

TOWN and AROUND



NEWS FROM
NW NORFOLK
FREE

ISSUE 166 AUGUST 2019

PRICELESS



EVENTS & ACTIVITIES: Your calendar for the month ahead
THE GREAT OUTDOORS: Sport, gardening, farming, nature and wildlife
LOCAL NEWS: Business, jobs, schools, clubs, council, civic and churches
FEATURES: A Page from the Sage, Lifeboats, Money Matters and more...

First word



Hello everyone, here we are with another bumper edition full of news, photos and information.

After a long school year the summer break is finally here and there is time to rest and relax - all we need now is a spell of decent weather.

Compiling the list of events for this month I was struck by the number of free activities that are available this year, many of them

for families and youngsters. You can find the listing on pages 92-93.

Something new in this issue is a 'Where I grew up' article by Pat Richardson. It makes interesting reading and I'd like to include more, so if you'd like to write about where you grew up, just get in touch.

Have you seen the rather splendid signage on the Heritage Centre in Hunstanton? And have you been inside? It's not just for visitors to the area and is well worth a visit. You can read about it on page 36.

Following our article about air quality in last month's issue, new data was published on 27th June by The Department for Business, Energy & Industrial Strategy and page 12 of their report shows a 16% increase in emissions between 2016 and 2017 in this area. Shame then that our Borough Council didn't mention CO2 emissions at their panel meeting on 16th July. We will continue to investigate and report!

Many thanks to everyone who has contributed to this issue with articles, photos and information. Thanks also to all our advertisers and our great delivery team. Richard takes magazines to over 100 outlets in this NW corner of Norfolk, and if you know of a venue near you that would like to have a delivery (min 25 copies), please let us know.

The copy date for September's issue is 12th August; we look forward to hearing from you!

With best wishes

Elaine

Elaine Bird, Editor, Hunstanton Town and Around
The Perches, 18 Tapping Close, Snettisham PE31 7FF
T: 01485 540620 M: 07533 088196 E: editor@townandaround.net
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Local businesses support the introduction of new charity fund-raising technology

King's Lynn based national charity Scotty's Little Soldiers, has invested in cutting edge technology to make it easier for people to make donations in time for Armed Forces week.

The charity which provides long-term emotional, educational and development support to children and young people who have lost a parent in the British armed forces is trialling contactless donation stations at two locations in King Lynn. In a modern take on the traditional donation tin on shop counters, the stations will allow people to donate by simply tapping their debit card or Apple phone on the screen in the same way they do when using contactless payments.

Founded by war widow Nikki Scott in 2010, Scotty's Little Soldiers now supports over 370 bereaved British military children and young people across the country. The charity was set up in memory of Nikki's husband and father to her two children, Corporal Lee Scott, after he was killed in Afghanistan in 2009.

Nikki said, "life is busy for everyone and hardly any of us carry cash anymore, so upgrading the donation tin to the 21st century is a really exciting development for us.

"We're so pleased to have the support of two top local business who are trialling this simple to use technology. I'm hoping people will like them and that it will encourage more businesses to install them for us as we rely heavily on public support and generosity to do what we do."



The first of the stations is at Award Winning Eric's Fish & Chip shop in Drove Orchard, Thornham. Eric Snaith the 'Eric's' chain owner and Executive Chef at Titchwell Manor said "As a local businessman and family man with links to the military, I know how important the work Scotty's does is. The fact that this local charity is at the forefront of supporting bereaved forces children and young people across the country is something we in West Norfolk can be proud of and I'm pleased my staff and I can play our part.

"I find it poignant and timely that we are launching this campaign to coincide with National Armed Forces Week, as it gives our great customers the opportunity to demonstrate their support for our service men

and women in an easy, practical and really impactful way."

Drove Orchards is a large family run, rural retail park, owned by the Jamieson family who have strong links to the military. David Jamieson, the grandfather of Site Owner, Oscar Jamieson, is one of only five Norfolk residents to have ever been awarded the Victoria Cross. Oscar said, 'my family has strong ties with the British Army, and we're acutely aware of the debt we owe to our service men and women. We are delighted to be able to assist 'Eric's' and 'Scotty's Little Soldiers' in this project, helping this great charity in it's vital mission, supporting children and young people who have lost a parent in our Armed Forces.'

Folk on the Green

Sophie Hooker

A marvellous sunny day on Saturday 22nd June saw the inaugural Folk in the Town Showcase event on the Bandstand on the Green in Hunstanton.

With a backdrop of beach behind them, eight acts from around the country performed for spectators for a chance to win £100 and a slot to play at the Folk in the Town festival in King's Lynn this summer.

Judge and performer Roger Partridge said: "Saturday was a marvellous day of folk music. There was a full entry and musicians came from as far away as Essex to take part! Hundreds of people took their seats on the Green throughout the day to be entertained."

"The judging panel had a very hard job to choose a winner as the standard was so high. In fact, they could not separate the two top acts so The Lighters Band from Cromer and the Browns from North Norfolk were announced as joint winners with the Browns going forward this year to take part in Folk in the Town in King's Lynn and the Lighters Band taking part next year."

"Events like this are excellent for the town. They create a great atmosphere, a buzz that there's always something good happening in Hunstanton and they attract more people to

visit and enjoy themselves and then revisit again, which is just what the Heritage Gardens project aims to do."



£27,000 raised by Hunstanton Charity Shop

Sophie Hooker

Following a hugely successful year for Hunstanton Charity Shop, a presentation on Wednesday 26th June was held at the United Services Club where the eight charities and organisations benefiting came together to receive their generous donations.

West Norfolk Riding for the Disabled and the RNLI received £6,000, Norfolk Air Ambulance EAAA and NARS (Norfolk Accident Rescue Service) received £3,000, Hunstanton Primary School and Blood Bikes received £2,500 and the Queen Elizabeth Hospital and the Stroke Association each received £2,000.

Shop manager Angela Green said: "I would like to thank all the volunteers in the shop who work hard to stay open seven days a week and give their time for free. This enables us to plough all our money back to help good causes. Everyone gives 100% to help make a difference."

"Thanks also has to be given to



the people that bring us donations. Without them, there would be no shop, and without our customers there would be no funds. So, a huge thank you to all who play a part."

"We are always looking for volunteers. Even if you can only

give a couple of hours, it all helps. Donations can be dropped to us when we are open, and we are grateful of anything that comes through our door."

"Thanks is also given to the United Service Club who have offered a free room for our

presentation and monthly meetings, this is a huge help."

"Our next meeting is 25th September at 10am to 12pm, so if you wish to come along please feel free."

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Fun Day in Hunstanton

Sophie Hooker

Friday 21st June saw the Hunstanton Lions Club hold their annual Fun Day where three local children's groups were provided with free rides at Hunstanton Fairground and then a free lunch at Vegas Fish Bar.

Lion Chris Holt said: "Over 300 special needs children, their teachers, carers and parents from Churchill Park Academy, Little Discoverers and Sheringham Woodfields School took the opportunity to experience all the thrills of the fair, courtesy of the Hunstanton Showmen, who opened their rides for free."

"It was evident from the laughter and smiles that they all enjoyed the many attractions, many for the first time. After nearly two hours of joy, they were all then treated to a meal of Fish or Sausage and Chips and a welcome drink very kindly supplied by Joe Rodrigues at his Vegas Fish Bar."

"This has to be one of the highlights of our Lionistic Year."

The Lions have organised the Fun Day as an annual event for over a decade and is one of their biggest events of the year.



Joe Rodrigues and staff at Vegas Fish Bar

Snettisham Open Gardens

Seventeen gardens in Snettisham opened their gates to the public on a wonderfully sunny Sunday on 23rd June.

Armed with maps and descriptions of each garden visitors paid £3, which covered entry to all sites, to be educated and entertained by a really interesting group of people who were prepared to trim and weed ahead of the big day in aid of West Norfolk Mind and Norfolk Stroke Association.

With cameras clicking at every venue, and excellent refreshments (my favourite was the lemon drizzle at garden 14) the outstanding feature of the day was the sharing of ideas amongst like-minded people.

Snettisham Gardening Club organises the Open Gardens in the village and Chairman Gail Lees, who also opened her garden, said: "We had a fabulous day; the weather was kind, the gardeners and owners were in fine fettle all aided by scrumptious teas and cakes followed by Pimms and fruit punch."

"A thoroughly enjoyable day for gardeners and visitors that raised £800 for our chosen charities."



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One giant Leap for mankind: 'Better' and 'Faster' Soap Box Derby Returns

Sophie Hooker

To launch Hunstanton's annual Soap Box Derby 2019 and announce that entries are now open, a few entrants and key players in the running of the legendary event on Sunday 22nd September came to the Green to celebrate.

The Soap Box Derby was first held in Hunstanton in 1953 but was brought back by the Borough Council in 2017, with each year getting bigger and better. A family-friendly event, visitors and spectators will be treated to the racing, a carnival atmosphere and a music and gin tent on the Green.

Entrant Patrick Richardson, who first entered last year and is returning again this year with grandson Oliver in their Apollo 11 themed soapbox cart, said: "We came along three years ago and thought 'This is wonderful, we really ought to be doing this!'"

"We hoped to get to the moon if we go fast enough down this hill! It's fifty years since Apollo 11 took the three astronauts to the moon and we thought we must celebrate that."

"(The soapbox cart) has been in development for 12 months and we have a friend who is an engineer who did the welding for us. It's a big team effort. Team Richardson racing. My three granddaughters will be along and another grandson who's the other astronaut, so there will be three astronauts like there was in the original Apollo!"

On the new course, he said: "It's absolutely brilliant, much better and much faster, much more exciting. It will be a great family day out. I'm hoping that they will suspend the 30mph speed limit for the day as we hope to exceed that quite easily!"

The new course starts on Greevigate and incorporates a few sharp turns and finishes on the Beach Terrace overlooking the sea.

Winner of the last two years Ed Napolitano said: "I'm just going to race it, enjoy the day and see how it goes... I'm excited about it... Hopefully it will be faster than last year. I built (my soapbox cart) myself and I have some friends and my brother push me on the day."



(L-R) Andrew Searle, Patrick Richardson (standing), Elizabeth Nockolds and Oliver Richardson



Grandfather and grandson duo Oliver and Patrick Richardson

Cllr Elizabeth Nockolds, deputy leader and cabinet member for Culture, Heritage and Health, said: "The Searles Soap Box Derby was a wonderfully successful event in 2018, and we're delighted that it's coming back to Hunstanton once again. The Soap Box Derby will be a day packed with free family entertainment, so make sure you come along and enjoy the fun."

Paul Searle from Searles Leisure Resorts is pleased to be involved again: "We like to support the town whenever we can, especially when it comes to events that put Hunstanton on the map and attract visitors. The Soap Box Derby is an exciting event to be part of. The local 45 Club will also be pleased to provide the gin tent again and raise money for a local charity."

The Derby will consist of four categories that are based on driver age: 10-12 year olds, 13-15 year olds, adults over 16 and over 65s. Not only will they win a place on the podium, the top three teams in each category receive a prize. Additionally 'Concourse d'elegance' will go to the best looking soap boxes.

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'Donate' reflects for dancers

A cheque for £800 was presented to Rollason Stage School on Sunday 23rd June to fund the purchase of two portable dance mirrors.

You may have seen the 'Donate' adverts in Town and Around and our article last year when Donate funds were given towards the swimming pool refurbishment at a local school. Richard Bird said; "I unashamedly borrowed the idea of Donate when I was last in America and I'm really humbled that local residents have come on board with the scheme."

"The system works because people can dispose of old vehicles without having to complete complicated paperwork or arrange collection; Donate does this free of charge and the money from the vehicle sale is put to local charities or good causes."

Rollason Stage School recently moved their headquarters to the Dersingham Village Centre, a beautiful facility, but without mirrors which are essential for teaching dance to a high standard. Rollason Stage School has over fifty local boys and girls attending each week and they have already raised funds themselves towards the six mirrors that are required by putting on a show and running raffles.

The International Association for Dance Medicine and Science says; "For dancers the mirror provides immediate visual feedback; it

allows them to evaluate the height and shape of their movement, to correct their placement, and to assess the line of their bodies.

"For teachers, the benefits of using mirrors as instructional tools also includes the opportunity to easily situate themselves to view many students at one time."

Principal of the school Michelle Rollason said: "I'd like to thank everyone who has donated money for these portable mirrors. It

is wonderful to see the children's progress and having the best equipment will really benefit them in training.

"We have just ordered the first three mirrors and our fundraising efforts continue; we'd like be able to order the remaining mirrors as soon as possible and any help would be much appreciated."

Rollason Stage School can be contacted on 01485 579074 / 07585 002124.



Richard Bird presents the cheque for £800 to Lucy Rollason

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The second is a standard Zumba class at Thornham Village Hall on a Thursday evening at 18:30. Please contact me if you would like further information. Thanks

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Military weekend on The Green Hunstanton

There is a military weekend at Hunstanton on the Green in Hunstanton on Saturday August 31st and Sunday September 1st in aid of Anglia Motel Help our local Heroes and Veterans (Reg charity no 1085050).

There will be military vehicles, 40's music, and a piped band and other military themed stalls.

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Royal surprise in Dersingham

Sophie Hooker

Further strengthening her ties to this corner of West Norfolk was the Queen's surprise visit at the newly refurbished Dersingham Village Centre on Friday 5th July.

The new centre, located mere minutes away from Sandringham House, opened its doors for the 93-year-old monarch where she was given a tour of the £1 million village hub and met with local community leaders.

The centre, located opposite St. Nicholas Church, has been in operation since autumn of last year but this visit by Her Majesty this July marks its royal seal of approval, unveiling a plaque to celebrate the occasion.

Despite not being a publicised visit, well-wishers managed to catch wind of the occasion and waited outside the centre hoping to catch a glimpse of the beloved monarch. Local schoolchildren were also in attendance to greet the Queen.

The Village Centre is on the site of the former Church Hall, incorporating a part of the former building which has been extended and refurbished to create a flexible community space. The construction of the new building was a Dersingham Parish Council project, but now the Centre will be leased to the Dersingham Village Centre Association. The DVCA will equip the Centre with items and then undertake the day to day running of the venue.

Photos: Ian Burt





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A weekend at the Sandringham Horse Driving Trials

Sophie Hooker

A gloriously sunny weekend at the end of June saw the Sandringham Horse Driving Trials return for their annual competition and carriage driving extravaganza.

A truly international event with competitors from across Europe gathered in the grounds of the Sandringham Estate to compete in dressage, cross country and cone driving. Hundreds of spectators were also treated to the driving of gorgeous ornate coaches and were able to get up close to a group of Suffolk Punches, an endangered breed of draught horse.



Technical Delegate Jeannie Lane said: "We have been going for something like 30 odd years and this event traditionally always follows on from Royal Ascot. Obviously, when Prince Philip used to drive he used to go to Ascot and then come here."

"We have our FEI 2* Pony Drivers who are trying to compete to be selected for the world championships in Hungary in September. So if you watch them going through the obstacles they will be driving very fast!"



"We're amazed actually this year because it's the first time for many years we've had so many competitors doing the driving trials. We had 102 entries and 101 forward which means people have withdrawn for some reason, for lameness, sickness, the heat etc."

"And then plus the Suffolk Punches—this is the first year we've invited them here because it's a rare breed and it would be nice for people to know about them." The Suffolk Punch is Britain's oldest native breed of horse and are now critically endangered, their population declining due to the mechanisation of agriculture with experts predicting that the breed could become extinct by 2027.

On the 22 attelage and 9 coaches involved in the event, Jeannie said: "The this is the attelage's third year here and it's the same for the coaching that were here yesterday, because the coaches are 100 odd



years old plus and it's very nice to see these wonderful rare coaches being driven."

"The attelage are carriages that are pre-1945, because don't forget during World War I we were still using horse-drawn vehicles. Even though it's only 100 odd years ago, it still seems strange to see them."

Full competition results are available from www.hoefnet.nl



Photos: Ian Burt and Sophie Hooker

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A Page from the Sage

Hi there everybody, this is a page or two of fact, fiction and squit from the Sage, writing in the Hunstanton Town and Around for the month of August 2019.

I have always taken a great interest in birds and wild life since I was a young lad, wondering around the fen and commons at Dersingham. When I moved to Hunstanton over fifty years ago I lived right next to the promenade, so I was always on the lookout for all the many sea birds. When we moved up to Willow Road in 1970 we only had a small garden with plenty of birds, with not too many sea birds but far too many ducks.

Now we are living on the Hopkins Site at Butterfield Rise I was surprised at the number of different birds we get in our garden, so I decided to take part in the Daily Mail wildlife census for the month of June, organised by Bill Oddie. So, here are the names of the wildlife on Bill Oddie's list that we have seen in our garden: house martin, blackbird, great spotted woodpecker, dunnock, starling, sparrowhawk, robin, blue tit, dove, house sparrow, goldfinch, grey squirrel and hedgehog. We also get birds that are not on the list like: jackdaws, magpies, pheasants, partridges, and we also get red kite flying above but not in the garden. I think this is a good selection of birds and wildlife considering we are in a built-up area with a lot of noise going on.

I saw in a write up about Hunstanton pier that the Hunstanton Heritage Pier community trusts plan to build a new pier for Hunstanton continues to forge ahead, with the exact location of the proposed pier is as yet still undecided. There is in my opinion only one position along the seafront where a pier can safely be built, and that is from the old Kit-Kat site as there is already an area of ground there for the pier entrance. But the main reason for the construction of the pier is that there is a bend in the promenade right there, and that is the reason why the Kit-Kat did not get flooded or damaged that terrible night in 1953. In fact the barman, Mr Jack Daniels, kept the salted almond bar on the north side of the Kit-Kat open and was serving costumers till 10.30pm that night.

On the night of Saturday the 31st of January 1953, a lot of damage was done along the north promenade at Hunstanton, the pier survived this night but to the south of the pier there was much more damage done to the blue lagoon, the boating lake and the fairground, but as I have said there was no damage done to the Kit-Kat.

On the night of Wednesday 11th January 1978 Hunstanton was hit with another bad storm that took the whole length of the middle walkway of the pier away, leaving just the seaward end standing there like an oil rig and was later demolished. Also that night some of the promenade was torn up by the sea just to the south of the Kit-Kat and large lengths of timber were washed through the boating lake and the fair doing much damage, but once again the Kit-Kat suffered no damage whatsoever. So as you



by
Dick Melton

see, the old Kit-Kat is the only safe site to build a new pier.

A member of the Hunstanton Town Council got up at a meeting and said she was very pleased to see that you could now buy fruit, veg, meat and bread in the high street, as it has been a while since you have been able to buy all three of these commodities on Hunstanton high street. But this was not always the case: long before the supermarkets came to town there were many more shops in and around the high street selling these essential foods.

At one time we had four butchers shops in the town, Rand's in Greevegate, Lee's in the high street, the London central meat company Baxter's in the high street and Dewhursts in the high street! I think I am right in saying that Burton's the butcher took over Rand's before they moved into the high street where they are still trading, also at one time we had a Co-Op butchers in Westgate.

As for greengrocers, there was Carr's at the corner of Westgate and Church Street, Lee and Warren's at the corner of Westgate and Sandringham Road, Jonny Parkers in the high street and Crown's just around the corner opposite the Town Hall. At some time there was another greengrocers in Dewhurst's old shop set up by a Mr King, and then this shop was called Jenny's. Also where Ladbrookes is today Mr Kilby had a small greengrocers.

The town has never been well off for baker's shops. A lady told me that during World War II she worked in a baker's shop in Le Strange Terrace that was run by NAAFI (Navy Army Air Force Institutes), they made bread and cakes that were distributed to the many army and airforce camps in West Norfolk and beyond. After the war it was still a bakers and it was run by a Mr Winlove-Smith and in the late 1960s there was a bakers for a while in Westgate where Lee and Warren's shop was, and then there was The Crusty Loaf. But when I first came to live in Hunstanton we had our bread off a baker called Mr Benstead from Heacham who delivered around the area twice a week, and he done this for many years.

We do not have a proper fishmongers these

days. The ones I can remember were Morley's, on the corner of Church Street and Greevegate (later taken over by George Raines), Wilson's wet fish shop which was opposite the Town Hall, Donaldson's that was in the high street and Winches fishmongers that was in the Station Yard. I think the first fish and chip shop in the town was next to where the Waterside is today, which got burnt down in 1924. Then before the World War II a Mrs Hastings opened one up behind Westgate in Chapel Lane. Just after the war a Mrs Poperwell who had run the Coach and Horses public house in Dersingham opened up a fish and chip shop called Brooklands at Beach Terrace where the No 1 Bingo is today. In the 1960s we had six fish and chip shops in Hunstanton, and I think by now we must have double that.

There has been a lot in the press, on TV and on the wireless of late about Mercedes Gleitz, the long distance swimmer who was the first woman to swim the English Channel. In 1928 she performed at the official opening of the Hunstanton swimming pool (blue lagoon), though it had been open to the public since 1927. It was then suggested to her that she should swim the Wash.

No one had ever attempted to swim the Wash, and on the morning of the 21st of June 1929 she left from Butterwick Farm near Boston, Lincolnshire and she spent a total of 13 hours 17 minutes in the water, having swam 25 miles and arrived on Heacham beach at 6.30 in the evening. My wife's uncle Mr Len Daw was on the beach at the time with lots of other people. He told me he remembered watching her crawl up the beach and then being wrapped in blankets to keep her warm. A brass plaque to commemorate the place of her arrival was erected near Jubilee Bridge on Heacham beach, which unfortunately got washed away in the 1953 floods. On the weekend of the 19th /20th June 2004 a new plaque was put in place. It was estimated at the time the distance between Boston and Hunstanton was 16 miles, but due to the tides and the strong currents she did 25 miles and she landed on Heacham beach instead of Hunstanton. In Hunstanton at Redgate Heights there is a road named after her, Mercedes Avenue.

As far as I know, nobody else has swam the Wash, but many years ago an old bait digger told me that one morning just as it was getting light he saw a small launch boat coming in just to the south of the pier. Three men waded ashore and the bait digger said to them, "have you caught many fish?" and one of the men said we have not been fishing, our mate here has just swam across the Wash from Boston. And with that, they walked up into the town. I have never found out anything more about this story, if anybody knows about this or knows of any one else that has swam across the Wash please let me know.

That's your lot for now, enjoy your sanfer. Keep on a troshin, the Boy Dick.

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Local children get on their bikes for the British Cycling Championships

Primary school children from Dersingham, Glebe and Sandringham took part in a 'Go Ride' event at Sandringham on Thursday 27 June.

Go Ride, arranged by west Norfolk school sports partnership and organised by British Cycling, is aimed at attracting under 16 year olds to fun cycling. Activities included musical tyres, limbo, pass the bottle and many other games designed to develop cycling skills and love of cycling.

The activity took place as the king and queen of British time trialling were being decided in the British Cycling Road Championships which started at the gates of the royal estate. The men and women travelled around a course that went through Anmer, Bircham, Docking, Fring, Dersingham and back to Sandringham.



NATIONAL CYCLING CHAMPIONSHIPS COME TO NORFOLK

Alex Dowsett (Katusha-Alpecin) won a record-equalling sixth elite time trial title, while Alice Barnes (Canyon SRAM Racing) claimed her first at the National Road Championships that took place at Sandringham on 27th June.

His triumph was far from a foregone conclusion, however, as Ribble Pro Cycling's John Archibald pushed him all the way – the Scot's time of 49:32.58 over the 25.4-mile Sandringham course looked good enough to take gold until Dowsett, the final rider, stopped the clock at 49:25.74 to take victory.



Earlier in the day, Alice Barnes ensured that the elite women's title stayed in the family, recording a winning time of 36:12.250 to upgrade the silver she won behind sister Hannah last year. Afterwards, Alice – for whom this is a first senior national title – said: "I got back from the European Games last night – I was pretty gutted to come away from there with two fourth places. I misjudged my time trial there and I wanted to make up for that here. I've not won an elite title before so I'm really happy with that – I can't wait to get my national champion's skinsuit!"

The circuit included the villages of Docking, Fring, Bircham, Anmer and Dersingham with the main crowds at Sandringham which was not only the start and finish for the time trial but the venue for the Go Ride event for local schoolchildren.

The first title of the day went to Charlie Quarterman (Zappi Racing Team) who took the men's under-23 crown improving on the silver medal he won last year and in the women's under-23 category, which was the final one of the day to be decided, Anna Henderson from Brother UK – Tifosi p/b OnForm was triumphant.

On Sunday, the action moved on to Norwich with a course that course took in Burnham Market and Holkham Hall giving West Norfolk cycling fans a chance to see the racing locally, and in Norwich over 5,500 people took part in a wider celebration of cycling in the Let's Ride event in the city centre as part of the British Cycling Festival.

Each winning their maiden national road race titles were Ben Swift (Team Ineos) and Alice Barnes (Canyon // Sram Racing).

The men's event saw Swift surge past team-mate Ian Stannard to inherit the national champion's jersey from his cousin, Connor, while Alice Barnes became the first woman since Emma Pooley (formerly part of the Fatbirds Hunstanton team) to win the national road race and time trial in the same year. After the race, Alice said: "I knew I was coming into this with quite good form. My time trial kind of shocked me but to get both (titles) – I can't really believe it yet."

After his race, Swift, who suffered a ruptured spleen after crashing in training earlier this year, said: "It feels really good. I've been chasing this title for a number of years; I've been second, fifth, fourth, near enough all of the places in the top five and top ten, so to eventually get this jersey in the way that we rode today – I'm really happy."

Left: Women's podium with Alice Barnes in her National Champion jersey and below Dame Sarah Storey at the TT start. Credit: Ian Burt



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A SHED LOAD OF SUPPORT!

Crane Garden Buildings helps promote youth football with donation to Redgate Rangers Football Club.

Based in Narborough, Crane Garden Buildings, a leading provider of wooden sheds and garden buildings and proponent of youth sport and activity is giving back to the community with a donation of a wooden equipment store to the Old Hunstanton football club.

Redgate Rangers Football Club coaches children from age 4 to 10 years with the aim of improving children's fitness, sportsmanship and to nurture team spirit. The older teams play in the Mid-Norfolk League on a Saturday and have at least one training session per week. The Club was set up over 15 years ago by Chairman Danny Lincoln to further the game for both adults and children in the area. The Club has evolved over time to now concentrate solely on youth sport. The donation of an equipment store gives the Club a safe and secure environment to store all the Clubs kit and enables the children to be more responsible for the sports equipment that they use. It also means equipment can be better maintained.

Managing Director of Crane Garden Buildings, Nick Crane said "We are very pleased to be able to donate the wooden equipment store to Redgate Rangers. It is important for us to support community and children's activities where possible and we can see how useful the store will be to the Club."

Danny Lincoln commented "The donation of the equipment store is greatly appreciated and will make a big difference to the use and care of our equipment. It now means we can purchase more kit for the children as we have somewhere safe to keep it."



With all the fantastic youth football being played in and around Norfolk, Redgate Rangers are proud to be a part of that and to provide the community with a fantastic social environment for children to play in a squad of their own age but also with the other children, older and younger. Training is year round so it helps keep children occupied and engaged in physical activity and high standards are important to the Club and so all coaches are FA qualified Level 1 or higher and safeguarding trained to provide safe, structured and well delivered football coaching.

Elvis the seal pup lucky to be alive

A seal pup found on Snettisham beach is lucky to be alive thanks to the correct and speedy response from a member of the public.

Jo Allen, originally from Bedfordshire, was enjoying an early morning walk with her dog when she spotted a tiny Common Seal pup lying all alone at the top of Snettisham beach. With the tide out and clear blue skies it would have been hours before the pup received any respite from the heat.

"I knew immediately the little chap needed some help and specialist care, his eyes looked dry and sore and he was so skinny you could see his bones" said Jo.

"I started calling animal rescue groups trying to find someone who would be able to help, while I stayed with him as I was worried about his health" she added.

Luckily Hunstanton Sea Life were quick to respond and despatched a member of their specialist animal care team.

"I was just getting up in the morning and thinking about what I needed to get done as I had friends coming over in the afternoon and had planned to take the day off from work, when I saw the alert come through on my phone" said Jemma McGuinness from the Sea Life Hunstanton animal care team.

"Even though it was my day off I knew everyone would be really busy at Sea Life getting ready to open so I told everyone I would go and check the little pup out" she added.

The tiny pup was very dehydrated, extremely thin and malnourished; weighing only 7.5kg he was lighter than a typical healthy new-born common seal pup. He would almost certainly have perished if it he had been left on the beach.

The weak and tired little seal was taken to the seal rescue hospital at Hunstanton SEA LIFE where further examinations were performed.

"I didn't want to raise my hopes too much when I first saw him, he was just so skinny and his eyes were sunken and very dry, but after listening to his heart and his lungs which sounded really strong and clear I thought to myself that all this little chap needs is some love and TLC. It was Jo who named him, our theme this summer is singers and musicians, so she chose

Elvis, after her dog" said Jemma.

For the past five days Elvis has been under the specialist care of the seal rescue team and has already made a remarkable turnaround, putting on over 2kg in weight.

Jemma believes that if it hadn't been for a vigilant and caring member of the public who did everything right the outcome could have been very different.

"Sometimes we get reports of seal pups when people return home and try to explain to us where the seal pup is located – this can lead to us searching lengths of coastline and sometimes returning having not found the animal" stated Jemma.

"Jo was able to give us an exact location and she stayed with the pup waiting for us to arrive and was able to signal to me by waving as I was approaching" she added.

Staff from SEA LIFE Hunstanton are keeping Jo updated with the progress of Elvis and as a special thank you will be inviting her to join them for his release to sea once he is ready.



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Charity helps mums and newborns

A charity group of volunteers in West Norfolk has this week helped their 200th mum with all the essentials she and her baby both need in the first few days (weeks) together.

Baby Basics offers help to women who need help and items for their newborns and who may be vulnerable, from teenagers, those in poverty for whatever reason, to asylum-seekers or those fleeing domestic violence.

A Moses basket packed with items from nappies and sanitary items, to blankets clothing, toys, wipes and shampoo is made-up for each mum in need, usually referred via the professional health services, and can be the only items some mothers have at the time.

"Baby Basics works on the simplest of models but offers such important help to women, many of whom may be incredibly vulnerable. Every item given away is donated by someone, or from groups in the community and sorted, checked, washed and ironed if not new, and packed and labelled by our team," said the group's Maggie Anderson.

The national charity of Baby Basics was launched in Sheffield in 2009 when a lead midwife for displaced people was shocked by stories of women who could not afford sanitary wear after giving birth. Some were in situations of exploitation and others were in desperate poverty.



Joanne Eldridge with Brogan help sort and pack with Baby Basics

A branch of the group was then created in West Norfolk at the end of 2015 and is based in St Nicholas Church Dersingham where volunteers meet each Tuesday when they work on ensuring no new mum in the borough is without the essentials for her child.

Maggie continues: "There is a growing network of community groups and churches across the country running a Baby Basics project and here in West Norfolk referrals can be made via email, or if needed by telephone initially to us and all we need is the mum's name or initials,

and the baby's due date along with the gender if it's known."

The charity will email the care professional or person who made the referral with a collection date and the basket will be ready when the mum is 36 weeks pregnant. The contents of each Moses basket are reliant entirely on donations and hundreds of items are given away each year.

Further details and information, including how to donate, can be found out by emailing babybasicswestnorfolk@gmail.com or via the charity's West Norfolk branch's Facebook page.

D-Day veteran takes to the sea for moving tribute

Sophie Hooker

Carrying on with remembering the 75th anniversary of D-Day, Hunstanton held a military weekend on Saturday 6th and Sunday 7th July.

Ernie Covill, 94, served as a lorry driver with the Royal Army Service Corps during the Normandy landings. Covill, from Boston, boarded a restored WWII landing craft with local veterans and two pipers and took to the sea to lay the flowers in a poignant display of remembrance.

The 1,000 rose petals spread throughout The Wash marked those that lost their lives. Local veterans also laid wreaths at The Cenotaph. The weekend also incorporated a service by the RAF Marham chaplain.

Locals and visitors were treated to a display of vintage cars and military vehicles on the Green throughout the weekend. There were also exhibits dating from both WWI and WWII on display.

The two-day extravaganza was

organised by Holbeach hotelier Harold Payne who spent £35,000 restoring the DUKW amphibious troop carrier 'Monty' that carried

Ernie and the veterans. The carrier took part in the Normandy landings and was the star vessel at the weekend.

All proceeds raised are going towards a memorial at Norwich Cathedral.

Photo: Chris Bishop



Ringstead Open Gardens

Ringstead residents opened their gardens for the public's viewing pleasure on Sunday 7th July for their 42nd Open Gardens festival.

It was a gloriously sunny Sunday when visitors were treated to an array of aesthetically pleasing delights, including a Flower Festival in St Andrew's Church celebrating 'Women in the Bible.'

The Village Hall functioned as a pit stop for refreshments, lunch, seating and entertainment. Inside the Hall was local fine artist Helga Joergens' artwork available for viewing and purchase.

12 gardens in total were opened and visitors were enthralled with the stunning natural beauty of the gardens. Particular highlights included the Ringstead Bury Garden, historical artefacts from Ringstead from the local history group and the stunning floral arrangements in St Andrew's Church.

Team leader of the flower arrangers at St Andrews, Cynthia Easeman, told Town and Around about the arrangements, she said: "As the morning service came to an end, we placed the cross in front of the altar, in the middle. The cross at the centre of all we do!"

"The fifteen flower arrangements in Church depicted 'women in the bible' and many had a mannequin dressed in colourful saris alongside; Lydia, purveyor of purple cloth was one which highlighted the silver edged purple flowers, the dye used to make purple used gold, making it very expensive,

"The two Marys at the cross, Eve in the garden of Eden, Hannah who so longed for a child (a prayer tree nearby for people's requests), Mary who anointed Jesus with nard, depicted by heavy scented lilies and many more including Lot's wife who was un-named and turned to salt because she looked back.

"To help visitors understand the tableaux there was a leaflet to accompany the flowers with an appropriate bible reading for each station.

good day, the gardens are beautiful and we're known for the teas and the lunches and what it does for the village comradeship. We all volunteer and it's really hard work but it's always really successful."



"Thank you for everyone who played a part on this wonderful happy occasion which involved the whole village and to all our visitors.

"We were blessed with beautiful weather and a sum of £6000 raised which will go a long way to keeping the Church open for all during the next year."

Organiser of the Open Gardens Sara Stocks said: "It's been a really

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Public art displayed at public loos

The toilet block in Hunstanton Heritage Gardens are now even more colourful.

Local artist Kate Dunbar started a project of laying painted ceramic tiles at the toilet block in the gardens last year.

The tiles are hand-painted by members of the public during a series of workshops held by the artist. Participants are shown how to paint the tiles, and then invited to design their own.

There are now four frames full of painted ceramic tiles, there are still four more to go.

Councillor Elizabeth Nockolds, Deputy Leader and portfolio holder for culture, heritage and health said: "The tile-painting workshops last year were incredibly popular, with lots of people coming along, and some really wonderful art was produced. It's great to see this project moving to its next stage. If you'd like your artwork to be seen by visitors to the gardens for years to come, why not join us at one of the next workshops in August."

Anyone who missed the workshops last year still has a chance to be involved in the project, as there will be more workshops in August on 3, 4, 10, 11, 24 and 25 between 10:30am and 4pm. They are free to attend, full details can be found on west-norfolk.gov.uk/hunstantonevents.



Kate Dunbar presents the new tiles

The workshops are part of an extensive events programme funded by the Borough Council of King's Lynn & West Norfolk and

the National Lottery Heritage Fund, as part of the Hunstanton Heritage Gardens regeneration project.

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Having a field day

Sophie Hooker

Hunstanton Town Council held their traditional community fete on Saturday July 6th at the Hunstanton Community Centre.

Families, children and adults flocked to the site to enjoy the entertainment, stalls and refreshments on offer. Fete-goers enjoyed an afternoon of sack and egg-and-spoon racing, games, drinks and food with stalls on hand to provide a local shopping experience.

Tommy J Rollason was on hand with a free Circus Skills workshop, sponsored by The Hunstanton & District Festival of Arts. Tommy, a professional performer, taught the children tricks such as spinning plates, hula-hooping, juggling and more. The entertainment did not end there as spectators were also treated to a performance by Hunstanton's Rock Choir.

In attendance and keeping within the theme of celebrating local open spaces were local organisations such as Northfields Allotments Club. Located on Cromer Road, the land houses 76 individual plots and actively encouraging wildlife onto the site, with plot holders constructing ponds, bug houses and nest boxes.

Recently a plot holder has requested permission for a beehive, which would benefit the ecosystem and result in higher vegetable and fruit yields and better quality produce.

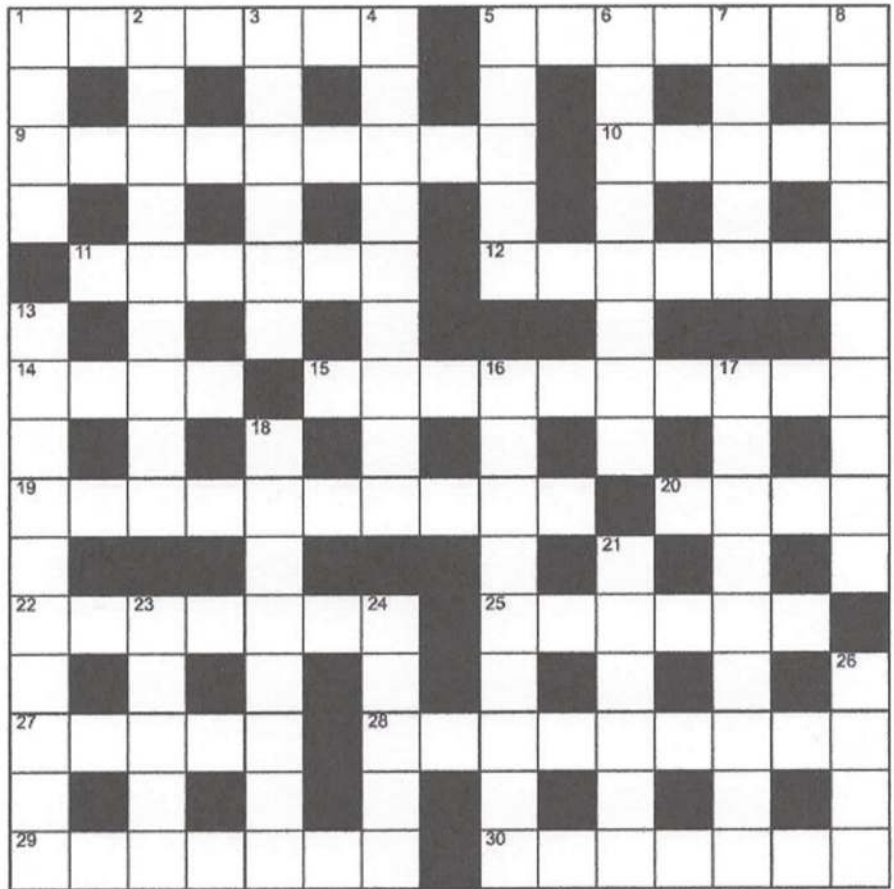


Photo: Chris Bishop



David Elsey's Cryptic Crossword

1. Leading politicians opt to go or stick.... (4)
2. let stated procedures follow, if nothing else (9)
3. Eager to make most of room at hospital department (6)
4. Clear one extra fence with energy (9)
5. Delivered first blow and paused (5)
6. Cover for small Spanish guy who loses his head over gold (8)
7. 22 across is held back by upstart lunatic (5)
8. Criminal let out – is he to become a shadowy figure? (10)
13. Uncovered and shared out toffee (10)
16. Not in groove with drive, but made more runs (9)
17. Snakes around junction with wagon (important man on board) (9)
18. Show is before half ten for musical work (8)
21. Hare trapped in river - it's only small! (6)
23. Put off defender eager to execute rocket headers (5)
24. Exile will hold off going back (5)
26. Begin formulating some facts (4)



Ray Butchers Su Doku

...then the more challenging

		6	1					
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8								

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Kit's centenary celebrations

Winifred Kathleen Balfour (Kit) was born on 26th June 1919 in Wapping, London. She served in The London Fire Brigade during the blitz in World War 11 where she met her husband Alfred Henry Balfour and they married in 1942.

She was evacuated with her baby daughter to Norfolk in 1944, and stayed with a family in Burnham Thorpe. She was made to feel welcome and for many years after continued to return to Norfolk to visit the family and friends she had made there.

When she and husband retired they moved to a cottage in Heacham and later to a bungalow where they happily resided for many years. After her husband's death she remained in Heacham supported by friends and good neighbours.

Four years ago she moved to Lincoln Lodge (Beach Vue) where, on 26th June 2019, she celebrated her 100th Birthday with family and friends who enjoyed afternoon tea, cake and dancing to music provided by David Young.



Above left: Kit surrounded by friends and family, top right: Kit with Hunstanton Mayor Cllr Amanda Bosworth and David Young (solosaxclarinet), bottom right: enjoying a dance - or two.

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Henry Head

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Here at Hunstanton Bridge Club we are a friendly group of people always looking to welcome new members, whether you are a complete beginner, have been playing for only a few months, or for several years.

We meet at the Hunstanton Conservative Club just off the High St on Monday evenings for Duplicate, and on Friday afternoons we offer Bridge lessons to people who want to start playing, to people wanting to progress a bit further and for those who prefer to play in the afternoon. If you don't have a Bridge partner we can help you to find one.

Banish the fear. Don't be apprehensive about going to a club thinking that everyone will know more than you. All levels can play together and have success and fun. If you would like to know more please contact Robert Smith 01328 822120

Developing tricks

One of the techniques for developing tricks is to unblock by playing an unnecessary high card to promote an entry to the opposite hand.

S 3

H A 10 7

D J 6 4 3

C J 9 8 6 4

S 9 5 2

H Q 5 2

D K 8 7 2

C 10 7 3

S A K Q J 10 8 4

H J 4

D 10 9

C A 2

S 7 6

H K 9 8 6 3

D A Q 5

C K Q 5

After east opened 1H South went straight to 4S and West led H2. With two diamond losers and one heart loser Declarer needs to find a way to eliminate the club loser. If West has led from an honour, as is likely from the lead of the 2, then there could be a finesse position in hearts. The play of the 7 makes East take the trick with the King and Declarer drops the Jack. This will enable him to finesse for the Queen and if successful will provide for a discard of the losing club. After losing Ace and King of diamonds Declarer wins the next trick, draws trumps and then leads the 4 of hearts and takes the finesse and thus disposes of the club.

THE OTHER STUFF!

An exhibition of paintings by Barbara King

Friday 16th to Sunday 18th August 2019 10am to 5pm

Ringstead Village Hall, High Street Ringstead PE36 5JU

An exhibition of paintings including figures and fireworks, shadows and reflections, flora and fauna. Everything but the Landscapes (though these too can be made available if required!). The exhibition



promises to be a colourful spectacle with sufficient subjects to please most visitors. Info: 07798918470 or bek@barbaraking.co.uk.

Bats in Thornham Church

Megan Greef

The bats are back in Thornham Church for the summer breeding season.

As part of the National 'Bats in Churches' project funded by the Heritage Lottery Fund (HLF). Thornham Church has had 3 Bat surveys so far this year. The first survey in May saw over 200 bats leaving the church to feed. On 1st July a more detailed survey saw 4 people camped out around the church with night cameras and 2 inside to count the bats as they emerged and returned to find out exactly where their entry and exit holes are.

When all of the information is gathered at the end of the season (about September) it is hoped that a solution can be found that will benefit both the bats and the church and allow the bats to continue to visit without causing damage and mess inside the church.

It is very interesting to watch the bats flying around the church before they disappear through a tiny hole in the window high up in the church. This is only really possible using night cameras and lights as the bats do not like daylight or artificial light. If you would like to experience this come to our Bat Night on 10th August starting at 7pm with an introductory talk by ecologist Phil Parker and wait for the bats to emerge. Refreshments will be available and crafts for the children to do while they wait. No charge but donations for the church would be welcomed.



Thornham Church

Bat Night

Saturday

10th August

7pm for Talk

Free entry - Donations welcome

Watch the Bats flying

Children's Crafts

Refreshments available

Bats in Norfolk Churches Project

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and Twitter @hunny_bird

HUNSTANTON BRANCH OF THE ROYAL BRITISH LEGION D DAY 75TH ANNIVERSARY IN NORMANDY JUNE 2019

To mark the 75th Anniversary of the D Day Landing the Hunstanton Branch of the Royal British Legion journeyed across to Normandy to pay respect and mark the 75th anniversary of D Day on behalf of the people of Hunstanton and local areas. The branch was represented by the branch Chairman Simon Matthews who travelled across with members of the Heacham and Spixworth Branches.

The trip was split over 4 days taking in the Ranville Cemetery, Parachute Drop Zones, The British Landing Beaches and the Pegasus Bridge at Benouville.

The start of the visit was to Ranville Cemetery which lays about 6 miles north east of Clean and was the first village to be liberated by the British on the morning of the 6th June 1944. All 3 Standards of from the branches were laid at the Cross of Sacrifice while a red rose was laid on every war grave in the cemetery, over 2000 flowers were laid with the help of 4 Norfolk Veterans who fought in France, members of youth organisations from Norfolk and members of the public. Hunstanton Branch also laid a wreath on behalf of the town. It was an extremely poignant moment for all those that took part, to see both young and old come together in another country to pay their respects to the fellow countrymen who had paid the ultimate sacrifice was the most touching image I have seen and will never forget. All the people who took part should be extremely proud of themselves as they were all great ambassadors for Norfolk County.

After our slightly tear-jerking experience at Ranville we moved off to see the parachute jump into the original D Day Landing sites. After and extremely long wait, slowly and magnificently a convoy of Dakota Aircraft loomed into sight. These had come cross from RAF Duxworth as part of the Daks over Normandy which had brought together as many airworthy Dakota's as possible to let as many parachutists jump on the anniversary. As the aircraft approached, we could see the sides opening and the green parachutes inflate as streams of people jump from the planes. The Red Devils as jumped in with 2 veterans from the landings 75 years ago. We watched until everyone was safely on the ground and the planes had disappeared into the horizon. A sight which will never be seen again and worth the wait.

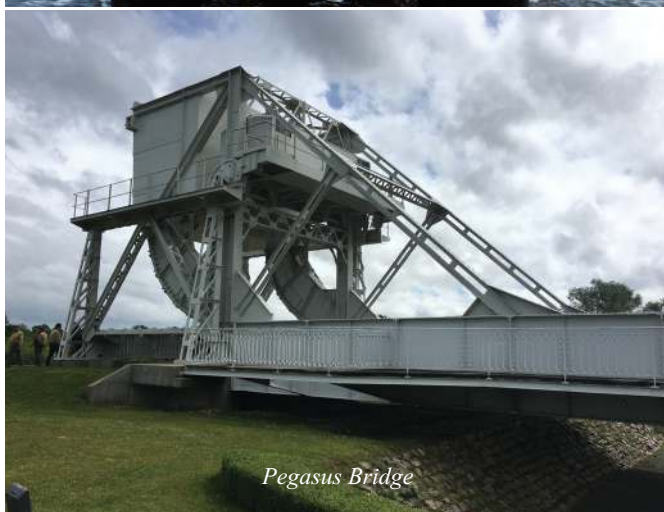
The next day was 6th June so we were up early on stood on the beach at Arromanche by 5 am. We had arrived early to meet up with Harold Payne and DUKW Amphibious Troop carrier which had served on D Day, Hunstanton Seafront before being recently restored by Harold. We slowly watched the beach fill up with every type of Military Vehicle form the Second World War with hundreds of people buzzing around taking photos and just enjoying the atmosphere. Eventually Harold arrives along with about 15 other DUKW's and took his place on the beach. Once again, the Hunstanton Standard came out and was flow form Harold DUKW before he slipped away to take people for a trip in the sea around the remains of the Mulberry Harbour. It was great to see such a wonderful piece of equipment traveling through the sea as it had done 75 years ago and when it would take passengers for trip on Hunstanton seafront long before we had the Wash Monster.

On our final day we went to see the famous Pegasus Bridge where 3 gliders landed in the very early morning to capture the bridge over the Caen Canal. Once again, the Branch laid a wreath at the memorial by the new bridge and took a moment to reflect on what had happened there 75 years ago. We spent some time looking around the fascinating museum which how has the original bridge in its grounds. Our final part of the day was spent having a beer in the Café Gondree the first French house to be liberated during D Day talking to Arlette Gondree who was a small child living in the house when it was liberated. Each Branch presented her with a small wooden poppy cross with a short message on from each town which she duly put on display on the bar.

With our trip at an end and with time to reflect it was a great experience and honour to represent Hunstanton on what will unfortunately probably be the last big D Day Anniversary where we will have so many veterans in attendance.

Lest we forget

Simon Matthews





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King's Lynn and West Norfolk Borough Council

The Borough Council of King's Lynn and West Norfolk offers a range of services helping people to get involved in their local community and to help keep them safe in their homes.

Careline Community Service provides items such as personal alarm buttons and falls detector pendants. This means that help is only the press of a button away, providing reassurance for you, your family, friends and carers. The new BuddyButton does exactly the same but has the added advantage of a built in tracking system so it can be used if you are out of the home shopping or visiting friends. We also provide key safes for people who require authorised visitors to have access to their homes such as carers and relatives.

Care & Repair helps improve housing conditions for older people, people with disabilities and those on low incomes helping them to live safely and independently in their own homes. We deal with housing adaptations, repairs and provide a handyman service reducing the risk of falls and subsequent hospital admissions. Our adaptations include level access showers, stair lifts, ramps & door widening. Funding may be available through the Disabilities Facilities Grant (DFG) dependant on financial circumstance.

Our handyman service can provide equipment to help keep you safe in your home. Works include grab rails, light bulbs, bed rails, toilet frames, smoke alarms, push button stopcocks, security lighting and much more. Up to £300 grant funding per household could be available if you live in west Norfolk and have a health condition or disability.

Lily provides a comprehensive range of support in west Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities. Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.



The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch at asklily.org.uk

For more information on any of these services call 01553 616200, option 6. Or visit their websites; www.careline-cs.org.uk, www.asklily.org.uk or www.careandrepair-wn.org/



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HEACHAM HERITAGE EXHIBITION

Due to unforeseen circumstances Heacham Heritage have had to change their Exhibition dates from 10th and 11th Aug as previously advertised, to Saturday 21st September. Heacham Heritage would like to thank all those who have contributed, the response has been fantastic, some Villagers will be sharing their research and projects these include: Heacham Railway, Heacham and the Great War, Polish soldiers in Heacham, Cannon Pott St Michael's School.

Talks at 11am and 1pm by Andrew Tullett, the Heritage Learning and Outreach Officer from Norfolk County Council will be returning to do two talks with slides on Mercedes Gleitze (18 November 1900- 9 February 1981) a British professional swimmer. On the 20th June 1929 she became the first person to swim across the Wash from Bennington (Lincolnshire) to Heacham in just under thirteen and half hours.

At 2.30pm Andrew England will give a talk on The First Air Raid of Britain over West Norfolk in particular Heacham in January 1915.

Also, while Norfolk has already seen a singing postman rise to fame, now a singing Neuro Nurse is following in his footsteps. Heacham singer/songwriter Steve Smith has performed worldwide and will entertain us with songs from his latest album including The Mercedes Gleitze song.

Heacham Public Hall

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Borough Chief Executive set to retire this summer

By BCKLWN

One of Norfolk's longest serving Chief Executives, Ray Harding, is set to retire from the Borough Council of King's Lynn & West Norfolk this summer.

Ray started in local government in 1996 in Leominster, moving to East Cambs in 1997 before becoming a corporate director at the Borough Council in 2003. In March 2005 he became Chief Executive, a role he has held for 14 years.



Ray, 66, said: "After 16 years at the council, I have decided that I reached an age where it is time to retire and let a younger generation take over. With a new political administration now in place for the next four years, it is time for my successor to work with the executive to deliver their priorities.

"It has been my privilege to have the best job in Norfolk, working with the best, most supportive and committed colleagues. I couldn't have done any of the above without the efforts of each and every member of staff I have worked with, both past and present. I would also like to thank all the dedicated councillors I have worked with over the years and in particular I'd like to extend my eternal gratitude to John Dobson, former leader of the council, for giving me the opportunity to take on the role of chief executive."

Ray has also been a strong advocate of healthy initiatives. A keen runner, swimmer and cyclist, Ray took part in the very first Grand East Anglia Run and only missed one run in the event's history. He has also raised money for The Gambia Education & Training Support charity - mostly from receiving donations for home-grown asparagus from his allotment.

When asked about his retirement plans, Ray said he had recently become a school governor, and that he intended to devote more time to the two charities he is involved with (the other one being Lendwithcare - peer to peer lending to entrepreneurs in a number of third world countries).

Mr Harding's happy retirement

John Maiden

It is not unusual to wish a happy retirement to public servants when they reach the end of their working lives. I would have difficulty in doing the same for the borough council's Chief Executive Ray Harding, because I cannot thank him for what he has achieved for Hunstanton during his time with the council. Instead, I will reflect on some of the mistakes I believe he made that have had an adverse impact on the town.

On January 4th 2005, when he was Acting Chief Executive, Mr Harding wrote a letter to Hunstanton Town Council in which he stated that the Borough Council had absolved "the developers" of their obligation to build a new pier. He said this agreement had been reached in 1978, but failed to point out that the 999-year Lease for Hunstanton Pier had not been amended in order to permit the erection of the non-pier in 2003.

In 2007 regeneration plans for Hunstanton included the reinstatement of the pier. Within weeks of this announcement the non-pier changed hands and solicitors for the new owners wasted no time in reminding Mr Harding of his letter to the town council. The letter to Mr Harding dated June 3rd 2007 reads as follows: "I act on behalf of the Hunstanton Pier Company (HPC) and enclose a copy of your letter of 4th of January 2005 to the Town Clerk of Hunstanton Town Council. My client is in the process of carrying out refinancing of the Company. It is a pre-requisite of the Bank that a Deed of Variation be entered into between HPC and the Council confirming that HPC is

released from the maintain and repair obligations in respect of the collapsed Pier set out in the Lease dated 17th April 1870 made between (1) Hamon Styleman Le Strange and others (2) The Hunstanton Pier Company. Given the contents of your letter of 4th January 2005 and in particular paragraph 1, I trust that the Council will be agreeable to formalising the existing position and I look forward to receiving a draft Deed of Variation for approval as soon as possible please."

Mr Harding must have realised by this time that his letter to the Town Council had been based on false information, but instead of admitting as much, he requested a meeting with the solicitors "to discuss a number of continuing issues in relation to the Pier Entertainment Centre." By doing this he made a bad situation even worse.

Within a week Mr Harding received another letter from solicitors representing the HPC in which they reiterated the demand for a formal Deed of Release and threatened to initiate legal proceedings, if the Council was not willing to oblige, or if there was undue delay. Strangely enough the letter ended with a threat to break off talks that were supposed to lead to the restoration of a proper pier!

"I have also been asked to point out that my client has recently held several meetings with Sheila Jeffries (Chair of the Civic Society) with a view to working together with the Borough Council, the Civic Society and the local community for the possible future development of the pier extension. Clearly these talks will break down if the Deed of Release is not executed as a matter of urgency."

The reference to a future pier extension relates to the planning application that was approved in controversial circumstances on September 9th 2002, when developers added a future pier extension to plans rejected by the Development Control Board on July 22nd 2002. The fact that it was acknowledged by solicitors representing a purported HPC in 2007, should have reminded Mr Harding that solicitors acting for a previous version of the HPC had accepted the fact that it is not legally possible to remove the obligation to provide a pier from a 999-year Lease, which specifies the exact size and location of the said pier!

Instead, of standing up to the aggressive tactics employed by solicitors acting for the HPC, Mr Harding apparently instructed the Council's Legal Services Manager to 'negotiate' on his behalf. She advocated giving the HPC everything and getting nothing in return. When she was forced to reject her own advice, the Council instructed a firm of solicitors based in Kent to negotiate an out-of-court settlement, which ended up giving the HPC everything and getting nothing in return!

The statue of Henry le Strange on The Green shows Henry looking away from the non-pier, presumably in recognition of the fact the non-pier does absolutely nothing to protect and enhance the character and appearance of this vital part of Hunstanton's Conservation Area.

Perhaps I should wish Ray Harding a happy retirement, on a postcard of the pier when it was a Listed Building. I might also ask him if he will now admit the Pier Lease is for a Pier (hence the repairing covenant) and not just for the land covered and occupied by the said pier...



Borough Council News

August 2019

Heacham, Sedgeford, Fring

The Borough Council is getting a little more interesting. Full council in July went onto 10.15pm mainly due to extensive questioning, including a long one from the public expressed by Extinction Rebellion. The council is conducting a study into how its operations may affect climate change. The Local Plan Task Group is revisiting how development can mitigate some of its inevitable impacts on the environment.

Recycling, waste management, single use plastics (SUP) are all wrapped up in this debate. After an attempt to brush the SUP report under the carpet, things are looking more positive after the Chief Executive Officer, Ray Harding, intervened. A good man, he will have retired by the time you read this and replaced through an internal shuffle – part of the money saving exercise I mentioned last month.

The Cabinet portfolio holder for the environment received a lot of questions at Council. There have been two issues in Heacham about litter not being collected. Rubbish placed by the public adjacent to rubbish bins at the beaches has been left and, sometimes, redistributed by birds and wind. This was likened to fly tipping with the public liable to prosecution. This at a time when the Lord Lieutenant of Norfolk is encouraging the public to pick up litter – ‘to do their bit’. Collectors of rubbish from our beaches are also having problems disposing of it – the County recycling centre refuses to accept it.

In addition, some bins in Heacham are not emptied if they are too full - more than 80%. The mind boggles. Never mind Extinction Rebellion we need a Rubbish Rebellion.

Moving on, the proposed two screen cinema on the upper floor of the Corn Exchange got an approval for further exploratory work. There were mixed feelings about this due to cost, with hard liners on both sides of the argument, like Brexit. I voted for it as the Corn Exchange is subsidised and needs substantial repair work anyway. Another income stream might see it break even.

The planning committee is a bit different too. Many new members bring different perspectives and it is not so easy to guess how applications might be received.

There should have been another meeting between Heacham Parish Council and the Cheney Hill developers at the end of last month. Look out for notice of any public meeting in the next few weeks.

After a long time pursuing landscaping of the land fronting the Hopkins Homes estate, I have been told it will soon be starting. Churning of the land will be first, so activities by machines should be expected. A meadow will then be sown.

Mysterious goings on within the land holdings to the rear of North Beach should be at the point of being resolved.

I have got Heacham on the agenda of the Regeneration and Development Panel in early 2020. They will be visiting to determine if more can be made, in particular, of Borough Council assets. These are land and facilities at both beaches and the plot of land just off the High St recently used for bowling. Other locations could be looked at too. I would be grateful if residents and business owners could come forward with some ideas.

As no objections were received from Parish Councils about the increase in size of the chicken facility in Sedgeford, planning officers will be recommending approval. The Environment Agency has already given the application relevant permits.

Sorry, Sedgeford and Fring, for not having much to say local to your communities though that might mean you are enjoying a quiet life. Please contact me about any issues.

Terry Parish Independent Borough Councillor

Mobile: 07885 258428

Email: cllr.terry.parish@west-norfolk.gov.uk



OLD HUNSTANTON NEIGHBOURHOOD PLAN



We have at last secured government funding for producing the Old Hunstanton Neighbourhood Plan Residents' questionnaire. The questionnaire is designed to find out residents' opinions on matters affecting the village. Responses will be analysed and used to draw up a number of policies which will form the village's Neighbourhood Plan. This can then be used to guide the way the village develops over the next 15 years.

Parish Councillors will be delivering questionnaires to all household in the week commencing Monday 29 July. You can fill in one questionnaire for your household, or ask the Councillor for additional copies if individual household members would like to complete their own. Councillors will collect completed questionnaires in the week commencing Monday 5 August. We hope to collect data from as many village households as possible, both principal residences and those used as holiday homes. If your questionnaire hasn't been collected by the end of August, please use the contact number given on it to arrange collection.

All your responses will be analysed anonymously to give the Neighbourhood Plan Working Party evidence of how residents would like the village to evolve over the next few years.

Please complete your questionnaire. This is your chance to influence the future of Old Hunstanton.

If you would like more information or would like to contribute to the development of the Plan, please contact Lynne Butters at neighbourhoodplan.oh@gmail.com



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Keeping Hunstanton's memories alive

Sophie Hooker

(L to R) Hunstanton and District Civic Society Chairman John Maiden, Borough Council Heritage Gardens Activities Co-ordinator Roger Partridge, Driftwood House Home Manager Steph Durham, Mary Riches, Driftwood House resident Les Trundley, Cllr Elizabeth Nockolds and Hunstanton Primary School Headteacher Di Mapplebeck. Picture credit: Ian Burt

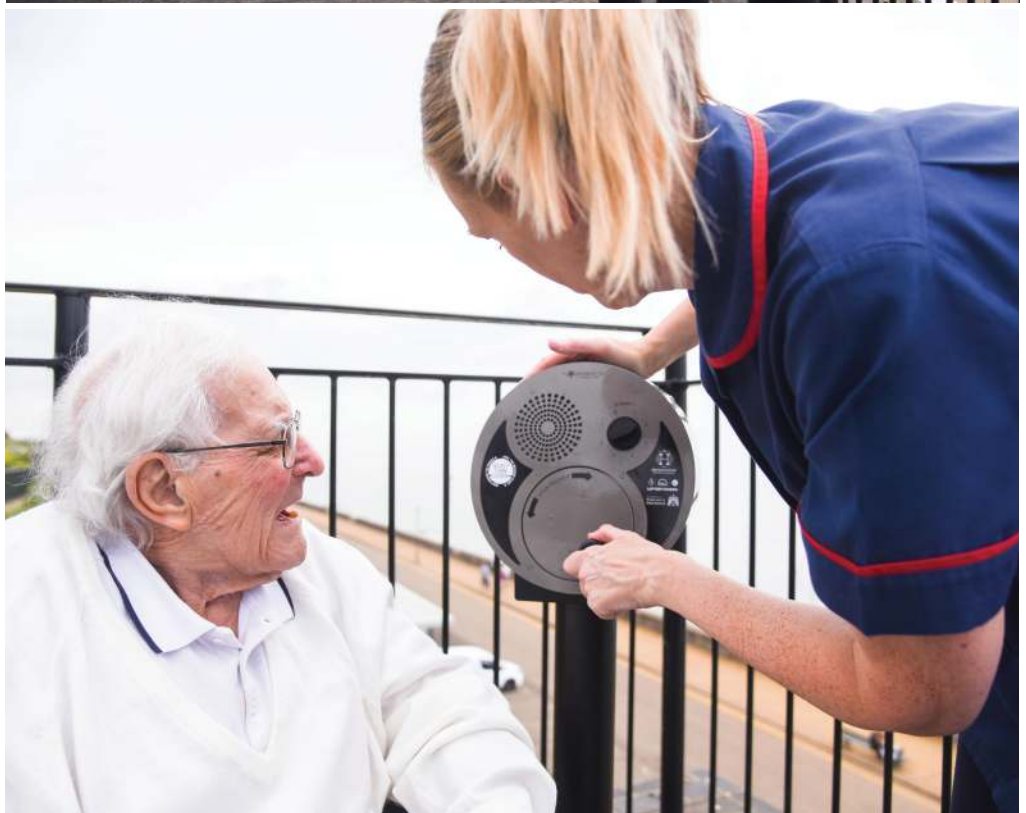
Celebrating the heritage of the town, a new intergenerational project was launched at The Lookout in the Esplanade Gardens in Hunstanton on Wednesday 10 July.

As part of the National Lottery funded Hunstanton Heritage Gardens project, Hunstanton Primary School children were given the opportunity to interview residents of Driftwood House Care Home in Hunstanton about their own memories and the history of the town. These recordings have then been edited by the students at the College of West Anglia.

Working in conjunction with Hunstanton and District Civic Society, the children asked pertinent questions about the town, broaching topics about the railway, the old pier, the soap box derby, the 1953 flood and the Esplanade Gardens, to name but a few.

These audio recordings will play from a U Turn box situated at the Lookout. Inside the Heritage Centre is a visual version with pictures and postcards of the town.

Organiser Roger Partridge said: "One element of The Heritage Gardens project is an intergenerational and oral history aspect that we had to fulfil for the Lottery. We came up with the idea of young people asking old people about the history of Hunstanton... so that the memories of Hunstanton from bygone times are there for posterity."



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Hunstanton & District Civic Society news

Andrew Murray

Heritage Centre

By Saturday 8 June, the work of transforming the former Nat West bank had reached the stage that we were able to open the doors to the public. The Mayor, Councillor Amanda Bosworth did the honours by cutting the ribbon. Just over 900 people visited the Centre in June including some 300 in school parties. The comments written in our visitors' book indicate that the range of topics on display as well as the way in which they are presented is much appreciated.

Towards the end of the school summer term, Hunstanton is a very popular venue for geography fieldwork studies. We have a list of coach companies that come to the town but we need make contact with the Heads of Geography of each secondary school so that they become aware of how the Heritage Centre can support the scholars and teachers.

With the new signage in place, photographs have been taken that will be included in a new leaflet to promote the Centre.

The Centre is open from 13.00 to 17.00 on Wednesdays, Saturdays, Sundays and Bank Holiday Mondays. If you might wish to join our happy band of volunteers who man the Centre, please contact Terry Ashworth on 01485 535292.

Interpretation Boards

In 2016 the Borough Council contributed £280k to go with £993k from the Heritage Lottery Fund (HLF) and the Big Lottery Fund to upgrade the Esplanade Gardens. Unfortunately, when the contractors began work, they ripped out and discarded the original interpretation boards designed by the Civic Society and also funded by HLF. It has taken 3 years to come up with the designs and layout for replacements but these have now been installed.

Fossil Hunt

In conjunction with Roger Partridge, Events Co-ordinator, the Civic Society will be holding a Family Fossil Hunt on Monday 12 August. Parents and children should meet by the Look-out near

the Salad Bowl Cafe in the Esplanade Gardens at 10.00. A short introductory talk will be given. A deposit of £5 is needed for the loan of goggles and hammers. The striped cliffs are recognised as being one of the top ten geological sites in the UK. Information about the cliffs as well as examples of the fossils that have been found are on display in the Heritage Centre.



Heritage open Days

Guided tours of the grounds and courtyard of Hunstanton Hall will take place on Thursdays 12 and 19 September. Participants should meet at 10.00 or 12.00 by St Mary's Church, Old Hunstanton. The church will be open for coffee and cakes.

On Friday 13 September, there will be guided tours of Hunstanton lighthouse at half hour intervals from 11.00 to 14.00. These must be booked in advance by telephoning Andrew Murray on 01485 532376 or by e-mail at andrew.murray1942@gmail.com.

It is hoped that it will be possible to arrange tours of part of the former Infant School in James Street but a date has not yet been agreed. It will be advertised on our web-site www.hunstantoncivic.co.uk as

soon as it is available.

Talks Programme

The new season meeting begins on Wednesday 18 September when the film "Plastic Ocean" is to be shown. This is a new award-winning feature length documentary brought to you by a group of dedicated scientists, film-makers, social entrepreneurs, scholars,

mission of the RAF BBMF is to maintain the priceless artefacts of our national heritage in airworthy condition in order to commemorate those who have fallen in the service of this country, to promote the modern day Air Force and to inspire future generations. Regular serving RAF aircrew volunteer to fly these historic aircraft.

They certainly are a wonderful team and it proved to be a most interesting visit.

Ideas for future visits in 2019 or 2020 include: Oxburgh Hall, North Norfolk Railway at Sheringham, Hoste Arms Cinema Experience in Burnham Market, St Botolph's Church in Boston (known as the Boston Stump) and the Industrial Steam Museum at Fornsett St Mary to the south of Norwich. Arrangements for these will be published on-line and in future editions of this magazine.

In Bloom

The Civic Society continues to maintain and tend three beds in the public gardens of Hunstanton. By the time you read this the judges for Anglia in Bloom and Britain in Bloom will have enjoyed their tour around our town and will be contemplating their opinions on how we have managed this year.

Our little gardening team encountered some difficulties with the Signpost garden but suffice it to say that with the support of Chris Durham and his hard-working men, we have hopefully redressed some of the damage the plants suffered and achieved what the judges advised last year- that is to rebalance the planting. We look forward to hearing what the judges think.

St. Edmunds Chapel garden is looking very colourful as I write and the Railway bed quite reminiscent of platform gardens as they used to be.

We hope if you are passing you will take a look and enjoy the efforts of the Society's garden team. And if you are thinking of spending some time helping the community of green fingers we would be delighted to welcome you. Contact Marge Blunden on 532223.

environmentalists and journalists, that explores the fragile state of our oceans and uncovers alarming truths about the consequences of our disposable lifestyle. Entrance fee Members - £1, Non-Members - £4 (includes refreshments).

Visits

On 4th July, twelve members of the Society visited the Battle of Britain Memorial Flight (BBMF) at RAF Coningsby. A very knowledgeable guide welcomed us and gave us a brief history of the BBMF before commencing a tour of the hanger. Once inside the hanger we were given detailed histories of the Spitfires, Hurricanes and the Dakota - and stories of those who flew them. We then moved outside the hanger to view their most famous aircraft - the Lancaster. The



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Tapping Close, Snettisham

DNS Computer Services SCAMS

This month we will be providing a few useful tips to help you detect and avoid three of the most common 'scams' which we are seeing more and more of as technology plays an increasingly large part in our lives.

Telephone scams

Very common, the telephone scam usually involves the perpetrator calling potential victims on either a mobile or a landline phone and telling them that they are from a large company such as BT, or Microsoft. They will go on to say that you have something wrong with your telephone line, or your computer and that you need to act as soon as possible. They will then ask you to do a few things on your machine in order for them to connect remotely and 'Fix' the problem. But they don't want to fix it, and they are not who they say they are.

The golden rule is to ignore ANY incoming calls from companies from whom you are not expecting communication, and if you feel that it may be legitimate, hang up the call, and call the company yourself using a number that you know is the real one. You can then ask them if there is an issue and be sure that you are talking to the correct people.

Rogue Web Sites

When searching on websites, whether it's looking for information, looking to buy something, a holiday perhaps or online banking. It is extremely important to ensure that the website is actually the one you think it is.

There are many websites which have a very similar name or address and appear very close if not higher to the real site in search results.

If you stumble across one of these web sites they can be very convincing but keeping vigilant and alert is the key to detecting them. You can usually tell by paying attention to the spelling and grammar, rogue sites are often quickly and badly put together, so you can often see tell-tale signs if words are spelled incorrectly. Also, look carefully at the URL (the web address at the top of the page) and make sure it looks ok, you can always call the company directly if you are unsure and ask them what their website address is.

Email based scams

Another very common scam is via email, there are many variations, but the basic theme is always very similar, you receive an email stating that you are required to take action of some description, here are a few typical ones....

'There is a problem with your account, please click here to....'

'You have won!, click here to claim'

'We are in trouble, please help' (appearing to come from a friend or family member)

'You are due a refund, click here to claim' (usually appearing to be from HMRC)

If you receive an email similar to any of the above, it is almost certainly an attempt to get personal details, or money from you. Ignore

them and delete them, and if in any doubt, contact the person or company directly using a verified phone number.

There are many software products available which can help to protect your systems.

If you would like more information about how to detect and prevent such scams from affecting you, please contact Dan & Carrie on 07554 018307 or email dan@dnscomputerservices.co.uk

Ensure that you're able to vote

Households across west Norfolk will soon receive letters for the annual voter registration canvass from the borough council.

The aim is to ensure that the electoral register is up to date and to encourage residents who may not be registered to do so.

With a Police and Crime Commissioner election taking place across the country in May 2020, this is an opportunity for residents to make sure that when the election takes place they will be able to take part.

Mary Colangelo, Electoral Services Manager for the Borough Council of King's Lynn & West Norfolk said: "If you're not currently registered, we'll send you information explaining how to do this or you can just go online to apply to register at www.gov.uk/register-to-vote.

"It's particularly important that anyone who has moved address recently looks out for the form and checks whether they are registered.

"If you have changed address in the last year, it's particularly likely that you will need to register at your new address, so check the form as soon as it arrives."

Any residents who have any questions can contact Electoral Services at (01553) 616773 or e-mail register.electors@west-norfolk.gov.uk

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Gardening for Health

There is lots of evidence of the benefits of nature and being outdoors. Working in a garden is a fun and effective form of exercise, which provides benefits to both physical fitness and emotional wellbeing. For some people due to ill health or disability, it can be difficult to get into their own garden.

The Norfolk Hospice is starting a new group focussed on gardening. It is aimed at anyone in the community who struggles to participate in gardening due to their condition, but would like to get back into it. The group will be open to anyone who wants to improve their health whilst enjoying the outdoors. The Hospice has close links with the local Breatheasy and Heart support groups, and the British Lung Foundation has provided a grant to support the development of this group.

The Hospice has large gardens, and they are especially proud of the day therapy garden, which has a large fully accessible greenhouse, and numerous raised beds, and where many different fruits, vegetables and plants are grown and sometimes sold. The Hospice already runs gardening groups for patients and bereaved clients, and is able to tailor activities according to ability. People will be encouraged to do as much or as little as they are able. During the session the Hospice will not be able to provide personal care, but carers are always welcome.

Nichola Child, the Hospice Day Therapy Lead said, "We are extremely proud of the Hospice and its Gardens, sharing it with the local community has always been our aim. The Gardening for Health Group will benefit physically whilst enjoying our amazing facility."

For more information please call the Day Therapy office on 01485 601700 or visit www.norfolkhospice.org.uk for more details.



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GO WILD AT DROVE!

This free joint wildlife event at Drove Orchards with the Norfolk Ornithologists' Association (NOA), is back for its fourth consecutive year on Saturday 3rd August 2019, 10am-4pm

On August 3rd, the Norfolk Ornithologists' Association will be teaming up with Drove Orchards for 'Go Wild at Drove', celebrating local wildlife and offering visitors the chance to get up close and see the amazing variety of birds, insects and plants at Drove Orchards.



The Norfolk Ornithologists' Association, whose base at Holme Bird Observatory lies just to the north west of Drove Orchards beside the coastal footpath between Thornham and Holme next the Sea, will be on site to bring close encounters with birds, moths, butterflies, and caterpillars.

Guided walks around the orchards and wildlife-rich areas of the farm

will take place during the day, with a shorter wildlife walk for families. This includes the chance for visitors to find out some of the amazing journeys made by migrant birds that have visited Drove in recent years. A bird-ringing demonstration will take place if weather permits.

There will be lots of information and activities available at the big barn including arts and crafts for children, and there will also be a stall selling Drove Orchards seasonal produce, with cider and juice tasting so visitors can try the in-house produce for themselves.

Entry and parking is free. The event will run between 10am and 4pm, taking place in the big barn just behind the farm shop car parking area. There will be indoor and outdoor displays, activities and goody bags for kids, and fun for all the family. For more information, visit the NOA website at www.noa.org.uk and follow the Events link in the menu bar. See also the Drove Orchards website at www.droveorchards.com

Photos: Ken Smith





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An excellent trip to RSPB reserves

Carrie Carey

I'm not personally swayed over by social media blogs or reports but I do refer to Trip Advisor whenever I'm planning a few days away or a visit to a new restaurant or attraction. Heralded as the world's most recognised travel site, Trip Advisor is where we go to read praise or criticism before putting our money in the direction our feet want to travel.

These online reviews have the power to either persuade or dissuade would-be visitors and the growing number of people sharing anecdotes, advice and photographs is proving as valuable to the tourism industry as search engines are to online sales. So, it is with a degree of pride that we announce both RSPB Titchwell Marsh and Snettisham reserves are recipients of a Trip Advisor Certificate of Excellence this year. This is based on consistently high visitor reviews which not only applaud our stunning landscapes and diversity of wildlife, but also recognise the fantastic welcome and memorable experiences our visitors have on our reserves. Titchwell Marsh has earned a Certificate of Excellence for the fifth year running which now puts this flagship RSPB reserve into the Trip Advisor Hall of Fame.

This summer we have some great activities

planned for visitors both old and new. Our regular walks continue throughout the season peppered with a special focus on waders both at Snettisham and Titchwell reserves. We'll also carry on with our moth morning events which have been a firm favourite at Titchwell for many years. This is a great opportunity to see a wide variety of moths up close. From tiny pugs to magnificent hawkmoths we can guarantee a cornucopia of delight every Wednesday. Family activities, including pond dipping in our newly created area, hunting for mini-beasts and bushcrafting in the Whispering Woods will be on offer during selected days or why not grab a backpack and fill it with everything young explorers need for a wild time on the reserve. There will also be nature trails and Wild Challenge sheets available for families who either want a self-guided experience or something to take away and complete at home.

Having worked closely with Brancaster and Dersingham primary schools this year, we are keen to extend the opportunity for children to continue their connection with nature on the reserve. Every Friday during August we'll open up Titchwell Marsh reserve to families at no charge. Our Free Family Friday offer will include parking and entry and a selection

of RSPB Wild Challenge activities, so why not put the dates in your calendar now! There's no need to call ahead and book, just grab the kids and come and explore wild reedbeds, meandering meadows and wide open beaches.

For details of our bookable events, including pond dipping and guided walks, please visit our website at www.rspb.org.uk or www.eventbrite.co.uk



Are you ready to answer the
call of the wild?
#WildChallenge

HUNSTANTON IN BLOOM

Christine Earnshaw

Judging days for Anglia in Bloom and Britain in Bloom have now passed and we now have to wait until September for the judges' verdict. I hope you agree that the floral displays around town have looked even better this year. The weather has been kinder of course, with the June rains helping both the wild flowers and the deliberately sown seeds with far more blossom noticeably attracting more bees and butterflies.

Do you like the Peace Poles in the Esplanade Gardens? They are designed to celebrate the centenary of the end of WWI when people were settling down and recovering from 4 dreadful years. They have been painted by children and adults attending various activities. The Waterfall Bed and Fountain Bed are also very different this year with some clever recycling of bottles. They are beside the CHS Family Amusements.



The Moon bed is now complete and is looking good. And of course the painted bikes are out again. I love the pink geraniums in so many of the beds and they are doing well helped by so many people who have adopted a bed to look after.

There may still be some people who would prefer to see the verges and Cliff Tops mown short but there are posts in place to explain the need for greater Biodiversity. I hope the explanation will help.



More shops have put planters outside their premises this year and they too look lovely. Let us hope that the judges will agree that hours of work and effort have been given to enhance our environment in so many ways and will reward us with Gold.



Photos: Christine Earnshaw

Delphiniums

Maureen Clark

I have grown these flowers for many years in a small cottage garden in Hunstanton but have never seen any with so many flowers on one stem – this may be of interest to your readers.

Pictured right

The Return of the Boot!

The popular Car Boot Sales have returned to Hunstanton Community Centre Field.

They were popular at this venue when they ran in the mornings some years ago, but now they will move to the afternoons from 12 noon till 4pm.

Everyone is welcome and gates will open for stallholders at 10am and will cost just £5.00 per pitch, trade stalls £15.00.

This event is being held jointly between the Hunstanton Town Council and the local Scouts groups and all proceeds will go to local charities.

Entry is free to the public but there will be a donation bucket offered at the gate.

There is no need to book, but enquiries can be made to The Town Clerk at clerk@hunstantontowncouncil.gov.uk if you wish to reserve a place.

The Community Centre Field can be found at Avenue Road, PE36 5BW and limited free car parking is available. These new Boot sales will run till mid-September.



NEWS FROM THE HERITAGE GARDENS

Folk in the Town Showcase 22 June

A full entry of 8 acts played at the bandstand and gave about 400 people on the Green a marvellous show of folk talent. The judges had a very hard call and declared 2 of the acts joint winners with the amicable agreement that one would go through to this year's Folk in the Town in King's Lynn and the other would go through next year.

Peace Poles and Plastic Art

Art workshops for the public throughout June created lots of artwork to decorate the Gardens. Local artist Kate Dunbar has masterminded the display of peace poles in the herb beds and the plastic waterfall in the flower bed near the Pier building, all contributing to Hunstanton in Bloom.

Ceramic Tiles at the Loos!

And the ceramic tile art workshops from last year produced another set of tiles to display on the window frames of the Esplanade Gardens toilets. They are a lovely display of art, enhancing the toilets and the Gardens generally. This summer's workshops should result in all the window frames being decorated by next year.

Interpretation Boards

At last the boards are completed and in place! They have been a long time in the making but with the help of the Civic Society the final touches were given to the historical information and now throughout the Gardens you can see boards full of interesting facts and illustrations about Hunstanton.

Heritage Training Session

A huge thank you goes to John Maiden and his colleagues from the Civic Society who recently delivered a really interesting afternoon to the Friends of the Gardens and the Adopt-a-Bedders. The subject was the history of the town and key facts about the town and was designed particularly with the Adopt-a-Bedders in mind who often get asked questions by visitors when they're out tending to their garden beds. Everyone thoroughly enjoyed the presentation.

Adopt-a-Bedders

The scheme goes from strength to strength with 2 more beds added and a full complement of hard working gardeners from the community keeping the flower beds in the Gardens up to scratch. They now have a base of their own to work from- the Gardeners' Retreat at the Victorian Pavilion. There is a small waiting list of would be adopt-a-bedders. Please contact us if anyone would like to join it and we'll contact you if and when a bed becomes available.

Parkrun is coming!

Arrangements are well advanced for the start of a Hunstanton parkrun in September. Watch this space. Parkruns are free 5k runs for everyone that take place all over the country at 9.00am every Saturday morning. The Sailing Club will be the start and finish point.

Nia

Nia has started well by the bandstand every Tuesday 1.00-2.00pm with a steady attendance of about 12 people. Gentle exercise to music. Great fun. Everyone is welcome.

Hunstanton Music Festival

Held in conjunction with the Hunstanton & District Festival of Arts, and supported by SJP Solicitors, a new music festival will come to the Green on Saturday 7th September, 12 noon till 7pm. A wide variety of music is on offer from folk to pop, singer-songwriters to comedy singing. The Sheringham Shantymen (of One Show fame) top the bill. The King's Morris will be dancing at various times. Come and bring your blankets and/or chairs and claim your space on the Green for a great day of entertainment (see advert elsewhere in this magazine).

Summer is coming!

Activity brochures are printed and around town giving details of a bumper programme of activities in and around the Heritage Gardens for children, families, for everyone!

Children's activity ranges from Art Workshops, Pirate Jam and Punch & Judy to Story Telling, Multi-Sport and Wild Norfolk (Shelter Building, Seashore Safari and Photo Challenge).

Our first Outdoor Theatre presentation- Jungle Book- takes place at the St Edmund's Ruins and two Outdoor Cinema evenings take place this year on the Green.

On the evening of 30th August a Sunset Walk will take place.

Into September and the Music Festival and Searles Soap Box Derby take place.

For more information on all of these activities go to www.west-norfolk.gov.uk/hunstantonevents.

Roger Partridge

Activities Coordinator-Hunstanton Heritage Gardens
Borough Council of King's Lynn & West Norfolk
c/o Alive Oasis, Central Promenade, Hunstanton PE36 5BD
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8am - 6pm**

Thaxters plant of the month - Hebe

There are very few plants that look good on the garden centre in all seasons, but Hebes are one of them. Named after the Greek Goddess of Youth, these hardy, evergreen shrubs produce magnificent leaf colour throughout the year, coupled with many having interesting flowers too.

Primarily a foliage plant, most dwarf varieties will grow between 50-80cm, creating low domes of densely packed leaves and are relatively slow growing. They have a tremendous range of leaf colours from pale green to deep purple as well as pink, cream and green variegations in between. Dependent on variety, Hebe flowerheads can either be short and stubby or long, narrow spikes made up of many tiny flowers in shades of white, pale blue, pink or purple. These flowers are loved by bees and butterflies as they are rich in nectar. Some flower in early summer, others in late summer and autumn right up to the first frosts.

The dwarf varieties are ideal for growing in containers or front of the border, but allow space around them for the health of the plant and to show them off to their best. Try using them in elegant patio pots as a prettier alternative to box or bay topiary. There are larger varieties that can be grown as specimen shrubs in the back of the border, or as hedging or screening, although their foliage is usually plain green and less spectacular.

Choose a sunny spot in well-drained soil for your Hebes. They will tolerate drought, poor soil and semi-shade, although with very low light levels they can become leggy and will produce less flowers. If planted in the ground, once established, they only require watering in very dry conditions. Choose a John Innes No.3 compost or Multi-purpose with JI if growing in a pot and make sure compost is kept moist but not waterlogged. Hebes do not require a great deal of feed, they won't benefit from a high nitrogen soluble feed, which will just encourage excess soft leaf growth. Bonemeal or Fish, Blood and Bone applied in spring, mid summer and autumn is sufficient and will strengthen the whole plant. They are suitable for coastal planting as they are tolerant of wind and salt and are rarely affected by pests or diseases unless neglected.

Smaller varieties are virtually maintenance free with only the need to deadhead as flowers go brown in order to extend the flowering period and gently trim to maintain their shape. Larger types can become woody (bare at the base with foliage only at the top of the plant). Avoid this by pruning in March when new leaf buds are visible and cut back leaving a couple of buds present. Never prune into old, dead wood as this can kill the whole plant.

A particularly interesting, relatively new introduction, is Hebe "Heartbreaker" – its cream-edged green leaves form neat mounds which are pretty throughout spring and summer, then as temperatures drop, they get a vivid pink flush lasting until spring and have mauve coloured flowers in summer. In late summer look out for the Addenda series of Hebes which will be covered in bees.

Whether you are going for a classic, elegant or contemporary look, there is a Hebe just for you!



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Hunstanton Music Festival

The HDFA's Music Festival has moved outdoors for 2019 to Hunstanton's famous Green, which sweeps gently down to the sea front. It will take place on Saturday, September 7, and for the first time the Festival will embrace music from all genres from Folk to Rock, singer songwriters to recording artists. It will have all that is good in live music!

There will be marquees and food stalls to support the raised platform stage and entry will be free. Playing Live this year will be: Steve Smith, The Kings Morris Men, Jenny Beake as "Hilarity Jen", the award winning musical comedienne, The Melody Beats, Martin Day, Springwood School Big Band, The Sheringham Shantymen, The Fabulous Fried Pirates and Mr Ian Wells, who will also comper the show.

Sponsored by SJP Solicitors, the show starts at midday and will run till 7.00pm. Please bring suitable seating and weather protection.

Further information from Ian Wells on 07766561993

MORE FREE MUSIC ON THE GREEN!

The HDFA's Picnic on the Green will take place this year on Sunday August 25th at the Bandstand on The Green.

The Hunstanton Concert band will entertain from 2 – 4pm with big band music from popular classics to old time favourites.

Just come along and enjoy the music and bring comfortable seating and a picnic to while away a summers afternoon on the sea front. Dancing may break out!

This annual event is sponsored by the Hunstanton & District Festival of Arts and is free of charge. It will go ahead whatever the weather brings!



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PLATE TECTONICS MAKES THE WORLD GO AROUND...

By Robin Limb, independent agricultural consultant

The concept of plate tectonics is relatively new, in historic terms. When I was studying geography at Retford grammar school in the 1970's, it had hardly been heard of. The realisation that the world is composed of a number of shifting land masses represented a scientific breakthrough at the time. Now we just take it all for granted.

When our planet had finally cooled enough, after millions of years of volcanic turmoil and destruction, there was only one giant land mass. This was known as 'Pangaea', but it was slowly going to break up into the vast continents we recognise today. It is no coincidence that the west coast of Africa fits so snugly into the eastern coast of South America, because they were once both one and the same.

The world's geographical plates are in constant motion, throwing up mountain ranges such as the Alps and the Himalayas. At the confluence of tectonic plates lie volcanoes, earthquake zones, and undersea eruptions.

Plate tectonics is a scientific theory describing the large-scale motion of seven large plates, plus several other smaller ones, that compose the Earth's surface. Tectonic processes began on Earth between three and 3.5 billion years ago. The model builds on the concept of continental drift, an idea developed during the first decades of the 20th century. The geo-scientific community

accepted plate tectonic theory after sea floor spreading was validated in the late 1950's and early 1960's. This explains why the Marianas Trench in the mid-Atlantic is deeper than Mount Everest is as high.

The lithosphere, which is the rigid outer-most shell of our planet, is broken up into tectonic plates. Where these plates meet, their relative motion determines the type of boundary. Earthquakes, volcanic activity, mountain-building, and oceanic trench formation occur along these known fault lines. The movement of plates typically ranges from zero to 100 mm annually. The Cambridge dictionary defines the word 'tectonic' as "having a strong and widespread impact".

Tectonic plates are composed of an oceanic lithosphere, and a thicker continental lithosphere. Along convergent boundaries, subduction (one plate moving under another) carries the lower one down into the mantle. The material lost is roughly balanced by the formation of new oceanic crust along divergent margins by sea floor spreading. In this way, the total surface of the lithosphere remains roughly the same. The theory of plate tectonics is also referred to as the 'conveyor belt principle' – what goes around comes around.

Tectonic plates are able to move because the Earth's lithosphere has greater mechanical strength than the underlying layers. Lateral density variations in the mantle result in convection, which is

the slow creeping motion of the Earth's solid mantle. Plate movement is thought to be driven by a combination of the motion of the sea floor away from spreading ridges due to variations in topography and density changes in the crust. Density increases as newly formed crust cools and moves away from the ridge. At subduction zones the relatively cold, dense crust is pulled or sinks down into the mantle over the downward convecting limb of a mantle cell. Another influence may be the tidal forces generated by the Sun and the Moon. The relative importance of each of these factors and their relationship to each other is unclear, and is still the subject of much scientific debate.

When two plates collide, one goes over or under the other. This creates either land uplift or land depression. The opposing forces of the North American Plate and the Eurasian Plate is why the UK is rising in the West and sinking in the East. This is a very slow process, but land level fall in our region - due to tectonic shift - is perceived as sea level rise, and blamed on climate change. Why do you think the Cornish cliffs are so high and mobile homes are falling into the sea at Happpisburgh?

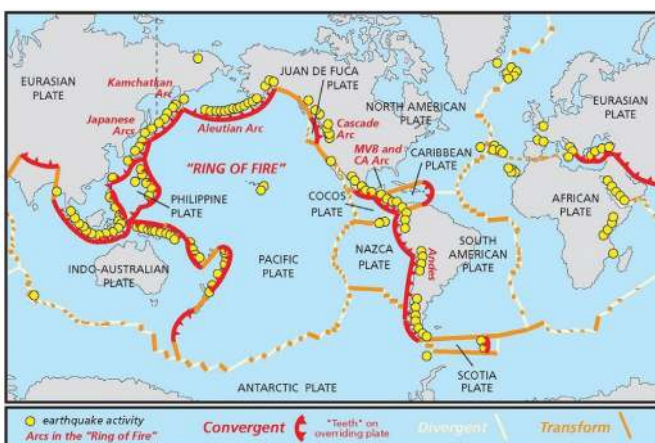
In the Sunday Telegraph (9th June 2019) there was a report of a Suffolk couple whose house was ultimately going to be claimed by the receding coastline. "It is impossible to ignore the fact that the cliff edge



is slowly coming towards you" said the joint owners.

So what will be the impact on agriculture in our region? In the immediate future the real risk is that the government will introduce a policy of so-called 'managed coastal retreat' rather than 'shore up' our sea defences. As plate tectonics depress the east coast of England by about one millimetre a year this may be an inevitable consequence, akin to trying to hold back the tide. Already, huge swathes of highly productive Grade 1 agricultural land have been abandoned to the sea, in places such as Wallasea Island in Essex, which is now an RSPB wildfowl sanctuary. This land used to produce some of the highest yielding wheat crops back in the 1980's of up to 12 tonnes per hectare.

“Time and tide waits for no man..”



Norfolk coast skies to star in new festival

The incredible dark skies and landscapes of the Norfolk Coast will be celebrated during a two week long festival this September. Hosted by the Norfolk Coast Partnership, which looks after the Area of Outstanding Natural Beauty (AONB), the festival will feature a range of activities run by partner organisations such as the RSPB, Norfolk Wildlife Trust, the North Norfolk and King's Lynn Astronomy Societies.



The Dark Skies Festival runs between 6-22nd September and is aimed at people who live, work and visit the coast. There will be something for everyone to enjoy with events including nature reserve walks, bat evenings, star-gazing, and a guided night walk by travel writer Dixie Wills. The festival will come to a close with a celebration event on Sunday 22nd September at Binham Village Hall.

For more information and details on how to book your place on events, check out the festival website: bit.ly/30i0lCq

Join in on social media:

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Where I grew up

Patrick Richardson

The site

What luck: I grew up on a farm. This was in the small village of Stow Bridge in the Fens to the west of Downham Market in Norfolk. It was named Hill Farm because the OS map shows it at 2m above mean sea level whereas the surrounding land is between -1 and -2m below mean sea level. The single road through the village runs along the top of a roddon which is the dried up bed of a former Fenland river. The parish was drained in the second half of the 17th century and as the peat surface fell on de-watering and oxidation the silty bed of the river dried up and remained in place, leaving the ridge of high ground on which the main buildings in the village are located. Because of the serious risk of inundation by the sea, the surrounding high quality land is kept efficiently drained to a low level by the Middle Level Main Drain and the Common Load Drain both with very powerful pumping capacity into the River Ouse.

The large farmhouse, which had three flights of stairs, and the associated, extensive, neatly designed complex of farm buildings were built in 1847 as one of the satellite farms for the Lord of the Manor. There was stabling for a large number of heavy farm horses. However, in 1903 it was ruled that county councils should purchase land to let as smallholdings to try to stem the exodus from the countryside and in 1904 Norfolk CC made its first purchase of 91 acres at Nordelph, about 7 miles to the south west. In 1919 Hill farm was compulsorily purchased from Sir Thomas Hare of the Stow Estate and the buildings and land divided up among 6 main tenants. Our family of seven had the front part of the farmhouse with the biggest rooms and the entrance drive sweeping up to the large front door with its beautifully decorated leaded glass facing the main flight of wide stairs. A family of six occupied the rear with two flights of stairs and the servants' quarters. There was plenty of room for 13 to live comfortably in the original house. Our part included the pantry with rows of shelves which was down several steps in the middle of the house and always cool inside plus a scullery, washhouse, coal house and the dairy. The other family had the original kitchen with lots of cupboards and a narrow flight of stairs leading up to several small servants' rooms. They also had a tall pump immediately inside their main entrance which would have been the main Kitchen for the whole house at one time, but I cannot remember it ever pumping water. There was no cellar, presumably because the water table was not far down.

The servants' stairs also joined on to the roof space of the eastern range of the farm buildings and that is where the mice came into the house. We often heard then squeaking and scuttling around between the floor boards or up in the roof and during winter months if we set a trap with a piece of bread or cheese on the floor in the cupboard where I kept my clothes, we could catch a mouse on most nights. One night mother told father she felt a mouse run over her foot in the bed and when he told her she was daft she caught it and put it on his chest. There were many rats on the farm of course but I never saw one inside the house apart from the occasional one brought in by Prince our dog. Bats would occasionally get in through gaps in the brickwork and fly around the bedroom until mother came along and caught them by throwing a cloth over them and put them out the window. Me being the youngest I was really frightened by the bats because my older brothers would tell me if a bat flew into my hair, I would never get it out.

Two of the other tenants lived on the other side of the farm buildings in houses built in the 1920s and two more lived further up the village. Each tenant had around 60 acres of land which is a tiny area by today's standards but because it was a Grade 1 mixture of peat and silt a good living could be had by growing high-value crops such as potatoes, strawberries, onions and sugar beet with cereals as a break crop.

Some things we did

Three of us boys slept in one of the large rooms at the front of the farmhouse. There was no central heating or double glazing of course

and it took a lot of scratching to remove four square inches of thick frost from inside a window on a winter's morning. In 1957 electricity was connected to the farm. Until then we had gas lighting in the main living room supplied from large gas cylinders stored in the washhouse and we went to bed by candle-light.

Arable/horticulture crops were labour-intensive then but three of us five boys were born pre-war (not me being the youngest), so father had a physically strong labour force throughout the '50s and '60s. By far the most profitable year for local farmers was 1976 when the water-retentive peat and silt was able to produce moderately high potato yields in this extremely droughty year when the crop failed in the rest of the country and farmers with any to sell received in excess of £300 per tonne by the end of the season. To avoid a large tax bill all farmers in the village purchased new cars, tractors, combine harvesters, buildings and so on in 1976/7.

Me and my next elder brother cycled to the village school about a mile away (and about a mile and a half on Sundays for Sunday school). There were typically around 32 pupils on books each year, split about evenly between infant and junior classes so we had two teachers. I remember we did arithmetic and we learned about the fishing fleet down the east coast, but I don't remember being taught any geography or history or science and we seemed to spend most of the time playing with plasticine. At playtime we ran about pretending to be aeroplanes in summer and each winter we created a very long and slippery and dangerous slide right across the playground. At the age of about 7 while at the village school I met my future wife Lesley, we were married in 1970 and have been in love ever since.

All of the fields nearest to the road through the village had previously been used to contain horses so they were surrounded by hedges. In summer we would go along the hedges finding the nests of blackbirds, thrushes, robins, goldfinches, blue tits, yellowhammers, pigeons and many more (we never did find a cuckoo's nest). Up in the tangled web of fine branches in lime trees there might be twenty sparrows' nests in a colony. In the dykes we often found the nests of waterhen and occasionally wild ducks. There were rabbits in holes at the base of the thicker hedges and out in the arable fields there were hares, pheasant and partridge while skylarks and lapwings (green plovers) were numerous.

On Saturday mornings we helped to muck out the pigs and spread fresh straw which they thoroughly enjoyed rooting in, searching for a few grains of barley or wheat still hidden in the threshed heads. The many original farm buildings were divided equally between the six tenants and this is where the pigs were kept for fattening and sending to the livestock market in Kings Lynn. Pigeons nested on the ledges of windows and in the rafters of what had originally been horse stables. The big, tall barn however, was a communal building for storing harvested cereal grain in sacks from August/September and each tenant had his own section. Every smallholder in the village kept chickens because the buyer in Downham Market collected eggs once a week and conveniently paid in cash which was quickly used in the two shops in the village to pay for groceries at the weekend, thus bypassing the tax man.

The worst job on Saturday mornings was singling sugar beet in the days before monogerm seed. This meant slowly crawling along on hands and knees for mile after mile of rows to ensure only a single beet plant remained about every 9 inches. Strawberry picking was also a back-breaking job but at least it was done as piece-work which means you got paid by weight of fruit picked and if you started early in the morning you could earn good money. Potato picking was enjoyable because you worked in a gang which made time pass more quickly.

As I said at the beginning, growing up on a farm was a good experience.





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Mudpies and Butterflies

with Louise Barby, www.balanis.co.uk

August is the month we take often take time off work to enjoy the outdoors. The perennials that were looking lush and vibrant in May and early June start to become tired. However there are plants that lift the garden. Consider Dahlias from simple to blowsy, salvias and ornamental grasses, these are sun-loving, drought-tolerant plants from the Americas and they begin to perform strongly as the days shorten, going on until late summer.

Flowers

Cut back flowering stems of hardy geraniums. A Viticella variety of Clematis will provide late colour to a wall or fence. Many will tolerate semi shade and any aspect too. Watering is essential for camellias and Rhododendrons to ensure next years buds set well. Prune shrubs if they have finished flowering to maintain shape and form.

Bugs

Remove slugs and snails. Continue to spray should you find green/black fly. Black spot on roses should be treated with a natural or chemical spray and affected leaves removed from the plant and ground in order to contain the infection.

Lawn

Keep blades high during dry weather, water with your water butt or sprinkler if necessary. Rest assured, even if the lawn is looking a rather pale version of it's former self, it will soon recover with a few good downpours.

Vegetables and fruit

Many crops have been harvested by now, if not, feed and water regularly. You can re-utilise the space by planting onion sets or garlic. Sow spring cabbage or winter lettuce to further extend your growing season. Sow salad leaves and herbs directly. Take advantage of the new strawberry plants that are currently runners. Pin them down in order for them to take root, they can be removed from the mother plant later.

Ponds

Keep the water topped up and aerated, use a hose set around 45cm above the pond, this ensures it is aerated as you top up. Scoop floating weed and algae from ponds where necessary.

Hedges & topiary

As growth slows, towards the end of this month, clip box and yew hedges as well as topiary. Choose a dry day and do not clip too tightly. This will aid the plant in fighting box blight.

While you enjoy the outdoors this month, notice what looks good in the garden and what you may wish to change. Plan for the cooler months, this is the best time to develop your garden for the coming seasons.

Thornham Cricket Club

We are having an amazing season so far. The club is moving from strength to strength on the senior side and are building up some very good junior players as well.

The juniors have been running for 10 weeks now and after small beginnings we are getting over 20 children a week at the club on a training now. Which is amazing, if we can reach out to every child in our community who wishes to play cricket regardless of ability, it is all about having fun.

Led by Jim Clarke backed by a team of dedicated coaches including club captain Kevin Williamson we would love to welcome you down to our club. It is free It is a great place to make friends It is the start of us creating a legacy that underpins our community for generations to come.

If you would like to come down on a Tuesday Night, we train from 6.30-8pm every week right through to the middle of September. Contact Jim Clarke on 07885995414 or thornhamccinthecommunity@gmail.com

1st XI. On the 8th June we were supposed to host Hingham at home sadly the weather gods had their say and no play was declared

On the 15th June we travelled over to our friends down the road Snettisham after a mad week weather wise, where over 7 inches of rain fell over the course of the week, first of all we would like to say a massive well done for Snetty getting the game on.. Losing the toss, we were promptly sent into bat on a wicket that helped bowlers. Edwards fell immediately before a good partnership from Sayers (75) and Ben Lucas (38) took us up to a respectable 150-5 In our 45 overs. In reply Snetty passing the line with an over to spare, with the pick of the bowlers being young Benji Richardson, who bowled with a lot of hostility without reward finishing with 10 overs for just 13 runs.

The Week after hosted bottom of the table East Harling with a full-strength team. We got off to a fine start with the opposition opener falling without scoring, before a solid batting display from skipper Wells (74) took the Harling boys up to 163 in their 45 overs. All the bowlers chipped in but the returning skipper Williamson was the tightest of the lot finishing with 2-16 off his 10 overs.

The Boaters got off to a poor start losing Edwards once again without troubling, before Sayers with his 2nd 50 on the bounce and the returning Alf Burgess with 79 put on 166 to see the us home with just over 4 overs left.

On the 29th June we travelled to high flying Gooderstone on the hottest day of the year to see us record our 2nd victory in a row.

The final match saw us host Garboldisham, Williamson again won the toss and we secured a 3rd consecutive victory.

After last years promotion we now sit 3rd in Division 2W at the halfway stage. A great achievement by Kev and the team.

2nd XI On the 22nd June we got playing with an away day at Dersingham, skipper Richard Skeen lost the toss and we were sent into bat. After losing 3 early wickets Parsons (50) and Cockburn-Marsh (64*) put on a lovely 93 and saw us up to a very challenging 180/7 in our 45 overs. In reply Dersingham battled hard throughout as would be expected with a local derby but failed to achieve the target falling 19 runs short. Pick of the bowlers was Mr Consistent Adrian "Sid" Siddle with 3-16 and Will Symington with 4-33

On the 29th we lost to Fakenham 3rds on a day that could only be described as HOT.

A large opening partnership put Fakenham on top and with bowlers only being able to bowl short spells for fear of passing out in the heat they made 169/4 off 40 overs.

In reply after baking for 3 hours in the field we were sadly not at the races falling 57 runs short with Extras being on fine form top scoring with 44 and a week later we fell to Mundford.

Sunday team. 9th June The Boaters 206-6 beat Snettisham 145 by 61 runs, 16th June Snettisham 38 all out lost to The Boaters 39-7 by 3 wickets, 23rd June The Boaters 197-6 beat Stow 140/9 by 57 runs, 30th June The Boaters 127-9 lost to Narborough 128/7 by 3 wickets, 7th July The Boaters 84 lost to Terrington 85-4 by 6 wickets.

Abuse and Loneliness

Miranda Marshall, Director, Hayes + Storr

As I head off to London for the annual Solicitors for the Elderly (SfE) national conference I am reminded about the real world background to some of the legal work that I do.

This year one of the six seminars covers the hot topic of elder victims of fraud and abuse, including that arising within the family. Another seminar covers the role of the solicitor as an important safeguard in managing finances. The Master of the Court of Protection will talk on whether abuse of the elderly could be considered as a 'hate crime', with all the stringent penalties that follow. The relationship of family dynamics and abuse of the elderly and how long-standing unresolved conflict, identity and roles of family members, mental health and financial circumstances may influence how an elderly person is treated. We will learn how to identify these 'red flags' and what can be done to protect the elderly.

The NHS website states that according to Age UK more than 2 million people over age 75 live alone and more than a million older people say that they go for over a month without speaking to a friend, neighbour and family member. People can become socially isolated for a variety of reasons, such as getting older or weaker, no longer being the hub of their family, leaving the work place, the death of spouses or friends, or through disability or illness. Whatever the cause, it's shockingly easy to be left feeling alone and vulnerable, which can lead to depression and a serious decline in physical health and wellbeing.

The idea that technological advances will be able to replace human-interaction has a scarily science fiction quality to it; ticking (or should that be clicking?) boxes, rather than holding hands.

Wells-next-the-Sea is lucky to have Heritage House providing day care for those living in Wells and the surrounding area. The visitors receive a home-cooked two course lunch, the option of a bath and hairdressing, access to a wide-range of public sector agencies support and NHS services, activities including singing, seated-exercise and the

garden, and for many most importantly, companionship.

Volunteers are always needed and are fundamental to the running of Heritage House. They drive and assist on the minibuses, help in the garden and, simply, but most valuably, spend time and interact with the day visitors.

In the world of political correctness, a significant proportion of a very vulnerable sector of our population, i.e. the elderly, has been somewhat forgotten as needing special support. In some circles the elderly are even seen as privileged, compared with young people;

perhaps this is not unreasonable when looking at the cost of housing. Targeting resources is important, providing the money saved (e.g. on the removal of free TV licences for all over 75) is spent on our elderly citizens where it is needed.

This article aims to supply general information, but it is not intended to constitute advice. Every effort is made to ensure that the law referred to is correct at the date of publication and to avoid any statement which may mislead. However no duty of care is assumed to any person and no liability is accepted for any omission or inaccuracy. Always seek our specific advice.



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Club Tropicana comes to the 138th Sandringham Flower Show

On Wednesday 24th July, local family company the Wrought Iron and Brass Bed Company, brought a touch of Club Tropicana / Club Med to their stand, at the 138th Sandringham Flower Show. Showcasing their new range of outdoor beds, truly all that's missing, were soft white sands and a blue lagoon.

Hand crafted on the Sandringham Estate, in their Wolferton workshop. This new range of outdoor beds, have truly given a new and contemporary way, to embrace the warmer weather and relax in our gardens. Combining the comfort of their much-loved iron beds, with a chic outdoor lounger. Their range of outdoor beds, come with a comforting wipeable mattress included, king size as standard and available in a variety of powder coated finished for longevity.

But the true show stopper of their new range, is their exquisite design and precision of detail. It is often said, that less is more and these new outdoor beds truly embrace that. From their grand four poster, to their simple day bed, crowds loved their clean lines and chic / boutique look. With many taking time out of their day, to enjoy the comfort of these beds and make camp for a minute or two in ultimate style.

But it wasn't just these fabulous outdoor beds which stopped the crowds. The Wrought Iron and Brass Bed Company, truly embraced the Club Tropicana / Club Med theme No, not with a sing a long or cocktails... But with a selection of Pineapple structures, giving a fruity and exotic touch to their show stand. Standing 5ft tall, their Pineapple sculpture will satisfy your 5 a day, for many years to come. Laser cut from iron sheet and powder coated for longevity. Their selection of sculptures, perfectly showcase this family companies, talent in quirky bespoke design and fabrication. And, for those where a 5ft Pineapple sculpture was a little too much to handle. Then their limited-edition Pineapple inspired tea light holder, certainly went down like cocktail time, in summer time.

"It's been such an amazing show. We've been doing the Sandringham Flower Show for nearly a decade and each year, it just gets better and better." Harry, youngest son told us, when catching a brief moment before the show closed. "Last year we showed off our structural engineering side, this year we've shown off our fun side and it's truly been embraced by the visitors to our stand."

Their range of outdoor beds, can be viewed in full at their Sherborne showroom. Along with a showcase of garden sculptures, for purchase and to get your design ideas flowing. "The beauty of having our own iron fabrication and powder coating workshop, is that it's quite easy for us to make bespoke alterations or to fulfil personal commissions."

Amanda, Mum and co-founder told us, in a brief chat about their bespoke portfolio. "We all love something a little gorgeous and unique, something different to everyone else

and by allowing our customers to bespoke our designs, or to design their own. We certainly can offer them that."





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On the turf with Charles Joyce

July had a disappointing beginning as USA beat the Lionesses in the World Cup semi-final. But the women should be in with a strong shout of BBC Sports Personality of the Year team award come mid-December, and maybe Steph Houghton, Lucy Bronze or Ellen White could go close in the individual award. Ellen White's goal scoring ability was reminiscent of the great West German striker Gerd Muller. Both possess lethal goal scoring abilities and seem to be quiet for most of the game, then pop up to score a vital goal.

An often quoted story is that the late Labour Prime Minister, Harold Wilson, held the view that the Labour Party's electoral success was linked to the success of the England football team. For those not around at the time and those who don't remember, England were playing in the World Cup in Mexico. There had already been the Bogota Bracelet incident with England captain, Bobby Moore, being detained for four days, and Gordon Banks making the save of the century from Pele. England were two – nil up with just over twenty minutes to go in the World Cup quarter final. The West Germans (it was 1970 so before reunification) equalised, and then in the hundred and eighth minute Gerd Muller popped up to sink England. Four days later Ted Heath's Conservative Party, much to the surprise of the pundits of the day, defeated one of the greatest social reforming Governments in history. It was Harold Wilson's government that introduced reforms to divorce laws, while individual Members of Parliament brought forward Bills to legalise male homosexuality (Leo Abse Labour) and abortion (David Steele Liberal). Drink driving laws came in, and the plans for the Open University were started. It was Ted Heath who took the UK into the European Economic Community, the forerunner of today's EU. But it would seem harsh to blame all the problems with Brexit on Herr Muller, and his scoring that goal.

August is now upon us, the Champions League and Europa League have already started with qualifying rounds. On 9th August, Norwich kick off their Premier League campaign travelling to Anfield for an easy three points. Well maybe not an easy three points visiting reigning Champions League winners Liverpool. Such is the dominance of the so called Big Six that, since the Premiership went to 20 teams, in 1995/96, only 5 teams have won the title. Leicester; Chelsea (5); Arsenal (3); Manchester United (11); Manchester City (4). Only five teams have been out of the top five the previous season and finished in the top three; 25 of the last 27 winners of the Premier League had finished in the top three in the previous season; 21 of the last 23 runners up had finished in the top four in the previous season; 17 of the last 23 defending champions have finished in the top two. Liverpool are 5/2 to win their first Premiership title, which seems a fair price given the position of the other likely challengers. One bet that interests me is the tricast. This means naming the top three teams in correct order. While Chelsea are appealing their transfer ban to the Court of Arbitration for Sport. If their appeal fails Frank Lampard will not be able to bring in new players, and Pep Guardiola may want to concentrate on Manchester City winning the Champions League. This could see Liverpool pip Manchester City to the Premier League title this season. The third team would then rest with possibly Tottenham or Arsenal, both of whom made a European final last season. Liverpool; Manchester City and Tottenham is 12/1, while Liverpool; Manchester City and Arsenal is 20/1. One bet is that there is a goal in all of a team's Premier League matches. Last year Manchester City were the highest scoring Premiership team. They had just one goal less match. It was against Liverpool, who a bit ironically were the second highest scoring team. Odds for nil – nil in the match were 14/1. Manchester City are 10/1 to either score or concede at least one goal in all of their thirty eight Premiership matches this season. It's definitely not a bet, to coin

a phrase, put the mortgage on (there is no such bet!), but should hopefully keep an interest alive.

On the horse racing front, punters everywhere lost Big Mac. John McCririck who described his wife Jenny as Booby, because he was her prize. He attended Harrow at the same time as Julian Wilson, who became the BBC's racing correspondent until his retirement in 1997. Big Mac's mother hoped that he would join the diplomatic service. Perhaps it was best he didn't follow his mother's chosen path given some of his views. An ardent opponent of the use of a whip in horse racing, Big Mac was a larger than life figure who would often self-denigrate himself claiming to be a failed bookmaker, failed punter and failed journalist. Yet he twice received awards for his campaigning journalism which included exposing scandals that left the ordinary punter at a loss while leaving the door open for criminals to profit.

Sometimes luck plays a vital part in punting. When Frankel made his debut at Newmarket, he beat Nathaniel who later went on to win the King George VI and Queen Elizabeth Stakes with Ascot Gold Cup winner, Colour Vision, further back in the field. Town and Around's Mark Johnston filly system was passed a similar hand when Raffle Prize was defeated on her debut by Daahyeh on the Newmarket Rowley course in the middle of May. The winner went on to win the Albany Stakes at Royal Ascot, while Raffle Prize won the Queen Mary Stakes at Royal Ascot. When they renewed rivalry in the Group 2, Duchess of Cambridge Stakes, at the Newmarket July Festival, Raffle Prize gained her revenge.

However, better luck came our way when Land Of Oz at 9/2 and Blame It On Sally at 7/1 were a good start to July for the Sir Mark Prescott system mentioned in the July edition of Town and Around. Let's hope for a few more like them before the season ends. August sees the first Group 1 for two year olds only with the Phoenix Stakes at the Curragh in county Kildare. Aidan O'Brien first won the race in 1998, and has won the race another fifteen times since then. In 1999, he won the race with Fasliyev, at SP 2/7, who had already won the Coventry Stakes at Royal Ascot. He repeated the double again in 2016 with Caravaggio at SP 1/8. In the past 20 years, several winners of the Coventry Stakes have tried to emulate the O'Brien pair, among them some trained by Aidan O'Brien that include 2,000 Guineas winner Henrythenavigator, and Irish 2,000 Guineas winner Power. But they have all failed. This year's Coventry Stakes winner is the Aidan O'Brien trained Arizona. He is due to turn out again at the Curragh on 9 August for the Phoenix Stakes, and may be a short priced favourite. I'll be looking to take him on with possibly Siskin from Kiltale, Co Meath based trained Ger Lyons. On his Twitter account Ger Lyons has a quote from Irish poet and playwright Brendan Behan, author of *The Quare Fellow*, that reads "critics are like eunuchs in a harem: they know how it's done, they have seen it done every day, but they are unable to do it themselves." Although possibly the best known quote of the one time member of the IRA is "I was court martialled in my absence, and sentenced to death in my absence, so I said they could shoot me in my absence."

One system to try for August and September is John Gosden's three year olds running against their elders in Class 1 turf races of more than a mile in distance. I'm very wary of these if they are jumping up in class by more than 2 categories. And as usual I'm not keen on any with an SP less than 8/11.

Finally, as always remember the golden rule of punting. Pay the bills first and under no circumstances bet if you cannot afford to lose, because even the best professional punters lose more often than they win.

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THE VIEW JUST OFF THE HIGH STREET

Mark Kacary

WHAT'S AN ONLINE REVIEW WORTH? Part 1

People start businesses for a whole variety of reasons. For many it's because they just like making things, Others do it because they have a real passion for something, whilst others have identified a gap in the market, or of course it could be just out of economic necessity which for example resulted in "Harry Potter". What unites everyone who starts a business is that they possess a passion for their ideas and their business. Starting a business, nurturing it, feeding it, looking after it and seeing it develop and grow is not dissimilar to having a child. And in the same way a parent doesn't expect everyone to love their child, they will defend them to the death against those who want to cause them harm.

A business founder/owner's business is like a child which they will love and care for. Without this a business could easily flounder and perish. Anybody with children/grandchildren will recognise that feeling when your heart swells when praises is heaped upon them and how painful it is when an individual who knows nothing about your children wishes to express a less than complementary opinion about them. Every parent recognises that children will be naughty and whilst upsetting it is preferable to be told of misdemeanours face to face so that an appropriate apology is offered and that the child learns from mistakes made. This brings me nicely to the topic I want to look at over the next two months. How has the rise in the use of review sites affected businesses and those who run them?

Pressure groups such as "ShopSmall", were created to support the interests of small businesses. They ask members of the public to show their support by writing reviews to support shops they visit. This is an inexpensive way to help and advertise small businesses which hopefully increases footfall and adds to their prosperity allowing them to reinvest in the local community. There's a wealth of ways to leave a review such as Google, Facebook and TripAdvisor. The power of social media means that a good review can be a positive influence for small businesses, a series of bad reviews can be detrimental too.

Receiving a good review gives small business owners a spring in their step and a sense of achievement that their efforts have been recognised, but there is a darker side to the world of reviews. The ability to hide your identity with a virtual "Harry Potter" style invisibility cloak emboldens some to do something they'd never do in person. For example you've been complaining to your partner about the size of your portion of chips or that something wasn't to your liking and you're asked "how was your meal sir/madam" instead of being honest you reply

"it was great, thank you very much" Without the online invisibility cloak most people would go home, moan a little and vow to never go back. That's not quite good enough for some now! Anonymous keyboard warriors dash online and rattle off a venomous pen letter where their intent is clear. "I didn't enjoy myself; I want the whole world to know how much I didn't enjoy myself and I want to make sure nobody ever goes there" The intent is clear. Believe me when I say that if this is not the intention this is how it feels when you're on the receiving end of such a review where technically you did everything right other than live up to an expectation. Such acts are malicious and cowardly. Shops, restaurants etc provide their customers ample opportunity to provide feedback good or bad and usually when faced with negative feedback are able to do something about it.

How do reviewers decide that the pricing at an establishment is excessive? "very pricey" is a valid critique if each business were to use the same products in the same quantities "the chips were pricey" is a criticism of several of our favourite places to eat, but does the reviewer know the cost of premium quality fish? Or the cost of employing staff to prep it? The cost of the equipment or the facilities available? Every portion of fish has to include a small amount of profit so that a business stays in business. There's a lot of things a single portion of fish has to pay for.

It's the type of thing many armchair critics don't take into consideration, and it could be argued, why should they? They've never run a business, possibly don't know how to own and run a business and yet they have the expertise to criticise. I wouldn't be the first business owner to think "those who can, do, those who can't write online reviews.

Fortunately, there are many more people who realise that the purpose of review sites is to offer positive support and feedback. As a business owner I'd say thank you on behalf of all other business owners. Their contribution is always very welcome. We've never fully understood those who start a review by saying "I've been coming to this establishment for many years and it's always been excellent, but on this occasion....." And they let rip with several paragraphs designed to make anybody reading the review think twice about ever crossing the threshold. It appears that there are people who wouldn't think twice about congratulating a business they've regularly visited, but don't hesitate to punish the same business for what may have been a slight transgression.

I'm not suggesting that every business is excellent, but business owners do their best

to avoid making their customers feel uncomfortable or awkward. There's usually an explanation and although in retail we're always supposed to be perfect, we're only human and have faults.

At the end of the day a review is what it is, just one person's opinion of somebody else's hard work and efforts. As a business we're lucky enough to generally have good reviews. We have of course had some bad reviews some probably deserved some not. As with all reviews bad ones hurt more and stay longer in your mind far longer than good ones. This is especially the case if the issue could have been easily resolved face to face. Bad reviews often leave us wondering about the reviewer's motives.

When a member of staff is checking their mobile phone is it because they have nothing else to do in the depths of a North Norfolk winter, or trying to rearrange childcare because they've been asked to work an additional shift. It's unlikely a reviewer would know, but they will happily criticise without stopping to wonder what may be going on it that staff member's life at that moment. Perhaps checking up on a sick relative? Who knows? Perhaps we shouldn't be so quick to judge.

Of course, people have the right to criticise, but there is destructive criticism and constructive criticism. There is growing evidence that in the hospitality industry in particular, mental health issues are a growing concern, often triggered by long unsociable hours and poor feedback. Surely you can only criticise if you think something could have been done better? If that's the case, why not offer your suggestions at the time? What I would suggest is that before rattling off what could be an misinformed, ill-judged and possibly financially ruinous piece of text, give it 24 hours and think again. Is it worth it? What will it achieve other than getting your own back?

There's a whole lot more I could write about the review systems in place and what it's like living with a troll who stalks your business and whose aim in life is to cause financial and or mental pain. But maybe I'll write about that another time depending on the feedback I get from this article.

Incidentally on the subject of feedback, I very much appreciate those who come into the shop to tell me they've enjoyed what I've written. So onwards and upwards the summer season is well and truly upon us, I hope you take the chance to visit as many independent shops as you can this summer and if you enjoy your experience, write them a positive review somewhere, they're always great to receive.

Heacham and Hunstanton at Night

Terry Parish

The Perseid meteor shower is back but you may have to set your alarm. Perseids are around between July 13th and August 26th but they peak just before the middle of the month, the 11th, 12th and 13th. A publication I trust gives 3am on the 13th as the best time to observe them. This early morning slot is due to the interaction of the Earth with the dust cloud of meteors and, also, the Moon will have set by then.

There should still be plenty to see between 10pm and midnight but moonlight will interfere. Broken clouds will help observations if they block the Moon from time to time. Regular readers will know to wrap up warm and lie on a recliner.

Planets: Jupiter and Saturn are still there but only for a few hours; 9pm until 11.30pm for Jupiter and 9pm until 1.30pm for Saturn. Look due south and low down, Jupiter is the brightest blob you will see, Saturn is a couple of fists to the left, yellowish and mysterious. See the June and July issues for more details.

I had some good views at the end of June and into July of both planets. Jupiter's moons were dancing and the rings of Saturn clear.

On the 8th and 9th at 10.30pm, look SSW towards the waxing gibbous Moon. Jupiter will be a little to the left of it; orange giant Antares below and the blue star Sabik above (Antares is 520 light years away, Sabik 88).

On the 10th and 11th, same time, look south. Saturn will be at the same elevation as the Moon, Jupiter off to the right in the SSW. Sabik will be above again and another blue star, Nunki, below. It is 228 light years away.

Mercury presents itself well this month but in the morning. Forty minutes or so before sunrise is the time to look and you will need a good ENE horizon. (Sunrise is at 5.30am at the beginning of the month, 6am in the middle, 6.30am at the end). On the 1st, Mercury is very low but rises to about 10° above the horizon by the 14th, getting brighter all the time. By the 14th it is around magnitude 0 which is similar to how Saturn appears. After the 14th, Mercury continues to get brighter but is now descending towards the horizon. At the end of the month its magnitude is -1.6 about half as bright as Jupiter appears in the sky. If you are out looking for Mercury take care as the Sun will be rising shortly after you begin observations.



Amended Internet. Follow yellow line to Delphinus, green line to Hercules's body and location of M13. Three white blobs form Summer Triangle.

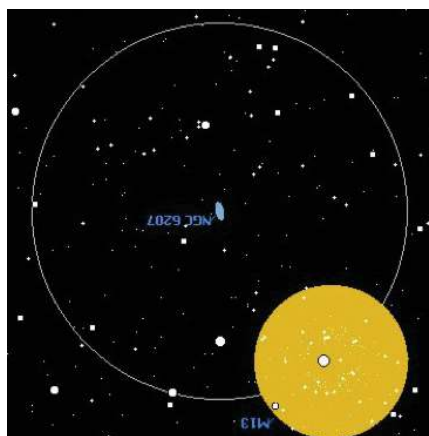
Deep Space: Right overhead the large asterism (pattern) called the Summer Triangle is evident. From our viewpoint it stands on its apex, Altair. Well above, to the left is Deneb, to the right Vega.

To the left of Altair, 5 stars, close together, form the small constellation of Delphinus, the Dolphin. This was put in the list of star patterns by Ptolemy 1,800 years ago. Four of the stars form a small trapezium. The top left star is gamma Delphini, a nice double star.



Internet. M13

To the left of Vega is the constellation of Hercules – a box of a body with wavy arms like the air driven figures sometimes seen outside garages. Turn good, steady, binoculars to the right arm pit and you will see a fuzzy patch. A telescope might resolve this into stars. It is Messier 13, a globular cluster within our galaxy. Its centre is around 25,000 light years away. Around it are between 200,000 and 500,000 stars.



Internet modified. Relative positions of M13, yellow blob, and NGC6207 at centre. It is not upside down. It was presented as an inverted image as seen in a telescope. This is how it is positioned to the naked eye or through binoculars. Telescope will be needed to observe it.

To the left of M13 an orange star can be seen

(colour only apparent in telescope). Above this is a tiny smudge. This is NGC6207, a galaxy 45 million light years away (for those of you who have forgotten or who are new readers, light from this galaxy, travelling at 186,000 miles every second, has taken 45 million years to reach us).

NGC6207. Hubble

A last word on Apollo 11. I trust readers watched or listened to some of the coverage which included a swathe of material from the 60's and 70's. I particularly liked Radio 4 Extra's 'Floating in Space' a compilation of material from the radio archives. The interview with Alexei Leonov about his spacewalk, the first one, in 1965 is particularly vivid. And BBC 4's '8 days: to The Moon And Back' was enthralling. Both are available on 'Sounds' or iPlayer.

The latter programme, and my son, reminded me that I have walked on that catwalk which took the Apollo astronauts from the top of the launch tower to the command module where they sat, awaiting the Saturn V to lift off (the catwalk is preserved and set up at the Kennedy Space Centre in Florida). If only, in some Dr Who scenario, the catwalk put you into the launch itself.

Anyway, for younger readers, the Apollo missions continued until December 1972. Let's not forget the astronauts of Apollo 17; Gene Cernan; Ronald Evans; Harrison Schmidt. Cernan and Schmidt spent 3 days on the lunar surface, the longest mission of the 6 successful Apollos (Apollo 13 had to return before reaching the Moon). I am meeting a man who met all the Apollo astronauts tonight (16th July). So, I will shake the hand of a man who shook the hand of Neil Armstrong and have walked on the same walkway he did – very tenuous links to history.

Things to do: Friday 6th September, 6-8pm, Dark Skies Festival Launch, Norfolk Wildlife Trust Cley Visitor Centre. Includes an opportunity for some star gazing weather permitting.

Friday 20th September, 3-6pm, Dark Skies Forum, Oddfellows Hall, Sheringham. Talk and Q&A about light pollution and how to reduce it.

Sunday 22nd September, 6-8pm, Dark Skies Festival celebration, Binham Village Hall, talk and viewing, weather permitting.

NOTE. All the above are bookable. Email aonb@norfolk.gov.uk or phone 01328 850530.

Nights are drawing in, so look up at the stars and look down for hedgehogs – fatten them up for winter.



Keeping it in the Family – A Guide to Agricultural Succession Planning

Kieren Cross – Partner, Private Client and Agriculture, Fraser Dawbarns LLP

One of the biggest worries in the agricultural industry is effective planning for the next generation to take over the farm. A recent survey has said that it is the biggest concern for 15% of farmers and that 60% of farmers had made no provision at all for succession. Another survey of young farmers put that figure as high as 70%.

Younger farmers tend not to bring succession up with their parents because they don't want to cause embarrassment or offence. However the conversation is important if everyone is serious about protecting the farm through the generations.

It is important to understand that succession planning is not just about retirement and inheritance but it is about putting a plan in place for the continued success of the business which takes into account short-term goals and the longer-term vision for the farm.

To start, you should draw up a list of the farm's assets and then have a discussion with all family members who are involved along with a solicitor and an accountant. Professionals tend to keep the meeting more business-focussed and less emotional. Having everyone together also reduces professional expenses as the same conversation doesn't need to be had multiple times.

Clients often want advice for when some of the children have worked on the farm and plan to continue the business on their parents' retirement but other children have chosen different careers. Treating farming and non-farming children fairly does not mean equally and succession planning allows you to lay out how all family members will benefit so everyone is informed.

Having the correct documentation in place helps everyone to know where they stand which can make a handover to the next generation a smoother and less fraught process. Key documents would be Wills for each family member, LPAs where appropriate and partnership or shareholder agreements.

It is worth noting that children who have given up most of their lives to work in a family business for low pay on the promise that they will inherit the farm will usually benefit in court if it is felt that an inheritance treats them unfairly. *Guest v Guest* and *Davies v Davies* (which is often referred to as 'Cowshed Cinderella') are both examples of this.

The actual handover is a key moment in succession planning, 16% of farmers believe that the next generation doesn't have the right skills and experience to take over the running of the business so we strongly recommend



building the training of the next generation into your plan.

There is a lot to consider (much of it outside the scope of this article) and a solicitor specialising in agricultural law can help you plan for your farm's success for years to come.



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TRUST REGISTRATION – SHOULD I WORRY?

By Kathryn Gigg Chartered Accountants, Hunstanton

There is nothing new about governments trying to keep tabs on what their citizens own. In 1086 William the Conqueror surveyed his new kingdom in the Domesday Book, and in the words of a contemporary “[not] one ox nor one cow nor one pig which was there left out, and not put down in his record”. Going even further back, we know from St Luke that “a decree went out from Caesar Augustus that all the world should be registered...”.

Although the HMRC Trust Registration Service (TRS) was set up back in 2017, and many Trusts have already gone through the process, with effect from March 2020 when the Fifth Anti-Money Laundering Directive is expected to come into force (regardless of any Brexit negotiations), new rules will capture a huge additional number of Trusts that did not previously have to submit their details. In fact, current estimates indicate that the number of registrable entities may rise from about 200,000 to over 2 million.

Prior to 2017, HMRC only knew about the Trusts which were submitting annual Tax Returns – and since the TRS register was not compatible with other records held by the Revenue, those Trusts were all obliged to register, whereas others that had no income to report were exempted from registration. However, the need to register has already been overlooked by many Trustees. Registration for existing trusts should have been made by 5 March 2018 at the latest, but by February 2019 only 85,000 Trusts had registered – somewhat fewer than the 141,000 which filed self-assessment Tax Returns in previous years.

The disclosure requirements impose a significant administrative burden and penalties for non-compliance apply if a lead Trustee cannot demonstrate that they took reasonable steps to register.

Given the volume of potential registrations under the new rules the Government has proposed a deadline of 31 March 2021 for existing unregistered Trusts. For new Trusts created after 1 April 2020, it is proposed that these should be registered within 30 days of their creation because the information needed for registration will be readily available.

When the Fifth Directive becomes law, the scope of the registration net is set to be widened to include all express Trusts including Discretionary Trusts, Interest in Possession Trusts; possibly many types of Bare Trusts; Charitable Trusts, and Employee Ownership Trusts. Care will need to be taken in all cases and not to overlook the likes of whole of life policies written into Trust, life interest Trusts under a Will (e.g. where a surviving spouse continues living in the matrimonial home for life, after which it passes to the children); Marriage Settlements; and Discounted Gift Trusts.

So, there are currently two issues. Firstly, it seems that over half of the Trusts which should have registered in 2017 have not yet done so and are therefore in breach of the legislation and in a penalty position; and, secondly, there may be as many as ten times that number that will need to go through the online registration process when we reach March 2020. The situation is made worse because the Trustees of many of the Trusts to which the requirements apply are not financial professionals and hence have no idea at all of their existing or forthcoming responsibilities.

The introduction and extension of the TRS poses various issues for lay Trustees. Penalties for failure to register and account for tax can be severe and Trustees are liable personally, and so if you have any concerns about whether you need to register a Trust, now or in the future, and are in need of advice or you are finding the requirements of registration overly onerous, please contact either myself or my assistant Nicola Tarry FCA. Likewise, if, in reading this article as a Trustee, you realise that you have failed previously to submit a Tax Return (or an IHT100 in respect of a 10 year charge) for your Trust, and account for the tax as due, please do contact us for assistance to enable you to rectify such oversights and minimise any penalties that could be levied.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA



Kathryn
Gigg

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Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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Hunstanton Lifeboat Sandcastle Competition Sunday 18 August 2019

Start 2.00 pm Registration from 1.30 pm

On the beach at Old Hunstanton

in front of the RNLI boathouse and shop

Entry £1 only

Everyone welcome, especially children with families

The competition lasts for about an hour and is in three age groups

Prizes will be vouchers for the RNLI shop

Parking available at the Le Strange car park



Hunstanton Lifeboat Station

Geoff Needham, LPO Hunstanton RNLI

Saturday 15th June at 3.15 p.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to report of Kite surfer in difficulty of Hunstanton South beach. Hunstanton volunteer RNLI crew launched on service, and proceeded to Hunstanton South beach, on arrival they were stood down to return to station as casualty had made it ashore the local coastguard response team, gave him some safety advice no medical attention was required. Lifeboat returned to station. High Water. Saturday 5.57pm Wind SW2. Sea state slight. Vis. good.

Saturday 22nd June at 11.00pm UK Coastguard requested launch of Hunstanton RNLI Lifeboat to reports of red distress flare fired in the vicinity of Boston area. Hunstanton Lifeboat Spirit of West Norfolk launched on service, and proceeded to the area. A search of the area including the rivers Welland and Witham was carried out, nothing was found. Lifeboat returned to station after a three hour search. High Water. Wind SW2 Sea state slight. Vis. good. Red Flares are international distress signals at sea. They should not be used indiscriminately, and never in coastal areas ashore.

Saturday 29th June at 9.13 p.m. UK Coastguard requested launch of Hunstanton RNLI Lifeboat to report from a 40ft Houseboat that he had gone aground at the Southern end of the Wash, at the mouth of the river Ouse, two persons on board. Hunstanton L/B Spirit of West Norfolk launched on service, and proceeded to casualty area, due to the state of the tide, lifeboat was unable to reach the vessel, as it was high and dry on the bank, making radio contact, the two persons said they were OK and would wait for he tide to float them off. Hunstanton lifeboat was released to return to station. At 3am Sunday morning Hunstanton volunteer crew re-launched to check and assist the vessel. As lifeboat proceeded a call came from the UK coastguard that the vessels owner had rang the coastguard to tell them that the vessel had re-floated and was now tied up alongside in Kings



Lynn, and that they could return to station. High Water. Sat. 4.31pm HW Sun. 5.17 am Wind SW2 Sea state slight. Vis. good.

Tuesday 2nd July UK Coastguard requested launch to reports of persons thought to be in trouble off Heacham, on arrival at Heacham it was established the persons were kayaks and not in trouble, this was a false alarm with good intent, crew were stood down to return to station.

The Hunstanton cast of the Journey to Oz visited the station on Sunday 7th. The cast who perform at Hunstanton Town Hall gathered at the station along with crew members, to present a cheque for £1,000 to Hunstanton RNLI. This was a donation from their 2018 pantomime, "Journey to Oz". A cheque for £1,000 was presented to Michael Darby, senior Helmsman at Hunstanton RNLI by "Dorothy" (Elise Navaro) skilfully assisted by the "Wizard" (John Wrigley) "Scarecrow" (Em Darby) "Tin Man" (Lynne Haycock) and "Lion" (Lewis Cleland) who is also a crew member. Michael recently completed the London Marathon and raised £6,000+ for Hunstanton RNLI. Tony Bishop

producer of Hunstanton Pantomime, said: "It was a great achievement to be able to donate such a large amount to the local station of the RNLI, I would like to thank the 1200 plus audience members of our seven shows, who made The Journey to Oz such a great success, also a huge thank you to Hunstanton RNLI for all they do for the local area. The Hunstanton pantomime cast and crew are now preparing for their 2019 pantomime in Hunstanton Town Hall, Peter Pan. Show's will be 2 p.m. and 7 p.m. on 27th 28th 29th December and 2 p.m. on the 30th Dec.

Respect the water campaign and advice to Holiday makers:

Tidal waters have strong tidal currents, especially the approaches to the harbours. General coastal safety tips. 1. Check the Weather and tide times. 2. Read signs. Be aware of local hazards, ie; sandbanks. Channel Strong tidal currents. 3. Carry means of calling for help. 4. If you see someone in danger dial 999 or 112 ask for the Coastguard who will page us.

Date for your diary:
Sunday August 18th
"Annual Sandcastle Competition" Old Hunstanton Beach, register from 1.30 p.m. start 2 p.m.



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Bon voyage to sailing in Hunstanton?

Sophie Hooker

It has recently been brought to the attention of Town and Around magazine the precarious position of Hunstanton Sailing and Water Sports Club. For the first time in over forty years the annual North West Norfolk Sailing Week event will not be visiting Hunstanton, and will instead be starting and finishing at Snettisham Sailing Club. This is supposedly to do with the deteriorating state of the launching area. Not only this, no national or international sailing events will be taking place in Hunstanton this year at all. Therefore, the club are not fulfilling their obligations to the funders of the regeneration project, namely the Borough Council of King's Lynn and West Norfolk (BCKLWN), who are the main contributors of an estimated £400k that has been injected into the club. Here, we explore the various viewpoints of club members to uncover just how and why the club have found themselves in such a woeful predicament.

Trustee of Hunstanton Sailing and Water Sports Club Mick Ford shed light on the issue in his initial email that revealed no major events were to be taking place this year due to the condition of the beach, underlining how a major accident occurred recently on the cockle beds. Mick said: "The club's business plan for funders included the promise to host at least four major dinghy sailing events annually but now, we are unable to meet that promise for even one event, a very sad situation indeed... (this is) what can only be described as a disastrous situation for the club and Hunstanton as a whole. In addition to the negative long-term effects for the Sailing Club. There is a considerable reduction in spend for our local businesses which major events have brought to Hunstanton in the past."

The club has been part of the infrastructure of Hunstanton for over a hundred years. A news article from 1997 highlights the flourishing position of the club, stating that "Hunstanton is set to become one of the water sports capitals of East Anglia." As a town, Hunstanton brings an estimated £1- 2 million in revenue each year for BCKLWN and the club is an integral sporting facility that attracts visitors to the town and thus improves the local economy. With rights come responsibilities to maintain the leisure facilities that bring the money to the town. Part of the deal with BCKLWN is for the club to function as a youth development centre and to host national events. As Mick points out, the beach has degraded to such a point where the latter is no longer a practicable promise for the club to deliver.

Action has apparently been taken with money being spent on research, namely the Hunstanton Coastal Management Plan (CMP), at a cost of around £80k for the plan; £20k of this from the Borough Council and a



£60k grant through Regional Flood Coastal Committee (RFCC) Central. However, no major action has yet been undertaken and the beach continues to denude to the point where foundations of the pier were starting to appear and the sea is around eighteen inches shallower than it once was.

There are a few members that we contacted who have remained optimistic despite this, with Jason Richardson (representative from BCKLWN) stating: "Hunstanton Sailing and Water Sports Club has been on a development journey since 2013 after received funding from grant aid bodies and BCKLWN to renovate and expand its facilities and increase water sports usage in the town. On the whole the picture is very positive with membership numbers increasing and participation in some water sports activity showing high numbers. Over the past years since the developments the club has met and exceeded most of the targets set as a requirement of the funding offered."

"It is noted that beach conditions have led to some events not happening due to safety or possible damage to sailing boats when launching. Since 2011 it has been noted that sand levels have reduced along the whole coastline and that this is very notable along the section of beach occupied by the Sailing Club. The Hunstanton Coastal Management Plan has looked into this effect and consideration will be given as further reports come forward... The cost of a beach recharge at this point would be excessively cost prohibitive and may not be the most effective solution from a flood defence point of view."

Though pointing out the flourishing membership of the club, it is perhaps notable that membership for alternative water sports such as kite surfing and wind surfing has grown whilst sailing members has diminished. This email also reveals that the Borough have been aware for a number of years that the beach is deteriorating to an unacceptable standard.

Vice Commodore Tony Devenish spoke to us to reveal his stance on the club's predicament. Highlighting that the club is no longer solely a sailing club but a water sports club, he inferred a positive change in direction

for alternative sports such as kite surfing, wind surfing and paddle boarding. And that the club was stronger than it had ever been due to these changes. He said: "The numbers of people that sail are a lot less, but we are progressive as a club and we are embracing the water sports that are here and are bringing people to the town year round in decent numbers."

"Ultimately we're water sports... we're not about the beach, we're about the water... We're working with the RYA (Royal Yachting Association) to become a training centre and that's taken some really positive steps forward in the last few months... There still is youth development... We have top youth performers in kite surfing having a training weekend here."

"I absolutely get that there are challenges with the beach, and the fact that they (North West Norfolk Sailing Week) aren't coming here is really very sad, it's been coming here for many years, and they have said it's because of the beach. That said, people are still sailing here and we're still holding open days and taster days for people to get into sailing."

When questioned about youth development he said they were working closely with Snettisham Sailing Club and at the moment are referring them there. He also admitted that the idea for a concrete ramp to launch boats has been discussed and that they are actively undertaking steps to become a training centre, therefore taking positive steps to proactively establish the club as a centre for youth development and as an attraction of economic value for the town.

Our findings have been somewhat contentious to say the least, with two of the three members that we have been in contact with remaining optimistic of the club's future. However, it would be a misnomer to state that the club are not facing at least some issues, namely the diminishing number of sailors and the condition of the beach that remains unviable for competitive sailing. It remains clear that some course of action needs to be taken to rectify the situation and to preserve the future of sailing in Hunstanton.

John Crofts takes over as Rotary President

Ringstead Village Hall was the venue for the Hunstanton and District Rotary handover this year.



Presenting John Crofts with the chain of office outgoing President Hilary Farrell said: "I've had a lovely year – a bit intensive at times but I have really enjoyed it; the highlight being the chance to get to know everybody better.

"During the year I attended the Rotary International Convention in Hamburg along with 25,000 Rotarians from all around the world and it was marvellous to meet so many like-minded people.

"My trip to Botswana was a once in a lifetime experience and I can hardly believe I've done it all; it has been really fulfilling and now I'm looking forward to my new role as Secretary in the coming year.

"Of course I couldn't have done it without my husband Paul who has been such a support during my year as President, thank you Paul."

John Crofts, the former Headmaster of Glebe House School said:

"I recognise the importance of the faith you have put in me and it is lovely to welcome fellow Rotarians, District Representatives and guests this evening.

"I'm pleased to see Bob and Marguerite Wright together with Jane, who although she isn't a Rotarian, does so much for the club.

"I'd also like to welcome Mick and Mary who helped with the Glebe House School car boot sales, and I hope they will want to join us.

"Thank you Hilary, I have much to live up to in the year ahead, Rotarians know that when there is something to do, Hilary is there and hers will be a difficult act to follow."

"Finally I want to thank my wife Bridget, without whose support I wouldn't survive!"



One of the longest serving members of the club, John Hornsby-Bates (left), presented Rotarian Bob Wright with Honorary Membership. He said that Bob had been a stalwart member of the club for over 20 years, he had achieved the Paul Harris Fellowship and was truly deserving of his Honorary Membership.

The final presentation of the evening was made by Rotarian Maureen Hoverd. As she handed the Roger Hoverd award to Hilary Farrell for services to Rotary she said: Once a year it is my great privilege to present this award and this year it is particularly special; congratulations Hilary."

Following the formal part of the evening a hog roast was served followed by strawberries and cream.



HUNSTANTON PROBUS CLUB

Hunstanton Probus Club held its annual Summer Luncheon in July to which ladies and guests of members were invited, and over forty sat down to an excellent lunch at the Le Strange Arms hotel. A fine sunny and warm day added a considerable dash of colour to the proceedings with the ladies dresses, which contrasted with the more sober-suited attire of Probus members at their normal monthly gatherings.

The President, David Scott, welcomed the guests and members present and suggested that in view of the temperature reaching very nearly 30 degrees, members could remove their jackets if they wished... a most welcome suggestion which revealed some interesting examples of men's shirting!

Following lunch and the loyal toast, David Porteous proposed a toast to the guests, during which he welcomed the ladies to the Probus lunch, congratulated them on their bright and attractive contribution to the occasion, and asked them all to place one of their hands face down on the table. He then asked their partner or husband to place

his hand over that of their guest, and to treasure the moment... as this was probably the only time when they could honestly say they had the "upper hand"!

On behalf of the guests, Maureen Hoverd thanked the Club for inviting them to such an enjoyable occasion and proposed a toast to its members and for the continuing well-being of the Hunstanton Probus Club. The number of toasts imbibed did nothing to moderate the general air of conviviality accompanying the gathering, and there was genuine regret when the President announced that it was time for his closing address in which he thanked all those members who had helped make the lunch such a success, hoped that everyone had enjoyed themselves and wished them a safe journey home.

Anyone interested in joining this happy band of retired professionals and businessmen would be made most welcome and asked to contact the Probus Secretary Kenneth Lawson, telephone 01485 532163, or email kennethlawson180@btinternet.com



HUNSTANTON KITE FESTIVAL & CLASSIC CAR RALLY

AUGUST 18th
SMITHDON SCHOOL
11.00am-6.00pm

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FUN FAIR

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CHILDREN'S ENTERTAINERS

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Hunstanton and District Inner Wheel

Out with the old, in with the new

It's that time of year again when we say 'goodbye' to our President for the past year, Hazel Evans and welcome our new President Annie Bagworth.

It has been a pleasure to have had Hazel at the helm. She has injected fun, laughter and dedication and we are very grateful to her.

Now it's Annie's turn. Each President puts their own stamp on things and I am sure we will not be disappointed and look forward to what Annie has in store for us.

We continue to thrive as a club and will be providing refreshments at the Norton Light Railway event on Saturday 27 July and Sunday 28 July and at the Kite and classic car show in Sunday 18 August at Smithdon School. Do come along and sample our delicious food.

Sue Trewin

Club Correspondent

Thomas Crown

Many Congratulations on your 2:1 pass, we are all thrilled after years of study. Having said your goodbyes to Nottingham and now summer working I can only admire you.

Do take some time out with your sister and Mother.

Love from the Wirral.



© Annie Bagworth

VILLAGE VOLUNTEERS WIN PRESTIGIOUS BIODIVERSITY AWARD

Snettisham Parish Council is delighted to announce that its team of volunteers has been awarded a Community Biodiversity Award (Groups Class) for work at the Common in the Parish. The presentation for this took place on 16th July at the Abbey Conference Centre in Norwich. This was attended by Former PC Chair Cllr Ros Pugh and volunteer Ian Gosling, who accepted the award on behalf of Council.



Photo: Keiron Tovell <http://www.keirontovell.com/>

Diane Westwood, who leads the Team said: "The Snettisham Common Conservation Volunteers will be thrilled to hear of this award. We are a small dedicated group that meet once a month to care for a beautiful piece of remnant lowland heath at the heart of Snettisham common."

Mr Gosling commented: "Although I have been a member of the Friends of Snettisham Common for just 7 months, I have been a conservation volunteer elsewhere for many years. But I have never

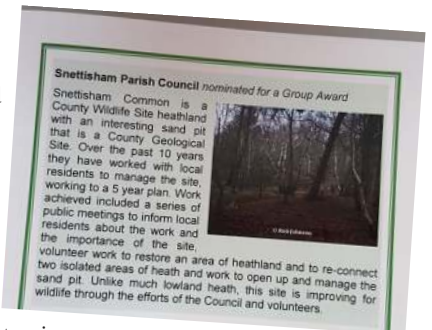
maintained a heathland before. My previous work was in wetlands in big wellies, and, sometimes, waders. Surprisingly, perhaps, the work here is much the same – that is, stopping the habitat being overgrown by trees turning

the area into a wood. It is satisfying work that ensures a wide diversity of species can thrive. A heath has a very interesting ecosystem but some of the creatures, such as snakes and lizards, lack 'kerb appeal' for some visitors. They are all important for the ecosystem at large, nonetheless."

Cllr Pugh said: "It was a wonderful evening, and the award is a fitting tribute to the work of Diane, her husband Steve and the other volunteers. As we were being presented with the award, I could not help but think of the late Cllr Ann Lamplugh who began this whole project. She would have been thrilled."

Liam Smith (Communities and nature Assistant, NCC) said "This award recognises the achievements of groups working on biodiversity projects in their local community. Local groups can inspire people to recognise and care for their local biodiversity while providing the chance to get together and work with a common purpose. We are looking for results for participants and the group as a whole, as well as those achieved for wildlife and habitats."

There will be a presentation of information about the Common on Wednesday 25th September in the Methodist Church in Snettisham, at 7pm. Council works in conjunction with the Norfolk Wildlife Trust who have just completed a new management plan for the Common, and Helen Baczkowska from NWT will be introducing this. The RSPB will also be presenting information about their work, including their new hide at their reserve in the Village. Entrance is free, and includes refreshments.



Public art success for Darcey and Ronnie

Two girls from Hunstanton Primary School have won an Anglian Water artwork competition to highlight the importance of disposing of waste correctly.

Darcey Kent (10) and Ronnie Reynolds (8) submitted their artwork and their designs were combined into the final piece by Street Arts Hire Ltd. This fabulous piece can now be viewed between Alive Oasis and the Lifeguard point.

The new artwork encourages people to be mindful of their waste when visiting the region's beaches by helping to raise awareness of pollution.

Anglian Water says: "Unfortunately we see far too much waste disposed along the seafront and emptied into surface water drains which are designed to only carry rainwater."



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Darcey (left) and Ronnie with their completed design on Hunstanton Promenade



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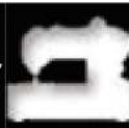
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MODEL RAILWAY SHOW

We getting ready to steam up in Sheringham this summer for a Massive Model Railway Show!

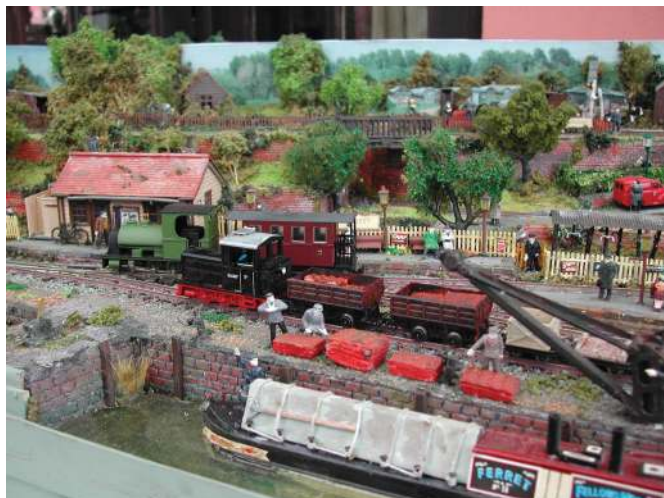
A massive Model Railway Show is steaming into Sheringham on Sunday 11th August - the perfect opportunity for fans both young and old to see around 20 model railway layouts in a variety of scales and gauges from N gauge to O gauge.

The event is being held from 10am to 5pm at Sheringham High School, Holt Road, Sheringham, Norfolk, NR26 8ND just under a mile from Sheringham station on the North Norfolk Railway! It will be the first one in Sheringham and is tipped to be one of the largest in the East of England!

It's being supported by clubs and modellers from around the East, with layouts including: Cato Pass, Sci Fi - the first one of its kind combining Model Railways and Warhammer. Upper Downham - the sleepy village somewhere in North Essex, with its actual location lost in the mists of time. Ashurst Light Brickworks - is an imaginary village nestled alongside a narrow estuary on the Sussex coast.

There's free parking on-site at the school. There is a small admission.

We are so excited about the exhibition!



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Searle soirée for 90th anniversary

Tuesday 16th July marked a rather poignant day in a monumental year for the Searle family: the day would have been Richard Searle's 75th birthday and this year marks 90 years of Searles Sea Tours.

Guests, made up of crewmembers throughout the years and friends of the family, were treated to a stunning view of the The Wash from M&J's Terrace Bar on Hunstanton's promenade and were entertained by local group Nelson's Shantymen, rather aptly filling the seaside air with a repertoire of shanties.

Searles Sea Tours owner William Searle said: "Today would have been my brother's 75th birthday. We started ninety years ago in 1929 so we thought we'd celebrate my brother's birthday and my father who was the founder of Searles Sea Tours in 1929."

"I think we're up amongst some of the oldest tours ever going. We

found that after WWII, father realised the potential of the ex-army DUKWs and he managed to acquire two on the pretence that if war broke out they could take them back again. So, instead of a landing stage to go to the boat, they used the DUKWs to load the boats for the coastal trips."

These DUKWs were centre stage at the party, placed just in front of the bar on the beach for onlookers to admire. The DUKWs belong to military restorers Harold Payne and Graham Smitherringdale, who have spent around £60k and £40k respectively on restoring them.

William continued: "Being the 90th year and with the age of everybody we thought we'd better do the celebration this year rather than go for the centenary. We've always said to the crew members that we'll have a soirée for all of the work they put in—they all put a huge amount of work in."

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Celebrating the 90th anniversary with William and his wife Liz are their daughters (L) Laura Fleming and (R) Aimee Searle



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Hunstanton Eyecare blog

Q. What to do in the summer holidays?

A. Check the childrens' eyesight before going "Back to School."

Parents do such an important job bringing up their youngsters, and looking after their health is one of the prime concerns. Eyesight is often taken for granted, and if there is a defect it can be easily overlooked. Your child may have a defect with their vision but not mention it, as they would assume that their view of the world is the same for everyone. It is not until the error is corrected that they realise things are not always in soft focus, and they may have struggled at school quite unnecessarily. The visual system takes time to develop and at birth a baby has quite poor vision. At around four months of age the vision has improved to the point that they are aware of colour and can fixate on objects. At approximately nine months the vision is sufficiently developed that they are eager to explore the world around them. However, things can go wrong and I will

just mention a few you should be aware of.

"Squints". A child may look cross-eyed or one eye wanders off and gazes in a different direction to the other. This is often related to eye muscle weakness or uncorrected long sight. Whatever the cause it can be corrected and should be done promptly, to ensure that both eyes develop to their full potential and one doesn't become "Amblyopic" or blind through disuse. "Long-sighted", or "Hypermetropia" means that a child has to make extra effort to see things at close range. If there is a large error, your child may complain of headaches and abnormal tiredness and a squint may be induced. "Short-sight", or "Myopia", means your child will have poor distance vision and will therefore struggle to see classroom displays. "Astigmatism" is a physical eye condition where the eye is not

spherical like a tennis ball, but rugby ball shaped with two different curves. The spectacles prescribed can easily correct this.

Summer should be in full swing by now, and whether you are enjoying Sunny Hunny or setting off on holidays, don't forget Children's SUNSPECs! As well as protecting skin it is very important to protect young eyes from UV rays. A second pair of spectacles made with Transitions, light-adaptive lenses will protect against 100% of harmful UV rays and will also make a useful second / spare pair. We also have a range of sunspecs for the tiny tots too.

It is never too early to check your child's eyesight. All children under the age of 16 and those under 19 who are in full-time education are entitled to FREE Eye Examinations under the NHS. They are also issued with an NHS voucher which is used towards the cost of spectacles. Here at Hunstanton Eyecare we have a great range of modern



trendy frames that the youngsters will love, many are FREE of charge with the NHS voucher or a small contribution will give a greater choice. Childrens' spectacles must be dispensed by fully qualified Dispensing Opticians or Optometrists, this is UK law, Opticians Act 1989. Look out for the qualification FBDO (Fellow of the association of British Dispensing Opticians). As well as myself, our Dispensing Opticians at Hunstanton Eyecare are Belinda and our general manager Julien.

We look forward to seeing you soon.

Annette

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The Heacham & District Community Car Scheme was started on 1st. May 2002 and is currently based in Hunstanton. Last year we carried out over 4000 journeys which included 500 to local hospitals, and covered over 28000 miles,

The scheme provides transport for residents of Hunstanton, Heacham, Snettisham, Dersingham, Sandringham and surrounding villages, who are retired, sick, or unable to use public transport to attend appointments. Unfortunately we are unable to transport wheelchairs. There is a small charge for the service and 24 hours' notice is required to book a journey, however, in an emergency situation we will try to provide transport at short notice, subject to driver availability. Weekend transport can also be arranged, subject to driver availability and 48 hours' notice.

Our scheme includes all hospitals throughout Norfolk plus Wisbech, Peterborough, Papworth and Addenbrookes. All other hospital trips within the Norfolk and Cambridge area considered.

We have now extended the service to include transport to local senior lunches and clubs, and visits to local care homes and hospitals. Visiting is normally limited to 1 hour but if you would like to spend longer visiting, please ask us so we could discuss it. These services are restricted to daytime hours only.

We have also included trips to local Supermarkets, Banks, Building Societies, and Post Offices, subject to conditions, but unfortunately we are unable to provide casual transport for a day to browse around the shops. Supermarkets would be to your nearest one and for 1 hour only. All Fares would be charged per person, and not per car.

We are always looking at ways to expand the services we offer, so if you have any suggestions or any service you think we could provide, please contact us to discuss it. For example: If you are going on holiday within Norfolk we might be able to provide transport to take you there and bring you back when your holiday is finished. Charges on request.

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Our parishioners had a lovely afternoon on a coach trip to Oxburgh Hall on 19th June, which included a Mass celebrated in the family Chapel followed by a cream tea.

The Strawberry Fair fundraiser held on 6th July at St Cecilia's was a success, despite the change in the weather. Thanks go to all who helped to serve lots of cream teas, all who helped with stalls and behind the scenes and all who came to support the event.

The next parish event is the BBQ at the parish church in Hunstanton on Saturday 17th August starting at 12 noon. Tickets will be on sale in both churches, all welcome.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Everyone will be most welcome.

Daily Masses are 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is at 10.15am at St Cecilia's, Dersingham.

Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com
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Call the Editor on 01485 540620 to book your space and organise your copy

Just a thought

Over the next couple of weeks Jill and I will await the arrival of our new Grandchild over in America. It is as you can imagine a very exciting time and we cannot wait until we go over to see the family in January. There is a great feeling of expectation to come.

Expectation! When you think about it isn't there an expectation in everything we do; when we go shopping, visiting, go on holidays, watch the television; we expect something from what we do and see and hear.

But have we any expectation when it comes to being a Christian and being a part of God's church. Jesus promised the Holy Spirit to the disciples, he promised that when it came they would be witnesses to him, and things would change. Have we as Christians, as the church universal lost that wonder of expectation, lost that excitement at what the Holy Spirit can do? Perhaps under the pressure of an ever strengthening secular society we can become jaded, disillusioned even. But if we can still believe that the Spirit is still able to surprise us that all can be different through the power of Jesus Christ then we as the church will live to become the witness that Jesus promised to his

disciples over two thousand years ago.

In the gospel of John chapter 17 (1-26) Jesus prays for his disciples (it is wonderful reading). But would there be any point in Jesus praying if he did not expect the things he asked for to happen; of course not and it is the same for us. Each time we come to praying for others or even ourselves do we really believe something will happen or do we expect little from God at those moments. Whenever Jesus prayed; whenever anyone throughout the bible prayed they expected change, they expected God to make things happen; do we have that expectation?

Where would the lives of countless millions of people in the world be if they did not have an expectation of something better than they have now; where will peace come unless there is an expectation that hearts and minds can be changed; how can we as Christians continue to believe in a risen Christ without the expectation of change throughout the world.

We in our Churches must continue to have an expectation, an expectation of growth; an expectation of the Holy Spirit to encourage, to transform, to inspire. Without expectation nothing will change, but if we believe the unexpected can happen then things will change for ever.

Steve, Rev Steve Oliver, Methodist Church

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Take 5 Minutes in the Morning!

Getting up, thinking of the day ahead, possibly rushing breakfast, our heads are full of the busyness of our day; but we can take stock, taking a few moments to reach calm, peace and guidance. The Lord's Prayer, that short 8 line prayer of affirmation is so positive, powerful and correcting.

Our Father which art in heaven,

Hallowed be Thy name,

Thy kingdom come,

Thy will be done in earth, as it is in heaven,

Give us this day our daily bread,

And forgive us our debts, as we forgive our debtors,

And lead us not into temptation, but deliver us from evil:

For Thine is the kingdom, and the power, and the glory, forever.

Matthew 6: 9-13

It's the prayer of affirmation, clears the clutter of busy minds, shows us the abundance of good, and the control of the power beyond ourselves. What is stopping us to start our day in the most progressive way? Take your few moments!

Our church services are every Sunday at the Christian Science Society, 10 Queens Drive, Hunstanton. We also hold a service on the first Wednesday of the month at noon (Oct-Mar) and 7pm (Apr-Sept) and everyone is most welcome. Free magazines are available from the box outside the church and for more information on Christian Science visit www.spirituality4.me or follow us on Facebook.

From the Saxon Shore DEAD IN 12 HOURS TIME!

I feel fortunate to have met and spoken with some world famous people during my years in the church ministry— Dr Billy Graham, the American evangelist and Benjamin Britten, the composer come to mind from my earlier years. And I have been equally blessed to have met many more ordinary folk like you and me and Basil Williams. Who is he?

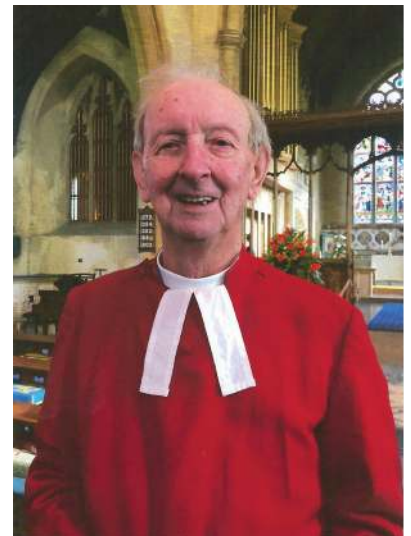
50 years ago Basil was the vicar of St John's church near the railway station at Leicester, the city where I was then a keen young vicar of a

nearby parish church. What made Basil so special in sharing memories was that he had been the chaplain at Wormwood Scrubs prison (I think it was), the last prison in England to carry out executions by hanging.

Basil was asked by a condemned man to visit him. What do you say to a man who would be dead in 12 hours time? Basil discovered that the prisoner had been confirmed in the Church of England as a young man but had long ago drifted away from any churchgoing. "I felt lost for words" Basil told me "and my prepared words seemed hypocritical, so after some general chat I just shared with him my personal experience that if he sincerely received the bread and wine of the holy communion with me and opened his heart to receive them as symbols of receiving Jesus, there would be some blessing and healing".

"Don't give me that claptrap padre" the man replied, "if that was really true I'd crawl 5 miles over broken glass to get there". Christians in church have only to walk a few yards to reach the communion rail. What a privilege! I hope that the prisoner did get there. Basil kept that secret.

Very Reverend Alan Warren.



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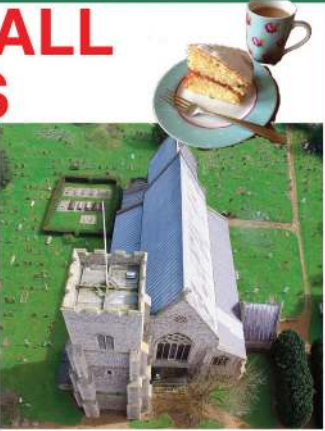
Quality items for the Bric-a-Brac - Helen Stanley 525674
 Plants and produce - John Loversidge 525544
 Cakes, jams etc - Sally Crown 525246
 Tombola - Jackie Arnold 525418
 Books, Puzzles, Crafts - Ann Rossington 525589

Help from able bodied people to set up on the morning and clear away after. Please meet at Whitehall at 9 am.

In the event of a rainy day the fete will be held in the Church and Village Hall.

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STEPHEN ANDREWS 01485 532167

COME CELEBRATE BY THE SEA

Wednesday 7th August 2019 12-4pm

Family Event at St Edmund's Church, Hunstanton

The Deanery of Heacham and Rising would like to invite local residents and visitors to Hunstanton to come and celebrate the church in our community at this free event. The church 'fun day' is on the afternoon of Wednesday 7th August between 12 noon and 4pm and is not to raise funds, but to promote the church as part of the community, with games, face-painting, crafts, cakes, a barbecue and local children's entertainer 'Crazy Bananas' bringing a smile and a rubber duck to the proceedings!

The event will finish with a simple service in the church to be held at 4.30pm. Party packs will include information about local kids and family groups operating in our local community, and details about our churches and their activities across the Deanery. There will also be a treasure hunt inside the church.

Please come along and join us in celebrating our local church – we look forward to seeing you there!



The Hunstanton Rock Choir

The Hunstanton Rock Choir is much more than a choir. Inspired by the power of music, it offers its members the chance to make new friends and to experience a new-found confidence that impacts upon their everyday lives. Its members are taken on a powerful and emotional journey, by singing the most uplifting and feel-good songs ever written.

Rock Choir is the pioneering contemporary choir of the UK and remains unique with over 20,000, members enjoying it across the UK. Each member is welcomed into the Rock Choir family and together they perform at life-changing events. An award-winning standard of excellence has been achieved in both the educational and emotional aspects of that which the Rock Choir seeks to accomplish.

While some new members might choose simply just to rehearse with their friends, others may opt to take to the stage and participate at a variety of Rock Choir events and shows - it's entirely up to each member. As much or as little can be taken from the experiences on offer.

So do come along to St. Edmund's Church in Hunstanton on Friday, 9th August at 7.00pm. and be uplifted by our very own Hunstanton Rock Choir!

St Mary's Church, Snettisham

Thursday August 29th 2pm

Recital by David Young (clarinet and saxophone)

Richard Barker (French horn)

Marian Abramovich (piano)

Tea and cakes served after the recital

No admission charge

Retiring collection

Getting Better

By Gordon Tanner a member of The Way C F Leadership team

In 1978 I was working on an industrial construction site building part of a new pharmaceutical production plant. When the site manager and I had finished doing a fairly heavy task, we retired to our site cabin for a cup of tea, before we went back to tidy up. As we did this I bent over to pick up a fairly light weight tool, and my lower back muscles were strained. In the subsequent years this injury has caused me problems intermittently.

Over the years I have been to various Christian meetings and people have prayed for healing for me, but the results had been either short lived or non-existent. However thanks to the drug companies I was able to have a drug which relieved the problem, though it never cured it.

Now that was fine until three years ago, when I had a heart attack. Apparently the drug I had been using for 38 years for my back was incompatible with the drugs I had to take for my heart. So for 3 years I have been having more and more problems in walking any distance.

In May I went to Christian meeting called The Filling Station at Swanton Novers. The speaker asked if anyone who wanted healing would stand up. So I did. She just asked the people alongside those standing to pray for them. At the end of the meeting I was able to bend down and touch my toes, and I have been doing it every day since. As I write it is now close to eight weeks since that meeting, far longer than any other period that I've been free of back pain without the drugs.

Now many might say 'If God did that, why didn't he do it sooner?' and if I were God I'd tell you. But I'm not. One thought I have is that God gives the scientists their wisdom and knowledge so while I was able to use the drug he didn't need to give me the healing miracle.

But this I do know. We have a God who loves us and He has restored to me the ability to walk moderate distances of two or three miles which I could not do a few months ago.

If you have a chronic condition it might be worth asking God for healing. He may not give an immediate answer, but he might. I had waited 38 years, so don't give up even if you have to ask Him again and again.

PS The next meeting of The Filling Station at Swanton Novers Village Hall is at 7.30pm on Monday 30th September.



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Friday, 9th August 2019



at 7.00pm



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Rock Choir



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St. Edmund's Church,



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EAST ANGLIA'S 9TH ANNUAL GREAT FRENCH EVENT!



The 9th annual French Fair will be held in the small village of Great Bircham on the 10th August. There will be a Play Bus for children aged 3 to 9 years, you can pre-book by contacting Penny on 01485 578561. There will also be French Boules, Face Painting and a

Treasure Map. There will be more stalls than in previous years together with French music, food and drink. This year parking will be in a field adjacent to the churchyard, gendarmes directing traffic. Come and enjoy a taste of France.

Burnham Market Craft Fair

The Burnham Market Craft Fair (which is now its 44th year) will be held on Saturday 17th August 2019

This popular event, which is fundraising for the community, is entirely run by local volunteers. Funds are raised by stallholders contributing 10 per cent of their takings. Profits are donated to local charities and good causes.

This year's craftspeople have been selected from nearly 200 applications and have been hand-picked for quality and variety. Traditional, local and regional crafts will be displayed alongside items by local artists, designers and artisans on over 100 stalls in the centre of the village, on the greens, from 10.00am to 5.00pm.

Stalls include original art, jewellery, plants, textiles, ceramics, cards, woodwork, pottery, basketwork, sculpture, furniture, glassware, photography, aromatherapy, leather-craft, metalwork and more.

There will be a traditional Hog Roast and a Punch and Judy Show will entertain children throughout the day. There are several refreshment stands, plus tea and cakes at St Mary's Church, Westgate and of course, the permanent good eateries and specialist shops that make up this charming and attractive village.

Ample parking is available in the new North Street car park, on the Creak Road Playing Field, or why not come into the village on the Coasthopper bus?

(Enquiries regarding the Craft Fair to Lucinda Reddyhoff email lucinda@theburnhammarketcraftfair.co.uk or M: 07771 705 001).

BRANCASTER CAMERA CLUB

We only have one event in August which is the main event of our year:

Our Annual Photography Exhibition which will be held in Brancaster Staithe Village Hall on Saturday, 17th August, 2019 & Sunday 18th August, 2019 from 10.am to 4 pm daily. Entrance is free.

Please come along and meet us & see our work. We would particularly love to see any fellow photographers who are holidaying in the area.

We hope to see you then.

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News from Brancaster CE VA Primary School

by Eden and Evelina Year 6

This month we have been really busy, our PFA paid for the whole school to go to the Sealife Centre and rock pooling on Hunstanton beach, we loved learning about the different creatures that lived in our rock pools and then being able to find them. We found crabs, winkles, tiny fish, a jelly fish and a starfish, to name but a few.

Samphire class went to Brancaster beach and we had a competition to design the best set out and longest river, we had to put in a river mouth and the source, this was good fun.

All of Thrift class went to a cluster sports event at Dersingham Primary School, Evelina and some others went to help, this was great and Evelina enjoyed being in charge of an activity showing children how to use stepping stones to move across the area. Thrift children had a great day trying out all the different sports and at the end lots of us won prizes.

Eden and Evelina have had their induction days at Wells, (Oliver, Liam and Isaac are all doing well and say hello), these were good but we are still a bit worried as we are leaving all our friends behind at Brancaster.

The year 5's had a science taster day at Smithdon, which was enjoyed by all.

Samphire class went to a music workshop, we listened to music, we played different instruments, Evelina played the violin. Those of us who performed the Beatles at Smithdon went to Festival 2 and performed on stage in front of lots of people, this was exciting but we felt a bit nervous.



Thrift class have loved swimming with Mr Brett at Wells and lots of them no longer need to use their arm bands.

Coming up we have sports day, a visit from the ice cream van (we get to be the first ones to choose our ice cream) and a trip to Pleasure Wood Hills so there is lots to look forward to before the end of term. The picture this month is of Samphire class handmade recycled sea creatures which we loved creating.

SEDFORD PRIMARY SCHOOL

Sports Activities

There have been a lot of sporting events during this half term that we have enjoyed participating in:

Cluster Area Sports – 26 June – Smithdon – our whole-school representatives performed well.

Sports Festival – 8 July – Dersingham – Years R, Yr1 and Yr2 – good time had by all.

Primary School Sports Festival – 9 July – Smithdon – Years 3 and 4 – enjoyed competing with children from other schools in the Cluster.

Active Kids – 16 July – Lynnsport – sports events for Years R, Yr1 and Yr2 – we're looking forward to it.

Midsummer Night's Dream

Years 5 and 6 are eagerly awaiting visit of a professional theatre company on 16 July who will perform 'A Midsummer's Night Dream' at Smithdon. This will be followed by acting workshops.

Concert

We have all been practising and rehearsing for our end of year concert. This year the theme is 'Wind in the Willows'.

Pleasurewood Hills

Years 5 and 6 end of year treat is a trip to Pleasurewood Hills on 17 July.

Eaton Vale Activity Centre, Norwich

The St. Mary's Federation (Brancaster, Docking and Sedgford) Year 6s will have an exciting day at Eaton Vale on 22 July with kayaking,

climbing, archery and lots lots more to enjoy.

Year 6 Leavers' Service – 24 July

Goodbye and Best Wishes to our Year 6s as they leave to move up to High School.



School tent

The photo shows some of our younger children enjoying playing in our school tent on the school playing field during playtime.

Keep up to date with the latest local news at www.townandaround.net

Facebook: TownandAroundNorfolk

Twitter @hunny_bird

DOCKING PRIMARY SCHOOL

written by Lexie and Ella

Purcell Music School

On the 21st of June, the Purcell Music School came to our school to entertain us by playing all sorts of instruments, such as: flutes, a harp, violins, guitars and a piano etc. They organised activities for year 3, 4, 5 and 6, so we could learn more about the instrument.

Sports Day

Everyone in the school took part in sports day at the playing field in Docking on the 24th June. We did races such as: sack, bean bag, sprint, skipping etc. We had great fun, the results were the Red Griffins came 3rd, the Green Dragons came 2nd and the Blue Unicorns came 1st. We had toddler, mum, dad races and the teachers had a tunnel ball race, they came 2nd.

Move Up Days

For two days, 26th and 27th June, Docking Primary School had move up days, year 6 visited Smithdon High School and did a normal day at school like the others at Smithdon, it was very different to Docking Primary School. Year 5 became the oldest of the school and reception moved up to year 1.

Golden Eagles Plastic Assembly

On the 28th June, the Golden Eagles class performed an assembly to warn people about plastic pollution. They mentioned how it's killing animals and how it's affecting our Earth. They rapped to concern people what is happening to our Earth with Plastic.

Year 5 taster day at Smithdon

On the 1st July, the year 5 class spent a day at Smithdon High School to get ready for when they go up to High School. They made their own

paper rockets and launched them to see whose would go the furthest, in maths they did binary coding and they drew their own monsters.

Birmingham's visit to Docking

We welcomed the Birmingham children, on the 3rd July, by throwing a welcoming party with treats, which the Docking children bought in. We played football on the MUGA with them and got to know some of them.

Beach Trip

Year 4, 5, 6 went to Hunstanton beach with the Birmingham children on the 4th July. They splashed in the sea as some of the Birmingham children hadn't been in the sea before, we bought souvenirs and sweets from the shops and laid on the grass and ate fish and chips; after we ate, we either had ice-cream or doughnuts and they walked all the way to Old Hunstanton and visited the lifeboat.

Pleasurewood Hills

The year 5 and 6's are looking forward to going to Pleasurewood Hills (a theme park) on the 17th of July. They've been before and it's really entertaining and a good way to end the year for the year 6's as they are going off to High School.

Leavers Service

On the 24th July, the year 6's are having a leavers service, in the Docking church at 9:15am, and saying speeches to finally say goodbye to Docking Primary.

Little Owls launch Sandringham Xk

We're pleased to announce that the 2019 Sandringham Xk will be held on Sunday 22nd September 2019 at the beautiful Sandringham Country Park by kind permission of Her Majesty the Queen.

The race is 2 laps of a challenging 5K multi-terrain course through some of the most picturesque areas of the country park.

The entry fee is £18.50 (£17.50 for club members) and includes chip timing and a medal for all finishers. There will be trophies for the first three men and women finishers. Race starts at 11am, registration at 10am.

Not just a fantastic 10km race, the Sandringham Xk aims to provide a great family day out in one of the UK's premier tourist destinations. There will be a variety of other activities throughout the day including:

Our famous Zumba Warm-up!!

Once again, professional Zumba instructor, Julie Austin will be leading competitors (and anyone else who fancies a go!!) in a short Zumba session to get those muscles warmed up!!

An older children's fun run

For children aged 8 – 14 years, a fun run will take place at 10am on part of the main Sandringham Xk course and will be lead by a cyclist from the King's Lynn Cycling Club. Entry fee will be £3 on the day with a medal for all competitors!

To enter the Sandringham Xk, please complete the registration form on www.sandringhamxk.co.uk

The Xk race is organised and run by committee members and volunteers of Rudham Little Owls Preschool in East Rudham. All proceeds from the race will go to the preschool. Little Owls relies on fundraising and charity in order to continue to provide a high-quality

preschool for the local community.

Little Owls provides affordable childcare facilities for children aged 2 to 5 years. Our philosophy is to offer a fun, safe and friendly environment to teach the children to allow the children to thrive in natural surroundings.

Our large garden is used all year round with lots of activities for the children including mud kitchen, slides, sandpit, construction area, story shed, summerhouse, water play areas and more. The old headmaster's house gives a cosy atmosphere with two rooms inside.

We currently have spaces for sessions in September, the preschool is open 8:30am – 4pm term time.



Hunstanton Primary School

Whew instead of settling down after SATs our end of the school year has taken off at a great speed with a huge number of events, visits, performances, cycling, Kwik Cricket, not to mention move-up days where our pupils met their new teacher/classes/schools!

SATs Results

A massive well done to our fantastic Year 6 pupils, Mr Todd and Mrs Wright who all worked so hard to achieve incredible SATs results this year. We are so proud of all of you and wish our Y6 all the best for their future endeavours. If you continue the way you have this year you will all shine and be your best selves.

Our Y6 will be having an adventure day on Monday 22nd July, we hope they enjoy this trip, their last at Hunstanton Primary School.

Foundation Stage

Our Foundation Stage pupils had a lovely trip to the Lifeboat Station in Old Hunstanton and learned about safety on the beach and in the sea. They then enjoyed a picnic on the beach. Luckily the weather stayed dry for them.



Move Up Days

Our Y6 pupils visited their new schools this month ready to fly off to pastures new. We had our new Foundation Stage pupils in school to visit and start to settle into our school routine for September. We are looking forward to getting to know all our new pupils who are starting with us in September.

Whole School Beach Day

The whole school will enjoy a trip to the beach at Old Hunstanton on Thursday 18th July, this has become an annual event that we all look forward to. Thank you to Ruby's mum for donating ice lollies for the children to enjoy after their visit.

PTA

Once again our PTA worked hard to put together a picnic and dog show our first ever on our school field. Everybody who came along with or without a dog really enjoyed themselves and we would like to thank Mr and Mrs Winnington for judging the events.

On Friday 19th July the PTA have organised a BBQ and Summer Fair at 5pm on the field. The end of term school disco is on Tuesday 23rd July and Y6 have a BBQ before their disco. A massive thank you to our lovely PTA for organising all these events throughout the year for our parents and children to enjoy.



Enterprise Day

Mr Harvey our previous Headteacher, donated a very generous amount of money to each of our school houses (Boudicca, Le Strange, Nelson and Edmond) when he left our school. The idea was for each house to use the money provided to build on the amount by using it enterprisingly. A fantastic range of events were conjured up by our pupils and they raised a lot of money for their houses. The various enterprises ranged from an Escape Room, Tie Dyed T-shirts, cake sales, and a photo booth! Mr Harvey came along and was very impressed with the range and inventions!



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Smithdon Cluster Student led Sports Festival success

July 8th saw the successful delivery of a Sports Festival for all schools in the Smithdon Cluster involving 220 Ks1 students, 40 Sports Leaders and 40 Sports Council Reps.

The Cluster Sports council have been meeting throughout the year to plan and deliver a Festival for KS1 students to encourage a Healthy active Lifestyle.

Four Council Reps from each of the nine schools involved have set the date, invited schools to attend, written letters of request to potential sponsors and planned the outline of the day of activities.

The day itself involved a carousel of Sporting activities led by Sports Leaders that the Council Reps had recruited from their own schools. This was also supported by staff from Alive Oasis who ran two activities for the Council as a form of sponsorship.

After a picnic lunch and more activities the festival was rounded off with a presentation and fun Raffle.

The Sports Council would like to thanks all of the sponsors listed below who helped to ensure the event was a resounding success:

Alive Oasis

TESCO - for providing healthy fruit snacks

Rounce & Evans for Sports Council Reps Tshirts

Snettisham Fish Bar for Sports leaders Tshirts

Attik Estate Agents for Staff Tshirts

Hunstanton Rotary Club for Raffle Prizes

Palm Paper for Stieff Toy raffled off for prizes

Morrisons for Raffle prizes

Heacham Lavender for Raffle Prize

Princess Theatre for Raffle prize

Photos:Ian Burt



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There are more photos on our website for many of the articles in this print edition. Log on to our website www.townandaround.net and click on LATEST NEWS

Tile painting initiative for local students

Sophie Hooker

In partnership with the HDFA (Hunstanton and District Festival of Arts) and Smithdon High School, Paint Me Ceramics owner Suzy Mason sat down with Year 7 and 8 students to paint fifty tiles which are to be installed on the seafront.

Two students from Smithdon High School had their designs chosen for the panel that will be installed on the promenade wall. Each design consists of twenty-five tiles and were painted by the students. The students worked in sections individually to ensure the final piece is cohesive.

Suzy said: "The tile project on the seafront is in its last leg for the next two panels. Smithdon students have been funded by HDFA to paint fifty tiles and they ran a competition at the school for two winners to sketch their designs. Overall the students worked amazingly together to ensure the piece flowed as one. I think it will look fantastic once installed."

Right: the finished tiles before glazing and installation.

Below: Suzy and Smithdon students





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Five years of fabulous fashion



Miss Markwell (centre), Mayor and Mayoress of King's Lynn Cllr and Mrs Geoff Hipperson (centre left and right) and Springwood High School students.

Springwood High School held its fifth annual Summer Fashion Show on Wednesday 3rd July, showcasing the coursework of the Year 12 and 13 BTEC Fashion students.

The garments were all designed and made by Year 12 and 13 Fashion students and modelled by themselves and other students from all year groups. Miss Markwell was especially proud of this year's show due to the creativity and flamboyance of the students' designs and creations. Their use of modern technology such as the school's laser cutting machine to create embellishments, surface decoration and fabric manipulation made the garments unique and stylish.

The models only had a day to rehearse the catwalk routine but by the end of the show were total pros, owning the runway with sass and



confidence.

The BTEC Fashion students are taught how to design and create unique pieces ready for the catwalk. Students come to the course with a mixed range of abilities. Some have studied Textiles or Art at GCSE level, or have experience using a sewing machine at home, while others have never sewn or studied Art before. Course leader Miss Markwell said, "This isn't a problem as I soon get everyone up to speed, starting with hand embroidery skills then moving on to making a skirt and prom dress in the first few months of starting the course".

Every year the show has an opening music act and this year Miss Markwell asked the local Taal Rasa Bhava Dance Academy to stage a Bollywood style dance performance. The colourful outfits and make-up looked stunning on the stage and the show was very energetic and exciting.



The show was very popular and was attended by an audience comprising students and their families, Springwood teachers, the Head of Springwood High School Mr Johnson (who has never missed a show) and special guests the Mayor and Mayoress of King's Lynn Mr and Mrs Geoff Hipperson.

Emma Markwell, Course Leader for BTEC Fashion was delighted with the results of her students' efforts, "The great thing about this show is it brings so many students and staff together. This year we had students from Hair and Beauty styling the models' hair and make-up, A Level Media Studies and Photography students filmed and photographed the show, while students and staff members were busy behind the scenes helping everything run smoothly. There was also a professional photographer Matthew Usher who came along to give a paparazzi feel to the live event.

Miss Markwell has been teaching Fashion & Textiles for over six years now at Springwood and has been delighted in seeing students designs come to fruition on the catwalks. "Over the past few years students have taken career routes via university or apprenticeships. I can't wait to see one of them become the next Stella McCartney or Vivienne Westwood! Fashion and Textiles are becoming really popular in the school with girls and boys from all age groups wanting to take the subject or be involved with the Fashion show. Seeing the students' creations come to life on the catwalk brings some welcome glitz and glamour to the school and is a wonderful end of year celebration for everyone involved."






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Keith Whiting takes victory in a wet seniors championship

Heacham Manor Golf Club held the annual Seniors championship on Monday 12th June 2019 in very wet and windy conditions.

The competition is a gross competition format so the lower handicaps who were teeing off first where expected to lead the way.

Tim Hoare in the first group and last years champion Tony Thacker were joint leaders with 86, however when Keith Whiting in the 3rd group came in with a 84 he topped the leader board.

Tony Thacker came 2nd on countback with Tim Hoare picking up 3rd place. This result reversed last year when Tony pushed Keith into 2nd place.

A net Prize was also awarded, this went to David Leavis coming in with a net 70.



From left: Steve Eadie (Seniors Captain), Keith Whiting (Winner), Dave Leavis (Net Winner), Tony Thacker (Runner Up), Tim Hoare (3rd Place)

Heacham Manor host their 5th annual Ladies Invitational Tournament

Heacham Manor Golf Club were pleased to host the 5th Annual Ladies Invitational tournament on Wednesday 3rd July. Perfect golfing weather welcomed the ladies with warm sunny conditions and a light cooling breeze.

Each member in the team invited 2 guests to play in the tournament which saw 27 ladies take part on the day. With the best 2 stableford scores on each hole counting and all 3 counting on the par 3's, every team member had their part to play in the final score.

The ladies returned to the Mulberry restaurant, where they had an enjoyable meal in the award winning Mulberry restaurant followed by the presentation. The result saw Mary Stanton and her team of Robyn Seaman and Roz Fridholm score 86 points and take victory. In second place were Pauline Ring and her team members Judy Curtis and B Engledow on 78 points and in third place Rachel Hodgkinson, playing with Glenda Langmead and Joan Gill.

Nearest the pin prize was collected by Joan Gill. A charity Raffle in aid of Motor Neurone Disease Association was also organised and raised over £200.

Volunteers from the men's senior team acted as starters and provided a refreshment cart on the course.

A superb day was had by all and special thanks must go to Heacham Manor Lady Captain, Sophie De Winton who helped organise the competition as well as, Janet Offord, Ann Keeper, Ruby Goold and Christine Hughes, the sponsors Reeve Wood and Rose and Crown Snettisham.



Winners from left: Roz Fridholm, Sophie De Winton (Ladies Captain), Mary Stanton, Robyn Seaman, Joan Gill (Nearest the Pin)

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Superb scores as Heacham Manor holds 9th Annual Seniors Open

Heacham Manor were proud to stage their 9th Seniors Open on Monday 8th July.

As in the previous year's format superb prizes for 1st and 2nd were available for both the home team and visiting teams with the best score on the day taking the trophy in the fourball better ball stableford competition.

A competitive field of 24 teams from across East Anglia and the Midlands competed. As the teams returned to the Avocet Bar results were displayed for competitors to keep track of scores and positions. The leaders changed several times with a number of high scores being recorded in the perfect conditions which saw the top 19 teams all score 40 Stableford points or more.

Heacham Manor's Chris Watson and Cliff Allman took the Winner's Trophy with 48 points, just beating Gedney Hill's Pete Vinter and Nigel Grummitt who topped the visiting teams also on 48 points.

Runners up in the visitors were Neil Booth and Graham Jinks from Eaton Golf Club on a respectable 45 points. Home competition runners up were Seniors Captain Steve Eadie and his playing partner Adrian Waller, on an excellent 47 points.

£210 was raised on the day from a Raffle, with all proceeds to the Seniors Captains Charity of The East Anglian Air Ambulance.

Thanks, must go to all competitors but special thanks, to Seniors captain Steve Eadie & sponsors Bespoke Norfolk.

Heacham Manor holds annual Mixed, Seniors and Junior Opens, the next events are the Junior Open on 16th August and the Mixed Open on 18th August, entries are still available and can be downloaded by visiting www.heacham-manor.co.uk or call 01485 536 030 for more information.



Visiting Team Winners from left Pete Vinter and Nigel Grummitt



Overall Winners from left Chris Watson and Cliff Allman

Searles Club Championships 2019



From left: Peter Green and Karen Walden.

The Searles Golf Club Annual Men's and Ladies Club Championships took place on Sunday 7th July in perfect weather conditions. For the 2nd year the men's competition was played as a gross competition but with a prize available for the best net score and the ladies competition was played as a net competition.

In the Men's Club Championship for the Le Strange Trophy, good conditions resulted in 4 players scoring in the 70's. Last year's winner Rob Hills and Tony Thacker both shot gross 77, however Peter Green in the 3rd group submitted a gross score of 76 and took the victory. The best net prize was collected by Wesley Hill off 20 who shot a net 65.

The format of the Ladies Club Championships for the Tennison Cup is played net strokeplay, with a gross prize also presented. Competing in her first Club Championships after only taking up golf 18 months ago, Karen Walden took victory with a net 67, followed by Glynis Thacker in second place with a net 70. Samantha Gooderson won the best gross.

Searles runs regular competitions for members nearly every weekend with Medals, Stablefords & social matches. Membership is still available. For more information call 01485 536 010 or visit www.searles.co.uk

Searles Golf Gala Day supports NARS

Searles Resort Golf Club held their 8th Annual Golf Gala day on 22nd June, in aid of the Norfolk Accident Rescue Service (NARS).

Organised by Searles Captains David Cox, & Teresa Hills with help from Edward Howes (Golf Manager) and Ray Stocker (PGA Professional) as well as input from many active members of the club, a superb day was had by members and visitors alike with events for all.

30 members competed in a Mixed Texas Scramble, which was a close run competition for the top teams, however the clear winners were Paul Searle, Des Chalk and Mary Stringer on net 28.1, coming in second were on net 30.6 was Ray Lockton, Mike Smith and Margaret Earl, only 0.9 behind on 31.5 were Arnold Benson, Alan Kisbee and Chloe Tarbard.

Other events that ran included a 9 hole Stableford which was open to all, this was won by member Tony Holt with a superb 23 points over the 9 holes. A putting competition was won after a family battle by Brenton Carver.

Gala Day visitors were able to enjoy a Hot and cold Buffet in the Fountain Sports Bar, Searles entertainment team provided face painting and the Searles Superstar female vocalist entertained everyone. Together with a tombola & raffle a total of £343 was raised for NARS



David Cox (Men's Captain), Teresa Hills (Ladies Captain), Texas Scramble winners, Mary Stringer, Paul Searle, Des Chalk & NARS Representative Martyn Parker.

Deepdale and Brancaster Staithe Tennis Club

Our courts are open to visitors as well as members. The court fee is £10 per court per hour. Please see our website for more information: www.clubspark.lta.org.uk/DBSTennisClub

Junior Coaching

Our weekly sessions with our LTA coach, Becky Palmer, will continue in the summer holidays and are open to everyone, members or not. Sessions will be on Wednesdays on the following dates:

31st July; 7th; 14th and 28th August.

4-7 years 10.45 - 11.30am, 8-11 years 11.30 - 12.15pm

12-15 years 12.15 - 1pm

Fees for these will be £2 per child per session for members, £4 per session for non-members. There is no need to come to every session but children must be booked-in in advance so we can make sure numbers are not too great in each group. Please do this by email to: juniortennis@brancasterstaithe.co.uk

We hope you enjoy playing on our courts.

Verily Borthwick

Historic Hunstanton Lawn Tennis Tournament ensures its future after signing new sponsorship deal

Hunstanton Lawn Tennis Tournament is happy to announce Three Castles Cover as their presiding sponsor for the 2019-2021 tournament.

South Wales-based Three Castles Cover has signed a three-year deal to support the 99-year-old tennis tournament taking it through its centenary in 2020.

In recognition of this wonderful support the event will now be renamed 'The Three Castles Cover Hunstanton Lawn Tennis Tournament'.

Established in 1920, the tournament takes place on 38 tennis courts on the towns recreation ground, over seven days from Sunday 18th to Saturday 24th August. The tennis tournament is open to players of all ages and ability from six-year olds to sixty-year olds. It is second only to Wimbledon in size, attracting thousands of competitors every August.

Organisers say in excess of 1,000 competitors have so far signed up to compete in the Hunstanton LTT tournament across the various categories.

Three Castles Cover chief executive and keen tennis player David Harlow said: "The Hunstanton LTT is a well-established and highly respected tournament. I was told about the sponsorship opportunity by Richard Coleman, MD of our biggest insurance provider Archipelago and jumped at the chance to support the prestigious event.

"It's an excellent opportunity for our company to support tennis in the UK and we look forward to being associated with this wonderful tennis tournament"

David, who will be teaming up with Richard as a doubles pairing at the tournament, said as a special incentive to players, Three Castles

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Cover has agreed to donate £100 for every new insurance policy sold during the week. The money raised will be go towards the purchase of a new sharp-bladed lawn mower. Alison Finch, of the Hunstanton Lawn tennis Tournament said: "We're thrilled to have secured Three Castles Cover as sponsors for this and the next two years taking us through 2020, our centenary year. I look forward to seeing David and Richard on court during the tournament and wish them well in the doubles."

Three Castles Cover, developed in Gwent, south Wales, specialises in providing high quality, multi-insurance cover for homes, including investment properties, worldwide travel, cars and pets, all under one individual policy.

The product is part of Pontypool-based PH Innovate the umbrella group which also owns Quote Detective, Quote the Market and NV Technology.

Mollie's Table Tennis Update

England Table Tennis Player, Aged 16

It's been a very busy start to the year with Senior County matches, Junior 4* competitions, league matches in Stockholm and Women's British League and that was just January! I have had to reduce my training slightly as I have been studying hard for my GCSE's and am relieved that they are finally over and I can get back to playing table tennis full time.

In February half term I flew to Sweden for a week's training camp and stayed in an apartment with the other players – I became house chef, which was an interesting experience and thankfully we all survived. The following weekend was the Swedish Junior Open tournament where I won 5 out of 8 matches and got to the final in the Consolation Singles. I was back to school on the Tuesday, after a very hectic half term.

The Senior National Championships were held at the end of February in the David Ross Sports Centre at Nottingham University. I played well in the Under 21's competition but was eventually knocked out by the No.1 seed, Tin Tin Ho, 4 ends to 1. The Senior Women's competition was following day and I won my group. I played No.2 seed (and eventual winner) Maria Tsapsinos in the quarter finals and I was pleased with how I played but was beaten 4-1. In the Mixed and Women's Doubles I played with young partners, we struggled against the tough opponents we were drawn against. Over all I was pleased with how I played at the biggest tournament of the year and after two great matches against the best two players in the country, I know I can compete with the best senior players.

In the middle of March, I was back in Nottingham for an England Youth Squad training camp where we did a lot of physical training and match play scenarios. This set me up well for the National Schools Team Finals in Hinckley, where I was unbeaten and my school (Charles Read Academy, Grantham) were crowned National Schools Team Champions. Grantham College, where I train, also won Under 19's boys and girls teams titles so we had a very happy coach!

I finally had a weekend off and enjoyed a trip to London to see Drake at the O2, he was awesome and it was a great day.

April was extremely busy and I spent most of the Easter holidays competing in France and Belgium. France was a Premium Youth Competition and I eventually got knocked out by the tournament winner. I am pleased with how I played in Belgium, winning a couple of matches, but most of all I gained valuable experience playing against an excellent team from Chinese Taipei.

I did get to go home for the Easter weekend but then it was back to school for three weeks of intensive training to prepare for the Junior National Championships in May.

I was disappointed to lose a tight match in the last 16 of the Junior National Championships. To be honest I went away feeling that if I played my best I was capable of winning the whole tournament, but unfortunately it wasn't to be. However, I did come away with the Junior Girls Doubles National Champion title, with my partner Denise Payet, so this was some consolation.

Following the Nationals, I had 2 weeks of GCSE exams so training was a bit sporadic. The end of May saw me runner-up in both the women's and Under 21 women's singles at the London Grand Prix and I was pleased with how I played. Half term was spent at home revising for my last 2 weeks of GCSE exams.

Next year I hope to study at Grantham College and play table tennis on a more full-time basis. Many thanks to everyone who has supported me so far, with money raised last year from your charitable donations I was able to compete in Europe and improve my World Ranking by over 300 places. I could not do this without your valuable support and hope to see some of you at my fundraising events.

With thanks, Mollie and everyone in Team Patterson.

Please come to my quiz night on Friday 30th August, see advert on this page.

Quiz Night

Friday 30th August 2019

starts 7.30pm

Quiz & Raffle prizes to be won
including £60 Quiz 1st Prize!

Tickets £5 per person

(ticket includes tea or coffee at half time)

Maximum 6 people per team

Sedgeford Village Hall, Jarvie Close PE36 5NF

Tickets to be bought in advance from Alex Callaby 07766 335118
or David Woolley 07881 742776 or email dmwgolf@talktalk.net

Proceeds go to the Mollie Patterson table tennis fund



Mollie Patterson is a talented 16 year old table tennis player from Brancaster. Mollie has just finished her GCSE's and is hoping to play table tennis full time next year in order to progress to a full time professional player. She has been able to play in Europe thanks to the money we raised at the quiz and through Just Giving last year. Mollie's international results (including beating the world ranked no.22 junior) have meant she has moved up over 300 places in the senior world rankings and she needs your help to continue.

STROKEart exhibition

Our exhibition will be held at Thornham Village Hall on Friday 20th to Sunday 22nd September....opening daily 10am to 5pm.

This will be year four when art and craft completed during the by Stroke Survivors is displayed and for sale to the public. Also included are paintings by local accomplished artists also for sale. The exhibition is organised by volunteers of Hunstanton Coastal Stroke Support and Carers Group

Snettisham Art Group

Art Exhibition

Friday 25th August to Monday 26th August
British Legion Hall, Church Road, Snettisham
Open from 10.00 am to 5.30 pm each day.

Free entry.

All Donations for Royal British Legion funds

CHARITY CALL UP

We would like to invite you to have a stall at this year's Hunstanton Festival of Christmas on Sunday 1 December 2019 from noon to 5pm

We hope this will assist you in raising funds for, and awareness of, your good cause.

For more information, please contact Celia by email:

celia.mcateer@hotmail.com or

telephone 07954 584673

Hunstanton Drama Festival



This year's Hunstanton One Act Drama Festival opened on the evening of Friday 28th June with matinee and evening performances on Saturday 29th June and Sunday 30th June. All the action took place at The Princess Theatre, Hunstanton, with audience attendances up on last year. The event is sponsored by the HDFA (Hunstanton and District Festival of Arts) with funding from King's Lynn Borough Council, and the awards were presented by Hunstanton Town Mayor, Councillor Amanda Bosworth, on the Sunday night.

Festival Director, Stephen Hayter (who is in his second year in charge) praised the competing groups as well as the audiences who watched them.

He said "Last year we set about rebuilding the scale of this event with our intention being to restore it back to where it had been 10 years ago. It was never going to be easy, and it will take a few more years to fully reposition The Hunstanton One Act Drama Festival as one of the premier amateur dramatic

competitions in the country".

The Festival is co-ordinated by a small committee comprised of local people. The visiting competitors each have a maximum of 50 minutes to deliver a performance containing three speaking parts or more. A brief verbal adjudication is given at the end of each session, with a more detailed written assessment following later. Next year's Festival will once again be at the very end of June and promises to be extremely popular. The Winners were:

Best supporting male actor Dan Poulson in Boston Playgoers Clever Clogs.
Best supporting Female actor Jo Warrick in Boston Playgoers Clever Clogs.

Best Male actor Youth was Jack Ingrey in Smithdon High School's an Improvised Creation.

Best Female Youth Actor was won by Phoebe Smith in Wisbech Players She was Only A Farmers Daughter.

Best Male Actor was David O'Brien as Nicholas Snell in Boston Playgoers Clever Clogs.



Best Female Actor was Maris McCann with a riveting performance as Jones in Old Buckenham Players Semblance of Madness.

Best Technical Presentation went to Wisbech Players for their beautiful period Costumes in She Was Only a Farmer's Daughter.

The Top Youth Team was awarded to Wilburton Youth with Dukes and Fairies.

The Top Award for an Adult Production went to Boston Playgoers for their very funny production of Clever Clogs.

The Adjudicators Special Award went to Vicky Proctor for her work with young people at Smithdon

High School. And the New Play reading at Sight Award went to Abby Johnson for Boston Playgoers.

Finally the two new writing awards went to student Edith Stewart for her disturbing piece about a murder called You Deserved It for Smithdon High School and the Adult New Writing award went to Kei Bailey for his entertaining script about a quiz team aptly called Clever Clogs.

Adjudicators this year were Stephen Hayter, Ann McKimm and Ian Gooda. Festival Director is Stephen P. Hayter.

Photos: Rae Steward

THE AFFAIR

A hilarious and thoroughly uplifting new play about relationships, which has all the ingredients of a great comedy... clown, bouffon, vaudeville and slapstick! With a sprinkle of drama and a splash of tragedy, this cake... I mean pizza, is ready to eat.

The Affair is a wonderfully funny play... a laugh a minute, simply, unmissable!

Our casanova, Gustavo, is getting ready to ask a very important question, but not before he has checked everything on his 'to do' list. After Daffadowndilly's arrival, what is supposed to be a romantic evening soon starts to spiral out of control; following a knock on the door all reason turns to mayhem, and we are faced with a scenario that leaves all three characters grappling for sanity.

The Affair is a timeless comedy that depicts the highs and lows of relationships in a very funny way. With each character bringing a different light to the story, there is plenty for the audience to relate to and be amused by.

Gibbons & Gaulier theatre company was founded in 2015 by Amy Gibbons and Samuel Gaulier. They make very enjoyable theatre with the spirit of clown, bouffon, melodrama, vaudeville and lots more. In 2016, their play The Tramps, won a Best Play Award at the Fourth London Persian English Independent Theatre Festival.

The cast for this production will bring a superb combination of classic theatrical styles. With influences from physical theatre master Jacques Lecoq, to Philippe Gaulier's emphasis on the pleasure to play, there is also inspiration from the great Italian form Commedia Dell'arte.

Claudio Del Toro is coming from Italy to take part in this tour, and we are partnering with his theatre company La Barca dei Soli which brings exciting possibilities of cultural exchange and artistic development.

Shea Wojtus is a Canadian actor who has set up residence in London for the last 3 years, after training at Ecole Philippe Gaulier, where we all met!

As well as co-writing The Affair, Amy Gibbons will also be performing after a break from the stage to care for her young children. She is now ready and excited for action on stage.

Princess Theatre, Hunstanton
17th October at 7.30pm



August Diary

- | | | | |
|----|---|-------|--|
| 1 | Stanhoe and Barwick WI 2pm: [Speaker will be Chris Armstrong, with "From a Pin to an Elephant", histories of Norfolk Department stores. Visitors welcome. The Reading Room, Cross Lane, Stanhoe PE31 8PS Pamela (01485 518033) or Valerie (01485 576261) | 17 | or Mike Rogers 07765 571313 |
| 3 | Go Wild at Drove with the Norfolk Ornithologists' Association. Guided walks, bird-ringing (weather permitting), activities and crafts, cider and juice tasting, . Entry and parking free. | 17 | Burnham Market Craft Fair, centre of the village on the greens 10-5pm |
| 3 | Outdoor Theatre – Jungle Book at the St Edmund's Ruins on Hunstanton clifftop. An original adaptation - tells the story of Mowgli and his animal friends. Using puppets, interactive story telling as well as vibrant actors, the show is a treat for all the family. Bring your blankets and a picnic and enjoy our tale all in the open air! Two performances at 2.30 and 5pm. FREE | 17-18 | Open Air Cinema on The Green, Hunstanton Mamma Mia (PG) This is preceded by a short film called 'Plastic Ocean' starting at 8:30pm. The main film will start at 8:45pm. Free. Donations towards costs welcome. |
| 3 | Hunstanton Conservative Club entertainment: Dancing to Tony G from 8.30pm | 17 | Brancaster Camera Club annual photography exhibition at Brancaster Staithe Village Hall. 10-4pm daily Free entry |
| 4 | Docking Walking Group 11am Holkham Park and Lake, meet at village car park Helena Aldis 07769 850965 or Mike Rogers 07765 571313 | 18 | Hunstanton Conservative Club entertainment: Dancing to Dave Andrews from 8.30pm |
| 6 | Punch and Judy shows at 12.30 and 2.30 on Hunstanton Green by the Bandstand, Free. | 18 | Hunstanton Kite Festival and Classic Car Rally 11am-6pm |
| 7 | Hunstanton Conservative Club Coach trip to Bury St Edmund's, leaving club at 9.30am | 18 | Kite displays, classic cars, craft fair, fun fair, Fun dog Show, trade stands, pony rides food hall, licensed bar, children's entertainers, falconry display BBMF Lancaster Flypast. £6 per adult, £2 per child. £15 Family ticket. A fantastic day out! |
| 7 | Celebrate by the Sea Family event at St Edmund's Church Hunstanton. Family fun BBQ, face painting, entertainment, treasure hunt, children's entertainer Crazy Bananas day concludes with simple service at 4.30pm | 18 | Docking Walking Group 11am Park Farm & Water Mill meet at the Rose and Crown PH Helena Aldis 07769 850965 or Mike Rogers 07765 571313 |
| 8 | Stanhoe and Barwick WI Afternoon tea at Petals, Dersingham. Booking required. Pamela (01485 518033) or Valerie (01485 576261) | 18 | Hunstanton Lifeboat Sandcastle Competition register from 1.30pm start at 2pm on the beach at Old Hunstanton in front of the RNLI Boathouse and shop. £1 |
| 9 | Docking Walking Group 11am Fring Circuit, meet at Fring church. Helena Aldis 07769 850965 or Mike Rogers 07765 571313 | 18 | Hunstanton Bandstand Darren Bamber (keyboard/vocalist 1:30 to 3:30pm) |
| 9 | Rock choir concert at St Edmund's Church Hunstanton 7pm £5 on the door including refreshments. Proceeds for restoration of St Edmund's building | 20 | Multi-sport for 7-12 year olds Parental consent required on arrival 10am-12noon and 1-3pm Meet on the Green by the Bandstand. Limited spaces so be there on time! Free |
| 10 | Great Bircham French Fair French Boules, Face Painting and a Treasure Map. French music, food and drink. This year parking will be in a field adjacent to the churchyard, gendarmes directing traffic. Enjoy a taste of France! | 20 | Punch and Judy shows at 12.30 and 2.30 on Hunstanton Green by the Bandstand, Free. |
| 10 | Holme-next-the-Sea Church Fete at Whitehall Farm PE36 6LH 2pm with music from Hunstanton Concert Band | 21 | Thornham Village Cinema and Live by Satellite - The Keeper. The Keeper tells the incredible true story of Bert Traumann (David Kross), a German soldier and prisoner of war who, against a backdrop of British post-war protest and prejudice, secures the position of Goalkeeper at Manchester City, and in doing so becomes a footballing icon. Book your tickets now – Call 0781 802 8687 Tickets £5.00 Bar opens 7PM Film starts 7.30pm |
| 10 | Bat night at Thornham Church 7pm with talk, view bats flying, children's crafts and refreshments. Part of the Bats in Norfolk Churches Project | 21 | Docking Walking Group 11am Burnham Thorpe, meet at the village hall. Helena Aldis 07769 850965 or Mike Rogers 07765 571313 |
| 10 | Hunstanton Conservative Club entertainment: Music with Neil Reeve from 8.30pm | 23 | Snettisham Art Group Exhibition in the Royal British Legion Hall, Church Road, Snettisham open 10.00 am to 5.30 pm each day - free entry, all donations for British Legion |
| 11 | Model Railway Show at Sheringham 10am-5pm | 23-26 | MNDA Jumble/Table Top Sale, South Creake War Memorial Pavilion. 10am until 3pm. All monies raised going towards research into Motor Neurone Disease. Please telephone or text Amanda on 07899 032382 |
| 11 | Somerset Villa Care Home annual summer fete 11-4pm bakery table sale, tombola, Big Raffle, Bric a brac, music and other fun. All welcome | 24 | Live music at Heacham Public Hall 7-11pm Tickets in advance from 01485 518419 or 07704803983 & 7.50 or on the door on the night at £8.50. 2+One with guest singers Naomi Rix and Kelsie Hall. Licensed Bar |
| 11 | Hunstanton Bandstand Thrapston Town Band (playing a variety of Brass Band music) - 2:00 to 4:00pm | 24 | Syderstone Village Cinema, with the support of Creative Arts East, presents A Private War (15) Marie Colvin is one of the most celebrated war correspondents of our time. After being hit by a grenade in Sri Lanka, she wore a distinctive eye patch and was still as comfortable sipping martinis with London's elite as she was confronting dictators. Colvin sacrificed loving relationships, and over time her personal life started to unravel as the trauma she'd witnessed took its toll. Yet her mission to show the true cost of war led her, along with renowned war photographer Paul Conroy, to embark on the most dangerous assignment of their lives in the besieged Syrian city of Homs. Starring Rosamund Pike and Jamie Dornan. Amy Robsart Village Hall, Syderstone PE31 8SD 7.30pm Advance tickets £3.50 Tel. 01485 578171 |
| 11 | An evening of Country Music with Steve Hanks at Snettisham Memorial Hall 7pm. BYO refreshments. 01485 542984 | | |
| 12 | Civic Society Family Fossil Hunt meet by the Lookout near Salad Bowl Café 10am for short talk prior to the hunt. Goggles deposit req'd £5 | | |
| 13 | Punch and Judy shows at 12.30 and 2.30 on Hunstanton Green by the Bandstand, Free. | | |
| 13 | Docking Walking Group 6pm Wolferton and Dersingham Bog meet at Scissors Car Park. Helena Aldis 07769 850965 | | |

- or 01485 578244 Email cinema@syderstone.com
- 24 Hunstanton Conservative Club entertainment: Music with Mark Steele from 8.30pm
- 25 HDFA's Picnic on the Green with music on Hunstanton Bandstand from Hunstanton Concert Band (wide variety of concert band music) - 2:00 to 4:00pm
- 26 Hunstanton Bandstand Rhiannon Rae (rock n roll, 50's, 60's 70's and country music) - 2:00 to 4:00pm
- 27 Punch and Judy shows at 12.30 and 2.30 on Hunstanton Green by the Bandstand, Free.
- 27 Buskers Corner 11am-3pm Heritage Gardens, Hunstanton by the crazy Golf If you would like to perform at Busker's Corner, please contact Ian Wells on 07766561993.
- 27 Docking Walking Group 6pm Castle rising meet by almshouses/Church. Helena Aldis 07769 850965 or Mike Rogers 07765 571313
- 27 Dersingham Village Screen - 7.30 PM in the Village Centre: Bohemian Rhapsody starring Rami Malek, Gwilym Lee and Ben Hardy.
- 28 South Creak War Memorial Institute Coffee Morning. Memorial Pavilion, The Green, South Creak, NR21 9PD 10.30-noon. Bingo Night 7-10pm Eyes down at 7.30pm £6pp for 11 games. Tea, Coffee and Cakes/Biscuits will be available. There will also be four stalls selling cakes, plants, books and Greeting cards. There will also be a raffle with proceeds towards local charities
- 29 Recital at St Mary's Church Snettisham 2pm David Young (clarinet and saxophone) Richard Barker (French horn) Marian Abramovich (piano) Tea and cakes served after the recital. No admission charge Retiring collection
- 30 Sunset Health Walk 6.30pm Meet at the Bandstand on The Green (high tide is c 7.15pm; sunset c 7.48pm, if not cloudy!)
- 30 Quiz Night at Sedgeford Village Hall PE36 5NF. £5pp, max 6 per team. Tickets from Alex Callaby on 07766 335118 or David Woolley 07781 742776 or e mail dmwgolf@talktalk.net
- 31 Hunstanton Conservative Club entertainment: Dancing to Mike Shelby from 8.30pm
- 31-1 Military weekend on the Green Hunstanton in aid of Heroes & Veterans Reg charity no 1085050. Military vehicles, piped band and themed stalls.

Copy date for entries into the September diary is 12th August.
Please e mail the Editor - editor@townandaround.net

Special events at Hunstanton Library

Dinosaurs in Space! Saturday 3rd August 11am Booking essential
Ever seen a dinosaur poop a planet? Join us for some space dino stories and crafts. Stories free. Booking for crafts essential. £3 per child.
Hunstanton Gardens Story Time Mondays 5 and 19 1-3pm August 1 - 3pm and Fridays 9th and 16th August 10 - 12noon
Join us in Hunstanton's Promenade Gardens for some stories! Free, just come along and see us!
Hey Duggee! Mini Movers Wednesday 7th August 3pm Booking essential
Let's dance with Duggee! Join us for a free active session with some of the squirrels' favourite songs and dance moves, scarf waving and bubbles! Please wear cool, comfortable clothes. Light, healthy refreshments provided.
Vintage Summer Just a cuppa with In Good Company Friday 9th August 10.30-11.30am. Come along to celebrate summer with vintage holiday reads and a strawberry tea. Refreshments provided, donations welcome
There's a Mermaid in the Library! Saturday 10th August 11am Booking essential
Come and meet Hannah Pearl, Norfolk's very own mermaid! Join us

for some stories and paper crafts. Free bookable event – donations to Hannah for the Ocean Conservation Society.

Jetpack Junk Modelling! Wednesday 14th August 1:30-2:30pm Booking essential

Join us to make your very own Jetpack, learn to fly and see who will win the race! £3 per child.

Bees and Butterflies Saturday 17th August 11am Booking essential
Come along and craft some beautiful bees and butterflies. £3 per child.

Space Slime! Thursday 29th August 2pm Booking essential

Sticky, starry, space slime! Create your own galaxy goop! £3 per child.
Coding Club - Botley Wednesday 21st August 5pm – 6pm

Local girls to support Library Band Night!!

Heacham Public Hall is going to be buzzing on Saturday August 24th with pop and rock music by Essex band 2 + One and special guest singers....local girls Naomi Rix and Kelsie Hall - who many of you will know better as part of the brilliant Pocahontas Players!! 13yr old Dylan will also be there wearing his new 'Special Spec's' that we helped to fundraise towards at the dance in June, many individuals and local businesses also donated enough money for the cost of his next pair too – thank you all so much. For more info and to get your tickets call Sandy on 07704803983 for what promises to be great Bank Holiday evening of singing and dancing!!

Sandy, Nikki and Roger – Hunstanton Library Friends

Letters to the Editor

Dear Editor

I am researching the life of Sybil Young. She came to Seagate Road Hunstanton, as a child at the beginning of the 1900s and became a teacher at Rhianva College, moving with the school to Derbyshire at the beginning of WWII. Sybil was a very talented musician, dance and drama teacher, and I know was very involved in productions performed in the town.

If anyone has any recollections, photographs or programmes of performances in which she was involved, I would love to hear from them.

My number is 01553 840145

Many thanks

Charlotte Paton

Dear Madam,

Is Robert Limb, your self-styled agriculture expert, on the same planet as the rest of us..?

Don't we need less lorries on our roads along with food produced sustainably and closer to home..?

Kind Regards,

Chris Bishop



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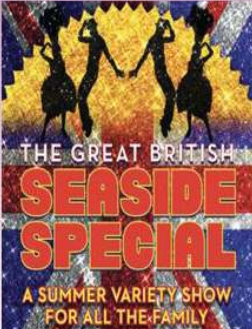
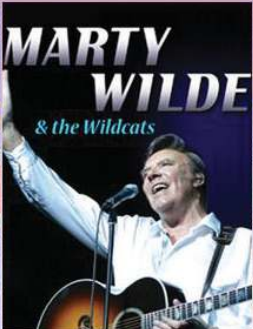
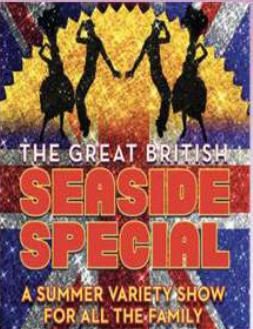
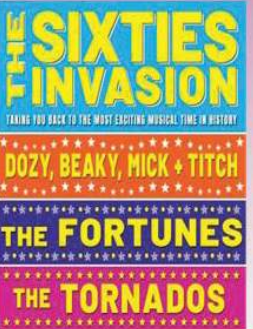
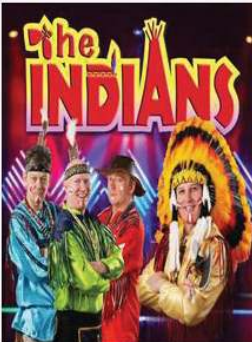
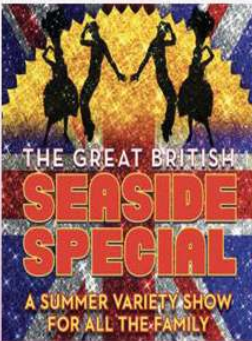
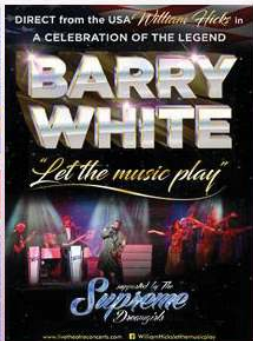
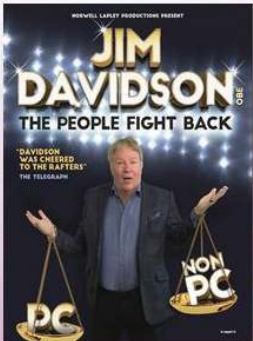


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Thursday 22nd	Friday 23rd	Saturday 24th	Sunday 25th	Saturday 31st

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