

TOWN and AROUND

ISSUE 205 NOVEMBER 2022

PRICELESS!

12,000
copies
distributed in
West Norfolk
FREE

Local News • Events • Great Outdoors • Features

First word



Producing a magazine that you want to read is my prime objective. I hope you will find the varied content in this issue both interesting and stimulating.

Nationally, political events have been rather turbulent recently and the saga of the most propped-up hospital in the country continues (see p 6). With a new chancellor looking to cut future spending some fear the project is at risk. Please add your voice to the campaign now.

Cutting your energy costs is the theme of Dean Baker's Round the Bend article on page 12 and the Prudent Pensioner is back with an economic, nutritious soup on p55.

Based in Heacham, KL1 Radio will be on DAB from this month. The team of presenters have been in place since the launch of the station two years ago and they promise exciting times ahead. (p52).

November's diary can be found on pages 60-61 and there are three competitions for you this month. Turn to pages 18, 65 and 76.

Between editions we publish news stories on our website, do take a look at www.townandaround.net

My thanks as always to all our contributors.

With all best wishes,

Elaine

Elaine Bird, Editor,
Town and Around
The Perches, 18 Tapping Close, Snettisham PE31 7FF
T: 01485 540620 M:07533 088196 E: editor@townandaround.net
Town and Around is published by Elaine Bird and printed by
Mortons of Horncastle

Follow the latest stories at www.townandaround.net

and on Twitter @hunny_bird

www.facebook.com/pages/TownandAroundNorfolk

Our pick-up points include supermarkets in King's Lynn

Bookfest at Briarfields

Booklovers gathered at Briarfields Hotel in Titchwell on Sunday, October 16, when renowned author, Louise Doughty, gave an insight and answered questions about her latest novel, "Platform Seven".

British writer of fiction books since 1995, Louise's 2013 bestseller novel "Apple Tree Yard" was adapted into a highly successful TV series. Her latest novel, "Platform Seven" (2019), is currently being adapted as a four-part drama. Louise is the author of nine novels and five plays for radio.

Before enjoying Posh Afternoon Tea, Louise talked to the audience about her writing career and latest book, "Platform Seven". After the talk the audience enjoyed asking questions directly to the author, and having their copy of the book signed by Louise.

Briarfields is busy organising the next Bookfest events for 2023.

Tickets priced £20 will be on sale soon, which include Authors Talk and Posh Afternoon Tea. Please contact the hotel if you wish to be added to our mailing list. T: 01485 210742 or email: info@briarfieldshotelnorfolk.co.uk



Treat Yourself This November SWIM & GYM MEMBERSHIPS AVAILABLE

- > Direct debits available
- > **FREE** parking
- > No joining fees and no contracts
- > Members can bring up to 6 guests for an additional fee

*Terms & Conditions apply.

Monthly Memberships
FROM ONLY **£25** MONTH
Please scan QR Code to view details



Pool Parties

- > 1 hour in our Indoor Splash Pool
- > 2-course meal
- > Birthday cake (Chocolate or Victoria Sponge)



£9.95/CHILD

9th Birthday child

FREE!

£79.60 DEPOSIT

(Ts & Cs apply)

For more information please call: **01485 536029**

Or visit: www.searles.co.uk/facilities/indoor



PRINT IS KING!

Advertise your business here to your local community. We have published every month since 2005 with affordable advertising rates for ads that get results. Call 01485 540620

ADVERT SIZES

1/16 page: 42mm wide x 60mm high OR 88mm wide x 28mm high.
1/8 page: 88mm wide x 60mm high OR 180mm wide x 29mm high
1/4 page 88mm wide x 122 high (portrait) OR 180mm wide x 60mm high (landscape)
1/2 page 180mm wide x 122mm high (landscape) OR 88mm wide x 246mm high (portrait)
Full page 180mm wide x 246mm high
Centre DPS: 380mm wide x 246mm high

ADVERT PRICES

Size	1 issue	6 issues
1/16	27.00	22.50
1/8	52.20	43.50
1/4	86.40	72.00
1/2	161.82	134.85
Page	297.00	247.50
DPS	570.00	475.00

All prices are per issue, exclusive of VAT. Phone for more details.

The copy date is 12th of the month preceding publication.

No part of the magazine may be reproduced, stored in a retrieval system, or transmitted in any other form, or by any other means without written prior permission. Copyright © 2022 All Rights Reserved. This magazine reflects the views of its contributors; not necessarily those of its editor or advertisers.



- Live-in Care
- ♥ Home Help
- Companionship
- Personal Care
- ◆ Dementia Care



Home care with a *difference*

At Home Instead we believe in a more personal approach to care for our loved ones. It's one of the reasons why our home care service is rated outstanding by the care quality commission.

See how we can help you by giving us a call or visiting our website.



01485 496 987 | info@homeinstead.co.uk
homeinstead.co.uk/west-norfolk

Calling all vehicle technicians!

Abigail Brown

So, we're doing something a bit different for our monthly column this time as we have some exciting news to share...

Are you passionate about cars and looking to progress your career, build your skills and fulfil your potential in a fast-paced, challenging but supportive environment? If this is you, we may have the perfect job.

We have an incredible opportunity to join our successful business as a Vehicle Technician. We are ideally looking for a technician who is semi-skilled to skilled but are interested in hearing from anyone with experience working in a garage, whether as a tyre fitter or master tech.

K Brown Auto Repairs is a family-owned and run independent business based in King's Lynn and Hunstanton with a local reputation for being reliable, professional, honest and offering fantastic customer service. We provide multiple employment benefits and pride ourselves most on fostering a supportive, friendly working environment for our staff. Their well-being is a top priority, which is why all employees have access to a free, comprehensive health and well-being programme. The app/website offers advice on dealing with mental health issues and the chance to have confidential conversations with licensed professionals about everything from relationship troubles to

financial concerns. And, our directors and management team have an open-door policy. Staff have the chance to build relationships with other staff and the directors via regular company events and activities, including track days, which also involves the techs coming together to work on the cars beforehand. And the garages are not open on the weekends or over the Christmas/New Year period to help staff maintain a healthy work-life balance.

A big part of the role is growing skills and progressing in your career. Our technicians have the chance to work on all makes and models of cars - using the latest technology and equipment - build on current skills and learn new ones from senior members of staff. It's a chance to explore your potential and any necessary training will be organised and provided free of charge. We also offer in-house training programmes headed by senior members of the team.

This job is ideal for anyone who has experience in servicing vehicles, but if you don't meet this criteria but do have some experience in the workshop, please do reach out anyway in case there is a position we can offer you.

For more information about us and our careers visit www.kbrownautoskingslynn.co.uk/careers.

Visit www.kbrownautoskingslynn.co.uk/vehicle-technician-mechanic to learn more about the job and apply via Indeed.

Incinerator Update

Alexandra Kemp, Norfolk County Councillor Clenchwarton and King's Lynn South

Everyone now has the opportunity to register as an Interested Party to make representations about the Wisbech Incinerator. You have until 11.59pm on 15 November. You have to register on the Planning Inspectorate's "Registration and Relevant Representation Form". If you google the words ; Planning Inspectorate Medworth, this will bring you to the right page where you can also find the Application and Environmental Impact Assessment. If you cannot register online, call the helpline on 0303 444 5000 to request a paper form. It is most effective to give Planning Reasons in your representation. Here are some ideas:

1. All the Statutory Consultees, Norfolk County Council, King's Lynn and West Norfolk Borough Council, Cambridgeshire County Council and Fenland District Council, have objected. Norfolk County Council passed a unanimous Motion against the incinerator.
2. There is an oversupply of incinerators in the East of England. So the incinerator is not needed.
3. Waste can, and should be, reused or prevented. Glass, Metals, wood, paper, food can be recycled. The Government is going to enforce food collections in all areas which will further reduce black bin waste. I have asked Norfolk County Council to consider the development of technologies to reuse larger plastics. Incineration is an outdated technology, is against the circular economy and reduces recycling.
4. Incineration is against Net Zero. Every tonne incinerated, puts out at least a tonne of carbon dioxide, sometimes more. So the UK cannot meet its carbon reduction targets, if it builds new incinerators.
5. It would be a breach of the Proximity Principle. Waste would be brought in from areas of high population to areas of low population like the Fens. London's waste could be brought to the Norfolk border, as travel time of up to two hours for the waste would be permitted. This would affect rural roads.
6. Health – not all particulates or gases are captured or monitored by the filters, in the incinerator chimney stack. The residue can lead to acidification of the soil and can contribute to air pollution, affect the environment and human health.

7. The areas around the Ouse, the Nene and the Wash are subject to Temperature Inversion, where colder temperatures near the ground and warmer temperatures above, act as a lid on pollution and it can stay in the air for days. The weather conditions in West Norfolk would make the incinerator more likely to cause harm to human health.

8. The prevailing winds from the Wash are south-westerlies, which could carry the airborne detritus from the incinerator to West Norfolk. The wind direction is wrong.

9. The tall 90- metre incinerator chimney stack, would put out particulate matter, gases and form secondary particles high over the landscape, which could be more likely to descend over West Norfolk, than directly below around Wisbech. MVV have not provided a contour map.

10. The All-Parliamentary Group on Air Pollution called for a moratorium on all new incinerators on health and environmental grounds in December 2021.

11. Health is a Planning Reason. Cancer-causing dioxins from nearby incinerators have been found in eggs 10 km away. This incinerator could affect the food chain in farms in West Norfolk.

12. Children's health. Matter from incinerators has been found in children's toenails, related to lung conditions.

13. Levelling Up. Incinerators are more likely to be built in deprived areas, as the operators know that the health effects can be masked by deprivation. The population of the area around Wisbech and the Fens in West Norfolk is among the most 30% deprived in the country. So building the incinerator would be against the principle of equality of health life chances. Air Pollution already causes 40,000 early deaths in the UK. The incinerator could make this worse. 1 in 10 cases of lung cancer in the UK are caused by outdoor air pollution.

14. Although West Norfolk and King's Lynn could be more affected than Wisbech by airborne pollution from the incinerator given the existing weather conditions, the residents of King's Lynn were not consulted about the incinerator. The firm only consulted within a narrow radius of up to 5 km and this was not sufficient.



K. Brown

Auto Repairs

King's Lynn and Hunstanton



YOU DON'T HAVE TO PAY MAIN DEALER PRICES TO GET MAIN DEALER QUALITY

**JARGON
FREE
STAFF**



**52 POINT DELUXE
GOLD SERVICE £245**

**45 POINT SILVER
SERVICE £165**

**34 POINT BRONZE
SERVICE £95**



Both garages personally run by Keith & Tamsin Brown



**ALL
WORK
GUARANTEED**

- ✓ WE ARE SPECIALISTS OFFERING DIAGNOSTICS SERVICING AND MOT'S AT GREAT PRICES
- ✓ WE SERVICE VEHICLES UNDER WARRANTY
- ✓ WE PRIDE OURSELVES ON EXCELLENT SERVICE AND CUSTOMER CARE
- ✓ 35 YEARS OF EXPERTISE IN THE INDUSTRY
- ✓ WE HAVE 10 FULLY QUALIFIED TECHNICIANS
- ✓ WE SERVICE ALL MAKES AND MODELS

King's Lynn
(just behind Booker)

CALL US TODAY TO BOOK YOUR NEXT SERVICE
KING'S LYNN: 01553 763763
HUNSTANTON: 01485 533786

01553 763763

OPEN MON-FRI 8.30-5.00

www.kbrownautoskingslynn.co.uk



Prices quoted are for cars/vehicles over 3 years old, Please note all prices displayed are correct at publication

Deja Vous

Jo Rust

Independent Borough Councillor – Springwood Ward
Secretary – King's Lynn and District Trade Unions Council

Here we go again. Another month and another health minister promising to visit the Queen Elizabeth Hospital and take a look at the 2500 props stopping the roof from falling in. Do we really need Therese Coffey to come and take a look? Can't her three predecessors tell her how bad it is? Ah well, it's a good photo opportunity for them I suppose.

You'll have seen from my figure above, that the number of props needed has grown hugely. While we know that the situation isn't going to improve, it's still a shock to think there are four times more props than there are hospital beds. And that number is set to grow to about 3000 by Christmas. It must be so worrying for both patients and staff. The thought of the cold weather on its way and which can exacerbate the problems just adds to that worry.

One of the few benefits to having a new Prime Minister is that the plight of our hospital is now making national news. I've spoken to both Newsnight and ITV about the matter and I sincerely hope they do feature a story about it as that adds to the pressure to fully fund a new build.

There is a consensus that the only way forward is with a new building, but it's having that political will to fund it that we're waiting for. Worryingly, budget decisions made in the last few weeks are likely to have an adverse impact on the funding for the new hospitals programme. It's been revealed that the original list of forty new hospitals are way behind schedule and the additional eight new builds were only ever planned to be small scale units and not full hospitals in the sense that we think of them. So where does that leave those of us who use the QEH?

Still in a state of limbo I'm afraid. I know the exec team at the hospital are optimistic, but when we look at the current economic crisis, something has to be given up to try to balance the books and it could well be our need for a new building.

We've already heard from Liz Truss saying that she can't make any promises about a new hospital and that's so disappointing, but not at all unexpected. When she was just a constituency MP Liz Truss was rarely seen in the area. That's just going to get worse now she's the PM. But for her constituents, and all of us who rely on the NHS, we need to know what's going on and we must hear soon. The reason being is that come 2030, our hospital will have to close sections of the building and we will have to lose services due to the RAAC planks and the dire state of repair they're in. So, we must keep the pressure up and we



There were 200 of these holding up the QEH in November 2021, 500 by May 2022, 2,500 at the time of going to press and 3000 likely by Christmas 2022.

must keep the state of our hospital in the public eye because it's only by shaming the government that we can hope to get what we need, a brand new hospital that is fit for our needs now and the future.

Please copy or cut out, sign and send the letter below left to the Secretary of State for Health, without delay.



**Secretary of State for Health
House of Commons, London SW1A 0AA**

Save the QEH, King's Lynn

Dear Secretary of State for Health,

I am writing to ask that as a matter of urgency you include the Queen Elizabeth Hospital, King's Lynn, on the list of hospitals to go forward for full funding for a new building.

I am urging you to make the announcement immediately so that our hospital can meet its projected timescales and not risk closing some services due to the estate reaching the end of its life.

The current situation is untenable; staff are working in a challenging environment and the poor physical estate is having a detrimental impact on the confidence that patients have in the QEH, as well as impacting on staff morale and well-being.

No more delays - Fully Fund a New Build NOW.

Regards



Scooter Hire from £12 per day.

Breakdown | Service | Repair

Emergency breakdown collection, repairs, punctures, batteries (supply & fit).

michael@hunstantonmobility.co.uk
Call Michael on 07939 233205 or 01485 533532



 hunstantonmobility

You In Mind
Hypnotherapy + Counselling
Here to help

Depression | Stress | Relationships | Bipolar | M.S. | Bereavement | Pain Management | Phobias | Weight Problems | Addictions | Confidence Issues
And more

Call me now on
07842 974 748

www.sandiepayne.co.uk
support@sandiepayne.co.uk



We're Hiring

Home Instead Norfolk is hiring CAREGivers now

We are looking for people with kind, compassionate hearts who want to make a true difference to the quality of life for our clients to join our team in Norfolk.

01485 496 987 | recruitment@hinorfolk.co.uk
homeinstead.co.uk/west-norfolk/vacancies/



Inspected and rated

Outstanding ★



Hunstanton Community Fridge

By the Community Fridge Volunteer Team: Amanda, David, June, Lesley, Penny, Rachel, Rita, Ronan, Zena

Since its inauguration in June 2021 the Hunstanton Community Fridge has been run by a team of environmentally spirited volunteers. The remit of the Community Fridge has always been to collect surplus food from food outlets and redistribute amongst the wider community, thus saving these perfectly edible/usable items from being thrown away.

We are delighted to say that in this relatively short time span we have saved over 15 tons of food from being wasted and going into landfill. A tremendous achievement and one of which we are very proud!

The volunteer team have really enjoyed being part of this great initiative. Besides helping to raise awareness of environmental issues, and the privilege of helping members of the community, we have above all else enjoyed meeting, chatting and welcoming our customers, many of whom have become friends.

All the volunteers would like to wish the Community Hub (Hunstanton Town Council) success with the future of the project.

As from the 26th October the Community Fridge is moving from its premises at Hunstanton Community Centre to its new home at The Community Hub. Enquiries to Jan Roomes, Town Clerk 01485 532402 clerk@hunstantontowncouncil.gov.uk



Some members of the Community Fridge Volunteer Team

+THE CORNER CHOIR +

Supporting worship in the N.W. corner of Norfolk:

♪ 'Let all the world in every corner sing, 'My God and King!' ♪

Join us in singing an Advent Choral Service in two churches:

**Brancaster Parish Church, 4pm, Saturday 26th November
&
Heacham Parish Church, 4pm, Sunday 27th November.**

**Rehearsal dates and times
(Tea available from 3.30 pm.)**

Thursdays:

October 27th, St Edmund's Church Hall (3.59 pm - 5pm);
November 3rd, Heacham Church (3.59 pm - 5 pm);
November 10th, St Edmund's Church Hall (3.59 pm - 5 pm);
November 17th Heacham Church (3.59 pm - 5.30pm);
November 24th Brancaster Church (3.59 pm - 5.30pm);

RSVP: Heather Wells, telling me your voice type (soprano, alto, tenor, bass): heatherm.wells1@btopenworld.com ♪

The choir will be lead and conducted by Heather Wells, who has been increasing her proficiency as a church organist under the tutelage of Julian Haggett (organist, St Peter Mancroft). Prior to that, she gained the Dip.ABRSM in Singing Performance. Heather is training in choral conducting (or arm-waving!) with ABCD (the Association of British Choral Directors). She has given song recitals and a recorder recital in the local area.

The Accompanist will mostly be Adrian Flower, supported by other local organists.

SEARLES CHRISTMAS FAIR

THURSDAY 10TH NOVEMBER, 10:00AM - 5:00PM

Free entry, light entertainment, Santa's grotto, raffle and a variety local craft vendors.

IN AID OF WEST NORFOLK MIND

Located in La Piazza, Searles Leisure Resort
South Beach Road, Hunstanton, PE36 5BB

THANKS TO SOUND ADVICE HEARING NOW I HEAR EVERYTHING!

FREE
HEARING
TESTS

amazing
**SPECIAL
OFFERS**
available

We would like to invite you along to our
EXCLUSIVE 'HEARING' OPEN EVENT

Tues 8th & Weds 9th November 2022

Meet our hear care team & take advantage of our **FREE** Hearing Aid Trial Offer*



"I want four things from a hearing aid centre. They need to be qualified, professional, reasonably priced and crucially, if or when a fault occurs, they address the situation swiftly. Sound Advice Hearing tick all of these boxes and so many more." **Mr. Martin**

"I can honestly say we are both extremely delighted with the very high level of service and understanding.... & without hesitation happily recommend you to anyone needing help with their hearing.." **Mr. Bell**

"We care about you and your hearing"

UP TO
£500 OFF

every hearing
system purchased
during our open
event*

- ✓ **EASY** parking
- ✓ **FREE** demonstration
- ✓ **INVISIBLE & RECHARGEABLE** hearing aids available
- ✓ **INDEPENDENT** advice from a long established family business, helping people to hear for the last 85 years!
- ✓ **FREE** video tour inside your outer ear!
- ✓ **FREE** hearing aid trial offer*



Sound Advice Hearing is your go to choice for all hearing healthcare matters and we are delighted to bring to you the latest hearing aids that are about to take the world by storm. 'It's the world's first hearing aid that lets users hear the world as it is. Backed by science. Proven in tests. Preferred in real life'. These new comfortable hearing aids are a **revolutionary game changer**. Come along and meet our friendly team & have a free demonstration to see how you can transform your hearing and your life!

Join us for tea / cakes & learn more about your hearing

*On selected products & subject to terms & conditions



SOUND ADVICE
hearing centre

www.soundadvicehearing.co.uk

To book an appointment during our open event, call us **NOW. BOOK EARLY**
TO AVOID DISAPPOINTMENT, as demand for appointments is extremely high.

101 High Street, Kings Lynn, Norfolk PE30 1BW

t: **01553 760250**

FREE
HEARING
AID TRIALS*

A page from the Sage



Hi there everybody. Here's my page for the month of November 2022 in Town and Around issue 205.

RAF Bircham Newton

I was given some Bircham RAF station information and as there are many people in the Hunstanton and West Norfolk area who have served in the RAF or are interested in it I got my grandson Scott to type it out for me so that you can all read it. It contains a list of all the commanders of RAF Bircham Newton from beginning to end.

Soon after the birth of the Royal Air Force, Bircham Newton was one of the first stations to be opened by the newly formed Air Ministry and in May 1918 No 3 Fighter School arrived for a stay of six months.

In the meanwhile a bomber force called the Independent Air Force was formed to bomb strategic targets in Germany. A squadron with Handley Page V/1500 aircraft began to form at Bircham Newton, but due to delays in aircraft productions, the Armistice was signed before any bombing operations took place. Apart from two short breaks of a few months in the early years, Bircham Newton remained a bomber station until 1936. Many famous bomber squadrons spent varying periods on the station, and the well-drained but bumpy grass surface of the airfield became very well known to Royal Air Force pilots, including the many flight cadets from Cranwell who landed on it in the due course of carrying out practice cross-country flights.

In 1936 Bircham Newton was

transferred to Coastal Command, and on the outbreak of war in 1939 the station began the maritime operations on which the station was primarily employed throughout the war. Bircham Newton's aircraft, including Canadian, Dutch and Fleet Air Arm squadrons flew on convoy escort in anti-submarine operations, shipping strikes, photographic reconnaissance, air-sea rescue operations and metrological reconnaissance. As a diversion coastal command, aircraft from Bircham Newton operated at times unspectacularly but always relentlessly. The map in the operations room saw the nature of the operations change from anti-invasion measures in 1940 through the middle years of struggle in the North Sea the sharp activity in support of the invasion of Normandy and finally to the harrying of the reeling enemy. With the peace in 1945 came the end of Bircham Newton's maritime role.

For the next two years as the Initial Conversion Unit in Transport Command Bircham Newton saw the training of pilots, navigators, air signallers and flight engineers in the transport role. In 1948 the station was transferred to Technical Training Command and the Officers' Advanced Training School moved from Hornchurch. This school was joined by schools for secretarial and equipment officers, and the RAF School of Administration was formed. Eight years later as part of another reorganisation, the secretarial and equipment officers' schools left Bircham Newton and were replaced by the Administrative Apprentice Training School from Hereford. At the same time the Officers' Advanced Training School was renamed the Junior Command and Staff School.

Now in December 1962, the Junior Command School moved to Tern Hill and the last three entries of the Administrative Apprentice Training School, which was running down move back to Hereford. The unending process of development and change leaves no place for Bircham Newton in the Royal Air Force and the life of the station

comes to an end. This life of 44 years falls into two main phases operational flying and administrative training; these two phases bridge the whole range of Royal Air Force activities thousands of hours have been flown thousands of officers and completed administrative courses and many administrative apprentices have started their service life at Bircham Newton. The memories of these 44 years will endure.

Commanders

Wing Commander the Hon. L. J. E. Twisleton-Wykeham Firmes 1924-1927, Wing Commander T.O'b. Hubbard M.C.A.F.C 1927-1929, Wing Commander R. Jackie D.S.C. D.F.C 1929-1931, Wing Commander C. Pulford, O.B.E. A.F.C 1931-1932, Wing Commander R. Collishaw D.S.O O.B.E D.S.C D.F.C 1932-1935, Wing Commander R. G. Gardner D.S.C 1935-1936, Wing Commander H.M.K. Brown 1936-1937, Group Captain J. W. Woodhouse D.S.O Mc 1937-1938, Group Captain C. L. Scott D.S.C 1938-1939, Group Captain W.H Primrose C.F.C 1939-1941, Group Captain J. B. Graham M.C A.F.C 1941-1942, Group Captain J.M. Mason D.S.C D.F.C 1942 Group Captain T.H. Carr D.F.Cc A.F.C 1942-1943, Group Captain C.W. A.F.C 1943-1944, Group Captain R.W.K. Stevens 1944-1945, Group Captain J. Norwood 1945-1947, Wing Commander L.H Anderson 1947-1948, Air Commodore A.McKee C.B.E D.S.O D.F.C A.F.C 1948-1949, Air Commodore R.N Waite C.B C.B.E 1949-1950, Group Captain G. R. Montgomery C.B.E 1950-1952, Group Captain E. J. Laine C.B.E. D.F.C 1952-1955, Group Captain A. J. Mason D.F.C 1955-1957, Group Captain G.B Walford O.B.E 1957-1960, Group captain M. Wyatt D.F.C 1960-1961, Group Captain A.D. Panton O.B.E D.F.C 1961-1962.

Sandringham Estate

Now that sadly and suddenly our Queen Elizabeth II has passed away I thought I would write a line or two about the Sandringham Estate which is now in the hands of her eldest son King Charles III. The Sandringham Estate was

purchased in the early 1860s by Queen Victoria as a wedding present for her son the Prince of Wales. At the time of purchase it covered 7,000 acres now being through the ownership of five different monarchs including Her Majesty Queen Elizabeth II, all of whom have purchased more land, it now covers over 22,000 acres.

I think I am right in saying that in 1964 when HM Queen Elizabeth II had 300 acres of land reclaimed down Wolferton Marsh that was one of the last areas of land to be added to the estate.

The house and grounds have been altered a lot over the years; in the early 1900s my grandfather worked at Sandringham House as a chimney sweep, the house at that time had 365 rooms the same as days in a year, making it the largest private residence in England, and they nearly all had fireplaces. In 1912 central heating was installed and my grandfather was given the job of stoker/boilerman which he did till about 1920 when he left Dersingham to take on the Fox and Hounds pub at Marham.

At one time there was a ten pin bowling alley in Sandringham House but in the 1970s a lot of building work was done on to make it a lot smaller.

When the Second World War started the golf course in the park was ploughed up so crops could be grown on it for the war effort, the iron railings around the park were taken down and sent away to be melted down and Sandringham House, the big house as it was called, was closed down so when the royal family came down they stayed at Appleton House.

King George VI had a flax factory built at West Newton, many people, mostly women, worked there during and after the war. There were buses going round the villages picking the workers up and taking them to the factory. They also had an experimental unit at Flitcham Hall. Many people worked on the estate - when my uncle went to work there in 1934 there were 90 people in the gardens the woods and the parkland plus people working in the studs at Sandringham and Wolferton so the work force at Sandringham



IN CASE OF EMERGENCIES



24 Hour Call Out Service

01485 570578

Select Option 4 Before 8:00 / After 17:00

 OUR MAIN LINE DIVERTS
TO AN EMERGENCY LINE
DURING OUT OF HOURS

foremanandsonltd.co.uk

info@foremanandsonltd.co.uk



was very large.

When the Prince of Wales took over the Sandringham Estate a lot of the cottages were in bad repair so he repaired them and had some new ones built and since then each monarch has improved the estate and now it is very modern. When Prince Philip had a say in running the estate one of his ideas was to convert all the greenhouses in the kitchen gardens to grow mushrooms in. Game shooting on the estate was a big thing for many years, breeding pheasants on the estate was stopped many years ago but there are lots of wild game on the 22,000 acres. The Queen very much enjoyed walking out with the guns so I hope that His Majesty King Charles III will keep up this tradition as I am sure he will.

Advisory Group

Listening to my newspaper for the blind I heard mention of a Hunstanton Advisory Group consisting of five members of the Hunstanton Town Council, well over the years many of this type of group has been set up with not much result.

One of these groups was set up

in 1974 and as the Blue Lagoon was demolished in 1967 this was at the top of their agenda for a new pool/leisure centre. Well, the town did get it, the Oasis, but they had to wait seventeen years till in 1984 the oasis was built. The Oasis is now well past its sell by date so it has been there thirty eight years; when it was built it was said it had a lifespan of twenty five years. There has been talk of a swimming pool and leisure centre being built on the recreation field but that is just pie in the sky.

Another thing that was mentioned in 1974 was the reconstruction of the slipway on to the beach from the promenade at the end of Seagate Road. The old one was taken away as it was dangerous with a lot of cracks and holes in it, now this slipway was a very important one, it not only was a way for people to get on the beach for people with prams and push chairs it also acted as a very good groyne/breakwater to keep the sand on the beach. We have been told many times that this slipway will be built but I looked on the webcam this morning it is still not been built that is about 50 years after we were told it would

be!

There are many things the town of Hunstanton needs, including a new promenade, new doctors surgery, a bus shelter at the top of Princess Drive, but there is certainly one thing Hunstanton does not want and that is no more new houses being built in and around the town, I wish this new advisory group the best of luck.

Clay pipe

It was very good to see the very nice letter from Mr Owen though I do not recall him as in my 30 years at the Kit-Kat and 18 years at the Showboat I met thousands of people and at the Showboat I would try to speak to every one as they came in. As to the clay pipe I seem to remember Ken Arnott telling me once that there was a pair of old cottages on the Golden Lion site that were knocked down long before the Lion was built so it may have come from there. My grandad, who was a warrenner at Smokers Hole near Thetford, smoked a clay pipe right up until he died in 1948.

That's all for now, keep a troshin'.

The Boy Dick, Sunny Hunny
01485 535658

Christmas
Wreath Class
Thornham
Village Hall
7th & 8th
December

Call Caroline
07889755948 to book
your place
£10 booking fee
required

PEAK FEET PODIATRY

TEL: 07766 996270

Peakfeetpodiatry@yahoo.com

**HCPC REGISTERED
PODIATRIST/CHIROPODIST.**

*Podiatrist with 25 years
nhs/private practice
experience.*

*Home visiting service.
All aspects of footcare*

DBS CHECKED & INSURED.

Round the bend with Dean Baker

How much is a Kilowatt hour or mind my draught-excluder!

Let's get straight to it – saving energy! First off – find out where heat in your home escapes and the cold air comes in. Places that may let in draughts include windows, doors, floorboards, chimneys and loft hatches. Hold a candle near windows and doors to see if the flames dance around, suggesting a warm air leak. Alternatively, try a thermal leak detector, such as the Black and Decker TLD100. You can buy this for £48.95 or rent one from £5 a day on the Fat Llama marketplace.

Secondly, it's worth draught-proofing your internal and external doors. For gaps at the bottom of the front and back doors, the most durable choice is a 'brush' draught-excluder. You can make your own draught-excluders for internal doors using rolled-up towels or tights stuffed with old clothes, buy cheap or second-hand draught-excluders on sites such as eBay.

You can buy rubber draught seals from DIY stores and fit these around the sides of your external doors. Install metal keyhole-covers, and Mrs B's fave tip – fit a letterbox brush to keep the heat in your home.

Plug unused chimneys with an inflatable chimney balloon, available online for £20 or so. Or create a DIY plug with balls of newspaper or old pillows. The Energy Saving Trust estimates that installing a chimney draught-excluder can save about £65 a year on energy bills.

Members of the Facebook group Energy Support and Advice UK, use clingfilm fixed on to the inside of window frames to keep their homes warm. You can also buy purpose-made 'secondary-glazing film' online for about £10, and shrink it to fit your frame using a hairdryer. Self-adhesive foam strips can be sealed around windows to prevent air leakages.

More next month ...

But before I go there's time for a recap on the old energy price cap. This applies to you if you are not on a fixed tariff. Because of the recent increase in the price of wholesale gas the price per unit that suppliers need to charge. To protect us, the consumer, the government announced the Energy Price Guarantee. This new scheme reduces the unit cost of energy. For an individual customer the amount you pay still

depends on how much you use.

Electricity is now charged at £0.34p per kWh with a standing charge of 46p a day. Gas is charged at £0.10p per kWh with a daily standing charge of 28p a day. Suppliers can't charge you a higher price per unit than the cap. Keep on top of your meter readings. If you're worried contact your supplier or ofgem.gov.uk – their website is very helpful.

Until next month – all the best.

Dean Baker
plombierdean@yahoo.com
Tel 07973 131 906.



Round the Bend



DEAN BAKER

PLUMBING REPAIRS

TAPS & TOILETS

DRIPS & LEAKS

Tel: **07973 131 906** E: plombierdean@yahoo.com

New Drama Club opens in Hunstanton

Professional drama teacher Ann McKimm is leading the club for youngsters aged 8-12

Sponsored by the Hunstanton and District Festival of Arts and Hunstanton Town Council, the first session of the new club will be held in the Town Hall Hub on Tuesday 4th October 4-5pm.

With no amateur pantomime at the Town Hall this year, Ann McKimm recognised that youngsters wouldn't have the opportunity to take part in what she describes as a really fun activity.

Ann said: "I started acting at the Modern College of Music and Drama in Walthamstow when I was eight years old playing Alice in Wonderland, I was hooked and my passion for drama has given me a wonderful career and a lifetime of pleasure.

"I'm a member of the Festival of Arts and so I took the idea of a new drama club for youngsters to fill the gap left by the pantomime and the group agreed to sponsor it.

"The Town Council agreed to come on board by allowing us to use the Town Hall Hub free of charge."

Having qualified as a LGSM in 1982, Ann went on to gain her LAMDA qualification and her teaching career in schools and colleges included courses up to and including A level plus LAMDA and Guildhall exams.

"There will be homework," she said, "but fun is guaranteed and the youngsters will make new friends, work with others and gain confidence through storytelling, mime, improvisation and theatre games.

"The first term will run up to the Christmas holidays and if there's a demand we shall continue in the New Year."



Licentiate of the Guildhall School of Music and Drama (LGSM) and LAMDA qualified teacher Ann McKimm

Ann says that the club is suitable for all abilities and she's hoping that some enthusiastic young people of 14+ might want to come along to gain experience and learn about teaching drama themselves.

The cost is £2 per child and includes a drink. Please call 01485 533933 with any enquiries.

Come along and join the Hunstanton Drama Club!

THE WHITE HORSE

HOLME - NEXT - THE - SEA

CHRISTMAS MENU

from
28th Nov - 24th Dec 2022

THE WHITE HORSE

Lunch & Dinner

To Start

Cauliflower & Stilton Soup with Garlic Croutons
Smoked Mackerel Paté with Melba Toast
Baked Avocado, Tomato, Shallots
& Austrian Smoked Cheese
Prawn and Cockle Cocktail,
Aioli Sauce and Baby Gem Lettuce

To Follow

Roast Turkey Crown, Pigs in Blankets, Homemade
Bread Stuffing, Roasted Potatoes, Roasted Parsnips
with Gravy & Seasonal Vegetables

Seabass Fillets, Courgette Ribbons, Garlic Butter
and New Potatoes, Roasted Lemon

* Rump Steak served with Field Mushroom,
Grilled Tomato, Beer Battered Onion Rings,
Chips & Peas

Potato, Spinach & Pinenut Gratin
with Tomato & Mushroom Sauce

To Finish

Christmas Pudding with Brandy Sauce
Passion Fruit Panacotta
New York Cheesecake & Fruits of the Forest
Selection of Cheese with Biscuits,
Onion Chutney, Cellery & Grapes

2 Course £19.95 3 Course £24.95

* Supplement of £2.00 applies



BOOKINGS NOW BEING TAKEN

Tel: 01485 525512
Email: whitehorseholme@gmail.com

CHRISTMAS BOOKING FORM

Please check availability as soon as possible to avoid disappointment, in order to confirm your booking just fill in the form below and bring it to the White Horse with your deposit, alternatively call us with your requirements.

Date: Time:

Contact Name:

Number in party

Address:

Postcode:

Tel:

Email:

Christmas Fayre Lunch ☐ Dinner ☐

STARTERS	QUANT
CAULIFLOWER & STILTON	
SMOKED MACKEREL	
BAKED AVOCADO	
PRAWN & COCKLE	
MAINS	QUANT
ROAST TURKEY	
SEABASS	
RUMP STEAK	
POTATO SPINACH & PINENUT	
DESSERTS	QUANT
CHRISTMAS PUDDING	
PASSION FRUIT	
NEW YORK CHEESECAKE	
CHEESE AND BISCUITS	

Food Allergies and Intolerances, please speak to a member of our staff for advice on ingredients used.

Resort's new land train is named after Richard Searle

Searles Leisure Resort has found a replacement train after its former loco was retired this summer after thirty years of service.

The hop-on, hop-off train is an easy and convenient way for guests to travel around the park, stopping at its many different leisure, entertainment and dining facilities.

It also heads out of the resort and into Hunstanton town centre, allowing passengers to disembark at attractions such as Old Hunstanton Beach and the lighthouse.

The search for a new land train began earlier this year, and was headed up by Andrew Searle, a director of the 60-year-old family business which welcomes many thousands of visitors each year.

The quest was threatening to hit the buffers until, by chance, Andrew received news of a land train that had been discovered in the remote north Cumbrian village of Lazonby.

On journeying up to take a closer look, he was delighted to find that the train had three passenger carriages – exactly the number sported by its predecessor.

And the icing on the cake was its striking blue-and-white livery, the colours which Searles has used for decades on its signage and advertising.

The deal was struck, and the train was transported from Cumbria to bespoke vehicle specialists Electromec Services in Exeter for a thorough check-up and servicing.

Finally, in July this year, the now gleaming engine and carriages arrived in Norfolk to



Richard's name is on the door

begin their new life beside the seaside – and a fond farewell was made to the old train.

But just one issue remained, explained Andrew – just what should the new train be called?

The question was posed to Searles' many followers on social media, and a lively debate followed which resulted in scores of suggestions.

Eventually a winner emerged, and the train has now been called "Richard" in remembrance of Richard Searle MBE, the father of Andrew, Paul and Joanna who today manage the park.

It was Richard who pioneered not just the concept of a land train, but also introduced many of the much-loved features of Searles which helped transform it into a major holiday resort.

"Our train has brought many happy memories and enjoyment to the tens of thousands of people who have used it over the years," said Andrew.

"It's more than just a fantastic way to get around our resort and visit local landmarks, but also one of the reasons why visitors return time after time to Searles.

"My brother and sister and I are delighted that it now bears the name of our father, and celebrates the amazing work he did in popularising tourism in this part of Norfolk.

"His tireless enthusiasm and enterprise was also the reason that Richard was made an MBE by Queen Elizabeth, in 2001, and the train is a great way to remember him!"

There is more information about Searles Leisure Resort at www.searles.co.uk

King's Lynn's royal connections - History repeats itself after 400 years...

King's Lynn Town Hall in the Saturday Market Place is also known by its fifteenth century name of the Trinity Guildhall. The building was originally the meeting place for a religious guild of merchants known as the Guild of the Holy Trinity.

Following recent royal events Gary Walker, who is a Town Guide in King's Lynn, contacted us at Town and Around with details of a remarkable coincidence.

Gary said: "The close historical connections between the area and the Royal Family go back a long way and by coincidence, the entrance hall to the Trinity Guildhall in King's Lynn's Saturday Market Place, has two royal coats of arms above the door, the first being that of Elizabeth 1st and the one above being that of Charles II, the only town in the country to display the two coats of arms together in that way.

"The coat of arms of Elizabeth 1st was put there when the entrance hall was added to the building in 1625, the coat of arms having been previously part of St James Church, which at the time had fallen into disrepair. The coat of arms of Charles the II were added in 1664, following the restoration and replaced the coat of arms of Oliver Cromwell's 'Commonwealth'.

"I'm sure the town elders at the time the original coats of arms were placed on the Trinity Guildhall could not have imagine the significance



of having the two monarchs, an Elizabeth and a Charles represented in such a way, when two monarchs of the same names would follow one another, in succession, some 400 years later."

**DALEGATE
MARKET** PE31 8FB
BURNHAM DEEPALE
Shopping & Café

North Norfolk Coast shopping, food & drink

'Great little shopping precinct with good mix of shops. Well worth a visit.'

One Stop Nature Shop Relish Boutique Gone Crabbing Fat Face The Hare & The Hen
Driftwood Glass Studio Deepdale Café Deepdale Stores Pop Up Shops Information Centre

Tel: 01485 210305

www.dalegatemarket.co.uk

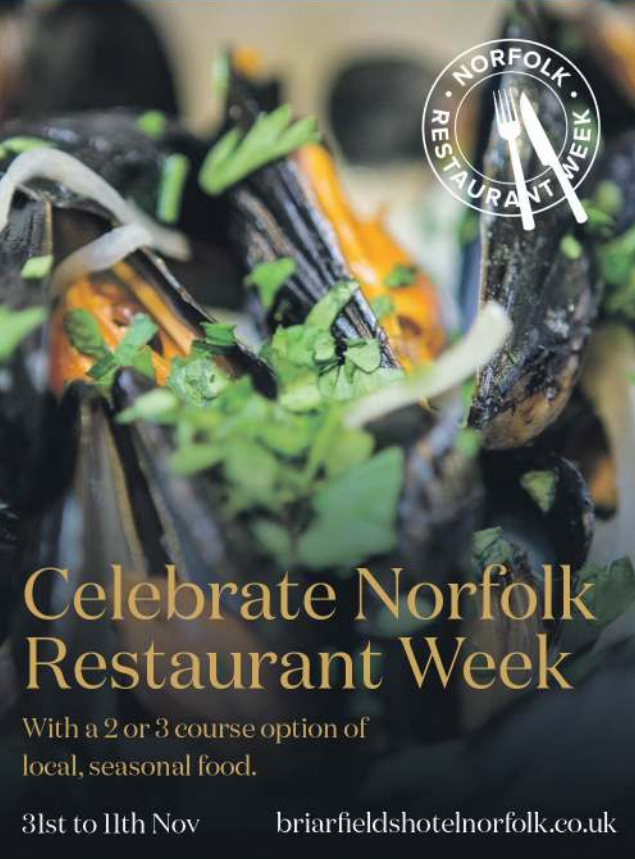


Briarfields
COASTAL HOTEL

Party nights £42 for 3 courses

10th, 16th, and 17th
December, 7pm - 12am

Book Now



**NORFOLK
RESTAURANT WEEK**

Celebrate Norfolk Restaurant Week

With a 2 or 3 course option of
local, seasonal food.

31st to 11th Nov briarfieldshotelnorfolk.co.uk

BagLadies of Thornham

The BagLadies of Thornham are busy working hard towards our Annual Winter Gift Fair on Saturday 3rd December 2022 from 10.am to 4.pm

We have a good selection of stalls offering unique gifts as well as our delicious jams, marmalades and refreshments.



You can pre-order our homemade Christmas cakes or puddings by contacting:

carolynbarrett@hotmail.co.uk
or Telephone 01485 525655
suewarham@googlemail.com
or Telephone 01485 512546



The BagLadies of Thornham
invite you to our annual

WINTER GIFT FAIR

SATURDAY 3RD DECEMBER 2022
10am – 4pm Free Entry
THORNHAM VILLAGE HALL
HIGH STREET, THORNHAM
PE36 6LX

Unique Gifts
Seasonal Produce
Delicious Refreshments



Raising funds for Thornham village projects



Healthy Feet Footcare

Treatments we offer include nail trimming, corns, calluses, verrucas, thickened & fungal nails

Clinic Locations
The Therapy Shed - Heacham
King's Lynn Town Centre

Home Visits Also Available

Contact Michele on:
07891 638812
michele@healthyfeetfootcare.co.uk

Registered footcare practitioner and graduate member of
The College of Foot Care Practitioners (Dip.TCFCP)

QUALITY PROPERTIES FOR EVERYDAY PEOPLE
NORFOLK Your local, flexible, friendly,
independent agency

HOLIDAY HOMES **01485 534267**
Call us or book online

Self-catering coast and country



**We can let your holiday home
anywhere in Norfolk too!**
info@norfolkholidayhomes.agency
www.norfolkholidayhomes.agency
70a Westgate, Hunstanton PE36 5EP

The end of the year.....

Sandra Hohol, Norfolk Holiday Homes

01485 534267 www.norfolkholidayhomes.agency

As the children are now back at school and holiday makers have thinned out, we are breathing a sigh of relief this year as this last season has brought a bit of trauma to the office. Holiday guests seem to have behaved somewhat differently this season. For many reasons. The following is just one scenario.....

Owning a holiday home comes with responsibilities. Repairs, maintenance, legalities should all be a priority for owners, keeping everything up to date to save guests experiencing problems during their holiday. Common sense really. Plus, there is the wear and tear, and the small things that you have to bear yourself as a holiday home owner. But when do you start to think about whose responsibility is it when an accident happens? For example, a child's nosebleed on sheets, towels, etc. Or an accidental spill of wine on the carpet or a wet bed. The damage from the latter should not happen as there should be waterproof mattress protectors. Then you get the smaller damages of broken glasses, crockery or an ornament. These are dismissed and easily replaced. But in larger damage scenarios, how far does 'par for the course' go?

I always advise owners to go for coloured

laundry so any marks cannot be seen after washing. Mediocre quality, easy to launder with a thread count of 180 -200. White laundry may look pristine, fresh and perfect. Definitely not a very good choice when families and pets venture onto the beach and back – straight into the bedrooms. A recipe for total disaster. This has happened a few times this year and owners are asking for replacement linen. Who is responsible? We know the principle of the matter is that if damage it you pay for it. Which brings me back to the questions of responsibilities and 'par for the course'. Large issues cannot be ignored easily and thankfully are accepted by honest guests or they own up to them and thus dealt with very amicably.

On the other hand, for the sake of aggravation, accusations, upset and time factors is it worth trying to retrieve monies from guests when they do not own up and argue that it was not them? With large weekly rentals coming in to the owners, it is surely quicker to purchase new items and sometimes necessary at short notice if there are no spares available. Replace and move on. Not what we would hope for but less aggravation, upset and time wasted.

A returnable breakage deposit is paid by

guests, and the majority are honest and helpful but there are those who are give grief and I won't detail the 'tit for tat' factors and excuses we have had over the years. I have a housekeeper who takes photos of the mattresses and pillows when she changes them. 'Once bitten, twice shy' in this owner's/housekeeper's case as the guest denied removing the mattress protector – child wet the bed and guest denied all knowledge, blaming the previous family. There is usually proof, but the blame is shifted and we have to deal with the fall out.

I have even offered to refund a few owners the cost of a single sheet just to keep the peace as they wanted reimbursing due to 'make up' being found on the sheet when guests left. Guest denied all knowledge, saying that they used the dressing table only and the marks were on the sheet upon arrival. Indeed, make up stains and drops of blood, have headlined reports from owners a lot this year. For all the 'too-ing' and 'fro-ing' we have had to do between owners and guests, the time wasted on this, has been remarkable.

Finally, I am not totally criticising guests as I feel that owners should not miss £20 or so here and there for the sake of the odd sheet needing replacing.

THORNHAM CINEMA IS BACK !

On Wednesday, 16th November we welcome you to 'Operation Mincemeat' with free admission to celebrate.

Please ring 07469 044 554 to book your seat. Doors and bar open at 6.30pm and the film starts 7pm.

And another date for your diaries:

Friday, December 16th. 'The Duke'. Tickets £5.

New Hunstanton Women's Institute

Bryony Bax was the speaker at our last meeting, helping children and young adults in Kenya. We had bric-a-brac and clothing donated by members for our stall at the Dersingham WI's Autumn Fair.

At our November meeting on Thursday 24th we shall be preparing for the Christmas tree Festival at the Town Hall in December. Enquiries to 01485 532174

Selling your home to appeal to energy efficient buyers

By Melanie Robson, Solicitor, Hayes + Storr

Energy efficiency matters more to some home buyers these days than the size of the garden. According to a recent survey by Money.com, solar panels now rank ahead of ensuite bathrooms and, as energy prices rise, this trend looks set to continue. So, if you are selling your home, how can you make your house appeal to today's energy efficient buyers?

Fortunately, you can improve your home's performance and make it easier to sell without spending a fortune.

Your EPC can help you

You will need a valid Energy Performance Certificate (EPC) before marketing your home, and it will then be available to any potential buyer.

The EPC is a short report, produced by an accredited energy assessor, on the energy efficiency of a property. It will rate your home A to G, with A being the most energy efficient grading. The EPC should also include recommendations to improve your home's rating. An EPC lasts for ten years. So, your home may already have one. If you cannot find a copy, you can check on the website: www.gov.uk/find-energy-certificate.

Take care to consider the EPC's recommendations before putting your home on the market. It may reveal some straightforward ways to make your home more energy efficient. If you are commissioning a new EPC, you may want to increase your home's energy efficiency first. There may be cost-effective ways of doing this, for example, by switching to LED bulbs or insulating your loft. You can find suggestions at Simple Energy Advice.

Having a higher EPC rating may be more important for some types of property, from 2025, the Government may require rental properties to have at least a C rating. So, if your property could appeal to buy-to-let investors, then you may want to bear this in mind. Currently a privately rented property must have a rating of no less than E.

Every home is unique, and what works well for one property may be more difficult to implement in another. Some properties may not be suitable for cavity wall insulation due to solid walls or because the work may aggravate damp issues.

Upgrading to a new boiler, or installing double, or even triple, glazing could make your home more attractive to buyers concerned about rising energy costs.

Make sure you obtain all the necessary statutory consents

Most significant improvements, including solid or cavity wall insulation, double glazing, solar panels, or new boilers, all require building regulations consent. However, if the contractor installing them is authorised under the Competent Person Scheme, then all procedural matters will be dealt with as standard.

Other consents you may need

Occasionally, there may be title restrictions

which mean you need a third party's consent. If you plan major work, such as installing solar panels, then you should check your property's title for any restrictions first.

Keep the paperwork safe

Remember to keep any guarantees or warranties safe. Your buyers are likely to require these before completing their purchase.

For further information, please contact Mel Robson in the residential property team on 01553 778900 or email mel.robson@hayes-storr.com.

This article is for general information only and does not constitute legal or professional advice. Please note that the law may have changed since this article was published.



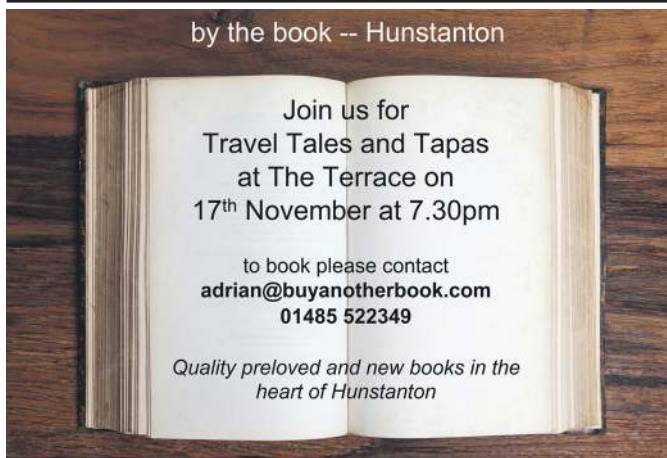
Your legal matters in safe hands for generations

Hayes + Storr Solicitors handle a whole range of family, property and business legal matters with care and professionalism.

Call us today **01328 863231**
www.hayesandstorr.co.uk

Fakenham | King's Lynn | Swaffham | Holt | Sheringham

HS
HAYES + STORR
SOLICITORS



T.M. electrical **Tony Morgan**
 Mob: 078844 54480
 E: TMElectrical2010@btinternet.com

Extra Lights | Sockets | Showers
 Storage Heaters | TV & BT
 Fuseboards Replaced
 Cookers Supplied and Connected
 Electrical Inspection Certificates | Rewires

T.M. ELECTRICAL

Small jobs a speciality ♦ I don't charge the earth

Terrington St Clement author's new book

Lovers of crime fiction and Norfolk based novels have a treat in store as Ken Ward's fourth book in the DI Keane series is published. 'Time for Revenge' is a crime novel set in Terrington St Clement and features Detective Inspector Ray Keane and his team who are based in King's Lynn C.I.D.

Former baker and office worker Ken started writing in 2010. He said: "I self-published my first book titled One Good Shot, then having made friends with a writer I was lucky that she had a publishing house and the next two books, Tower of Silence and Knife of Honour were through Karabeth publishing.

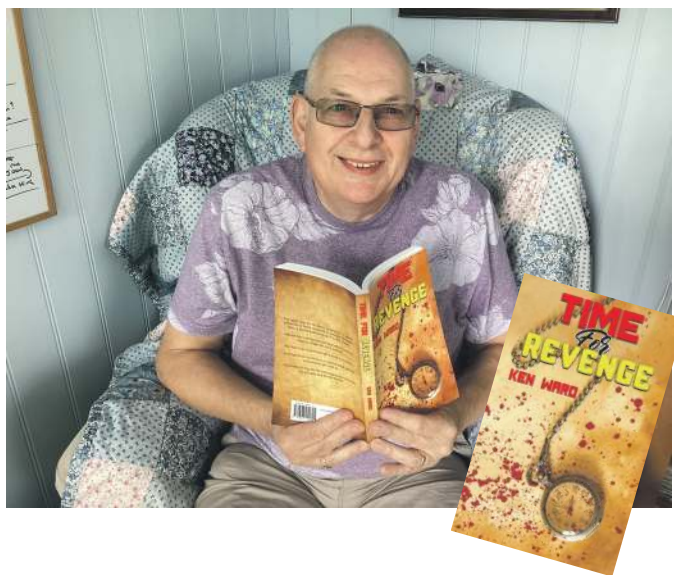
"During the first lockdown I made the decision that I wanted to write full time and 'Time for Revenge' is the result of this decision.

"I went through several companies via the internet and Austin Macaulay Publishing accepted my manuscript."

The story follows the team as they uncover the facts behind a murder of a retired police officer in the Terrington St Clement. The case is personal for Ray as he used to work for the murder victim, things get complicated when a second body is found. It is a person who has been missing from his family for some time. The case is finally resolved, though not in the way any of the team expected. As things conclude Ray is finding his private life is moving along nicely, as for work he is about to have to get used to a new Superintendent as well as a new Detective Sergeant, first impressions are good.

Married to Jan, sixty-two year old Ken is already working on his next novel and as he writes the couple's two poodles, Duggie and Violet, like to keep him company. 'Farmyard Killings' will be available next year.

Published by Austin Macaulay, the Time for Revenge ISBN number is 9781398451315.



Win a signed copy of Time for Revenge

Ken is offering one lucky Town and Around reader a signed copy of Time for Revenge. Just send an e mail saying why you would like to read the book to editor@townandaround.net or post to 18 Tapping Close, Snettisham PE31 7FF. The closing date is 20th November 2022.

Please be sure to include your address and telephone number with your entry.

Disabled Lynn man achieves 50th challenge at the London Marathon

Gary Walker

Gaywood man Mark Howard, achieved his 50th personal challenge when he completed this year's London Marathon in his wheel chair in a time of 5 hours 26 minutes.

His challenges have included cycling sportives, half, and full marathons, despite being a wheelchair user. He started in 2016 with the Edinburgh Marathon which he completed on his crutches.

After the London Marathon Mark, who was injured while serving in the Life Guards, said: "Whilst I was exhausted and suffering cramps at the 22-mile point, the brilliant positive energy of the crowds and the sheer magnitude of the event helped me to the finishing line."

Mark is a Fundraiser for The Bridge for Heroes military veterans Charity based in King's Lynn, his challenges all being to fund raise for the charity. Anyone wishing to support Mark can do so by donating to his Just Giving page www.justgiving.com/fundraising/mark-howard37 or direct to www.justgiving.com/wishing.





A FANTASTIC
RANGE OF
DESIGNS FROM
CONTEMPORARY
TO CLASSIC



Reeds
All your home needs



A WORLD OF CHOICE AT REEDS

UNBEATABLE PRICES FROM A FAMILY BUSINESS YOU CAN TRUST!

SOFAS | CHAIRS | FURNITURE | BEDS | MATTRESSES | FLOORING | CURTAINS | BLINDS AND MORE!

Opening Times: Mon – Sat 9am to 5pm in Downham and Ely | Sunday 10am to 4pm in Ely only

Visit the café in our Downham Market Store where delicious food and drink awaits you.



Check out our website reedshomestore.co.uk | Find us on facebook for the latest updates



REEDS Furniture, Flooring, Bed Centre & Homestore, Bridge Street, **Downham Market** PE38 9DS T: 01366 382213

REEDS Furniture, Flooring & Bed Centre, Lancaster Way Business Park, **Ely** CB6 3NX T: 01353 669754



'Go wild' for East Winch RSPCA wildlife shop

A fantastic wildlife gift shop
is now based at the
East Winch Wildlife Centre, PE32 1LG

Selling an amazing array of wildlife gifts;
situated in the Centre's new visitor &
education centre



Parking available on site - and a chance
to support local wildlife artists and
designers

Opening times:
Friday: 11am-4pm
Saturday: 10am-4pm

To find out more, and learn more about the work of the RSPCA East Winch Wildlife Centre, visit:

facebook.com/RSPCAEastWinch

Royal Society for the Prevention of Cruelty to Animals - rspca.org.uk. The RSPCA helps animals in England and Wales. Registered charity no. 219099. The RSPCA only exists with the support of public donations. Copyright ©RSPCA 2022. All rights reserved.

'Go Wild' shopping!

Norfolk residents looking for some unique Christmas presents are being urged to visit the RSPCA East Winch gift shop and help support local wildlife at the same time.

The wildlife gift shop is based at the East Winch Wildlife Centre in Gayton Road, East Winch and sells unique gifts including wildlife themed art work and sculptures as well as food and items to support the wildlife in your garden.

The money raised will go towards helping the thousands of animals which are cared for locally at the centre every year.

The shop is situated within the newly revamped visitor centre.

The shop will sell all things wildlife related with everything from stunning seal sculptures to creative teapot bird boxes as well as cuddly toys, cards and prints and hedgehog houses and wildlife food.

Many of the art works and sculptures have been created by dedicated wildlife artists who will donate part of the sale to the wildlife centre, several artists are based in Norfolk.



The RSPCA is a charity and we rely completely on donations from the generous public so we have to do all we can to raise the much-needed funds for the centre.

Open:
Friday 11am-4pm
Saturday 10am-4pm
Parking is available.

THE QUEEN AND HER CORGIS



I have to admit that my sisters and I shed a few doggy tears when we recently watched our Queen's funeral with our pawrents. It was pawticularly touching to see her horse, Emma, and her two corgis, Muick and Sandy, looking on from a distance. These doggies were gifts from her son, Prince Andrew, and his daughters in 2021 and they will now be looked after by Andrew himself, and his ex wife Sarah Ferguson who both live at the Royal Lodge on the Windsor Estate. However, we mustn't forget the Queen's other dog, a four year old cocker spaniel called Lissy, who is now living with her trainer. She will no doubt be very sad to never see her mum again. Ziggy Bear, Clara and I sent out a message soon after the funeral with some pictures of our Queen and her dogs at various stages in her life, and we were amazed when we saw all the lovely, warm comments by humans around the world - our comments were seen by well over four million humans and doggies. How woofastic is that!

Now I have recently been doing a lot of research about the Queen and her four legged companions. Did you know that she said that her corgis were her family? She absolutely adored the breed. Over her lifetime she had many corgis and apparently it all started when she was just a seven year old girl. In 1933 she had some friends who had one and she loved it so much she decided she wanted one too. Her father and mother also adored them. Since the age of seven she had never been without a corgi in her life and even used to breed them. She never sold any of her puppies though - they all stayed with her or were given to breeders, relatives or friends.

Elizabeth and her husband, Prince Philip, would often walk with the corgis scampering ahead of them. She called the woof woofs her 'girls' and 'boys'. Princess Diana is said to have called them 'a moving carpet'. They went where the Queen went, from palace to palace, on helicopters, trains and limousines. It seems as if they never wanted for anything.

It is said that Prince Philip did not share his wife's passion for her corgis. Apparently he used to complain about them, saying to her at least on one occasion, 'Bloody dogs! Why do you have to have so

Hooch Pooch Parlour



City and Guilds Qualified Dog Groomer

We offer: Hand Stripping, Full Dog Groom,
Wash and Blow Dry, Nail Clipping, Puppy Sessions.

Call Sarah based in Snettisham

Mobile: 07950 888 449

many?' One year, when the Barking Bugle team went to Sandringham to see the Royal Family come out of the church at Christmas, Prince Philip looked at Frodo (BB founder) sitting in his stroller and asked my pawrents, 'Is he dead?' He certainly had a sense of humour and I can quite imagine him moaning about the Queen's beloved corgis.

When I was doing my research I discovered that Elizabeth also had dorgis, a cross between dachshunds and corgis. This all came about because her sister, Princess Margaret, had a dachshund called Pipkin, and this dog mated with a corgi named Tiny in the 1970s. Both the Queen and her sister loved the resulting puppies so much so that they began to breed them. Ten dorgis were born over the years, all of which had long tails but were smaller than pedigree corgis. The royal household's breeding programme ended several years ago, as the Queen was said to be unwilling to leave young dogs behind when she died.



The Queen's mother, who also loved corgis, introduced a very disciplined regime for the doggies. Their diet was approved of by veterinary experts and they used to eat at 5pm precisely. Their menu was typed up every day and hung in the royal kitchen. Needless to bark that

they ate really well; their meals were prepared by a gourmet chef you know! Sometimes the Queen herself poured gravy over their meals before they began woofing it down. Extra treats were handed out for celebrations and rewards.

The corgis slept inside the Queen's private apartment at Buckingham Palace where there was a special corgi room in which wicker beds were raised, lined with cushions to keep draughts away. The doggies even had special rubber-soled booties made for them to protect their feet from gravel as they walked about the palace grounds.

At Christmas at Sandringham the Queen used to make individual stockings for all her doggies and put treats in each one.

Although the corgis were a lovely part of the Queen's life, allowing her to relax from the rigours of her duties, there have been a few issues! In 1968 Labour MP Peter Doig (Now, that's a superb name, isn't it?) called for the royal staff to put up a 'Beware of the dog sign' at Balmoral after one of the corgis bit a postman.

In 1989 it was repawted that the royal family had hired an animal psychologist to tame the dogs after they developed a habit of nipping the staff. Indeed in 1991 the Queen herself was bitten and had to have three stitches in her left hand after trying to break up a fight between ten or so of her corgis.

There have been some super pawsome highlights of the Queen with her beloved corgis over the years. I was too young to remember but I hear that in 2012, among the opening scenes created for the London Olympics, her three dogs named Monty, Willow and Holly were featured alongside Elizabeth and Daniel Craig in the James Bond sketch. During the Queen's Platinum Jubilee in June this year there was a gathering of 70 corgis at Balmoral and a 'corgi derby' at Musselburgh racecourse.

During her life it is obvious the Queen really doted on her corgis. Royal author, Penny Junor, wrote, 'Dogs and horses are her passion and it is with them and the people who share that passion that she truly relaxes. Horses are a rich man's game but dogs are not. They are a great leveller and attract people from all walks of life. Over the years she made genuine friendships with many dog owners.'

At the Barking Bugle we love doggies of all breeds and sizes. The Queen did too, particularly her corgis. These wonderful furry animals are now known across the globe because of Elizabeth. Many items such as statues and other works of art have been dedicated to them. What a truly lovely, inspirational, dutiful and caring lady she was! Although we have met many humans in the Royal family unfortunately we never got the oppawtunity to give her our woofs of appreciation. May she rest in peace with all the doggies she has known who have crossed over to the Rainbow Bridge!

Huge woofs,
Miss Zsa Zsa Gapaw - Canine Editor at The Barking Bugle



Festive Menu **PRE-CHRISTMAS DINING** **7TH NOVEMBER - 18TH DECEMBER**

Served 12-2.30pm and 6-9pm daily



Groups welcome • Booking Essential
Pre-order required

Old Hunstanton Road, Old Hunstanton Norfolk PE36 6HH

Tel: 01485 533486 Email: mail@caleyhallhotel.co.uk

www.caleyhallhotel.co.uk

CÖASTAL **Veterinary Group**

16 Alma Road, Snettisham

King's Lynn, Norfolk, PE31 7NY

- ✓Caring, friendly and professional
- ✓Fully independent practice
- ✓24 hour emergency service
- ✓Full surgical facilities
- ✓On site x-ray facilities
- ✓Home visits available
- ✓Off street parking

Tel:01485 544201

Email: info@coastalvets.co.uk

www.coastalvets.co.uk



Borough Council News - Heacham, Sedgeford and Fring

Cllr Terry Parish Leader of the Group of Independent Councillors

Winter is approaching and the combined effects of rising prices across the board is a worry to many residents.

To this end, a motion was proposed at full Council at the Borough on the 13th October. It was proposed by Independent Councillor Chris Morley. In essence, it asked the Council to set up a hardship fund for householders in need over the next two years. The money, some £2 million, to come from general reserves which are more than sufficient.

Cogent arguments in support of the motion were made by many Independent and Labour members with the inclination to provide such support as soon as practicable. The Deputy Leader of the Council, in the absence of the Leader, responded with the announcement that the Council was going to extend the low summer rates for families at leisure centres into the autumn and some money was available for communities to heat 'hot spots' so vulnerable people could leave their homes sometimes to sit in halls.

All the Tory members voted against the motion to improve the lot of vulnerable people this winter, all the Independents and Labour voted for it. As the Tories have a small majority, the motion was lost. The expressions on the faces of some of Tory members underlined the fact that their decision had been whipped – they had no individual choice in the matter.

The next motion, by Independent, Cllr Sandra Squire,

was more successful and received unanimous support. It confirmed the Council's continued commitment to the improvement, preservation and protection of the environment, habitat and biodiversity of West Norfolk. Good you might say, and it is, but read on.

The third motion was a follow on from the last and was proposed by me. It asked for the Council to deplore recent announcements by the Truss Government which, if carried through, will severely damage the environment and measures to protect and enhance biodiversity. After giving details, the motion asked for the Council to raise its concerns known to the Prime Minister. The result was, all the Tory Councillors voted against, all the others for. The Cabinet spokesperson stated that I couldn't expect Tory councillors to vote against their national leader. Party before doing the right thing. That's why I am an Independent.

The intention of the Truss government proposals is to remove laws and environmental regulations covering sewage pollution, water quality and clean air and also include the habitats regulations which have attempted to protect wild life for the last 30 years. The Borough Council will be powerless to meet their promises in the earlier motion, (paragraph 4).

The RSPB, Wild Life Trusts, Angling Trust, National Trust, Campaign to Protect Rural England, and a raft of other organisations are all against the

recent proposals 'of environmental vandalism'. And so are many Tory MPs. Michael Gove warned of the dangers of reneging on promises made to protect our rivers and environment. Lord William Hague, a former Tory Leader, wrote that, "the idea that we can choose faster growth at the expense of our environment shows an inadequate understanding – we are biological creatures that need a thriving ecosystem around us."

Motion 4 was proposed by Independent Cllr Morley. It recognised that the grand project of the Guildhall in Lynn had had a lottery fund application rejected. This left a shortfall of some millions. He asked that government requirements for some funding to be found from local businesses, likely benefitting from the project, was sought and no additional funding was provided by the Borough Council. The Tory response was no, the missing £3million or so funding could be found (somewhere) in a couple of years. This is counter to an argument made against the hardship fund proposal, motion one, which said the £2 million could not be used now in case it was needed in four years time. All other councillors, bar two abstentions, voted for the motion.

This Council meeting was the first meeting attended by me in three weeks. I had been firing on one eye after an operation and, at the time of writing, will likely be so for several more. This has hindered local work too.



There are a number of local matters but I will bring several significant planning applications to your attention.

The following two are applications related to Wild Ken Hill:

22/01650/FM Mount Pleasant Farm Lamsey Lane.

22/01648/FM Heacham Bottom Farm off A149

These applications have the potential to influence all of Heacham and it is important that public comments are received. They can be made up to the Thursday before committee. Date to be advised.

The one below relates to a replacement dwelling on Heacham park:

22/01644/F

To be consistent in my approach, I will call all three in and, depending upon public responses, all three will go to planning committee.

There is a plethora of other applications in Heacham, Sedgeford and Fring. Please look on the planning portal and/or scan newspapers.



07944 954455 | info@bristerdecorators.co.uk | bristerdecorators.co.uk



**SUMMIT
ARCHITECTURAL LTD**
DESIGN, DRAWING AND SERVICES FOR
PLANNING, BUILDING REGULATIONS
BUILDING NOTICES
3D SITE AND BUILDING DRAWING
01485 570472
07787 568908
ivan@summitarchitectural.co.uk



evergreen

Equity Release Solutions

Remember, Remember the Fifth of November
AND
Remember to contact JAMES
about **EQUITY RELEASE**

- 
- Pay off your existing mortgage
 - Help your children get onto the property ladder
 - Buy another home
 - Carry out those home improvements
 - Make your life easier by assisting with the cost of living



Evergreen Equity Release Solutions is a trading style of Barrett Batchelor Mortgage Services LLP and is a Limited Liability Partnership. Registered in England and Wales number OC367701. Authorised and Regulated by the Financial Conduct Authority

CONTACT US: Suite 203, 27-28 Tuesday Market Place, King's Lynn, Norfolk, PE30 1JJ
Telephone: 01553 692800

Wild in Westminster and West Norfolk



It is three years this month since I was selected as the Conservative Party candidate for North West Norfolk and I remember that evening in Lynn's town hall well. It marked the beginning of my campaigning on one of the priority issues I spoke about that night and during the general election – namely securing major investment in a new QEH. That remains my priority and I hope that we are getting close to confirmation that QEH will be one of the new hospitals.

As I write, I have just met with the newly appointed health minister leading on the new

hospitals programme to review QEH's bid to be one of the new hospital schemes. I highlighted the impact on patients and staff of the reinforced autoclaved concrete (RAAC) and the new figures QEH released which show that there are now 2500 timber and steel supports in place which underlines QEH's position as the most propped hospital in the country. He was particularly concerned about the risk to safety which I have highlighted repeatedly in Parliament and which the Trust is managing.

The new Health Secretary will be joining her predecessors in coming to QEH to see for herself the issues but importantly to hear direct from patients and staff. Having already hosted three health ministers, I sincerely hope that this will be last visit needed before we get the decision on a new hospital. This campaign is something of a marathon and while there is real frustration at the length of the process my message is that now is not the time to give up or lose

focus – I certainly will not be. Having enjoyed running the London Marathon and raised £3500 for local charities thanks to generous donations, I know how important it is to keep up that effort all the way to the finish line.

As we move through autumn into winter, people are facing higher bills including energy. Since last month, the energy price guarantee has kicked in which reduces the unit cost of electricity and gas so that a typical household will pay around £2,500 on average on their energy bill for the next six months. Households not on the gas grid and therefore relying on heating oil or other fuels to heat their homes will receive a £100 payment in addition to the £400 payment – although I've raised constituents concerns that this is not high enough. Business, charities, and public sector users will benefit from similar protection from the high prices.

Even with the guarantee this is still a big increase on prices although without government

action bills were predicted to hit £6,000. As well as central government support, Norfolk County Council is leading a fund of nearly £8 million to help with the cost of living. This will include cost-of-living vouchers for families of free school meals eligible children, the Norfolk Assistance Scheme which provides emergency financial help and essential household goods. district councils will get funding to provide community support.

The increase in costs we are experiencing owe much to Putin's illegal invasion of Ukraine. As well as focusing on developing new energy generation at home, better insulating our homes, and being more energy efficient, we need to focus on boosting growth in order to improve living standards and put more pounds in people's pockets.

James Wild MP
House of Commons
London SW1A 0AA
Tel: 020 7219 6968
james.wild.mp@parliament.co.uk

Pride in our Neighbourhoods 65

Andrew Murray

Referendums were held on 16 June for both the Heacham and Hunstanton Neighbourhood Plans. More than 50% of those who voted were in favour of the plans coming in to force. They are now material considerations when development applications are submitted in both parishes.

The Hunstanton Neighbourhood Plan was sent to Mr Nigel McGurk for independent examination. He seemed to have a hostile approach and did not consider that several of the policies in the draft were supported by sufficient evidence and justification. Hunstanton Town Council is to seek professional advice focussing on how to collect and present the evidence that is needed to justify policies a) concerning the footprint of buildings as a proportion of the plot size; b) a design code and c) the restriction of new housing to those who will occupy them as their principal residence.

Heacham's Plan was sent to Mr Andrew Ashcroft. The Examiner made some modifications to the Neighbourhood Plan, which the Parish Council largely accepted, apart from some modifications to policies 11 (Holiday accommodation), policy 15 (Dark Skies) and Policy 17 (Settlement breaks and supporting text). Accordingly, a further focused "Consultation on the Proposed Modifications of the Examiners Recommendations" was undertaken by the Borough Council from 29 October to 10 December 2021, to allow the Neighbourhood

Plan to depart from the Examiner's modifications. This did not give rise to any material objections and the Plan therefore moved forward to Referendum.

Both plans came into force on 30 June 2022. It is important that careful monitoring of the way in which the plans may influence the way in which applications are determined both by the planning officers under delegated powers and by the Borough's planning committee. The plans need to be kept under review to ensure that they are fit for purpose and continue to serve the interests of the community.

Brancaster was one of the first in Norfolk to have a Neighbourhood Plan. It was adopted in 2015 but experience showed that many of the original intentions were either ignored or circumvented by those wishing to develop sites through replacement buildings or enlargement of existing premises. A review was needed to refocus, clarify, redefine and update the policies in the light of experience and changing legislation.

A plea for help

It can be argued that as the neighbourhood plan has only just come into force, it is too soon to embark upon a review. However, the policies in the Hunstanton Plan were formulated as a result of a questionnaire circulated in April 2016 and two public meetings held later that year. In the past 6 years, people have become much more aware



of environmental issues. With the developments at St Edmund's Park and the Hopkins Homes estates and elsewhere, many new people have come into the town, some of whom will have had experience of local government and perhaps of planning. The Neighbourhood plans need to be in conformity with both the Borough's new Local Plan (2016 -2036), currently with independent examiners and the expected changes to the National Planning Policy Framework. As the results of the 2021 Census become available, they may produce further insights that will need to be considered.

The town's Neighbourhood Plan working party are anxious to hear from residents about their views on where development might take place and how it may look. Residents can be co-opted onto the working party and take a lead on specific aspects.



Block Paving | Landscaping | Patios | Roofing & Repairs | Flat Roofs | UPVC Roofline | Renovations
Extensions & Conservatories | Resin Driveways, Patios & Pathways



Proud members of

Checkatrade.com
Where reputation matters



CALL JOE: 07555 730 857 - OFFICE 01485 558 582

www.leemacconstruction.co.uk

leemac ltd@gmail.com

52 Poplars Avenue, Heacham, Norfolk PE31 7EA



HOTEL · RESTAURANT · GOLF

HEACHAM
MANOR



Entice your tastebuds this Autumn

With our new Autumn and Vegan menus now available in the Pavilion & The Mulberry Restaurant.

OPEN TO EVERYONE | SUNDAY LUNCHES | AFTERNOON TEA | FESTIVE DINING

Scan the QR code or visit: www.heacham-manor.co.uk or Simply Call: 01485 536030



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

Hunstanton Helping Hands Café

Based in the Community Hub, lower floor, the Helping Hands Café is currently open on Mondays from 10am – pm. This community cafe is open to everyone and operates on a pay what you can afford basis.



Local electrical company, Hughes, donated a microwave and slow cooker for the project and the sessions are run by volunteers and are supported by representatives each week from Citizens Advice, Adult Services, Voluntary Norfolk and the new Wells Community Shop offering food supplies at greatly reduced prices.

Mayor, Cllr Maureen Howard said: "We have been overwhelmed by the support of local residents coming forward to offer their services on a voluntary basis to help get this project up and running."

Cllr Adrian Eden who is overseeing the project commented: "The Council's first aim is to prevent hunger amongst the most disadvantaged in our town. Our secondary



aim is to prevent food waste. With the support of local businesses we are starting to meet those aims.

"We soon discovered that a lot of elderly disadvantaged folk in the town are very lonely so we have welcomed them too. We make no set charge for food and drinks though some folks do like to leave a small donation.

"For those who are in need, there are a team of volunteers present each week who can offer time to listen or chat or even play a board game. We also have trained support workers should you need any advice or support regarding benefits or financial difficulties, housing or homelessness issues, addictions, domestic abuse or any other issues. If we are unable to help, we will try to suggest an

alternative organisation that may be able to".

The Helping Hands Hub team also hope to incorporate healthy eating cookery courses as well as 'art therapy' sessions which we are planning to offer in the New Year.

Moving forward, Hunstanton Town Council's Community Fridge scheme will be relocating to the Hub to run alongside the HH project. Members had hoped the current Community Fridge volunteers would relocate with the fridge but sadly they have decided not to at the present time. Hunstanton Town Council would like to say: "Thank you to them all for their hard work over the past 18 months and for promoting awareness of food wastage in the local community."

Local marketing support for Heritage Open Day

Heritage Open Day in King's Lynn and West Norfolk was celebrated by widely with many people visiting the area's historic buildings open to the public, free of charge. Part of a national initiative to enable people to explore and celebrate local history and culture, Heritage Open Day is organised entirely by volunteers, with the support of local venues and businesses.

Steele Media, the area's leading website, marketing and design agency, once again pledged their support for the West Norfolk community by supporting this year's Heritage Open Day.

Gary Pooley, owner of Steele Media, said "As a long-standing business of over 22 years in King's Lynn ourselves, I feel it is important to support and celebrate the rich heritage that West Norfolk has to offer. The team behind the Heritage Open Day work tirelessly to organise the event for the local community and I am proud to be able to sponsor them to help it go ahead."



Gary added "King's Lynn and West Norfolk has some of the most enviable historic buildings in the country. Business ties with the rest of the world have been important for the area throughout history and at Steele Media we are doing our bit to continue that tradition, supporting businesses locally, nationally and worldwide with their marketing."

The
Lodge
Hotel & Bar

Christmas Party Nights

Friday 9, Saturday 10, & Friday 16

Eat, drink and dance the night away!
Contact us on 01485 532896

thelodgehunstanton.co.uk

*Rock
and Roll
Bingo*

Rock and Roll Bingo

Friday 2nd December
From 8pm

Price £10 per person

Call and book a table on 01485 532896

Specialist Home Insurance



Call us on 01553 400399
for our best rates

adrianflux.co.uk
Authorised & regulated by the
Financial Conduct Authority

ADRIAN FLUX
Insurance for the individual


West Norfolk Glass
A Family Business Since 1967



Windows
Doors
Conservatories
Orangeries
Roofline
Guttering
Fascias
Flat
roofing
Garage
doors
Carports
Porches

**Double, triple
and secondary
glazing**

Call **01553 763164**
for a free quotation

Hereford Way, Hardwick Narrows,
King's Lynn, Norfolk PE30 4JD

www.westnorfolkglass.co.uk

Which?
Trusted trader

AN OBJECT OF INTEREST FROM HUNSTANTON HERITAGE CENTRE

JOHN MAIDEN, THE WORD SMITH – IN AND OUT PART TWO



By 1956 the war had been over for 11 years but there were still danger zones in the world – the Hungarian Uprising took place in October/November and the crisis in Suez was still live. John had voluntarily joined the Royal Observer Corps when he was 16 and did duty from the top of Hunstanton Lighthouse. He wanted to go into the air force as he felt strongly that he owed a debt to those who had given their lives before him in World War Two.

On 28th November 1956 his time came and he joined up leaving Hunstanton for West Kirby on the Wirral. Despite wanting to travel abroad, his period in the air force was spent in England, at RAF Compton Bassett and then RAF Wythall, south of Birmingham. He trained to be an advanced wireless operator. By the time he left in November 1958 he was a SAC (senior aircraftsman).

Besides achieving this position, he had continued to educate himself via night school taking two GCEs (as they were then). He then took some more up in Stockport Cheshire. Why there? Well, John describes 1959 as the 'long, hot' summer! This is when Pat (his now wife) and her family came to stay at John's family home. Pat came from Stockport so

when her family holiday was over, John followed her up there and found himself a job and some more night classes.

Do you hear wedding bells? September 1960 was the happy month and it was followed by a move to London where John took his Teacher's Certificate at St. Mary's, Strawberry Hill, Twickenham. His eyes twinkled as he recalled that it was here that he had encountered Joe, Mick Jagger's father, who was one of his tutors!

Although teaching was the career that John had now embarked upon, his striking memories of it are often of the people he met along the way. One of these was Stuart Osborne the head of his first school in Lothingland Rural District near Yarmouth. Stuart was a man who had innovative ideas and John as the PE teacher appreciated the introduction of the trampoline which was a new idea in those days.

John spent a lot of time in the Hunstanton Blue Lagoon, well,



perhaps in mid-air!

John enjoyed his time here, even working in a caravan park in the summer holidays. He was also to become a father with the birth of Caroline in 1963 followed by

Nick in 1966 and Francesca in 1970.

Life never stood still for long and after a brief spell in Huntingdon Technical College he had a temporary job in St Gallen International School in Switzerland. The outstanding memory of this time was the German he learned – including swear words to do with soccer!

While civil unrest rocked France in May 1968 for several weeks, the family returned to East Suffolk, where John turned his hand to sorting peas in a canning factory in Lowestoft. His main task was to spot any unwanted dandelion heads!

This however was not going to keep the family going for long and the next move was back to Hunstanton Primary School and a class of 42 pupils in first year juniors.

If you had been one of John's pupils during his career as a teacher, you would have realised that here was a man who was not conventional. He wanted to encourage his pupils to think for themselves and to be aware of the events going on around them. Does anyone out there remember John taking them onto the footbridge to witness one of the last trains leaving Hunstanton Station?

Although questioning the status quo has often led him into uncomfortable situations, his belief in its importance has not faded over time.

His headmaster, when John was teaching English and RE in 1970 at Hunstanton Secondary Modern (now known as Smithdon), was Mr. Bolton. Here was a man fluent in French and German, part of the Pathfinder Squadron in WW2, shot down in occupied France, passed as a French peasant and so evaded

capture, who questioned John's request to take a year out to do a degree in Middle Years Education.

John however was determined to take the risk and moved the family up to Ambleside where he attended Charlotte Mason College.

Armed with this new qualification he returned to North West Norfolk teaching English and Liberal Studies in Gaywood Park School in Kings Lynn.

Ever a man to believe in the rights of workers he joined the Transport & General Workers Union. During a spell at St. Martha's RC School in Kings Lynn where he had moved on to after Gaywood, he went on a course at the Centre for Applied Research in Education at the UEA in Norwich. This was the Humanities Curriculum Project which he enjoyed and was to prove instrumental in changing the direction of his working life.

He was now motivated to do a Masters degree in Applied Educational Research. Underscored by his investigative skills his interest turned to why some pupils just don't get on at school. Interestingly his own childhood experience of school must have fed this desire to try to understand why some children had an aversion to school.

This of course is still relevant and we will see in Part 3 what part John played in attempting to unravel some of the reasons behind this difficult issue which manifests itself in society today. And furthermore how he went beyond his academic studies to help ameliorate that situation for children who were involved in the struggle with the demands and complexities of our educational structure and system.

The final part of John's story follows next time.

Margi Blunden –

Hunstanton & District Civic Society



Our November talk is The story of a Kenyan Orphanage by Briony Bax on 16th at the Heritage Centre at 7.30pm.

REPAINTING OF THE MERCY GRAY SHELTER

Week beginning the 26th September saw a group of willing volunteers (all members of the Society) take on the challenge of sanding down (as required) the Mercy Gray Shelter followed by an undercoat and two top coats of paint. The shelter had suffered the ravages of time and

seaside winds and rain since the shelter was relocated by the Society from a few yards down Chapel Bank Road up to the area of grass near the Lighthouse. Our photo of the completed two tone brown shelter shows that we were not the only ones thinking of a coat of paint – the Lighthouse was also being tackled making that corner of Hunstanton very smart. We were extremely grateful to one of Mercy Gray's Grandchildren, who is a life-member of the society and lives in Canada, who donated a sum of money to help keep volunteers' body and soul together with food and sustenance. Actually most of the money was spent on paint but we did buy a round of coffee and biscuits as well! We all thoroughly enjoyed the social aspect of a group paint on some thankfully dry and sunny days.

Hunstanton Eyecare blog

SPECTACLES ARE WONDERFUL!

"Oh no they're not!" I hear some of you cry, a little early for the pantomime season, but I will say "Oh yes they are!". My mother used a lovely phrase, it was "I know I shouldn't say this BUT..." And then off she would go. I have to admit that as I get older, I'm probably going the same way, rapidly turning into the Grumpy Old Woman and having a rant at all I think needs ranting about.

My plea to you all is to embrace the good things about a lovely pair of specs, good vision, protection from UV light thus helping to protect your retina to maintain that good vision, enabling you to do the things that are so important to you, driving, close work, various hobbies. Yes I know they can be inconvenient at times, it rains and we haven't got window wipers, you forget where you left your reading specs etc etc. BUT... My specialist subject is Low Vision, I run clinics for the Queen Elizabeth hospital assisting patients whose vision cannot be corrected either with surgery, medication or spectacles, and if I could offer them spectacles that would give them back their eyesight, they would be SO delighted. So you can understand when someone says "I don't like wearing glasses" and won't, but could actually see brilliantly if they did, I am to say the least disappointed! There are many advertisements promoting "to be glasses free" but this comes at a price, not only monetary, but may involve surgery which is not always reversible if you don't get the outcome you expected.

We all wear varifocals here, brilliant multifocal lenses which give me four features in one, distance, middle and near vision, and Transitions to act as sunspecs. Just one pair all day. Yes, there are times when other spectacles for particular jobs are a better idea, like the piano practice, but in general one pair does everything. Bespoke spectacles are not cheap items, so do make the most of them, get your money's worth! I fit a lovely new pair of specs, the client looks across the road and says how wonderful things look, then promptly takes them off and puts them in the case! They don't work in the case, in your handbag, in your briefcase or in the glove compartment of the car, they need to be on your nose! I look at some of the news presenters, and there they are taking their specs on and off, you would have thought they would have got some nice varifocals and just worn them, it does annoy me watching them fiddling around with specs all the time. Other celebrities like Elton John and Prue Leith have made spectacles their trademark, and colour is certainly in at the moment, but for those of us who are not so flamboyant, we stock everything from loud and colourful to a delicate rimless. A whole fashion industry is built upon spectacles, and at Hunstanton Eyecare we try to keep a cross section of all designs so you have a great choice.

Come in and see us

Annette



Hunstanton EyeCare



Registered Opticians

Outstanding eyecare and eyewear

#1 LENS BRAND RECOMMENDED BY EYE CARE PROFESSIONALS WORLDWIDE[®]

MYOPIA CAN GROW AS FAST AS THEY DO NOW YOU CAN SLOW IT DOWN

Essilor[®] Stellest[™] lenses slow down myopia progression by 67% on average[®], compared to single vision lenses, when worn 12 hours a day.

essilor Stellest.

Eye Sight Testing Services

We welcome NHS and private patients. Assessment of ocular conditions such as Macular Degeneration, Glaucoma, Diabetic Retinopathy with OCT Scan.

Contact lenses

Our Optometrists can fit and supply all types of contact lenses.

Low Vision Assessment

A service to assist those with poor vision not correctable with spectacles.

Dispensing

Large selection of frames in all price ranges.

44 Church Street, Hunstanton PE36 5HD

Tel: 01485 532326

www.eyecarenorfolk.co.uk

info@hunstantoneyecare.co.uk

Also at 01263 512345 (Cromer EyeCare)

Wheelchair access at both branches



Open for Emergency Denture Repairs

Call: 0787 634 7753

or: 01485 533 388

9A High Street, Hunstanton PE36 5AB
j.asman@yahoo.co.uk

Edith Cavell Bench

Members of Hunstanton and District Civic Society gathered on the anniversary of Edith Cavell's death, 12th October, to unveil the re-installed memorial bench in the garden of rest established by Rev'd AA Toms at the end of the First World War at St Edmund's Chapel ruins on Hunstanton's clifftop.

The bench, which is listed as a war memorial (number 58686), had fallen into disrepair and was condemned by the Borough Council to be dangerous and too expensive to repair. This was when the Civic Society stepped in to save the bench. It was removed from the clifftop and after being stored in Mick Smith's and Andrew Murray's gardens it was repaired by local craftsmen Glen Pooley and Martin Belton and re-installed by Tony Armstrong, Mick Smith and Stephen Kent on 3rd October.



The inscription reads: EDITH CAVELL NORFOLK'S NOBLE NURSE "DAWN" 12TH OCTOBER 1915

Following the welcome and explanation of why here and why today by Chairman of the Society Amanda Bosworth, Tony Armstrong spoke about Edith Cavell's life and the circumstances of her death.

Edith Cavell was born in Swardeston, Henstead, Norwich in 1866.

Her father was the Vicar of that village, his name was Frederick and her mother was Louisa.

She was educated at Norwich High School for Girls then went on to several Boarding Schools where she learnt French.

At the age of 31 she started training at The Royal London Hospital. After a year, still a student, she was awarded a Maidstone Medal for her work in a Typhoid epidemic for working 7.00 am to 9.00 pm every day and risking her life.

In 1907 she moved to Brussels to work as private nurse to a Doctor's family. He was not any Doctor, he was the Royal Family Surgeon, Dr Antoine Depage. After a few months the Doctor put her in charge of a new school, Berkendael Medical Institute in Brussels, as a Matron, training nurses in Florence Nightingale techniques.

By 1912, Edith was providing nurses for 3 Hospitals, 25 communal schools and 13 kindergartens. In 1914 she was giving 4 lectures a week to Doctors and Nurses alike, plus finding the time to care for a friend's daughter who was a morphine addict, and a runaway girl.

Then with War that had started, and Germany having invaded Belgium, Edith returned to England and was safe with her family. But not for long, as she decided to return to Belgium as she had a job to do. 'There were people to be cared for' she said.

She treated German and Austrian soldiers as well as Belgian and English soldiers, her Christian upbringing had taught her that all men were equal and their lives were precious. During this time, she became involved in not only treating wounded soldiers, but smuggling allied soldiers, including Belgian and French men as well as English men into neutral Holland, and then back to England. She knew what she was doing and what the consequences would be if she was caught, and that she and the others were likely to be caught.

Her Bravery was mind-blowing. To shelter and treat these men, then take them to pick-up points right under the German noses, is gallantry of the first order. It is estimated she saved 175 soldiers and men of military age. Eventually she was caught and she confessed to the



Germans. She was tried, convicted and sentenced to death.

The night before her execution by Firing Squad, a German Chaplain had sent a note to an Anglican Minister who remained in Belgium at his Church of England parish in Brussels. This note asked for him to come and see one of 'his' Parishioners who was dying. His name was Rev. Stirling Gahan. When he came that evening and was told the truth about Edith he 'almost collapsed', but he went to see her anyway. He gave her Communion, and she told him they had been very kind to her, "But this I would say, standing as I do in view of God and eternity. I realize that patriotism is not enough. I must have no hatred or bitterness towards anyone". Rev. Gahan said she would be remembered as a Heroine and a Martyr. Edith replied, "Don't think of me like that, think of me as a Nurse who tried to do her duty".

The next day, October 12th 1915 at the age of 49, she was taken out to be put in front of a Firing Squad and even then she forgave the soldiers for what they were about to do.

The Execution took place and she was buried at Schaarbeek, on the outskirts of Brussels. After the war ended her remains were brought back to England. She was re-interred beside the walls of Norwich Cathedral, and she is honoured with a statue in St Martins Place, just off London's Trafalgar Square.

Rev Kirsty Allan explained that Edith is the Saint for 12th October and she read the last letter to her nursing staff written on the eve of her execution that included these words:

'When better days come our work will again grow and resume all its power for doing good. I told you in our evening conversations that devotion would bring you true happiness and that the thought that before God you have done your duty well and with a good heart will sustain you in the hard moments of life and in the face of death. I may have been strict, but I have loved you more than you can know.'

Rev Kirsty said it demonstrated her faith, her moral compass and her grit.

One phone call is all it takes...

A couple who started their plumbing and heating business in 1999, and moved to Norfolk just four years ago, have established a reputation for quality work and aftercare that is second to none.



Having completed a traditional City & Guilds apprenticeship Adrian Taverna is a man with a professional approach. "He won't compromise or take short cuts, and he'll never promise anything he can't deliver," says Michaela.

"While we were living in St Neots and

working throughout Cambridgeshire we were holidaying here on a regular basis and it was always our aim to live and work in West Norfolk."

Now based in Docking, A T Plumbing and Heating is ideally located to service west Norfolk and the north Norfolk coast and they have built up a loyal customer base gaining five-star reviews for their work.

Customers started asking Adrian to recommend a other trades and the couple realised they could create a team of trusted trades who could work together.

Michaela says: "Lockdown presented opportunities for us to widen the scope of the business and add on our maintenance services.

"Adrian had already established a network of reliable tradespeople that he could call on to work with him on projects so we've established Norfolk Coast & Country Property Maintenance so our

customers can depend on our team to complete the whole project."

For everything from a new bathroom to carpentry, electrical installation, tiling, landscaping and decorating inside and out, contact Adrian and Michaela Taverna today and be assured of a professional job.

Finally, the person to fix everything! One phone call to plumber Adrian, who came out the next day to have a look and all my problems were solved when he said he could also supply a carpenter and fence erector from his team. They are extremely efficient, professional and personable and one is kept in the loop with events throughout which is rare and I'm thrilled with the work. Look no further!"
Customer A from East Rudham.



A. T Norfolk
Plumbing & Heating

The Old Game Wing, Docking Hall, High Street, Docking PE31 8NG T: 01485 518648

W: atplumbingnorfolk.co.uk E: adrian@atplumbingnorfolk.co.uk



10 year
guarantee!!!

Sandringham Windows
Norfolk

Friendly &
Family
Run!!!

Tel: 01553 611631



**Windows·Doors·Conservatories·Aluminium·
Garage Doors·& now offering a full repair and
maintenance service!**

INSTALLsure
installer insurance, sorted

CERTASS

Reg No: 19-1268

CERTIFIED INSTALLER

Heacham and Hunstanton at night

Terry Parish

Remember, remember the 5th of November, gunpowder, treason and plot. I like fireworks rockets shooting up towards the stars. However, the treason of 1605 effectively stopped experimentation in rocket propulsion, in the UK, right up to the 1950's and beyond. This was due to laws about using explosives. I used to make and launch recoverable model rockets and it wasn't until about the 1980's that solid fuel engines were available in this country. Americans had then been building very substantial devices in their basements for decades.

The Germans and Americans had many privately funded people, later scientists, dabbling with explosives and rockets which led to the V2 and then Apollo. The Russians independently followed a fast track through the work of legend Sergei Korolev. Since then, France (and the EU), China, India, Japan, and the UEA have all launched extensive missions into space.



American Robert Goddard 1926. The rocket engine is at the top. The bottom is the fuel tank. Internet



Spaceport Cornwall. Rockets carrying satellites are launched from beneath the plane which carries them to a high altitude first. Internet

The UK hasn't, it made the error of giving up in the early 1970's. However, this year should see multiple satellite launches from Spaceport Cornwall, Space Hub Sutherland

(Scotland) and SaxaVord Spaceport (Shetlands). The UK space and satellite industry now employs 47,000 people, generates over £16 billion through its activities including over £5billion from exports. A career worth getting into.

Q. What is in the skies this month? A. Planets, Meteors and Stars. Very similar to last month with some subtle differences. At the time of writing, early October, I haven't yet seen all the things in my last article but I have managed to see 5 planets, Mars, Uranus, Jupiter, Neptune, Saturn (in the order they appear from SE to SW). Uranus and Neptune did require my telescope and the latter was not as clear as I have seen it before. Uranus will be brightening this month.

By luck, I caught the Galilean Moon closest to Jupiter, Io, appearing sat on the edge of Jupiter so that it vanished, passed behind the planet, as I observed. The rapid motion of these satellites makes observations over an evening or several nights interesting. Large binoculars or bird scopes will do the job.

I saw the spark of Titan, Saturn's largest moon, well off to the side of the planet. This is worth looking for if you can keep your eyes off the rings.

There was a 'clear' night at the time of the Gibbous Moon. The clarity was diminished by a thin, high veil of water vapour well lit up by the Moon. I didn't see any meteors which I had hoped for but Jupiter was shining brightly close to our nearest neighbour, Saturn was still easily visible to the naked eye low in the SW, and Mars was showing its red colouration quite high in the SE. So that's three planets without the use of any instruments, at the time of a bright Moon with a haze which blocked out all but a few bright stars.

It really is worth looking up to see what is in the night sky. If you can spare 15 minutes to let your eyes adjust to the dark, so much the better.



A 'virtual' impression of the Hunstanton Observatory site at the early design stage. BC

If you are interested in looking through telescopes then you may be interested in the observatory being constructed in Hunstanton close to the Cliff Top car park. A planning application for it should have been decided by the time you read this. I have only been involved in a very minor way, attending two meetings. The Borough and County are paying for it on the back of the Visit West

Norfolk badge, encouraging tourists out of season.

The design is of the roll off roof type – a 'shed' with a roof on rollers so it can be removed to allow telescopes inside to see the sky. There will also be pads outside where telescopes can also be stood. There are currently no plans to house telescopes on site which is a pity as observation nights will rely on amateurs bringing kit with them. The King's Lynn Astronomy Society is likely to be involved from time to time and I am a member of that. As I live in Heacham, I will do my best to help out.

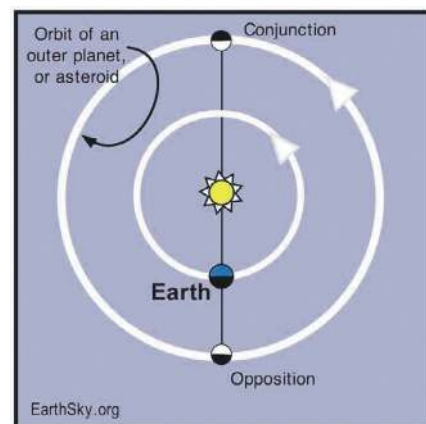
I hope locals will take advantage of the facility as it develops.

Before we take a look at what you can see in November there is one thing that you won't see on the 8th Nov, a total eclipse of the Moon. This is heralded in a number of publications but the small print reveals that it is only visible from the Pacific.

Planets continue to put on a good show, rising earlier into darker skies. On the 1st, Saturn is just above the waxing Gibbous Moon. Jupiter will be off to the left shining brightly still and, on the 4th, it is close to and above the Moon. Saturn sets by 10.30pm in November so you need to get out earlier – the advantage of the nights drawing in. At 5pm, yes pm, on the 29th look due south to see Saturn close to a fat Crescent Moon. Look a little right and a tad above.

Jupiter will set about 2am so you can watch the late-night news.

I have mentioned Uranus several times in the last few months, theoretically a naked eye planet but it took telescopes to discover it – William Herschel in 1781. On the 9th, this blue planet is at opposition, A straight line could be drawn from the Sun, through Earth to Uranus, consequently it is both at its closest to the Earth this year and presents a full face to the Sun so is at its brightest. This is the time to look for it.



Not to any scale. The opposition position is where Uranus will be, the conjunction position where Mercury will be hiding. Internet

Closest means it's just 2,796 million km (1billion 737 million miles) away from us so will still be faint at magnitude 5.6 which is bright enough to be discernible to sharp, young eyes. Binoculars will pick it up. It will always be some way to the left of Jupiter, between it and Mars.

Mars rises from teatime and is getting brighter all month. Remember that you will see it coming up in the SE and will likely have to wait until about 10pm for it to clear buildings. It will have a distinct red hue. Draw a line from it to Jupiter and about half way along it use binoculars to search for the blue dot of Uranus.

Venus and Mercury are too close to the Sun for observation this month. Mercury is actually at superior conjunction on the 8th which means a line from the Earth, through the Sun, would end on Mercury's sunlit surface which would be at 430 OC. The other side, in night, would be -180 OC. There is no atmosphere to retain heat and it takes 59 days for the planet to rotate.

Meteors – I am always hopeful. Several showers to look for, the Taurids all month, peaking on the 12th, and the Leonids peaking on the 17th. The Taurids come from the debris of Comet Encke which is usually pretty thin but, this year, the astrophysical pundits say that the Earth will pass through a patch which is denser that might lead to small rocks leaving bright trails. Parish's First Law of Astronomical Observation states, 'if you look up it won't happen and the converse applies too'. You might be luckier.

The Leonids are best viewed pre-dawn but the Moon rises after midnight so look as late as you can. They are around all month too but midnight on the 17th will be your best chance of seeing these remnants of Comet 55P/Temple-Tuttle. They are very fast meteors which leave long trails. 1833 was a good year.

I mentioned the Andromeda Galaxy last



'The Night the Stars Fell from the Sky'
November 17, 1833
from an engraving of the same year

month. Whilst looking at the planets mentioned earlier, I tapped on 'view Andromeda Galaxy', the telescope rotated vertically, I selected a wide field lens and there

it was, the misty swirls of that galaxy, far, far away. (I have been watching reruns of Star Wars). It was as good a view as I have had, still an amorphous cloud but a clear one. The fact that it was overhead meant there was less of the atmosphere in the way.

To see the classic lens shape of Andromeda needs an imaging device, a camera, I must get back to playing around with that.



Use good binoculars to scan for these clusters. Internet

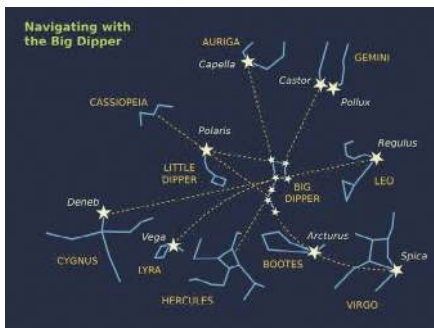
Look out for the Pleiades and Hyades high in the NE looking north or SE looking south. These two star clusters will be above Mars. On the 9th the Moon is between the two, on the 10th it is between Mars and them both. On the 11th, Mars will be just to the right of the Moon, the Hyades rather further to the right of Mars; the Pleiades above the Hyades.

Binoculars are all that is needed to see some detail in the clusters. The Pleiades, Seven Sisters, Messier 45, look particularly fine as there are many blue-white stars in an open cluster. They are young, just about 100 million years old. You only have another 250 million years to see them like this as they will then get pulled in different directions due to gravitational forces. They are about 444 light years distant.

The Hyades, Caldwell 41, Collinder 50, Melotte 25, are just 153 light years away and a ball shaped collection of hundreds of stars with similar characteristics. It is about 625 million years old.

The alternative names followed by numbers are how they appear in different catalogues. The age of the Sun, for comparison, is 4.6 billion years.

A few bright stars: Face south and towards the west. High up you will find Vega. Below it and to the right Deneb. These are two stars of the Summer Triangle. The third, Altair, will be down on the westerly horizon and may be lost to view. The Summer says it all.



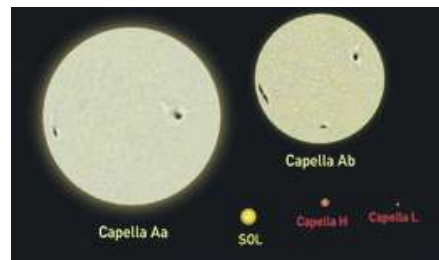
A few more stars. Internet

Face south and towards the SE. Orion will

be rising. With Rigel at the bottom right corner, Betelgeuse the top left. Close to the easterly horizon, if you have one, is Procyon. This a binary star with a white star, about twice the size of the Sun, in a dance with a white dwarf. The principal star has almost used its hydrogen. The system is 11.5 light years away.

Go up from Orion towards the zenith (overhead) by the Hyades you will find Aldebaran. It is not part of the cluster being much closer to us. Mars will likely be around here too. The orange light of Aldebaran and the subdued red of Mars can confuse identification of both.

Above Aldebaran but well to the left of the zenith is the yellow giant Capella. This the third brightest star in the sky. It is a four-star system with two binary pairs. The two yellow stars are classed as giants and are now using up their helium having exhausted hydrogen. The other pair are cool red dwarfs and are a long way from their companions. The system is just 43 light years away.



Sol is our Sun for comparison with stars in the Capella system. Internet

Sirius, the dog star, is the brightest star in the sky and will appear low in the SE, around midnight, at the end of the month. More of that in December.

Enjoy November, Catherine wheels and conkers, Orion rising overhead and the first frosts to put sparkle on the grass. Keep fattening up any hedgehogs.

COUNTRY MUSIC
KEVIN BARRY

25 NOVEMBER 2022
DOOR OPEN AT 6PM
£10 PER PERSON
WITH SANDWICHES
RAFFLE FOR QEH

MEMORIAL HALL
SNETTISHAM, NORFOLK,
PE317LX

PH: 07591732033

Capital gains tax and residential property - five ways to trip up

By Kathryn Gigg Chartered Accountants, Hunstanton

There is a common assumption that Capital Gains Tax (CGT) does not apply to your house. Whilst this is NORMALLY the case, there are a number of scenarios where the transaction is reportable and tax payable. Consider the following:

Alan has a flat in London and Ann has a house in Norfolk. They meet while he is on holiday and marry after a whirlwind courtship. Neither really wants to move and they adopt a comfortable lifestyle of spending the weekend in her house together, with him spending the week in London. After several years he is offered a job in Norfolk, and they decide to sell both properties and buy one together. Since each has always occupied their own main residence, they assume that there is no CGT to worry about.

Bob is a builder. He is quite good at property renovation and in addition to his work for customers he has for many years purchased run down properties, lived in them for a year or so whilst restoring them and then sold them on. He has been told by a chap in the pub that CGT is not payable once you have lived in a house for a year so has assumed that the gains he has made are tax free.

Charles has a house of his own. About ten years ago his mother, Daphne, gave him her house to save a possible Inheritance Tax charge, but continued to live there rent free until her death last year. Charles sells the house but since it is her main residence, doesn't think CGT applies.

Edward owns a large house with about two acres of garden and an old barn which had been let for storage on the other side of the road. He obtains planning permission for two houses in the garden and to convert the barn to residential use, sells the barn, sells his house with about an acre of land, and then sells the plots. He assumes there is no CGT to pay.

Frank has his own house and a buy to let which he bought ten years ago. When clearing the let property for sale he discovers a 2017 tax guide with a section on CGT. This enables him to compute the tax due and he plans to declare it when he submits his 2022/23 Tax Return next year.

All these people will have a CGT problem (and possibly others too!)

a) A married couple can only have one residential exemption. They can elect which property it applies to, but from the date of marriage one property will become subject to CGT with the charge being time apportioned between the exempt and chargeable periods;

b) CGT may not even apply if the main reason for property purchase is to make a profit. In Bob's case his occupation as a builder, combined with the rapidity of his house moves might mean that HMRC decide that the property transactions are part of his building trade and subject to Income Tax rather than CGT. If there is no capital gain, there will be no residence relief;

c) Charles will not be eligible for relief because the house is not his main residence. Since Daphne she continued to live there rent free after she gave it away it is treated as a "Gift with reservation of benefit" and is still chargeable to Inheritance Tax on her death. Charles will not even receive the uplift to probate value in the base cost since this is a situation where the two taxes overlap to the considerable disadvantage of the taxpayer;

d) Main residence relief is only given for a property and land up to 0.5 hectares (about 1.25 acres), or a greater amount if it is appropriate to the house. However, since Edward sold the house before he sold the plots he was no longer in occupation at the time of sale so no relief will be due. Even if the barn would have fallen within the 0.5 Ha that would also fail to qualify because he was not occupying it his main residence. Making the sales in a different sequence might have helped;

e) There is always a risk in relying on old reference books. The rules for CGT disclosure changed in 2020 and from 6 April of that year it has been a requirement to submit an online CGT Return and pay the tax liability within 60 days (30 days until 27 October 2021).

All these taxpayers will have fallen foul of the 60-day rule and will be liable for an initial penalty of £100 and further penalties after 6



months and 12 months together with interest on the unpaid tax. Bob the builder may have an even larger problem!

Please contact either myself or my partner Nicola Tarry FCA on 01485 534800 or email kate@kathryngigg.co.uk if you require advice regarding the tax implications of selling a property.

Mrs K H Gigg FCA

N.B. Article written in August 2022

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information. © Kathryn Gigg 2022

Kathryn
Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts, business and company taxation
- business start up advice and incorporation
- SAGE, Quickbooks & Xero installation and training
- payroll & auto enrolment administration
- VAT and bookkeeping services
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice and inheritance tax planning
- tax planning and accounting services for private property investors

For an appointment please contact: Mrs K H Gigg FCA

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
 T: 01485 534800 e: kate@kathryngigg.co.uk

Regulated for a range of investment business activities by
 The Institute of Chartered Accountants in England and Wales.

LOCAL CHARTERED INDEPENDENT
FINANCIAL & MORTGAGE ADVISERS

Allen Tomas &^{co}
FINANCIAL MANAGEMENT



New Office

1 King Street, King's Lynn
01553 767516

Also find us at:

6 St Nicholas Court, Dersingham 01485 541998

2 Oak Street, Fakenham 01328 854706

Savings & Investments

Pensions

Mortgages & Protection

Inheritance Tax

Care Fees Planning

info@allentomasfinancial.co.uk www.allentomasfinancial.co.uk

RESIN BOUND SURFACING NORFOLK

by Steve Penn



PERFECT FOR PATHS AND DRIVEWAYS
QUALITY WORKMANSHIP
FREE QUOTATIONS



10 YEAR GUARANTEE | LOW MAINTENANCE | PERMEABLE SURFACE | UV STABLE

MOBILE: 07712 244825 or 07867 868561

EMAIL: stevepennpaving@aol.co.uk

WEB: www.resinboundsurfacingnorfolk.co.uk



Pre-Christmas Tapas

Thursday to Saturday
from
8th December

£19.95 per person 2 courses
£24.95 per person 3 courses

Bring your own alcohol corkage £3 per person

See our website for details and to make a booking
or call us on 01485 535903

Private hire available

www.theterracehunstanton.co.uk

PS from last month...

John Maiden

Last month the editor very kindly published a letter from my archives that was sent to Michael le Strange Meakin on January 24th 2003. For anyone interested in its contents, but unable to read the small print, this is what the sender, Matthew Henry, was requesting on behalf of his employer, the borough council of King's Lynn & West Norfolk. He wanted the le Strange Estate to release the council from a legally binding covenant imposed by Bernard le Strange in 1955, when the land in question was sold to Hunstanton UDC.

In his reply Mr Meakin pointed out that the covenant was unusual because it had been imposed for the benefit of the inhabitants and visitors of Hunstanton, not the le Strange Estate. For this reason he also pointed out the need for the council to take account of local public opinion!

Unfortunately, in its capacity as the local planning authority, the council had already been foolish enough to grant planning permission for what can best be described as a 'monstrous carbuncle'. This permission had only been obtained after an assurance from retired planning officer, Clifford Walters, that the proposed building would occupy no more land than the pier entrance building, which had been totally demolished after a fire in May 2002. Numerous objectors and several councillors had drawn attention to the very obvious fact that this major new development would take up much more land than the original pier entrance building, even after it had been crudely extended in 1957 and again in 1963.

Eventually, the penny dropped and the council called a halt to work on the pier site, while the council sounded out public opinion by what is known as a Section 123 Procedure. Mr Henry made no mention of this in his letter, but four days later Hunstanton town hall was not large enough to hold all the objectors to this sale of the century!

After hearing the arguments for and against the disposal of land, three borough councillors were unable to agree, thanks largely to Cllr Charles Joyce, who recognised that The Green was no place for a building of this type.

Mr Henry, as Property Services Manager, should have known better

than to pretend "that none of The Green, or The Promenade is physically taken up by the proposed additional roof structure and other accommodation. These additional parts will not remove, or impede the use of The Green, or indeed The Promenade."

Perhaps Mr Meakin could have been more forceful in pointing out the obvious weakness in Mr Henry's argument. This reminds me of the time when Clive Sillis gave me permission to display pictures of the Blue Lagoon swimming pool (including the photo below) in the window of his Beach Terrace arcade in an effort to get the council to resurrect this priceless asset. At one point Mr Sillis expressed disquiet that I could be antagonising people he might need to do him a favour at some point in the future...



Plant of the month - Skimmias

Wendy Warner

Gardeners can be very demanding at times, we often get asked to suggest a plant that is low-maintenance, looks good all the year-round and will survive in the shade, as well as being suitable for growing in a pot....well, here it is, the Skimmia!

Skimmias are slow-growing, evergreen shrubs with a neat habit. Their glossy evergreen leaves provide a contrast to the clusters of small, sometimes fragrant, white, cream or greenish flowers that appear in Spring and these are followed by berries on female plants in the winter, giving them multi-season interest. On male plants the tight flower buds form in the winter. They appear to be disliked by deer too, which another great advantage if you are bothered by muntjac.

They are very versatile and would look equally at home in a cottage garden border, formal garden, contemporary or courtyard garden in pots or in a woodland. In borders they are a great backdrop to Spring flowering bulbs. They can be purchased as small starter plants suitable for use in pots, window boxes or hanging baskets for winter displays, medium sized garden-ready plants or large specimens for instant impact. As with all slow-growing plants, these are not cheap due to the fact that they have had many years growing on the nurseries.

Skimmias prefer a position in partial shade and can tolerate full shade. Planting in full sun, or allowing them to dry out for long periods of time will cause yellowing of the leaves. It is often thought, because of this yellowing that they prefer an acid or ericaceous soil, but this is not the case, neutral is fine and they will even survive a light alkaline soil. They require a decent amount of organic matter, garden compost, leafmould or well-rotted farmyard manure added when planting and need a moist, but not water-logged position. If growing in pots or containers, use a mix of John Innes No.3 and multi-purpose compost. A general granular feed such as fish, blood and bone can be used when planting and then again in Spring. Autumn is a great time for planting



Skimmia japonica 'Rubella'

Skimmias in the ground as long as it's not too wet or frozen, but don't forget to water regularly if we have a dry winter. Due to the fact they are slow-growing and naturally neat in growth, very little pruning is required.

The most confusing fact with Skimmias is there are female forms with berries and male forms with flowers to choose from. Females will need a male growing nearby to set berries, although one male can pollinate several female plants. The most popular male varieties are Skimmia japonica 'Rubella' with dark red flower buds opening to white scented flowers, 'Kew Green' or 'Marlot'. The varieties 'Nymans' and 'Veitchii' are female and will produce clusters of red berries when pollinated. And just to confuse matters, 'Reevesiana' is self-fertile, producing berries without the need for a male!

The Magic of Christmas

NEW THEMES | GREAT GIFTS | AMAZING LIGHTS

For Autumn Planting:
Pansies, Cyclamen,
Heathers, Spring
Flowering Bulbs
and much, much more

Thaxters

Garden Centre & Coffee Shop

49 Hunstanton Road, Dersingham, PE31 6NA

www.thaxters.co.uk

Tel: 01485 541514

CHRISTMAS DEPARTMENT - Bigger Than Ever!

For all your Christmas Shopping - Great selection of Gifts, Clothing, Books and Jigsaws plus everything for the Garden.

Real Christmas Trees & Wreaths arriving late November

Garden Centre open daily 9am - 5pm

Coffee Shop offering breakfast, lunch, coffee and cakes open 9am - 4pm

From the Ground Up: A Round Up...

Hakneke Robson

What a summer we have had since last I scribed for T&A! Life and finally that 'lurgy' caught up with me, but here I am with a few memories of those high bright days when the world as we knew it turned brown.

While we puddled in the heat, the fragile plants born from the late spring sowing of our 'meadow to be,' withered and died: the earth cracked, moles gasped, and our land turned to dust. Finally with September came a good dose of Norfolk rain and the land heaved a sigh of relief pushing all sorts of greenery above ground. We took ourselves off to Peddars Meadow to investigate our fledgling plants with interest.

Of course, as we had predicted, the Black Medick that covered half the land with such profusion last year had politely given way to Bugloss, compact spikey and very dead from the drought. But... its very attractive cousin, Vipers Bugloss stood perky with happy pride. We counted at least a dozen of them; all newbies from our seed bag! Dared we hope that more of our expensive seed had found purchase and survived?

Armed with our plant bible we searched on. And there, very unassuming was none other than Ladies Bedstraw. Prostrate, and nothing like the mature plant - as my friend explained; perennials need time to establish themselves.

There was more to find, Field Scabious, White Campion, Birdsfoot Trefoil, Wild

Carrot and a battalion of delicate little arable plants, back in the ground where they belong. Evidence indeed that our meadow seed was fighting back.

Isn't it also remarkable how quickly our lawns greened up after those long hot weeks when adverts for plastic grass flooded the internet? (The latter tearing even more holes through our fragile atmosphere, not to mention stifling everything beneath the ground! Yuk!) Brown lawns are good. They will recover. The diversity of soil beneath these plastic sheets went.

Indeed, after just a few days of rain not a trace of our desiccated lawn was left. Mother nature always rewards. But we are indeed in worrying times, and each one of us - now more than ever - has a direct responsibility for making the world a better place.

I end with thanking my right hand 'man' Pauline Atkinson for all the encouragement she has given to me with our Peddars Meadow project. We wish her many happy years in France.

Although our group has shrunk as far as the meadow side of things are concerned, our art gallery is enjoying steady sales and enthusiastic visitors. People may be shy at visiting a gallery in the garage of someone's home. But, I have had countless visitors tell me how surprised they are by the relaxed and informal atmosphere and superb quality of work from our artists. Enjoying your visit is

The Garage Studio



Art for the Environment

Gallery Open: Thursday – Sunday

11am – 5pm or by arrangement

44 Docking Road, Ringstead

PE36 5LA T: 01485 525 715

www.thegaragestudionorfolk.co.uk

what is important to us. Commission from sales is shared between creating Peddars Meadow and Ukraine charities. Thanks for reading. Hanneke Robson

Please find us on IG: [thegaragestudionorfolk](https://www.instagram.com/thegaragestudionorfolk). We have also collected fantastic reviews on TripAdvisor.

www.thegaragestudionorfolk.co.uk
t: 01485 525 715

Mudpies & Butterflies

with Louise Barby

"November: The last month of autumn, but the beginning of a new adventure: time to take a risk and do the unexpected" - Unknown

It's been a beautiful October, here's hoping for a sunny and bright November to enjoy the colours of Autumn and lift our spirits. With light levels lower, it becomes even more important to get out in the garden, when the weather allows. Soak up the sunshine when the opportunity arises.

Here are a few jobs to kick start November:

In the flower garden

- Plant out spring bedding such as forget me not plugs and spring flowering bulbs, snowdrops and early white daffodils work beautifully in low light. Or try some evergreen grasses, they too work well to light up a winter border.
- Sow hardy annuals in cleared areas for early flowers next summer. If you would like your mini wild flower area to last longer, sow half now and half as it warms in spring. This will elongate the flowering season.
- Rather than have baskets this year, may be invest in a couple of large pots and plant them out with evergreens and annuals for a large display with maximum impact.

In the vegetable garden

- Best to harvest any fruit or vegetables and ripen on the windowsill if necessary. It is unlikely the sun will do the job for you in November.
- If you would like your raised bed or area to remain weed free and a little goodness added, try sowing mustard seed now. Easy, maintenance free and can simply be dug in to the soil in the spring.

- Plant out garlic cloves.
- Plant new fruit trees and bushes.
- Tidy strawberry beds, cutting back old foliage or remove old strawberry plants altogether. New, self set plants will fruit more readily.
- Pot up roots of mint and bring under cover for winter pickings.

Other Jobs

- Clean the green house and insulate with bubble wrap.
- Don't forget to turn the compost heap if you have one.
- Cut back suckers growing around the base of trees.
- Choose bulbs and bedding for spring displays.
- Mow lawns less frequently, remember not to cut it too short.
- Dig manure into your soil over winter or mulch with compost and bark to break up heavy soil.
- Gather up leaves on a dry day and set aside to rot down. Leaf mould is fabulous for mulching and would be ready for next winter, absolutely free!
- Your project for this month is to ensure you are not too tidy in the garden. Leave an area for bugs to settle in for the winter months. It will provide natural shelter and food where necessary. Old wood, leaves and unused pots all work well for shelter options. If it bothers you, choose an area out of sight. Anywhere is fine for bugs, they are not choosy.

G&M

Fencing & Landscaping

Fencing | Decking | Paths
Patios | Driveways
Drainage & Guttering
Hedge, Tree & Grass Cutting
Rubbish Clearance
30+ yrs experience
Free no obligation quotes
gmfencinglandscaping.co.uk
01485 570 143
07917 725 015



Ben Dawson Gardens

Professional Garden Maintenance

Lawn Maintenance
Hedge trimming
Removing and planting
Tree/Shrub pruning
Border Tidying

Prepping/Chopping logs
One day garden tidy up
Garden Winterisation
Drive/patio weeding

Monthly payment plans available for regular maintenance

CONTACT ME TODAY FOR A FREE QUOTE



07534449260



bendawsongardens@gmail.com



@bendawsongardens



@bendawsongardens

Recommended by K Brown Auto Repairs LTD

INSTANT CASH

WATCHES, JEWELLERY, GOLD, SILVER

OMEGA

All Omega Speedmaster and Omega Seamasters bought.



Visit us for a top quote. All 1970's gents Omegas bought. **Guaranteed min £60.** All chronograph models or watches with unusual dials wanted, **up to £2000 paid**

WE WISH TO PURCHASE THE FOLLOWING ROLEX WATCHES

Rolex Date just wanted **up to £2000 paid**
Rolex Submariner wanted **up to £3000 paid**



ROLEX



Old and vintage Rolex wanted

Working or not, submariners, GMT's, all vintage Rolex Oysters including steel and broken
Minimum £100 Paid

ALL MILITARY WATCHES WANTED, ALL BRITISH & FOREIGN COINS WANTED, ANY AMOUNTS BOUGHT.

CARTIER



TOP PRICES PAID

CHRONOGRAPHS



URGENTLY WANTED

ALL VINTAGE ROLEX WANTED



URGENTLY WANTED



TOP PRICES PAID

Wanted

All military cap badges. Any military items issued out such as - Cap badges, Buttons, Top prices paid



ALL OMEGA'S WANTED



URGENTLY WANTED



TOP PRICES PAID

MILITARY/AVIATOR



TOP PRICES PAID

BREITLING



URGENTLY WANTED

Wanted OLD NOTES & COINS



LADIES

Please look in your jewellery box, if you have any old rings, chains, earrings, brooches, necklaces, pendants, bracelets etc. Then please bring the box down and let us surprise you



We are interested in old wrist watches from Timex to Rolex, Oris to Omega



We wish to purchase all quality watches especially with box and papers

War & civil medals wanted



Old fountain pens bought

Parker, Sheaffer, Mont-Blanc



Old tin plate cars/toys wanted



Designer Perfume Fragrances or Aftershave

Part used or full Wanted



Old cigarette lighters

Dunhill, Cartier, Dupont, Ronson



CASH PAID FOR

GOLD, SILVER, BANK NOTES, COINS, ETC...

Wanted Dinky & Corgi Toys 	Gold top prices paid All Gold coins purchased Kruggerands, Sovereigns etc 	Wanted Pre 1947 silver coins. Half crowns, Florins, Shillings and Sixpences. Five times face value paid 	Wanted all scrap gold and silver 	Boxes of Costume Jewellery wanted 	Sovereigns & Half Sovereigns 
All gold and silver pocket watches wanted 		ALL ITEMS OF CROWN DERBY WANTED – BEST PRICES PAID    			
GENTLEMEN Please have a good look around for all those old gold cuff links, studs, tie pins, pocket watches, and chains, medals, military watches and especially old gold wristwatches 	Foreign Banknotes 	Proof coin sets wanted 	Foreign coins wanted 	BANK NOTES WANTED UK – Ireland – Scottish – Isle of man – Guernsey – Gibraltar – Falkland Islands – HALF FACE VALUE PAID! All foreign notes any amount bought	

COME AND SEE US AT

HUNSTANTON: Hunstanton Town Hall (Community Hub), The Green, Hunstanton PE36 6BQ on Tuesday 15th November and Wednesday 16th November, 11am-2pm or call 07724 473810

KING'S LYNN: Stuart House Hotel, 35 Goodwins Rd, King's Lynn PE30 5QX on Thursday 17th November, 11am-2pm or call 07724 473810

JOIN OUR TREASURE HUNT: Do you have cash in the attic? Come along to our **Antique Roadshow** – if the offer is OK, flog it!

So come on down, this is the Real Deal! From scrap gold to the finest antique jewellery, we'll take it. We purchase all quality watches and jewellery – gold and silver is at an all-time high, so cash in.

From old silver coins to antique silver tea sets, we want them all.

WANTED – all Aviator diver/military watches. Best price paid.

DECIMAL COINS NOW OUT OF CIRCULATION  Large five pence's 5p 1/3 face value paid Large 10p 1/3 or face value paid Large 50p 1/3 or face value paid Commemorative Two pounds £2 and Five pounds £5 1/3 of face value paid - more for large quantities Old half pennies 1/2d £1 per kilo Old pennies 1d £1 per kilo Old brass threepences 3d 1p each Old sixpences 6d 1p each Old shillings 1/- 2p each Two shillings 2/- 4p each Half crowns 2/6d 5p each	ALL OUT OF DATE UK & SCOTTISH BANKNOTES URGENTLY REQUIRED ANY CONDITION  Damaged, creased, mouldy, tapered, damp. No matter what condition we will buy! 10/- Shilling notes, £1 Notes, £5 notes, £10 notes, £20 notes. Large or small amounts required ANY AMOUNT BOUGHT HALF FACE VALUE PAID!
--	---

Nature notes with Carrie Carey

A single drop of water trickles slowly across a mottled leaf, the lightness of its touch causes the leaf to quiver ever so slightly. As the sky overhead changes from subdued blues to grey, the rain begins in earnest. Leaves that stood proudly against autumnal winds now bow in submission to the volley of the downpour and the prevailing weather.

In October 1987, a storm of apocalyptic proportions swept across southern England wreaking destruction in its wake. Gusting winds caused over 15 million trees to be toppled or snapped. Conservationists were understandably concerned but nature had a trick up her sleeve. Trees have adapted to endure the rages of wind and rain by thickening trunks and developing strong root systems which anchor them to the ground. As long as a fifth or more of the roots remain intact, trees can survive damage by establishing new growth from the trunk base. Thirty five years after the 'great storm' nature's resilience is in evidence with around three quarters of those damaged trees now healthy veterans.

Of course, threats to nature of this scale are not new. During WWI and II, entire forests disappeared leaving only skeletal trunks and shattered branches as evidence that life once existed there. This aspect of war left a marked impression on authors CS Lewis and JRR Tolkien. In his epic fantasy novel *Lord of the Rings* Tolkien attests that he is a man inspired by nature and an unabashed devotee of trees. He once wrote 'I am (obviously) much in love with plants and above all trees, and always have been'. He became acutely concerned by the threat of urban development to the English countryside and much of his novel has



environmental references to modern day problems. Writing about a battle in which tree-like creatures surrounded an army of orcs and destroyed them, he said "I longed to devise a setting in which trees might really march to war".

We now understand that in our own battle against climate change, trees are a necessary ally to have on the front line. They are one of the most cost-effective carbon sinks at our disposal, locking up atmospheric carbon for centuries. Trees also act as a soft flood defence by intercepting rainfall (raindrops evaporate into the air rather than reaching the ground) and using their root system to prevent soil being washed into nearby watercourses. The government's own climate change advisors agree that trees are vital if we are to hit our target of zero greenhouse gas emissions by 2050 and yet only 13% of UK land is covered by trees.

However, reducing tree loss and replenishing woodlands is only part of the answer. We must find a multi-layered solution if we are to combat climate change and biodiversity loss. Alongside reversing deforestation, we need to reduce our use of food, energy and water and we also need to challenge our government on

its environmental policies and pledges. Recently, the UK Government has made a seeming U-turn as it announced measures that threaten vital protections for nature. Barely one year ago 45 nations, led by the UK, pledged urgent action to protect nature and adapt more sustainable ways of farming. Now some of these policies have been scrapped, leaving our wildlife and wild places vulnerable again.

At the beginning of the 20th century, before Lewis and Tolkien penned their literary classics, there was an intense desire to conquer nature in favour of industrialisation. This reached fever pitch during the Great War and both authors saw this as a direct assault on the natural world that they held so dear. Tolkien captures this in the words of his character Treebeard "The world is changing: I feel it in the water, I feel it in the earth, and I smell it in the air". And in his poem *The Future of Forestry*, Lewis asks "How will the legend of the age of trees feel, when the last tree falls in England?"

If those authors felt that their generation was failing the wild places that they loved, I wonder how they would feel about ours? We do have an opportunity to reverse the tide, there is a short window for change, but we must act now. The RSPB is committed to tackling the nature crisis and together with other conservation organisations we are making our voices heard. As part of a recently formed alliance with the National Trust and Wildlife Trusts, CEO Becky Speight pledged that 'nothing is off the table' to ensure that the UK government views protecting nature as an urgent priority.

Nature is in crisis, but you can help. If you'd like to know more please go to www.rspb.org.uk

Get a professional website showcasing your business to help you get more enquiries, customers and clients...

...All from just ~~£1,199~~ £399!

glen@glenpiggott.co.uk 01485 472000 [in /in/glenpiggott](https://www.linkedin.com/company/glenpiggott)

Glen Piggott
REDESIGN

Order your website today:
glenpiggott.co.uk



R'N'R FENCING & Landscapes

Domestic, Commercial & Agricultural

- DECKING • PERGOLAS • PATIOS
- TURFING • RECLAIMED SLEEPERS

ALL ASPECTS OF LANDSCAPING

FREE QUOTES • PUBLIC LIABILITY INSURED

07881 947506 / 01485 572107

Prided on Quality & Reliability

STEVE PENN

PAVING AND GROUNDWORKS
RESIN BOUND DRIVEWAYS

ALL TYPES OF PAVING, SURFACING
& BRICK WORK, QUALITY WORKMANSHIP

Part of Gold Award winning team at the Chelsea Flower Show



Mobile: 07712 244825

Email: stevepennpaving@aol.com

Website: www.stevepennpaving.co.uk



GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham IRONCRAFT

HIGH QUALITY ORNAMENTAL IRONWORK
AND STEEL FABRICATION

Unit 4, Cheney Crescent, Heacham, Norfolk PE31 7BT
Tel: 01485 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS ETC

Tim's Tree Services

LOCAL MAN - LOCAL RATES

PRUNING • TOPPING • FELLING

CLEARING • STUMP GRINDING

All aspects of tree and hedge work undertaken

OVER 30 YEARS EXPERIENCE

QUALIFIED - INSURED

CALL 01485 542 560 OR 07844 263 897

FOR YOUR FREE QUOTE

www.timstreeservices.com





Nordmann Fir Trees
Easy care - excellent needle retention

Sandringham Estate Sawmill

Admiral's Drive, Sandringham PE35 6EG

LARGE SELECTION OF QUALITY CHRISTMAS TREES

Available from late November

Quality Timber:

- ♣ Fencing ♣ Decking ♣ Trellis ♣ Gates of all sizes
- ♣ Oak posts ♣ Fencing Panels ♣ Arches ♣ Garden Tools
- ♣ Rustic and machined poles ♣ Ironmongery ♣ Garden Furniture

sawmill@sandringhamestate.co.uk

Tel: 01485 543641 Fax: 01485 543239



Fresh cut and pot grown
Christmas trees

R&B

TURF & GROUNDCARE

MACHINERY REPAIR SPECIALISTS

WE MEND ~ YOU MOW!

*Call in to see our reconditioned lawnmowing
machines at fabulous prices*

DISTRIBUTORS OF

ASPEN
Fuel for professionals



**NOW TAKING SERVICE BOOKINGS FOR NEXT SEASON
BOOK EARLY TO AVOID THE RUSH IN THE SPRING**

T: 01485 540645 M: 07702 795794

E: randbgroundcare@googlemail.com

W: www.mower-mend.co.uk

The Workshop, Marsh Farm,
Wolferton, King's Lynn PE31 6HB

R&B IN TUNE WITH YOUR MACHINERY NEEDS

NORTH NORFOLK PROPERTIES Ltd Hunstanton

Garden Maintenance and Landscape Services

**JCB Diggers with Operators
available for Hire**



**Garden Clearance, Fencing and Patios,
Hedge Cutting, Patio and Driveway Cleaning.
Grass Cutting Large Lawns and Amenity Areas.
Timber Processing and Log Splitting.**

Please call David: 07584 088097

Email: Nnpco@aol.com

Become a citizen scientist this autumn to help Norfolk's wildlife

Norfolk Wildlife Trust has launched a new seasonal wildlife spotter survey and is asking you to record your sightings of greenfinches, starlings and jays this autumn.

You don't have to be an expert to make a valuable contribution to local knowledge of Norfolk's wildlife. The Trust runs seasonal 'citizen science' surveys on its website, providing an easy opportunity for local people of all levels of knowledge and experience to get involved in wildlife conservation.

These online recordings allow the Norfolk Wildlife Trust to understand in greater depth a species' distribution across the county and identify areas that are particularly important for their protection and conservation. It's also a great reason to get outdoors and enjoy your local wildlife this autumn.

Jays



Jay, Elizabeth Dack

Where? Jays can be found in woodlands with a lot of cover. They are most obvious in autumn when they have to move about in the open more often, looking for food.

Why? Jays are key species for the lifecycle of woodlands by burying acorns that, when forgotten, later sprout new trees. However,

they are shy and difficult to spot in their sheltered habitats, so submitting your recordings can be a big help in understanding their distribution.



Starlings

A starling, Tim Stringer

Where? Starlings are commonly found in most areas of Norfolk and can be seen in gardens foraging for food, on grass lawns, eating from feeders, and bathing in water baths. Other habitats are grass-rich pasture, grass-covered playing fields and refuse tips. Winter roosts can be found at NWT Hickling Broad and RSPB Strumpshaw Fen.

Why? Starling numbers have declined by 66% since the 1980s (BTO), possibly due to a lack of food - they like invertebrates that live in the soil, such as worms and leatherjackets. NWT is hoping to understand if it is possible that these species may have declined due to drier summers, impacting starling populations.

Greenfinches

Where? Greenfinches can be spotted in gardens, visiting bird tables and garden feeders, as well as parks, woodland and farmland. In winter, they form flocks with

other finches and can be seen roaming the countryside and parklands for food, nesting in small colonies in trees and bushes.

Why? At this time of year, greenfinches will begin to flock together, making them easier to spot in larger numbers. It is especially important for NWT to find out how many of these birds remain in Norfolk due to their decline of around 63% since the 1970s.



Greenfinch, Graham Brownlow

Helen Baczkowska, NWT Acting Conservation Manager, said: "Many of our bird species in the UK are facing dramatic declines. The more people that get involved and let us know what's happening on their local patch, the greater the picture we can pull together of the lives of these birds.

"Helping us record jays, starlings and greenfinches this autumn allows us to better understand their distribution in Norfolk and can inform our conservation activities in the future."

Sightings can be submitted online or by phone to NWT's Wildlife Information Service. You can view a distribution map of all the sightings submitted so far on Norfolk Wildlife Trust's website:

www.norfolkwildlifetrust.org.uk/spotter

Phone: 01603 598 333

The Witches Cauldron



Sisters Mandy and Melanie describe themselves as purveyors of potions, lotions and exquisite gifts, and the shop which opened in Hunstanton in September is called The Witches Cauldron.

Open Tuesday to Sunday 9.30-5pm, the sisters specialise in doggy nutrition and accessories, aromatherapy blends, eco friendly products and witch, fairy and unicorn themed gifts.

Hitching a ride with Her Majesty

Slim Wilkinson

Geoff Needham's article in the October issue about when he was serving aboard HMS Crossbow has reminded me of a memory when in the R A F. I was hitching a ride and a Rolls Royce pulled up and a chauffeur got out and asked if I wanted a lift. I thanked him and he said Her Majesty always likes to give rides to service personnel in uniform.

At the car I expected to get into the passenger seat but the chauffeur opened the rear door and there sat Queen Elizabeth the Queen Mother. I gave a salute and she said "Get in I am sure it is cold out there." Before being dropped off the Queen Mother said: "Be sure to write to your Mother every two weeks." I replied yes Ma'am with a salute.

CROSSWORD SOLUTION
Across: 1. Vertigo, 5. Insider, 9. Meditated, 10. Rioja, 11. Marine, 12. Shallow, 14. Rope, 15. Double chin, 19. Watermelon, 20. Otto, 22. Rebecca, 25. Psycho, 27. Aisle, 28. Heptagons, 29. Tacks on 30. Spooked
Down: 1. Vamp, 2. Red carpet, 3. Intone, 4. On the nose, 5. Indus, 6. Screamer, 7. Droll, 8. Rear Window, 13. Crown roast, 16. Blowpipes, 17. Hitchcock, 18. Crackers, 21. Dynamite, 23. Basic, 24. Ashen, 26. Used

**CYCLE SALES
CYCLE REPAIRS
CYCLE HIRE
CYCLE ACCESSORIES**
A.E. WALLIS
HIGH ST, HEACHAM
01485 571683
www.aewallis.co.uk @heachamcycleman

01485 570303 **A.E.WALLIS** 34-40 High St Heacham
www.aewallis.co.uk
Over 20 years serving the local community
Internet prices with local service
 **Whatever the weather, come to us for no fuss drying with a new tumble dryer.** 
Go to: www.aewallis.co.uk and follow the Euronics link or give us a call
No need to come in - we can take your order over the phone!

euronics

COUNSELLING

Marie Jarvis

MEd. BSc. BEd.

Reg. MBACP No. 56620

Tel 07866 889967

marie125@btinternet.com

Contact me for professional and confidential help

C L STEPHENSON
PAINTER & DECORATOR
HUNSTANTON BASED


- Free Estimates
- Interior & Exterior Decoration
- 20 Years' Experience
- All types of Wallpapering

Tel: 07932 074 207
or 01485 533 783

A.J. COGGLES
Family Funeral Directors
Family owned and managed - Established 1851
A complete caring and personal service offered by a local family business providing advice and guidance at your time of need when you need it most


- Day and night personal family caring service
- Individually tailored funerals at a competitive price
- Horse drawn and alternative funeral transport available
- 5th generation independent family service

  
40 Greevegate, Hunstanton PE36 6AG 01485 534421
1 Blackfriars Street, King's Lynn PE30 1NN 01553 766795
Also in Downham Market & Wisbech
Website: www.ajcoggles.co.uk


HUNSTANTON CHARITY SHOP
Westgate, Hunstanton (opposite Sainsbury's)
We are in need of donations.
CAN YOU HELP?
If you are having a sort out, please consider donating to our little shop. Solely run by volunteers for the last 14 years.
We have supported many organisations and your donation makes a difference!
Free local collections.
We also need more volunteers.
Please pop in and see us for more information.

NEWS FROM BRANCASTER VILLAGE HALL (BVH)

Geoff Wingrove

On Friday 23rd September BVH was delighted to host another in its occasional series of lively and interesting talks, given this time by Emma Manners, the 11th Duchess of Rutland, about the lost gardens of Capability Brown at Belvoir Castle. When she isn't writing books and making her own podcast series, the Duchess runs all the commercial activities at Belvoir Castle, which is one of the foremost stately homes, tucked away in Leicestershire. A castle has stood on the site since 1067 and is famed for its magnificent gardens, which were originally set out by the 5th Duke and Duchess in 1799, just as the current castle was being built. A number of years ago the Duchess discovered a large collection of hitherto unknown plans for Belvoir, drawn up by the great landscape designer Capability Brown in

1780 for the 4th Duke and Duchess. The audience was treated to a fascinating talk about life at Belvoir Castle, Capability Brown's plans, and the work that has gone on recently to complete that which Brown himself never finished.

Award

Brancaster Village Hall, following its refurbishment and extension, was put forward for the Mayor of King's Lynn Design Awards under the section "Community Schemes": we were delighted to receive the "Highly Commended" award for the work undertaken. Jordan Cribb of Vertex Architecture was presented with this award at a ceremony at the Town Hall by Conservation Officer Stephen King. The scheme was praised in particular for how well it married

the extensions with the existing 1904 building and the conservation needs of the area. The evening was a most enjoyable occasion, and showed the enormous diversity of architectural designs across the Borough.

Special events

Brancaster Winter Fair	26th November
Christmas Bingo	9th December
Norwich Puppet Theatre	15th December
Live music with Sidewalk	16th December

For further information on all the activities at BVH, please visit our website: www.brancastervillagehall.co.uk and for enquiries: brancastervillagehallcommunitybookings.co.uk

THE HISTORY OF BRANCASTER SCHOOL – PART ONE 1862-1939

Brancaster School has just celebrated its 160th anniversary. The impetus for its development lies in the legacy of a charitable trust founded in 1596 by Robert Smith, who left money for the establishment of a school. The school has played a key role in the village since its foundation on its existing site in 1862; in its initial phase it had strong links with the Robert Smith Charity which still exists today. The school's pupils, staff and parents have celebrated the 160th anniversary with a number of events, including an exhibition at the local at the local church detailing the school's history. This article maps the development of the school over the last 160 years and the crucial role it has played in the life of the village. The importance of this contribution means that the article will be in two parts, 1862 to 1939, then the second part next month from 1939 to the present. Could I pay tribute to the pupils and staff at the school, without whose research and hard work these articles could not be written.

1862-1939

The early years of Brancaster School are sparsely documented, and details are hard to verify outside of an extensive long-term research project. The present school was proposed in the 1840s and completed in 1862. This is eight years before the ground-breaking Education Act of 1870, which established universal education through a system of school boards that built and managed schools in areas where they were needed. Brancaster



School was formed under the guidance of the Robert Smith Trustees, and initially consisted of a small teaching room with an adjacent school house for the teacher.

An analysis undertaken by pupils of the school of the building features offers certain clues as to how the school operated. For a start, there was no electricity or running water in either the village or the school itself, water being supplied by manual pumps and heating by coal fires. The toilet facilities were extremely primitive and located in a small building outside the classroom block. A close examination of the outside of the existing school building shows the earliest parts have a distinctive brick pattern used in the 1860s; the same pattern is also used in the school house. This, along with the style of the windows, the presence of a Victorian shoe scraper and the chimney stacks confirm the date of the earliest parts of the school to the 1860s.

Initially the youngest children



would be sat on the floor, and all pupils used slates to write on. Much of the teaching would have been by rote and discipline would have been very strict, with no talking allowed in the classroom, punishable by caning. In 1870 the classroom area was divided into two – one for the youngest children and one for the seniors, who were given desks. Other additions were the canteen block in the 1940s, indoor toilets in the 1970s and a playground and playing field. The original school was for girls only: boys were educated in a different building in the village until 1938. The school was originally approached by a dusty track which branched off the main track running through the village.

In Brancaster most of the pupils in the late 19th and early 20th centuries came from farming or fishing communities, and the village grew to about 200 houses at the end of the Victorian era. The start of the Edwardian saw Hunstanton becoming a holiday destination, with the establishment

of the railway and pier used for leisure. The Royal West Norfolk Golf Club in Brancaster flourished under the patronage of the King. The club brought a whole range of people to the area, leading to the establishment of the Dormy House Hotel in the village.

The school leaving age was raised to 13 and the curriculum expanded to include a wide range of cultural activities and experiences. It was possible, via a school management board record, to follow the activities and concerns of the school managers, these being mostly with the maintenance of the building, employment of teachers and support staff, and truancy amongst some pupils. Following the First World War, a major flu epidemic brought misery to the country and village. The school still had no electricity, indoor plumbing or running water, and lunches were taken to the bakers to be put in the ovens. On the other hand, children wore more comfortable clothes and had more freedom to play; Brancaster had shops, a foundry and a laundry. The school thrived during this period, with children staying on up to 14 and pupils beginning to use paper and ink in lessons. Drill, – a type of PE – cookery and woodwork were introduced.

Clearly, in a short article, only a snapshot can be given of life in the school over an 80-year period; the next phase will cover the years from 1939 to 2022. The two pictures are rare photographs, taken around 1904, showing pupils and staff: the elderly lady is thought to be the Rector's wife.

These boots are made for walkin'

I suspect that for many readers of Town and Around their passion for boots started with Nancy Sinatra's 1965 hit when she and her group of dancers showed just how strong a woman in boots could be.

Boots are super stylish, and ankle boots look great paired with any kind of dress, skirt or trousers and especially jeans.



Choosing a style that incorporates different materials can really lift an outfit – the Jasper is a classic, leather look, ankle boot. It features a decorative zip to the outer ankle, stud detailing around the heel and to the back of the ankle, a faux croc effect. The boots also feature a luxurious padded insole and a zip to the inner ankle for ease getting on and off.

This faux suede stunning wedged ankle boot is a winner with the matching tassled zip.

Called the Gretna, the padded insole and low wedge make these boots a dream to wear and they can be paired with any outfit.. They are also available in black.



Who doesn't want a pair of cute, warm, waterproof boots? Treat your feet this winter with a pair comfortable and stylish boots that are perfect for walking the dog, rainy days or paired with jeans for a visit to the pub. Here it is, the ultimate winter boot. The Sierra features a warm faux fur lining and a luxurious padded insole to

ensure you look stylish, stay comfortable and keep dry thanks to the waterproof finish. (Also available in black)



Out for a family walk? The Benson III is the boot for you. It has been designed with style, comfort, and practicality in mind. It features a stylish knitted ankle cuff, a padded insole with a warm and cosy lining and is waterproof. The neutral tones make these boots perfect to pair with any outfit.

Combining practicality with style, or fashion with function, is the key and at Allez Chic the boots have arrived and are waiting for you! Step out in comfort this winter. Are you ready boots? Start Walkin'

OUR RECENT SURVEY RESULTS:

95% of the respondents get the magazine every month

97% of those keep it until the next issue of the magazine is published.

80% have contacted an advertiser from the magazine with

53% in the 'more than once' categories

83% have attended an event advertised in the magazine

allez chic

Chic and affordable fashion for all ages

Refresh your Winter Wardrobe

t: 01553 631915

The Old School
Castle Rising
King's Lynn
PE32 6AG



www.allezchic.co.uk

Angelina's

CURTAINS AND BLINDS

Professionally measured and fitted

Unit 1 Heacham Hall Ind. Units
Hall Close, Heacham, Norfolk PE31 7JT

t: 01485 571000

e: angelinasinteriors@gmail.com

Opening times:

Mon-Fri 10am-4pm, Sat by appointment



www.angelinascurtainsandblinds.co.uk



Anita's Salon

Open Monday to Saturday

from 9am to 4pm

or at other times by appointment

66 Westgate, Hunstanton

Tel: 01485 533736



On the turf with Charles Joyce

England 2 USA 1. The Lionesses march on as they beat the world champions who have won the last 2 world cups and half of all the world cups stretching back over 30 years. Enough said now it's down to Gareth Southgate and his team to match the Lionesses in Qatar.

A dose of seconditis came our way when Helsing finished second in the Goffs Million at 5/1. The supplemented Laurel finished second in the Group 1 Sun Chariot Stakes at Newmarket at 9/1. Still the girls did us proud when the Kirsten Rausing owned five-year-old mare Alpinista won the Arc D'Triomphe at 10/3. She was 11/2 in the morning and bigger when discussed in October's addition of T&A. The smoking baronet Sir Mark Prescott made one of his rare journeys abroad to see the mare become the first five-year-old mare to win since 1937. At the prices she was worth a go given the record of females in the race over recent years. The day did not start well for the team as the private plane failed to start on the Sunday morning meaning all concerned had to head for Lorraine Chase's favourite airport. (Luton for those who have never seen the advert). The girls were not finished when Hollie Doyle just missed out in the very next race finishing second on Nashwa who was beaten by a rank outsider that won at 66/1. But you can't keep a good woman down for long as Hollie won the next race on The Platinum Queen who became the first two-year-old to win the Prix de l'Abbaye since 1978 when Sifyon won for the Head family. I was pleased to see the filly win as I know some of the members of the syndicate who own her. They did not spend millions on her. Some had only a few hundred pounds invested.

That's a far cry from Godolphin buying a son of Frankel and Dar Re Mi for 2.8 million guineas at the Tattersalls October Sale. The vendor was Watership Down Stud owned by Lord and Lady Lloyd-Webber. I suspect many T&A readers will know of Andrew Lloyd Webber through such as Cats, Evita, Phantom of the Opera and many more. If not those then his first wife soprano singer Sarah Brightman one of the "naughty bits" on the Kenny Everett Show who lost her heart to a starship trouper. Sarah and Jose Carreras sang Amics per sempre (Friends for life) at the closing ceremony of the Barcelona Olympics.

I recall being told that another of the dancers in Hot Gossip was involved in helping in the local housing stock transfer which ended up becoming Freebridge Community Housing Association. I don't think I missed any of those meetings. Maybe the best known of the "naughty bits" was Bunty Bailey who is the blonde-haired girl in A-ha's Take On Me video. Still one of the best videos ever made with more than a billion views on youtube. Convent educated Lady

Madeline Lloyd-Webber turns sixty at the end of November. Her father, uncle and grandfather along with her mother's father were all members of the Black Watch. She rode in three-day events finishing second at the Burghley horse trials in 1988. In 2007, she subsidised St Barts a local comprehensive school (although it dates back to 1466) to train for polo events at the Watership Down Polo Club which had been set up by herself and her husband. Beating fee-paying schools Rugby and Cheltenham Ladies College which number among its former pupils one time Home Secretary, Amber Rudd, former Welsh Secretary Cheryl Gillan, former Daily Express editor Rosie Boycott and Mary Archer. Gareth Peirce is another one-time pupil. She is the solicitor who was labelled "the doyenne on British defence lawyers" by Sir Ludovic Kennedy. Lady Lloyd-Webber is also president of the Pony Club.

To endanger a fellow competitor in any sport demands the highest sanctions. A high tackle in football that can break a player's leg gets an immediate red card with a long suspension following for the worst offences. But to put at risk the life of a competitor requires much more than a red card. In mid-September while racing in the Ecuador Derby at the Miguel Salem Dibo racecourse jockey Joffre Mora stretched out his arm forcing Peruvian jockey Luis Hurtado off his horse. At the time the horses would have been travelling at around forty miles an hour. Fortunately for all concerned Hurtado escaped serious injury. But the Ecuadorian press have suggested that Mora received a life ban for his actions.

Christophe Soumillon is one of the best jockeys riding anywhere in the world. He has lost a very lucrative retainer with the Aga Khan, but he must still be thanking his lucky stars for a sixty-day suspension after he "voluntarily and deliberately" knocked Rossa Ryan off his horse when racing at Saint Cloud in France. Travelling at speeds approaching forty plus miles an hour horse racing is a dangerous sport. Some jockeys have been killed on the track and many more injured. The much-publicised High Court case between Freddie Tylicki and Graham Gibbons is an example of how high the financial costs can be to a wrongdoer. The incident at Kempton in October 2016 ended Tylicki's career causing him to be permanently wheelchair bound. The case was settled in the High Court in December last year when Gibbons was found to have been the cause of Tylicki's fall.

When I was in Ireland, I knew the Teelin family. They were one-time travellers who settled in the local town. Father of the family Felix, who was nicknamed Birdie, would sometimes refer to his son Michael who had died following a fall on the track at Leopardstown. At the time Michael Teelin

was on the way to becoming champion apprentice jockey. It was at a time when some of the greats of racing were learning their trade. Michael one day dead-headed with another apprentice by the name of Jonjo O'Neil who went on to ride wonder mare Dawn Run who remains the only horse to win both the Champion Hurdle and Cheltenham Gold Cup. Maybe another time I'll tell you more about Birdie other than his daughter Anna was a colleen who would catch any man's eye. In the meantime, suffice to say Birdie Teelin taught me much about the art of making a deal.

November is very much the transitional month when the flat ends and the national hunt season gets into top gear. Towards the end of the month the Corals Gold Cup (the Hennessy to most racing folk) goes ahead. This race has been won by some of the all-time greats of national hunt racing since Mandarin won the inaugural running in 1957. Only Mandarin, Arkle and Denman have managed to win it twice. It was the scene of the now legendary first clash between Arkle and Mill House with the Fulke Walwyn reigning Cheltenham Gold Cup winning in 1963. Never again was Mill House to lower Arkle's colours. When looking for this year's winner the first place to look is this year's Broadway Novices Chase run at Cheltenham in March won this year by L'Homme Presse, as second season novices have a very good record in the race. Looking at other trends, of the last 25 winners 22 were aged 6-8 year old. 22 of the 25 had run no more than 5 times in the previous year. Again 22 of the 25 winners had run no more than the once in the current season. (8 of the last 9 had run in the previous 2 months) 20 of the 25 had finished in the first three places last time they ran. Although last year's winner was 33/1 that is the exception to the rule with 20 going off at 12/1 or shorter with 21 of the winners in the first seven in the market. None of the 25 winners had failed to complete the course more than twice in their entire career. Cloth Cap is the only winner this century not to be rated 140 or more. All the winners had run at least 3 times over fences with 16 winners running fewer than 8 times over fences. All the winners had won at least twice over fences in the UK and Ireland. 19 had won only once or twice over fences. Hopefully that does not overburden the possible qualifiers. Keep in mind when making your final selections trends are only a guide and it is most unlikely, you'll find a runner that fits all trends. This means a judgement has to be made, but at least hopefully we will be in with a shout.

As always pay the bills first and under no circumstances bet if you cannot afford to lose, because even the best professional punters lose more often than they win.



Lowest Price
★ We'll Beat Any Like for Like Quote ★
Guaranteed

BOOK A QUOTATION

www.completegaragedoorsnorfolk.co.uk

Garage Doors

The widest range of colours & styles

Awnings

Sun protection for homes and businesses

Carports and Canopies

Shelter your car from the elements

Security Grilles

Stylish protection

Repairs and Improvements

No call out-fee. Same day service

01553 611246 or 07717 820490

info@completegaragedoorsnorfolk.co.uk

BORDOLI PIZZAS

MON: RIPPER HALL DOCKING
TUES: INGOLDISTHORPE LAY-BY
WEDS: HEACHAM SOCIAL CLUB
FRI: OLD HUNSTANTON SOCIAL CLUB

From 5pm

T: 07565 754812 E: bordoli99@gmail.com

Fullers Body Repair Centre

Established 1973



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT

T: 01485 570799

M: 07799 118503

E: beautifulbodies@hotmail.co.uk

**Free Estimates · Resprays · Accident Repairs
Corrosion Repairs · Insurance Approved**

McALLISTERS

Quality British Fashion Brands
for Men and Women



SEASALT FABLE
CORNWALL ENGLAND



Hatley



Business Hours

9.30 – 5.00 Tuesday – Saturday

01485 544136

Poppyfields Retail Park, Snettisham
(Just off the A149)



E.H. Prior & Sons
Est. 1930
Family butchers and local produce

Christmas & New Year
food to order

www.ehpriorandsons.co.uk

How The Woottons lost out to Liverpool to host the next Eurovision song contest

Richard Coates

You may know that the UK came second to the Ukraine in the last Eurovision song contest but Putin's war with that country meant that it was felt impossible for Ukraine to follow the normal tradition and host the next Eurovision song contest. So it fell to the UK, as runner up, to host it instead. There then followed a search in the UK to find a suitable place to host the contest and this is where The Woottons first lined up alongside the usual cities that contest these things. Well, why not? There's a lot going for The Woottons and it would really put us on the map!

Now there's a list of criteria that the host must reach and the first one is a venue to accommodate at least 10,000 spectators. Where could that be - in The Woottons - I thought? Now I knew that the South Wootton Parish Council are extending their offices so that they could hold their meetings there but, having seen the plans, I didn't think they could get 10,000 spectators in there. Nor in the South Wootton village hall

although it does seem quite big and cavernous and certainly produces quite an echo sound for those of us who don't hear very well. Then I had it! Suddenly it came together. It didn't actually say that the venue had to be undercover! And the planners had accepted a planning application for hundreds of new houses as being in South Wootton near Knights Hill between Grimston Road and the King's Lynn by-pass. So if there's space for hundreds of houses there must be space for 10,000 spectators!

The next item is a press centre for 1,500 journalists. That had me scratching my head. Where in The Woottons can we put 1,500 journalists? Before the pandemic, there used to be a fete on the South Wootton village green and that included, as I recall, a beer tent organised by Round Table I think. Now it's reasonably well known that journalists spend much of their time in bars and pubs so all we've got to do is get Round Table to cover the whole of the South Wootton village green in beer tents, get plenty of beer in

and whatever else these journo types drink and we should have this one sorted.

It's got to be within easy reach of an international airport. My first thought was to get those people on Hunstanton beach with those hang glider things and see if we can get people to use them to jump off the top of Hunstanton cliff like Del Boy. He went quite a distance but that might not qualify as "international". But Norwich airport is international and, in terms of being within easy reach, it is for an airport so I think we can tick that particular box.

Hotel accommodation available for at least 2,000 delegates. Now that one is a bit difficult in The Woottons. How many hotels have we got? Well, there's The Red Cat (I stayed there once when I first came to King's Lynn and needed accommodation). Knights Hill has hotel accommodation (although it's in Castle Rising parish, it has a postal address of South Wootton so we might get away with that). Maybe we could finally get the planning



application for The House on the Green expedited and get some hotel accommodation there? Still none of that is going to get accommodation for 2,000 delegates. In the end I had to go for the scouts and guides organising one of their jamborees and providing tented hotel accommodation for the 2,000 delegates, journalists and spectators.

There's a Long List that's prepared of possible locations in the UK and then that Long List is reduced down to a Short List before the final decision is revealed on TV. How would The Woottons fare? I'm sorry to have to tell you that we didn't even make the Long List!

WE ARE IN THE TOP 10

THE SUNDAY TIMES

The 10 best fish and chip shops in the UK



6. Fishers, Hunstanton, Norfolk

There are newer, more fashionable chippies on the north Norfolk coast, but I've eaten at them all, and the best is the shop on the Green that has been serving since the 1950s. Most fryers make a big deal about their "signature batter", but Fishers is the lightest and crunchiest I've tasted this year. There's a charming restaurant, but unless it's raining you'd be mad to use it when you could sit on the Green overlooking the sea, or walk for five minutes up Cliff Parade to find a bench in Esplanade Gardens and watch the sun set over Lincolnshire. Cod and chips £9.70 (fishershunstanton.co.uk)



www.fishershunstanton.co.uk

[f](#) Fishers of Hunstanton [@](#) fishersofhunstanton

From £895*
for a fully fitted electric garage door.

Gotta get a Garolla.

Trustpilot
4.8 out of 5 (Over 3,000+ reviews)

WHAT'S INCLUDED WITH EVERY DOOR:

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space.

Give us a call today and we'll come and measure up completely FREE of charge.

GAROLLA
ROLLER SHUTTER DOORS

www.garolla.co.uk

CALL US TODAY ON:
01485 240 034
MOBILE:
07537 149 128

LINES OPEN 7 DAYS A WEEK

*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.

Fabulous Creative Experience

Esther Boehm

In September I was invited to take part in an Art Symposium in Neukirchen, Bavarian Forest, Germany. The theme was **Cosmos**.

When thinking of Cosmos – the first impulse is to think of the universe. So when I took a look at my huge book by Alexander von Humboldt called 'Cosmos', I was surprised to find it more to do with natural science and geology than planets and stars – and that Cosmos can also mean order and harmony. Humboldt's work had to do with the earth as an interconnected whole.

My concept for the Symposium took aspects of all. Based on my installation of 2019 in Norwich where I built pillar-like objects using armatures (wire structures) covered in plaster – I imagined these objects as a sequence growing out of the ground. The first of eleven was about 15 cms, the last over 2 metres. Symbolically, I was taking Humboldt's earth and having it grow into the heavens.

The other aspect of my concept had to do with using natural elements and experimenting to see what would happen if I mixed them with cement instead of plaster.

At the Symposium, I met seven artists each with their own concept of Cosmos. We were able to choose to work in a former butcher's/pub with rooms up above, post office or café (a sad sign of the times that villages are losing such services). For us, an amazing opportunity to develop our ideas and create.

The discovery of a neglected garden on site was the perfect spot for me to create. The Symposium and experimental nature of it, gave me the freedom to fail. It didn't matter if the projects were complete or if your exact proposal was realised. It was the exchange and development of ideas that was important. For me, some of the 'failures' were the most exciting parts of my experience. One of them was mixing elderberries into the cement. All previous experiments worked wonderfully – so it was quite surprising when the cement didn't set and crumbled when pressure was put on it. Also, my hope of colouring the cement purple turned to grey!

In the garden while clearing the long grass, I discovered several ant hills. Not wanting to disturb them, I used rubble found on site to ring each one, forming an ant hill constellation. It became part of my installation. My object placement therefore naturally included these mounds so that everything in the garden became its own system – Cosmos. I started creating the elements of my sculpture using chicken wire stuffed with crumpled newspaper for my sequence of evolving objects. I was going to use cement. Other artists suggested that it looked good as it was. So, this part of my work was complete.

In the time I had left, I devoted myself to two further objects using my original idea of oxide coloured cement mixed with natural materials. Rain set in. The rods for the pillar-like sculptures couldn't hold the weight of the wet cement. With the help of a couple of the other artists, we constructed a support system. It didn't end up looking as I had planned – the cement set with the addition of rose hips, bindweed roots, stinging nettle stalks, seed heads, berries (not elderberry) that I added to it. In the context of the Symposium I wasn't able to see what would happen over time but it was a wonderful basis for new experiments.

What this Symposium showed me was that embracing mistakes made it much more fun. They weren't 'mistakes' they were just an observation of the state of things – the magical part of learning. So often we restrict what we do because we are so intent on getting it right the first time. We can get it right in the end but why not have fun on the way?

My Studio is open on Saturdays and Sundays from 10-1. Visitors always welcome. (Do call first if you are coming from further away.) We could talk about projects to get you started be it lino-cut, clay, plaster and a whole lot more.



Hunston Festival 3 by the Sea

MAKE YOUR OWN CHRISTMAS WREATH

Sunday 20th November
in Hunston Town Hall Hub 10am -1pm
with **GARY BOCKING**




Let Gary show you how to create a beautiful wreath to be proud of.
Bring your own foliage, ivy, holly, firs etc.
The cost of £40pp includes the ring and all other materials.
Refreshments, mulled wine and mince pies included
Places are limited so please book asap with
Chris on 533367 or 2chrisearnshaw@gmail.com
www.festival3.com
HDFA Registered Charity Number: 1044797




STUDIO @ 55

Creative Giving

Giving doesn't have to cost a lot. Make your own gifts and cards, etc. Come to my studio to explore ideas and make things for Christmas.

Contact me for more information:

Esther Boehm • 55 High Street, Heacham, PE31 7DW
www.studioat55.com • eb@estherboehm.com
T 01485 570 506 • M 07538 986 235



Studio @ 55 • 55 High Street • Heacham, PE31 7DW
<https://www.studioat55.com> • eb@estherboehm.com
T 01485 570 506
M 07538 986 235

KL1 Radio on DAB from November!

West Norfolk's KL1 Radio celebrated their second birthday in September and now they have a double reason to celebrate as they will be on DAB from this month.

The radio station was created by Richard Dix who has said he "feels that the demise of the local commercial radio station serving the area which is now part of a national radio service was detrimental to the listening audience in West Norfolk"



KL1 Radio has for the last two years built a loyal following in preparation for the launch of DAB Radio transmitters in the area. This launch is confirmed for the beginning of November 2022 and the team are gearing up for what will be an exciting launch period bringing locally produced programming serving not only the local business community but by creating the KL1 Radio Teamwork initiative the station has forged strong bonds with local voluntary organisations giving them free to use airtime across all its programmes.

The station has an active calendar of broadcast partnerships including:

- The development of the KL1 Radio Business Hub, a monthly networking meeting of businesses based in West Norfolk alongside those who want to come to the area to do business.



Standing from left founder of KL1 Radio Richard Dix, Paul Baker, Breakfast Presenter and seated Jay Harrison, Presenter of The Cut

- Supporting the Kings Lynn Bubble Rush in 2021
- Three days of live programming from the 2022 Royal Norfolk Show
- Full coverage of The Lynn News Education Awards
- Supporting Kings Lynn & West Norfolk Pride
- Supporting live theatre with the Kings Lynn Players

There is a packed diary for the coming year, and we are sure that with the addition of DAB we will reach even more listeners.

The team of presenters has been in place since day one, along with some former original members of KLFM 96.7 and Radio Broadland and they are now firmly established as the voice of West Norfolk.

Richard Dix said "these are exciting times for truly local radio. Supporting the community and more importantly keeping revenues in the local economy is the most important facet of KL1 Radio but there is more in the pipeline for listeners in West Norfolk as we continue to develop".

Look out for the December issue of T&A with news of Jay's 24 gigs in 24 hours challenge on 9th and 10th December.




Traditional Sunday Roast & Live Music

Roast lunch available every Sunday
From 1230pm

Roast of the Day from £12.95
Full vegan & gluten free roast available

Music with David Young
November Dates: 6th 13th 20th
December Dates: 4th & 18th

Book on-line
www.theterracehunstanton.co.uk
Or call us on
01485 535903




**Unlimited
4G Mobile Broadband,
Home and Business Fibre**

Local Company

sales@ruralbroadband.co.uk
01485 572253
ruralbroadband.co.uk | f i t y

Fibre and Mobile Internet

Satellite Broadband

VOIP

Equipment to suit YOUR needs

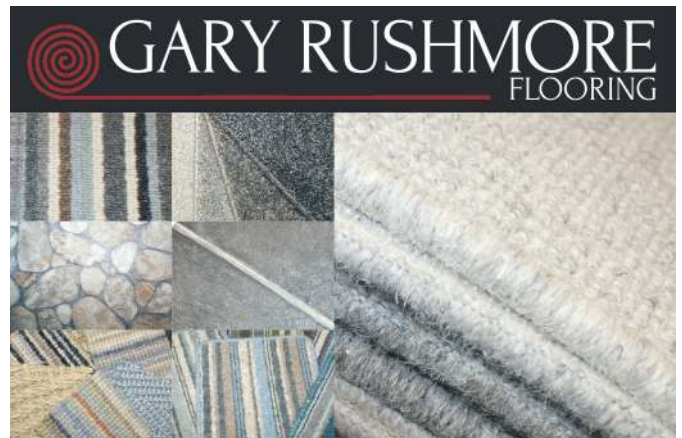
Nightingale Lodge




**BLACK SWAN
Care Group**

Rated 'Outstanding Overall' by the CQC
Nightingale Lodge provides top-quality care for up to 29 elderly residents. Person-centred care is at the heart of what we do, which is why we provide bespoke care packages as unique as each of our residents.

01485 533 590 www.blackswan.co.uk



- free measuring and estimates with no obligation
- superb range of carpet, vinyl and laminate samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- a family-run business, with over 30 years of experience
- home selection service available

Unit 6, Heacham Hall Industrial Units, Hall Close, Hunstanton Road,
Heacham, King's Lynn, Norfolk PE31 7JT

OPEN: Monday, Tuesday, Wednesday, Friday 9.30am-4pm
(closed all day Thursday and Saturday)

t: 01485 572202 email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk



Safe Professional Earwax Removal...

for your appointment at The Drift Complementary Health Clinic
Station Rd, Heacham PE31 7DT, call: 01485 205085
or e mail: annahearinghelp@gmail.com



CP Chris Palmer
Plumbing And Heating Services Ltd

☎ 01485 571363

📞 07798 635860

✉ chrispalmer333@gmail.com

New boilers-repairs-servicing
Bathroom-shower room installs
Renewables



Hunstanton Lifeboat Station

Geoff Needham

After a lull in shouts, our first call since 14th August, Friday 7th October at 8.30pm Hunstanton Hovercraft was requested to help other agencies to assist in the search for a report of person in the river, at Kings Lynn. The crew searched up river and the approaches to Lynn Channel but nothing was found and the search was called off by the Coastguard. The Hovercraft returned to station just after midnight, and the call was suspected of being a hoax call.

Crew training carries on, and there are two good results of hard work and dedication to report. Congratulations to Ryan Derby who has passed his final Helm assessments. Ryan follows his father and Grandfather both former Helmsmen, well done Ryan. Dave Cleland has passed his final Commander assessments on the Hovercraft; he joins three other commanders, Dave is another long serving crew member, and is also a Helmsman for the boat. Congratulations Dave.

Sunday 18th September the station welcomed members of the Civic Society and two special guests Bill and Debra Ross daughter of Reis Leming, the American serviceman who saved so many lives during the 1953 floods, and is remembered and honoured by the town. They were given a guided tour of the station, and were presented with a RNLI 200 years anniversary baseball cap by Rigil Kent on behalf of the station. Debra told us that the report that her father was not correct, it was stated that he couldn't swim, she told us he could and did a lot of diving etc, the reason he couldn't swim that night was because his drysuit he had on got torn and filled with water at a very early stage of his rescues, thus making it impossible to swim, but he carried on, a truly remarkable man though very cold and wet, a privilege to have met his daughter and her husband.

On the night of the floods I was serving aboard HMS Crossbow a destroyer, we sailed from Portland on the Saturday afternoon bound for Gibraltar, as we left the channel and into the Atlantic, during the middle watch we altered course, we were responding to a Mayday signal from The Princess Victoria, a British Rail Ferry, her rear doors had stove in, and she was sinking. We felt the full force of a northerly as we headed up to the Irish Sea. We were about 80 miles from the casualty when a signal was sent there was enough ships in the area and we were ordered to



proceed to Gibraltar. It wasn't until we reached Gib. and brought a paper that we learnt that 135 passengers drowned, and of the disaster that had hit the East coast of England, there was a about six of our crew who came from Norfolk East coast, and were allowed a phone call home to find out if our families were ok. On returning to UK in April, and coming home on leave, did I see the damage, travelling on the train from Lynn to Hunstanton, the amount of debris in the hedgerows on the landward side of the railway and both sides as you approached Hunstanton station, a scene I shall always remember.

Respect the water campaign and advice to Holiday makers, Tidal waters have strong tidal currents, especially the approaches to the harbours. General coastal safety tips. 1. Check the Weather and tide times. 2. Read signs. Be aware of local hazards, ie; sandbanks. Channels Strong tidal currents 3. Carry means of calling for help. 4. If you see someone in danger dial 999 or 112 and ask for the Coastguard who will page us.

National Coastwatch Brancaster

National Coastwatch Institution (NCI) are an integral part of the Maritime Search and Rescue organisation and are the 'eyes and ears' along the coast working closely with the RNLI and HM Coastguard. We are run entirely by volunteers, all of whom are drawn from our local community. We are a Registered Charity (number 1159975). Each station is funded from charitable donations and grants as there is no financial support from Government. We are only operational due to income from these sources as well as our fantastic volunteers who donate their time.

Our station is situated behind the Royal West Norfolk Golf Club overlooking Brancaster beach. We are extremely grateful to the Golf Club for allowing us to be sited within their grounds. This is a perfect location and allows us to keep watch across Brancaster Bay including Scolt Head Island along its western shore.

We keep watch over the beach and inshore coastal waters for people and vessels getting into difficulties, as well as deal with injured mammals, sea birds and hazardous materials that are washed onto the beach. We keep a listening watch on VHF radios and are trained to spot, report and respond to emergencies and liaise with the relevant emergency services to bring incidents to a conclusion.



Spring tide at RWNGC

Since becoming operational in April, the Brancaster station has dealt with more reportable incidents than any other NCI station on the Norfolk Coast. Some examples of incidents we have dealt with in conjunction with the other Emergency Services:

- A capsized dinghy
 - A missing vulnerable person
 - A barrel of toxic chemicals washed up
 - A deceased mammal on the beach
 - Individuals (and their dogs) on Scolt Head Island who were cut off by the incoming tide
 - Weaver fish stings
 - Beach visitor fell and fractured leg
- Do our volunteers have fun?

The job our volunteers do is clearly very important and we take our responsibilities

extremely seriously. We are faced with difficult and potentially even tragic situations on a relatively frequent basis and we ensure our training and processes are sufficiently robust to perform our duties competently. Nevertheless, we do have fun when we can by having regular meetings off-site, doing some of our training together, becoming involved in local fairs and events and generally being nice to each other! Our volunteers are just fantastic and we are blessed to have them as members.

We need more volunteers! More qualified watchkeepers will enable us to keep the station open for longer – this in turn means that we are able to help avert or prevent more difficult situations occurring, whether than be at sea or on the beach. No previous maritime or nautical experience is required and training is provided at your own pace. All we ask for is a commitment to donate at least 4 hours per week of your time.

We also need more money! We are open to many different ways to offer us financial support. These can, for example, be via donations, gifts, sponsorship and patronage.

If you would like further information, please contact our Station Manager John Allen on 07955 621608 or by email john.allen@nci.org.uk

The Prudent Pensioner's recipe

With cold weather and shorter daylight hours, I thought I would share a nice easy recipe for an inexpensive, winter warmer that is nutritious and tasty.

Vegetable Soup

Approx. 230g / 8oz. Cabbage
1 medium size Carrot
1 medium size Parsnip
1 medium size Potato
1 Vegetable stock cube
Salt and pepper
Knob of butter
1 medium size Onion or Shallot



Dissolve stock cube in 500ml / 1 pint hot water.

Remove and discard outside leaves of cabbage, trim off and discard discoloured area of base of stalk. Cut away stalk and place in a bowl of cold lightly salted water, slice leaves thinly and leave in the bowl with the stalk.

Peel and trim carrot and parsnip and cut them into small pieces. Peel potato and cut into small pieces.

Rinse cabbage stalk and cut into small pieces.

Peel and slice shallot. Put butter into a saucepan and over a low to medium heat soften butter then add shallot/onion and mix well. Cook for 1 minute stirring continuously.

Add carrot, potato, cabbage stalk and parsnip to saucepan, pour in stock, stir and mix well. Bring to the boil, reduce heat, cover and leave simmering gently.

Rinse cabbage leaves and add to saucepan, stir well, bring back to boil, reduce heat, cover and leave simmering for 15 - 20 minutes or until vegetables are fairly soft.

Season to taste.

Strain off liquid into a jug. Put vegetables into a suitable jug or bowl and whizz with blender until soft.

Carefully return liquid to pureed vegetables in a saucepan, stirring gently to mix well. Reheat, serve and enjoy.

-ooo-

My updated book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup is now available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems and tales) It is also available from Ridouts Bakery in Heacham. Docking Farmers Market and Folgate Farm shop Waddington, Lincolnshire. A copy is available to borrow from Heacham Library. See more recipes on The Prudent Pensioner Facebook page

Email: pru.pensioner@btinternet.com

QUALIFIED ELECTRICIAN

Available for:

- Extra Sockets
- Lighting
- BT Points



No job too small - Free Estimates

No call out charges

Phone Owen on:

01485 572726 or 07813 173 446

Meals & service with you in mind



We are a trusted and established frozen meals service that cares.

Pick from a wide range of comforting meals including delicious breakfast, lunch and dinner options as well as mini meals and desserts. We understand everyone has different tastes, so our aim is to have something perfect, just for you, within our range of over 350 dishes. All these delicious dishes will be brought directly to your door by a friendly, local, reliable delivery driver.



Cumberland Pie

New

MADE FOR YOU

Softer Foods Range

80 dishes suitable for a Level 4 Puréed, Level 5 Minced & Moist and Level 6 Soft & Bite-Sized diet. Our range of meals are made to home-cooked standards, are tasty, full of flavour, and are perfect for any meal occasion throughout the whole day.

No contracts so order when you need!

FREE delivery
on orders of £30 or more

Call us today to request your Oakhouse Foods or Made For You brochure on local number

01379 870 117

or visit us online today
oakhousefoods.co.uk

DON'T FORGET THE POWER OF PRINT ADVERTISING

Social media is great but it's a bit like sticking a post-it note onto the windscreen of a car on a windy day.

Print cuts through the digital noise
Print is more trusted
Print lasts longer



"This company is amazing" - CATHERINE

Christian Science Society Hunstanton

For some people, despite areas of happiness and good in their lives, may feel a sense of bleakness and depression. There may be many reasons to be dismayed about life as the world presents today.

Where can we turn when things seem against us? To God, the ultimate power of good. The Bible tells us God is Love and this all-encompassing Love cares for each one of us, "a very present help in trouble." Getting to see God as a calming, healing presence enables us to navigate through our lives and find the joy and peace that is rightfully ours.

Our church services are held every Sunday at 11am at 10 Queens Drive, Hunstanton, and a testimony meeting on the first Wednesday of the month at 12 noon. You are welcome to join us. If you want a chat or more information, call Gay Paterson on 01366 328108 or email Paterson.g@aol.com. Free magazines are in a rack outside the church building. We can be found on Facebook and information on Christian Science and our worldwide church can be found at www.christianscience.com. Services are also available online at www.spirituality4.me along with talks and further information.



We have a new Bishop. The Holy Father, Pope Francis has appointed Rev Canon Peter Collins, a priest of the Archdiocese of Cardiff, as the fifth Bishop of East Anglia. The Episcopal Ordination of Bishop-Elect Peter Collins will take place at the Cathedral church of St John the Baptist in Norwich on December 14th 2022 at 11.30am. Bishop Alan Hopes is retiring after 9 years of dedicated service as our Bishop. You can listen to the announcement on the Cathedral's website or through YouTube.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm. and

there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE. There is a fair-trade stall at St Cecilia's on the first Sunday of each month.

The Pope's prayer intention for November: Children Who Suffer - We pray for children who are suffering, especially those who are homeless, orphans, and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.

A few members of the parish have been getting together to discuss ways to enliven the life of the parish. The dates of the meetings are published on the website and in the weekly church bulletins and anyone interested in contributing in any way is more than welcome to attend or pass on ideas.

Sr Danuta is guiding a regular parish study/discussion group at the Convent every Tuesday, 4.00-5.00pm, looking in more depth at the readings for the following Sundays. Anyone who is interested is welcome to come along to any of the meetings and take part.

The Sisters at St Theresa's Convent, Sandringham Road, are now offering daily Mass at 12 noon. Please confirm with them if you intend to be present. Contact 01485 532837.

For Parish news including Mass times and prayer requests, please see the Parish News page on our website. For information about live streamed Masses in the Diocese and related matters, including Coronavirus updates see the Links page of our website at, www.hunstantoncatholicparish.org

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton.

Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org Email: hunstantonparish@rcdea.org.uk (please note that this is a new email address, please add it to your address list)

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

Hunstanton and the Saxon Shore

It's that time of year when the pink footed geese fly overhead with their distinctive honking and unique flying pattern called a skein (I've learnt from Google!) It's also the time of year when as the schools return, as I teenager, I always looked forward to the return of Delia Smith on BBC television. I used to like pretending to be her, measuring out all of my ingredients and talking to an imaginary audience. The rule was, I did the mountain of washing up! Now my daughters and I look forward to Bake Off and watch each week as the dishes get more and more complicated and the bakers one by one leave the programme.

We've been picking the abundance of blackberries on our autumn walks and so far have made 17 jars of blackberry jam to donate to various villages fairs. Sadly, homemade jams can't be donated to food banks due to health and safety. We've also created a blackberry blondie, a version of a white chocolate brownie which is rather yummy!

I'm very conscious that this autumn, we are entering a season like no other I've ever lived. The rising cost of fuel, food and living has put many under increased pressure, a pressure like never before. For those of us with a healthy bank balance, we can become immune to the realities of the cost of living for the majority. I understand the hardship and difficulties as I journey with the many who are living hand to mouth. I meet them when I'm out and about, I meet them when I do funerals, I meet them when I do weddings, I meet them when I go to our coffee mornings and harvest services.

We live in a beautiful part of the country surround by much wealth, but also much poverty which is hidden away. Some have second home, some even third homes. I ask that as the country face a real winter of discontent and poverty, that those of us who are financially blessed, share our blessings with those who are struggling.

Could you volunteer at the Hunstanton 'Helping Hands'?

<https://www.hunstantontowncouncil.gov.uk/community-fridge.html>

Could you invite people for dinner once a week or make some extra portions for a neighbour in need?

Could you donate to the charities that support those struggling?

Any of you who have been to one of my baptism services and who were at church the weekend of our late Majesty's Platinum Jubilee, will know that Paddington Bear is very dear to me. That's another story which I'm always happy to share over a cup of tea (and even a marmalade or blackberry jam sandwich!), but it is because of this bible passage and my journey to priesthood that Paddington is special.

Matthew 25:35-40. The Message (a modern version of the bible!)

34-36 "Then the King will say to those on his right, 'Enter, you who are blessed by my Father! Take what's coming to you in this kingdom. It's been ready for you since the world's foundation. And here's why:

I was hungry and you fed me,

I was thirsty and you gave me a drink,

I was homeless and you gave me a room,

I was shivering and you gave me clothes,

I was sick and you stopped to visit,

I was in prison and you came to me.'

37-40 "Then those 'sheep' are going to say, 'Master, what are you talking about? When did we ever see you hungry and feed you, thirsty and give you a drink? And when did we ever see you sick or in prison and come to you?' Then the King will say, 'I'm telling the solemn truth: Whenever you did one of these things to someone overlooked or ignored, that was me—you did it to me.'

Be a blessing to others - Kirsty

Rev Kirsty Allan

Team Vicar - The Hunstanton and Saxon Shore Benefice

revkirsty@icloud.com

Facebook @HSSBCofE

01485 211159

0777 371 6781

Rest day is Monday

**Artworks
@ The Town Hall**

Gallery : Shop

Opening Every
Thursday 10am to 5pm
Friday 10am to 5pm
Saturday 10am to 5pm
Sunday 10m to 4pm

www.artworksatthetownhall.com

Supporting Local Artists,
Photographers
and Skilled Artisans

CJB COMPUTING

- New & Used Computers
- Tuition, advice
- Repairs & upgrades
- Broadband, Wireless
- Internet, E.Mail
- Laptop power supplies
- Screen replacement

No job too big or small,
give Chris a call

Office: 01553 606555
Mobile: 07447 748356

Mark's
Gardening Services



Garden Maintenance
 Free quotes
 £20 per hour
 over 20 miles round trip £10

Call: Mark Wright
07876 151688
 wright680199381@gmail.com

OYSTERS & MUSSELS



BRANCASTER OYSTERS

HOME DELIVERY
 FRIDAYS WITHIN
 30 MILES OF BRANCASTER

BRANCASTEROYSTERS.CO.UK
07503684849
 BRANCASTEROYSTERS@GMAIL.COM

A Warm Space at The Bridge for Heroes



The Bridge for Heroes veterans' charity based in King's Lynn has registered as a 'Warm Space', a nationwide initiative to offer a warm safe space for people who are worried about heating their homes and keeping warm this winter.

The Charity has two facilities, a 'drop in' centre in South Clough Lane and an Activity Centre located in Nelson House, on the North Lynn Industrial Estate.

Helen Taylor, the Bridge for Heroes CEO said: "We recognise the difficulty and concern that many of our beneficiaries' face as a result of the enormous rise of energy costs. That is why we took the decision to register as a 'Warm Space'".

The Charity offers anyone who has served in the military, irrespective of unit or time served, together with members of their immediate family a safe, warm space for them to use where they can also enjoy a hot beverage and, where necessary, hot food, all served from the centre's kitchen.

The Charity's centres are open Monday to Friday from 10am to 4pm with the South Clough Lane centre also opening from 10am to 2pm on Saturdays.

Any veteran who is worrying about keeping warm is welcome to come and spend some time in the welcoming warm, safe spaces offered up by the Charity.



Hunstanton
OWEN'S DIY
 Your local independent store for over 20 Years

Monday - Friday 9am - 4pm
 owensdiy@btconnect.com
 www.owensdiy.co.uk
 01485-533053

Link2Home **Leyland Paint Mixing Service**
Security cameras,
Doorbells & Lighting.
Power Tools, Paraffin,
Water Softener Tablets,
Mouldings

Key Cutting Service
Rug Doctor Stockist
Heating & Plumbing
Building & Hardware,
Electrical, Ironmongery,
HG Cleaning Products,
Faithfull Tools Stockist

FABRICS CURTAINS BLINDS

Christyana

OPEN
 Tuesday to Friday
 10am - 4pm
 Saturday
 10am - 2pm

BESPOKE CURTAINS, BLINDS AND ACCESSORIES



**Local, family
run, friendly
service**

**FREE
NO OBLIGATION
QUOTATIONS**

Showroom at I Poppyfields Retail Park, Snettisham
Contact Paula or Marcus

T: 01485 541111 • E: info@christyana.co.uk • www.christyana.co.uk

Hunstanton Rotary Club

Adrian Evans - Chair Club Service

At our meeting on 14th September, we had a special speaker Briony Bax who gave the members a presentation on her charity 'Saidia Children's Home in Gilgil, Kenya'. For the last 11 years Briony has been travelling each year to Kenya to visit Gilgil and taking volunteers to see and work at The Saidia Children's Home. Over those years she has seen many changes, their 'family' of 60 children have grown, some have graduated, some have gone off to high school, some have completed vocational courses. All the members were impressed by what had been achieved and committed to donate to this very worthy cause.



Cheque presentation to Aynsley Calvert representing Magpie Centre, West Norfolk Group Riding for the Disabled Association



Cheque presentation to Karan Mckerrow representing The National Autistic Society's West Norfolk branch

Hunstanton Rotary Club celebrated its Charter Night on 28th of September, celebrating its 46-year anniversary of becoming a member of Rotary International. It was a black-tie event held at Heacham Manor and was thoroughly enjoyed by all those attending. Amongst the attendees were representatives of three Charities who participated in our Norton Hill Railway event at the end of July. Each of these representatives were presented, by the Club President John Greyson, with a cheque for £1,600.

During September, we donated to the Disaster Response Fund for Ukraine to provide people affected by the war with essential items such as water, food, shelter, medicine, and clothing. We also donated a ShelterBox and



Cheque presentation to Tammy Green representing The Norfolk Hospice Tapping House

Aquabox to provide those impacted by the Pakistan flood disaster with Shelter and clean water.

At home we provided Dictionaries For Life to local primary school children.

If you are interested in finding out about Hunstanton Rotary Club and would like to come to any of our weekly meetings, you would be very welcome. Or if you would just like a booklet to find out more about us and what we do then we would be happy to post one to you. Please contact Mick Harpley (01485 570460) or send an email to: auden384@hotmail.co.uk

Hunstanton & District Inner Wheel

Sue Trewin, Club Correspondent

Wednesday 21st September is the International Day of Peace which as a club we acknowledge. This year we met at Titchwell Church. The silence of the church allowed participants to reflect on the benefits of experiencing peace and the support we experience from each other. I always enjoy children's' perceptions of things - honest and uncluttered. Here we go: 'World peace can be achieved when in each person the power of love replaces the love of power'. 'Peace is a stranger to the rigid mind, peace is a guest of the flexible heart' 'I enjoy peace only when I am not afraid of changing my stubborn mind'.

Preparations are well underway for our District Chairman Hilary Farrell's Rally at Knights Hill in a few days. This is an opportunity to meet others from District 8 and to welcome the President of the Association of Inner Wheel Clubs in Great Britain and Ireland. Hunstanton Inner Wheel are hosting this event and our current President Coral Campbell will be giving a short talk on Hunstanton.

- A couple of nights ago Veronica Welham and Hazel Evans organised a 'knit in' also known as a 'knit and natter'. Each participant was given wool, no 8 knitting needles and a



pattern for a square. These would eventually form part of a cot cover. My limited experience of knitting is that if you get the tension right, all will be well. If not the end product will be unrecognisable. In the photos June Sexton shows an example of the end product as it should be!

We were delighted to welcome Past District Chairman Linda Fellas to one of our meetings. It was a glittering occasion literally. Indian weddings usually are. She showed slides, took us through the preparation of the wedding, wore a beautiful sari and shared her knowledge. Thank you Linda for entertaining us.



Our email address should you wish to learn more about Inner Wheel is hunstantoniw56@gmail.com.

Look forward to hearing from you.

Extra Hands adopts smart new hi-tech

A West Norfolk-based award-winning family care company is celebrating the introduction of a smart, new digital monitoring service.

The 'Birdie System' has ruffled a few feathers in the sector by providing a state-of-the-art, hi-tech online system developed to keep families and carers up to date on patient care, both at home and in 'homes from home'.

Jo Tier, Director of Care Services at Extra Hands, which has offices in Heacham, cannot praise the new system highly enough.

She believes it will revolutionise the sharing of information about loved ones' caring and medical needs with, not only families, but also with caring and medical professionals in real time. The new system has also been rolled out to the company's Horsham St Faith office.

Jo said: "The Birdie System has made a massive difference to the way we can communicate with each other, our colleagues and the families of the people we care for.

"Basically it is all about live monitoring and everyone on the system can see what is going on in real time."

It also facilitates, through its care management feature, needs and risk assessments, raising alerts and concerns, assessment reviews and access to 'Body Maps'.

And Jo is especially pleased with Birdie's innovative medication manager.

She went on to explain: "Even families who live away can be updated with all they need to know; including medication and care.

"They can also, even see what their relatives have had for their meals and even how much they have eaten."

Jo believes the Birdie System, which she admits was a 'big investment' for the family-run company, is the future of caring. She believes it has certainly helped health professionals to focus on what really matters.



According to its website, "The smart minds at Birdie are on a mission to improve the quality of care for older adults - starting with innovative care management tools."

The company adds that its "connecting tools make it easier than ever to give loved ones and health professionals the real-time care updates they need".

Birdie also helps care professionals with financing, auditing, rostering and staff management.

Extra Hands

Providers of Home Care in Norfolk

Established
1993

Multi-award winning providers of Home Care in your community

We are a local multi award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

Our services can be arranged on either a short term or long term basis, we offer flexibility when organising care packages and can assure our customers that we will meet their requirements every step of the way.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

Thinking of a career in Social Care?
Why not join our award winning team

We offer: • Good rates of pay • Various hours available
• Enhanced holiday entitlement • Paid mileage
• Free DBS check & uniforms • Mobile Phone

Tel: 01485 570611

Extra Hands, Unit 13,
Heacham Hall Ind Est, Hunstanton Road,
Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards

Whyman & Mann Builders

BRICKWORK • STONEMWORK • GROUNDWORK
PATIOS • NEW BUILDS • EXTENSIONS

All types of building work undertaken
Brickwork and Stonework Specialists

Ben: 07875 830 606 Joe: 07875 662 451

e: ben@whymanandmannbuilders.co.uk
e: joe@whymanandmannbuilders.co.uk

www.whymanandmannbuilders.co.uk

November diary

Thursday 3rd

Stanhoe & Barwick WI: Candi Robertson: Candi's Chutney. How non-mango mango chutney became a local success story. Contact Valerie 01485 576261.

Friday 4th

Coffee Morning and stalls to browse at Snettisham Memorial Hall 10am-12noon. Everyone's welcome.

Friday 4th - Saturday 24th Dec

Deepdale Christmas Shopping Avoid those city crowds, support local businesses, and enjoy the beautiful North Norfolk Coast, by doing your Christmas shopping at Dalegate Market in Burnham Deepdale this festive season.

www.dalegatemarket.co.uk

Saturday 5th

Smithdon & Brothercross Girlguiding Autumn Hall of Stalls 10am-1pm St Edmund's Church Hall, Hunstanton. Free admission. Refreshments. Gifts, books, raffle, decorations, cake stall.

Great Bircham Autumn Fair in St Mary's Church 10am-3pm Free entry.

Anmer Club Guy Fawkes/ Bonfire Night. Club opens 6.00 p.m. Hot dogs; soup & rolls - £5 pp – To book food please email Dorothy at anmerchair44@gmail.com by Tuesday 1st Nov.

Hunstanton Fireworks including laser and music show. Cliff Top Hunstanton. Bonfire, Fireworks, Funfair, Refreshments. Gates open 5pm. Bonfire lighting 5.45pm.

Monday 7th

Anmer Club Bingo Night – Club opens at 7.00p.m. "Eyes Down" at 7.30 p.m. £6.60 for a book of 10 cards & £1.75 for a "Flyer Card". Fully licensed bar and Raffle – Donations of prizes welcome For further information email events@anmerclub.co.uk

Thursday 10th

Pandora Project Comedy Fundraiser. Comedy at the Duke's Head, Tuesday Market Place, King's Lynn hosted by Jenny Beake. Over 18s only. Doors 7pm, show 7.30pm Tickets £10.

King's Lynn Community Cinema Club at St. George's Guildhall, King Street screening the highly acclaimed Licorice Pizza on Thursday 10th November. This is a coming-of-age comedy drama set in the San Fernando Valley in the 1970's and follows the story of Alana and Gary going through the treacherous navigation of first love. £5 Enquiries: communitycinemaclub@googlemail.com

Friday 11th

Thornham Winter Warmers Talk and Supper. Orysia Lutsevych, Manager, Ukraine Forum, Chatham House. Orysia came to Thornham in 2019 to speak on "Ukraine – A Struggle of a Frontline State." It seems like the right time for an update from this engaging and informative speaker. Thornham Village Hall, £25, including a 2 course supper and welcome drink. Advance Booking is essential. To book, email winterwarmers@thornhamvillagehall.co.uk Doors open at 6.30pm. Talks start promptly at 7 pm, followed by supper. Full bar facilities available.

Anmer Club Film Night - Elvis - 12A - The film recounts the life and music of Elvis Presley (Austin Butler), seen through the prism of his complicated relationship with his manager, Colonel Tom Parker (Tom Hanks). Central to that journey is one of the most significant and influential people in Elvis's life, Priscilla Presley (Olivia DeJonge). The club opens 7.00 p.m. – Film starts 7.30 p.m. Admission £4 at the

door. For further information email films@anmerclub.co.uk

Saturday 12th

Christmas Craft Fair 10am-3pm. Village Hall, Kirkgate, Holme-next-the-Sea. Refreshments available, soup, sandwiches, homemade cakes, tea and coffee.

Man The Lifeboats – Live music at Deepdale Camping and rooms. The London folk band at a very special Brick Barn gig celebrating the launch of their new album, Soul Of Albion. Music begins at 7.30pm, gates open at 7pm Tickets £10 from: <https://www.trybooking.com/uk/events/31084/sessions/177799/section/s/62808/tickets>

Sunday 13th

Remembrance Sunday

RAF Bircham Newton Heritage Centre Open Day. The National Construction College PE31 6RH. Open 10am-4pm

Tuesday 15th

Brancaster Camera Club 7pm in Brancaster Staithe Village Hall. Nick & Liz Akers from Holt Photographic Society have kindly offered to come along and give a presentation of their work including recent projects they have undertaken. Both are very well known in photography circles, and it should be an interesting evening. Visitors are always welcome at our club. If you have an interest in photography or are on holiday in the area please come along. Contact Sue Till on 01485 210013 or Wendy Calow on 01553 674725.

Wednesday 16th

Thornham Cinema presents Operation Mincemeat. Thornham Village Hall. Doors and bar opens at 6.30pm. Film at 7pm Call 07469 044 554 to book your seat.

Hunstanton & District Civic Society Talk at the Heritage Centre, Hunstanton 7.30pm. Briony Bax: story of Kenyan Orphanage.

Thursday 17th

Bingo at Ringstead Village Hall PE36 5JU Registered Charity no. 284104. 7pm for 7.30 start. All Welcome. Debbie 07789 902575

Travel Tales and Tapas at The Terrace, Hunstanton with 'by the book' 7.30pm. to book your place contact adrian@buyanotherbook.com or call 01485 522349

Friday 18th

Anmer Club Race Night – With Pig Racing – plus Fish & Chips supper - £10 per head. To book food please email Dorothy at anmerchair44@gmail.com by Monday 14th Nov. Club opens 7.00 p.m. food served 7.15 p.m.

Saturday 19th

Craft Fair Hunstanton Town Hall 10-4pm

Village Screen Cinema, Amy Robsart Hall, Syderstone. 7.30pm Operation Mincemeat. The remarkable true story of the elaborate plot cooked up by British intelligence in 1943 to fool Nazi Germany into thinking the allies planned to invade Greece and Sardinia, rather than their actual target, Sicily. The corpse of a tramp was given a fake identity and then dumped off the coast of Spain, carrying the plans for the supposed invasion. Starring Colin Firth and Matthew Macfadyen as Montagu and Cholmondeley, the architects of the plot. With Penelope Wilton, Kelly Macdonald and Johnny Flynn

Sunday 20th

St Edmunds Day Gift Fair Hunstanton Town Hall 10am - 4pm

Sunday 20th

Wreath Making 10am to 1pm Hunstanton Town Hall basement, costs £40pp with most of the materials provided plus refreshments, mulled wine and mince pies but it must be pre booked with Chris 533367 or 2chrisearnshaw@gmail.com and for further information.

Monday 21st

u3a Hunstanton at Hunstanton Community Centre, Avenue Road 2pm November meeting with a performance from 'Three's Company'. You will be most welcome to join us Further information can be found at u3asites.org.uk/hunstanton

Thursday 24th

New Hunstanton WI meeting at Methodist Church Hall at 2.15pm. Enquiries to 01485 532174.

King's Lynn Community Cinema Club present 'An Evening with Nigel Herwin' who is always guaranteed to be an entertaining and enthusiastic speaker. Nigel will be starting with a presentation 'STRICTLY CELLULOID : DANCE ON FILM' which will celebrate the classic routines from the movies and explore how different dance styles – ballet, ballroom, tap and disco – result in different styles of filmmaking. Nightingale Bar at Ferry Lane Social Club. 7.30pm

Friday 25th

Country Music with Kevin Barry at Snettisham Memorial Hall PE31 7LX. Doors open 6pm. £10pp with sandwiches and fundraising raffle for the QEH.

Stanhoe Village Screen present ELVIS (12A) (BIOGRAPHY/MUSICAL) The film recounts the life and music of Elvis Presley over a 20 year period from his humble beginnings to international stardom. Stanhoe Reading Room and Village Hall, Cross Lane, PE31 8PS. Tickets £5 (CASH ONLY) on the door to include a complimentary drink. Doors open 7pm For further information visit the website: Stanhoe.org (or ring 01485 518191)

Saturday 26th

Anmer Club Christmas Bazaar – 1.00 p.m. to 4.00 p.m. Stalls £5 To book please email Dorothy at anmerchair44@gmail.com by Monday 21st Refreshments available and fully licensed bar

Brancaster Winter Fair at Brancaster Village Hall 10am-3pm Stalls, refreshments, seasonal singing and so much more!

Sunday 27th

Hunstanton Christmas Festival from 10am. Food and Gift Fayre in the Town Hall, 1-6pm Live Music from local bands and schools, stalls, rides, Father Christmas and Panto cast at the Princess Theatre, Giant Human Snow Globe. Info: 01485 532402.

Wednesday 30th

Afternoon Tea at Beach view Residential Home, 2 Lincoln Square, Hunstanton PE36 6DL. 3-4.30pm. Enjoy tea, cake and good conversation with staff and residents. All welcome £2pp donation for residents' activities funds.

Looking forward to December

Friday 2nd - Start of the Annual Christmas Tree Festival at St Nicholas Church, Manor Road Dersingham 10am-4pm. Runs throughout December.

Friday 2nd - Sunday 4th Annual Christmas Tree Festival, in Hunstanton Town Hall 10-4pm. Enquiries to Chris 533367 or 2chrisearnshaw@gmail.com. Now in its 11th year!

Saturday 3rd - BagLadies of Thornham Winter Gift Fair 10am-4pm Thornham Village Hall, High St, Thornham PE36 6LX. Unique Gifts, Seasonal Produce, Delicious Refreshments.

Saturday 3rd - Snettisham Christmas Fair 5-8pm in Snettisham Village Square. Come and celebrate with us! Shop for presents, have a glass of mulled wine, listen to carols by the Salvation Army band and who can resist a Hog Roast! Father Christmas will be arriving and giving

presents to the children and the winner of the £100 raffle prize will be drawn. All lit by the amazing light display in the market square. Magical! <http://snettevvents.co.uk/>

Sunday 4th - Dersingham Day Club Christmas Craft Fair at Dersingham Village Centre 11am-2.30pm Stalls, Treasure Hunt, Raffle and Refreshments.

Friday 9th - Christmas Market at Snettisham Primary School 2pm-5pm. Free entry. Stalls, cakes, raffle, Santa, games & refreshments.

Singing Lessons

Learn vocal techniques for performance, grades and auditions
Sing for fun | Build confidence | Performance skills

Children age 7-18 years and Adults

Contact Karen: 07901 767 946

karenmanningsinging.com

Private Tutoring

Does your child need extra tutoring to help them with assignments?

Dr Tina Richardson is a highly qualified academic specialising in the Humanities. Available for in-person or virtual tutoring across subjects such as English, History, Psychology, Art History, Media & Communications, Philosophy and Sociology...

Tel: 07713 960875

Email: schizocartography@gmail.com

Further info: particulations.blogspot.com

Looking for a Decorator?

Talk to us about our professional touch to your home or business..

PAINTING
DECORATING
DOMESTIC
FURNITURE

SPRAYING
WALLPAPERING
COMMERCIAL
RESTORATION

07495 704151

www.norfolkdecorltd.co.uk

07715 255581

NDL
NORFOLK DECOR LTD
decorating norfolk since 2007

CDNS
COMPUTER SERVICES

Daniel Sharman

07554 018307

dan@dnscomputerservices.co.uk

- IT Support & Consultancy
- Apple and Microsoft friendly
- Virus/Spy/Ad-ware removal
- Wi-Fi Coverage solutions
- Home & Business networks
- Repairs & Maintenance
- Data Recovery
- CCTV Systems
- Multi Room Audio
- Tuition & Sales
- GDPR Compliant

Tapping Close, Snettisham

Sporting corner with Tim Keogh

Heartbreak for local teams in the Daily Mail golf finals

Kings Lynn Golf Club duo, Rosie Russell and Yang Xu, were agonisingly beaten in the semi finals of the Daily Mail Ladies Foursomes finals at the Marriott St. Pierre Golf & Country Club



in Wales. Having managed to weave a course through seven arduous rounds, they were devastatingly beaten on a play off hole by Dumfries & County

GC in the semi finals.

Heacham Manor Golf Club duo, Tony Thacker and Keith Whiting, also fell just short in their quest for glory in the men's event. In the last 16, the Heacham Manor pair came up



against Ash Valley GC (Hertfordshire). Despite a good start - and actually leading after 12 holes - their opponents



managed to reign them in, winning the match on the 18th hole. The men's tournament was eventually won by Shortlands Golf Club (Bromley), whilst the women's event was won by South Staffordshire Golf Club.

Only 16 pairs in each event made the finals, from over 3,000 teams entering the men's and ladies events.

A disappointed Tony said



afterwards, "the whole journey has been a fantastic experience, with the finals held at a wonderful golf club. We shall try and go one better next year".

Their frustration was softened somewhat as they did manage to win the Champagne Foursomes, competed for by all the teams knocked out in the last 16 and quarter finals.

The Norfolk Senior 9's

Searles Golf Club hosted the Norfolk Senior 9's golf championships on Friday, 14th October, as 2021 champions they had the honour of organising the 2022 event.

Eagles GC, Mattishall GC, Easton GC, The Links GC, Feltwell GC, Ryston GC as well as two teams each from Mundesley and Searles GC's all converged on Hunstanton to vie for the Links Trophy.

The weather was kind if a little blustery as 60 players from ten teams participated. The Stableford points based competition (the best five scores from each team of six counting) resulted in a tense day of golf. David Bayle (Links GC), John Ireland (Ryston GC) and Clive Childerhouse (Mattishall GC) won the three nearest the pin competitions. Feltwell GC captain, Kevin Moore, achieved the best individual score with 42 points. His score, backed up with solid performances from his team mates, helped Feltwell secure the title, despite a strong challenge from The Links GC who came runners up". Hosts Searles 'A' were third. Victorious captain, Moore, said, "A privilege to win on our return to this great tournament and a big thank you to our hosts".

Charles Bryan, Golf Manager for Heacham Manor and Searles Golf Clubs, was very pleased with proceedings, saying "we were proud and delighted to host the event, but special thanks must go to our golf team and the volunteers who ensured a logistically challenging day went smoothly, making it an enjoyable experience for all the players and spectators".

Special mention must also go to the sponsors 3Q Sports, Barsby Produce, Greene King, Booker Wholesale, Benchmarxx, Phil Davies Potatoes and Searles Fountain Sports Bar.

Picture - winning captain Kevin Moore



Copy date for the December issue is 12th November - please don't be late!

HUNSTANTON SKI CAFE & BAR

*Sundays in November -
join us for a traditional Roast Lunch*



Wednesdays
Live entertainment
12noon-3pm

Staycation or day out - enjoy the seaside with us!

Tables available every day. On-site parking.
Bookings can be made by phone: 01485 524475
or e mail: contact@hunstantonskicafe.co.uk
South Beach Road, Hunstanton.

OPEN 7 DAYS 9am - 5pm
01485 524475

DOMESTIC APPLIANCE REPAIRS



A family business for over 30 years
Same day/next day visit

Call: 01553 768557 / 842319

Mobile: 07775 858255

HEATING AND PLUMBING SPECIALISTS

Gas Safe and Oftec Registered Engineers

**Dempsey
Heating Ltd.**

Gas & Oil Heating
Boiler Servicing
Bathrooms
Renewable Energy

Your Local Experts. Great Service. Competitive Prices.
Contact us today to see how we can help you!

01328 862189 www.dempseyheating.com

George Edwards Road, Industrial Estate, Fakenham NR21 8NL



HOTEL · RESTAURANT · GOLF
**HEACHAM
MANOR**



ENJOY A ROUND OF GOLF FROM ONLY £25.00!

PLAY 18 HOLES OF GOLF AFTER 12 NOON
MIDWEEK - £25.00 | WEEKENDS - £35.00



PLEASE CALL: 01485 579 825 OR 01485 536 023
PLEASE SCAN QR CODE OR VISIT www.heacham-manor.co.uk/golf



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

Sporting corner with Tim Keogh

Hunstanton Round Table host their popular night golf event

Anyone living to the South of Hunstanton looking out of their window on the evening of Tuesday, 11th October, would have been forgiven for thinking the town had been invaded by UFO's as illuminous objects flew about in, what must be said, rather erratic directions.

Hunstanton Round Table hosted their Norfolk Round Table compatriots at Searles Golf Club for their increasingly popular annual Night Golf event.

Excellently managed by Searles GC, the greens, fairways and, most importantly, the pin flag were all lit up with flash sticks, creating a science fiction like scene from Close Encounters of the Third Kind. The specially manufactured balls are inserted with a small Illuminous pin to make them visible. Amazingly, the balls also float. 26 players from across the region's Round Tables were counted out onto the course and, fortunately, 26 were counted back into the clubhouse.

Area Vice President, Ed Napolitano, who organised the event, was delighted with the turnout, saying, "this event is proving more and more popular each year, I would like to thank everyone from across the region who made the effort to attend and the team from Searles Golf and Leisure Resort for having us".

The Round Table is a group of young (under 45) individuals who come together throughout the year to raise money for good causes and local charities. The institution was actually formed in 1927 in Norwich by Louis Marchesi, who felt there was a need for an organisation where young businessmen could meet, socialise and exchange ideas. It has since evolved to become, predominantly, an events based club with members attending activities, many involving fund raising, twice a month. There are now over 300 Round Tables



in the UK with many more across the world. Anyone interested in joining can visit the Hunstanton Round Table Facebook page.

Hunstanton Round Table are also organising their superb annual Fireworks display on Saturday, 5th November. This popular event, takes place near the Lighthouse. Refreshments and stalls providing various fares will be on hand to make the occasion special. Tickets can be purchased at the Princess Theatre in person or on their website.

Such is the popularity of the Night Golf evening, Searles GC are looking at technology to make night golf and range night golf available to all members in the future.

Searles Golf Club



**Practice your golf skills
undercover at Searles**
Open 7 days a week, 8am to dusk

1 BUCKET, 50 BALLS: **£4.00**

5 BUCKET CREDIT, 250 BALLS: **£16.00**

10 BUCKET CREDIT, 500 BALLS: **£25.00**

call: **01485 536010** www.searles.co.uk

Searles Golf & Country Park, South Beach, Hunstanton PE36 5BB

Trusted Experts For Over 40 Years



G W KEIR
Flat Roofing Specialist
Est. 1976

- ✓ All Aspects of Flat Roofing in Norfolk
- ✓ Residential & Commercial Roofing
- ✓ New Builds, Extensions, Garages etc..
- ✓ EPDM Rubber, Fibreglass & Felt Roofing
- ✓ Roof Replacement & Repairs
- ✓ Roof Maintenance & Cleaning
- ✓ Gutter and Fascia Cleaning & Repairs
- ✓ Fully Qualified & Insured

Free No Obligation Visit and Quotation

01485 571105

07766659352

www.gwkeirroofing.co.uk

info@gwkeirroofing.co.uk

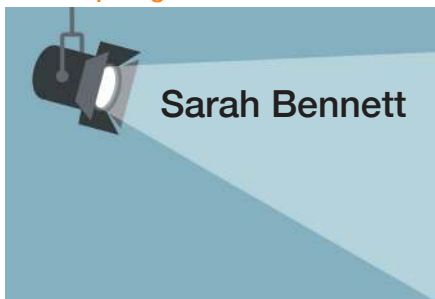
HUNSTANTON HARDWARE



Northgate Precinct, Hunstanton 01485 533968
We're here to help you get the job done!

Sporting corner with Tim Keogh

In the spotlight



Sarah Bennett is a former champion water skier. She now runs Hunstanton Private Pool Hire. Here she gives some insight into her background and life.



Name: Sarah Bennett

Age: 22

Star Sign: Cancer

Cats or Dogs: I am allergic to cats and a 100% dog person - I have a 10 year old Golden Retriever

Born: Peterborough and moved to Norfolk (Hunstanton) when I was 17 to pursue waterskiing due to it being easier to train living by the sea and then did my A levels at Fakenham.

Occupation: Director of Hunstanton Private Pool Hire

Family; Michelle Bennett (mother) - Hairdresser; Martin Bennett (father) - Director of Pinecones Caravan and Camping and Bennett Engineering LTD; Claire Bennett (sister) - Trainee Legal Solicitor; Aiden Doughty (boyfriend) - A Mechanical Engineer student in Derby and works part time in Downmarket as a Design Technician for High Voltage Engineers.

Biggest sporting achievement: Waterskiing - 5th World Championships Ladies /1st Europeans Ladies/1st International Ladies/ Picked for team GB 3 times.

Favourite venue to race at: Australia Southern 80 - I went to Australia to race for 3 months to gain experience (and travel as well). Also, the Kings Lynn Hanseatic Race.

Favourite meal: Lasagne

Favourite drink: Soft- Apple Juice/; Alcohol: Pornstar Martini

Favourite Holiday Destination: Australia/Portugal

Hardest country to race against: Australians- they are the best at the sport and they are doing it all day every day! They finish school and go straight out skiing, they live and breathe it which is why they are so good and the reason why I went out there to compete. They know what they're talking about.

How long raced: I have raced since I was 15 years old in the Brit Kids Category and then moved up to Juniors and then moved into Ladies at 18.

What speed did you get up to when racing: I reached 84mph in Australia, however, some skiers out there reach speeds of up to 120mph Where has racing taken you: In the UK - West Bay in Cardiff, Lyme Regis, Weston Super mare, Hunstanton, Dunoon, Weymouth, Plymouth, Kent, Essex, Kings Lynn. Out of



the UK: Austria, Australia, Antwerp, Tenerife, Eguson (France), Vichy (France).

Sarah's business

A heated indoor 8x4m pool is available for private rental in Hunstanton (South Beach Road).

Run by Sarah, it is a well maintained clean environment where you can relax alone or with family and friends. The pool is available for hire from 9am until 7pm every day all year round. Standard sessions are one hour, although can be extended on request, with a capacity for 12 people. There are changing room and shower facilities with a cold water dispenser available in the swim area. Prices start from £20 per hour for 1/2 people.

Bookings can be made online at hunstantonpoolhire.co.uk or by emailing Susan at hunstantonpoolhire@gmail.com.

Armchair Sports trivia

sponsored by Berni Beans of Hunstanton

Win a delicious afternoon tea for two (worth £19.95 pp, total £39.90) courtesy of Berni Beans.

Question: How many host nations of the FIFA World Cup have gone on to win the Jules Rimet Trophy in their own country?

Closing date 15th November 2022

Answers to: editor @townandaround .net

or post to : 18 Tapping Close Snettisham PE31 7FF

The answer to October's question 'Who is the only pugilist born in Norfolk to have become World Heavyweight Champion?' was Jem Mace.

Eighty-one year old Mr David Garwood of Dersingham is the lucky winner and he tells us that his Great, Great Grandfather Charles Garwood was the landlord of the Gt Eastern Public House in Howard Street, Great Yarmouth and Jem was one of his regulars.

David Garwood remembers his Grandfather, William Garwood,

telling him a story of when, as a boy, he stood on the bar and Jem said: "Hit me on the nose," and he told him, "you've just punched the Heavyweight Champion of the World on the nose!"

Congratulations Mr Garwood, the team at Town and Around hope you have a wonderful time at Berni Beans, Hunstanton.

SUNDAY LUNCH OR AFTERNOON TEA?

BOOKINGS NOW BEING TAKEN:

- *AFTERNOON TEA / HIGH TEA
- *WEEKEND EVENING DINING
- *CHRISTMAS DINNER PARTIES
- *SUNDAY LUNCH

01485 532288
bernibean@gmail.com

BERNIE BEANS, THE PLACE TO BE!

Sporting corner with Tim Keogh

Heacham FC Supporters Club goes from strength to strength

Behind every successful football club you will usually find a strong Supporter's Club base. Heacham FC are no different.

It was an off the cuff remark from the late Nigel Askew to his friend, Denis Cooper, in 2020, "shall we start a Supporter's Club?". Given the success of the football team at the time, this made complete sense. So the Supporter's Club was formed. Unfortunately, well-known local karaoke singer, Nigel, passed away from leukaemia soon after, but the club goes from strength to strength under Denis's presidency, now with nearly 200 members (and over 400 followers on Facebook).

The Supporter's Club is a self-sufficient independent body to the football club, but offers invaluable financial and materialistic support. They have set up a player welfare fund so any player who gets injured is covered should this impact on their job. They also sponsor one of the players each season, this year it being Fletcher



2022 season club pin badge

Toll, as well as the match ball and kits. More recently they covered the costs for the match officials.

It costs just £5 a year to join the Supporter's Club. For this, members are automatically entered into regular raffles and the popular Christmas hamper draw. They also receive a treasured and unique club pin badge, as well as discounts at local businesses such as North Beach Fish Bar, Jennings Stores and Flames.

The Supporter's Club are running a competition to win one



year's membership free of charge. To enter, just email your name and telephone number to Denis at deniscooper06@aol.com by Friday, 11th November. The winner will be drawn at half time in the Heacham FC v Whittlesey United league match on Saturday, 12th November.

The club are also making this game a "come down and support your local team" day.

On the pitch, Heacham FC

continue to defy all expectation and (at time of going to press) sit proudly at the top of the Thurlow Nunn Division One (North), although Framingham Town do have games in hand. An automatic promotion or, at least, a play-off place are still very much realistic possibilities. Either way, they will be thankful and appreciative of the help from the Supporter's Club set up on a whim from the vision of Nigel Askew.

Winter is coming,
feel WARM, COSY & SAFE
with a Woodburner from Norfolk Woodburners!

Installation of
Wood Burners &
Multi-Fuel Stoves
Chimneys Lined
No Chimney,
No Problem!
Fireplace Build
Works

Main agents for
**Parkray, Hunter &
Woolly Mammoth Stoves**

clearSkies
clearance.co.uk

**BEST
PRICE
GUARANTEE**

Offering the best LOCAL SERVICE!

T: 01328 700161 | M: 07966 661175
E: norfolkwoodburners@outlook.com
www.norfolkwoodburners.co.uk

**NORFOLK
WOODBURNERS**

Oak & Pine Parlour
EST. 1976
FURNITURE MAKERS

TABLES - CHAIRS - WARDROBES - BEDS
SIDEBOARDS - CHESTS OF DRAWERS
DRESSERS - BOOKCASES - AND MORE!
FURNITURE CAN BE MADE TO ORDER.
NOTHING IS TOO BIG OR SMALL FOR
THIS FAMILY RUN BUSINESS.

VISIT US: 18 CHAPEL ROAD, POTT ROW
NR KING'S LYNN PE32 1BS
OPENING HOURS: MON-SAT 9AM-5PM
SUNDAY BY APPOINTMENT ONLY
PHONE: 01485 600253
EMAIL: PINEPARLOUR70@HOTMAIL.CO.UK

Sporting corner with Tim Keogh

Three marathons in three days raises over £3,500 for Thornham Church and Cricket Club

On the 25th/26th/27th September, Stephanie Mocatta and friends (namely Jim Ashdon, Jo Huddy and Ben Davies), aka Team 59ers - hence named because they are all 59 - took on the daunting three marathons in three days challenge, in the Marathon des Sables in Fuerteventura.



Some people may have seen Stephanie pounding the Norfolk coastline with back pack during one of the hottest summers on record. This challenge is certainly not one to be taken lightly involving sections across very different terrains, including mud, sand and mountainous passes, some with vertical drops, all in extreme weather conditions.

Not everything went to plan, as Storm Hermine hit the Canary Islands and a red alert was issued meaning all outdoor activities were temporarily suspended. However, as the storm abated, an amber alert meant the race could commence the following day, albeit still in volatile weather conditions. The lost day meant no rest day, it would be three consecutive marathons. To make matters worse, with some of the original route's paths washed away, a new mountainous section was introduced. An unexpected challenge (although not something

you could exactly train for in Norfolk anyway!).

Day 1 - Le Grand Etape
Mud, sand and 44km

Day 2 - The Mountains
Scramble up and down then repeat repeat repeat.

Day 3 - The Sand

The whole route on sand in the midday sun, although, fortunately, the Norfolk coastal training paid dividends here.

A weather worn Stephanie said, "whilst delighted to make the podium in the team event against runners half our age, the generosity of people has been astounding and we are just so pleased to raise invaluable funds for two local organisations very close to my heart". Stephanie was also quick to praise the support of family and friends throughout the training, the difficult times and the really, really difficult times. Probing Stephanie on what three items were key to the achievement, "sunscreen, walking sticks and sand gaiters". As for funny incidents, she relayed, "when the start was put back 24 hours, our team decided to retire to the bar, before the race organiser spotted us and ordered us all, aged 59, to go to bed!". The fund raising page is still open for donations at https://www.justgiving.com/crowdfunding/hmnds?utm_term=vpADpYxAN.

The All Saints church will be using the funds to fit out a coffee and reading space whilst the cricket club will be investing in their youth team set up.

Stephanie hasn't decided on the next challenge just yet as she takes a well-earned break. Watch this space.



LUKE THOMAS Foot Health Practitioner

Nail trimming • Thick nails
Corns • Diabetic care
Cracked heels • Callus
Fungal infections
Ingrown toenails

01485 518988

lukethomasfhp@gmail.com

Now seeing patients at The Old School House, Old Hunstanton

Mann Made Developments Ltd

Free No Obligation Valuation & Estimation for

Extensions, Garages, New Build, Conversions
plus All Other Tasks including
groundwork, brickweave, etc.

Family run business with over
30 years' experience

Call anytime for your **Free Quote**
07798 723 287 or 01485 540 008
or email info@mannmadedevelopments.co.uk
www.mannmadedevelopments.co.uk

News from Brancaster School by Thrift Class

We have settled back in to school and are working hard.

We are planting again. We found conkers and acorns and walnuts and sweet chestnuts and we have planted them. We didn't know how deep to plant them so we have put some right at the bottom of the pot, some in the middle and some right at the top. We want to test which is best. We have also planted the seeds from our fruit snacks. Next week we are going to plant our hyacinths for Christmas.

We had our Harvest festival when we did the play "The Enormous Turnip" for everyone and we baked scones to share with everyone. Samphire Class made shortbread. We shared our Festival with the Church and that was really nice.

We are learning all about our senses and have had fun exploring things in different ways, like guessing food from its taste or smell, and deciding what is in our feely bag. We have been to church to see what we can learn about religion from our senses.

Monroe's Mum has started up the PFA again and they bought our hyacinths. They are going to pay for us to go to the pantomime and give us a party for Guy Fawkes night. To raise money we are going to do the tombola at the Village Christmas Fair (November 26th in the village Hall) and have our own Christmas Fete as well, hopefully straight after the Carol Service. So if you have any things we could use on the tombola please send them to school – or come and buy tickets!

Our Christmas Carol Service is 2pm on Thursday 8th December at Brancaster Church and term finishes with our Christingle Service on Friday 16th December.



'The Wonderful World of Roald Dahl' with 200 primary school performers!

Two hundred Year 4 and 5 students, from six different primary schools in the West Norfolk Academies Trust (WNAT), took part in 'The Wonderful World of Roald Dahl' at this year's WNAT Primaries Festival of Dance, which was staged at Springwood High School.

Participating schools included Walpole Cross Keys, Clenchwarton, West Lynn, Snettisham, Heacham Junior and Gaywood Primary, with dance teacher Kate Whyborn, who choreographed the show, giving each group lessons over a six-week period to prepare for the event.

Tunes featured in the show included songs from Roald Dahl classics Matilda, Charlie and the Chocolate Factory, and Chitty Chitty Bang Bang, alongside Glen Miller's In the Mood, referencing Dahl's RAF service in World War 2, and the James Bond theme, referring to his time as a spy.

Dancers also performed to music from 1988, the year Matilda was released.

Dance Teacher Kate Whyborn said: "It was an honour to work with the students from the



participating schools.

"They started the six-week process a little apprehensive and nervous at the thought of dancing on stage, something most had never had a chance to do before.

"But by the end of the rehearsal process they had blossomed in confidence and were excited to show off their new skills."

Hayley Roberts, Director of Engagement at the West Norfolk Academies Trust, added: "The children absolutely loved it. It's all about having fun.

"Art is at the forefront of our offer at



WNAT, and so this is just one example of how we bring children together using dance."





R C CLEAN
EXTERNAL CLEANING
DELIVERING WHAT WE PROMISE

WINDOW CLEANING SERVICES
● Professional ● Reliable ● Regular ● Friendly



EXTERNAL & INTERNAL WINDOWS
FASCIAS
SOFFITS
GUTTERS
CONSERVATORIES
PATIO CLEANING

CALL FOR A FREE QUOTE
07871 008564 or 01485 493038

Email: rclean101@gmail.com



Order your freshly cooked Christmas dinner for delivery on Christmas Eve! Order by 12th December

HOME COOKED, HIGH QUALITY MEALS
DELIVERED TO YOUR DOOR
Made by local chef Kat Asker
in a 5* hygiene rated kitchen




Free local delivery
Tel: 07767753413
Email: simplycookit.kat@gmail.com

P.D. BIRD

Plumbing & Heating Engineer
for Oil & Gas



OFTEC
No. CI 1852



GAS safe
REGISTER
No. 101992

For All Your Plumbing & Central Heating Repairs, Maintenance & Installation

- Central Heating Systems
- Underfloor Heating
- High Efficiency Condensing & Combi Boilers
- Heating System Power Flushing
- Unvented Hot & Cold Systems
- Servicing & Repairs
- Complete Bathroom Design, Installation & Tiling Service

Professional Quality Work - Guaranteed

www.pdbirdplumbingheatingbathrooms.co.uk

Tel: 01485 579472
Mob: 07889 167063



SW Electrical

Any Electrical works undertaken by our Friendly Family Business.

Please contact us for a free no obligation quote on
07895 683150 or 01485 601379
Email: steve@swelectrical.org.uk
www.swelectrical.org.uk

Proud members of
Checkatrade.com
Where reputation matters



NICEIC
APPROVED CONTRACTOR



SARAH SENDERSKI PT
PERSONAL TRAINER

Kickstart your health and fitness this autumn!

Personal training on a 1-to-1 basis or in small groups.
Online training sessions and plans available.

Based in Hunstanton, covering the North Norfolk Coast and King's Lynn

sarahsendskipt.co.uk
sarah.senderski@gmail.com



SHIPSHAPE
Professional Cleaning Services

HOLIDAY LETS | OFFICES | DOMESTIC | END OF TENANCY | BUILDER'S CLEANS
Operating throughout the town and around the distribution area

"Reliable, efficient, thorough"

Contact Kerry
t: 07375 528412
e: shipshapenorfolk@yahoo.com

Let us do the dirty work!

Heacham Group Practice Patient Participation Group (PPG)

The first Public Meeting of the Heacham Group Practice was held on Wednesday 28th September 2022 at the British Legion Hall in Snettisham. Between 90 and 100 patients attended which was gratifying and way above expectations.

The Chairman outlined the purposes of the meeting which were three-fold:

- To let patients know the aims and ambitions of the PPG
- For the practice to give an update on the Care Quality Commission Report
- For the GPs to update patients on the methods of accessing medical services at both practices.

The PPG.

The chairman informed the meeting that every practice must have a PPG whose prime aims are as follows:

- To enhance communications between the patients and the practice
- To promote health education and topics of interest
- To encourage the practice to involve patients in their own care
- To provide practical support to the practice to implement change.

This is early days for our PPG and a small committee has been set up, which meets monthly, to decide the agenda and the way forward. This meeting is the first of the public meetings which will be held on a quarterly basis and will be accompanied by a newsletter.

The Care Quality Commission (CQC) report update

The CQC had inspected the practice in March 2022 and published a report in April 2022 which rated the practice as inadequate in 4 of the 6 areas examined.

As a result of the report, the practice has undertaken a substantial quality improvement programme. The action plan was developed not only to address the concerns raised by the CQC but also to undertake a holistic review of the practice as a whole. Expert assistance has been brought in where necessary.

The CQC has recently revisited the practice and were happy with the progress being made. A further re-inspection is expected in the

coming weeks and the practice is hopeful of a significantly improved rating.

The team at the practice has been working incredibly hard to make the required improvements and hope to build further on this for the longer term. Patients remain at the heart of the business and the practice is grateful for the feedback (both negative and positive) it receives.

Access and appointments

The number of GPs and other health professionals employed at the practice was reported and the fact that the national GP patient survey scores published in the summer had demonstrated that patients at the practices are unhappy with the appointments system and processes.

A detailed report was given about the actions being taken by the practice in the following areas;

- Telephone access; A new telephone system has been purchased.
- Reception staff; More reception staff are being recruited.
- Types of appointment; The number of professional staff available is being increased to enable more face-to-face appointments. Also, patients are encouraged to utilise the footfall system which can be accessed on the practice website during surgery hours to make it easier to access the surgery.

Conclusions and the next steps

In conclusion, the Chairman thanked everyone for coming and summed up the meeting by saying that the main priorities were clearly concerned with communication and access. The PPG committee will work closely with the practice to update and inform the patients in both areas.

The next public meeting will be in January 2023 and the location and time will be in the next newsletter.

A full copy of the notes can be obtained by emailing the chairman; brb.carrick@gmail.com

King's Lynn parkrun hold 24 hour parkrun marathon

After a two year break due to Covid restrictions King's Lynn parkrun, was able to hold its annual 24-Hour Marathon event, with 121 runners taking part.

The Marathon event which, following the death of HM Queen Elizabeth, had been postponed from its original date, followed on straight after the main parkrun, with those taking part collectively completing a massive 1701 miles over the 24-hour period.

This was the 6th year that the 24-hour event had taken place, the purpose, in addition to allowing runners to achieve greater distances than they may have ever run before, being to put something back in to the community by raising funds for improvements in The Walks, this year's run raising just under £500.

Gary Walker, the King's Lynn parkrun Event Director said "The Walks is such an iconic setting for parkrun and is so well maintained that we felt it only right to do something that would help towards future improvements. The parkrun community once again rose to the challenge, with the majority of the 121 runners taking part over the 24-hour period completing far more laps of the Walks than they had originally intended.

The enthusiasm of those taking part was infectious with everyone pushing each other on, with runners of all standards of ability taking part and all contributing to the massive total of miles covered"

Parkrun, which is a 5K run and not a race, is a completely free event run entirely by volunteers and is open to everyone regardless of age or ability. As well as running, parkrun also encourages those who only wish to walk the course to take part and has recently created a new volunteer role of parkwalker!

There are now parkruns in almost every town and once registered, runners can take part in any parkrun, both in the UK and abroad. It has also been signed up under a government initiative linked to local



Doctors practices known as the 'parkrun practise' where, in appropriate circumstances, individuals are encouraged to take part in parkrun as a means to improve their health and well-being.

King's Lynn parkrun takes place in The Walks at 9 am each Saturday and is open to all regardless of gender, age or ability. Running or walking with dogs and pushchairs is also permitted. Anyone wishing to take part should simply register by visiting: <http://www.parkrun.org.uk/> and then just turn up at The Walks Café at 8.45 am on any Saturday ready for the 9 am start.

There is also a Junior parkrun held in The Walks which covers a 2K distance and is for ages 4 to 14. It starts at 9 am on Sundays and now regularly attracts over 50 young people.

-o0o-

**Hunstanton Promenade parkrun 5km run, jog or walk.
Meet outside Salad Bowl Cafe, Cliff Parade, every
Saturday at 8:55am for 9am start.**

PRE-PAID FUNERAL PLANS | CHAPELS OF REST | MEMORIALS

Thornalley

FUNERAL SERVICES

Behind every independent business is a family that cares

King's Lynn 01553 771399 | Dersingham 01485 598598 | Swaffham 01760 721305

www.tfs.co.uk




STRICTLY ARTS: Festival 3 by the Sea update

Christine Earnshaw

The Hunstanton & District Festival of Arts Autumn programme has started with a bang! The new Drama Club for 8 – 12-year-olds met with a small group playing Theatre Games and working on short stories to turn into plays. The club will continue every Tuesday from 4 – 5pm until December 6th taking place in the Town Hall Hub (downstairs) and costs just £2.00 per child. Places are available. Contact Ann McKimm on 01485 533933 for further details.

There is a 2-day Craft Fair, Oct 29th and 30th with a Hallowe'en theme in the Town hall, 10 to 4.00pm. There will be further Craft Fairs and a Christmas Market on November 19th and 20th. Please contact Dawn Davies on 01485 779746 for details.

And so, we come to the Christmas events - the last few in our 2022 What's On brochure.

Would you like to join the Christmas Wreath making class on November 20th? It is 10.00 to 1.00 in the basement of the Town Hall where Gary Bocking will help us to create our own masterpiece to adorn our front door. The cost of £40 includes refreshments, mulled wine and mince pies, plus all materials for the wreath except for foliage which we ask you to supply. Please contact me, details at the end, to reserve a place. Upstairs the St Edmund Gift Fair will be in full swing with ideas for gifts and lovely food from the Bearded Chef.

Finally, the Christmas Tree Festival returns from Friday 2nd to

Sunday 4th December in the Town Hall. Free to put up a tree and free to visit between 10 and 4pm. I will be in touch with all our regulars but if you would like to join in please contact me, 35 is about the maximum we can take on a first come basis. This will be our 11th year and it has become a real crowd puller for young and old, perfect for the time of year.

Buskers' Corner had to be postponed to September 24th which sadly turned out to be wet by mid-day and had to be called off but the morning was enjoyed, and it was good to see Martin back in town. Thank you to Ian Wells for all the musical events on The Green this year.

So, 2023 is now being planned and we welcome anyone who would like to join our team. Contact for the above events – 01485 533367 or 2chrisearnshaw@gmail.com



Letters to the Editor - QEH

With regard to the rebuilding of the QEH I have heard that it is proposed to be built on ground close to the Hardwick roundabout. Now, anybody who knows Lynn will be thinking why there, what will happen to the patients in an ambulance when they get stuck in a jam on the roundabout? I have heard people complain about the time wasted stuck on the roundabout.

Anyway I would have thought that with the money that has been spent purchasing the Private Hospital (1). and £12.5m, spent on the new Endoscopy Unit (2). also spent £1.8m, updating the Emergency Department (3). and now in this week's paper Friday 26th August there are plans to build a new multi-storey car park. Why would they want to build the new hospital so far away from the existing hospital? Why not purchase a portion of the land east of the A149 and have an underground roadway to link both the old hospital with the new, and when the new hospital is up and running they could repair the old hospital and make it into a convalescent home so that they can transfer patients accordingly to free up beds in the hospital.

It is because somebody got rid of all the convalescent homes to save money that we have this problem with ambulances waiting to drop off patients.

Cookie Sunnyhunny.

A few weeks ago, me and my friend went to the hospital in King's Lynn. Nothing serious and the nurses were lovely. Usual problems waiting in queues at the roundabouts. When is something going to be done about all the traffic?

During our visit at the Queen Elizabeth Hospital, we heard some people talking about over 3,000 steel props are needed to stop the roof falling in. That's not good enough. We all deserve better from the policeman and his pals. Then I was watching Prime Minister Questions at lunchtime. That new woman Prime Minister refused to say the Government would fund a new hospital. Me and my friend were apoplectic. Over 3,000 props holding up the roof and she does not want us to have a new hospital. That is so disgusting both me and my friend are thinking about voting for that boring lawyer.

Disgusted of Dersingham (name and address supplied).

Editor's note: Please be aware that we do not print anonymous letters. We can withhold your name and address, but to appear in these pages we must be able to identify you. Thank you.



Thirteen is definitely not unlucky for King's Lynn Community Cinema Club as the new season of films starting in November marks the start of their thirteenth year of screening films for local enthusiasts. Despite all the restrictions of the last few years the club has gone from strength to strength and is now attracting audiences back at pre Covid levels. Club chairman, Ian Barton explained "We were really concerned about how the club would survive the pandemic, but we were able to arrange a few online events during the lockdowns which we know our members appreciated and the vast majority have been incredibly loyal and retained their memberships. We now happily have a steady stream of new members joining us – though we are always keen to welcome more! We have been able to keep our membership fees the same for several years, so we think we are offering our members great value at just £2.13 a film." KLCCC is an independent, not-for-profit, organisation for all film enthusiasts over 18 and aims to show a varied programme of films which reflect the tastes and interests of their members. In a typical six-month season, they show eight films which usually include a classic, a foreign language film and titles that are not widely available on general release. Members pay a subscription of just £17 for each season then can attend all films for free. Anyone who would rather come along to a single film they are very welcome to attend as a 'day member' for £5 cash on the door. All films are screened at the historic St. George's Guildhall, King Street, in fact KLCCC remains the most frequent user of this unique venue. The new season will kick off with a screening of

the highly acclaimed Licorice Pizza on Thursday 10th November. This is a coming-of-age comedy drama set in the San Fernando Valley in the 1970's and follows the story of Alana and Gary going through the treacherous navigation of first love.

In addition to their regular films KLCCC has screened a number of films over the last few years in support of and raising funds for local organisations such as The Purfleet Trust, KL Night Shelter, and most recently the Refugee Council. They also regularly collaborate with local organisations such as KL Festival, KL Pride and Groundwork Gallery organising additional screenings and are always keen holding joint events with other local groups. "We are very conscious that we are a 'community club' and are always looking for other organisations to work with. We would welcome anyone wishing to explore a possible joint event contacting us to discuss ideas" added Ian. As well as all their film screenings the club organises a variety of social events such as an annual trip, pre and post film meals out and post film drinks at Ferry Lane Social Club. The Club also organises several Close Events each year which are illustrated talks about a wide range of film related subjects held in the Nightingale Bar, Ferry Lane Social Club. These are relaxed, informative lectures by local experts, including lots of film clips with plenty of opportunity for audience participation in a sociable atmosphere over a drink or two. No previous knowledge is necessary and it's a great way of getting a taste of films you may want to look out for in the future. Entrance is £5 for members and £6 for non-members.

Anyone wishing to find out more information about the club and its events can see their Facebook page or website www.klccc.uk. For any general enquiries or to join the club you can email the club at communitycinemaclub@googlemail.com

KLCCC PRESENTS AN EVENING WITH.....

King's Lynn Community Cinema Club are launching new regular social events for anyone interested in cinema. Alongside their regular monthly screenings at St George's Guildhall they are also intending to organise several 'An Evening with....' events each year to be held in the newly refurbished Nightingale Bar at Ferry Lane Social Club.



Different local film experts have been invited to come along and present a talk about a film related topic, illustrated by numerous film clips in a relaxed and sociable atmosphere. The bar will be open and audience participation is definitely encouraged. Club chairman, Ian Barton explained "We have always held talks about different aspects of cinema, but we are very keen to emphasise the social side of these.

By holding them in Ferry Lane Social Club, well known locally for being the friendliest bar in town as well as having some of the best beers, we are hoping to appeal to a wider audience. Anyone is welcome to come along and there is no need to book in advance – just turn up on 24th November and pay at the door. We are launching these events with 'An Evening with Nigel Herwin' who is always guaranteed to be an entertaining and enthusiastic speaker". Nigel will be starting with a presentation 'STRICTLY CELLULOID : DANCE ON FILM' which will celebrate the classic routines from the movies and explore how different dance styles – ballet, ballroom, tap and disco – result in different styles of filmmaking. From the effortless grace of Astaire and Rogers to the razzle-dazzle choreography of Bob Fosse, he will ask what makes a great cinematic dance sequence? Entrance is £5 cash for KLCCC members and £6 for non-members. Full information about the club, all its events and how to become a member can be found on the club website, www.klccc.uk, Facebook page or by emailing communitycinemaclub@googlemail.com

Sew On & On
For all your sewing projects
20 Westgate, Hunstanton PE36 5AL



If you want to sew you can find everything here!

English Rule templates & Fabrics for quilting
Specialists in Indian fabrics | Haberdashery
Embroidery & Printing | Caravan re-upholstery
Clothing alterations | Curtain making
Sewing machine repairs & servicing
Sewing machine parts and accessories

Call Mark on 01553 600722

Open Mon-Fri: 9am-3pm Sat: 10am-3pm

sewonwithenglishrule.co.uk

Workshop at Unit 2, Campbells Meadow, King's Lynn PE30 4YR

SOME THINGS YOU PROBABLY DIDN'T KNOW

Lesley Nadel

Volumes have been written about Sir Peter Paul Rubens (1577 -1640), a Flemish painter, designer and diplomat and probably the greatest and most influential figure in religious and mythological Baroque art in Northern Europe. There are some things you probably didn't know:

He was an apprentice at age fourteen and he learned much about art from painting copies. In 1621 he wrote 'my talents are such that I have never lacked courage to undertake any design.'

He spoke Flemish, Italian, French, German, Latin and Spanish. Such prodigious linguistic skills and polished manners earned him quite a reputation as a skilled diplomat, making him a trusted advisor to the Crown.

He habitually rose at 4.00am, which probably partly explains how he came to produce such an enormous volume of work from the art studio he designed. So huge was his output that it is difficult to put a figure on it, but nearly 400 completed works are authentically attributed to him. He was much in demand from royalty and the aristocracy. And whilst he was a man who seemed to have an inexhaustible supply of intellectual and physical stamina, he could not possibly have carried out all the work involved in his massive output without many pupils and assistants at his efficient studio.

The first attempt at a complete scholarly catalogue of his work, *Corpus Rubenianum*, began publication in 1968 and thirty full volumes are expected.

He married his second wife when he was fifty-three years old and she was sixteen. Some things were different then and his second



THE ARTS SOCIETY - ENRICHING LIVES THROUGH THE ARTS

Next lecture: Monday 14 November 2022
Sedgeford Village Hall at 2pm

Rubens and the Roman Cameo: The strange story of Peter Paul Rubens, a magnificent late Roman Cameo, and the wreck of the Dutch East Indiaman Batavia in 1629 off the west coast of Australia.

Lecturer: Guy de la Bédoyère

The wreck of the *Batavia* is one of the most notorious shipwreck stories of all time. The catastrophe involved a vicious mutiny that resulted in over one hundred survivors being systematically massacred while waiting for rescue. The ship was carrying treasure, including a magnificent late Roman cameo, dating from the fourth century AD, and originally destined to be sold to the Mogul of India. Amazingly, the cameo was to survive the ghastly disaster and is today in Holland, while the wreck of the ship is now in the Shipwrecks Museum at Fremantle. This lecture tells the ship's story and traces the cameo's journey through these epic events, looking at why it was there, who took it, why it survived and the events it witnessed.



For more info and how to join, visit our website: www.theartsocietynwnorfolk.org.uk, or email: info@theartsocietynwnorfolk.org.uk

Registered Charity No. 1105490

marriage was as happy as his first.

He developed a passion for painting landscapes in his final years. These 'marvellously ripe works' led Constable to declare, 'In no branch of the art is Rubens greater than in landscape.'

He was a collector who amassed a large art collection including ancient cameos and particularly one magnificent late Roman cameo, dating from the 4th century AD and destined to be sold to the Moghul of India. The cameo was involved in one of the most notorious shipwreck stories of all time.

If you would like to find out more about Rubens and the Roman Cameo: The Strange Story of Peter Paul Rubens, a Magnificent Late Roman Cameo and the Wreck of the Dutch East Indiaman Batavia in 1629 off the West Coast of Australia, The Arts Society Northwest Norfolk will be hosting this lecture on November 14th, 2022, at Sedgeford Village Hall at 2pm. New members are welcome to join our friendly society and details are available on our website www.theartsocietynwnorfolk.org.uk

The Arts Society King's Lynn

The next lecture of The Arts Society King's Lynn, TASKL, will be held on Thursday 10th November when members will be treated to a wonderful tour of The Golden Age of British Landscape Painting. This lecture will describe the great age of British landscape painting, from its origins in the picturesque scenes of 18th-century painters Richard Wilson and Thomas Gainsborough, through John Constable's sparkingly fresh observations of nature, to dramatic paintings by J.M.W. Turner and intensely detailed paintings by members of the Pre-Raphaelite Brotherhood. The lecturer will be Dr Susan Owens, an art historian, writer and who was a curator at the Royal Collection before becoming Curator of Paintings at the Victoria and Albert Museum. Her most recent book 'Spirit of Place: Artists, Writers and the British Landscape' is a Times art book of the year, so this promises to be a treat for all lovers of landscape paintings.

In addition to the lecture, this month TASKL members and guests will also be able to enjoy a trip to the new exhibition 'Visions of Egypt' at the Sainsbury Centre, Norwich on the 17th November as one of their regular social events. Everyone is welcome to join either of these events, so if you are interested in finding out more, visit the TASKL website at www.theartsocietykingslynn.org.uk. New members are always welcome to join the Society and can contact the membership secretary on 01366 328648 or via email at info@theartsocietykingslynn.org.uk. TASKL meets for lectures once

a month on the second Thursday from September to May and membership is just £52 for a year or you are welcome to go along to individual lectures as a guest for £10.

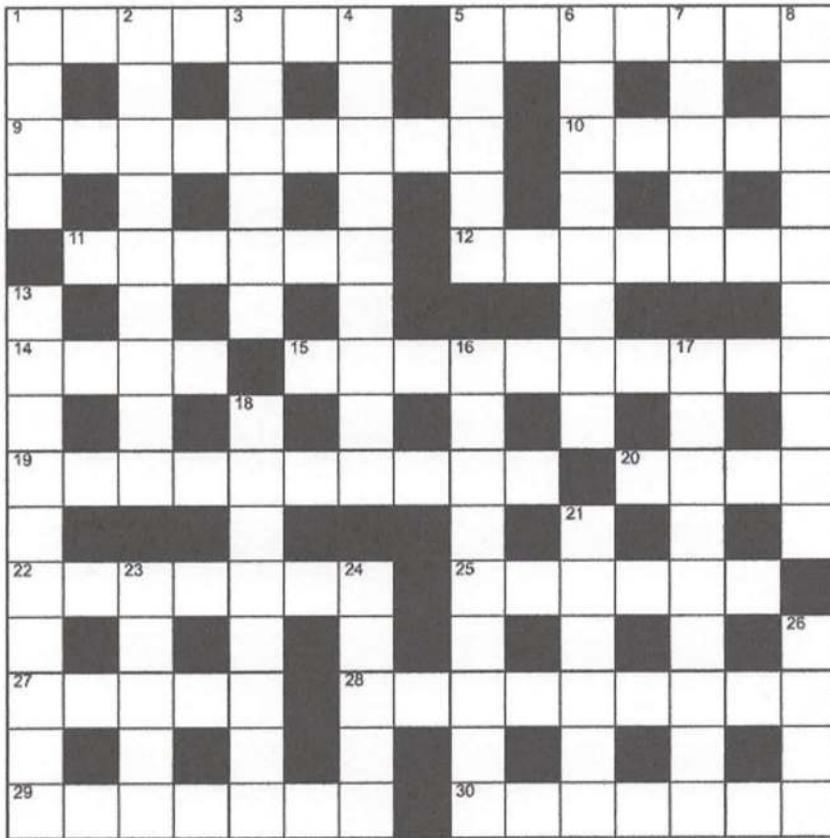
As well as lectures and visits TASKL has a number of active volunteering groups and their Young Arts Group is once again busy preparing dozens

of children's art packs to be given out to clients of King's Lynn Foodbank this Christmas. "As a society we always aim to offer our members, alongside our excellent quality lectures and social events, the chance to enjoy different opportunities to contribute to the cultural life of our local community. As so many people are struggling at the moment, we are particularly pleased to be able to provide these packs again for children around King's Lynn" explained Stuart Dimmock, TASKL chairman. Anyone wishing to help with this project can find details about how to contact the Arts Volunteers on the TASKL website.



Dr Susan Owens

David Elsey's Cryptic Crossword



Crossword solution on page 44

Semi - Retired PAINTER & DECORATOR

Reliable, with over 20 yrs experience. No job too small.
Reasonable rates. Free estimates. Interior / Exterior.

Phone Philip: 01485 298475 Mob: 07951 683122

CROSSWORD CLUES

Across

1. I turn green before dizziness occurs (7)
5. One of us has access to privileged information (7)
9. Stopped king from moving around (tied tight, it's thought) (9)
10. Head for Rheingau – I love fine German wine (5)
11. Graham's woman on screen is married to Arnold (6)
12. Pain expressed after will is shown to be meaningless (7)
14. Report back after both sides pulled out of tie (4)
15. 17 feature is hit following appearance of stand-in (6,4)
19. The banks warm to takeover by Musk: "It's refreshing" (10)
20. Tin-pot tool with handle, popular in Germany (4)
22. Bestseller about old airline – copies can be found inside (7)
25. Harpsichord I exchange for Yankee is broken up by nutcase (6)
27. Beer is found in part of church (5)
28. Shape not styled to hug good plain figures, so it's said (9)
29. Attaches with nails – of course, not all around (5,2)
30. Talked about ring with diamonds, taken aback (7)

Down

1. Play around with volume on sound equipment (4)
2. Classic Ferrari given 'favourite' treatment (3,6)
3. Speak with funky accent (6)
4. Precisely where glasses should be placed (2,3,4)
5. Asian banker is most kind to American (5)
6. Great delivery when describing 25? (8)
7. Dry bread has date on top (5)
8. Behind with opening of thriller movie (4,6)
13. King will have to cook main course (5,5)
16. Spend on supplies and weapons (9)
17. Director has a slight problem – get ready to be fired! (9)
18. Take credit over money? That's silly (8)
21. Current supplier has lots to take back when function is over (6)
23. No-frills book, just as it was written, secures advance (5)
24. Area nurse formerly working in hospital is livid (5)
26. To cut speed from time to time is nothing new (4)



HUNSTANTON CONSERVATIVE CLUB

24 High Street, Hunstanton PE36 5AF | T:01485 532462

The Club is open Monday-Saturday 10am-11pm and Sunday 11am-10.30pm.

Hot/Cold meals available Monday to Saturday. On Sunday there is a 2 course Sunday Roast Lunch at only £8.90 for Members and £9.90 for Guests.

Xmas meals, Dec 8th, 10th and 13th. Extra Dates added Thursday Dec 15th for 12.30 p.m. Service and Saturday Dec 17th for 7.00 p.m. service.

Yoga for U3A members on Wednesdays, Thursdays and Fridays.

Mondays : Strength and Balance Class 4.40 p.m.

Wednesdays : Scrabble 10.00 a.m. , Whist Drive 7.00 p.m.

Fridays : Lunchtime Raffle drawn at 1.00 p.m. Cash Bingo start at 7.30 p.m.

Saturdays : 'Open the Box' draw at 1.00 p.m.

www.hunstantonconservativeclub.co.uk



Donate your old car or other vehicle

With/without MOT | Running or not | The older the better | Monies raised go to local good causes
All correct paperwork completed | No charge for vehicle collection

Contact: Richard Bird 07860 476 198

GOLD AND SILVER WANTED

CASH PAID FOR GOLD AND SILVER ITEMS IN ANY CONDITION

Turn out your drawers and Jewellery boxes, search your attic & even your shed. You will be amazed at the value

No item is too small or too large! Even if you are unsure if it has any value bring it along and find out

Any interesting old item bought for cash, pocket watches, old wrist watches, cigarette cases, gold and silver coins

RINGS



TANGLED CHAINS



GOLD COINS



DAMAGED JEWELLERY



BANGLE & EARRINGS



Bank Notes



Kruggerands



Kruggerands bought up to £1,100 paid

Gold up to £900 per oz paid



All of out of date withdrawn bank notes
£5, £10, £20 and £50 notes
Large and small amount required,
£5-£25,000 taken

We buy for Cash

Gold

Jewellery, broken, unwanted, bracelets, earrings, watches, foreign coins, brooches, medals, proof sets, rings and chains

Silver

Medals, coins, charm bracelets, pocket watches, cigarette cases, jewellery, spoons, cutlery, trays, trophies, boxes, pre 1947 coins, tea services, candle sticks, photo frames

SOVEREIGNS AND HALF SOVEREIGNS WANTED TOP CASH PAID



COME AND SEE US AT

HUNSTANTON: Hunstanton Town Hall (Community Hub), The Green, Hunstanton PE36 6BQ
on Tuesday 15th November and Wednesday 16th November, 11am-2pm or call 07724 473810

KING'S LYNN: Stuart House Hotel, 35 Goodwins Rd, King's Lynn PE30 5QX
on Thursday 17th November, 11am-2pm or call 07724 473810

MEDIAEVAL BÆBES



Most recognised for their title track to the renowned ITV series *Victoria*, the internationally acclaimed Mediaeval Bæbes are bringing their MydWynter Tour to St Nicholas Chapel, Kings Lynn on the 11th December. In a timeless treat of unique musical allure, the show is set to harness the true spirit of Christmas, as traditional folksongs and Christmas carol classics are cleverly combined with arrangements from the new MydWynter Album.

But who are the Mediaeval Bæbes and what has made their haunting vocal harmonies become so renowned across the globe?

Over 25 years ago, a group of friends clad in flowing white gowns and crowns of ivy

broke into a graveyard to sing mediaeval songs and make merry. More than a quarter of a century later, the Mediaeval Bæbes have released 11 studio albums and won an Ivor Novella Award for their performance on the BBC serialization 'The Virgin Queen.' They have also had 2 Emmy nominations, and have received a Royal Television Society award alongside composer Martin Phipps, for their soundtrack to ITV's hit period drama 'Victoria.'

They are one of the most successful, female-led, early music and folk ensembles in Europe and have toured with Jools Holland, supported Michael Flatley in Hyde Park, and performed at the The Game of Thrones Festival in

Canada. They have appeared as joint guests on a show with Meatloaf and, as a fan and enthusiast, Iggy Pop regularly plays their music in his shows and invited them to perform live for his Radio 6 Christmas Day special.

Their unique, classical vocals have led them to perform in many historically significant venues across the world, embracing castles and caves through to nightclubs and renaissance fayres. Some of their favourites include Hampton Court Palace, Berkley Castle, The Royal Albert Hall, Chateau de Fontainebleau in France and the Carnglaze Caverns in Cornwall.

Katharine Blake, musical director, composer and producer for the Mediaeval Bæbes explained why King's Lynn will be such a special show. "Our music really comes alive when we sing in churches and cathedrals because it was designed to be sung there. The MydWynter show is a vibrant performance that will be moving, amusing, rousing and spell-binding. Performing in St Nicholas Chapel really will be mediaeval music coming home!"

The Mediaeval Bæbes are always accompanied by a dazzling array of exotic and period instruments. The listener is transported through a myriad of ancient and forgotten languages as dance, theatre and ethereal harmonies weave story-telling magic through original settings of mediaeval texts, traditional folk songs, nursery rhymes and Christmas carols.

Come join the Mediaeval Bæbes for this Christmas celebration and be immersed in glorious merriment. Tickets are now available from www.mediaevalbaebes.com at a cost of £26.50 each and £11.50 for a child.

MydWynter is the 11th Studio album and is due for release on the 25th November 2022.

Win tickets to the Mediaeval Bæbes performance at St Nicholas Chapel, Kings Lynn on 11th December

Town and Around has two pairs of tickets up for grabs. To enter the competition just answer the question:

'Which famous pianist have the Mediaeval Babes toured with?'

Send your answer by email to editor@townandaround.net or post to Town and Around, 18 Tapping Close, Snettisham PE31 7FF

The first two correct entries drawn out of the bucket on 15th November will be notified by telephone so please don't forget to add you contact number!

ROUND TABLE
HUNSTANTON AND DISTRICT FCS

**SATURDAY
5th NOVEMBER 2022**
CLIFF TOP HUNSTANTON
INCLUDING LASER AND MUSIC SHOW

**TICKETS
AVAILABLE NOW**
PRINCESS THEATRE HUNSTANTON
INCLUDING LASER AND MUSIC SHOW

**HUNSTANTON
FIREWORKS**

£25 FAMILY £25 PER CAR £10 ADULTS £5 CONCESSIONS

TICKETS ON SALE NOW!

Southdon & Brothercross Girlguiding
invite you to their

**Autumn
Hall of Stalls**

Saturday 5th November 2022
10.00am till 1.00pm

St Edmund's Church Hall

Free admission
Refreshments available

Stalls and Jewellery
Lucky dip and Sweet Stall
Hand made gifts
Books
Balls
Christmas decorations
Fairy Tale games
Gifts and refreshments
Cake stall
Computers

**Annual
Christmas
Tree Festival**

St Nicholas Church
Snettisham, Norfolk

OPENING WEEKEND
29th Dec: 10.00am - 1.00pm
30th Dec: 10.00am - 1.00pm
4th Dec: 10.00am - 1.00pm

MIDDLE WEEKEND
9th Dec: 10.00am - 1.00pm
10th Dec: 10.00am - 1.00pm
11th Dec: 10.00am - 1.00pm

FINAL WEEKEND
17th Dec: 10.00am - 1.00pm
18th Dec: 10.00am - 1.00pm
19th Dec: 10.00am - 1.00pm

**ALL EVENTS*
FREE TO ENTER!**
*Adults £5.00

Hunstanton Christmas Festival

Sunday 27th November 2022

Town Centre

Meet RNLI
Stormy Sam



Giant Human Snow Globe



Meet the
Fearsome Dragons



Treasure Hunt



Meet the Panto
Cast & Visit Father
Christmas at
The Princess
Theatre



10am-5pm Food & Gift Fayre in the Town Hall

1-6pm Live Music – Local Bands & Schools

1-6pm Stalls, Rides & More

5pm Light Switch On

Behind the Scenes...

Welcome back to the November edition of Behind The Scenes! As we approach the festive season, prepare to learn more about one of our guests performing at the Princess this November, alongside some Christmas activities which you don't want to miss!

But firstly, at the end of September, we held our annual Macmillan Coffee Morning, organised by Jenny and her fellow theatre volunteers. People had lots of fun with the activities laid on throughout the day, including 'Guess The Teddy's Birthday'. I had the pleasure of phoning the lucky winner, they were very pleased to welcome "George" the Teddy, into their home; his name inspired by his birthday, the 23rd of April – St George's Day. Through the generous contributions of the guests, and the theatre, we raised a fantastic total of £1250! A big thank you to all who attended, helped, and donated.



Macmillan Coffee Morning

On Sunday the 13th of November, we will have Jimmy Cricket performing. I was able to ask Jimmy a few questions regarding his journey throughout his career in comedy, in homage to his '50 Golden Years' of show business, which his performance on the 13th celebrates.

I began by asking Jimmy what first sparked his interest in comedy. He explains that as a young boy in the late 40s and early 50s, "radio was king". He continues, "my folks owned a grocery and confectionery shop in Belfast, and in the evening as a family we would huddle around listening to the programmes." Through enjoying the radio with family, Jimmy ended up watching the popular segment – 'Educating Archie' live in theatre. Jimmy wonderfully expresses "the lights, the curtains, the orchestra and most of all the laughter from the audience, quite frankly mesmerized me, from that night on, I was well and truly hooked."

Knowing that Jimmy has had experience in both radio and television, I asked what it was like adapting between the two. Jimmy explains, "in the early eighties I appeared in a TV talent show – 'Search for a Star'". He states that with this initial exposure, and by featuring in various variety shows on at that

time, this led to him "getting what every artiste dreams about, a television series of (his) own." After this, Jimmy was offered his own BBC Radio 2 show, to which Jimmy mentions "there's much less pressure on radio, in that you read the scripts in front of a live audience, which means you don't have to remember lines."

When asked what people can expect from the show, Jimmy expresses that the Princess is one of his favourite theatres to perform at! He explains, "as it's celebrating my '50 Years' in Showbiz, I'll have some screen footage of one of my Royal Variety shows, and we'll have a few musical interludes." This includes May Marion, as well as West Norfolk's 'Your Choir'. Finally, I made sure to ask if the L & R Wellies would be making an appearance, "you bet" Jimmy said, "there's no show without punch". Jimmy's final statement expresses that most of all, he hopes to spread joy and laughter across the audience, so make sure to get your tickets now!



Jimmy Cricket

On November 27th, our Christmas Cracker event will take place. Santa has marked the Princess in his diary, as the theatre welcomes guests in to greet him. There will also be our Christmas light switch on, and a performance from our Panto cast to celebrate Cinderella, which debuts on December 3rd! Also accompanied to the event will be a variety of entertainment, and the Princess will also be joined by Simon Rowe at Radio West Norfolk. More information to follow, so keep an eye out on our socials.

Linking again to our much-anticipated Cinderella Pantomime, is our festive tree, which is staged within the Town Hall Christmas Tree Festival, this year taking place on the 2nd, 3rd, and 4th of December.



Jemma - Author

People may vote for their favourite tree, and once concluded, our entry will be displayed within our auditorium. As the tree is themed to that year's pantomime, this year's tree will be decorated in all things Cinderella. I spoke with Jenny about this, (a volunteer at the Princess) who creates all the tree's decorations!

I first asked Jenny what inspired her to begin making the decorations. Jenny describes that before the Princess she "was involved with a tree for Save the Children", she then felt she would like to do the same for the Princess. This entry will be Jenny's fourth!

Jenny then spoke with me about her plans for this year's tree and what she's made so far. "This year's tree will have a large clock face at the top", a great idea for the tree topper. Trimmings include embroidered hoops to make pumpkins, little furry mice nesting, "and of course glass slippers". Jenny also explained that the favourite decorations she has made so far are transformed from car-boot barbie dolls, into the main characters, she notes "a lot of felt, ribbon, feathers, and glue was involved". So, make sure you catch a glimpse of this beautiful tree from Jenny!

Throughout November we have many acts to get you in the festive spirit, 'The Glenn Miller and Big Band Spectacular', 'Buddy Holly & The Cricketers – Holly at Christmas', 'The D-Day Darlings – A Christmas to Remember', and a Panto for the adults – 'Cinderella and Her Naughty Buttons!' A full list of November shows can be found on the back 'What's On' Page. But that's all from me, thank you again to all who have visited and performed at the theatre this past month, and we look forward to seeing you again soon, but until then, break a leg!

SHONE PRODUCTIONS Presents

YOU'LL HAVE A BALL AT THE MOST
MAGICAL PANTOMIME OF THEM ALL

Shone
Productions Ltd

**RICH
ROBERTS**
As Dandini

**LUCINDA
SCOTT**
As The Fairy Godmother

**GEORGINA
NEWTON**
As Cinderella

**BEN
COLES**
As Buttons

**LUKE
SAYERS**
As Prince Charming



Cinderella

SAT 3 DEC 2022 - SUN 1 JAN 2023

LUKE ATTWOOD & BRANDON NICHOLSON

As The Ugly Sisters

**Princess
theatre**

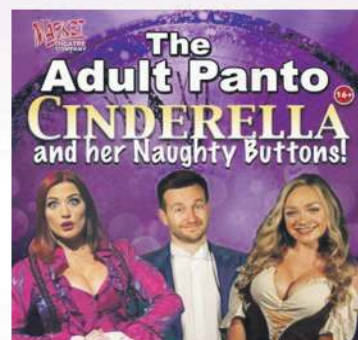
Box Office: **01485 532252**

Book Online: **princesshunstanton.co.uk**





Friday 11th



Friday 18th



Saturday 26th



BOOK NOW TO AVOID DISAPPOINTMENT