carry out essential engineering work on Volunteer Marsh, including:

- Installing a new regulated tidal exchange and spillway system to manage the tides.
- Creating new islands for Avocet, Common Tern, Ringed Plover and Oystercatcher.



With your support, we aim to restore Volunteer Marsh to a thriving, resilient landscape teeming with life.

To donate please scan the QR code, search JustGiving for 'Titchwell Volunteer Marsh', or speak to a member of our team.

In the event we are unable to secure all the funding required to secure this project, your donations will be used to benefit work directly on site here at RSPB Titchwell Marsh. Details of this will be included on the JustGiving page.

Avocets, Cliff Gilbert. The Royal Society for the Protection of Birds (RSPB) is a registered charity. England and Wales no. 207076, Scotland no. SC037654, 343-0609-21-22

Pawsome Fun at First-Ever Dog Show!

Ruby Goold

Snettisham was absolutely buzzing with excitement as 1st Jimmy's Field hosted its very first charity dog show and family fun day.

Held on a wonderfully sunny day at the end of September, the inaugural event saw an incredible turnout of dog lovers and their furry companions, all coming together to support a fantastic cause. What a day!



The day kicked off with a lovely charity dog walk through the beautiful Snettisham wildlife area—a nice, peaceful start before the main event got underway.

The field quickly became a hive of activity, with the whole community joining in to make the day special. Highlights included:

- Plenty of delicious food and drink to keep everyone happy and energised.
- A great range of stalls selling unique goodies and yummy pet treats.
- A popular raffle and fun craft items for sale.
- The much-loved "Doggy Bar"—the ultimate hydration station for our four-legged pals!

A huge thank you must go to the brilliant folks at the Hunstanton Men's Shed charity group. They hand-crafted our doggy photo booths! Which added an extra touch of fun and guaranteed some fabulous souvenir photos.



The happy, positive atmosphere proved just how much the community got behind this event.

We send a sincere thank you to our main sponsor, Sutton Bridge Veterinary Clinic, who generously provided stunning prizes and rosettes for all the show winners.

Visitors enjoyed checking out some brilliant specialist pet and craft stalls, including:

- Make it Magical
- The Dapper Dog
- Avas Pooch Bakery
- Daisys Doggy Hamper



The momentous occasion of crowning the Best in Show champion was beautifully captured by Ohana Pet Photography, making sure those proud moments were preserved forever.

The huge success of the show is completely down to the dedication and hard work of the fantastic volunteer team from the 1st Snettisham Girlguiding and Scout units. Their commitment and energy were truly the heart and soul of the show, turning the whole dream into a reality!



A massive thank you to absolutely everyone who attended, volunteered, sponsored, and especially to those who brought their magnificent dogs.

We look forward to seeing all your lovely dogs and happy faces again next year for an even bigger and better Snettisham Dog Show!

For those interested in joining Girlguiding

as a young member or adult volunteer, registration is open at <https://www.girlguiding.org.uk/>

For more information on how to get involved or to find your local group, please contact:

northwestdivision@girlguidingnorfolk.org.uk



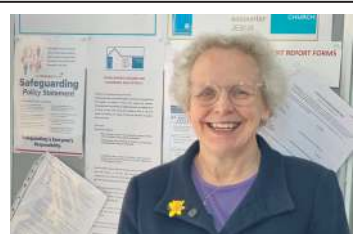
Come and join in the fun with one of our welcoming and inclusive Snettisham Scout groups. Contact us and we will put you in touch with the right leader: snettisham@nwscouts.org

Toddler Group helped with funding for equipment

We have been running a new baby and toddler group at Hunstanton Methodist Church on Wednesday mornings, 0930-1100 during term time. We have recently received a generous donation of £250 from Hunstanton Charity Shop, which we will spend on some soft play equipment and a blackboard/whiteboard and easel. New families would be very welcome to come along at any time! It is £2.50 per week and we provide tea, coffee and fruit for snacks for the children.

We would like to express our thanks to everyone who has helped us to set up this new group since April 2025 and to our generous donors.

Rosemary Rayner (safeguarding officer) and colleague Mrs Val Fisher (church steward)



Christmas dinner with all the festive trimmings delivered fresh to your door

I wonder what you are planning to eat on Christmas Day? And will you be in the kitchen yourself? Because there is an alternative available from professional chef Kat Asker.

With over twenty years' experience gained in some of the most prestigious professional kitchens in north and west Norfolk, Kat prepares home cooked, high quality meals that are free from preservatives and additives and she prioritises locally sourced high quality ingredients.

This year Kat is offering her Christmas Dinner menu comprising of: Freshly prepared and oven ready turkey breast (from Howard's Butchers in West Newton) with roast potatoes, sausage wrapped in bacon, carrots, sprouts, roast parsnips, gravy and cranberry sauce for just £18 per portion delivered to your door on Christmas Eve.

Order by 12th December by calling 07767 753413 or email: simplycookit.kat@gmail.com

Reorganisation will consign BCKLWN to the dustbin of History

John Maiden



Neil Quincey, Ken and Karen Wilson, with John Maiden and the Twinning sign

At the time of composing these words it looks as if the whole of Norfolk will soon be governed by one local authority instead of the current eight. If this is not enough to make us think, when casting our votes next May we may also be electing a mayor to govern Norfolk and Suffolk under government plans for devolution. If our little corner of Norfolk has been easy to ignore in the past, by councils based in Lynn and Norwich, it is to be hoped that town and parish councils will be prepared to speak up for the communities they are supposed to represent.

With this in mind I am concerned by reports in the media about Hunstanton Town Council, to which I was twice elected between 2010 and 2015. In those days Richard Bird made sure Hunstanton had a voice in the council chambers of Lynn and Norwich by being elected to serve at both county and district level. In recent years there have been no elections to the town council, simply because there have not been enough candidates to fill all the seats in the spacious chamber.

What I must do before the end of this year is to ask my good friend, Councillor Geoffrey Smith why he thinks the Town Council is having such difficulty in recruiting new members. He has been on the council longer than anyone and was a member when it voted 7-4 in support of the 'hangar' on The Green in 2002. The famous four objectors comprised Geoffrey, Christine Earnshaw, Eric Linge and Col Hamer. There is a voting record deserving of a mention from someone who has spent too many hours, establishing beyond a reasonable doubt that King's Lynn and West Norfolk Borough Council is engaged in covering up its past mistakes, instead of correcting them.

Depending on the member of staff at the council responsible for responding to Freedom of Information requests at any one time, over the years there have been times when the information requested has been sent to me at the first time of asking. For example, it was made



Simply CookIt

Order your freshly cooked, oven ready Christmas dinner for delivery on Christmas Eve!
Order by 12th December

**HOME COOKED, HIGH QUALITY MEALS
DELIVERED TO YOUR DOOR**

**Made by local chef Kat Asker
in a 5* hygiene rated kitchen**



Free local delivery
Tel: 07767753413
Email: simplycookit.kat@gmail.com



public when Mrs Macdonald's labour council decided in March 2003 to ignore the 1955 covenant on The Green (and the terms and conditions of the 999- year lease for Hunstanton Pier) by giving permission for the Hangar to be erected on The Green in exchange for a supplemental lease with a rent of £10,000 pa Index linked.

When the Hangar changed hands, I received details of the rent received, in response to my Freedom of Information request. Of course, it was no more than the council gets from a kiosk on the prom. This goes against the legal obligation on the council to get best value from its assets, even though the Hangar is far from being an asset to our Victorian Seaside Town, as is described on road signs welcoming visitors to my home town.

In response to a recent Freedom of Information request, all I received was a list of dates when the annual rent was due for collection. If this is not conclusive evidence of covering up past mistakes instead of correcting them, perhaps someone will tell me what it is - preferably before the so-called Borough Council of King's Lynn & West Norfolk is consigned to the dustbin of history.

B | W

Carpentry & Building

Established 2016

Your trusted Local Builder

Quality you can rely on

Extensions & Renovations | Garage Conversions

Loft Conversions | Kitchens & Bathrooms

Bespoke Carpentry & Joinery | Roofing & Flooring

General Building & Home Improvements

Why choose BW Carpentry & Building?

Over 8 years of experience

Professional, reliable and fully insured

High-quality workmanship guaranteed

Local friendly service with competitive pricing

Based in Norfolk - Proudly serving local communities

Call today for a free, no obligation quote

M: 07494 184 687

Email: bwilsoncandb@gmail.com

It's 'owl' about birds of Prey

Dani Crawshaw

Meet Simon - he's often out and about, accompanied by an owl or two that he's looking after.

You may have seen Simon walking with his owls, I did along Old Hunstanton beach - and it caught my attention. After telling me he has more than ten owls and helps rescue injured ones, I asked if we could meet up and chat about it in more detail.



Rambo and Moon are with him when we do - one on his shoulder, the other on a gloved arm.

"Rambo is an Eurasian Eagle owl, he's 27 years old. The previous owners who had him just locked him up in an enclosure for far too long, and they had a breeder ring on him that was far too small and it grew into his foot, so he's actually only got use of one leg. There's no way he'll ever be able to be released as he can't hunt, and he's not a native bird."



Then on to the barn owl, "She's 14 weeks old, she doesn't have a bad story but she was captive bred by someone who didn't know how to look after her."

We walk over to a fence where the owls



happily perch, both beautiful - although Rambo is slightly intimidating (he is after all one of the largest owl species and has a wing span of over a metre).

Simon says he's always been interested in birds, "My dad was a game keeper so I've always been into birds of prey. And an ex-girlfriend had an owl, I had really bad mental health at the time and I used to look after it - and that was it for me, I was hooked. So I learnt everything I needed to about them."

And he's now putting that knowledge to good use, he tells me he's been helping injured owls for 3 years and that this year he's released a few back into the wild, after bringing them back to health.

"It's heartbreaking what some of the owls go through. We had a barn owl that had been kept in a budgie cage for 3 years, couldn't open its wings properly. A tawny owl, it laid in my hand and was just covered in thick mud where it had just been on the floor with no perches. And we had a little Indian scops owl which had a little ingrown beak and it couldn't feed itself."

I ask how it feels to release the birds, "It's one of the nicest things you will ever do, but it's also quite hard to let them go because you get attached to them."

Adding he dedicates the majority of his time to the owls, "I love it, it's something I never thought I would do but now I've got such a passion for it, I could never do anything else. I'm up in the morning at 5 o'clock with the

birds, I'm out with them every night."

"I take them everywhere - hence why people see me around towns and stuff because I just take them everywhere I go, I take a different bird most days. People absolutely love it, some have endless questions - and that's great I'll explain what we do."

He has a volunteer, Andrew, who's been helping out for around 7 months, "I've always loved owls," Andrew tells me, "I met Simon when he was out with the owls and asked him if I could help out in anyway. The releasing part is something else, until you've been there and felt it - you just can't explain it."

Simon says he also goes to forest schools, which get a great reaction from the children, "I see some parents in the street a month or so later and they say their son or daughter is still talking about it. It's great for the children I think to see and learn about the birds."

Before I leave I ask for a few facts. "Their eyes are fixed in their head, so that's why they turn their heads all the way around. And colour of the eye - colour of the sky, so in general if an owl's got yellow eyes it's a daytime one, orange eyes it's a morning and dusk one, and black eyes - it's nocturnal."

He then asks if I'd like to hold one - I opt for Moon. As I do he smiles, turns to Rambo and says, "Look at them - they're just so majestic. They do for me what I do for them, they help with my mental health and they're just amazing. I wouldn't change it for the world."

QUALIFIED ELECTRICIAN

Available for:

- Extra Sockets
- Lighting
- BT Points



No job too small - Free Estimates

No call out charges

Phone Owen on:

01485 572726 or 07813 173 446



24/7
CALL OUT

Locksmith Services

UPCV window & door repairs | Garage door repairs
Misted unit & glazing repairs

Carpentry Services

Kitchen, bedroom & bathrooms
Extensions, conversions & renovations

Contact Richard Brown M: 07795 524301 (24Hr)

info@rkb247.co.uk | www.rkb247.co.uk



Hunstanton Town Council

'working together for the community'



Join us for a Winter Wonderland

Hunstanton Light Switch-On

Sunday 30th November 2025 10:00AM-5:15PM

Snow Flurries

Morris Dancers

Winter Stilt Walkers

The Juggling White Fairy

Josh Maddocks Magician

Sheridan the Talking Sheepdog

Alpacas and Miniature Donkeys

Crazy Bananas Christmas Balloon Creations

Dog Walk and Christmas Jumper Competition

Rainbow Park Children's Fairground Ride & Activities

Christmas Music on the main stage from local Choirs, Schools, Bands and Artists

hosted by KLI Radio

Hunstanton Concert band on the Northgate Precinct

Music on the Spinney hosted by DJ Zeal, with No Nonsense

Festive Food, Drink and Craft Stalls - in the Town Hall and on the High Street

See Santa's Arrival on his Amazing Sleigh; Visit him at the Princess Theatre

Illuminated VWs, Christmas Characters and more.....

New, magical indoor Winter Wonderland Walk in the Town Hall Hub...see the snow animals and Make-A-Wish Tree.. Try our Elf Name Generator & Festive Biscuit Decorating!



Take part in our exciting, new, interactive QR Code North Pole Santa trail.



Wendy Warner's plant of the month - Holly

As we move towards the festive season, what better plant to talk about than Holly! The Christmas carol "Deck the Halls" dates back to the 16th century, but prior to that the Druids, Celts and Romans brought holly into their homes during winter believing their evergreen leaves represented the continuity of life even in the darkest times of the year.

Ilex aquifolium, the common or English holly, is a native species to the UK a popular garden plant, wildlife habitat and used for making traditional Christmas decorations such as wreaths or floral arrangements. The latin name "aquifolium" means sharp-leaved or needle-leaved and anyone attempting to make holly wreaths will have experienced the prickly foliage this variety has!

There are approximately 500 varieties of holly trees and shrubs. Not all hollies have prickly leaves and there are even some varieties that are not evergreen. Most have small insignificant white flowers in spring, and some will produce berries.

Most holly plants are dioecious, meaning they require separate male and female plants in order for pollination to occur. This usually happens naturally in the wild in a woodland situation, but in the garden if you don't have at least one male within close proximity of a female, pollination will not occur and no berries will be produced. It takes just one male to pollinate several female plants.

Male holly plants do not produce berries but

are essential for pollinating female plants. Female holly plants produce the characteristic bright red berries. Male plants typically have slender branches and little to no berries, while female plants have broader leaves and produce abundant berries when pollinated. It's not always as simple as looking at the names of holly varieties to choose your males and females, the perfect example being *Ilex 'Golden King'* which is female with spineless green leaves edged yellow and 'Silver Queen' a male with dark green spiny leaves with a broad cream margin. *Ilex 'Blue Maid'* and 'Blue Prince' are however the right way round, both with dark bluish green foliage and 'Blue Maid' has a profusion of red berries.

Most hollies will grow quickly but don't mind being pruned and this shaping will increase the density of the plant, and for this reason make excellent hedges. They can be pruned in early spring and late summer. Many are tolerant of pollution and coastal locations.

Unlike traditional hollies, *Ilex crenata*, known as Japanese or box-leaved holly, has tiny leaves and is a slow-growing, evergreen shrub often chosen as a robust substitute for box (*Buxus sempervirens*), as it's not affected by box blight or box moth. It can be used for stand-alone topiary in pots and clips nicely into a ball shape or can be grown as a short hedge. *Ilex crenata 'Dark Green'* has deep-green, convex leaves that closely resemble those of true box leaves.



Ilex Golden King



Ilex Blue Mail



The Magic of Christmas

NEW THEMES | GREAT GIFTS | AMAZING LIGHTS

For Autumn Planting: Pansies, Cyclamen, Heathers,
Spring Flowering Bulbs and much, much more.

CHRISTMAS DEPARTMENT - Bigger Than Ever!

For all your Christmas Shopping
Great selection of Gifts, Clothing Accessories,
Books and jigsaws plus everything for the Garden.

Real Christmas Trees & Wreaths arriving late November



Thaxters

Garden Centre & Coffee Shop
49 Hunstanton Road, Dersingham, PE31 6NA
Tel: 01485 541514 | www.thaxters.co.uk

To keep up to date, follow us on Facebook

Garden Centre open daily 9am - 5pm

Coffee Shop offering breakfast, lunch, coffee and cakes open 9am - 4pm



SNETTISHAM GARDENING CLUB

Our final meeting for 2025 will be the annual Hog Roast on 26th November with a vegetarian option available. There is a charge for this and as always visitors and guests are welcome to join us. Reservation and payment is required for this evening at the latest Friday 21st November to advise the Caterers.. Contact for this Heather Blackburn 01485 543268

For any further information please call Gail on 01485 541279 or Addie on 01485 544754

Downham Market and District Horticultural Society

Affiliated to: Royal Horticultural Society
Carolyn Hayes

How quickly the time goes! We've already started planning next year's Summer Show – make a note of the date: Saturday 4 July 2026. It will again take place at Downham Market Town Hall, with entries welcomed in multiple categories and classes– floral art; flowers; pot plants; fruit; vegetables; preserves; bakery; crafts; art; photography, so something for everyone. More information coming soon, but in the meantime do start thinking about what you can enter.

Our first planning meeting for next year's Show took place in October. Each year, we change several baking items and the floral art classes, so watch this space. One change for this current year was to introduce a black and white photograph in the Photography section (all to have a horticultural theme). We were delighted to see how many photographic entries we received, including a large number of black and white photographs. The judges commented on the very high standard of all the photographic entries, and we're hoping for a similar quantity and quality next year. But we are primarily a Horticultural Society, so do think about what to enter in the flowers, fruit and vegetables categories too! The photograph shows one of our black and white entries – a beautiful Japanese Anemone.



Everyone is looking forward to our Christmas meeting/party in early December. We have the lovely Barry Gayton (of BBC Radio fame) coming along to speak about Winter Garden Colour. Barry's talk will be followed by our Big Christmas Raffle. Thanks to the generosity of our wonderful members, and the hard work of our Secretary, Heather Gill, who will be putting the hampers together, we expect to sell a large number of raffle tickets, which hugely helps with our costs (to cover speakers, room hire, Summer Show costs etc). Our Christmas buffet is always keenly anticipated and it's a great way to round off the year, with the chance to socialise in a relaxed atmosphere.

If you wish to join our friendly Society, or just find out more, Judith, our membership secretary, would be delighted to hear from you. Contact Judith on 01366 501466 or email jt.mazur@tiscali.co.uk

R'N'R FENCING & Landscapes

Domestic, Commercial & Agricultural

- DECKING • PERGOLAS • PATIOS
- TURFING • RECLAIMED SLEEPERS

ALL ASPECTS OF LANDSCAPING

FREE QUOTES • PUBLIC LIABILITY INSURED

07881 947506 / 01485 572107

Prided on Quality & Reliability

Tim's Tree Services

LOCAL MAN - LOCAL RATES

PRUNING • TOPPING • FELLING
CLEARING • STUMP GRINDING

All aspects of tree and hedge work undertaken
OVER 30 YEARS EXPERIENCE
QUALIFIED - INSURED

CALL 01485 541 560 OR 07884 263 897

FOR YOUR FREE QUOTE
timstreesnorfolk@gmail.com

ACCENT
Fencing, Decking and Paving

Call us now on
07771 508 212

Quality work, friendly & reliable service at reasonable rates

- Fencing & Gates
- Paving & Driveways
- Landscaping
- Patios & Paths
- Complete Garden Rebuilds
- Decking - Hardwood, Softwood & Composite

Over 35 years experience,
new and repair work.
Public Liability Insurance
Insurance work undertaken

See our FB page for photos of our work

Mudpies and Butterflies

with Louise Barby

Setting the scene for next year

As autumn deepens into November and the growing season winds down, the garden doesn't have to go dormant in your mind. In fact, this is a superb month to lay groundwork for a strong display next year, to move or propagate plants under more forgiving conditions, and to carry out thoughtful wildlife-friendly tasks.

Jobs for next year's display

November is still a good month (provided the soil is not frozen or waterlogged) to plant bare-root trees, fruit bushes, and shrubs. The dormant plants can establish roots over winter ready for spring growth.

Fruit trees (apple, pear, plum) or berry bushes (currants, gooseberries) are good candidates. Be cautious: don't plant if the ground is waterlogged, as that can suffocate roots.

You can still plant bulbs (tulips, daffodils, etc.) this month, provided the soil is workable. The earlier they go in, the more time they have to root before the cold sets in.

Garlic, shallots, onions: plant them now in free-draining soil. Consider sowing green manures or cover crops on bare beds to protect soil structure, suppress weeds, and add organic matter. (E.g. mustard, vetch, clover)

As long as plants are dormant, you may divide larger clumps (e.g. certain perennials) or lift tender bulbs/tubers for winter storage.

This is a good time to take hardwood cuttings from dormant shrubs and fruit bushes (currants, gooseberries, etc.).

Prune out dead, damaged or diseased wood from shrubs, trees, climbing plants, and remove water sprouts or suckers

Prune apple and pear trees, currants, and gooseberries during dormancy.

Avoid pruning spring-flowering shrubs now (you risk cutting off next year's blooms)

Collect and compost leaves, but be selective: diseased leaves should be removed to prevent pathogen carryover. Use leaf litter and garden waste to create leaf mould or mulch over beds.

Use cardboard or other weed-suppressing layers over bare soil before covering with compost or mulch.

Protecting containers & tender plants

Raise containers slightly (on bricks) to improve drainage.

Move more tender plants (or their containers) to sheltered spots or provide fleece/mulch protection. Use cloches, covers, or horticultural fleece for winter peas, beans, salads, but leave ventilation.

Transplanting, Cuttings & Propagation in November

November is well suited for certain propagation and transplanting tasks, especially for plants in dormancy or ones that respond well to root development in the cool, moist soil.

You can transplant shrubs or perennials (especially deciduous ones) while they are dormant. This avoids the stress of summer heat. Take care to lift a generous root ball and plant in similar conditions.

Take hardwood cuttings: cut one-year-old wood into sections with a bud or node, plant them in a suitable root-promoting medium, and allow them to root over winter.

For some shrubs, you can still layer (bend a low branch to ground, peg it down, cover and let roots form). Root cuttings for plants like Oriental poppies or similar perennials may also be feasible depending on species.

If you have self-sown seedlings or volunteers that look strong, pot them now to nurture over winter for planting next spring.

The key is to carry out propagations while the plants are dormant or just before growth resumes, so that disturbances are minimised and the roots become established during colder periods.

Though November can feel like a quieting month in the garden, it's a strategic time for forward-looking work. With thoughtful planting, propagation, and wildlife preparation, you'll be setting the stage for a vigorous and beautiful next season. And inspiration is all around — the autumn gardens of the UK offer lessons in structure, colour transitions, and how a garden weathers the colder months with grace.

Hanging on to History: Banham Zoo Marks a Historic First with Baby Sloth!

Banham Zoo is proud to announce a truly historic conservation milestone — the first-ever birth of a Linne's two-toed sloth at the zoo, which took place on Sunday, 7th September 2025.



Our much-loved female sloth, Rowan, has welcomed her very first youngster with partner Arlo, marking an unforgettable moment for the pair as new parents and a landmark event for Banham Zoo.

Both mother and pup are thriving, with our expert animal care team carefully monitoring their progress while ensuring they enjoy the quiet space they need to bond. Visitors may be lucky enough to see the newborn clinging tightly to Rowan's belly, a tender behaviour that showcases the remarkable bond between sloth mothers and their young.

This birth is more than just a heartwarming moment; it's a conservation success story, underlining the crucial role modern zoos play in protecting species, inspiring visitors, and supporting global conservation efforts.

Adding to the excitement, the sloth pup isn't the only new arrival at Banham Zoo. Recently, our red panda twins have begun venturing out of their nest, delighting visitors with their first playful explorations.

With both a historic sloth birth and red panda cubs to see, now is a truly special time to visit Banham Zoo and witness the wonders of new life in the animal kingdom.

Deborah Harris, Animal Manager at Banham Zoo, said, 'It's such an achievement to have our first baby sloth here at the zoo! The youngster is absolutely adorable and has stolen the hearts of keepers and visitors alike. So far, Rowan has proven to be a fantastic first-time mum, and we're excited to see what the future holds.'

For more updates on Rowan, Arlo, their youngster, and the red panda twins, follow Banham Zoo on social media or visit our website.

B WHYMAN BUILDERS

Extensions | Renovations | New Builds | Patios
Groundworks | Plastering | Structural Works

Quality local builders you can rely on | 30 years experience



Mob: 07875 830 606 Home: 01485 540 568

info@bwhymanbuilders.co.uk. www.bwhymanbuilders.co.uk



Excellent reviews on Google ★★★★★

Bring your garden
back to life!

Ben Dawson
Gardens



Professional Garden Maintenance

- ★ One-day garden tidy-up
- ✓ Lawn maintenance
- ✓ Border tidying
- ✓ Drive/patio weeding
- ✓ Hedge trimming
- ✓ Removing and planting
- ✓ Tree/shrub pruning
- ✓ Prepping/chopping logs

Monthly payment plans available for regular maintenance

CONTACT ME TODAY FOR A FREE QUOTE



07534449260



bendawsongardens@gmail.com



@bendawsongardens



@bendawsongardens

Recommended by K Brown Auto Repairs LTD

CÖASTAL

Veterinary Group

16 Alma Road, Snettisham
King's Lynn, Norfolk, PE31 7NY

- ✓Caring, friendly and professional
- ✓Fully independent practice
- ✓24 hour emergency service
- ✓Full surgical facilities
- ✓On site x-ray facilities
- ✓Home visits available
- ✓Off street parking

Tel: 01485 544201

Email: info@coastalvets.co.uk

www.coastalvets.co.uk



Hooch Pooch Parlour



City and Guilds Qualified Dog Groomer

We offer: Hand Stripping, Full Dog Groom,
Wash and Blow Dry, Nail Clipping, Puppy Sessions.

Call Sarah based in Snettisham

Mobile: 07950 888 449

C L STEPHENSON
PAINTER & DECORATOR
HUNSTANTON BASED



- Free Estimates
- Interior & Exterior Decoration
- 20 Years' Experience
- All types of Wallpapering

Tel: 07932 074 207
or 01485 533 783

News from The Barking Bugle

A Dog's Take on the Humans Behind the Tails



It all started with a rather grumpy comment on our website—a human complaining that dogs are allowed everywhere these days and that there is a growing trend of treating us like children. From where I'm sitting—usually on the couch, or under someone's feet—it might have seemed a small thing. But oh, did it spark something big! A conversation that wagged its way through humans all over the country, all talking about us.

I've heard them debate, ears twitching as they toss around words like "excessive" or "over-the-top." They say it's strange when humans call us their "sons" or "daughters," or when they buy us birthday cakes and tiny sweaters. But here's the thing: for millions of humans, we're so much more than pets. We're companions, listeners, little therapists with fur. We're family members who can make the heaviest day lighter with a wag, a nuzzle or a goofy grin.

When they come home tired or sad, I'm there—tail wagging, eyes soft, ready to remind them that life isn't all that bad. My needs are simple: food, water, a walk, some scratches behind the ears and cuddles. But what do we give in return? Comfort, laughter, a reason to get outside, a reason to care. The world can be a noisy, stressful place for humans. We help them remember the quiet joys—the smell of fresh grass, the warmth of sunlight on fur, the bliss of simply being.

Those "dog-friendly" spaces humans argue about? They're not just indulgence. They're recognition of something deeper—a bond that has stretched across thousands of years. When humans make room for us in their cafés, parks, and hearts, they're really making room for connection. We pull them away from their screens, make them smile at strangers, make them move, talk and laugh.

So let the debates continue. Let them roll their eyes at "dog mummies and daddies." I'll just be here, curled up by the window, listening to the sound of life happening outside and waiting for my next walk. Because at the end of the day, it's not about being spoiled—it's about being loved and loving right back.

And if that's a little "too much" for some humans? Well, I'll happily take another belly rub while they figure it out.

Oh—and before I forget—I'll be judging the Doggy Christmas Jumper Competition on the 30th of November at 3pm! We'll be meeting at Hunstanton Band Stand for a festive stroll along the prom to the Ski Café and back. There'll be prizes for 1st, 2nd and 3rd place, so dig out your sparkliest, silliest jumpers and come join the fun. It's going to be pawsitively wonderful!

Woofs Miss Zsa Zsa - Canine Editor at The Barking Bugle



**A.T. NORFOLK
PLUMBING & HEATING**

**BATHROOM
RENOVATIONS**



BATHROOM INSTALLATION & PLUMBING REPAIR SERVICE

HERE TO HELP WITH ALL YOUR PLUMBING NEEDS
WHETHER ITS A QUICK FIX OR A COMPLETE BATHROOM
INSTALLATION **A.T. NORFOLK PLUMBING** ARE ON HAND.

CALL: 01485 518648 /0773 333 5845

www.at-plumbing.co.uk



Your Local
Experts

Call for
Quote



Brancaster Village Hall (BVH) news

Geoff Wingrove

After an extremely busy summer period we are very grateful for the continuing efforts of our large team of volunteers who give so much of their time and energy to making BVH the success that it is. The volunteers cover all aspects of running BVH and responding to the needs of our village community. It goes without saying that a successful organisation always needs fresh ideas and new talent, so please get in touch if you would like to join a fun team.

A great piece of news: our resident artist, AJ, has been accepted into the highly prestigious Society of Wildlife Artists' 62nd annual exhibition. The Society is a member of the Federation of British Artists; this fiercely competitive event attracts more than 15000 entries, so acceptance is high recognition indeed of AJ's talent. The exhibition will be displayed at the Mall Galleries in October, and AJ's picture of "Sanderlings at Titchwell RSPB Reserve" will be one of 350 exhibits from artists nationwide. Do visit the studio at BVH and see a whole range of amazing artwork by AJ and Lillian: we are fortunate to have such talent.

REGULAR GROUPS

Groups including Yoga, Baby and Toddler Group, Coffee Morning, Pilates, Scottish Dancing and Mobile Library continue.

BAR 71

Ed, the manager of Bar 71 writes: "Discover your favourite brew – we are now stocking a new selection of craft beers from Greene King and local independent brewery Moongazer. Whether you're into fruity IPAs or refreshing lagers, there is something for everyone. Come along - you will be assured of a warm welcome, and also able to join in snooker, skittles, darts or a Thursday night quiz."

DATES FOR THE DIARY

Halloween Party 31st October 6.00pm to 9.00pm: Disco and Dancing
Winter Fair 29th November 10.00am to 3.00pm: the annual pre-Christmas event with gift-buying, carolling and much else.

New Year's Eve Party 31st December: details to follow

"My Life in Politics" Talk by Steven Norris, originally scheduled for 8th November, has unfortunately had to be rearranged. We will announce the new date in our next report.

Further information about these and other activities can be found on our website at www.brancastervillagehall.communitybookings.co.uk or on Facebook and Instagram. For enquiries, please contact us at bvhsetup@gmail.com

FROM THE BRANCASTER PARISH ARCHIVE: HEREWARD THE WAKE

This is an article about an East Anglian legend which has received little attention throughout history. In October 1066, just outside Hastings, King Harold of England was defeated and killed by the army of William, Duke of Normandy; Duke William believed himself to be the rightful king of England.

This unlikely outcome, where a relatively small but motivated army could defeat the forces of an entire country, was mostly due to the impulsive and rash behaviour of Harold, as well as to a large degree of good fortune for the French army. Harold was very unfortunate in that, on becoming king, he was confronted by two other claimants to the throne. Besides William, the king of Norway, Harold Hardrada, also claimed the throne and invaded the north of England in the summer of 1066 with a powerful Viking army. Harold marched north and defeated Harold Hardrada at Stamford Bridge in September of that year, only to hear that Duke William had invaded with another army in the south.

Harold immediately marched his army, which had been seriously depleted at Stamford bridge, south to confront William. Instead of taking his time to collect fresh troops, he arrived at Hastings with around eight thousand men and, most crucially, without most of his archers. William's well-disciplined and motivated army of about eight thousand defeated Harold, who was killed.

Following his victory, William proceeded to conquer the rest of England and most of Wales with a degree of savagery that meant there was little resistance. He installed his followers on lands protected by strongholds and temporary castles (mott and bailey) to control

opposition and effectively enslaved the local population. There were, however, pockets of resistance to the conquest, and one of these was in East Anglia.

In recent times a great deal of attention has focused on the character and exploits of Robin Hood, an entirely fictitious figure who supposedly lived during the reign of Richard I, about one hundred years after the conquest. The real-life character who fought against the Norman conquest was Hereward the Wake – or outlaw/exile – who is largely unknown and unsung.

There are several primary sources for the life of Hereward, but some doubts exist as to the accuracy of some of the records of his exploits; these sources are the Anglo-Saxon Chronicle, the Domesday Book and the Latin Book Ely, along with the most detailed account in Gesta Herewardi.

Hereward was born in around 1035 in Lincolnshire, although his parentage is open to much dispute. He may have had some Danish ancestry: his family certainly owned lands in Lincolnshire, probably around Bourne. The texts of the primary sources are often contradictory about his life and exploits and in this the Gesta Herewardi is to some degree partisan. The text has its source in people who knew him, and possibly from a comrade-in-arms called Leofric the Deacon. The document was written between approximately 1109 and 1131 and purports to be a translation of an earlier text. The earliest surviving copy of Gesta was produced in the mid-thirteenth century at Peterborough abbey. It could be that this was based on a previous work by Richard of Ely, who's superior, the Bishop of Ely, held office from 1109 to 1131.

Hereward was sent into exile when he was about eighteen, for disobedience to his father and generally disruptive behaviour in the community. Edward the Confessor declared him an outlaw, and he wandered for some years in Cornwall, Ireland and Flanders. He undoubtedly took part in the Flanders wars on behalf of Baldwin, Count of Flanders in the early 1060s; he also married a wealthy French/German woman during this period. Hereward returned to England in 1067 and found his lands had been given to Norman invaders, and his brother killed. He took his revenge by killing several Normans and, after having been knighted by his uncle, Abbot Brand, fled back to Flanders to let things quieten down. On his return to England, he killed a senior Norman: King William therefore became personally involved and pursued Hereward, narrowly missing being killed himself by an arrow.

In 1070, Hereward became involved in the anti-Norman insurrection based on the Isle of Ely. He was aided during this time by the Danish king, who sent troops to support him; with this help, Hereward stormed and sacked Peterborough Abbey. He was joined by a small army led by Morcar, the former Saxon Earl of Northumbria, who had been deposed by William. The king mobilised his army, and Hereward and Morcar had to flee in the face of superior forces. They went to a stronghold on the Isle of Ely, which at that time was surrounded by impenetrable swamps and marshes, and largely unpopulated.

Eventually William was shown a safe passage through the marshes to reach Hereward's stronghold, after bribing monks who had a priory in the area. Morcar was taken prisoner, but Hereward was able to escape with some of his followers to continue his resistance. Following his defeat at the isle of Ely, there are conflicting accounts of what became Hereward's fate. Some say he was eventually captured and imprisoned but subsequently pardoned by William to go on to live in peace: this seems unlikely, given William's predisposition to savagery. Others recount that he was cornered and killed by Norman knights. Most likely is the account that said he went back into exile to escape William's justice.

Although the existence of Hereward is not disputed, the reports of his exploits contain exaggerations and, in some cases, are fictitious, as Saxon writers tried to emphasize his heroic qualities. Hereward is invariably depicted as honest and brave, displaying chivalric qualities - unlike the Normans. His manly prowess, particularly in fighting, is always stressed, although some of his questionable actions, such as the sacking of Peterborough Abbey, are downplayed.

It is possible that his story influenced the legend of Robin Hood, although this was based in a later period of history, when the French

aristocracy had a strong hold in England. Hereward's tale lapsed into obscurity for hundreds of years and was only revived in the Victorian era, when there was a strong interest in Anglo-Saxon history and the heroic characters of that time. His story was brought to a large audience by Charles Kingsley, who wrote a novel in 1865 entitled "Hereward the Wake: The last of the English". This elevated Hereward to national hero status, and was based on an earlier novel, "Ivanhoe", by Sir Walter Scott. This drew on the idea that traditional English liberties had been destroyed under the Norman yoke, which was inured to tyranny. Today the tale of Hereward has again faded into the background: I hope that this account will bring his story back to life for some people.

NATIONAL COASTWATCH INSTITUTION (NCI) BRANCASTER

With the end of the holiday season and the return of children to schools, it has been a quieter time for the Brancaster Coastwatch station, which is a great relief after the very active summer.

In the last month, the station's volunteer Watchkeepers have been involved in various community activities. In particular, the team took part in the joint exercise with the RNLI, British Divers, Coastguard Rescue, Fire, Police and Ambulance services in the Hunstanton Beach Emergency Services Day (see picture below). This was a great example of joint working between the coastal emergency services, which attracted much public interest and support on the day.



The station team was also pleased to staff the Brancaster Staithe and Burnham Deepdale Village Hall and serve refreshments to members of the public attending the Brancaster Staithe Sea Shanty Festival; this is a growing event, with a large number of Sea Shanty organisations performing over the two days (see picture below). Record numbers attended on the Saturday, and as a consequence, the team was kept very busy. The annual Sea Shanty Festival is a very significant event for NCI Brancaster, as it is one of the most important fund-raising events in the calendar: we are very grateful to the Festival organisers for their support.



There has been one new volunteer joining, Barrie, and one certification, Pete: we wish them both success for the future.

We are very sorry to lose our stalwart Treasurer, Jonathan, who has been a vital part of the success of our station. We wish him well in the future and offer our heartfelt thanks for all he has contributed to NCI Brancaster.

If you would like more information on NCI Brancaster, or to find out more about becoming a volunteer, please contact Richard Burrows, Deputy Station Manager and Watchkeeper on 07535 612777. You can also find us on Facebook, if you search NCI Brancaster.

SOLAR-POWER YOUR LIFE

Established 2008 www.thesolarshed.co.uk

In-roof solutions

Field mounted

Commercial Installations

Solar Energy At Affordable Prices

☒ Commercial
 ☒ Residential
 ☒ Garden buildings
 ☒ Personal / portable

SOLAR SHED

Solar Nation

0808 126 1289 • info@thesolarshed.co.uk
 The Solar Shed, 67 Stow Road, Wigganhall St Mary Magdalen, Norfolk, PE34 3DJ

Mann Made Developments Ltd

Free No Obligation Valuation & Estimation for

**Extensions, Garages, New Build, Conversions
plus All Other Tasks including
groundwork, brickweave, etc.**

**Family run business with over
30 years' experience**

Call anytime for your **Free Quote**
 07798 723 287 or 01485 540 008
 or email info@mannmadedevelopments.co.uk
www.mannmadedevelopments.co.uk

E. F. Snelling & Son

Boat and outboard - sales, service and repairs

Authorised dealers for

Yamaha outboard & Terhi boat

The Marine Centre
 Main Road
 Brancaster Staithe
 King's Lynn
 Norfolk
 PE31 8BP

01485 210381

shop@efsmarinecentre.co.uk

www.efsmarinecentre.co.uk

Indespension and Snipe trailers and trolleys
 Buoyancy aids, ropes, shackles, trailer parts,
 marine paint and more

Women in search and rescue

Hunstanton RNLI was the venue for a special conference in early October when fifteen RNLI volunteers from stations including Wells, Cleethorpes, Clacton and Cullercoats attended the Women in Search and Rescue event where they completed a demanding mix of training exercises on board the station's lifeboat and hovercraft.

There were crew changes afloat, along with the chance to go to sea for manoeuvres on the 'hover' with an all-female crew.

A shore-based drill saw a simulated casualty offered care and assistance, while a portable pump was also set up to test pumping out a casualty vessel.

Delegates also took part in theory sessions and wide-ranging discussions about their roles in the charity that saves lives at sea.

Organiser Mandy Humphreys, a member of the inshore and all-weather lifeboat crew and water safety lead at Wells RNLI, said the day had been an 'invaluable' opportunity for SAR women to train and network together.

"It was good, people enjoyed the afloat part," she said. "One said it was amazing seeing all these women helming the boats and everything, it was amazing seeing women doing all this good stuff."

She added the Hunstanton crew had gone 'above and beyond' with both female and male volunteers helping to organise the day, as well as launching and recovering the lifeboat and hovercraft.



Photo: RNLI/Chris Bishop

Ellie Collishaw, who joined the Hunstanton crew in the summer, said: "I really enjoyed meeting all the other female crew members. It was really inspiring seeing an all-female crew."

Charlie Parfitt, a hovercraft commander and helm at the station, said: "The feedback was really good. It was a rare opportunity for so many women to come together and share experiences, it was really empowering for them."

Hunstanton Lifeboat Station news

A casualty was stuck on a muddy bank, as dusk fell and a fast-flowing tide rushed in to King's Lynn from the North Sea.

Minutes counted as RNLI crews and firefighters raced to save them from the rapidly rising waters of the River Ouse.



RNLI hovercraft Hunstanton Flyer taking part in the exercise in King's Lynn, as cockle boats return to port on the River Ouse
Credit RNLI/Chris Bishop

That was one of the scenarios practised by search and rescue colleagues on September 24, to rehearse how they would work together during a real-life emergency on Lynn's historic waterfront.

We sent our hovercraft and fast inshore lifeboat by sea to the centre of the town, while Norfolk Fire and Rescue Service launched an inflatable boat and police stood by ashore.

The 'casualty' - a life-sized training dummy used by volunteers at the lifeboat station - was soon located on the West Lynn bank near the Ferry Steps.

Once the hovercraft Hunstanton Flyer had brought the mannikin ashore, firefighters came alongside and deployed an inflatable mud sled to help transport them up the slippery bank.

A second practise 'shout' saw personnel

tasked to rescue a dummy casualty who had entered the water further upstream near the main A47.

All three assets spread out across the river to conduct a search as darkness fell and the tide began to turn and pick up pace back out to sea.

Once the mannikin had been located and safely landed at a riverside mooring, it was time to compare notes before the RNLI crews set off on their return to station to wash down and refuel their craft.

Lifeboat operations manager Mike Gould said: "It was a really useful evening for ourselves, the fire service and police.

"It was all about learning about each other's craft, equipment and capabilities and how we'd use them together during a real emergency which might require all of our expertise to be deployed.

"People associate us with search and rescue operations at sea, but we're just as ready to go to the aid of someone who finds themselves in danger in the centre of Lynn."

Some 20 acts from across East Anglia and further afield pitched up for the Brancaster Staithe Sea Shanty Festival.

The three-day bash saw groups perform at venues in and around the village from September 12 - 14, with all proceeds going to the charity that saves lives at sea and the National Coastwatch Institution, which operates a look-out station on the nearby beach.

Steve Ireson, from Nelson's Shantymen, was one of the organisers of the event. He said: "The RNLI is very important to the local community.

"Anyone can get into trouble out at sea or get cut off by the tide."

The event began at Nelson's Shantymen's home port the Jolly Sailors pub near the harbour in 2022, when nine acts performed.

Since then it has grown into a major event.

On the Saturday afternoon Hunstanton RNLI crew member Justin Aldiss thanked the audience, the bands who came to perform, Anglian Country Inns and the all other venues which kindly hosted the event.

The lifesaving work of the station and more than 200 like it would not be possible without those who donate to the charity that saves lives at sea.

Looking ahead, St Mary's Church at Old Hunstanton will be hosting our annual Emergency Services Carol Concert on Wednesday, December 17.

Hunstanton Concert Band will be performing once again, with musical director Paula Cuthbertson at the helm.

Our visits lead Kate Craven said it was intended to thank all of the emergency services who keep us safe.

Kate added many will be at work or on call over Christmas like the lifeboat crew, whose members will be ready to answer their pagers 24/7 throughout the festive period, including 25 December.

Admission to the event, which begins at 6.30pm, is free. There will be a retiring collection for the RNLI.

We currently have vacancies for shore crew, launch vehicle drivers and launch authorities at our station.

Candidates need to live within 10 minutes of our base on Sea Lane. No prior experience is needed as full training will be given.

If you're calm under pressure, a good team player and would like to make a real difference in our coastal community, we'd love to hear from you.

For an informal chat, visit the station on a Sunday morning (9am - 12-noon) when we train or e-mail hunstanton@rnli.org.uk.

Stay Safe, Respect the Sea
Hunstanton RNLI

Firefighter's long service recognised

Congratulations to Leesa Espley who was presented with her 20 Year Long Service & Good Conduct Medals (For firefighters) at Norwich Castle on 10th October.

Speaking at the awards ceremony Chief Fire Officer Ceri Sumner said: "This evening is a celebration of the very best that our service delivers across Norfolk and the dedication you put in every day. I am proud not only to lead this service but to work with you all, the people who inspire me. The people who, when I think you have given all you have to give, you turn around and give 100% more."

Leesa is exceptional in that she is also a member of the Hunstanton Lifeboat crew and in 2024 she received her 20-year long service medal from the RNLI. She joined in 2003 and went on to become the RNLI's first female hovercraft pilot - a duty she still performs today at the controls of the Hunstanton Flyer, along with crewing the station's inshore lifeboat Spirit of West Norfolk.

She's been on the cover of T&A twice - this was the April 2021 magazine.



SEA SHANTY AND WORDS NIGHT

So many people do so much to support so many during tough times. On Friday 14th November 7.00pm-9.30pm, Sedgeford Village Hall is mounting an evening of Sea Shanties and Words to celebrate the work of Hunstanton and District Food Bank, to raise awareness of the continuing need for the help it provides, to raise funds and to help maintain Sedgeford's beautiful 13 Century Grade 1 listed Church.

Nelson's Shantymen will be leading the evening with their superb shanty songs and a few of our fine Norfolk wordsmiths-Paul Berry, Ian Enters, Kay Hathway, Liz Radley, David Redfield- will be chipping in with readings on the theme "On the Edge". There will be refreshments and an invitation to join in the singing. The event promises to be fun, to touch the heart strings, and, most importantly, give much needed help to those struggling to cope.

The trustees of the food bank have said: "We always need regular donations of food and groceries, as so many people are suffering from the current cost of living crisis. Last year, the number of food parcels we provided went up and we supported more people unable to pay rising utility bills. This event in Sedgeford is a great opportunity to raise awareness of the continuing need for generosity towards those families and individuals in our community who are in extreme poverty."

St Mary the Virgin, Sedgeford is a precious 13th Century Church with round tower, 14th century wall paintings, and archaeological roots in an ancient Neolithic, Roman and Early Saxon settlement. Just to keep the Church in good condition as a significant centre of heritage importance and faith requires considerable maintenance.

For Further Information or to book your seats contact:
Ian Enters ianenters@btinternet.com 07951230084
Pam Goddard pamgoddard@btinternet.com 01485 579002
or 07747 126079

STEVE PENN DRIVEWAYS

PAVING AND GROUNDWORKS RESIN

ALL TYPES OF PAVING, SURFACING & BRICK WORK

**PART OF GOLD AWARD WINNING TEAM
AT THE CHELSEA FLOWER SHOW**

APPROVED RESIN MILL INSTALLER



**DRIVEWAYS
BLOCK PAVING
RESIN BOUND
PATIOS
BRICKWORK**

QUALITY WORKMANSHIP

MOBILE: 07712 244825 | 07867 868 561

EMAIL: STEVEPENNPAVING@AOL.CO.UK



Website: www.stevepennpaving.co.uk

S. LEVERETT Carpets & Blinds



Choose from a massive selection of carpets and vinyls to suit any room at any budget.

Specially selected ranges for
Holiday Homes, Caravans, Lets etc...
Contract vinyls / carpet / carpet tiles
for the office or workplace.

**ROLLER, VERTICAL, HORIZONTAL
AND VENETIAN BLINDS**

Tel 01485 518018 or 07760 462 788

to arrange a visit & free no obligation quotation
or e-mail: simonleverett@btinternet.com

WHY PAY HIGH STREET PRICES?

A stunning sight - the 'whirling wader spectacle'

Dani Crawshaw

The birds migrate from the Arctic during the winter - and tens of thousands gather on mudflats in Snettisham.

Trevor Mayes from Dickleburgh was up at half four last week to capture the latest 'Snettisham Spectacular'.



From late summer to early winter, tens of thousands of wading birds gather on the mudflats where they roost overnight. And on especially high tides, vast flocks of Knot, Dunlin and Oystercatchers take to the air en masse as the water covers the mudflats.

It's Trevor's second time seeing it, "It's brilliant, when the tide is coming in it pushes all the birds to the coastline, and because they can't get any further they absolutely just erupt and you're looking at tens of



thousands of birds. It's quite amazing, the sound of all the wings beats, the noise it sort of sounds like a jet engine."

"You can't really describe what it's like until you actually see it", Trevor adds, "When you tell people it's loads of bird that take off, they go oh yeah, but they estimated 80 thousand knot were there when I went. It's such a spectacle, we are just lucky to have something like this here in Norfolk."

It was the last spectacle of this year - the next will be in the spring.

Photos and videos all Trevor Mayes Photography
For information about the spectacles in the spring
<https://www.rspb.org.uk/days-o...>

Hunstanton Eyecare - meet Sylvia

This month you are going to get a rest from my nattering and I'm handing over to Sylvia, our audiologist. I briefly introduced her last month but just by name. I suggested that she tells you about herself, and she didn't disappoint! So much information that you may get a Sylvia part 2 and even 3 early next year. Sylvia writes:-

"I was born in Slovakia and grew up in a medium-size historical town called Trencin. The town is nicely placed in the valley of the longest Slovakian river, between mountain ranges on the east (Povazsky Inovec) and on the west (The White Carpathians). My parents studied mechanical engineering at Slovak Technical University in Bratislava, the capital of Slovakia. My father was a gifted mathematician and later taught at the local university in subjects related to the strength of material and physics. Both parents were assigned significant design tasks related to self-propelled howitzers and land-mine removers. I remember the day when my father proudly brought the Jane's Defence Weekly magazine with an article about

Slovakian howitzers, and he gave me the task to translate it. I was studying at one of the best grammar schools at that time and although English became my favourite subject, it took me a long time to comprehend and translate such a technical article.

I remember that as a child I wanted to become an engineer like my parents, but nature, literature, science and English were my preferred subjects at school. I excelled at biology and translations which made me apply for the Faculty of Natural Sciences, Comenius University in Bratislava. This Master's degree programme divided us into 11 cohorts - I was in a small cohort studying cell biology, plant physiology, anatomy, morphology with scientists from UCLA and University of Missouri. My dissertation project researched aluminium toxicity in crop plants as acid rains increase toxicity of aluminium which is found in all types of soils. I continued with the metal toxicity research also during my PhD project at the Institute of Botany, Slovak Academy of Sciences.

Many people ask me how I got

into my new profession. I visited England for the first time in 2004 after 10 EU countries were granted access to the UK job market mostly via the Work Registration Scheme. I have to say that I am still firmly in the UK after almost 21 years of uninterrupted residency and eventually gained citizenship of this country more than 10 years ago. When I arrived in the UK, it was really very difficult to find a meaningful job as I was classed as over-educated. I was assigned a position in one of the high street hearing aid companies to work as a branch coordinator in Northampton, but the company I worked for did not train any audiologists at that time, so I moved to another high street provider in the Midlands. As a hearing aid dispenser, I have worked for several large companies, but I always enjoyed working in smaller teams and companies where everybody mattered and every cog in the company was very important. I worked for a London-based company specialising in tinnitus and hyperacusis for almost two years, this was a very rewarding

experience and involved a great deal of learning about tinnitus from one of the leading practitioners in Harley Street, London. I was also a director of the company for three years and worked for two and half years in NHS hospitals - dealing with complex adult cases, referrals to ENT, hearing assessments and hearing aid fittings, adjustments. I am sure I have handled thousands of hearing aids so far!"

So, for all your hearing needs just book an appointment with Sylvia at Hunstanton Eyecare. Annette





Norfolk
Restaurant Week
3rd 7th & 10th-14th Nov

£27 TWO COURSES £33 THREE COURSES

PRIZE FOR BEST DRESSED
FANCY DRESS IS ENCOURAGED

BOOK NOW

Back TO THE 80s

CHRISTMAS PARTY NIGHT
FRIDAY 19TH DECEMBER FROM 7PM

DINNER | MUSIC | DJ | DRINKS | 80s THEMED FUN

STAY THE NIGHT?
DISCOUNTS AVAILABLE ON ROOMS

Festive Afternoon Tea

Served daily throughout December from 12-5pm

£24 Per Person



£40 TWO COURSES £50 THREE COURSES

Christmas Parties

Fri 12th & Sat 13th December

BOOK TODAY

t: 01485 210742
e: info@briarfieldshotelnorfolk.co.uk

Briarfields
COASTAL HOTEL

w: briarfieldshotelnorfolk.co.uk
Main Road, Titchwell PE31 8BB

BOOK NOW for this GIANT of a Pantomime!



Jack and the Beanstalk

9 December 2025 - 4 January 2026

kingslynncornexchange.co.uk

ALIVE

Borough Council of King's Lynn & West Norfolk

Sponsored by *J&K Glass & Glazing Ltd*

Media Partner *yourlocalpaper*

Sedgeford Christmas Craft Fayre

November 23rd 2025

Jacquie Sindle

I am writing to let you lovely of folk of this area of Norfolk know of our third and final artisan craft fayre of 2025.

Having run two successful fayres already this year for East Anglia Air Ambulance and the RNLI, our final one of 2025 is for East Anglia Children's Hospice which I am sure you will agree is a brilliant charity. Not only does it care for the poorly child but gives amazing support to the rest of the immediate family - children and parents. As you can imagine, it costs a vast amount of money to run a hospice and if any of you have had to visit one you will remember the incredible work they do. Care can be provided in the family home, virtually and obviously in the hospice. All of the EACH are rated as Outstanding by the Care Quality Commission and EACH delivers world-class care.

The Nook, our nearest hospice, is the largest of the three under the direction of EACH. It has seven bedrooms as well as accommodation for families. The facilities include a sensory room, hydrotherapy pool, music studio, a haven and many other facilities as well as a large outside space for the children to explore and play. They even provide family fun days and fun trips to places like the zoo and the seaside.

As you can imagine, all this brilliant care costs a vast amount of money which is why I am letting you know of the Sedgeford Artisan Fayre. A raffle will be held in aid of EACH and if there are any businesses reading this, please contact me if you are able to provide a raffle prize. We have had some great donations for the previous two fayres.

There will be some fantastic stalls including beautiful handmade chocolates, stunning jewellery, carved wooden items, stain glass items, various textiles, pottery and much more. A chance to buy some unique Christmas gifts.

Elevate Performing Arts will be attending with their pop-up stand to speak with visitors about their classes and everything they offer as a dance school. As a special offer, they're providing a free trial class to anyone who signs up with them at the Fayre.

Excellent refreshments available throughout the day. So, please put the date in your diary and we very much look forward to seeing you. The details are:

Sedgeford Village Fayre, Sedgeford Village Hall, Jarvie Close PE36 5NG. Sunday 23 November 2025 From 10am – 3pm. Ample Free Parking.

Winter Warmers and Screenings return to Thornham Village Hall

Thornham Village Hall launched this season's Winter Warmers on 10 October with a talk by Baroness Sue Campbell, Chair of England Netball and former Chair of UK Sport and Women's Football at the FA. Sharing insights from her remarkable career, she inspired the audience while guests enjoyed a delicious meal from The Orange Tree and dessert from the North Norfolk Catering Company. Organised by a team of volunteers, the series continues on Friday 14 November with author and nature advocate Charlie Bingham, celebrating the magic of birds.

Cinema and theatre fans can enjoy Thursday Cinema Nights — including a Western classic on 6 November (see Hall posters for the title) — and a National Theatre Live screening of Mrs. Warren's Profession on 30 November, starring Imelda Staunton and her real-life daughter, Bessie Carter.

Tickets and details for all events are at www.thornhamvillagehall.co.uk/events.

Join us for community, culture, and conversation this season!

The copy date for our December issue is 12th November - please don't be late!

The December issue will be available in shops from 25th November

Country Night & Line Dancing at Dersingham Social Club PE31 6JX

The Big Hig Cowboy DJ and Buckin' Boots Line Dancing come to the club for the first time on 8th November. Whether you just love country music, you're a seasoned line dancing pro or just starting out, this is the perfect opportunity to show off your moves and enjoy a great time with amazing like-minded people. Join us for some fun-filled line dancing expert tuition from Amy.

Dust off your cowboy hats and boots and get ready to dance your heart out! 7pm start. £5 entrance. 07981 294052

Hunstanton u3a

For our November meeting on Monday 17th November at the Community Hall, Avenue Road, Hunstanton PE36 5BW Jim Stebbings will give a talk entitled "It's Behind You" - the history of English Pantomime looking at the history and development including the origin of the stories and elements we expect each year and have loved since childhood. "Oh yes it is!"

You will be welcome to join us at 2.00 pm.

For further information please see our website www.hunstantonu3a.org

Hunstanton Town Council – Remembrance Parade & Service 2025

Hunstanton Town Council invites residents and visitors to join the Remembrance Parade and Service on Sunday, 9th November 2025 to honour those who have served in the armed forces.



The parade will assemble at the United Services Club at 10:40 am and will proceed along the town streets to the War Memorial, where a Remembrance Service will begin at 11:00 am. The service will include the traditional laying of wreaths, a moment of silence, and readings to commemorate the courage and sacrifice of those who served.

All members of the public are welcome to attend and are encouraged to line the route or join the parade to show their respect. Please note that timings are provisional and may be subject to slight adjustments.

This annual event is a vital opportunity for the community to come together in remembrance and reflection, ensuring that the sacrifices of past and present service personnel are never forgotten.

Fenland Family History Society covering West Norfolk, North Cambs, S.E Lincs.

We are a group of people interested in researching family history and willing to help others with researching their families. We hold a monthly meeting on fourth Thursday of each month except August and December in Wisbech Library from 7 - 9pm. We have speakers at most of our meetings. Non members always welcome.

RESEARCH SESSIONS are held 3 times a month. 1st Tuesday of each month in Wisbech Library 10 - 12noon. 2nd Monday of each month in Baytree Garden Centre in Hilgay near Downham Market 11am - 2.30pm. 3rd Wednesday of every other month in The Red Lion North Brink Wisbech from 6.30 - 8pm. We offer help with your family research. Why not drop in and see us.

For further information on any of the above please contact Bridget Hunter bridget25hunter@btinternet.com





HOTEL · RESTAURANT · GOLF
HEACHAM MANOR

NORFOLK RESTAURANT WEEK

Mon 4th - Fri 8th &
Mon 11th - Fri 5th November

We are thrilled to participate in Norfolk Restaurant Week, bringing you a delightful opportunity to indulge in exquisite flavours and innovative dishes crafted by our talented chefs.

Available in both No. 82 and
Mulberry Restaurant.

2 COURSES £27
3 COURSES £33

Book your table online or
call the team on 01485 536030



Heacham Manor Hotel,
Hunstanton Road, Heacham,
Norfolk PE31 7JX



@aptsurfacing

ASPHALT AND PAVING SERVICES EXPERTS

COMMERCIAL AND RESIDENTIAL

Specialists in asphalt surfacing.

All road surface work undertaken -

Driveways, car parks, footways and more...





ROAD PAVING

CARPARKS

PRIVATE DRIVES

FOR QUOTES & ESTIMATES

CALL: 07880 236702

EMAIL: aptsurfacing@mail.com

HUNSTANTON CONSERVATIVE CLUB

The Club is open Monday to Saturday 10am -11pm
Sunday 11am -11pm



Meals served from Monday to Saturday 12 noon until 2.00 p.m.
A selection of special meals are available each day.
Sundays - 2 course Roast Lunch.

Special events this month:

November 1st - Saturday Night Bingo
November 5th - Cream Tea from 3pm
November 24th - Coffee & Brandy from 10am
November 29th - Music Night with 2 of a Kind playing Hits from's 60's & 70's
November 30th - Mulled Wine at the Club from 3pm, Town Lights Switch on at 5pm

Regular Events

Mondays : Strength and Balance Class 4.30pm.
Tuesdays 12.45pm - 1.30pm - New Seated Yoga with Jackie Lee
Tuesdays: Cash Bingo starts at 7.30pm
Wednesdays : 10am-12pm (Fortnightly) U3A Chess Group.
Scrabble 10am, Whist Drive 7pm.
Fridays : NIA at 12.30. Prize Raffle 1pm. Cash Bingo at 7.30pm.
Saturdays : 'Open the Box' draw at 1pm.

www.hunstantonconservativeclub.co.uk

24 High Street, Hunstanton PE36 5AF
T:01485 532462



The Lynn Martyr

Russell Lyon

To come first and get a mention in many history books is a distinction a lot of people would crave. But for some like William Sawtry of Kings Lynn it was a renown that he would not have wished and tried to avoid if he possible could. It meant he would have to die - horribly.

In the past, common criminals were executed by hanging. If you came from a significant family but upset the state or the king in some way then you might be afforded the mercy of a swift end by beheading. Traitors were hung drawn and quartered as a warning to others but for the crime of heresy or witchcraft, church authorities deemed that burning alive bound by a stake on top of a funeral pyre was the only punishment possible. Fire was the only way to destroy the Devil in them. Death by burning alive was not a new punishment. It had been practiced in many countries for a variety of crimes for thousands of years. If the executioners were feeling pity for the victim he or she might be strangled before the fire was lit. Sawtry was the first Englishman as far as we know to suffer this sentence for proclaiming his faith. It was made legal by a new statute against heresy by an Act of Parliament introduced by Henry IV and as far as we know William Sawtry was the first victim of Henry's new law.

Sawtry was a priest and a Lollard. In the eyes of the church you could not be both. He was one of many who began to challenge Catholic doctrine and this could not be tolerated by the church hierarchy. Lollards got their name from a Dutch word meaning to mutter as they muttered under their breath or

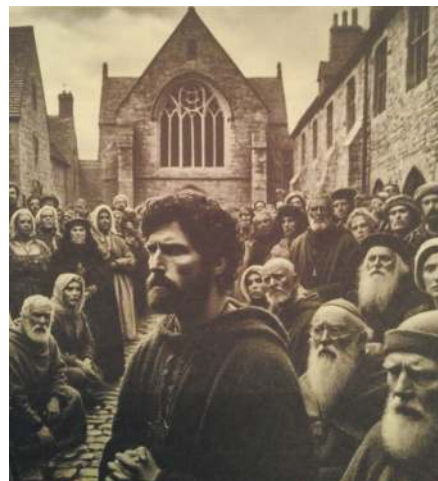
sang low. Almost 100 Lollards after Sawtry died in this awful way after the Act of Parliament.

Lollards had two central beliefs: it was a sin that the church had too much money and should give it to the poor and that Lollards did not believe in transubstantiation. The Catholic church teaches that bread and wine at the Mass becomes physically the body and blood of Christ. Lollards did not believe in this miracle and it took over 150 years for the Reformation and the breakaway Church of England to declare that the Lollard were right all along. Meanwhile many died a horrible death but all Lollards were convinced that they died in the true faith and their place in Heaven was assured.

William Sawtry had been preaching this Lollard belief in St Margaret's in Lynn and Tilney where he was priest in charge. Inevitably he was reported to the church authorities. To make matters worse he declared that he did not believe in venerating images such as crosses and icons and going on pilgrimages which was anathema to the Catholic Church.

He was arrested in Lynn, interrogated, tortured and bullied for two days by Bishop Despenser of Norwich in the manor house at south Elmham. With the awful spectre of burning at the stake in front of him he recanted his views and was made to declare it publicly in Lynn at St James graveyard and also in St Johns where he promised not to preach his heretical views again.

Not long after this public humiliation William moved to London and became parish priest at St Otho's where he found support in



the Lollard community in the city. He hoped I suspect by moving away he would be safe from Despenser but it was not to be. At St Otho's he taught that communion with God did not need the Church which saw him arrested again and he was arraigned before Archbishop Arundel and the Provincial Council in the Chapter of St Pauls. This time there was no mercy and he was executed by burning at the stake at Smithfield on the 2nd of March 1401.

He was not the first to die in this horrible way but he was the first to die under the new statute made by Henry IV. Which was a bit ironic as Henry's father John of Gaunt was known or suspected to have Lollard views. However Sawtry's preaching at that time with Henry just ascending the throne was seen to be a threat to the new establishment and he was made an extreme example to dissuade others from following his teaching.

It did not work as over time a hundred others met a similar fate but all them died knowing their place in heaven was assured.

HOLME-NEXT-THE-SEA HISTORY GROUP OPEN DAY

Thursday November 13th at Holme-next-the-Sea Village Hall 2.30-4pm FREE Entry

Drop in to see the resources we have collected. Maps, postcards, photographs etc. to look at.

Maybe there is some information on the house you are staying in. Do you have any photos we could copy?

Refreshments available.

Hunstanton Voices - invitation to join our local choir

We are a small and friendly long-established community choir that gets together at 7.00 pm every Monday at The Way in Downs Close (behind the Police Station). There we rehearse popular and lesser-known songs in preparation for our Summer and Christmas concerts which we present locally.

If you feel tempted but perhaps hesitant why not at least come along and give singing a try?

Previous experience is not required, neither is the ability to read music. And there are no auditions! All we ask is that you come along and hopefully enjoy the benefits of singing with like-minded people. Just turn up any Monday evening or get more details from John on 07742 366385.

We look forward to seeing you.



£40 P/P*

ENQUIRE TODAY

CHRISTMAS PARTY NIGHTS

2 COURSES

FRIDAY 5 DEC

SATURDAY 20 DEC

PARTY MENU | RESIDENT DJ | STAY FOR £135 BB | PARTY NOVELTIES

£45 P/P

GOLDEN LION

Crazy BINGO PARTY NIGHT

SATURDAY 13TH DECEMBER

STREET FOOD | BINGO NOVELTIES | WACKY PRIZES | CRAZY FUN



Norfolk
RESTAURANT WEEK

3rd-7th & 10th-14th Nov

£27 | £33

TWO COURSES | THREE COURSES



01485 532688 | INFO@THEGOLDENLIONHUNSTANTON.CO.UK | THEGOLDENLIONHUNSTANTON.CO.UK | PE36 6BQ

Bagladies of Thornham

Winter Gift Fair

Carolyn Barrett

Our popular gift fair will take place at Thornham Village Hall on Saturday, 6th December from 10.am - 4.pm.

There will be over 20 stalls showcasing makers from all over Norfolk, plus our delicious jams, marmalades, and refreshments.

We have a limited supply of Christmas cakes and puddings to pre order.

Please contact Carolyn, email, carolynbarrett@hotmail.co.uk or Angela email, morrisangelaf@gmail.com

Sadly this will be our last Winter Gift Fair. Bagladies was started by the late Melanie Venes in 2006, and we are very proud to have raised over £100,000 during the past 20 years.



BRISTER
DECORATORS

07944 954455 | info@bristerdecorators.co.uk | bristerdecorators.co.uk

The BagLadies of Thornham
Invite you to our annual

WINTER GIFT FAIR

SATURDAY DECEMBER 6th 2025

10am - 4pm Free Entry

THORNHAM VILLAGE HALL
HIGH STREET, THORNHAM
PE36 6LX

Unique Gifts
Seasonal Produce
Delicious Refreshments

Raising funds for Thornham village projects





≤bark



We Specialise In:

- Find & repair leaks
- Flat roof repairs and installations
- Valleys & gable end repointing
- Chimney repointing & lead work
- Spray foam removal
- Roof replacements
- Roof MOTS



Winter Offers

- All leak repairs this winter - from £295
- Full Roof MOT & Report from £95

HOT DEAL 🔥

Come visit our new office:

5 Jubilee Court, Hunstanton Road, Dersingham

Prestige Group also has Prestige Pave
& Resin to find out more visit our website
www.prestigepaveandresin.co.uk



01485 789015 or 07478 266531

✉ contact@prestigerroof.co.uk

🌐 www.prestigerroof.co.uk

All Aspects of Roofing & Wall Repair Work

- Flat roof installation & repairs (felt, fiberglass, rubber systems)
- Chimney repairs & repointing
- Grinding out walls & repointing brickwork
- All aspects of wall repairs (structural & cosmetic)
- Cavity wall insulation removal
- Damp course installation & repairs
- Roof leak detection & prevention
- Full roof replacements (re-roofs)
- Wall rendering (sand & cement, coloured render systems)
- Chimney rendering & refurbishment
- Slate & tile repairs & replacements
- Fascias, soffits & guttering installation & repair
- Valley repairs & replacements (fiberglass, lead, dry-fix systems)
- Leadwork around chimneys, valleys & flashings
- Moss removal & roof cleaning
- Spray foam removal from £1995
- All leaks from £295



All Aspects of Groundworks

(Driveways, patios, drainage & more)



01485 789015 or 07478 266531

✉ contact@prestigerroof.co.uk

🌐 www.prestigerroof.co.uk



Hunstanton Society

Our talk in November, is on 19th at 2.30pm. This talk being given by Dr Eric Somerville on the subject of 'Opium eating in the Fens' should prove to be hugely interesting particularly as we gather this is something that went on into quite recent times

Heritage Days

The Heritage Days that took place between the 12 and 21 September were a resounding success once again. Many thanks to Andrew Murray for his informative talks and tours and for encouraging visitors to come to the Heritage Centre to enjoy refreshments at the Heritage Centre. A special thanks to Marie for her wonderful cakes, which were very popular.

The Heritage Centre will be taking part in the 'Christmas Light Switch On' on 30 November, the Heritage Centre will be opening for the whole day and there will be many activities and fun attractions on the day for everyone to enjoy. More details to follow shortly. We will of course, be displaying a Christmas Tree at the Christmas Tree Festival at the Town Hall in early December, so please pop in and remember to vote!

If you would like to contact the Events Team, the email address is hunstantonsocietyevents@gmail.com. We would love to hear from you if you would like to join the Events Team or if you have any ideas on future displays and events about things you would like to see us do.

PETER LEWIS-CROWN DISPLAY

We have installed some new displays in the back-room between the windows containing much of the story of Peter Lewis-Crown including quite a number of certificates and awards he received over his lifetime. These include his award as a Freeman of the City of London, Westminster Society Fundraising Accolade, Degrees awarded at Dublin Metropolitan University, The Stanley Award at the Royal National Mission to Deep Sea Fishermen. In addition there is some of his family history and Family Tree.

It is clear that he was a very generous philanthropist. He held many fund-raising events even as a young lad in Hunstanton but right through his working career as a Couturier while running House of Lachasse.

Peter was educated at King Edward VII School in King's Lynn and whilst creating these display boards, we discovered that the school was unaware of his passing. It seemed wrong so we made the school aware that Peter was an Old Lennensian and they will be notifying their members soon.

Hunstanton Society
Presentation by
Dr Eric Somerville
Opium Eating in the Fens

PLEASE NOTE THAT THIS TALK IS TAKING PLACE at 2.30pm

Fenland folk didn't smoke opium, they consumed it, and did so in quantities. Almost half of imported opium was consumed there. Dr Somerville, a retired Wisbech G.P. has made an extensive study of the subject, will attempt to explain why this was.

Wednesday, 19th November 2025 @ 2.30pm
 Doors open at 2.00pm
in the Heritage Centre
 Admission £1.00 Members, £5.00 Non-Members
 Refreshments included

REPEAT CALL OUT FOR MORE COMMITTEE MEMBERS AND VOLUNTEERS

In two months' time we have our Annual General Meeting at which the previous Committee all resign and have to be re-elected or, indeed, new additional Committee members need to be elected to form the new Committee. Currently we have just 6 Committee members. Also currently we do not have a Chair for the Society which is not ideal but by voting one of the Committee members at the start of each meeting, we do manage to operate.

With about 150 members of the Society we feel there ought to be a number of you who might be willing to stand for election and expand our happy group. We really need to

spread the workload over a few more people making the whole task of running the Society easier. If you would like to consider putting yourself up for election, the Committee would be happy to invite you to one or both of our next meetings that we have arranged, the next one on Tuesday, 21st October at 2.00pm in the Heritage Centre. In this way you can get an idea of what goes on at these meetings and learn a bit about the Society and decide if you would like to join the Committee. Since last month, we have had two of our members come forward to offer their services. We hope these both follow up on this and will complete the Nomination Form before the AGM to firm up on their very welcome decisions.

VOLUNTEERS

Likewise, we have a number of members and friends of the Society who are prepared to 'man' the Heritage Centre a couple of times each month (February through to November) for a couple of hours, usually in pairs so you are not there by yourself. This number of volunteers is slowly dwindling and we are wanting to add to these numbers by inviting you to come and give it a go. Ideally you would attend a session when we are open (Wednesday, Fridays, Saturdays, Sundays and Bank Holidays between 2.00pm and 4.00pm) joining the pair that are on duty and experiencing what it is like being a volunteer. It can be very rewarding – many that visit can be quite chatty and interesting. If you would like to give it a go, please contact our Volunteer Rota Co-ordinator, Adrian Eden, at his shop in the High Street (By Another Book) or give him a ring on 07915 005004. He would be delighted to talk to you. It may be that you have friends with time on their hands who are not actually members of the Society and might be interested. Some of our volunteers are just Friends. I am not aware that anyone has come forward since last month and we are having to find volunteers at the last minute to fill slots that would otherwise mean we could not open. Please, please, please do think seriously about offering yourselves as volunteers. Without them we cannot continue keeping the Heritage Centre open.



PETER LEWIS-CROWN DISPLAY

Leisure Club



Gym & Swim Memberships

- > No joining fees
- > Direct debits available
- > FREE parking

Plus: Save when you join with a friend or purchase a Transform Package!



MEMBERSHIPS
From Only: **£26.50**
Per Month

MAKES A GREAT XMAS PRESENT

Children's Splash Pool & Soft Play Birthday Parties

- 60 minutes play
- 2 course meal & cake included (choice of chocolate or victoria sponge)

£14.95/Child

£119.60

Non-refundable deposit

T&C's apply:
Min 8 paying children
Not exclusive use of facility.

Birthday Child* FREE!



For more info call: **01485 536029** www.searles.co.uk

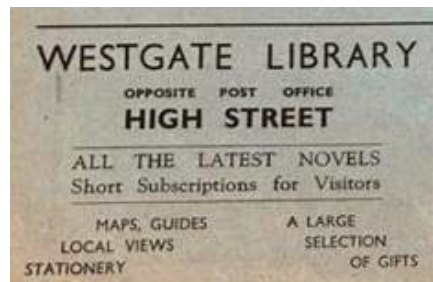


Object of Interest – A Box of Photos

Our Object of Interest from the Heritage Centre this month is a small undated box of photographs. On the back is a space for a stamp and an address so it is a form of postcard. This must date to the time most people had no access to cameras. The photos are unremarkable, but the object harks back to the time when Hunstanton had several libraries. This object is labelled “Westgate Library”.

We now segway to the modern day. Fans of Tapas will have watched with interest the transformation of the old Witley newsagent shop on Hunstanton High Street into Sofias. 22 High Street has the look of one of the old cottages that were built on this old back street, before it gained High Street status after the Post Office was built.

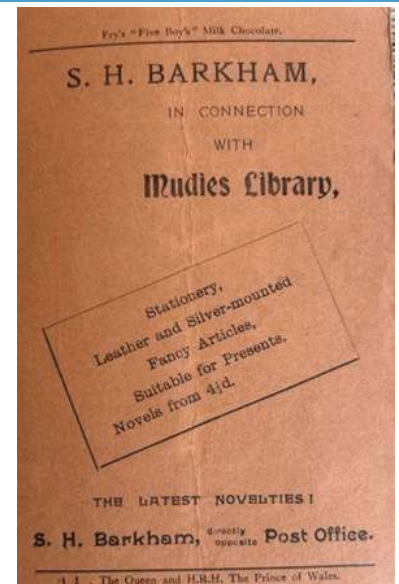
Programme) which mentions Westgate Library “Opposite Post Office” presumably a continuation of use from an older advert (1910 Pier Pavilion Programme) for Barkham’s “Exactly Opposite Post Office”.



From about 1899 the Post Office occupied the site that is now Boots. So, if you stand in front of Boots, turn around on the spot and look at what is exactly opposite, you see this:



So how can we link these two paragraphs together? By the power of advertising. This is an advert from 1938 (Town Hall



On the advert for Barkham’s, notice the mention of Mudies Library. Mudies, based in London, was the originator of the low-cost library movement, pre-dating the free public libraries. The expansion of railways allowed people to use this service across the country. So essential holiday reading was available in several locations in Hunstanton. We have records for Westgate Library, Preston’s Library (also on the High Street – now the Model Shop), Streets Library on Greevegate (Illusions Hairdressers) and a later Barkham shop (London Bazaar) on Le Strange Terrace.

BUDGET 2025 – WHAT WILL 26 NOVEMBER BRING?

By Kathryn Gigg Chartered Accountants, Hunstanton

When considering what the Chancellor may announce on 26 November it is perhaps interesting to look at some of the direct promises and comments from the 2024 “Halloween”

Budget: -

"This is not the sort of Budget we would want to repeat... but this is the Budget that is needed to wipe the slate clean and to put our public finances on a firm trajectory."

"Our manifesto committed to the Triple Lock...to ensure that our pensioners are protected in their retirement."

"I have today decided to freeze fuel duty next year..... and I will maintain the existing 5p cut for another year, too."

"So I say to working people, I will not increase your National Insurance.....I will not increase your VAT..... and I will not increase your Income Tax".

Given that the fabled £22bn “Black Hole” which was mentioned so frequently in the 2024 Budget speech, and which should have been eliminated by now, has in fact risen to nearer £30bn, it seems almost impossible that all these promises will be kept – it is almost certain that there will be a repetition of an extremely painful Budget and it seems almost inevitable that one or more of the manifesto commitments will need to be broken if the Budget is to have any credibility in the bond markets.

It is also worth considering the issues which escaped attention in the 2024 Budget, and which may now reappear. Although each one of these will be painful for some taxpayers, one doubts that any one of them will raise funds on the scale that is needed: -

- Business taxpayers can still defer Capital Gains Tax (CGT) on the gift or replacement of some business assets under the holdover and rollover provisions.
- The rates of CGT are still not aligned with Income Tax rates.
- CGT base costs are still rebased when assets are inherited.
- There is no CGT charge on the sale of a main residence. There is a view that CGT could reasonably be charged on more valuable main residences- although practically this would bear most heavily on London and the Southeast and could be seen as the thin end of a progressively more comprehensive wedge. It is probably not a vote winner.
- There is no immediate charge to Inheritance Tax (IHT) for lifetime transfers, and no tax at all if the donor survives seven years. It has been suggested that this period could be extended to ten years (as it has been in the past) or even indefinitely.
- There is no Wealth Tax in the UK (nor indeed in most other countries including those which have tried it and found it ineffective)
- There is a growing call for the reform of Stamp Duty Land Tax (SDLT)

Whilst all these options are projected to bring in more revenue, CGT is essentially a voluntary tax dependent on an individual's willingness to sell an asset. In practice, those who are minded to make such a sale will take advice regarding the potential tax bill, and if it is too high, they simply decide not to sell – in fact there is some evidence that where the level of tax is increased beyond the “pain threshold” the reduction in transaction numbers outweighs the extra tax raised. The same thing may well be true for SDLT.

The Chancellor is between the proverbial rock and hard place. She is hemmed in by manifesto commitments, bruised from the failure of the 2024 Budget to stimulate the economy, and threatened by the bond markets. Further capital taxes will not bring in money on the scale needed and as has been seen over the last year, have practically destroyed political support in many rural areas. In a recent poll of some 500 farmers, none would be voting for Labour if there were an election now.

By the time this article goes to press there will be few opportunities to mitigate any potential tax changes, and it is always difficult trying to second guess legislation, but for those with significant tax issues pending, as we have said before there is a strong argument for getting them over the line before anything gets worse.



If you require any tax advice, please contact either Kate or Nic at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk.

N.B. Article written October 2025

© Kathryn Gigg Chartered Accountants 2025

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst we endeavour to ensure that the information contained herein is correct, neither we nor our firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

CELEBRATING

25

YEARS

IN HUNSTANTON

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts, business and company taxation
- business start up advice and incorporation
- SAGE, Quickbooks & Xero installation and training
- payroll & auto enrolment administration
- VAT and bookkeeping services
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice and inheritance tax planning
- tax planning and accounting services for private property investors

For an appointment please contact: Mrs K H Gigg FCA

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800 e: kate@kathryngigg.co.uk

Regulated for a range of investment business activities by
The Institute of Chartered Accountants in England and Wales.

Opinion

One Norfolk, One Council: The Right Future for Our County

By Andrew Jamieson

There comes a moment in local government when clarity must triumph over complexity—when doing what is right for residents must outweigh what is comfortable for institutions and councillors. For Norfolk, that moment has arrived.

This is not a game: do we want one strong, efficient council for Norfolk, or do we want to fragment the county into three smaller unitaries, each duplicating costs, dividing services, and weakening our collective voice?

I am convinced that the only viable, sustainable future for our county is One Norfolk, One Council—a single unitary authority that is strong where it counts, and local where it matters.

Efficiency, Value and Simplicity

Our residents are clear about what they want from reform. In our extensive engagement, 67% said value for money and efficiency were their top priorities; 53% wanted improved services; and 43% specifically warned against fragmentation. They want one front door to local services, not a maze of competing bureaucracies.

A single unitary delivers precisely that. It eliminates costly duplication in HR, finance, ICT, procurement, and customer contact. It brings one accountable system for adult social care, children's services, housing, and transport. It frees millions of pounds every year that can be reinvested in frontline services instead of administration.

Contrast this with the alternative of three separate unitaries. Each would need its own Chief Executive, management team, ICT systems, HR, finance, and back-office functions. Each would have to renegotiate contracts, rebuild service partnerships, and re-establish its own governance. The combined cost of that duplication would wipe out any conceivable saving—and divert attention and money from what really matters: improving lives.

Strong Where It Counts

Norfolk faces real challenges: an ageing population, growing demand for care, rising costs of children's services, and infrastructure under strain. To meet these pressures, we need scale, stability, and strategic capacity.

A single council gives us exactly that. It allows Norfolk to speak with one voice—to our NHS partners, to government departments, to Homes England and the Environment Agency. It allows us to deliver whole-system solutions that wrap services around people and communities, rather than pushing them between organisational silos.

Consider the progress already made when we work as one system: joined-up health and social care reducing hospital discharge delays, for example. Think what a pan-Norfolk integrated housing and homelessness strategy would do to cut rough sleeping or a more coordinated flood resilience planning across the county's coastline as well as what we have done already to coordinate flood mitigation in river catchments. This shows what can be achieved when Norfolk works together, not apart.

Local Where It Matters

Some argue that a single council risks becoming remote. I disagree. Our proposed local engagement model puts decision-making and influence where it belongs—within communities.

We have 550 town and parish councils, representing more than 70% of Norfolk's population. Under a single unitary, they would be empowered, not diminished—able to shape local priorities, take on community assets, and manage local budgets.

We also have over 10,000 voluntary, community, and social enterprise organisations across the county. These are the lifeblood of Norfolk's civic life. One council, working in partnership with this sector, can create genuine community leadership: flexible, responsive, and rooted in place.

Three unitaries, on the other hand, would fracture this landscape—forcing parish councils and voluntary groups to navigate inconsistent systems, different funding rules, and competing priorities. That is not empowerment; it is confusion.

Financial Responsibility and Resilience

Local government across the country is under immense financial pressure. The councils that survive and thrive will be those big enough to absorb shocks, smart enough to deliver efficiencies, and strong enough to attract investment.

A single Norfolk council consolidates back-office services, leverages scale for better contracts, and reduces the need for borrowing. It creates a stable platform for transformation—capable of investing in prevention, early help, and long-term growth.

Splitting Norfolk into three smaller councils would do the opposite. It would shrink capacity, increase financial fragility, and create inequalities between areas. Each new authority would start life carrying the overheads of setting up a new bureaucracy—at precisely the moment when every penny must go to protecting services.

Three Unitaries will cost Norfolk an additional £33m every year to run and a transition cost of £82m. Keeping Norfolk whole, saves nearly £40m, with £42.6m transition costs covered in the first year. It is the only way to have prudent decisions on Council Tax. The tax base is simply too small to deal on its own with the rising challenges West Norfolk faces. This means that the ability to set taxes will quite simply be taken out of Councillors' hands.

One Voice for Norfolk

At a national level, size matters. When Government looks to invest in infrastructure, skills, or housing, it looks to regions that can deliver at scale and speak with unity.

A single council for Norfolk would be that voice—a strong partner for Whitehall, a serious player in future devolution, and a county that can compete for national and international investment.

If we fragment into three, we dilute our influence. Instead of one coherent vision, we would have three different plans. Instead of one strong leader at the table, we would have three competing agendas. That is not strength—it is weakness.

A Vision for One Norfolk

Our vision is simple: a county where children flourish, families succeed, residents prosper, and communities are vibrant and connected. A county that cherishes its history and natural environment, while embracing innovation and growth.

“One Norfolk, One Council” delivers that vision. It is efficient, fair, and forward-looking. It puts every pound to work for the people of Norfolk. It builds on what already works and strengthens what needs reform.

The alternative—three unitaries—would drag us backwards: divided, inefficient, and unable to rise to the challenges ahead.

Conclusion

Reorganisation is never easy. But neither is watching opportunities slip away because of timidity or indecision. Norfolk deserves better.

We have a once-in-a-generation opportunity to create a council that is both strong where it counts and local where it matters—a council that delivers better services, greater efficiency, and a louder voice for our county.

Let's not waste it. Let's be bold, be unified, and choose a single council for a stronger, fairer Norfolk.

**Don't forget the power of advertising
in Town and Around magazine**

Reach your local customers

In our survey 97% readers told us they keep the magazine until the next issue is published and 80% have contacted an advertiser.

Advertising with us is affordable and effective

Call: 01485 540620

or: 07533 088196

editor@townandaround.net

Sporting corner with Tim Keogh



Andy Arnold

Andy Arnold is a local cricketer who is Vice Chairman for Thornham Cricket Club and captains the 2nd XI. Andy is also a Quantity Surveyor and an integral part of the New Sports Pavilion Project presently taking place at Thornham CC.



The new pavilion will include five changing rooms, a disabled facility and kitchenette area for catering and refreshments. There will also be a flexible space for fitness classes, indoor bowls, coffee mornings and Thornham History Society displays. The aim is to provide a 'warm, safe and fully accessible space' aimed at bringing the village together and reduce loneliness.

The facility will also aid Thornham Cricket Club's progress as a whole across all age groups, with the 1st XI having been promoted to the Norfolk Cricket Alliance League this year together with the 2nd XI debuting many of the youngsters in senior cricket who have benefitted from the fantastically managed youth programme.

Whilst the project is being predominantly funded by grants and an unsung hero's fundraising team, donations are also very much welcomed. These can be made at www.crowdfunder.co.uk/p/fit-out-of-thornhams-new-sports-pavilion.

Full Name: Andy Arnold

Age: 59

Star Sign: Pisces

Where born: St. Albans

Where live: Holme-next-the-Sea

Occupation: Quantity Surveyor

Family: Married to Philippa, 1 Cockapoo

A Cats or dogs person: Dog

Sports Team Support: Arsenal FC, Middlesex CCC & Wasps RFC

Worst injury: Looking back I've been fairly lucky but it was probably being knocked out playing rugby and coming round only to realise no-one had noticed. Broken ribs, fingers and toes playing cricket of course!

Biggest Break: I remember potting 2 reds and 2 blacks once but nothing stratospheric. Joking aside meeting my gorgeous wife of 31 years

Funniest memory: Riding a Honda C90 into a hawthorn hedge on my parents drive in an attempt to demonstrate I could ride a bike

Hero(s): My mum and dad who I lost far too early. They endured far

more than I can ever imagine with my dad serving in Burma with the Royal Engineers and my mum holding everything together at home. Hobbies/interests: Too many! Sport plays a big part in my life playing cricket locally for Thornham CC. I'd retired from cricket many years ago until a friend and neighbour encouraged me to dust down the willow and I've never looked back. I'm currently involved in the fantastic New Sports Pavilion project which will greatly improve the local facility for many sports and social activities in the locality for many years to come. I also love music and try and see as many bands live although it's not good for my tinnitus! I like the odd classic car...

Proudest memory: Tough one. For me I guess anything charity/community related. I cycled to Paris for the Royal Marsden Cancer Charity with a mate whose partner owed so much to the medical team at RMH. A very humbling experience. Hopefully, more to follow with the pavilion project taking centre stage for now!



Favourite international meal/cuisine: I love food but I have a soft spot for French cuisine and of course a good curry.

Favourite drink: Tea

Favourite band/singer: Impossible question, I'm going current playlists: Queens of the Stone Age/ PJ Harvey. I have a busy few winter months ahead attending gigs, including David Gray on his Past & Present tour.

Favourite film: Some Like it Hot

Favourite holiday destination: North Norfolk of course!

Three items for a desert island: Mozzy spray, factor 50 and a repeat prescription for Ghost Ship (sorry a Suffolk ale!)

Worst habit: Collecting...currently under review.

Pet hate in others: Negativity

Biggest achievement in life: No big one's I'm afraid although probably making the move from St Albans to Norfolk via Hounslow and a self-build journey which was rewarding (and won a self-build award!) A busman's holiday but I'd do it again and again.

Best advice ever given: Always give 100% in everything you do and be positive. Don't worry about comparisons.

Like to live forever: In the words of the great Forrest Gump:- 'I'm pretty tired. Think I'll go home now'. In essence No, all good things come to an end (Gump was a true story right...). Perhaps this is the start of something greater...



Fish supper treat for Thornham CC U15's

Thornham Cricket Club U15's capped their debut season at this level with a fish supper, courtesy of sponsors, Henry's of Hunstanton.

Over 20 players, both boys and girls, took part throughout the season. The club also successfully hosted a T10 tournament which they are looking to make an annual fixture.

Coach, Jason Clarkson, said, "it was good experience for the squad who not only grew throughout the season as cricketers but also as friends. It was also good grounding as they look to take the step up to adult cricket in the coming seasons. We will remember this campaign, no matter what the result, for the players enjoying their cricket with a smile on their face".

With the new pavilion expected to be completed in time for the new season, 2026 is going to be a big year, not just for the U15's, but for Thornham Cricket Club as a whole.



Coaches Micah Randall, Nat Linsell and Kev Williamson with Jane Wallis (Henry's) and the U15's team

Snettisham Cricket Club building for the future

It has been a busy couple of weeks over at Snettisham Cricket Club. Having already won the Shell UK Norfolk Women's Cricket League (Group A) for the first time, Snettisham Women went head-to-head with Norwich Women (Group B winners) on Sunday, 21st September to determine the overall Shell UK Norfolk Women's Cricket League champions. Chasing down Norwich's target of 97, Snettisham easily reached their target with 8 wickets to spare, with Poppy Wakefield's 32 not out the pick of the statistics, cueing jubilant celebrations.



The jubilant Women's team - including Ladies Champion Michelle Knott (front row second from right)

This is an outstanding achievement for the relatively new club which has benefitted from the recruitment of coach, Julie Fielder, and the leadership of captain, Michelle Knott. There are over 20 players in the squad which is backed up by an excellent junior set up, making the women's team looking incredibly sustainable for the foreseeable future.

After receiving the disappointing news that the 1st XI will not be promoted from Division Four of the Norfolk Cricket Alliance League due to complicated permutations higher up the cricket pyramid, positive news as work has now re-commenced on developing the Snettisham Memorial Pavilion into a two storey establishment.



Originally opened in 1950, the development will improve the building for village community events and the cricket club as a whole for the 2026 season.

On Friday, 19th September, the local club were also nominated for four awards at a ceremony hosted by Norfolk County Cricket Association.

Ladies Champion - Michelle Knott
Coach of the Year - Cori Holliston
Unsung Hero - Tim Clarey
Grounds Team of the Year

In the first, Michelle Knott, was nominated for leading Snettisham Women to the Norfolk Women's Cricket title for the first time.

Cori Holliston received her nomination for Coach of the Year for her dedication with the juniors and Tim Clarey for his behind the scene efforts at the club.



The nomination for the Grounds Team award for Paul Herbert, Michael Herbert, Mark Morrison (pictured), Jamie Wing and Kristian Heffer was no mean feat given the competition from more senior cricket clubs across the county. Their efforts throughout the year ensure the wicket and pitch are maintained to the highest standard. All three attended the event, with Mark saying, "against some stiff competition, it was humbling to be nominated and to be recognised and rewarded for our efforts".

Sporting corner with Tim Keogh

Indoor Bowls Season Underway

The Bridges 3 Wood Bowls League held their end of season presentation night on Friday, 3rd October at Wolferton Social Club.

Bircham Railway Bowls Club stole the main honours having successfully defended their league title, with King's Lynn BC second, whilst Shouldham Yellowows won the Pete Waddison Memorial Cup.

League secretary, Brian Stockdale, said, "we had our famous raffle, a superb buffet and were royally entertained by band, Those Guys. In fact, the raffle raised a record £258.

"I would like to thank everybody who turns out every Saturday evening during the season, without your enthusiasm this League would not exist.

"I look forward to seeing you all again next season". Anyone looking at taking up bowls or joining the league can contact Brian on 07903 138251."

With the Summer Bowls Season now complete, the Indoor Bowls League is now well and truly under way at the Alive Oasis in Hunstanton. There are various sessions to meet all standards. The Men's and Ladies County teams start there season in the coming weeks with expectation high.

Organiser, Kev Johnson, welcomes new and old players along, whether they want to play competitively (internally or against other clubs) or just socially. He can be contacted by email at cagey45@aol.com.

The sessions run by the club are:

AM League: Wednesday and Friday 9.30am - 11.30am

PM League: Tuesday, Thursday and Friday 1.30pm - 3.30pm

Evening League: Monday and Wednesday 6.00pm - 8.00pm

Tuesday Pairs: Tuesday 6.00pm - 8.00pm

Aussie Pairs: Thursday 6.00pm - 8.00pm

Coaching: Wednesday 1.30pm - 3.30pm

County Leagues: Saturdays

A rear-view take on the local bowls scene by Kev Johnson - Hammer to fall

September rolled around and nights grew dark. The stoic members of the Oasis met and discussed matters challenging the onset of the new season – not least that our facilities, despite their antiquity and subsequent issues, being given a stay of execution, for the near future, whilst the 'Masterplan' for the town was developed. Later learning that our sister facility at Lynnsport was threatened with, effectively, death by a thousand cuts, leading to the sight of bowlers of advancing years staging a protest outside the Town Hall in King's Lynn, not least with the 'advice' of a senior councillor echoing those of Marie Antionette, 'They could play their games at Oasis in Hunstanton,' ringing in their ears. This made without consideration of the miles those from the far side of Lynn would need to make, and the environmental, social et al impacts or subsequent logistics for the Oasis of such a proclamation.

Ironically, our facilities predate Lynnsport by several years and were the home of many of the same bowlers when younger blood coursed through their veins and playing was possible until 10:00pm, with the centre staying open much later.

Anyway, despite these concerns, each new year's restart is always greeted by insurance companies sending letters offering to provide cover, as required by law, to the club. It might seem to the outsider to

be another 'nanny' situation, with bowls being a genteel sport played by old duffers rather than going for a walk. As a certain Mr Clough used to begin his education of poor reporters, 'I'm telling you...' that such coverage is important. For example, a common bowls injury is stepping into the dyke (occasionally ours has been filled with water), acting like a castle moat and leading to turned, or worse, ankle injuries. Another incident (no names) saw a player step away from a running bowl, putting a foot in the dyke and crashing through the plasterboard wall – which today still bears a scar!

However, there have been instances of ankles broken by the jack/cott being fired down the green, so much so that there is now a sign telling bowlers to warn the head-end players if they are playing 'a sharp one'! Finally, the incident that really springs to my mind is from a game I played many years ago, BL (before Lynnsport) when a good friend of mine I was alongside, fired at a head we held and sent the jack literally flying from the green into the metal fire-door by the rink. His teammates stood that side and didn't move as metal jack met metal door and rebounded, somewhat apologetically, down the walkway. The potential damage it could have caused to either player being shown by the resounding 'clang' and instant dent in the door, which remained as a sober warning for many years after....



North Norfolk Coast shopping, food & drink

'Great little shopping precinct with good mix of shops. Well worth a visit.'

One Stop Nature Shop Relish Boutique Gone Crabbing Fat Face The Hare & The Hen
Driftwood Glass Studio Deepdale Café Deepdale Stores Pop Up Shops Information Centre

Tel: 01485 210305 www.dalegatemarket.co.uk

Home Selection Specialist



For all your flooring needs

Your local family owned & run flooring specialist



Carpets: 1000's of samples to choose from
Rugs: Traditional Persian & Chinese/Indian rugs
Vinyl, Natural Flooring & Luxury Vinyl Tiles

SUPREME QUALITY & SERVICE

01485 542384 www.supreme-carpets.com



Guy Playford established Supreme Carpets over 35 years ago and is now joined by his son, Tom and daughter, Molly.

Visit our showroom: Foresters Hall, 49 Manor Road, Dersingham PE31 6LH Open: Mon-Fri: 10am-5pm Sat: 10am-2pm



Chris Palmer

Plumbing And Heating Services Ltd

Plumbing | Heating | Gas Services
New boilers | Repairs | Servicing
Bathroom | Shower room installs
Renewables



Fully insured



ATAG
HEATING TECHNOLOGY

MITSUBISHI ELECTRIC
DOMESTIC HEATING SYSTEMS

☎ 01485 571363

☎ 07798 635860

✉ chrispalmer333@gmail.com



**WHAT WILL
 YOU DO AT
 HERITAGE
 HOUSE?**

MAKE TODAY A GREAT DAY

Wells next the Sea
 01328 711333

heritagehousecare.org.uk

Charity No 1062170



Tapas Christmas Party Nights

Selection of Tapas Dishes & Live Music
 £40 per person

Friday 19th December – Zola

Saturday 20th December – Jammin Joe

Full menus and bookings available on-line

www.theterracehunstanton.co.uk

Or call us on 07554 760 036

The Terrace



Sporting corner with Tim Keogh

Thrills and spills at Hunstanton's Soap Box Derby

More than 8,000 people filled a very Sunny Hunny for the popular event.



The legendary Hunstanton wacky races returned to the local streets on Sunday - and the Hunstanton Soap Box Derby 2025 did not fail to deliver.

Soap Box racing or, to use the official term, gravity racing, involves motorless vehicles manoeuvring down a slope against the clock, or against a competitor. Of course, the type of soap boxes, built to different levels of standards, add to the excitement. It is fun and serious at the same time.



The world record speed for a Soap Box was set in 2014 by Englishman, Guy Martin, in France at a whopping 85.6mph. Whilst these karts didn't quite reach that level, there was still exciting mayhem throughout the day.

Spectators could view all the karts close up pre-race. Local racer, Dave Curtis, was looking for his maiden win here and was confident after winning in Colchester last week. He said, "The standard gets better and better, so I am looking forward to today's



*Winners Birkin' Boys - Charles le Strange Meakin with his team.
Image Borough Council of King's Lynn & West Norfolk*

proceedings. Should be fun". He nearly had a problem after part of his Soap Box fell off on transit, but resolved the matter with a quick detour back to his Heacham base.

Fortunately, there were no serious injuries and the thousands of spectators who lined the "Hunston" streets were not disappointed. Of course, the choice of the jump or the chicane prove the pivotal points with the crowds cheering, baying if you like, for the racers to choose the jump.

One vehicle did in fact end up nose to tail and upside down, proving the race is not just a genteel jolly boys' and girls' outing. Some of the karts are so scientifically designed, the accolade of winning the title attracts teams from far and wide.

The weather did indeed prove favourable to the racers on this occasion, dry conditions, much to the disdain of the crash expectant crowd. But fun and charity fundraising won over on the day. Credit must also go to the Borough Council of King's Lynn & West Norfolk Events Team who organised another fantastic day. Music on the Green also added to the festival and carnival like atmosphere.

The spectacle simply provides entertainment and joy to so many. Ultimately, it came down to the wire. However, 2023 winners, Birkin Boys, stole the show,



managing to pip their closest rivals at the post. Having tied in 1st place after their second run with King's Lynn Round Table 54 with a run of 28 seconds, a quicker first run meant Charles le Strange Meakin's team re-claimed the title.

Dave Curtis added, "Another superb day of racing, this race really has the potential for being one of the best on the circuit nationally. It would be great to introduce dual racing, where karts race against each other head to head."

The 2026 event could prove to be bigger and better than ever. Watch this space, as head to head racing might just change the dynamics and add to the excitement. We shall see.

All other images Ian Burt

01485
570303

A.E. WALLIS

www.aewallis.co.uk

Over 60 years serving the local community

34-40
High St
Heacham

Internet prices with local service



**Whatever the weather,
come to us for
no fuss drying with a
new tumble dryer.**



Go to: www.aewallis.co.uk and follow the Euronics link or give us a call
No need to come in - we can take your order over the phone!

euronics

**CYCLE SALES
CYCLE REPAIRS
CYCLE HIRE
CYCLE ACCESSORIES**

**A.E. WALLIS
HIGH ST, HEACHAM
01485 571683**

www.aewallis.co.uk @heachamcycleman



BOOK TODAY

Norfolk
Restaurant Week
3rd-7th & 10th-14th November
£27 TWO COURSES | **£33** THREE COURSES




Silent Disco
Friday 19 December
£35 per person

SPECIAL STAY RATES AVAILABLE | ENQUIRE ABOUT OUR PARTIES TODAY



Party Nights
Sat 6 & Fri 12 December
£40 TWO COURSES | £50 THREE COURSES



WHY NOT DINE WITH US?
Join us before the event for something to eat.
Scan the code to **book now!**



01485 532896
thelodgehunstanton.co.uk

Springwood's budding engineers put pedal to the metal with Rolls-Royce

Few would associate Rolls-Royce with soapbox racing, yet aspiring engineers from a Lynn school were lucky enough to have the support of the Rolls-Royce Jet Engine Team from RAF Marham when they designed, built, and raced, their soapbox kart.

The Springwood High School students spent six months working on their creation with the help of Rolls-Royce, before going on to compete in this year's Hunstanton Soapbox Derby.

"The kart was made using materials sourced from local clubs, businesses, and donations, and gave the student the chance to see a project through from conception to final product," said Victoria Mann, Science Technology Engineering and Mathematics (STEM) Lead at the school, which is part of the West Norfolk Academies Trust.

"Students started with a complete blank slate when approaching the project. They broke into teams to focus on various aspects, like bodywork, braking, and steering, before coming back together to work on the kart's shell, learning how to use carbon-fibre materials and painting the end product.

"Test runs were done using the school's natural hills, and weaving around stools and other objects to test our drivers before the race. Other members of the team participated as launchers, pushing the students at the start to speed their downhill race.

"The kart itself raced in the Hunstanton Soapbox Derby both in the under-16 category and adults' category, driven by students who

had been involved in building it. It was one of the only entries created by a school-based team this year."



The students, now in Years 11 and 13 at Springwood, included the Under-16 Racer, Jack Higgins, who finished fourth, with Runners Hui Yu and Antoni Ostasz; and Over-16 Racer James Bell, who came 13th, with Runners Callum Bristow and Luke Uttridge.

Other team members were Maisie Royal; Cherry Yu; Isaac Roberts; Nyasha Tarungamiswa; Oscar Woods; Kevin Monk; Oliver Oliviera; Nastia Kliuchnyk; and Eshaal Ahmed.

The group was led by Science Teachers Richard Moore and Matilda Waite, with Rolls-Royce's Tony Steel, Alexander Hannah, David Langley, and Adam Dix; while Technology Technician Lee Sedgley also supported the project.

"The Soapbox Challenge was a great opportunity for the Rolls-Royce team at RAF Marham to work alongside some of Norfolk's aspiring engineers," said Mr Steel.

"The enthusiasm and novel thinking was truly admirable and resulted in a well-designed, reliable, and fast soapbox, which performed four runs with no mechanical issues.



"The students immersed themselves in the project, and, whilst the Rolls-Royce team provided assistance, the design and problem-solving ideas were all born from the Springwood students.

"Considering this was Springwood's first-ever soapbox build, and despite being among a field of seasoned soapbox veterans on the day, the results were truly inspiring.

"Rolls-Royce at RAF Marham look forward to supporting Springwood High School again in the future."

"The opportunity to explore the field of engineering in this way, gives students invaluable insight into what a career in STEM could look like for them if they chose to pursue it," added Mrs Mann.

"Building confidence, experience, and insight can be applied in their studies and application to further education, apprenticeships, and the world of work."

Images: Ian Burt

Sporting corner with Tim Keogh

Pétanque thriving in West Norfolk

The West Norfolk Pétanque League recently kick-started their Winter season with an Open Singles event held at Heacham Social Club.

Pétanque is a specific boules game, with the latter a general term covering a wider family of French ball games. Pétanque as we know it today was invented in Provence in 1907 and is played across the world nowadays even with an international agenda. It is very popular across the UK with an estimated 30,000 people playing and is increasing in popularity, particularly amongst female and younger generations.

The game involves players standing in a small circle, where a jack or cot is thrown down a 'piste' (generally hard dirt or gravel) and, in Singles format, players having three weighted metal boules to throw at the cot. The player whose boules are nearest the cot score points. The first team/player to reach 13 points wins. There are also doubles and triples formats.



I remember once organising a tournament at my local pub, The White Horse, in Morcott in the noughties. Expecting maybe ten people to turn up, word soon spread through Rutland to Leicester and Peterborough amongst the - which I was completely unawares of - thriving pétanque fraternity. Over 40 people turned up which provided a logistical nightmare. It did become an annual affair for a few years though before the pub closed down around ten years ago.

Norfolk's passion for pétanque is equally vibrant. With the Summer season now complete, the West Norfolk Winter Pétanque League has begun. Starting in September, with two divisions of five teams and over 50 players registered ranging in age from 18 to 80, the league is eagerly anticipated. Teams from afar afield as Downham Market and Knight's Hill participate, whilst Heacham Social Club field four teams. They hosted this pre-season Open event on Sunday, 11th September



From left: Chris Taylor, Denise Mole, Darren Wright, Gill Collier, Neil Prew, Chloe Wright, Sonya Brown & Gordon MacCalmont

at the club so league players and newcomers could meet up and socialise prior to the season start. The League has been operating since the 1980's and continues to be as popular as ever

The tournament was well attended with 24 men and women converging on a misty Sunday morning vying for the elusive Men's and Ladies titles. Each player had four matches with those with the highest points tallies from their four games declared the winners.

Ade Hubbard and Chris Taylor both won all four of their matches but it was the former who prevailed to become 2025 Men's Champion having secured bigger victory margins. Val Wright pipped Nicola Bateman to secure the Ladies title. T&A's Tim Keogh came in a creditable joint 3rd place with three wins (in the Men's event obviously!). What was noticeable was the enjoyment experienced by all the players. Of course there is always an element of seriousness to any competitive sport, but fun and camaraderie certainly won today. Pétanque really is a great game and can be played by people of all ages and levels of abilities. People with disabilities can also play.

League Chairman, John Stares, was delighted with the turnout, "I believe it was a record and great to see so many ladies taking part too. Looking forward to the new season. We nearly had to disqualify Tim as his trailing foot was always off the ground, but he abided albeit after several warnings".

The name "pétanque" comes from a local French expression "pètanca", which means "feet anchored". Noted.

So now all the teams and players excitedly gear up for the new Winter season with matches taking place on alternate Sundays. Anyone looking to take up pétanque can contact David by email at David.allen2@btinternet.com

Armchair Sports Trivia

Win a delicious afternoon tea for two (worth £19.95 pp, total £39.90) courtesy of Berni Beans.

QUESTION: The Ashes start on November 21st in Perth. In 1970/71, the abandonment of the third test at Melbourne after three days of rain was the inspiration for which significant cricketing creation?

ANSWERS TO:

editor@townandaround.net

or by post to:

The Editor, Town & Around,
18 Tapping Close, Snettisham PE31 7FF

Please note we do not accept entries by any social media channels or text. CLOSING DATE 15.11.2025.

Last month's question was: Which sports presenter is credited with devising Mo Farah's celebratory 'Mobot' dance? Clare Balding was the answer and from a huge postbag of correct entries Margaret Sayer was the lucky winner.

📞 BOOKINGS NOW BEING TAKEN

BERNI BEANS

🔥 New hot menu • Sunday roasts

🎄 Pre-Christmas lunch • ☕ Afternoon tea

🎁 Gift vouchers

☎ (01485) 532288

BerniBeans.com



SARAH SENDERSKI PT

PERSONAL TRAINER

Make a fresh start and begin your new fitness journey

*Personal training on a 1-to-1 basis or in small groups.
Online training sessions and plans available.*

Based in Hunstanton, covering the North Norfolk Coast
and King's Lynn

sarahsenderskipt.co.uk
sarah.senderski@gmail.com

07835 808314

Local Physio Clinics
Certified
Osteopathic techniques
Sports Massage
Free parking

Home visits optional
Post-op
Expert advice

07538-357-321
www.norfolkphysio.co.uk
10% discount if you quote TA1

NORFOLK PHYSIO LTD

★★★★★

Gavin Ashfield Soft Tissue Therapy



Gavin Ashfield ITEC L4 Dip MA

Sports & Remedial Massage | Dry Needling/Cupping
Call Gavin on 07808 861538

gashfieldsportsmassage@gmail.com

Clinics in Heacham | King's Lynn | Ely

YOU IN MIND COUNSELLING & HYPNOTHERAPY with Sandie Payne

I can help you overcome:

Anxiety | Depression

Addictions | Phobias - and more

Whatever your problem, whenever you need support,
I am here to help and guide you.

Please text or call me now on: **07842 974 748**

email: **support@sandiepayne.com**

Website: www.sandiepayne.co.uk

Telephone: 01553 611631
enquiries@sandringhamwindowsnorfolk.com

CERTASS
Reg No: 19-1268
CERTIFIED INSTALLER

SANDRINGHAM WINDOWS
norfolk

Transform your dream home with the warmth and expertise
of a friendly, family-run business. At **Sandringham Windows Norfolk**,
we offer free, no-obligation quotes to help bring your vision to life.

Try things the Sandringham Windows Norfolk way today!

- Windows
- Doors
- Conservatories
- Timberlook Flush
- Composite Doors
- Roof Lanterns
- Secondary Glazing
- Bifold Doors
- Solid Roofs
- Timber Windows

UPVC - ALUMINIUM - TIMBER

Sporting corner with Tim Keogh

Football report

It has been a topsy turvy start to the season for all thirteen local teams in the first quarter of the season with all already involved in either promotion or relegation battles. Here's a round up.

King's Lynn Town FC began the season well and were well placed in the play off positions in the Conference League North. However, crazy off the field activity - mainly new manager, James Rowe's resignation - and Jekyll and Hyde performances have seen them slide down to mid table before they were beaten 4-2 at Scunthorpe United in the 4th Round Qualifying of the FA Cup, despite leading 2-0.

Manager, Joe Simpson has tried to steady the ship. On a positive note the team do possess obvious talent on the pitch such as Gold Omotayo, new signing Michael Gyasi and regular goals from Morgan Williams meaning all is not yet lost. Rumours are abound of new management developments.

Similar to last year, Heacham FC started the season slowly and the alarm bells were certainly ringing as they slumped to the bottom of the Thurlow Nunn Premier Division in September. However, a crucial 3-2 win over Ipswich Wanderers - which included a superb Toby Hilliard hat-trick - in early October appeared to galvanise the side. Hilliard received the Man of the Match award from Heacham Supporters Club Chairman, Denis Cooper for this performance (pictured).



Manager, Paul Hunt, will hope to take this win forward as they face a number of teams in the lower half of the table in the coming weeks.

In Division One of the Anglian Combination, Dersingham Rovers have started well in their quest for promotion, after agonisingly just missing out last season. There is no denying their potency up front, particularly if they can keep Joe Collison fit, but this is a very competitive division which manager, Harry Collison, is fully aware of (league table attached).



Gold Omotayo Photo credit: Ian Burt

Division 1

POS	Team	P	W	D	L	GD	PTS
1	Holt United	6	5	1	0	13	16
2	Thetford Rovers	7	4	3	0	5	15
3	Dersingham Rovers	9	4	2	3	8	14
4	Fakenham Town Res	8	4	2	2	3	14
5	Tacolneston	6	3	3	0	11	12
6	Norton Athletic	6	3	2	1	8	11
7	Caister	6	3	2	1	5	11
8	Yelverton	5	3	1	1	3	10
9	Kirkley & Pakefield Res	7	3	1	3	0	10
10	Waveney	5	3	0	2	4	9
11	Bliffield United	6	2	0	4	-8	6
12	North Walsham Town	8	1	2	5	-12	5
13	Mundford	6	1	1	4	-7	4
14	Wells Town	7	1	1	5	-9	4
15	Brandon Town	8	1	1	6	-17	4
16	Loddon United	6	0	2	4	-7	2

In Division Three, newly promoted Heacham Reserves have had an indifferent start to the campaign, presently sitting in the bottom half of the table at the time of going to print. However, they do provide entertainment on the pitch with goals guaranteed and simply need to tighten up at the back which will see a rise up the table.

In Division Four, relegated Ingoldisthorpe FC have shown signs of brilliance, but a couple of key losses have slightly de-railed their promotion push. New signings and goals from Shane Watson could yet turn this into a great season. Dersingham Rovers Reserves have started the campaign spritely and are also well poised for a promotion challenge. Both sides in the top half of the table.

In the North West Norfolk League, Division One sides, Dersingham Rovers 'A' and

Heacham Minors Development FC, will both be looking to build promotion challenges in the coming weeks after indifferent starts to the season. In Division Two, high flying Ingoldisthorpe Reserves have reacted to relegation positively and remain unbeaten, whilst the newly formed Dersingham Rovers U23 side are also riding high. FC St. Edmunds Hunstanton have again started the campaign slowly but manager, Nigel King, is confident of a turn around.

Heacham FC U18's first foray into the FA Youth Cup brought them two wins before they were soundly beaten by Sudbury 18's, whilst in the Thurlow Nunn Youth League they are presently mid table.

Dersingham Women have started their debut season in Division Three of the Norfolk Women & Girls' Football League well, two good wins have put them in the top half of the table. Town & Around will be down to feature their home game against high flying North Walsham Ladies on Sunday, 9th November (2pm Kick off).

**A Musical Afternoon
with Dinky David &
West Norfolk Singers
50's & 60's Music**
In aid of
East Anglian Air Ambulance

**Thursday 20th
November**

**Hunstanton
Town Hall
1-3pm**

Sponsored By

**£4 Entry
Cash Only**
Tea & Coffee £1

Dinky David
07767 966000


EAAA Registered Charity No 1083676



News from Hunstanton Croquet Club

Zena Penty

The end of October sees the closure of the 2025 croquet season which has been especially busy, regularly attracting 30+ of the 80+ members to club afternoons, hosting many internal and external tournaments and fun days like 'Bright Shirts Day'!



Many of the new members this season have improved tremendously with the help of coaching and support from other players throughout this beautiful summer and some members have taken part in the in-house competitions which is a great way to learn, improve your game and make new friends.

The end of the season have seen some changes on the committee and huge thanks must go to all of the committee members for their hard work (much of it unseen) and especially to Roddy Willett Chairman, Mary Williams Treasurer and Gwenda McKenzie Past Treasurer who are stepping down this year for their outstanding contribution to the club. We are grateful to the members who were voted on to the committee at the AGM and look forward to hearing their new ideas for the 2026 season. We must not forget the tournament managers, those who set up the lawns and organise refreshments etc, thank you so much - the club could not run without you all.

Despite the continued dry weather the lawns have been kept in fantastic condition thanks to Jonny Ives, Groundkeeper for his expertise and mammoth efforts as always to keep the lawns in pristine condition - comparing with the best lawns in the country.

Whether you are looking for a competitive or social sport, the new season will start at the beginning of April 2026 - why not consider giving the game a try - see www.hunstantoncroquetclub.co.uk for more information.



Christmas Day Lunch

Complimentary glass of fizz & Canapes on arrival
4 courses £90 per person
Two sittings 12pm & 3pm

Pre Christmas Lunch

Wednesday 17th December 1pm
2 courses £25 per person
3 Courses £30 per person

Full menus and bookings available on-line
Bring your own alcohol

www.theterracehunstanton.co.uk
Or call us on 07554 760 036

Hunstanton Promenade parkrun

Tania Stowe

As Hunstanton Promenade parkrun returns to our Winter course on the prom from Saturday 8th November it's a good time to remind everyone what we offer the community. It appears that some people haven't heard of us or aren't sure what is involved, so here are a few useful things to know:

1. It always takes place at 9.00 on a Saturday morning, with an information briefing at 8.55. From 8th November it starts near the Sailing Club on the North Promenade. There's no need to book – just turn up!

2. parkrun is free and you only need to register once whether walking, jogging, running, volunteering or a combination (register at <https://www.parkrun.org.uk/>). This will give you a barcode number which you can use at our parkrun and at over 800 parkruns in the UK (as well as those abroad). You can take part without registering but this means you won't get a personalised finish time.

3. The distance is always 5 kilometres (3.1 miles). On our Winter course this is two laps of the promenade from the Sailing Club to the Ski Café and back. If you can't manage the full distance that's fine, you can drop out at any point – though you'll only get a finish time if you complete the whole distance.

4. You can walk, jog, run or a bit of everything at whatever speed you want. There is no time limit and we have a volunteer tail walker who is always the last one to cross the finish line. Finish times at our parkrun vary from 18 minutes to an hour, and we have between 50-150 finishers each week.

5. You don't need any special running kit - all that matters is that you're wearing something you feel comfortable in, which might be leggings, shorts, a dress or jeans.

6. Children and dogs can take part – children under 11 need to be accompanied on the course by a responsible adult and dogs must be on a short handheld lead (no waist harnesses). You can also take part with a child in a pushchair (though not with a dog at the same time).

7. When you finish you present your barcode and will receive a time and position, which you can view on our parkrun results page (<https://www.parkrun.org.uk/hunstantonpromenade/>) a few hours after the event. This allows you to track your progress over time. Your barcode can be printed out or stored on your phone for scanning at the finish line. If you don't have a barcode you will be 'unknown' on the results page.

8. Our parkrun is run entirely by volunteers, with a small core team of Run Directors who organise the event each week, and other volunteers who undertake a variety of roles such as marshalling, timekeeping and tailwalking (for which full training is given). You can volunteer with us without ever taking part in our parkrun as a walker, jogger or runner – anyone is very welcome to volunteer. Our website provides details of how to volunteer. You can volunteer as little or often as you like and can make the decision weekly.

Our parkrun community is a very friendly bunch of volunteers, runners, walkers and joggers so please do come along – we always welcome new people. If you'd like further information then email hunstantonpromenade@parkrun.com or send us a message via our Facebook page. We hope to see you soon!



Sandringham 200th parkrun event and 4th Birthday!

Malcolm Senior

Sandringham parkrun inaugural event was on September 18th 2021 with 126 finishers and 19 volunteers; Joel Espley 1st male 18:26 and Marie Duhig 1st lady 19:05. Fast forward 4 years to September 20th 2025 our 200th event and 4-year anniversary. In that time, we have had 11,350 finishers and 5902 PB's.



Volunteers before the event

A total of 681 people have volunteered since our first event, so we know there are lots of you who turn out on a very regular basis, as well as people who offer to help now and again. You certainly are an awesome bunch who make parkrun what it is! Parkrun cannot go ahead without volunteers so a huge 'thank you'!

To celebrate the 200 parkrun milestone participants were encouraged to wear a milestone T-shirt.... and enjoy the chocolates which were offered. We had 321 finishers with tourists from Rugby, Bishop Stortford, York, Morecambe, Huntingdon, Liverpool Loughborough and our international participant this week was from Australia.

Our first finisher was Thomas Barns, a First Timer to Sandringham, in a time of 18:24 and our first lady was Bethany Willcox, with a new PB time of 21:08. With 57 first timers to Sandringham and 10 first timers to parkrun Zak Rush, Daniel Riley, Oliver Leeding, Ben Berwick, Ellen Mathew, Leon Quay, Noah Jurascheck, Oliver Jurascheck, Mark Reeve and Ella Contstable. Milestones this morning, Jessica Watts (JW10) – 10, Daniel High – 25, Hazel Lilly, Hannah Greenhalgh and Sarah Salles – 50, Paris Larham supported by a large contingent of Dersingham Runners (which are a non-affiliated social running club) and Katie Moyle – 100 parkruns, 41 participants achieved PB. Gina Hurrell was the top age graded on 78.79% and James Watts (JM11-14) with an age grade of 77.21%. Well done to all finishers especially James Nash who is getting married today unless he carried on running!



*Dersingham runners non affiliated social running club
(Paris Larham – 100 parkrun milestone)*



First Timers Welcome

Macmillan parkrun Coffee Morning was a huge success

Malcolm Senior

On Saturday September 27th Sandringham hosted a Macmillan Coffee Morning. A total of £216.51 was received in collection boxes plus monies in the justgiving page as raised through the generosity of all that attended.



Our first finisher was Steven Cannell in a time of 18:40 and our first lady was Marie Duhig in a time of 24:05. With 70 first timers to Sandringham and 5 first timers to parkrun. Milestones this morning Steven Cannell - 100, Andy Williamson - 150, Marc Holl - 50, Mark Breeze - 250 parkruns, volunteer milestones were Francis Gridley -25 and Bob Bramham -50. 26 participants achieved PB. Teresa Tranter was the top age graded on 88.10 and Colin Tranter with an age grade of 75.61% both from Sunbury Joggers.



Volunteers

We also welcomed '5k Your Way - Move Against Cancer' which is for anyone living with or beyond cancer, their family, friends, and health professionals. The group enjoyed the delicious goodies in the wonderful surroundings.



5K Your Way participants



GROUND SERVICES

Patios • Driveways • Brickwork • Drainage

ALL TYPES OF FENCING, BUILDING & PROPERTY MAINTENANCE

Over 25 years experience in the construction industry

Darren or Bob

01485 572730

07818 346015 / 07555 178016

groundservices15@gmail.com

Find us on 



CALEY
HOTEL • RESTAURANT • BAR

Festive Menu

PRE-CHRISTMAS DINING

21st NOVEMBER - 20th DECEMBER

Served 12-2.30pm & 6-8.30pm daily
Two courses £32 • Three courses £40
Booking essential

Old Hunstanton, Norfolk PE36 6HH
Tel: 01485 533486 Email: mail@caleyhallhotel.co.uk

www.caleyhallhotel.co.uk



CHEQUER HOUSE GALLERY



HOME OF THE INDEPENDENT ARTIST

OVER 50 ARTISTS COVERING:

PAINTINGS, PRINTS, SCULPTURES, CERAMICS
AND GIFTS

FREE ENTRY

OPEN WEDNESDAY – SUNDAY 11AM – 5PM

CHEQUER HOUSE GALLERY,
10-12 KING STREET, KING'S LYNN,
NORFOLK, PE30 1ES.

WWW.CHEQUERHOUSEGALLERY.CO.UK

Fog and Fun at the West Acre Wild 10K Challenge

Gary Walker, Race Director

Over 300 enthusiastic runners descended on the village of West Acre on a misty Sunday morning for the annual West Acre Wild 10K Challenge, a unique cross-country race held in support of the King's Lynn Night Shelter.

Hosted once again by local farmer and rewilding advocate Alec Birbeck, the event offered participants a thrilling route through the wilded landscape of West Norfolk. Runners tackled natural and man-made obstacles including bale climbs, straw tunnels, and the iconic West Acre fords — all part of Birbeck's vision to blend conservation with community fitness.

Starting and finishing at The Stag village pub, the 10-kilometre course wound its way along bridleways and woodland trails, providing a challenging yet rewarding experience for runners of all abilities. With its emphasis on rugged terrain and obstacle features, the race has quickly become a standout fixture in the Norfolk running calendar.

This year's turnout saw a record number of entrants, with clubs represented from across the region. Participants included members of Ryston Runners, Gayton Runners, the Huffers and Puffers, and Norwich Trail Runners. A strong canine presence was also felt, thanks to runners from the Sandringham Barkrun Cairncross group, making the event a hit with

dog lovers too.

The event's smooth execution was made possible by a dedicated team of organisers and a large group of volunteer marshals drawn from local running clubs and the wider West Acre community. Their efforts ensured the safety and enjoyment of every runner, guiding them through the fog and over every obstacle.

At the finish line, runners were rewarded with a striking West Acre Wild Stag medal and treated to hot drinks and a generous spread of cream cakes — a welcome sight after a challenging morning on the trails.

With community spirit, environmental awareness, and plenty of muddy fun, the West Acre Wild 10K Challenge once again proved why it's a highlight of the local sporting year.



**Join us again this winter when we continue our
journey 'Around the World'
with our special Tapas Events**

TAPAS GOES TO

**The Caribbean - Saturday 29th Nov
live reggae music with Jammin Joe**

The Orient – Saturday Jan 24th 2026

Norfolk – for Mussels Night – Saturday 28th Feb 2026

Mexico – Saturday 14th Mar 2026

Book now on-line

www.theterracehunstanton.co.uk

Or call us on 07554 760036

The
Terrace



**Tapas
Around
the World**

Friendship Group Raises Record Donation

Hunstanton Town Council Friday Friendship Group held their annual MacMillan Coffee Morning on the 3rd October. Despite the beginnings of Storm Amy raging outside, nearly 60 people made it into the Town Hall for coffee and cake, and a chance to win a prize on the tombola. The cakes were provided by members of the Group, with additional cakes kindly donated by the Central Co-op. There were also homemade jams and chutneys, jewellery and knitted blankets for sale. At the end of a busy two hours the group were delighted to find that they had raised £349.65.

Deputy Chair of the Group, Linda Woodley, said "It was a really cracking morning with a brilliant result. It was nice to see that, as well as the Group, many members of the public turned out, despite the awful weather. It's very pleasing to have raised so much for such a worthwhile charity".

The Friday Friendship Group is a social group that meets every Friday, 10.30am - 12pm, at the Hunstanton Community Centre. Set up to provide a friendly coffee morning for anyone feeling a bit lonely, it is supported by Hunstanton Town Council and everyone is welcome. For more information phone Linda on 07359 242337.



Deputy Chair Linda Woodley (left) and Treasurer Ann Shepherd



From left Group members Derek Cawston and Eleanor Carter with Treasurer Ann Shepherd

Festive cheer returns as North Wootton Village Hall prepares for popular Christmas Fair



North Wootton Village Hall is once again getting ready to welcome visitors to its annual Christmas Fair, which will take place on Saturday 29th November. Now in its ninth year, the event has become a firm favourite in the local calendar and a much-anticipated start to the festive season.

From 10am until 5pm, the hall will be buzzing with a wide variety of stalls offering Christmas decorations, unique gifts, and locally made food and drink. Freshly cut Christmas trees will be available to purchase, while entertainment throughout the day will be provided by The Jingle Elves and popular singer Kelly Ann Music. Families can also enjoy meeting Father Christmas's reindeer, who will be visiting the fair, free of charge.

A brand-new highlight for 2025 will be the introduction of collectable Glühwein Mugs. Visitors who buy mulled wine and a warm mince pie will receive their drink in one of these specially designed mugs, which they can then take home – a festive keepsake to enjoy or even begin collecting year after year.

Antony Lamb, Events Organiser at the village hall, said: "This is one of the highlights of our year, and we've been working hard since January to make sure this Christmas Fair is the most festive yet. We've applied for a road closure to make it bigger than ever before. It's about bringing the community together, supporting local makers, and of course, switching on the Christmas lights for everyone to enjoy throughout December."

The fair will also feature a raffle supported by many local businesses, with a wide range of prizes up for grabs, as well as refreshments to keep visitors warm while they browse.

This year, the Fair will be joined by the Mayor of King's Lynn and West Norfolk, Councillor Andy Bullen, who will attend the celebrations and join the community in marking the start of the festive season.

As in previous years, the day will conclude with the official switch-on of the Village Hall's Christmas lights, a tradition that has become a seasonal favourite.

Parking is available at The Woottons Surgery on Priory Lane, and the hall is also accessible via the North Wootton 3 Go To Town bus service. All proceeds from the event will go directly towards the upkeep and improvement of North Wootton Village Hall, which is a Registered Charity.

Further details about the fair can be found on the Village Hall's website: northwoottonvillagehall.org.uk, as well as on the hall's Facebook, Instagram, and X (formerly Twitter) pages.



Handy Dan's Home Maintenance

All aspects of home maintenance undertaken.

No job too small just give me a call.



07788 816340

Dark skies of West Norfolk

Terry Parish

*'Remember, remember the 5th November, gunpowder, treason and plot;
I see no reason why gunpowder treason should ever be forgot'.*

Given fair weather I shall be enjoying a few fireworks as I have done for decades and the biggest, brightest, supermoon of the year will be shining down on the 5th drowning out some of the displays. The Full Moon will be 356,980km distant, which is just a few hundred km short of its closest ever approaches.

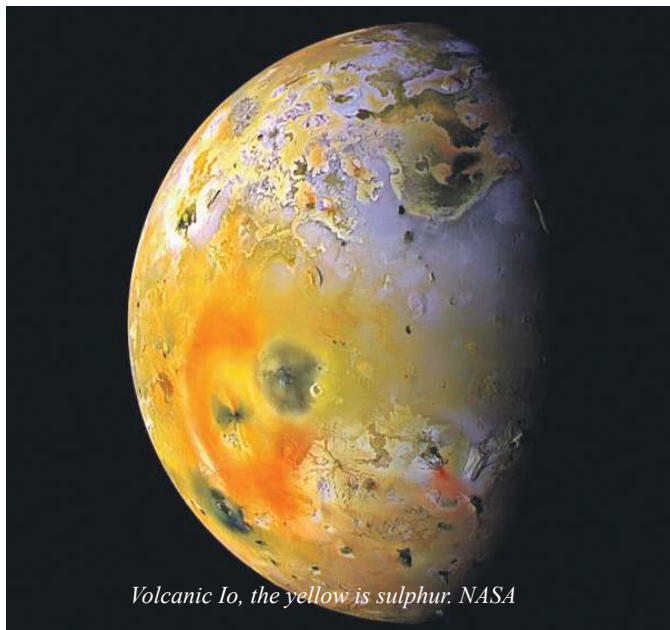


Whilst looking up at the blinding light of the silvery Moon, look out for Saturn, Jupiter, and Uranus though the 7th planet will be very dim.

On the 1st and 2nd, around 10pm, Saturn is close to the Moon. To the left on the 1st and to the right on the 2nd. It will have a magnitude of +0.8, dim, but the brightest dot in that vicinity. It is just below the Moon on the 29th. Otherwise, from about 8pm look almost due south early in the month and further towards the SSW as the month proceeds. Well worth a look through large aperture binoculars, a birding 'scope or better.

On the 5th, Saturn will be SSE at 7pm, firework time, but you will have to celebrate later to see mighty Jupiter shining at magnitude minus 2.4. Jove rises in the NE around 8pm but it is 11pm before it is high enough for most to enjoy. It is due east at midnight.

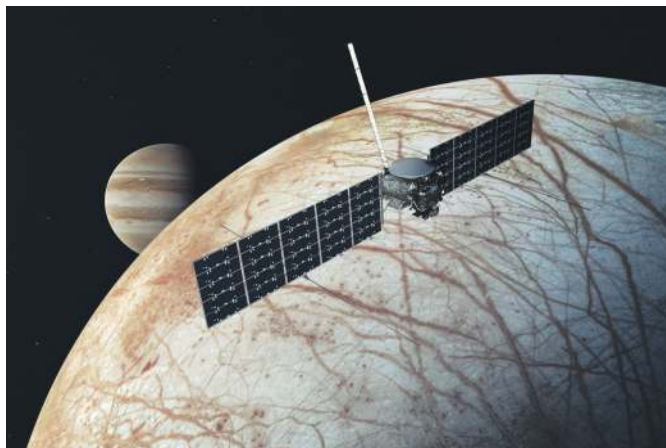
Jupiter becomes more accessible, to those who like their sleep, as the month progresses. By the end it is due east at 10pm and high enough in the sky to clear neighbours' trees. A brilliant object you won't miss. Use binoculars or telescopes to find our old favourites, the four Galilean Moons, Io, Europa, Ganymede and Callisto.



Volcanic Io, the yellow is sulphur. NASA

These moons were first discovered by Galileo in 1610 when observations showed they orbited Jupiter, supporting the emerging heliocentric model of the Solar System – planets orbited the Sun not the Earth. He was persecuted at the time but Pope John Paul acknowledged that he was right in 1992, 359 years later.

All four moons have interesting and diverse geology; Europa is a hot favourite for extra-terrestrial life within its ice encrusted liquid ocean. The Europa Clipper was launched by NASA a year ago and will arrive at Europa in 2030 after a path which saw it flung around Mars in March and see it returning to Earth in Dec 2026 for it to be whanged towards Europa. These gravity assists – like a slingshot – are necessary to speed up the craft so it will cover a huge distance in a reasonable time. Otherwise, it would take decades.



Arist's impression of Clipper approaching icy Europa. NASA

The Clipper will orbit Europa and investigations will be complemented by the European Space Agency's JUICE mission, Jupiter Icy Moons Explorer, launched in 2023 and arriving in the vicinity of Jupiter in 2031. Its mission is to study Europa, Ganymede and Callisto. JUICE has made flybys of Earth and Venus already and will make two more of Earth to further accelerate.

So, make an effort to find Galileo's Moons and think of him and the two missions heading towards them, albeit by necessary convoluted routes. Last word, Jupiter currently has 97 moons with confirmed orbits but you won't see 93 of them.

Uranus is closest to the Earth on the 21st when it is in opposition, opposite the Sun in the sky. It will be a mere 2,769,000,000 km away and will shine with a magnitude of +5.6. This is brighter than +6.5 which is the dimmest good eyes can see in dark skies. It is surprising that in the very dark skies which would have been common place in ancient and historical times, Uranus was not discovered until 1731 by William Herschel with a telescope. He named it Georgium Sidus – the planet of George (King George III who appointed Herschel as the court astronomer) – which stuck for 70 years.

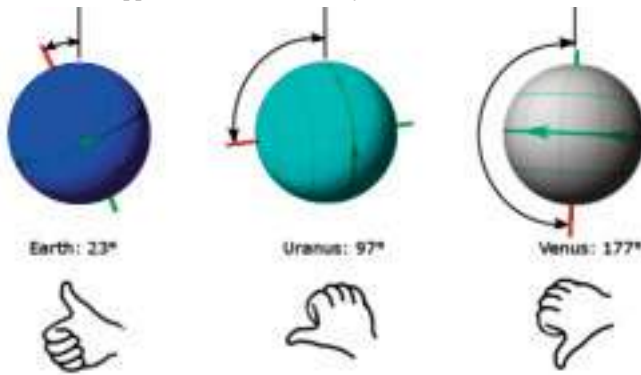
Uranus has an axial tilt of 97 degrees, it is tipped on its side and each pole has 42 years of sunlight followed by 42 years of night as Uranus takes 84 years to orbit the Sun. It is an ice giant consisting of water, methane and ammonia. The temperature of Its atmosphere can fall to minus 224 oC, the coldest known in the Solar System. It has 29 moons and dark rings first observed by Voyager in 1986, the only space probe to fly past the planet.

Anyway, this month is a good time to look for the blue green planet. It is close to the Moon on the 6th at an early 6pm. Look SW from the Moon and 3 Moon diameters away. Very close to the Moon, sticking out like a right ear, will be the Pleiades star cluster. Uranus will be found in a similar position relative to this blurred patch of light all month.

Venus will be around before sunrise, 6am, but will vanish below the horizon by the end of the first week. Mercury will pop up in the same place, towards the SE, in the last two days. Remember you will be looking towards sunrise so don't use optical instruments.

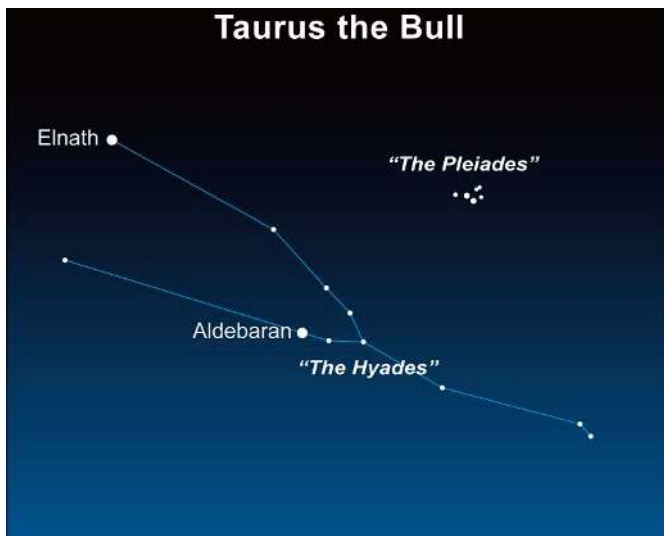
Celestial fireworks! On the night of the 17/18th the Leonid meteor

shower will appear in a Moon free sky.



Uranus has been knocked over by a collision long ago. Internet

From about the middle of the month, when the supermoon has long gone, take a look at the stars. I have mentioned the Pleiades and by all means look at them through binoculars but also go a little to the east of them and down a bit to find another fuzzy glow, the Hyades. This star cluster is the nearest such to Earth, lying 153 light years away. It is roughly spherical and contains hundreds of stars of varying type. The brightest members form a V shape and the brighter star Aldebaran appears to be associated with them. However, Aldebaran is just 65 light years away so is in front of the cluster. It is a giant orange star and is one of the eyes of Taurus the bull.



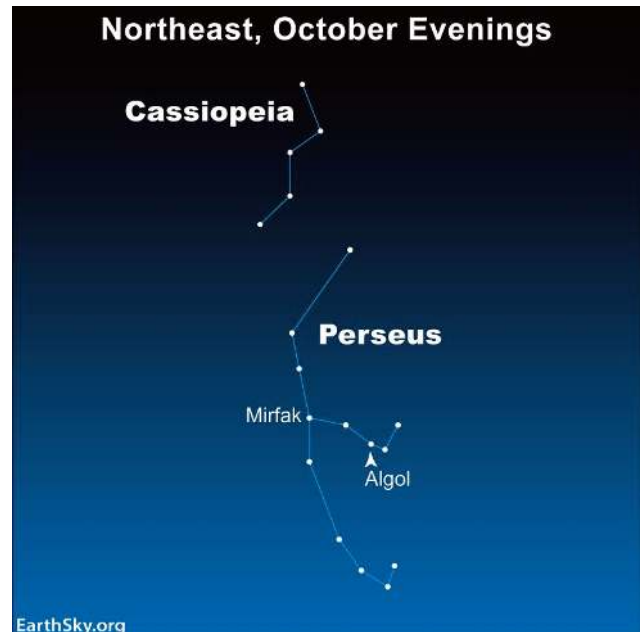
The Hyades cluster is the V. Aldebaran is between us and the cluster.

Move above and to the right of the Pleiades and you are in the constellation of Perseus. Perseus slew the Medusa and her head is represented by the Demon Star, Algol. Over a period of 3 days, the demon dims and brightens repeatedly. It is a binary star with the dimmest of the pair eclipsing the brighter. Consequently, Medusa's eye winks at us.

A bit of aerology and geology. Aerology is the study of rocks on Mars (from Greek god of war Ares) and is being carried out, as you read this, by the Perseverance Rover on Mars. Last year it found rocks with unusual markings called leopard spots which, on Earth, are indicative of ancient microbial activity. This year, other rocks with green flecks that may have an organic, bio signature, were seen through its eyes. Aerologists really want rock samples back on Earth but the mission to receive those collected by the hard-working robot – it has been trundling on Mars for nearly 5 years – appears not to have got past the design stage.

The geology is even more mind challenging. Rocks recovered from 5km beneath the Pacific Ocean have been found to contain a form of radioactive beryllium, over 10 million years old, which can only be produced when cosmic rays penetrate Earth's atmosphere. Supernovae, exploding stars, create such cosmic rays and a Dominik Koll and his

team, at a German institute, has pinpointed two possible locations for supernovae occurring 10 million years ago within 200 light years of Earth.



Find Algol and see if it winks at you.

On the 23rd November, 6.45-9pm, at Hunstanton Town Hall, there is a Borough Council stargazing event run by the Kings Lynn and District Astronomy Society of which I am a member. There is a poster about it in this newsletter.

Enjoy Guy Fawkes night and observe the Moon, planets, celestial fireworks and stars. Think about the history and future of our connection with space.



A.J. COGGLES
Family Funeral Directors

Family owned and managed - Established 1851

A complete caring and personal service offered by a local family business providing advice and guidance at your time of need when you need it most



- Day and night personal family caring service
- Individually tailored funerals at a competitive price
- Horse drawn and alternative funeral transport available
- 5th generation independent family service





FUNERAL PLANS FROM
Golden Charter
Smart Planning for Later Life



40 Greevegate, Hunstanton PE36 6AG 01485 534421
1 Blackfriars Street, King's Lynn PE30 1NN 01553 766795

Also in Downham Market & Wisbech
 Website: www.ajcoggles.co.uk

Norfolk Citizens Advice Launches Patrons' Club at Holkham Hall

Norfolk Citizens Advice proudly launched its new Patrons' Club on Friday 3rd October 2025 at Holkham Hall, with the kind permission of the Earl and Countess of Leicester. The event, held in the Marble Hall and Saloon, marked a significant milestone in the charity's efforts to secure sustainable funding and galvanise community support for its vital services.



Presided over by the Lord-Lieutenant of Norfolk, the Lady Dannatt MBE the President of the Patrons' Club, the fully-sponsored evening brought together supporters, trustees, and distinguished guests to celebrate the founding of a group dedicated to protecting and enhancing the charity's work across the county.

The Patrons' Club was formed in response to mounting financial pressures and rising demand for support among Norfolk residents. Last

year alone, Norfolk Citizens Advice assisted over 18,000 local people, including young adults, families, the elderly, and those with disabilities. With major cuts in statutory funding to the service this year, the charity faces unprecedented challenges in maintaining its free, impartial, and accredited advice services.

Chief Executive Mark Hitchcock said:

"This launch is more than a celebration—it's a rallying call. The Patrons' Club represents a community of individuals who believe in the enduring value of Norfolk Citizens Advice and are willing to stand shoulder to shoulder with it. Because of our good name, impact and scale many people still don't realise we are a local charity, reliant on grants and donations and run by a small group of professionals and over 120 committed volunteers. We are deeply grateful to the Earl and Countess of Leicester for hosting us and to the Lord-Lieutenant for leading the club as President. And above all to those founding patrons who have already pledged their fantastic support."

Membership of the Patrons Club starts at a symbolic £365 per year—just £1 each day to keep the vital service running year round—with all funds directed to frontline service delivery. Gift Aid increases contributions by 25% at no extra cost to donors. Members will receive regular updates, invitations to exclusive events, and the satisfaction of knowing they are helping Norfolk to thrive.

The fully-sponsored launch event, costing nothing to the charity or club, featured a performance by the renowned African Choir of Norfolk. The charity has already welcomed over 80 Patrons' Club members, raising over £50,000 of vital funds with more joining daily.

For more information or to become a patron, please visit <https://wfk.ms/3ISu0Nq> or contact Stuart Dark at s.dark@ncab.org.uk.



**FOR THE THIRD YEAR RUNNING
WE HAVE BEEN VOTED AS ONE OF
THE BEST FISH AND CHIP SHOPS
IN THE UK BY THE TIMES**

THE SUNDAY TIMES
The best fish and chip shops in the UK



Fishers, Hunstanton, Norfolk

There are newer, more fashionable chippies on the north Norfolk coast, but I've eaten at them all, and the best is the shop on the Green that has been serving since the 1950s. Most fryers make a big deal about their "signature batter", but Fishers is the lightest and crunchiest I've tasted this year. There's a charming restaurant, but unless it's raining you'd be mad to use it when you could sit on the Green overlooking the sea, or walk for five minutes up Cliff Parade to find a bench in Esplanade Gardens and watch the sun set over Lincolnshire.

Reserve a table - call us on 01485 532487



www.fishershunstanton.co.uk

Fishers of Hunstanton Fishers of Hunstanton fishersofhunstanton



- free measuring and estimates with no obligation
- superb range of carpet, vinyl and laminate samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- a family-run business, with over 30 years of experience
- home selection service available

Unit 6, Heacham Hall Industrial Units, Hall Close, Hunstanton Road,
Heacham, King's Lynn, Norfolk PE31 7JT

OPEN: Monday, Tuesday, Wednesday, Friday 9.30am-3pm
(closed all day Thursday and Saturday)

t: 01485 572202 email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk

Dempsey Heating Ltd.

HEATING & PLUMBING SPECIALISTS • GAS & OIL HEATING
BOILER SERVICING • AIR SOURCE HEAT PUMPS
BATHROOMS • KITCHENS

Your Local Experts - Great Service - Competitive Prices

Contact us today!

Honeywell Vaillant AQUALISA VIESSMANN GRANT glow-worm

01328 862189 **www.dempseyheating.com**
George Edwards Road, Industrial Estate, Fakenham, NR21 8NL

STUDIO @ 55

Make your own linocut prints or Christmas cards on 8, 15, 22 or 29 November 2 - 4 pm. Christmas is coming ... book now.



Contact me for more information:

Esther Boehm • 21 High Street, Heacham, PE31 7ER
www.studioat55.com • esther@studioat55.com
Phone 01485 779691 • 07538 986235

Printing vs Printmaking

Whether or not you choose to read newspapers and magazines, most people are familiar with what they are and understand that they are produced in abundance. Among the many forms of printed media, local papers such as Town & Around make a valuable contribution – keeping residents informed about what is going on in the area. A nice shift from politics and bad news.

But where did it all begin? Research suggests that the first method of printing was woodblock printing; with early fragments found in China dating from 220 CE. This method involved carving a design into a block of wood, putting ink on the raised surface and then pressing it onto cloth. The use of this technique was later adapted to print text and images on paper and a single piece of wood was used to create a whole page. The oldest surviving book printed using this method is the Buddhist Diamond Sutra dating from 868 CE.

China was also the first to use movable type, in about 1040 CE. This meant that printers no longer needed to carve an entire page from a single piece of wood. Instead, individual characters could be arranged and rearranged. In Europe the combination of movable type and woodcuts started in the 1400s. Both were printed in relief, where the sections not to be printed are carved away and only the raised areas are printed. Ink is spread over the raised areas using a roller or brayer, paper is then placed on top of everything and pressure applied. The invention of the printing press by Johannes Gutenberg in the 1440s revolutionised the process of printing making it much faster to print books and booklets.

Alongside illustrated books, woodcut was also used to make what we now refer to as 'old master prints' - images without added text. Originally there was the designer/artist, the cutter and the printer. It was only at the beginning of the 20th century that some artists started doing the whole process themselves. I suppose this is the beginning of woodcut as the art form that we are now familiar with.

Around the same time, linoleum was also used as an artistic printing material – easier to carve than wood.

Today, there are a few materials available that are softer than linoleum – some better suited to carving than others. Once the drawing or design has been finalised, it can be transferred to the 'lino' and the carving can begin. Either the traditional method, where the background is carved away leaving the raised lines, or the white line method where the lines of the drawing are carved into the 'lino' leaving most of the surface to be inked up can be used. A more modern approach is to create a balance between printed and non-printed areas, opening the door to an endless number of possibilities.

If you would like to try your hand at lino cutting, why not join one of my workshops on November 8th, 15th, 22nd or 29th at Studip @ 55?

Find out more at <https://www.studioat55.com>

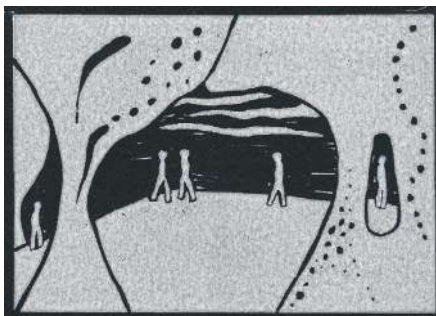
To sign up, contact me at eb@estherboehm.com • 01485 779691 • 07538 986 235

Esther Boehm

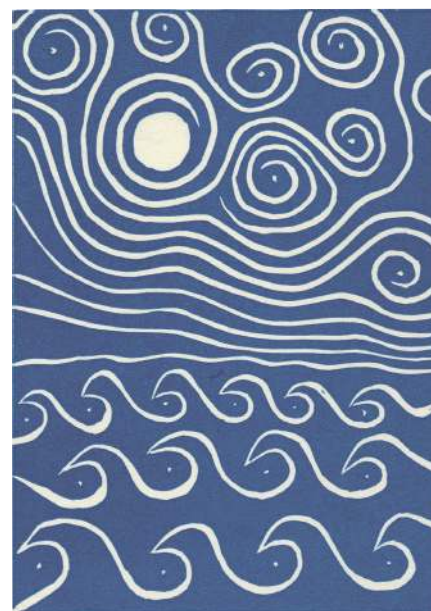
On behalf of the Save The Old Dairy Project team.

www.savetheolddairyheacham.org

Encouraging Individuality Acceptance and Understanding



*Snow Walk 2020, white ink on black paper.
Shapes rather than lines show the lock down isolation.*



*You are a Star in the Sea of the Universe
2021, white line technique*



Starburst 2023, breaking out of the line drawing pattern.

Help Westacre bring back theatre under the Norfolk skies

Liz Brewer

A call to arms from Westacre Theatre

For five magical summers, audiences have gathered under our enchanting lakeside tent to enjoy unforgettable outdoor theatre in the heart of West Norfolk. It's where stories came to life under the stars, where communities came together, and where Westacre Theatre truly felt alive. But after years of faithful service, our fabulous canopy that covered our outdoor stage has reached the end of its life. The fabric is beyond repair, and the tent has had to come down. Without it, our summer performances, workshops, and events - the very heart of our theatre - are at risk. Now, we're calling on our community to help us bring the magic back.

The Westacre Theatre Tent Appeal

Can you pitch in? Every pole, every peg, every pound helps. We need your help to raise vital funds to replace our tent and ensure that live outdoor theatre can once again flourish under Norfolk skies. Every donation, large or small, will help us rebuild the space where imagination, laughter, and storytelling thrive.

How you can help:

- Contribute to the Canvas £20 per sqm - Cover the stage in wonder! The canvas shelters our stories, laughter, and shared memories.
- Buy a tent peg £25 - Anchor the magic! Tent pegs keep the canvas secure and performances safe. A small gift, but a big impact.
- Sponsor a tent pole £100 - Hold up the show! Each pole keeps our theatre standing tall.

Dedications or names will be featured on a plaque or programme - a lasting tribute to your support.

Why this matters

For over 35 years, Westacre Theatre has been a creative lifeline for our community - enriching lives through participation, connection, and access to the arts. Our summer stage brings in vital funds to keep our doors open all year round.

From Shakespeare's magical comedy *A Midsummer Night's Dream* to family favourites *Swallows & Amazons* with some swashbuckling adventures with *The Three Musketeers* - our

outdoor stage has brought joy to thousands.

It's where friendships form, creativity blossoms, and the next generation of artists take their first steps.

Our Summer Bursary Programme offers young actors, writers, and technicians their first taste of professional theatre. The outdoor stage isn't just a tent - it's a springboard for future careers.

As a small rural theatre, we rely on creativity to survive. The summer tent is not just a performance space - it's our heart, our home, and our lifeline.

Replacing it means securing the future of live outdoor theatre in West Norfolk.

Every gift helps us raise the roof, revive the magic, and bring back the joy of open-air performance.

Meanwhile, coming up...

As we move indoors for the winter season, our brilliant in-house company presents *Teechers* by John Godber - a fast-paced comedy with a sharp social edge. This punchy and poignant play follows Gail, Hobby, and Salty as they hilariously re-enact the ups and downs of school life and pay tribute to their idealistic drama teacher, Mr. Nixon.

Witty, heartfelt, and just as relevant today as when it first burst onto the stage in the 1980s, *Teechers* is a spirited celebration of education, aspiration, and the power of theatre itself.

Brought to life by Westacre favourites Rachael Cummins, Laura-Kate Nice, and Tamsin Wheeler - who first honed their craft right here at Westacre Theatre - the trio reunite with director Matt Grist (*Private Lives*, *Alligators*, *Constellations*, *The Unfriend*, *A Midsummer Night's Dream*) for a show brimming with energy, character, and heart.

Teechers

Evening: 14th, 15th, 20th, 21st & 22nd November, 7:30pm
Matinee: 15th & 22nd November, 3pm

£16 | £10 (Under 21s)

How to support or book

www.westacretheatre.com/tent
appeal Call: to donate or book tickets: 01760 755 007 Email: admin@westacretheatre.com

We're deeply grateful for any support you our local community can give us.



Box Office | 01760 755 007
Inspiring audiences since 1999

WEST ACRE THEATRE

TEECHERS

A PLAY BY JOHN GODBER

NOVEMBER 7:30PM
14, 15, 20, 21, 22
3PM MATINEE
ON 15TH + 22ND

Tickets £16 | £10 (under 21s)

Performance Dates

NOVEMBER 7:30PM
14TH 15TH 20TH 21ND 22ND

3PM MATINEE ON
SAT 15TH, SAT 22ND

TICKETS | £16
£10 (UNDER 21'S)

About Teechers...

Fast-moving, highly entertaining, and as relevant now as when it was written in the 1980s, *Teechers* evokes the highs and lows of life at a modern high school. Inspired by their new drama teacher Mr. Nixon, who ignited in them a passion for theatre, the three year 11 leavers tell the story of their time at Whitehall through a play within the play.

What's On
westacretheatre.com

Find Us
River Road
West Acre
Norfolk
PE32 1UA

Get In Touch
admin@westacretheatre.com

Registered Charity No: 1057258

Written by John Godber in the 1980s, *TEECHERS* is a fast-paced comedy with a vital message about the entrenched inequalities of the UK's education system that are still as punchy as ever, forty years later.

Has education really moved on since the 80s?
Has it knackers!



by the book

November Events

Join us for an afternoon talk by **Margi Blunden** -

Edmund Blunden and the First World War Poets

Sunday 16th November from 4.30pm. £3 (includes refreshment)

Then on Saturday 22nd - from 11am to 1pm

Come meet author **Andrew Ogden**, launching his latest
Wrong Body - A Sandringham Mystery.

Contact: Adrian at the bookshop - 9 High Street Hunstanton, Tel: 01485 522349 email adrian@buyanotherbook.com

Quality preloved and new books in the heart of Hunstanton



Daniel Sharman

07554 018307

dan@dnscomputerservices.co.uk

- IT Support & Consultancy
- Apple and Microsoft friendly
- Virus/Spy/Ad-ware removal
- Wi-Fi Coverage solutions
- Home & Business networks
- Repairs & Maintenance
- Data Recovery
- CCTV Systems
- Multi Room Audio
- Tuition & Sales
- GDPR Compliant

Tapping Close, Snettisham



Music from David Young - Solosaxclarinet

David Young provides unique musical entertainment on clarinet, tenor saxophone and wind synthesiser. The instruments are accompanied by pre-recorded musicians and covers all tastes from jazz standards, film/show music, Latin (cha cha, samba, bossa nova), ballroom and upbeat pop music from several decades.

An ideal background for lunches/dinners, hotel/restaurant venues family celebrations, care homes etc..

A playlist is available on request.

Have a chat with David on 07754 497562 or 01485 534220
or email solosaxclarinet@btinternet.com.

More information on www.solosaxclarinet.com



**CRISTMAS
TREES
AVAILABLE FROM
LATE NOVEMBER**



SANDRINGHAM SAWMILL

**WINTER
FIREWOOD
AVAILABLE NOW**



Over 175 timber products for retail direct to the public, including sawn timber, fence panels and posts, creosoted poles, garden furniture and firewood that is available in full and half-loads. The on-site shop sells everything you need for your project including hand tools, ironmongery, paint and postcrete.



Admiral's Drive, Sandringham PE35 6EG
Monday - Friday 7.30am - 4.00pm and Saturdays 8.00am - 12 noon.
Contact the Sandringham Sawmill: sawmill@sandringhamestate.co.uk 01485 543641

WILD

Presented by Black Country Touring / Creative Arts East

Shouldham Entertainment Committee and Creative Arts East are delighted to be presenting Black Country Touring's show, **WILD**, a captivating piece of ensemble theatre with music which draws inspiration from the real-life experiences of Black Country residents and their understanding of what 'wildness' means to them. Shouldham is lucky to be hosting this production for one night only in West Norfolk, as part of the show's national tour.

WILD is a show composed of multiple narratives inspired by real-life stories and asks: what does 'wild' conjure up for you? Is it a moment standing at the edge of a raging sea or being lifted up and spat out of a whirling tornado? Running for your life through city streets or coming face to face with a wolf? The animal within that can't always be tamed or the wilderness at the edge of your home?



Created from conversations with over 70 people across rural, urban and seaside locations, including community workers and a mountain rescue team, **WILD** celebrates what 'wild' means to us, in the natural world, in our towns and within ourselves. With an ensemble cast of four, rich soundscapes and songs, it invites the audience to reflect on their own definitions of 'wild', fostering a deeper appreciation of both nature and human nature. This vibrant 70-minute performance is followed by a post-show conversation with the cast where everyone can chat about what 'wild' means to them.

Written by British Indian writer Rochi Rampal and directed by Frances Land and Steve Johnstone, it premiered last year as part of Black Country Touring's 25th anniversary and Shouldham Entertainment Committee is privileged to be showcasing this unique show for Norfolk audiences this November.

Shouldham Village Hall, Eastgate Street, Shouldham PE33 0DD
Friday November 28th, 7.30pm

Book online:

<https://www.ticketsource.co.uk/shouldham-entertainments-committee>
or reserve on 01366 347856 and pay on the door.

New Artistic Director takes the helm of Music in the Burnhams

Acclaimed cellist Adrian Bradbury has been named as the new Artistic Director of Music in the Burnhams, a charity which brings world-leading classical musicians to venues across north-west Norfolk.

Adrian's appointment was announced at a concert in Burnham Thorpe, on 27th September, which saw the Victoria String Quartet, accompanied by pianist Peter Hewitt and double bass player Leon Bosch, perform Beethoven's 3rd piano concerto.

Adrian is a regular guest principal cellist with orchestras, including the BBC Symphony Orchestra, English National Opera and the Royal Philharmonic Orchestra, and is cello tutor for the National Youth Orchestra of Great Britain.

Prior to developing an international career in chamber music, Adrian studied at the Royal Academy of Music and was principal cello in the National Youth Orchestra.

Adrian said: "I'm truly honoured and excited by this appointment. From my very first appearance at Music in the Burnhams, it was evident that here was a concert series unlike any other, a five-star independent amongst High Street chains, one focussed not just on excellence but also on the wonderful community it serves.

"I will do all I can to ensure Music in the Burnhams continues to bring the musical elite to all, and I can't wait to get started!"

Music in the Burnhams was founded by Marian Abramovich in 2021 to bring renowned artists to informal venues, such as local churches, village halls and schools, to make classical music more accessible.

Marian, who will remain an active member of the charity, said: "It's a pleasure to formally welcome Adrian to Music in the Burnhams and to see him carry on our mission.

"Adrian is not only an exceptionally talented musician with an eye (and ear!) for quality, but he loves working in the community and, like me, wants to make the very best of classical music open to all."

As well as marking the end of an exciting season of concerts and recitals hosted by Music in the Burnhams since spring, and celebrating the start of Adrian's tenure, the emotional performance on 27th September marked the official launch of a fundraising partnership with mental health charity, Norfolk and Waveney Mind.

During the winter months, Music in the Burnhams will host a series of smaller, more informal performances as it prepares for its 2026 programme. Further details about all upcoming events and tickets can be found at musicintheburnhams.com



FABRICS CURTAINS BLINDS

Christyana

OPEN

Tuesday to Friday
10am - 4pm

Saturday
10am - 2pm

BESPOKE CURTAINS, BLINDS AND ACCESSORIES



Local, family
run, friendly
service

FREE
NO OBLIGATION
QUOTATIONS

Showroom at | Poppyfields Retail Park, Snettisham
Contact Paula or Marcus

T: 01485 541111 • E: info@christyana.co.uk • www.christyana.co.uk

20% off
first appointment

Healthy Feet Footcare

Treatments we offer include nail trimming, corns, calluses, verrucas, thickened & fungal nails

Clinic Locations

The Therapy Shed - Heacham
Crystal Cave - Hunstanton

Home Visits Also Available

Contact Michele on:

07891 638812

michele@healthyfeetfootcare.co.uk

Registered footcare practitioner and graduate member of
The College of Foot Care Practitioners (Dip.TCFCP)

Mark's
Gardening Services



Garden Maintenance
Free quotes
Call: Mark Wright
07876 151688
or
07477951315
wright680199381@gmail.com

P.H.
Plumbing & Heating
Your local quick response plumber
Small jobs specialist
Taps replaced,
showers and leaks
Drains cleared
Toilets fixed
Gutters cleaned
Heacham and surrounding area
07855 902358

CJB COMPUTING



- New & Used Computers
- Tuition, advice
- Repairs & upgrades
- Broadband, Wireless
- Internet, E-Mail
- Laptop power supplies
- Screen replacement

No job too big or small,
give Chris a call

Office: 01553 606555
Mobile: 07447 748356

OYSTERS & MUSSELS



BRANCASTER
OYSTERS

HOME DELIVERY
FRIDAYS WITHIN
30 MILES OF BRANCASTER
BRANCASTEROYSTERS.CO.UK
07503684849
BRANCASTEROYSTERS@GMAIL.COM

Le Strange Arms
— BEACHSIDE HOTEL & LODGES —



Christmas

at Le Strange Arms Hotel and The Mariner Inn

Book your Festive Meal **NOW**

Eat | Drink | Stay

T: +44 (0)1485 534411 E: reception@lestrangearms.co.uk
Golf Course Road, Old Hunstanton, Norfolk PE36 6JJ

Extra Hands Established 1993
Providers of Home Care in Norfolk

Multi-award winning providers of Home Care in your community

We are a local multi award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

Our services can be arranged on either a short term or long term basis, we offer flexibility when organising care packages and can assure our customers that we will meet their requirements every step of the way.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

**Thinking of a career in Social Care?
Why not join our award winning team**

We offer: • Good rates of pay • Various hours available
• Enhanced holiday entitlement • Paid mileage
• Free DBS check & uniforms • Mobile Phone

Tel: 01485 570611

Extra Hands, Unit 13,
Heacham Hall Ind Est, Hunstanton Road,
Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards



Hunstanton Ski Café
For great meals and music by the beach



Open from 9am daily | Indoor & Outdoor Seating | Dog friendly
Traditional home-made food with Vegan and GF options
Visit our Fully Licensed Horse Box Bar – The Seahorse
for drinks and Italian Whippy Ice Cream
Live music every Wednesday, Saturday, Sunday & Bank Holidays
Tripadvisor Travellers' Choice 2022/2023

01485 524475 Follow us:  

Kings Lynn Society for Arts and Sciences (KLSAS)

Paul Andrews

John Heath will offer a moving glimpse into the wartime experience of Private Arthur Heath told through extracts from his letters revealing the realities of life at the Front.

Join us on Tuesday 11th November from 18.45 at the Small Barn, Knights Hill Hotel where there is ample free parking and a warm welcome. Visitors fee is £7 but why not join for the season?

We look forward to greeting you.

We meet from 18.45 for a 19.30 prompt start, at the small barn Knights Hill Hotel where there is free parking and refreshments available to purchase. Visitors at £7 in cash each talk are always welcome but why not join for the season?

Email our Treasurer Alan at alan@klsas for bank details to set up a standing order, bank transfer or arrange payment by cheque or cash.

Hunstanton Craft Fairs 2026

The Hunstanton & District Festival of Arts are pleased to announce that the popular Monthly Craft Fairs at Hunstanton Town Hall will continue in 2026.

For 25 years, Craft Fairs have offered stalls with unique gifts and handmade products at competitive prices.

There will be a change in the Management team as the current members are retiring. The new team will be Kirsty Hannant, Kate Weston and Alan Row, who are all long-term and very experienced members of the Hunstanton Craft Fair family.

These Craft Fairs run on the last Saturday of each month from Easter till Christmas at Hunstanton Town Hall each year.

Stall holder Booking forms will be available soon at the Craft Fair on 22nd November 2025 at Hunstanton Town Hall or from Kirsty on hunstantoncraftfairs@gmail.com or 07425 930179

Crafters are advised to book their dates early to avoid disappointment.

Public entry to each Fair is free and Refreshments are available from 10 till 4pm each day.

The Annual General Meeting for Hunstanton & District Festival of Arts will be held on Tuesday December 2nd at 6pm at The Conservative Club meetings Room, High Street Hunstanton. Please come along if you would like to be part of its future.

Sun 23rd Nov 2025 at The Golden Lion

An evening of talks exploring the wonders of the universe with the King's Lynn & District Astronomy Society at the Golden Lion in Hunstanton.

Join King's Lynn & District Astronomy Society for a presentation and talk exploring the wonders of the universe. Followed by telescopes on The Green, weather permitting.

If you have ever wondered what the universe is all about, then this is the evening for you! No need to book; turn up.

The Arts Society King's Lynn

The Arts Society King's Lynn continues the 2025-26 season on Thursday 13 November 2025 when they welcome James Vaux who is a researcher and lecturer specialising in Nordic arts, culture, design and history. His talks focus on understanding artistic achievements through their historic, cultural and political context. James aims to question the underlying narratives behind artists, designers and movements.

James achieved a First Class Honours law degree at Oxford, and as a managing director of Rothschild bank, he set up and ran the bank's Nordic operations, living and working in Scandinavia. James then gained an MA at UCL in Scandinavian Studies and studied interior design and art history at the Inchbald School and Mid-Century Modern at Sotheby's Institute.

Why do we always see the Greek and Roman deities in museums but never the Viking gods and goddesses? And yet Norse mythology is all around us in popular culture from comics to films. The answers are surprising and sometimes sinister. This talk explores 1,500 years of Norse mythology in fine art, applied arts and literature, including Viking-age artefacts, Icelandic texts, English paintings by Fuseli and Blake, 19th century Scandinavian works of national romanticism and modern interpretations ranging from Hilma af Klint to Anselm Kiefer. As it's the start of the festive season we'll also look at what contribution the Vikings made to our Christmas traditions: you'll never look at Santa and mistletoe in the same way again!

The lecture will take place in West Winch Village Hall where there is ample free parking available and starts at 2.30pm. TASKL meets once a month on the second Thursday from September to May and anyone is welcome to become a member.

The annual subscription is just £55 or you can go along to individual talks as a guest for £10. Anyone interested in finding out more about TASKL can visit their website at www.theartsocietykingslynn.org.uk or to join the Society contact the membership secretary on 01760 724823 or via email at info@theartsocietykingslynn.org.uk.

SALE SALE SALE SALE SALE SALE

25% off
HOUSE BLINDS



Call 01953 544 050

norwichsunblinds

T&Cs apply, please visit: www.norwichsunblinds.co.uk

Gary Kite
Computer
Services

25
YEARS
EXPERIENCE



Sales | Upgrades | Repairs | Home Calls for Tuition
Broadband Installations | General PC Maintenance

Tel: Gary on 07444 759 653 or 01485 544 606

gary@garykitecomputerservices.com



**Local trustworthy builders
in Snettisham**



Over 20 years experience

**We offer quality brickwork which includes Carrstone
and all aspects of internal and external building work,
including new builds.**

Quality workmanship • Free quotations

Fully qualified and insured



For any questions or quotes please contact Steven on:

07790 716 521 01485 779 492



email: sm.builds@yahoo.co.uk



*Take a look at our Yell or Facebook page where more pictures
and reviews can be found.*

P.D. BIRD

**Plumbing & Heating Engineer
for Oil & Gas**



**For All Your Plumbing & Central Heating Repairs,
Maintenance & Installation**

- Central Heating Systems
- Underfloor Heating
- High Efficiency Condensing & Combi Boilers
- Heating System Power Flushing
- Unvented Hot & Cold Systems
- Servicing & Repairs
- Complete Bathroom Design,
Installation & Tiling Service

Professional Quality Work - Guaranteed

www.pdbirdplumbingheatingbathrooms.co.uk

**Tel: 01485 579472
Mob: 07889 167063**

North Norfolk Properties Ltd

Caring for your property



**Gutter Clearing
with SkyVac**

Our camera assisted vacuum
system clears gutters to a
height of 50 feet and can even
reach over conservatories
and outbuildings



**Moss Removal
with Skyscraper**

Using our specially shaped
scrapers and brushes to
remove moss and
prevent gutter blockages
and damage to roofs

Driveway, Path and Patio Cleaning

**All garden maintenance and
landscaping services available**

Contact David on: 07584 088097

Email: david@nnpltd.co.uk

HUNSTANTON HARDWARE



Northgate Precinct, Hunstanton 01485 533968
We're here to help you get the job done!



HUNSTANTON
DENTAL LABORATORY

**For Emergency Denture Repairs
Call: 01485 533 388**

For all your denture repairs come and see us in
our new, larger, Dental Laboratory at:

**6 Le Strange Terrace, Hunstanton PE36 5AJ
j.asman@yahoo.co.uk**

THE ARTS SOCIETY NORTH WEST NORFOLK

Lesley Nadel STORM IN A TEACUP

Tea was first cultivated in China for medicinal purposes and sometimes used in food. It became popular during the Tang dynasty (618-907). Many paintings throughout the centuries have shown tea evolving in ceremonial settings and domestic uses. At the height of its power in the 17th and 18th centuries the East India Company's tea trade accounted for 60% of trade and tea duties for 10% of the British Government's revenues. The Boston Tea Party in 1773 instigated the American War of Independence. Through the centuries tea has been associated with respect, status and sophistication.

Up until relatively recently 80% of the UK population drank tea every day as an integral part of life. Hard to imagine that this social, uplifting drink could have caused such historical chaos, from devastating colonial exploitation to vehement disagreements over the best way to brew. At one time it was a luxury, exotic and expensive commodity that only the rich could afford. Originally it was imported by the Portuguese and the Dutch and then spread to other European countries by the mid-17th century. It would take several hundred years for tea to be established as our national drink with health enhancing properties. The unlikely 'influencer' was Catherine de Braganza, the Portuguese queen consort of Charles II.

Catherine arrived in Portsmouth in May 1662 along with a dowry of several ships laden with luxuries and cash to help ease the debt problems of her husband. She is alleged to have asked for a cup of tea on arrival, unsurprisingly, because it was the favourite drink of the Portuguese court. This shy, pious, convent-educated young

woman was offered ale instead. How she must have struggled to fit into the boisterous, loud fun-loving English court. However, over time Catherine became a leader of trends and soon her taste for tea spread to the royal court, the aristocracy and the rich.

Edmund Waller, poet and politician, honoured Catherine in his poem (1663):

*Venus her myrtle, Phoebus has his bays,
Tea both excels, which she vouchsafed
to praise.*

*The best of Queens, the best of herbs, we owe
To that bold nation which the way did show
To the fair region where the sun doth rise,
Whose rich productions we so justly prize.
The Muse's friend, tea does our fancy aid,
Regress those vapours which the head invade,
And keep the palace of the soul serene,
Fits her birthday to salute the Queen.*

The tea parties of the 17th century were genteel affairs, with tiny cups, beautifully decorated. It is possible that milk was introduced to stop these very fragile cups from cracking. By the 18th century demand was growing but few could afford tea drinking. It is believed more tea was smuggled than imported legally, but by 1785 the government seriously reduced the import duty on tea and the smugglers' market disappeared almost overnight. The working classes then became introduced to the beverage and many enjoyed free tea from their employers during the working day. By the late 19th century, whilst going to tea shops was still a regular and popular pastime, drinking tea for breakfast and tea breaks during the day was done across all social classes. A 'jorum of tea' (Great Expectations, Charles Dickens).

Art and advertisements for tea have continued to promote British history and



Have you always wanted to learn more about the arts?

Then start now with our next talk at Sedgeford Village Hall at 2:00pm on Monday 10th November

Coffee - from Arabia to the Coffee House. The art and history of coffee drinking

Lecturer: Chris Bradley



The first English coffee houses opened in the 1650s and became meeting places for artists, authors and politicians. This development was reflected in various artistic periods.

Benefits of membership:

- * A varied programme of art talks
- * Trips and tours in the UK and abroad
- * In depth Special Interest Days
- * Regular newsletters and magazines
- * A social event with a warm welcome

For more information and how to join, visit www.theartssocietynwnorfolk.org.uk

Registered Charity Number 1105490

identity. Tea drinkers, consuming millions of cups drunk each day, are united in a shared national story distinguishing social values in a cup of tea. Is it milk first? To dunk or not to dunk, that is the question?

The art and history of tea is fascinating, as is the history of coffee. We invite you to come and join us at our next lecture on Monday, 10th November 2025 at 2pm in Sedgeford Village Hall, when the subject will be 'Coffee - From Arabia to the Coffee House, the art and history of Coffee drinking'. You will find details about us and membership on our website www.theartssocietynwnorfolk.org.uk

WALK BY THE SEA TO D'FEET MND 2025

46 walkers set off along the Prom from the Alive Oasis Swimming Pool on Saturday, 11th October from Hunstanton to Heacham and back. Raising funds and awareness of Motor Neurone Disease as they went, the group collected very generous donations of £742.88 from walkers and visitors. A collection at the Alive Oasis Café during the year had raised over £50, increasing the day's total to £794.09. Additional donations and sponsorship are still coming in and look certain to increase the funds raised to over £1,000, to benefit people in Norfolk living with MND.

Most of the walking group had been directly affected by MND, sadly losing a partner, son, daughter, mother, father or friend to the disease. Five NHS health care professionals from the Norfolk community neurology teams, gave up their time to join the Walk and were very warmly welcomed by the families they have supported and cared for.

Motor Neurone Disease is a fatal, rapidly progressing disease which affects the brain and spinal cord. It attacks the nerves that control movement, so that muscles no longer work and affects people from all backgrounds. There is no cure and no effective treatment.

The news revealed last week that Lewis Moody, former England rugby captain, has been diagnosed with MND at the age of 47 has thrust the disease into the spotlight again. The devastating diagnosis affects more than 5,000 adults in the UK at any one time.

The group were raising funds for the Norfolk, Norwich & Waveney Branch of the Motor Neurone Disease Association, who support local people with financial grants to help towards care equipment and expenses, to help improve quality of life for people living with MND and family carers. The branch also

arranges coffee mornings in Norwich, Fritton and Kings Lynn for people affected and their families to get together, as well as online meetings.

Nationally, the Association focusses on research to seek treatments and ultimately, a cure for Motor Neurone Disease, as well as improving access to care and campaigning for people living with or affected by MND.

For more information about Motor Neurone Disease and the Association visit:

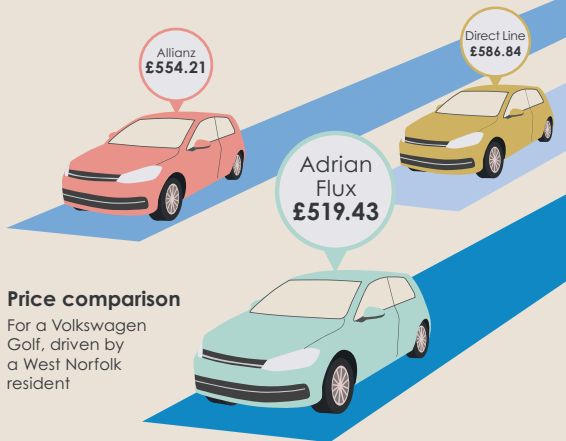
<https://www.mndassociation.org>

For local information about the MND Association in Norfolk, support & events : www.mndnorwichandwaveney.org.uk



Your Local Insurance Broker

making your money go further



Call us on 01553 400399 for our best rates

Sample quotes are for premiums as stated for a 30-year-old from the PE38 area driving a 2015 standard Volkswagen Golf SE, with protected 7 years no claims bonus and 1 SP30 speeding offence, covering 8,000 miles per year. These illustrative quotes, valid as of 08/08/2025 are provided for information only and do not form the basis of any contract or tender. Competitive quotes were obtained from Allianz and Direct Line (via comparethemarket.com) on 08/08/2025. Full details are available on written request. Authorised and regulated by the Financial Conduct Authority.

adrianflux.co.uk

Authorised & regulated by the
Financial Conduct Authority

ADRIAN FLUX

Insurance for the individual



PREMIER

**CARS WANTED FOR CASH
ANYTHING CONSIDERED
DAMAGED/NON RUNNERS/MOT FAILURES
Friendly, polite, professional service**

Call Robert on 07948 030239

86 Chapel Road, Dersingham, King's Lynn PE31 6PL

Fullers Body Repair Centre

Established 1973



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT

T: 01485 570799

E: beautifulbodies@hotmail.co.uk

Free Estimates · Resprays · Accident Repairs
Corrosion Repairs · Insurance Approved

**PAYING TOO MUCH FOR YOUR
HOME OR BUSINESS
BROADBAND OR MOBILES?**

**WANT SOMETHING CHEAPER
OR SOMETHING FASTER OR
MORE RELIABLE?**

**OR JUST LOOKING FOR WIDER
WIFI COVERAGE?**



**TALK TO A LOCAL BUSINESS
& AVOID THE CALL CENTRES**

**CALL NOW
01485 572253**



WHY CHOOSE US ?

Rural Broadband have been supplying broadband for more than 20 years. Located in rural Heacham, in Norfolk & experienced in the right products and services for your home and business.

Sales@RuralBroadband.co.uk
01485 572253
RuralBroadband.co.uk

Multiple world speedway champion coming to King's Lynn

Three-time world speedway champion Nicki Pedersen is flying back to England for one night only to share his incredible sports stories at a live event in King's Lynn.

The Dane, one of the most talked about riders of all time, will return to the town where he rode for the King's Lynn Stars - and set the club's top-flight track record in 2002 - to sit down with Gavin Caney at the Duke's Head Hotel on Thursday November 20 and chew the fat on a career that has regularly seen the 48-year-old make the headlines.

The current Denmark team manager lifted the world title in 2003, 2007 and 2008 and has won a host of other trophies during an illustrious spell that has also seen him represent Peterborough Panthers.

Pedersen said: "I'm really looking forward to heading back to King's Lynn to talk about my career and all things speedway."

"I always tell it as it is so I'm sure we'll have plenty of fun along the way and I'm looking forward to being part of a great night's entertainment. There's a lot of speedway fans in and around Lynn and I'm sure I'll see some old faces who I will remember from my time riding for the club. Peterborough's not too far down the road either so perhaps I'll see some Panthers fans too?"

"Speedway is really popular in that part of England so I can't wait to return for the night. I'm sure it will bring back lots of memories and I'm excited about the evening."

Sporting Knights are putting on the show and the doors open at 6pm with the show beginning at 7.30pm. It is expected to finish around 10.30pm. Tickets cost £20 (standard entry) and £40 (VIP).

Visit sportingknights.co.uk/events to buy tickets for An Evening with Nicki Pedersen.



Glebe House School & Nursery Update

September is always an exciting month as we reopen our doors for the start of a new academic year! We were excited not only to welcome new families into our Reception class, but also into other year groups throughout the school. Read on to see what their first month brought!

Enrichment Community Visits



This year we have introduced Enrichment Afternoons in our Pre-Prep every Friday, and they began with warmth and laughter as Year 2 pupils paid two visits to a local care home. The children spent cheerful afternoons reading, colouring, playing games and chatting with residents, with conversations ranging from Disney films to magic tricks. Both generations clearly enjoyed the time together, with plenty of smiles and even some shared artwork to mark the occasion. These visits are part of the school's new Enrichment Afternoons, offering pupils experiences that reach beyond the classroom and help strengthen community connections.

Forest School Returns!



Forest School has returned to our timetable this year, giving pupils from Nursery to Year 8 the chance to learn and explore outdoors. This term, Reception, Year 2 and Year 3 were first to enjoy sessions in the school's wild spaces, joined by the new Wilderness Wanderers club. In glorious September sunshine, children searched for acorns and berries, built and tested mini bridges, and tackled the "Big Hole" with

plenty of laughter. Imaginative games and the ever-popular rope swing made for a lively start to the term's outdoor adventures.

FoGHS Golf Day & Family Fun Day



This year's Glebe Golf and Family Fun Day was a great success, raising over £3,000, the highest total in the event's history! The day brought together pupils, families, staff and friends of Glebe House for a lively celebration to mark the new school year. Golfers enjoyed a dry and cheerful day at Heacham Manor, while families joined in an afternoon of games, crafts and a bubble show. Thanks to generous sponsors and volunteers, the event captured the school's strong sense of community and set a positive tone for the year ahead.

Sporting Update

Glebe House has been awarded the School Games Gold Mark Award for 2024/25, recognising its strong commitment to sport and competition. The national award, led by the Government and the Youth Sport Trust, celebrates schools that encourage wide participation and community involvement in sport. Most pupils at Glebe take part in local inter-school events, with many also helping as leaders, volunteers and officials. The award is a reflection of the school's active spirit and teamwork, with thanks to staff, pupils and families who helped make the achievement possible.

Year 4 Poetry Lesson on Old Hunstanton Beach



Our Year 4 pupils enjoyed a poetry lesson with a difference recently, taking their

notebooks to the beach to make the most of the late summer sunshine. Surrounded by the sounds of the waves and the feel of sand underfoot, the children gathered ideas and vocabulary for their own seaside-inspired poems. They returned to school brimming with creativity ready to turn their observations into writing. It was a refreshing and memorable way to begin the week.

Year 8 History Trip to Castle Acre Priory

Our Year 8 pupils recently travelled back in time with a visit to Castle Acre Priory. The morning was spent discovering life in a medieval monastery, followed by an afternoon exploring the nearby motte-and-bailey castle. The day ended with an energetic game of 'Capture the Flag' on some of the steepest hills in the area. Hands-on experiences like this help bring history to life, giving pupils a deeper understanding of the past while supporting their studies, and proving that learning at Glebe House often extends far beyond the classroom walls.

Year 2 History Trip on the Hunstanton Wolf Trail



Recently our Year 2 class explored history along the Hunstanton Wolf Trail. The children began their year learning about the stories behind their house teams, Barbers, L'Estrange and Saint Edmunds, while retracing the life of Saint Edmund, from his arrival by sea in 855 to his legacy as king. Working in pairs, they took rubbings from brass plaques, spotted the statue of Henry L'Estrange, and visited Saint Edmund's church and the chapel ruins with its carved wooden wolf. Their curiosity and enthusiasm, combined with a sunny day, made for a thoroughly enjoyable outing.

Come and see us!

Does your child start Reception or Senior School in September 2026? Is your child looking for a new school? Would your child benefit from a new start?

Did you know we offer a comprehensive co-curricular programme until 6pm? And that we provide daily transport from many convenient locations across North West Norfolk? Find out more about life at Glebe House School. Contact Mrs Fraulo on 01485 532809 or email tjf@glebehouseschool.co.uk to book a visit.

Effortless style, unlimited comfort

November, and as the temperature drops, we find ourselves reaching for cosy knits and comfortable, smart separates. So, whether you are treating yourself or thinking of Christmas gifts, Allez Chic has got you covered.

Jessica Graaf is a leading Irish fashion brand that Allez Chic introduced in the summer and since the arrival in store of the Autumn/winter range it has been very popular. The gorgeous colourblock knit with floral motifs in the advert is perfect teamed with trousers and it even has some subtle sparkle.

Also in store now is a collection of colourful round and V neck jumpers from Italy, and at just £29 they are an absolute snip.

Allez Chic's Cheryl Daubney says: "We have a wonderful selection of tempting scarves from as little as £10.50 and this cute little hedgehog design comes in several colourways.



"We also have our favourite Lunar waterproof ankle boot in Navy this time. At £64.99 it is a winner.



This season we have an abundance of knitwear and casual trousers as they are always the most requested items. Of course we have nice dresses from our favourite brands too!

Allez Chic,

The Old School, Castle Rising, King's Lynn PE31 6AG

Open 10-4.30 Tuesday to Saturday

Tel: 01553 631915 allezchic.co.uk

COASTAL MAINTENANCE

HEACHAM

— OVER —
30 YEARS
EXPERIENCE

- Home Repairs and Improvements
- Wall and Floor Tiling
- Guttering
- Fencing
- Lawns and Hedges
- Garden Clearance

CALL RYAN
07900890976

allez chic

Chic and affordable fashion for all ages

Effortless style, unlimited comfort

The Old School
Castle Rising
King's Lynn
PE31 6AG
t: 01553 631915

SHOP IN-STORE
TUES-SAT 10am - 4.30pm

www.allezchic.co.uk



SEARLES
LEISURE RESORT
HUNSTANTON

CHRISTMAS party NIGHTS

Get ready to eat, drink, and be merry at one of Norfolk's most popular festive party destinations!

6th, 12th, 13th, 19th &
26th December 2025 at 7.00pm

Price Includes:
3 Course Festive Meal, Fun Festive Party Atmosphere & Lively Disco

Tickets £44 PP

A £20pp non-refundable deposit is required when booking.

TO BOOK CALL:
01485 536002
E: jwilliams@searles.co.uk



Searles Leisure Resort, South Beach, Hunstanton PE36 5BB

November events - see also: <https://townandaround.net/whats-on/november>

Saturday 1st

Hunstanton Promenade parkrun
9am. Starting outside the Salad Bowl running towards the lighthouse. Volunteers 8.30am
Info 07804 927764.

Sandringham parkrun
Sandringham Royal Park at 8:40 for a 9:00 am start. First Timers Briefing 8:45am. Start and finish on the vista near children's play area. Car parking for parkrun is free until 11:00 am. To volunteer or for further information contact: sandringham@parkrun.com
07913 439222

Anmer Social Club: Halloween Party Night – 7:00 p.m. till late – Admission £3 – children free. Prizes for the best fancy dress. Fully Licensed bar. Info: anmer.club@outlook.com or 07899872351

Ingoldisthorpe Sports & Social Club Bingo. Doors open 7.00pm Eyes down cash prizes!! Contact Diane: 07901924223 for details

United Services Club Hunstanton
01485 533360 Bohemian 3 Band all decades 8.30pm

Sunday 2nd

United Services Club Hunstanton
01485 533360 Find the Joker Draw. £1 a ticket. Draw 2.30pm. Followed by live music to Carolann all eras. 3.30pm. Karaoke with Mick at 8pm

Monday 3rd

Anmer Social Club: Bingo Night – Club opens at 7.00p.m. “Eyes Down” at 7.30 p.m. Info anmer.club@outlook.com or telephone; text or WhatsApp 07899872351

Tuesday 4th

Anmer Social Club: Norfolk and Waveney Mind Group Meeting – 11:00 a.m. to 6:30 p.m. T: 0300 330 5488 nikki.nurse@norfolkandwaveneymind.org.uk

Thursday 6th

Thornham Village Hall Film Night. Doors 6.30pm, Film 7pm. Tickets are free and donations welcome. www.thornhamvillagehall.co.uk/events 07502 265305

Fritcham Community Centre PE31 6BU. The Wolf Folk Club 7.30pm All abilities welcome to sing, say, play or just sit! All genres welcome Info davidilkleston@gmail.com 07803725583

Friday 7th

Fincham Memorial Hall Quiz night - £2 per person, max 6

persons per team. 50/50 cash raffle. BYO refreshments and nibbles. Starts at 7.30pm.
0778 2335165

Saturday 8th

Hunstanton Promenade parkrun
9am. Meet outside the Sailing Club
hunstantonpromenade@parkrun.com. Info: 07804 927764

Sandringham parkrun
Sandringham Royal Park at 8:40 for a 9:00 am start. See Saturday 1st for full details

Fincham Memorial Hall National Theatre Live 'Mrs Warren Profession', Doors open 6.45pm, performance starts 7.15pm. Admission £5, 0778 2335165

Country Night & Line Dancing at Dersingham Social Club with The Big Hig Cowboy DJ and Buckin' Boots Line Dancing 7pm start. £5 entrance 07981 294052. See p36

United Services Club Hunstanton
01485 533360 John Carr Talented vocalist & guitarist all eras 8.30pm

Sunday 9th

Hunstanton's Remembrance Day
See p36. 01485 532402.

United Services Club Hunstanton
01485 533360 Find The Joker Draw 2.30pm. Dancing to Lewis Hunt all eras 3.30pm. Karaoke with Mick 8pm

Monday 10th

Anmer Social Club Coffee Morning – 10:00 a.m. to Midday. lee.suckling78@outlook.com or 07899 872351

The Arts Society of NW Norfolk talk at Sedgeford Village Hall 2pm see page 70.

Tuesday 11th

Anmer Social Club: Norfolk and Waveney Mind Group Meeting. See Tues 4th.

Kings Lynn Society for Arts and Sciences 18.45 See p68

Thursday 13th

The Arts Society King's Lynn talk at West Winch Village Hall 2.30pm See page 68

Holme-next-the-Sea History Group Open Day 2.30-4pm Village Hall PE36 6LH Refreshments available. Free entry. Details p38

King's Lynn Community Cinema Club present I'm Still Here. Screen 2 at the Majestic 7.30pm. See page 76 for details

Friday 14th

Coffee morning in aid of the RNLI at Regency Manor Care Home, Manor Road Hunstanton PE36 5AY 10am-noon. The RNLI lifeboat pop up will be there. 01485 522 844

Thornham Village Hall Winter Warmer 6.30 for 7pm start. Tickets £30pp includes welcome drink, 2 course meal and talk by Charlie Bingham 'The life affirming magic of birds'. www.thornhamvillagehall.co.uk/events 07502 265305

Anmer Social Club: Film Night – Black Bag - 15 Doors 7.00 p.m. – Film starts 7.30 p.m. Admission £5 at the door. enquiries@anmerclub.co.uk or telephone 01485 579465

Sea Shanties and Words night at Sedgeford Village Hall 7-9.30pm. See page 33 for full info.

Contacts Ian Enters
ianenters@btinternet.com
07951230084 or Pam Goddard
pamgoddard@btinternet.com
01485 579002 or 07747126079

Saturday 15th

Hunstanton Promenade parkrun
9am. See Sat 8th

Sandringham parkrun
Sandringham Royal Park at 8:40 for a 9:00 am start. See Saturday 1st for full details

Searles Hunstanton Christmas Fair 10am-5pm with Santa's Grotto, stalls and entertainment. Free entry. 01485 534211

St Margaret's Church, Clenchwarton PE34 4EA are holding their Winter Craft Fair 10am - 2pm. Refreshments and Cakes. Free entry

Christmas craft fair at Holme-next-the-Sea, Village Hall from 10am to 3 pm. Unique local craftsmen, home-made soup and sandwiches, coffee and cakes. All proceeds for St Mary's church maintenance fund.

United Services Club Hunstanton
01485 533360 DNA Band Rock & more 8.30pm

Sunday 16th

Soroptimist International of King's Lynn Literary Lunch with author S J Bennett at Middleton Hall Golf Club 12.30-3.30pm Tickets £30 from <https://sigbi.org/kings-lynn/>

Ingoldisthorpe Sports & Social Club Music afternoon 2.00pm presenting the fantastic Country Whicker Band. Members free, Non-members £2.50 Contact Diane on 07901924223 for details

Afternoon talk by Margi Blunden – Edmund Blunden and the First World War Poets 4.30pm £3 incl. refreshments at 'write around the corner' Hunstanton. Contact: 01485 522349

United Services Club Hunstanton
01485 533360 Find the Joker Draw. 2.30pm Followed with live music by Jimmy James Motown soul & more 3.30pm Karaoke with Mick 8pm

Monday 17th

Hunstanton 3a Jim Stebbings will give a talk entitled 'It's Behind You' 2pm see p36

Tuesday 18th

Anmer Social Club: Norfolk and Waveney Mind Group Meeting. See Tues 4th.

Wednesday 19th

Hunstanton Society talk 2.30pm 'Opium eating in the Fens' see p42

Thursday 20th

A musical afternoon with Dinky David and West Norfolk Singers at Hunstanton Town Hall in aid of EEA 1-3pm £4 cash only. 077897 966000

King's Lynn Community Cinema Club present a special event a chilling evening of folklore and vintage horror in collaboration with the Norfolk Folklore Society and Reel Connections. Screen 2 at the Majestic 7.30pm. See p 76

Friday 21st

Anmer Social Club: Race Night With Fish & Chips Supper – Club opens 7:00 p.m. races start at 7:30 p.m. Supper - £10 per person to be booked in advance by Tuesday 18th November. To book: anmer.club@outlook.com or 07899872351

Massingham Historical Society present Massingham through the ages at Massingham Village Hall 7.30pm. Plus a photographic display of weddings. Guests £3.

Ingoldisthorpe Sports & Social Club Open Mic night come & showcase your talent! Comedy, Poetry Singing Musical, whatever it maybe! Or sit back as the audience & enjoy our local talent! Contact Diane on 07901924223

Fincham Memorial Hall Cash Bingo & Games Evening - £6 per book of 5 plus flyer, optional cash games of Sticky 13's and Stand Up Bingo £1 each. Doors open 7.30pm, Eyes Down 8pm. Bring your own refreshments and nibbles. For more information contact Pete on 0778 2335165

Saturday 22nd

Hunstanton Promenade parkrun
9am. See Sat 8th 07804 927764

Sandringham parkrun
Sandringham Royal Park at 8:40
for a 9:00 am start. See Saturday
1st for full details.

Craft Fair at Hunstanton Town
Hall 10am-4pm

Meet the author Andrew Ogden
launching his latest book: Wrong
Body – A Sandringham Mystery
'write around the corner'
Hunstanton. 11am-1pm Contact:
01485 522349

Create your own luxury door
wreath at Snettisham Church 1-
3.30pm. Materials and guidance
Refreshments on sale with
proceeds to the church.
Tickets £45 booking
briesfarmhouseflowers@gmail.com
07555 333 057

Syderstone Village Cinema
presents The Penguin Lessons
(12A). 7.30pm at the Amy
Roberts Village Hall, Syderstone.
£4 on the door Hearing Loop &
ice creams available. Info 01485
578244

United Services Club Hunstanton
01485 533360 KCR Duo
Talented entertainers All eras
8.30pm

Sunday 23rd

Sedgeford Village Fayre,
Sedgeford Village Hall, PE36
5NG. 10.00 - 3.00 See p36

Talk at the Golden Lion
Hunstanton 7pm followed by
telescopes on the Green (weather
permitting) with King's Lynn &
District Astronomy Society. No
need to book; turn up.

United Services Club Hunstanton
01485 533360 Find The Joker
Draw 2.30pm Followed by live
music with Mike Fox Vocalist &
Saxophonist all eras 3.30pm
Karaoke with Mick 8pm

Monday 24th

Anmer Social Club Coffee
Morning – 10:00 a.m. to Midday.
lee.suckling78@outlook.com or
07899 872351

Tuesday 25th

Anmer Social Club: Norfolk and
Waveney Mind Group Meeting.
See Tues 4th.

Dersingham Village Cinema
presents Last Christmas (12)
7.30pm at Dersingham Village
Centre. Entry £6, under 16s £3.
07943 499786

Wednesday 26th

Snettisham Gardening Club Hog
Roast (Veg option available)
Booking essential by 21.11.25.
Heather Blackburn 01485 543268

Thursday 27th

Men's Reading Group at Write
around the Corner, 7pm,
Hunstanton Free event. Contact:
01485 522349

Friday 28th

Anmer Social Club: QUIZ
NIGHT – Club opens 7.00 p.m.
Quiz starts 7.30 p.m. Entry £3
per person. Fully Licensed Bar
Raffle. For information email :
anmer.club@outlook.com or
07899872351

Fincham Memorial Hall Film
Night (Film TBC) Doors open
6.45pm, Film starts 7.15pm.
Admission £3, licensed bar
available. For more information
contact Pete on 0778 2335165

WILD presented by Creative Arts
East and Black Country Touring
at Shouldham Village Hall 7.30
see page 66.

Saturday 29th

Hunstanton Promenade parkrun
9am. See Sat 8th 07804 927764

5K Your Wy – Move Charity.
Sandringham Royal Park 8:40 for
a 9:00 am start. For anyone
affected by cancer, friends and
healthcare professionals. To come
and walk, talk, run or simply have
coffee and cake. And be part of
the lovely parkrun community.
For further information email:
sandringhamgroup@5kyourway.
org 07913 439222

Kings Lynn Flower Club and the
Sandringham WI are holding a
joint coffee morning in West
Newton Village Hall, PE31 6AT,
10am until 1pm Various stalls
including books, jigsaws, Xmas
basket arrangements, crafts, bric a
brac and cakes. Irene Laws
(01553 671312)

North Wootton Village Hall
Christmas Fair 10am-5pm see
page 59

Fincham Memorial Hall
Christmas Craft Fayre, 11am-
3pm. Free admission, Arts &
Crafts, refreshments and cakes.
For more information contact
Pete on 0778 2335165

Regency Manor Care Home
Christmas Fete 2-4pm.
Hunstanton PE36 5AY. Info:
01485 522 844

United Services Club Hunstanton
01485 533360 Simon Lee all
decades 8.30pm

Sunday 30th

Hunstanton Winter Wonderland
and Christmas Light Switch-On
10am-5.15pm See page 23

National Theatre Live presents
Mrs Warren's Profession at
Thornham Village Hall Doors

3.30, screening at pm. Tickets
£10pp www.thornhamvillage
Hall.co.uk/events 07502 265305

United Services Club Hunstanton
01485 533360 Find the Joker
Draw 2.30pm. Followed by live
music with Mischief Fun music
& dancing 3.30pm Karaoke with
Mick 8pm

Looking ahead - December**Tuesday 2nd**

Hunstanton & District Festival of
Arts Annual General Meeting for
the year 2025 will be held at 6pm
at The Conservative Club,
Hunstanton High Street when the
future of the Charity will be
discussed and new teams elected
for 2026. Please come along if
you would like to be part of it.

Sunday 7th

Ingoldisthorpe Sports & Social
Club 2.00pm Members
Children's Christmas Party with
Barry. List is now up in club to
add your child's name to see
Santa! £8.00 per child with a
ceiling age limit of 12yrs. Contact
Diane on 07901924223

Saturday 13th

The Big light concert at
Snettisham Church with Erin
Elizaa and YOUR Choir. A
singalong concert for all the
family. Free entry.
Festive refreshments available.
And amazing lights!



Scan here for
up to date
event
information



Looking for new customers?



Promote YOUR business in Town and Around

*A trusted voice providing local
news, information and
affordable advertising every
month, without fail, since 2005
14,000 copies monthly*

Call 01485 540620

The Big Light Concert

at St Mary's Church, Snettisham
13th December at 6pm



FREE ENTRY



Refreshments Available



PRE-PAID FUNERAL PLANS | CHAPELS OF REST | MEMORIALS

Thornalley

FUNERAL SERVICES

King's Lynn 01553 771399 | Dersingham 01485 598598 | Swaffham 01760 721305

Behind every independent
business is a family that cares

www.tfs.co.uk



King's Lynn
Community
Cinema Club

The King's Lynn Community Cinema Club has an exciting new season of films and activities. There are two events scheduled for the month in Screen 2 at The Majestic, the first is a screening of at 7.30pm on Thursday 13th November, a Brazilian film I'm Still Here. The winner of the 2025 Oscar from the Best International Feature Film. A period political drama about a wife of a former politician during the military dictatorship in Brazil who is forced to reinvent herself and her family after an arbitrary act of violence.



Then at 7pm on Thursday 20th November there a special event a chilling evening of folklore and vintage horror presented in collaboration with the Norfolk Folklore Society and Reel Connections. There will be tales of Norfolk's big cat, the infamous Norfolk Puma and of the Majestic's ghostly secrets. Plus, a short film from the East Anglian archives and a classic thriller Cat People (1942). Tickets are from £4.95 direct from the Majestic.

KLCCC is open to anyone over 18 and costs £20 a season. There are 2 seasons a year each with 8 scheduled films that are free for members.

Membership can be arranged by emailing communitycinemaclub@googlemail.com. Alternatively, you can just come along to any film as a day member for £6 cash on the door. Full details of all the club's films and events can be found on the club website www.klccc.uk and Facebook page.

DIFFICULTY HEARING?



- ✓ **Free** hearing test
- ✓ **Free** hearing aid trial
- ✓ **Home** visits available
- ✓ **Easy** parking
- ✓ **Local Independent** hearing care
- ✓ **Latest** discreet & invisible hearing aids
- ✓ **Rechargeable** - no more batteries
- ✓ **Wax** removal service
- ✓ **Personalised** care plans

Your number one choice for hearing care!



SOUND ADVICE
hearing centre

101 High St, King's Lynn,
Norfolk PE30 1BW

also at

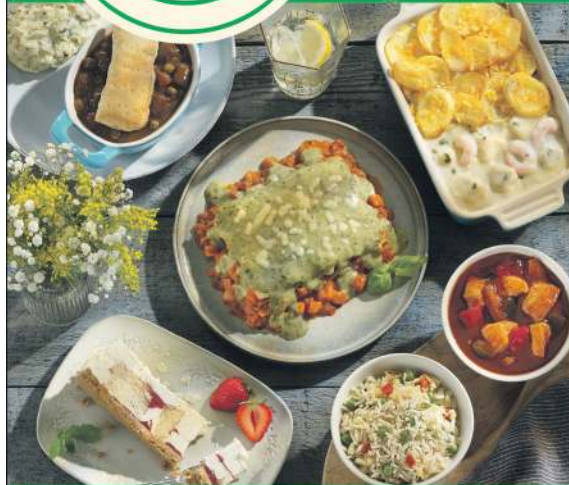
Downham Mkt Town Hall, Bridge
St, Downham Mkt PE38 9DW

(01553) 760250

www.soundadvicehearing.co.uk



Life in full flavour Delicious frozen meals delivered to you



Pick from a wide range of comforting meals including delicious breakfast, lunch and dinner options as well as mini meals and desserts.

We understand everyone has different tastes, so our aim is to have something perfect, just for you, within our range of over 300 dishes.

All these delicious dishes will be brought directly to your door by a friendly, local, reliable delivery driver.



**IT'S
MADE
FOR
YOU**

Softer Foods Range

Over 60 dishes suitable for a Level 4 Puréed, Level 5 Minced & Moist and Level 6 Soft & Bite-Sized diet.

Made to home-cooked standards, they are tasty, full of flavour, and are perfect for any meal occasion throughout the whole day.



**OVER
300
MEALS**

**No
contracts
so order
when you
need!**

**FREE
delivery**
on orders of
£30 or more

Call us today to request your Oakhouse Foods or It's Made For You brochure

01379 870 117 LOCAL RATE
oakhousefoods.co.uk

IMAGINE YOUR NEW KITCHEN, BEDROOM OR BATHROOM



THE POSSIBILITIES ARE ENDLESS

**A FAMILY RUN INDEPENDENT
KITCHEN, BEDROOM
& BATHROOM BUSINESS.
SHOWROOM AT
HORSLEY'S FIELDS, KING'S LYNN**

WE CAN OFFER THE FOLLOWING:

- A full refurbishment on your kitchen, bedroom or bathroom. Project managed from start to finish using one of our 5 teams of installers.
- A change of doors, worktops, sink, tap and wall tiles using made to measure doors creating a new look kitchen with less mess.
- **FREE** design and consultation service.
- **TRADE AND RETAIL** as well as supply only available on all products.

GIVING YOU MORE FOR YOUR MONEY SINCE 2009

Unit 2, Laen Court, Horsley's Fields, King's Lynn, PE30 5DD | Tel: 01553 765575

Email: sales@triangliadesigns.co.uk | Web: www.triangliadesigns.co.uk

**TRI
ANGLIA**

HOME DESIGNS LTD

In the Limelight

I literally live and breathe entertainment. I never refrain from the chance to take part in a standing ovation having watched something I have thoroughly enjoyed and appreciated. Why not? It's about collectively showing the act, show members or cast how appreciated and celebrated they are. As a prolonged applause, it's theatre etiquette and considered an honour. You won't be surprised that the word "ovation" comes from the Latin verb "ovare," which means to rejoice or exult, thanks to Ancient Rome.

We love to see our audiences stand and "ovare" and we are very happy for you to be reminded that we encourage plenty of audience appreciation in our Theatre. Likewise, if you have enjoyed your time here, tell us and give us a review.

We are proud to announce this year's Panto Charity Collection will be to EACH – East Anglian Children's Hospice. From Panto 2024 and The Summer Special we have raised over £6500. Natasha from EACH came to visit the Theatre during our Panto Press Launch to receive the Summer Show charity donation and was impressed with the Theatre and its charitable ethics. A BIG thank you from the charity and their families.

Further fundraising news, Jenny Chapman and our team of wonderful volunteers raised over £1,200 at the annual Macmillan Coffee Morning. The cakes were superb along with the raffle and tombola loaded with so many lovely donations from the Theatre staff and community.

Cinema Live is back on Sunday 2nd November at 2pm with a special family screening "Grow". An exuberant comedy tale full of giant pumpkins, madcap characters, and a little girl who just might be a pumpkin-growing savant. Join us to enjoy this seasonal fun film, the perfect way to end the week with a movie and some yummy snacks.

Cinema Live continues to deliver with "Bat



Out of Hell" the award-winning hit musical on Tuesday 4th November at 7pm. The cast of the West End production will bring Jim Steinman and Meat Loaf's iconic anthems to life, including I'd Do Anything For Love (But I Won't Do That), Paradise By The Dashboard Light, Two Out of Three Ain't Bad, Dead Ringer For Love, and, of course, Bat Out of Hell. The Musical promises a spectacle that will leave you breathless! This heart-pounding

experience, with a powerhouse eight-piece live band on stage, delivers a new production with sprawling multi-level platforms to transport you from Raven's bedroom to the underground world of the Lost in a visual feast that pushes the boundaries of live theatre.

The Theatre's programme of shows continues to brighten up any November night. Please see the back page this issue of Town and Around for a comprehensive list of what's coming up.

Step into Christmas, this feel-good show brings all the magic of the season to life, with all your favourite songs you will know and love, as a mid-week treat on Wednesday 12th November. We welcome back the Dazzling Diamonds on Saturday 15th November with new material guaranteed to have you laughing and dancing in your seat! Buddy Holly & The Cricketers at Christmas bring you a rock 'n' roll show with beautifully haunting ballads, energetic performances and some genuinely hilarious moments there is no live event that delivers a better Buddy experience. Book now for Saturday 22nd November.



We have it on good authority that Santa will be making his way to the Princess Theatre for his annual winter break. As Hunstanton, comes alive and celebrates all things festive on Sunday 30th November, Santa will be here to Meet and Greet from 1.30pm – 4.30pm. *Hunny Bear* will be pleased to welcome you and hear about your wishes for the month ahead.

The Sunset Wine Bar will be serving its famous "Mulled Wine", Mince Pies and plenty of cheer throughout the day and the Box Office will be open.

After the *Hunstanton Lights Switch On*, DJ Zola will be joining us with "Soul Under The Stars" on the Princess Theatre Sunset Bar Terrace. Wrap up warm, grab your seats and join us for the after party. The music begins at 5.15pm so you can warm up and boogie next to the beautiful Christmas Tree!

We love Panto season at the Princess Theatre and that's where all our wishes come true this year. This year's stellar cast bring you "Aladdin" it's a magic carpet ride of a Panto full of laughter, sparkle and festive fun. I caught up with Widow Twankey who started her laundry career at the *Laundry Basket in Northgate Hunstanton* a long long time ago!! Then moved on to *Stay Pressed in Heacham* where she refined her dry-cleaning

expertise...

These days she owns and runs her own business "Twankey's Laundry" with her son Aladdin and she has her work cut out keeping the Emperors frocks and Brian's socks clean!!

I asked Widow Twankey what her 3 wishes would be, she took her time thinking about these wishes...which is always a good idea!

A Wish for Love, doesn't matter how big or small old or young funny or serious as long as they are rich! Wish 2, for my wee boy Aladdin to be happy as happy as can be! Wish 3, I wish for all the Children to have all the wishes they wish for come true this Christmas!

Aladdin runs from Saturday 6th December to Sunday 4th January, so gather your family, make a wish, and join us for the most magical show of the year!

Looking to purchase a few Christmas Gifts? The Princess Theatre Gift Vouchers are the perfect pressie. With well over 100 shows already on sale for 2026 and more to be confirmed, 2026 is going to be packed full of new shows and some returning favourites.



The Box Office is Open from 10-4pm 7 days a week. Andy, Carol or Gill will be happy to answer any show related questions and make sure to book you the best seat in the house.

We look forward to welcoming you to the Princess Theatre, whether you are booking a show, popping by for a refreshment or here to enjoy and be entertained. Please consider joining in with an ovation or taking time to write a lovely review.

Best Wishes,



Anna

SAT 6th DEC - SUN 4th JAN

THE PRINCESS THEATRE

Proudly Presents

Aladdin

MAY ALL YOUR CHRISTMAS WISHES COME TRUES

2025

Silver Ticket Prices

Adult	£22.50
Child/Conc	£20.50
Family of 3	£57.00
Family of 4	£73.00

Gold Ticket Prices

Adult	£24.00
Child/Conc	£22.50
Family of 3	£62.00
Family of 4	£80.00

OPENING WEEKEND OFFER
All tickets £18.00

Children's Groups (10+) £13.00 per child
1 in every 10 goes FREE
(not available Christmas Eve or Boxing Day)

For Group or School Bookings
please contact the Box Office directly.

Box Office: 01485 532252

BOOK ONLINE

princesshunstanton.co.uk

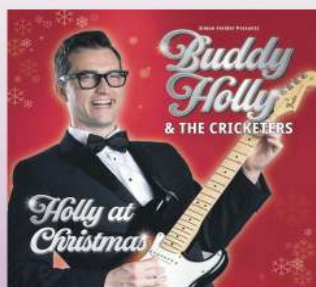
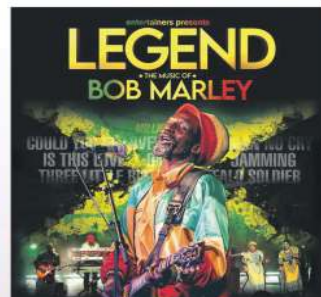
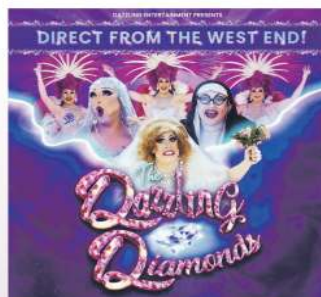
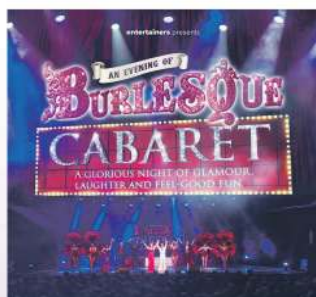
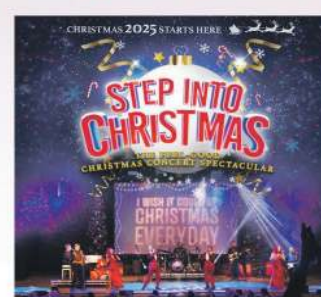


Princess theatre

November

What's on

SATURDAY	1ST	THE MAGIC OF THE BEE GEES
SUNDAY	2ND	CINEMA LIVE - GROW
TUESDAY	4TH	CINEMA LIVE - BAT OUT OF HELL
SATURDAY	8TH	GET IT ON - ONE NIGHT OF GLAM ROCK
SUNDAY	9TH	THE DRIFTERS
WED	12TH	STEP INTO CHRISTMAS
FRIDAY	14TH	AN EVENING OF BURLESQUE
SATURDAY	15TH	THE DAZZLING DIAMONDS
SUNDAY	16TH	LOST IN MUSIC
FRIDAY	21ST	LEGEND - THE MUSIC OF BOB MARLEY
SATURDAY	22ND	HOLLY AT CHRISTMAS



boxoffice@princesshunstanton.co.uk

Sunset Wine Bar & Box Office

www.princesshunstanton.co.uk

Open 7 days a week.

01485 532 252